

northern sentry

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A2



COMMANDER'S KEY
SUPPORT LIAISON
PROGRAM
REBRANDING

B1



B6



Col. James Schlabach, 91st Missile Wing Commander and Joe Wiegand, a.k.a. Teddy Roosevelt pose for a photo November 12 at Minot Air Force Base, North Dakota. See more on page A2-A3.

NORTHERN SENTRY PHOTO | ROD WILSON

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Teddy gets mission briefing.



Teddy at Missile Alert Facility November 12.

FOOTBALL

Intramurals

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NOV 4-NOV 7

MON, 4-NOV 5 MED VS LRS 41 VS 52	MON, 4-NOV 5 SFS VS 891 MSFS 46 VS 40	MON, 4-NOV FSS VS ABUSEMENT PARK 07 VS F
TUES, 5-NOV 891 MSFS VS 705 MUNS 52 VS 28	TUES, 5-NOV 5 OSS VS MSOS F VS 07	TUES, 5-NOV ABUSEMENT PARK VS WEAPONS 38 VS 26
WED, 6-NOV 891 MSFS VS 5 MUNS 54 VS 32	WED, 6-NOV 5 MED VS FSS 32 VS 54	
THURS, 7-NOV 5 SFS VS ABUSEMENT PARK 42 VS 32	THURS, 7-NOV LRS VS MSOS 36 VS 43	

LEAGUE STANDINGS

TEAM	GP	WIN	LOSS	OT LOSS	TIE	POINTS	POINTS FOR	POINTS AGAINST	DIFF
5 SFS	6	6	0			254	138		
91 MSFS	6	6	0			215	104		
MSOS	6	5	1			196	126		
891 MSFS	7	5	2			284	217		
ABP	7	5	2			273	213		
FSS	5	4	1			181	116		
705 MUNS	7	4	3			191	207		
LRS	4	3	1			173	138		
91 MMXS	6	3	3			127	175		
WEAPONS	6	2	4			96	158		
740 MS	3	1	2			84	98		
5 MUNS	5	1	4			142	201		
791 MSFS	6	0	6			89	170		
5 MED	7	0	7			201	332		

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The Man In The Arena TR Visits Minot AFB

ROD WILSON, NORTHERN SENTRY

Joe Wiegand has performed at the White House, in foreign countries and all 50 states and in probably his most famous venue, Medora, as TR, Teddy Roosevelt the 26th President of the United States.

The 91st Missile Wing dates back to 1968 when Minot Air Force Base was the last base to activate the Minuteman I in 1968. Just 3 short years later, in 1971, the 91st was the first to convert to the new Minuteman III, and the now famous Roughrider insignia became synonymous with the 91st, and Teddy Roosevelt became their mascot.

On Tuesday the 91st MW was able to host Joe Wiegand, a.k.a. Teddy Roosevelt and treat him to a V.I.P. mission briefing, tour of a Missile Alert Facility, November 1 just outside of Mohall, ND, host an official meet and greet with 91st MW Commander Col. Jimmy Schlabach, and finally top it off with a personality driven speech to the 741st Missile Squadron where he did not disappoint as he portrayed Teddy Roosevelt, giving the airmen in the room a 1-hour historical and sometimes light and comical rendition of Teddy and his life all the way from New York to the cattle and

hunting ranges near Medora, North Dakota.

The trip to the control capsule some 60 feet below the surface gave Teddy a perspective of the intricacies of building, operating and maintaining a Missile Alert Facility on the plains of North Dakota. After the tour, VIP guests are asked to sign the wall of the structure that encases the underground capsules. As the first blast door was swung open, Roosevelt was quick to acknowledge the ease of movement, much like the locks of the Panama canal which he was instrumental in getting constructed.

Back topside, we were treated to a great lunch cooked in the MAF, and soon we were headed back to Minot to rendezvous with Col Schlabach at 91st MW Headquarters. From Schlabach there came an immediate thanks for take time to visit with the troops “you made their day special” said Schlabach “something they can talk about and share.”

The final stop for Teddy was the 741st Missile Squadron, which was a packed room which immediately responded “Bully” when Teddy entered the room. Teddy quickly talked about the origin of the “Walk Softly and

Carry A Big Stick” statement that is now famous and most often defines the how Roosevelt led the nation. He referred to Minot Air Force Base as one of the nation’s “Big Sticks”. He said that he proudly received a “Bully Stick” back in 2014, which has a special display area in his home.

Teddy was quick to give credit to the men and women in the room who keep America on guard 24/7, even though we all know “it takes a lot of sacrifice” according to Roosevelt. As his address was drawing to a close, Teddy began his now famous Man In The Arena quote.

“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows the great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of



Teddy speaks to 741st Missile Squadron.

high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.”

“The challenge for all of your is not to accept criticism, because you know what you do is worthy of the task. We thank you, I thank you, for what you do...BULLY!”

NOTICE

Minot AFB, ND – 2d Lt Samuel B. Craig from the 791st Missile Security Forces Squadron has been appointed the Summary Court Officer (SCO) for the estate of **SRA MATTHEW M. SHERBON, 791ST MISSILE SECURITY FORCES SQUADRON.**

All claims for or against the estate of the deceased must be submitted to the SCO.

For more information, please contact 2d Lt Samuel Craig:

DSN: (701) 723-4938

Email: samuel.craig.7@us.af.mil

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MINOT AIR FORCE BASE NEWSPAPER
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A VIEW FROM OUR SIDE

ROD WILSON

northern-sentry

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North Plains Elementary music teacher Dr. Amanda Capote reached out to the staff of the Northern Sentry with an invitation to a Veteran's Day program to be held on Friday, November 8th at 2:00 PM. I accepted the invitation on behalf of the Northern Sentry. Veteran's Day has always been a special holiday for me, and this would give me an infusion of red, white & blue.

Friday the 8th of November was such a beautiful day. When I arrived on base I was thinking about how lucky we were to have one more day of perfect fall weather. Heck, any Veterans Day

program would surely add to what would be almost a perfect Friday.

I was a couple of blocks away from North Plains when I noticed that there were cars lining the street on both sides. I wondered to myself what could be going on. Today is a family day on base. The first day of a 4-day weekend for many, culminating with Veteran's Day on Monday the 11th. Turning the final corner would reveal the answer. People were parking and walking to North Plains for the Veterans Day program. Moms, Dads, families with strollers...there was going to be quite an audience for the program that these kids were about to put on. Parking was at a premium, but as we were all about to find out, the time and effort put forth to attend was well worth it.

Entering the front doors there was a feel of energy. I don't know how many red, white & blue balloons had been put in place, but I can imagine it was indeed a herculin effort by the entire school. Standing and waiting for their que to enter the gymnasium



Dr. Capote directing the choir at North Plains Elementary Veterans Day program.



UPSIDE DOWN UNDER

MARVIN BAKER

When we talk about immigrants in North Dakota, we're often referring to people who came here in the late 1800s from Norway, Germany, England and Russia.

Most of us today are descendants of those immigrants and we maintain that proud ancestry through festivals such as Norsk Hostfest in Minot, Sauerkraut Day in Wishek and the Ukrainian Festival in Dickinson.

According to U.S. Census data, 40 percent of us are of German decent while 30.8 percent of us are Norwegian. The remaining 30 percent are descendants of a mosaic of nations including Switzerland, Ireland, Scotland, Poland, Denmark, Iceland, Sweden, Finland, Belgium and

The Kiddos Worked Hard!

was Minot Mayor Tom Ross and 5th Bomb Wing commander Col. Jesse Lamarand. A quick handshake and a greeting, and I was off to the gym. It was absolutely packed! On the stage 4th, 5th & 6th graders were sitting on risers. The rest of the classes found room on the floor in front of the stage, and parents and guests were part of the standing room only audience.

The well-orchestrated program (which I will cover in a separate story) came off without a hitch. I thought about the hours that must have been spent in producing a Veterans Day event like this.

AND THEN...

And then it struck me. I was thinking back to my grade school days. Yeah, I know, the pages in the book are a little yellow, but I can remember that our grade school classrooms would walk about 4-5 blocks to the high school gymnasium for the Veteran's Day program. It was at 11 AM, sharp. I remember wondering how come all of those guys from my hometown were dressed up in military uniforms. They would bring in the flag and place it on stage. The high school band snare drum section gave them a roll as they walked in. The gymnasium was full, and we all stood in complete silence. Important people, because they were wearing suits, took their place on stage. We found out later that one of them would be speaking.

The band and choir performed patriotic songs like God Bless America and Battle Hymn of the Republic. Once again, it seemed so perfectly orchestrated. At the end of the program someone in the high school band did taps as the flag was being taken from the gymnasium. I remember looking up at the many adult audience members and noticing that many of them had tears in their eyes. What was said by the speaker brought a very somber feeling to those in attendance. "It was small town America, pausing to honor all of those who served, or were serving their country." Those words are still burned in

my memory.

