

northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 62 • ISSUE 42 | MINOT AIR FORCE BASE | FRIDAY, OCTOBER 18, 2024



WHAT'S INSIDE THIS WEEK:



91 SFG 'TRUNK OR TREAT' IS BACK

A2



ESPRIT DE CORPS
INTRAMURAL SPORTS
BUILD CAMARADERIE

A7



MAKING WAVES: WINTER FUN AWAITS AT THE INDOOR POOL

B5

MINOT AFB SKIES DON'T DISAPPOINT



The Northern Lights are one of the many unique perks of being stationed at Minot AFB. Early in the morning on October 11, base resident, Marissa Morrison, snapped this photo in base housing .

MARISSA MORRISON PHOTO



PRIDE OF DAKOTA
Showcase
Magic Place (All Seasons Arena)
North Dakota State Fair Grounds
All products on the showcase floor are made in North Dakota!

OCTOBER 25 & 26
Shopping Hours:
Friday 3pm-8pm
Saturday 9am-5pm

FREE ADMISSION





HOME OF THE GLOBAL STRIKER

Only The BEST Come North!


WWW.MINOT.AF.MIL

CONTACT MINOT AFB PUBLIC AFFAIRS

701.723.6212 • V35BW.PA@US.AF.MIL

Minot AFB Videos



Find us on  Minot Air Force Base

91 SFG 'Trunk or Treat' is Back After 2023's Snow Cancellation

HANNAH WATERS, NORTHERN SENTRY

The 91st Security Forces Group and 5th Security Forces Squadron will be teaming up to host their annual Trunk or Treat this year on Wednesday October 30th from 5-8PM. For newcomers to Minot AFB, the 91 SFG has been putting on this event since 2017. The event even found ways to continue during the Covid pandemic, with some modifications. Last year the SFG Trunk or Treat was cancelled at the last minute due to a freak early snowstorm. But this year they are coming back strong!

Technical Sergeant Timothy Rowland with the 91 Missile Security Operations Squadron is set to run this year's event with Technical Sergeant Timothy Driver with 791 Missile Security Forces Squadron and his wife Carrie Driver, who is on the planning board committee as well. After speaking with Mrs. Driver, she said that the SFG Trunk or Treat started as a way for children to have a safe and warm Halloween out of the cold. She went on to mention that now, almost 7 years later, it has created a sense of camaraderie between Defenders since there is a bragging-rights only competition on trunk decorating.

The Trunk or Treat is special for so many reasons, but one of the most important would be their special time for the members on the Exceptional Family Member Program (EFMP). This year there will be a special time for EFMP members from 4-5PM. Mrs. Driver said, "It is important to our Defenders because we understand the struggles when it comes to

events like these, so giving them their own time to be able to come and enjoy themselves is something we felt strongly about providing for them." The 791 MSFS will also be providing a non-candy treat option at several of the trunks as part of Teal Pumpkin Project. This is another way to give all children a way to enjoy to fun and festivities regardless of allergies or other medical conditions.

This year guests can expect a multitude of fun for the whole family. Not only will there be decorated car trunks from both the 91 SFG and 5 SFS, but there will also be two haunted houses. One haunted house is going to be at the Security Forces building and hosted by the 791 MSFS. The other will be right behind the Security Forces building in the CATM building and is hosted by the 5 SFS. Ms. Driver also said there will be a DJ, a free digital photobooth, which was paid for by the different SFS Booster Clubs, a vendor market set up with some of the Active Duty members and their families showcasing and selling their homemade crafts and baked goods. iMagicon will be joining in on the fun with several cosplayers who will be in attendance and available for pictures.

This event is unique to some of the other Halloween events on Minot AFB because there is collaboration and teamwork from many different squadrons. When asked about why Ms. Driver this event is important she said, "I absolutely love community building and love seeing everyone coming



CMSgt Nicholas Roberts, 91 MSOS SEL, sharing the Halloween spirit at the 2022 SFG Trunk of Treat.

together and making events like this one for our families and the base community and giving them something fun and exciting to do!"

She would also like to give a shout-out to 91 SFG True North Chaplains, First Command Bank,

iMagicon, as well as several other community partners who have donated candy so far. There is still time to make candy donations as well. For anyone interested in making a donation, bins located outside the Commissary doors,

inside all SFS offices, and the HELO Squadron. No matter the weather this is going to be an amazing event. Don't forget to grab yourself some candy and treats for free at this year's Trunk or Treat on October 30th.