Much has changed over the years. Veteran's Day is now a federal holiday, and so there isn't any school. The organization of Veteran's Day events falls on just a few and the attendance at these events is getting smaller and smaller. Can you imagine if every grade school in American organized an event like North Plains. I, of course, have to be careful to provide an assumption that no other schools have programs like North Plains does. If there are others, then congratulations.

On my way out the assembly at North Plains I held the door for an elderly veteran. He was wearing his American Legion cap. He looked at this wife and said "That was pretty special. I hope they do it next year." I couldn't have said it any better.

On the invitation email we received, Dr. Amanda Capote, PhD, North Plains Elementary Music Teacher, pointed out that the kiddos worked very hard on the Veteran's Day program. I say thank you to the folks and students at North Plains. What they did Friday was very special. It will be an event that the kids will remember forever...and yes, I hope they do it again next year.

BEST KEPT SECRET

I offer a special invitation to everyone to attend the Brass Band of Minot Pipes, Brass & Christmas concert. Although most of the program is Christmas Music, or guest group is the Fin and Feather Bagpipe & Drum corps from Bismarck. Yesterday we had the opportunity to have them attend one of our practices. We joined them in Amazing Grace. This is a concert you won't want to miss. Time? 4 PM on Sunday, November 17th; Place? Ann Nicole Nelson Hall on the campus of MSU; Cost? No Charge. A free-will offering will be taken.

TODAY'S CHUCKLE

An environmentally conscious boss is one who, when he rakes you over the coals, worries about his carbon footprint.

This might surprise you...

Austria.

In other words, nearly all of us who have been born and raised here are of European decent.

There have also been thousands of Canadians who have emigrated to North Dakota for one reason or another, most notably marriage, with work and higher education being major factors for coming here.

Today, it's a completely different story, and although many of today's immigrants are from Europe, the largest numbers may surprise you.

A media organization called Stacker compiled a list of today's immigrants in North Dakota. And as you might expect, Canada and Mexico are toward the top, but are not at the top. The following numbers originate from the 2020 census.

Canada is No. 3 with 2,606 residents living here with Mexico No. 2 at 2,714 people. Most of us would think either Mexico or Canada would be at the top since they're our neighbors. Not so! It's actually Liberia, a nation in west Africa with 2,809 of its people living in North Dakota.

Why are people coming here

from Liberia? Apparently, it's because of the state's need for a workforce and because of an historical connection between the United States and Liberia. It is easier for Liberian citizens to immigrate here than people from many other countries.

Immigrants from the Philippines come in fourth with 2,263 Filipinos living in North Dakota. As you might guess, a large portion of this group are working in a medical setting, such as doctors, nurses, hospital and nursing home staffs and in numerous other categories.

Immigrants from other countries you might expect are not necessarily high on this list. In fact, one of them, Ukraine, has only 88 Ukrainian immigrants currently living in North Dakota, according to this report. That places Ukraine at No. 47, ahead of Croatia, Taiwan and Honduras.

One would think there would be a lot of Germans living here too, but there are only 446 German citizens living here, placing it 16th of 50. Norway, with 30 percent of us being of Norwegian decent, didn't make the top 50.

However, Spain, at No. 38, has 121 people in North Dakota, Romania has 123, France has 306 and Russia has 338. No other European countries are represented regarding current immigrants or students.

Again, what might surprise you is that nearly 9,000 immigrants from a variety of African nations are living here in North Dakota. They include Somalia, No. 5; Kenya, No. 7; Nigeria, No. 10; Sudan, No. 15; South Africa, No. 21; Ghana, No. 22; Egypt, No. 28 and Ethiopia, No. 39.

People living here from Central and South America total 1,473 people coming from Colombia, 742; Panama, 132, El Salvador, 113 and Brazil, 108.

This report also lists immigrants from places you might expect, such as Afghanistan with 396, placing it 19th and Iraq with 337, placing it 24th.

China is ninth with 888 residents living here, South Korea is 11th with 750, Japan is 13th with 563, Vietnam is 17th with 444 and 234 Haitians are living here placing that nation's immigrants at No. 29.

Minuteman III test showcases readiness of U.S. nuclear force's safe, effective deterrent

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BARKSDALE AIR FORCE BASE, La. --

A joint team of Air Force Global Strike Command Airmen and Navy aircrew launched an unarmed Minuteman III intercontinental ballistic missile equipped with multiple targetable re-entry vehicles from aboard the Airborne Launch Control System Nov. 5, 2024 at 11:01 p.m. Pacific Time from Vandenberg Space Force Base, California.

Airmen from the 625th Strategic Operations Squadron out of Offutt Air Force Base, Nebraska, were aboard the U.S. Navy E-6B Mercury aircraft to demonstrate the reliability and effectiveness of the ALCS system.

This test launch is part of routine and periodic activities intended to demonstrate that the United States' nuclear deterrent is safe, secure, reliable and effective to deter 21st century threats and reassure our allies. Such tests have occurred over 300 times before, and this test is not the result of current world events.

"These tests are demonstrative of what Striker Airmen bring to the fight if called by the president," said Gen. Thomas A. Bussiere, commander, Air Force Global Strike Command. "An airborne

launch validates the survivability of our ICBMs, which serve as the strategic backstop of our nation's defense and defense of allies and partners."

The ICBM's reentry vehicle traveled approximately 4,200 miles to the U.S. Army Space and Missile Defense Command's Ronald Reagan Ballistic Missile Defense Test Site located within Republic of the Marshall Islands at the Kwajalein Atoll. Reagan Test Site sensors, including high-fidelity metric and signature radars, as well as optical sensors and telemetry, support the research, development, test and evaluation of America's defense and space programs. For these tests, RTS team members collect radar, optical and telemetry data in the terminal phase of flight to evaluate system performance.

"RTS is honored to be the nation's only long-range land impact site providing our strategic partners a safe environment and truth in testing for the continued development of the ICBM modernization efforts," said Army Lt. Col. Casel Rumfelt, RTS Range Director. "This range and testing facilitate America's technical advantage on the global stage. Our team brings decades of experience and a level of professionalism that



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U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA BANKSTON

makes the impossible seem easy in a no-fail environment. I couldn't be prouder of this incredible team."

The test launch is a culmination of months of preparation that involve multiple government partners.

Airmen from all three missile wings were selected for the task force to support the test launch. The missile bases within Air Force Global Strike Command have crew members standing alert 24 hours a day, year-round, overseeing the nation's ICBM alert forces.

The ICBM community, including the Department of Defense, the Department of Energy, and U.S. Strategic Command, uses data collected from test launches for continuing force development evaluation. The ICBM test

launch program demonstrates the operational capability of the Minuteman III and ensures the United States' ability to maintain a strong, credible nuclear deterrent as a key element of U.S. national security and the security of U.S. allies and partners.

Air Force Global Strike Command is a major command with headquarters at Barksdale Air Force Base, Louisiana, in the Shreveport-Bossier City community. The command oversees the nation's three intercontinental ballistic missile wings, the Air Force's entire bomber force, to include B-52, B-1 and B-2 wings, the B-21 program, Air Force Nuclear Command, Control and Communications systems, and operational and maintenance

support to organizations within the nuclear enterprise. Approximately 33,700 professionals are assigned to two Numbered Air Forces, nine wings, two geographically-separated squadrons and one detachment in the continental United States and deployed to locations around the globe. More information can be found at: <https://www.afgsc.af.mil/About/Fact-Sheets/Article/454593/air-force-global-strike-command-air-forces-strategic-air/>.

The LG-35A Sentinel will replace the Minuteman III ICBM with an initial capability of 2029. Until full capability is achieved in the mid-2030s, the Air Force is committed to ensuring Minuteman III remains a viable deterrent.

A LOOK BACK THIS WEEK IN USAF HISTORY

THE SON TAY RAID NOVEMBER 21, 1970



A painting of raiders exiting a crashed helicopter at Son Tay, by Mikhail Nikiporenko. (USAF)

During the Vietnam War, U.S. intelligence revealed evidence of over 50 prisoners of war being held at Son Tay, in North Vietnam. The Joint Chiefs of Staff and President Nixon believed that a rescue operation was worth the risk and appointed Air Force Brig. Gen. LeRoy J. Manor as mission commander and Army Col. Arthur D. "Bull" Simons as the ground force commander. The raid was a joint-force operation that began early on the morning of November 21, 1970.

While Navy carriers used flares to create a diversion, Air Force and Army Special Forces flew in under the cover of night. Once inside Son Tay, it was revealed that the POWs had been previously relocated. All military personnel involved returned safely after the 27 minute raid. While it failed to free POWs, the Son Tay Raid was still considered a success. North Vietnam consolidated POW locations to prevent other raids, making POW communication easier and raising morale and hope for the future. It also served as a basis for future joint-force missions. "Military leaders... were so motivated and committed to the rescue of the prisoners that their desire for solidarity and unanimity overrode any realistic appraisal of what was facing them," said John Gargus, the lead navigator for the mission.

Information courtesy of: nationalmuseum.af.mil / Into Son Tay by John T. Correll

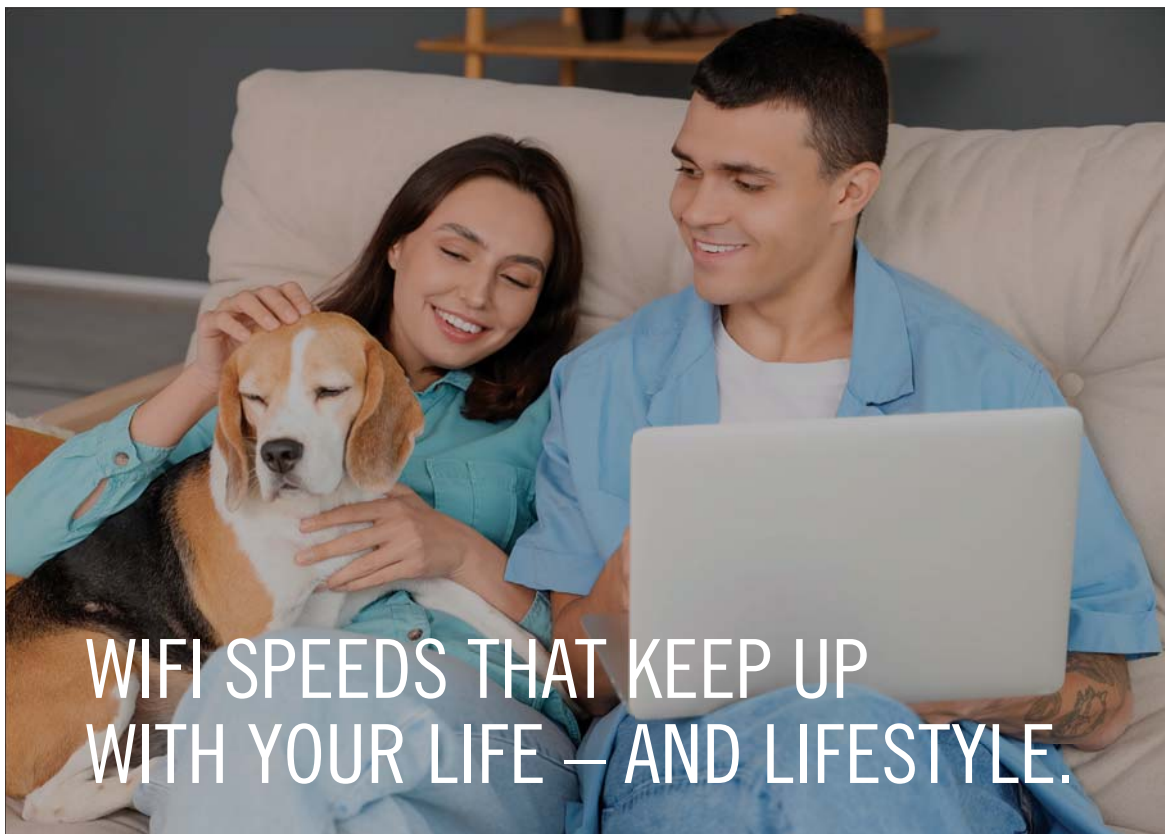
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BOOM! TALK ABOUT EXPLOSIVE SKILLS!

Our 5th Munitions Squadron brought the heat at the Air Force Combat Operations Competition, securing a solid 2nd place—only missing 1st by a single point! With limited practice on other aircrafts, our team adapted, overcame, and made Minot proud. Their resilience and quick thinking under pressure showed exactly what the 5MUNS is all about!



NATIVE AMERICAN HERITAGE MONTH

Col. Jesse Lamarand, 5th Bomb Wing Commander, and Col. James Schlabach, 91st Missile Wing Commander, pose for a picture after the signing of the Native American Heritage Month proclamation at Minot Air Force Base, North Dakota, Nov. 1, 2024. Minot Air Force Base leadership honored the commencement of Native American Heritage Month with the Mandan, Hidatsa and Arikara Nations.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS VINCENT PADILLA



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EVENTS THIS WEEK

<p>JOSEY Friday, November 15 at 9:00pm CITY COUNCIL BINGO Monday, November 18 at 5:30pm CRAFT NIGHT Monday, November 18 at 7:00pm</p>	<p>TRIVIA NIGHT Wednesday, November 20 at 7:00pm FREE NACHOS Thursday, November 21 at 4:00pm-Close LILA BEA Friday, November 22 at 9:00pm</p>
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MILITARY APPRECIATION DAY NOVEMBER 15 FIRST DRINK FREE!
(ALCOHOLIC OR NON-ALCOHOLIC) WITH MILITARY ID

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THANKSGIVING REFLECTIONS

Patricia Stockdill

Thanksgiving is still almost two weeks away but it's not too early to think about the holiday and what it means besides something sandwiched in between Halloween and Christmas.

While for many it's a time away from family and longtime friends, it's still food, new friends, and family - whether near or far.

It's also a time to reflect on some of the good things that make North Dakota special from an outdoors perspective.

It's a time to embrace the four seasons and be thankful for the variety of opportunities afforded its residents, including if it mean gutting out minus 20 degrees and 25 mile-an-hour winds when it snows horizontally.

Or 100-degree days when it hasn't rained for six weeks. Because we know things will change. We know the sun will come out; the wind will be so calm your breath rises straight towards the sky on a crisp winter day.

We know weather and clouds will offer up amazing sunsets across an expansive horizon. And we know rain will come, even if it might be too much, too fast at times. Even with our changing landscape, we have hiking, hunting, fishing, and other outdoor opportunities that evoke jealousy among outdoor enthusiasts across the country.

We need to thank and recognize those landowners who value the land and soil they work while at the same time incorporating agricultural practices that provide habitat for wildlife for all to enjoy.

We need to thank some extremely astute forward thinkers from days gone by whether on a broad, national scale or locally in one's community: Those who sought to engage hunters and anglers in being proactive in fish and wildlife habitat and improvements by their actions, such as creating Wildlife and Sportfish Restoration Funds.

Those two pieces of federal legislation place taxes on hunting and fishing equipment and, in turn, help fund state wildlife agencies for habitat and management.

It's funding that, together with North Dakota hunting and fishing license sales, means the N.D. Game and Fish Department can do things like stock lakes with fish, conduct aerial wildlife surveys, and manage Wildlife Management Areas.

Other forward thinkers advocated for things like the Federal Duck Stamp, helping provide public places and

create habitat for people to hunt. They advocated for NAWMP and NAWCA, The North American Waterfowl Management Plan and North American Wetlands Conservation Act, providing funding for wetlands and waterfowl.

Today folks are still advocating for conservation through H.R. 9945, the North American Grasslands Conservation Act introduced in the U.S. House in 2024.

Everyone benefits when wetlands and grasslands are healthy - they're nature's filter, protecting water quality for humans and wildlife alike.

On a state level, North Dakota's Outdoor Heritage Fund brings landowners, conservationists, and sportsmen and women together creating practices benefiting agriculture, livestock, the ecosystem, wildlife - and people. It helps brings the outdoor experience to urban areas through green space and park developments.

We are the benefactors of a litany of visionaries, everyone from the "Conservation President" - Theodore Roosevelt - to Aldo Leopold and so many others who wrote and talked about the importance of conservation - and put words in deeds.

We need to be thankful their vision benefited so many people that followed them, regardless of whether or not those who followed hunt, fish, or simply enjoy the outdoors.

For that, we can be thankful.

But we can't be complacent.

Regardless of where a person calls home, we owe it to future citizens to be involved and engaged when it comes to hunting, fishing, and wildlife issues. We need to recognize that conservation isn't protectionism and preservation; it's the wise use of natural resources for today's generations and those that follow.

We need to be thankful we still have something worth conserving so that someday others will thank today's generation.

And we need to protect that for the future - it is not ours to keep.

It is ours to borrow from our children and grandchildren. And just as it is our duty to protect America and what it means to have the freedom to enjoy the outdoors, it is also our duty to protect and ensure we have wildlife, the Great Outdoors, and the outdoor recreational opportunities they provide.

And we need to thank you for all you do.



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Minot B-52H fly over at Angelo State University

AIRMAN 1ST CLASS JAMES SALELLAS, 17TH TRAINING WING PUBLIC AFFAIRS

SAN ANGELO, Texas -- Angelo State University hosted its annual Military Appreciation game at the 1st Community Credit Union Field at LeGrand Stadium, San Angelo, Texas, Nov. 2.

Angelo State invited all military members, veterans and Department of Defense ID holders to attend their football game against Central Washington University.

Fans in attendance were invited to Ram Jam, a tailgating event featuring games, food, and live music, before the start of the game.

"We're just building bridges left and right," said Phillip Nichelson, Director of Affiliated Military & Veteran Services at Angelo State University, "When I was in the military, people had a tendency to stay on base. This is a chance to get those servicemen off-base and to get them out in the community so that we can continue to build those bonds. Angelo State University is here for them."

As The Star Spangled Banner played before kickoff, a B-52 Stratofortress, flying from the 69th Bomb Squadron, Minot AFB, soared above the stadium while members of the Angelo State University Air Force ROTC Detachment 847 waved the American flag, highlighting the nation's spirit and patriotism.

To kick off the game, joint force commanders from Goodfellow were invited to the field to

hand off the game ball, while Col. Angelina Maguinness, 17th Training Wing commander, took part in the coin flip at center field.

Volunteers from Goodfellow presented the state flags at halftime, while Maguinness administered the oath of enlistment to the U.S. Air Force Delayed Entry Program recruits to make the first play of their journey in joining the world's greatest Air Force.

"It's incredible to be here, surrounded by people who show so much support for the military," said AJ Jones, DEP recruit. "As someone preparing to serve in the Air Force, it gives me a sense of purpose and reminds me why I chose this path."

Goodfellow leads the way in the Air Force with the most active community partnerships and strong community bonds. This event highlights one of those strong relationships.



B-52 Stratofortress, flying from the 69th Bomb Squadron, Minot Air Force Base, flies across the football field as part of the annual Angelo State University Military Appreciation Game at the 1st Community Credit Union Field at LeGrand Stadium, San Angelo, Texas, Nov. 2, 2024. The B-52 is an American long-range, subsonic jet bomber, designed by Boeing and in service with the U.S. Air Force since the 1950s.

U.S. AIR FORCE PHOTO BY STAFF SGT. ETHAN SHERWOOD



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Senior Airman Briley currently serves as an Air Defense expert and oversees the 91st Security Forces Group's advanced mobile counter-drone vehicles. He ensures the multi-million-dollar fleet is ready to support missile operations dispersed around the Minot community. Additionally, he trains his fellow Airmen on drone tactics to improve their job knowledge and proficiency in defeating these emergent threats.




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AMUR TIGER



Fact File

Life Span	10 - 15 years
Weight	400 - 675 pounds
Head and Body Length	5 - 9 feet
Tail Length	2 - 3 feet
Tail Length	3.5 feet
Top Speed	40 mph
Wild Diet	Omnivore <i>Carnivore</i> <i>Herbivore</i> Deer, Pigs, Water Buffalo, Antelope

CREATURE FEATURES

- Once known as Siberian Tigers, Amur Tigers are the largest member of the cat family.
- Tigers are the only large wild cats with stripes. These stripes are camouflage that aid them while hunting. The stripe patterns of a tiger are *not* symmetrical from one side of the animal to the other. Their stripes are like our fingerprints.
- Amur Tigers have "built-in" ways to conquer the cold. They have a layer of fat on their flanks and belly, that helps protect them from the elements. Their thick, long coats also help keep them warm. And like most tigers, Amur Tigers have a ruff of fur around their neck and extra fur on the paws to protect them from the cold snow like built-in "snow boots."



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Winter is rough on batteries, draining power more quickly than usual. With the temperature rising, now is the time to get your battery checked to ensure you're starting the season off right. Stop by a AAA Car Care center for a free digital vehicle inspection, which includes a battery check and, if needed, we can install a new battery.

Top Off or Change Vehicle Fluids

Fluids play a major role in keeping your vehicle running well. They transfer heat, lubricate parts, and act as a cleansing agent. Each has a different recommended frequency at which they should be changed, so consult your manual or talk to a service consultant to stay on top of your fluid maintenance.

Replace Your Wiper Blades

We've had no shortage of rain already this year, which means your wiper blades have likely been getting a workout. On average they should be changed every six months or whenever you begin to notice streaking, skipping, bending, or wearing and tearing. Fully-functional wiper blades are essential for safe driving so be sure to check yours.

Check Your Air Conditioning

You'll definitely want your A/C in peak condition when the temperatures start to rise. Being comfortable in the cabin isn't just a luxury – it helps keep you focused. Make sure the cabin air filters are clean and functioning properly and your air conditioning is ready to keep you cool as the temperatures rise.

Check Your Engine Air Filter

The engine air filter prevents dust, dirt, and other harmful debris from entering the engine compartment, which it does less effectively as it gets older. Replacing your filter can help protect your engine components from wear, improve your acceleration, and potentially increase your fuel efficiency.

Clean Your Car

Dirt, mud, and road grit build up in the winter and can cause rust and corrosion on your car's exterior. Drivers in the Carolinas also contend with spring pollen, which can be as damaging to your paint as it is unappealing to your eye. AAA Members get discounts at our Fins Car Wash locations in select areas.

Inspect Your Tires

Ensuring your tires have enough tread – ideally at least 4/32" – will give you maximum control over your vehicle and help prevent hydroplaning. Cold weather and lack of driving can cause tires to lose pressure, so check that they are properly inflated. Also, consider rotating your tires so they wear evenly. If it's time for new tires, the AAA Tire Store offers a wide range of brands, makes, and sizes.

Has Your Vehicle Been Sitting Idle?

Many people are now driving less frequently and logging fewer miles. The time spent sitting idle can cause numerous issues for your car, making the preventative maintenance above even more important.



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Commander's Key Support Liaison Program Rebranding for Improved Support



NATALY ZARRELLA, NORTHERN SENTRY

Service members have many resources such as their First Sergeants or direct supervisors available to them if they have questions about life in the Air Force, but what resources are available to their families? The Key Support Liaison Program, which was previously known as the Key Spouse Program, is one of the main avenues for questions made available to military spouses and families dating back to 2009. The Key Support Liaison Program is a Commander driven program which partners with the Military and Family Readiness Center. Spouses or family members might reach out to their Key Support Liaison for information and resources, communication with leadership, squadron connection and emergency support.

The KSL program is built solely on volunteers who are vetted and assigned by a specific squadron commander. Historically, only military spouses were able to volunteer for the program, but one of the major changes of the 2024 rebranding of the program is the ability for Airmen, Guardians, federal employees and family of Active Duty members to volunteer for the program. According to the Air Force Personnel Center, "Active Duty members and federal civilians who would like to volunteer may do so as long as volunteer duties do not conflict with primary responsibilities". Monica Schlabach 91st Missile Wing Key Support Liaison Mentor shared her excitement on the new change, "I am looking forward to these new volunteers, I think the

greater diversity will make the program better".

A spouse can contact their Key Support Liaison by reaching out to the Military and Family Readiness Center and speak with Technical Sergeant Christine Cherry, who is the program manager at 701-723-3950. As the Key Support Liaison Program Manager, TSgt Cherry ensures all appointed KSLs are properly trained and have knowledge of the installation and resources available.

Unfortunately, some squadrons do not have any KSLs as it is a program based solely on the availability and determination of volunteers. Legally, the Air Force cannot make anyone volunteer for the position. The KSL role is a rewarding way to help squadron spouses and military members navigate their military journey. If people are wanting to volunteer, they should communicate with the Squadron Commander for more information.

The rebranding of the program is one that was much needed as the program has not always had a positive implication with spouses within the Air Force. According to Gina Allvin, the spouse of the Air Force Chief of Staff, "Our goal is to create a culture where support programs are ready to surge when needed. When service members and their families understand the resources available to them, it makes navigating challenging times easier for the entire base community."

Karlee Tillery, a spouse with the 91st Missile Security Forces Squadron shared her experience

with the Key Support Program in Misawa Japan, "As a new military spouse I had no idea what we were doing, a Key Support Liaison reached out to me via Facebook Messenger and gave me tips on PCS travel and ensured we had someone to reach out to in case we needed anything. [It] made me feel welcomed. I feel like she made my outlook of the Air Force a very positive one, considering we were brand new to the military and freshly married being away from home with no friends or family nearby."

Although the KSL program aims to support and assist spouses, it has had growing pains and there are still challenges, even with the new re-brand. Everyone's experience with the Key Support Liaison program might be different. Lack of any funding and lack of communication between family members and the unit are some of the main roadblocks of the program. For funding small projects, many KSLs rely on the squadron's booster club because they are not allowed to fundraise themselves. Additionally, communication with families from a Key Support Liaison will occur only if the military member



91st Missile Wing Key Support Liaisons from left to right Marissa Morrison, Melinda Ahrens, Ashley Bush, and Melvina Murray breakfast event for the 741st Missile Squadron on trip out day.

provides the unit with their spouse's contact information or if the spouse reaches out to the KSL themselves.

Although the program has challenges to work through, the new re-brand from Key Spouse to Key Support Liaison is determined to face these head on and be even more dedicated to serving Air Force spouses with volunteerism. Minot Air Force Base is not a typical Air Force base and can sometimes feel very isolated. Knowing your Key Support Liaison is important to build connectedness and have someone that you know you can count on in case something arises such as an emergency when your spouse is at work, needing assistance with base housing issues, squadron or installation events. The Key Support Liaisons across the base are there to assist you and are prepared to do so.



91st Missile Security Forces Squadron Key Support Liaisons Karlee Tillery (left) and Nataly Zarrella (Right) at the 91st Security Forces Group 2024 Easter Helo Event.

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Minot identified for Western North Dakota Honor Flight Spring flight

THE WESTERN NORTH DAKOTA HONOR FLIGHT

BISMARCK, N.D. – The Western North Dakota Honor Flight announces their upcoming flight out of Minot, North Dakota, a first for the hub. The flight will depart from Minot on Sunday, April 27 and return Monday, April 28.

“We are deeply honored to bring our sixth flight to Minot, marking a significant milestone for our region and for the Veterans who have selflessly served our country,” said Western North Dakota Honor Flight Board President Dennis Burdolski. “The Western North Dakota Honor Flight is a powerful reminder of the gratitude and respect we owe to those who have sacrificed so much.”

Western North Dakota Honor Flight board members will soon begin notifying Veterans slated to fly on this upcoming flight. We are excited to share this unforgettable experience with these heroes and to show them, in person, how much they mean

to us all. This flight is another tribute not only to a Veteran’s service but to the communities in western North Dakota that continue to support them with generosity and pride.

There are currently plans in development to make available a virtual “flight” to veterans who may be unable to travel. Additionally, the board is busy making plans for flight seven slated for early Fall 2025.

This experience is provided at no cost to the Veteran. All the funds raised for the flight have been generously donated by businesses, service organizations, fund raising events and personal donations from individuals across western North Dakota.

Honor Flight is a nonprofit organization whose mission is to celebrate America’s Veterans by inviting them to share in a day of honor at our nation’s memorials. Combined, the 128 hubs have taken more than 300,000 military Veterans to see the national war memorials.

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Upcoming Events

16 NOV **LIGHT UP THE SCANDINAVIAN HERITAGE PARK**
5:30 AM - 8:00 PM
Scandinavian Heritage Park
1020 South Broadway, Minot

Join us on November 16th at 6 PM (lights on around that time) for a magical evening to kickstart your holiday spirit! Experience the park glowing like never before! We're back and ready to celebrate! Last year, we had a blast with caroling and cocoa, and we can't wait to do it again! Special Guests: Mr. Grinch, Santa, and more friends will be joining us! Plus, we have even more holiday surprises in store! Stay tuned for announcements that will make your season unforgettable! Mark your calendars, invite your friends and family, and let's make it a night to remember!



For more information:
Facebook/ Scandinavian Heritage Park /Events

16 NOV **MINOT MINOTAUROS VS ABERDEEN WINGS**
7:35PM
Maysa Arena,
2501 West Burdick Expy, Minot

Minot Minotauros host the Aberdeen Wings at the Maysa Arena. Puck drops at 7:35pm. Join us at the Maysa Arena for an unforgettable night of Minot Minotauros hockey! Witness the intensity and excitement as our team battles it out on the ice against the Aberdeen Wings. Our games are more than just hockey; they are a community event where fans of all ages come together to cheer, celebrate, and create lasting memories. Enjoy the electrifying atmosphere, with high-energy music, engaging intermission activities, and plenty of concessions to keep you fueled. Perfect for families, friends, or a unique date night, Minotauros hockey games promise an action-packed and entertaining experience that you won't want to miss.



For more information:
www.minotauroshockey.com

20 NOV **TRIVIA NIGHT**
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

Bring your quarters and leave your ego at the door! Come enjoy good times with good people. Live questions - free popcorn - win free drinks! Bring your friends so your team can also go for the coveted; "Not Last Place" award!

For more information:
Facebook/ Blue Rider/ Events

22 NOV **LILA BEA**
9:00 PM
Blue Rider
118 1st Avenue SE, Minot

Lila Bea is a local singer/songwriter that has rooted herself in country ballads and classic rock. With two singles out, "ghosting you" and "in the suds" she has started to find her sound as an artist. Come out and enjoy live music with no cover, free popcorn and stiff drinks.

For more information:
Facebook/ Blue Rider/ Events

22-23 NOV **DAKOTA HOPE'S FESTIVAL OF TREES**
7:35PM
State Fair Grounds, Minot

Dakota Hope's Festival of Trees is returning to the State Fair Grounds November 22nd and 23rd! With countless Christmas-themed events to choose from, there is something for the whole family to enjoy at Festival of Trees. General admission is free. Ticketed events include the Dinner and Live Auction and Dashing Through the Snow 5k and fun run. Other Events at the Festival include: •Silent Auction •Raffle Row (raffle trees) •David Laffin Illusionist •North Pole Play Zone: Bounce Houses, Coloring, Balloon Artists, Story time with Buddy. •Tea in the Trees •Live Music •Bake Sale •Follow the Star: Interactive Nativity with Live Animals •Petting Zoo •Pony Rides •Vendor Show •And more! All events have their own schedule, but general admission doors are open from 12:00pm to 8:00pm on Friday, November 22nd, and 9:00am to 3:00pm on Saturday, November 23rd.

NOVEMBER 22ND-23RD

For more information:
Facebook/ Festival of Trees / Events

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CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

W	A	V	E	S		L	E	N	T		I	B	M	S	
A	R	I	E	L		E	R	I	E		D	U	E	T	
T	I	C	K	E	R	T	A	P	E		E	B	A	Y	
C	S	A		E	A	S	T		S	T	A	B	L	E	
H	E	R		P	K	G		S	H	I	L	L			
				T	I	E	O	N	E	O	N		E	M	O
A	R	S	O	N		A	C	T	O	F	G	O	D		
D	O	U	G		K	N	O	T	S		L	U	R	E	
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N	E	E		E	N	D	I	N	G	U	P				
		R	A	N	G	E		E	O	S		N	A	G	
B	U	G	L	E	S		C	A	S	T		O	L	E	
O	G	L	E		T	O	O	T	H	P	A	S	T	E	
S	L	U	R		O	N	C	E		A	D	I	O	S	
N	Y	E	T		N	O	O	N		N	O	R	S	E	

SUDOKU

Solution to puzzle on page B9

	1			2				
3	4					2		
	2		5		3	6		
7				8	2	4		3
6		4				5		9
2		9	4	6				7
		3	2		6			4
		8					7	2
				9				1

CROSSWORD PUZZLE

Across

- 1. Strike-breaker
- 5. A Marx brother
- 10. Silent film vamp Theda
- 14. Tuscan river
- 15. "My Cherie ---" (Stevie Wonder song)
- 16. Lively old dance
- 17. Accommodate
- 19. Sea eagle
- 20. Folding entryway
- 22. Cube root of 27
- 24. Virginia college
- 25. Took the bait
- 26. Tennis shot
- 27. Fax button
- 31. Some leather workers
- 33. Like Arthur Fonzarelli
- 35. Place to berth a ship
- 38. Certain halftime performer
- 42. Snoop's vantage
- 43. Wee bit
- 45. Slangy farewell
- 48. Circus horn-player
- 50. Whelp
- 51. Kind of tray
- 52. "At Seventeen" singer Janis
- 55. Jockey Arcaro
- 57. Company informer
- 62. Fairway alert
- 63. Without rational basis
- 66. Constellation bear
- 67. Condensed, memorable saying
- 68. Russian ruler
- 69. Nullified tennis serves
- 70. Slalom's makeup
- 71. Memo words

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17					18						19				
					20						21				
22	23								24				25		
26					27	28	29	30			31	32			
33					34				35		36	37			
					38				39				40	41	
					42								43		44
45	46	47							48			49		50	
51					52	53	54				55	56			
57					58				59	60	61				
62									63					64	65
66									67					68	
69									70					71	

Down

- 1. Cul-de-___
- 2. ___-Magnon man
- 3. Michigan city
- 4. Italian bowling game
- 5. Symbol of goodness
- 6. Arabian V.I.P.
- 7. "The Long and Winding ---"
- 8. Russian president
- 9. Two-tone snacks
- 10. Born's partner
- 11. Bacteria requiring oxygen
- 12. "The Bathers" painter Pierre
- 13. Advisories
- 18. Finishes the cake
- 21. Push gently
- 22. Letters of devotion
- 23. Car part
- 28. TV award
- 29. Flood avoider
- 30. Martial arts schools
- 32. Legendary Himalayan creature
- 34. Gospel writer
- 36. Actor's quest
- 37. Type of rug
- 39. Be worthy of
- 40. Scatter fertilizer over a lawn
- 41. Lady's small handbag
- 44. Simian
- 45. Legitimate
- 46. On liberty
- 47. Parched feeling
- 49. Less than decent
- 53. Primitive aquatic organisms
- 54. School clique, maybe
- 56. Triangle of land in a river
- 58. Red and Dead
- 59. Constricting snakes
- 60. Winter Olympics vehicle
- 61. Some bills
- 64. Remained unused
- 65. Broadway letters describing a hit show

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www.fbcminot.org

Classic Worship Service..... 8:30 a.m.
Sunday School (All Ages)..... 9:45 a.m.
Contemporary Worship Service..... 9:50 a.m.
Adult Sunday School..... 11:00 a.m.
Contemporary Worship Service..... 11:05 a.m.
Children's Church..... 11:05 a.m.
Wed. AWANA (Sept. to May)..... 6:30 p.m.
Fridays, Celebrate Recovery..... 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director



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www.ourredeemers.org



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Minot, ND 58701
info@orcsknights.org • 701-839-0772
www.orcsknights.org

St. Peter The Aleut Eastern Orthodox Church

109 6th St. SE
Minot • 838-3094

Saturday, November 16
5PM, No Vespers

Sunday, November 17
Prayer Service



Vincent United Methodist Church

1024 2nd St. SE • 838-4425
Behind Town & Country Shopping Center
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Sunday School9:00 a.m.
Sunday Worship Service10:00 a.m.
Fellowship..... 11:00 a.m.

Pastor Mark Ehrmantraut
www.vincentumc.com



Christ Reformed Church

Worship 11:00 a.m. Sunday
234 14th Ave SE
www.christreformedchurchminot.com

Minot Baptist Church

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Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship6:00 p.m.
Wednesday Evening.....7:00 p.m.

Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
Pastor David Miller

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot
Located off Hwy 83 Bypass West
(701) 838-0609

Saturday School 2:00 p.m.
Sunday Worship 3:30 p.m.
Wednesday Bible Study7:30 p.m.

Jesse Starr, Pastor



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Website: www.orcsknights.org



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www.breadoflifeminot.com



Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com

Pastor Rick Craig
701-838-1540

Sunday School (All Ages): 9:45 a.m.
Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
Tuesday 5:15 p.m.
Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com



Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
Sunday Worship 11 a.m. & 5:30 p.m.
Wednesdays (Prayer & Missions) ...6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Gabe McCormick- Pastor

415 28th Ave SE (Behind Menards)
838-1873



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A Reformed Baptist Church

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E-mail: gbcminot@gmail.com

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Family Hour6:30 p.m.
Evening Worship7:30 p.m.
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Children Worship (Wed)....7 p.m.
Prayer (Friday)7 P.m.



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852-0315

Sunday Schedule
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Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule
Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm

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Children's Church & Nursery
Wednesday Family Training Hour
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Classes for All Ages 6:30 p.m.
Youth Center, Friday..... 7:00 - 11:00 p.m.

ABC Child Care Center.....852-6352

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11:00am Contemporary Service (w/Livestream)

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biblefellowship@srt.com
www.griefshare.org

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MinotBibleFellowship.org



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Phone: (701) 838-9348



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Missouri Synod

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Morning Bible Study and Sunday School11:00 AM
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Simply Having a Wonderful Fundraising Time

HANNAH WATERS, NORTHERN SENTRY

This year the Dakota Hope Clinic will be continuing their tradition of hosting the Festival of Trees event at the North Dakota State Fair Event Center on November 22nd through the 23rd. This year, Nadia Smetana, the Dakota Hope Clinic Executive Director, and Amanda Olsen, the Committee Chair for the event both spoke on Festival of Trees. Both Nadia and Amanda were thrilled to share their excitement for ushering in holiday cheer. Between the live and silent auctions, 5k runs, and bake sale, Festival of Trees is sure to be a hit!

When asked her opinion on the value of the Festival of Trees, Nadia Smetana said, "It gives individuals and families fun things to do that are inspirational and helps when the weather is a little colder now and helps them prepare for the holidays too." For example, Nadia Smetana mentioned that at the bake sale there will be tons of delicious baked goodies to choose from, including Thanksgiving pies. Amanda Olsen added that the bake sale will be accepting donated baked goods until November 20th for anyone who would like to participate! This year, the event is going to have a many of options for friends and families in the community to take part in!

There will be both a live and silent auction. The live auction will be held with a dinner and the tickets are \$45 a person. Festival-goers can participate in the live auction through the website at no extra cost. The live auction will consist of decorated Christmas trees, wreaths, and nativities. In

fact, Amanda Olsen did confirm there will be a Star Wars Christmas tree in this year's auction and there may even be a few extra goodies to go along with the tree! All live trees purchased during the live auction will even be able to be delivered within 25 miles of Minot. In comparison, the silent auction can be participated online and at the festival at no extra cost. The silent auction will consist of customized baskets, baked goods, memberships, and handcrafted products. The auctions are just one piece of this event. There will also be a Live Interactive Nativity otherwise known as "Follow the Star," which for the first time, includes live animals! The Dashing Through the Snow 5k will also be conducted on Saturday the 23rd of November from 12pm to 2pm, and there is a prize for best costume. Another great part of the event is Raffle Row, tickets can be purchased to put towards different raffle prizes, it is important that all prizes have a coordinated pick-up time and will not be able to be delivered.

Although the Festival of Trees is a time filled with excitement, the mission for the event is what is the most intriguing. The Dakota Hope Clinic, it is a Pregnancy Help Clinic that offers a variety of services ranging from free first-time ultra-sounds to free parenting classes or pregnancy classes. The Dakota Hope Clinic is also not just for the mother-to-be. Their classes are also geared toward the father-to-be as they learn to cope with parenthood. When asked about her opinion on the importance of The Festival of



Trees, Amanda Olsen said, "The goal of Festival of Trees is to bring awareness about what Dakota Hope Clinic is about. So, we have information booths there where people can learn about Dakota Hope and what services they provide. Because they provide free services, they're not funded by the government. It's completely funded by donors." This is just one reason the Festival of Trees is so important for the community, the event itself also holds some impact on all members who participate.

Anyone who would like to volunteer to help with the Festival of Trees this year, please use the QR code! Whether volunteering or showing up to show support, The Festival of Trees is going to be fun for the whole family!



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Honoring All Who Served

North Plains Elementary Hosts Veterans Day Event

ROD WILSON, NORTHERN SENTRY

It was red, white and blue through and through. North Plains Elementary hosted a Veterans Day celebration on Friday afternoon, November 8th, and the gymnasium of the school was packed!

As any good Veterans Day should, Dr. Amanda Capote, Music Teacher at North Plains asked the crowd to join the students in the Pledge of Allegiance, followed by the National Anthem. It was great to hear the enthusiasm in the young voices. Some students took the extra effort and dressed in stars and stripes, others favored the red, white and blue theme and each and every student shared in the enthusiasm of the moment.

Then there was music, also befitting of a Veterans Day event. 4th, 5th & 6th grade girls sang Boogie Woogie Bugle Boy, a tune made popular in the big band era of WWI. Following the girls were 4th, 5th & 6th grade boys singing a song made popular by Lee Greenwood, Proud to be an

American. The final tune for the afternoon was American Dream as the boys and girls on stage joined together to create a very fitting end to the musical portion.

Next on stage was the MAFB Honor Guard doing a flag folding demonstration and Taps.

Minot Mayor Tom Ross was called to the stage to introduce his now friend and Commander of the 5th Bomb Wing, Col. Jesse Lamarand. Col. Lamarand sat down and read the book, America's White Table which talked about how one family remembered their Uncle, who was no longer at the dinner table. A veteran who would be missed. At times the gymnasium once filled with excitement, would quiet down as those who listened intently to Col. Lamarand hung on every word. At times several in the audience had tears in their eyes. It was a very moving and special time for everyone.

With a thank you to the parents and students, Dr. Capote ended the Veterans Day Celebration.



North Plains Elementary Veterans Day Program.



North Plains Elementary students sing, directed by music teacher Dr. Amanda Capote.



Col. Lamarand and Mayor Tom Ross look on as The Minot AFB Honor Guard perform a ceremonial flag folding.

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America's White Table: Veteran's Day Ceremony with Col. Lamarand

Last Friday, Colonel Lamarand, 5 BW Commander read America's White Table" by Margot Theis Raven for North Plains Elementary students and families. This book is a touching children's book on the significance of the white table as a symbol of remembrance and respect for missing military service members and prisoners of war.

In the story, a young girl learns about the tradition of the white table as her family sets a white table for Veterans Day. Through her family's explanations and rituals, she discovers the meaning behind each item on the table — the empty chair, the lemon slice, the inverted glass, and more — each representing an aspect of the sacrifice and hardships endured by these service members.

This Veteran's Day was special at Minot AFB and North Plains Elementary. America's White Table beautifully honors military traditions, teaching children and families about the importance of remembering and honoring those who have served.



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL
LIAISON PROGRAM



NOTES ON BEING SAFE

PEDESTRIAN SAFETY KNOW AND WATCH YOUR SURROUNDINGS

Did you know approximately 5,900 pedestrians in America are killed by automobiles every year? Almost one-third of these victims are children under the age of 15. All of us are pedestrians at one time or another, and are obligated to abide by the same traffic laws that assure the safety whether we are walking, bicycling or the motorist, or an adult or child. As parents we are also obligated to teach our children the importance of traffic safety, especially in housing areas where streets have a tendency of being smaller. Here are a few pedestrian safety tips to follow:

- Walk on the sidewalks – Stay on the sidewalks and crosswalks. Avoid walking in traffic if there are no sidewalks or crosswalks. If you have no other choice, walk facing the traffic.
- Look LEFT, RIGHT, and LEFT for vehicles – Stop at the curb and look LEFT, then RIGHT, then LEFT again. Stopping at the curb signals drivers that you intend to cross. Cross in marked crosswalks and obey the signals.

- See and be seen- Stay out of the driver's blind spot. Make eye contact with the driver when crossing busy streets. If walking at dusk or dark, wear reflective gear and carry a flashlight. Vision is more impaired at night.
- Watch your children – Do not let your children play in the streets or close to the roads. Do not let them cross the roads without supervision. While walking through the housing area ensure to be aware of any cars pulling out of their driveways, especially if they are backing out. They may not always see you. Children are small, unpredictable, and cannot judge vehicle distance and speeds. Start teaching your children at an early age on traffic safety. Teach the colors of all of the traffic lights and the vehicle lights and what they mean. Educate the importance of not darting out on the road, even to chase a ball.

As a motorist on Minot AFB do not always assume the people around you are paying attention. Sometimes their attention can be diverted especially if they're children. All people are unpredictable and as a motorist, you should always be alert. You can encounter a pedestrian anytime and anywhere, even in places where they are not supposed to be.

They can be hard to see, especially at night or while it's raining. Slow down if you can not see clearly. Stop for pedestrians who are in the crosswalks and when you stop for a pedestrian in the crosswalk, make sure you are far enough back for cars in the other lane to see the pedestrian in time to stop. If vehicles are stopped in the street in front of you, do not just assume you can pass them, maybe their waiting for a pedestrian to cross the road. When turning right on a red right, always look to the right as well as the left to make sure pedestrians are not crossing in the crosswalk. If you spot a pedestrian wearing headphones or using a cellular phone, be attentive for they may not hear your vehicle. Remain vigilant at all times, especially in areas where children may dart out

unexpectedly into traffic areas. These include base housing and school areas, near school buses and around ice cream trucks. While backing out of your driveway, always look in your back window as well as your mirrors to ensure no kids are behind you. If you have to, walk around the vehicle before driving out.

One last tip to keep in mind, if you see a child in the front yard or near a curb, always assume they will dart out on the road. If you always keep this in mind, this will lessen the chances of a child being struck. By paying attention to your surroundings, whether you are the pedestrian or the motorist. It could be a matter of life or death.



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Northern Lights 4-H Returns to Minot AFB Youth Programs

KERIANNE NOEL, NORTHERN SENTRY

"I Pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, for my club, my community, my country, and my world." These words, part of the 4-H Pledge, were recited at the start of the second gathering of the newly resurrected Northern Lights 4-H Club, which met at the Minot Air Force Base Youth Center on the fourth of November. The entire meeting was student-led, from the roll call to the review of old business to the discussing of new project ideas. Providing oversight and mentorship to these emerging, young leaders was Captain Guil Factor of the 69th Bomb Squadron.

For many people, 4-H conjures up images of state fair winning blue ribbons. But what is this program actually all about? According to the North Dakota State University Extension web site "4-H provides hands-on, real life experiences through projects, activities, and events... 4-H is the largest and the only research based youth organization in the state." It is a program designed to nurture the leadership skills and civic mindedness of youth, families, and their communities - in short, it makes the local, personal.

In a military community, these volunteer-run organizations can be affected dramatically by a single PCS cycle. Groups on base have experienced sudden losses in leadership and continuity that prevented them from thriving the way their in-town

counterparts do. Fortunately, after being inactive for several years, the Northern Lights 4-H club has been revived through the efforts of the Minot AFB Youth Center and Captain Factor. He shared that "growing up in Western Wyoming, I had a great opportunity of raising and selling lambs with my local 4-H Club. Every spring-summer, my brother and I would purchase, raise, show, and sell our lambs to a local buyer. Due to long transit times, my brother and [I] raised our own local sheep [to sell] to local 4-H kids. This whole experience taught me the values of hard work, livestock care, and responsibility."

Captain Factor shared that having his first child revived his interest in 4-H a couple of years ago. "When I reached out to volunteer with one of the local clubs, I saw that there used to be a 4-H club on base. That's when I knew that the best thing to do was try to rebuild the Northern Lights 4-H club." The inaugural meeting of the Northern Lights club was held this past September. Nine families signed up, and more have expressed interest. "Our goal is to have this club teach kids responsibility, community involvement, and the beauties of Minot and North Dakota. I want this club to be a reason why people want to come to Minot," said Captain Factor, adding that, "I would love to see this club [have] the same positive effect on these kids as it [had] for me."

An average 4-H meeting on

Minot AFB will find the youth of the Northern Lights chapter running their own meetings, voting for and working on group projects, and generally developing their leadership and teamwork skills. 4-H projects are specific areas of interest for 4-H members and cover a wide variety of topics. Project ideas that were discussed at last week's meeting included care of animals, picking up trash around the base, a community garden, and a lemonade stand. Captain Factor's role was to keep the meeting on track and to help the students find feasible ways to accomplish their goals. For example, a livestock project, would be difficult to carry out on a military installation, but could be facilitated with the help of nearby farmers.

The Northern Lights 4-H is open to all Minot AFB dependents grades K-12. To join, parents can contact the Youth Center or sign up through the Parent Portal. Meetings are held toward the beginning of each month on Mondays or Wednesdays. The rest of the month, students pursue personal areas of interest through their individual projects. The head, hands, heart and health focus of 4-H is an opportunity for military affiliated families to keep their kids engaged and grounded - a refreshingly tangible pursuit in our increasingly digitized world.



Captain Guil Factor, leading the Northern Lights Club in the Pledge of Allegiance and 4-H Pledge.

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Monthly Business Meeting Schedule • Meet-and-Greets
Blue Lodge - 1st and 3rd Mondays at 6:00PM
Shriners - 2nd Wednesday at 6:00PM
Scottish Rite - 1st Wednesday at 6:00PM
Eastern Star - 1st and 3rd Tuesdays at 7:00PM
Prince Hall - 2nd Saturday at 9:00AM

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NOTICE

Minot AFB, ND – 2d Lt Samuel B. Craig from the 791st Missile Security Forces Squadron has been appointed the Summary Court Officer (SCO) for the estate of **SRA MATTHEW M. SHERBON, 791ST MISSILE SECURITY FORCES SQUADRON.** All claims for or against the estate of the deceased must be submitted to the SCO. For more information, please contact 2d Lt Samuel Craig: DSN: (701) 723-4938 Email: samuel.craig.7@us.af.mil

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IMMEDIATE FULL AND PART TIME OPENINGS for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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PUZZLE ON PAGE B3

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

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Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM



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- **DEERS:** Common Access Card (CAC), Dependent Update, CAC Unlock or Reset, Awards and Decorations
- **Customer Support:** Inbound Order Amendment, Accessions, Passport and/or Visa, Initial Enlistment Bonus (IEB), Quickship Bonus
- **Force Management:** Evaluations, Duty Information, G-Series Orders, Unfavorable Information File (UIF), Special Duty Assignment Pay (SDAP)
- **Career Development:** Permanent Change of Station (PCS), Outbound Assignment, Separation, Retirement, Retention, Promotion

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Walk-in hours: Tue-Thu 0800-1600, Wed 0800-1130

Appointment hours: Mon-Fri 0800-1600, Wed 0800-1130

*Closed for training every Wed from 1200-1630

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Rodgers & Hammerstein's Musical Cinderella opening at Mouse River Players Theatre

MOUSE RIVER PLAYERS

The family favorite fairytale, Cinderella, is set to open at Mouse River Player's Community Theatre just in time for the start of the holiday season. This musical adaptation of the timeless classic will grace the stage on November 21 to 24 and November 29 through December 1.

The musical builds on the traditional folk tale of Cendrillon by Charles Perrault. The protagonist is a young girl living in forsaken circumstances with an abusive stepmother and two step sisters who is suddenly blessed by remarkable fortune when her fairy godmother appears and grants Cinderella's wish to go to the royal ball, magically providing a coach, servants, a dress, and perfectly fitted glass slippers. It is a story with thousands of variants that are told throughout the world and many cultures.

Originally written and produced in 1957 starring Julie Andrews in the title role with music by Richard Rodgers and Oscar Hammerstein II, the show has had several televised productions, appearing in 1965 with Lesley Anne Warren and then reimagined by the Walt Disney Corporation in 1997 featuring Brandy as Cinderella and Whitney Houston as the Fairy Godmother. Many other animated, stage, live-action film and television versions have revised the story but the musical never made it to the Broadway stage until 2013 with an updated script by Douglas Carter Beane, several new songs and some new characters. It was nominated for nine Tony awards and won for best costume design.

Locally, the most recent production was in the fall of 2004 by the Magic City High School Thespians under the direction of Alphonse Konigsman. Mouse River Player's current director, Lin Knickerbocker, was the costumer for that production.

"Cinderella is a universally known popular story," stated Ms. Knickerbocker, "and yet it hasn't been produced in this area since the high school did it in 2004. When we were considering plays for this season, I thought perhaps it was time Mouse River Players took a chance with it. This updated version is going to be a significant challenge for our company, but I am confident our actors and volunteers will bring an exciting and entertaining performance to our stage."

The cast for this production

are a mix of new, veteran, and returning volunteers working hard with Musical Director Ben Eder and Chorographer Brittany Montez to bring the show to life. Patrons will recognize Nicole Swain and Edward Montez in the lead roles of Ella and Prince Topher, ably brought together by Dalcyce Leslie in the role of Marie, the Fairy Godmother. Real life sisters Courtney DuPona and Brittany Montez bring acerbic humor to the luckless stepsisters under the watchful eye of the scheming Madame, played by newcomer Lisa Michels. The Court Herald Lord Pinkleton (Jessi Potter) and Lord Protector Sebastian (Connor Donovan) plot to take over the kingdom while firebrand student Jean-Michel (Christian Gifford) tries to raise support of the town for political change.

Included in the choral ensemble doing multiple duties as knights, townsfolk, and palace guests are Bart Burns, Netty Djuric, Anastasia Edwards, Holly Eidsness, Dorian Garland, Tim Knickerbocker, Evey Kosel, and Jenae McQueen. The ensemble helps the story line move along with beautiful vocal harmonies and lively dancing.

"Many of our cast members are doing multiple tasks for this production" added Knickerbocker. "Our choreographer, Brittany, is also working sound and lights design and creating the specialty gowns for the lead role. Tim is creating the fantasy set pieces to compliment the panorama backdrop designed by E. J. Rose. Courtney is our graphics designer and Connor is coordinating the backstage movement. With Holly as our producer and Katy Allers putting together our props, it has definitely been a group effort."

Additional promotions for the show are being announced on our Facebook page with weekly-opening night giveaways, Saturday evening dress like a princess (or prince) for a free popcorn promos, and a fantasy castle selfie station located in our new lobby. There will also be opportunities to snap a picture with a cast member after each performance.

Tickets are on sale now at www.mouseriverplayers.com. Prices are \$15.00 for adults; \$13.00 for students, Seniors 60+ & Military; and \$10.00 for children age 4 to 12. You can also purchase Flex passes at \$70.00 for 6 tickets which can be used for any MRP show during the season. Reserve your seats now before we sell out!



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, Nov. 11: 1,837.25 feet above mean sea level (MSL); 14,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.33 feet above mean sea level (MSL). Stump Lake elevation: 1,449.3 MSL.

•N.D. Game & Fish Dept. game wardens: little activity throughout regional lakes.

•Devils Lake, Ed's Bait Shop, Devils Lake: No new reports.

•Devils Lake, Woodland Resort, Devils Lake: Not much activity but those going continue finding nice-sized fish with a fair to good fall walleye bite. Try vertical jigging around structure.

•Lake Darling, Karma C-Store, Ruthville: Not much activity. Anglers can shore-fish on Lake Darling at designated points.

•Lake Metigoshe, Four Seasons, Bottineau: Docks are out of the water so anglers are waiting for ice-fishing.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: The few anglers going out on the east end of Lake Sakakawea are finding fair walleye success around Douglas Bay and west in Deepwater Bay.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: No new reports with little activity on the east end of Lake Sakakawea and Lake Audubon.

•Lake Sakakawea, New Town: No new reports from the Van Hook Arm and New Town areas.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Limited activity on the Missouri River tailrace. No new reports from Lake Sakakawea.

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Nov. 24: Deer gun season closes.
- Nov. 25: Area Nat'l. Wildlife Refuges open for late season pheasant hunting: Audubon, Des lacs, Lake Zahl, and Upper Souris Unit 2. Non-toxic shot required. Contact each refuge for refuge-specific regulations.
- Nov. 25: Hunter's Brunch, Audubon Nat'l. Wildlife Refuge, south shore of Lake Audubon. Free-will brunch from 9 a.m. to 1 p.m.
- Nov. 25 - 27: Minot Curling Club Open House, 2005 Burdick Expy. E.
- Nov. 26: Learn to Curl, Minot Curling Club, 2005 Burdick Expy. E., 6 p.m.



•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers remain good for walleye with better success on the Missouri River. Some walleye activity continues around Lund's Landing and Lewis & Clark State Park on the upper end of Lake Sakakawea. Try working shallow with jigs and minnows. Not many anglers out, however.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No activity on the Souris River and area lakes.

Hunting:
•Deer: Look for rut to start soon for more deer movement and activity.
•Swans: Good numbers still

migrating through and feeding in northwest N.D.

•Upland: Pheasant hunters continue finding fair to good success in some areas.

•Waterfowl: Snow goose numbers remain strong across much of the northern half of North Dakota along with more Canada geese moving in. Increasing northern mallard and diving duck numbers across the northern half of the state, as well.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

<p>EVERYDAY HAPPY HOUR - 3PM - 6PM</p> <ul style="list-style-type: none"> \$2 off All Apps \$3 House Wine & Domestic Pints Bavarian Pretzels with Beer Cheese Sauce \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups \$5 Moscow Mule \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps ½ Flat Bread Pizza 	<p>DAILY SPECIALS</p> <ul style="list-style-type: none"> Monday \$5 Moscow Mules (all day) Tuesday \$4 ND breweries (all day) Wednesday ½ Price Wine by the glass/bottle (all day) Thursday \$1 up for all Tall Taps (all day) Sunday BRUNCH (11am-2pm) \$7 TSR Bloody Mary & Caesars \$12 Bottomless Mimosas \$6 Breakfast Shots 	<p>FAMILY PACKS</p> <ul style="list-style-type: none"> Monday Pizza Pack Combo Tuesday Sandwich Pack Wednesday Chef Creation* *Changes Weekly - Check our Facebook Page Thursday Pasta Pack
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WHAT'S GOING ON MINOT AFB

FRIDAY 15

- Bootcamp, 0900, McAdoo Fitness Center
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Turkey Bingo, 1800-2000, Youth Center

SATURDAY 16

- Zumba, 0900, McAdoo Fitness Center
- Free Bowling, 1400-2100, Rough Rider Bowling Center
- Airman Free Bowling, 2100-2400, Rough Rider Bowling Center

SUNDAY 17

MONDAY 18

- FTEC, 0730-1600, Professional Development Center
- AFFT, 0530, McAdoo Fitness Center
- Yellow Belt Process Improvement Foundation Training, 0800-1500, Atomic Spark Innovation Lab, next to B-Fifty Brew
- NCO Foundation Course, 0800-1600, Professional Development Center
- TAP Overview, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- American Education Week, 0900-1500, Education Center
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- Teen Bootcamp, 1015, McAdoo Fitness Center
- AFFT, 1100, McAdoo Fitness Center
- Yoga, 1700, McAdoo Fitness Center
- Writing Club, 1800, Minot AFB Library
- Zumba, 1800, McAdoo Fitness Center

TUESDAY 19

- FTEC, 0730-1600, Professional Development Center
- AFFT, 0530, McAdoo Fitness Center
- Yellow Belt Process Improvement Foundation Training, 0800-1500, Atomic Spark Innovation Lab, next to B-Fifty Brew
- NCO Foundation Course, 0800-1600, Professional Development Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Civilian Employment Basics 101, 0900-1100, M&FRC
- American Education Week, 0900-1500, Education Center
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- AFFT, 1100, McAdoo Fitness Center
- Quiet Book Club, 1800-1930, Minot AFB Library
- Zumba, 1800, McAdoo Fitness Center

WEDNESDAY 20

- FTEC, 0730-1600, Professional Development Center
- AFFT, 0530, McAdoo Fitness Center
- NCO Foundation Course, 0800-1600, Professional Development Center
- TAP (DOL) Overview Workshop, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- American Education Week, 0900-1500, Education Center
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- AFFT, 1100, McAdoo Fitness Center
- Yoga, 1700, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

THURSDAY 21

- FTEC, 0730-1600, Professional Development Center
- AFFT, 0530, McAdoo Fitness Center
- NCO Foundation Course, 0800-1600, Professional Development Center
- TAP (DOL) Employment Track Workshop, 0800-1600, M&FRC
- Short Notice Pre-Separation Counseling, 0830-1130, M&FRC
- American Education Week, 0900-1500, Education Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- AFFT, 1100, McAdoo Fitness Center
- Homeschool Library Class, 1300, Minot AFB Library
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- Zumba, 1800, McAdoo Fitness Center

FRIDAY 22

- FTEC, 0730-1600, Professional Development Center
- NCO Foundation Course, 0800-1600, Professional Development Center
- TAP (DOL) Employment Track Workshop, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- American Education Week, 0900-1500, Education Center
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Progressive Bingo, 1730-1930, Rockers Bar & Grill
- Zumba, 1800, McAdoo Fitness Center

SATURDAY 23

- Pirates Escape Room Game Ends, Minot AFB Library
- Zumba, 0900, McAdoo Fitness Center
- Free Bowling, 1400-2100, Rough Rider Bowling Center
- Airman Free Bowling, 2100-2400, Rough Rider Bowling Center

SPECIALS

Bomber Bistro Featured Item

Caprese Salad

Spring mix with tomatoes, fresh mozzarella, balsamic reduction, and olive oil.

The B-Fifty Brew Featured Item

Muffins

Flavors include: Cinnamon Apple, Banana Nut, Chocolate, Blueberry, and Lemon Cranberry.

Rockers Bar & Grill Featured Item

Fish & Chips

Two English style cod fillets served with crispy fries and tartar sauce.



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