2022 SFG Trunk or Treat was filled with free candy and free smiles!



OCTOBER
MILITARY DISCOUNTS

10 CENTS OFF
PER GAL.*

\$4.00 OFF
PREMIUM CAR WASH*

*Minot Location Only



1310 South Broadway, Minot N.D.

Hensen's

FUR & LEATHER

Natural Fur Coats & Hats

Great Selection – Affordable Prices






The Coolest Fur Bomber Hats EVER!

- Bowron Sheepskin Rugs
- Beautiful Selection of Brighton Jewelry
- Casual & Dress Leather Jackets & Vests and much more!

Proud to Support Minot AFB

701.852.0722

525 20th Ave SE • Minot
Next to Happy Joe's Pizza

OPEN:
Mon-Sat
10am-5pm

Quality Service & Workmanship at affordable rates for over **50** YEARS



Military Friendly and Proud to Serve Our Active Duty Military & Veterans
Closest Full Service Collision Center to Minot AFB

2705 North Broadway, Minot, ND 58703
(701) 852-5126
jeromescollision.com

LOAD CREW COMPETITION ENHANCES PREPAREDNESS

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS WESLEY DAVIES



Airmen assigned to the 23rd Bomber Generation Squadron pose for a group photo with 5th Bomb Wing leadership after winning the third-quarter load competition at Minot Air Force Base, Oct. 4, 2024. For the competition, crews were given a written and practical test as well as a dress and appearance inspection.



Senior Airman Christo Jose, 23rd Bomber Generation Squadron load team member, observes for safety while his teammates attach an inert GBU-31 to the underside of a B-52H Stratofortress wing at Minot Air Force Base, Oct. 4, 2024. In order to safely load the inert GBU-31 onto the aircraft, two Airmen are needed to attach it to the aircraft while another supervises to ensure safety.



Senior Airman Ronnelly Hights (left) and Airman 1st Class Daniel Hanks (right), team members in the 69th Bomber Generation Squadron, lift an inert GBU-31 in preparation for loading at Minot Air Force Base, Oct. 4, 2024. The crew is required to have precise control over the inert GBU-31 at all times in order to safely and efficiently load it onto the aircraft.



Airmen assigned to the 69th Bomber Generation Squadron pose for a group photo before a third-quarter load competition at Minot Air Force Base, Oct. 4, 2024. The load competition is held quarterly and ensures operational readiness.



Airmen assigned to the 23rd Bomber Generation Squadron pose for a group photo before taking part in the third-quarter load competition at Minot Air Force Base, Oct. 4, 2024.

★ Hotel ★
REVEL
 MUSIC • ART • COFFEE • BEER • WINE
 == MINOT, ND ==
 1510 26th Ave SW
 Former Kelly Inn, Next to the Mall
 www.revelnd.com

**Pool Side Rooms
Weekend Specials**

★ Perks Include: ★

- Heated Salt Water Pool & Hot Tub
- Full Hot Breakfast
- PAC-MAN Arcade Machine for Free Use
- Late Check Out - Up to 3:00pm upon request
- Mention Kenny the Duck to receive Snack and Soda Swag/Welcome Gift

*Based on Availability
 Call us now at (701) 852-4300 or 800-735-5868

VINCENT UNITED METHODIST
BAZAAR
 SATURDAY, OCTOBER 19, 2024
 9 AM - 2 PM

* Caramel Rolls at 9:00 am
 * Delicious Lattes 9:00 am - 12:00 noon
 * Lunch (Soups & Sandwiches)

Quilts, Table Runners, Guest Towels, \$5 Gift Table
 Bake Sale - Lefse, Bread, Kuchen, Pickles, Jellies, Pies

Vincent Vintage - gently loved items
 1951 Featherweight Singer Machine
 Antique aprons, collector plates

VINCENT UNITED METHODIST CHURCH
 1024 2ND ST. SE, MINOT, ND
 4 BLOCKS EAST OF TOWN & COUNTRY CENTER



explore
experience,
discover
bring out your
inner artist!

**Drop-In
Paint Your
Own Pottery
Studio**
 (No Appointment)

**Gift Shop • Coffee & Smoothie Bar
• Ceramic & Glass Studio**

MARGIE'S

109 South Main St. Minot • 701.837.8555
 margiesartglass.com

CONTACTUS

Ted Bolton
 Publisher | Advertising
 701-240-5039
 bagroup@srt.com

Rod Wilson
 Business Development | Marketing
 sentrysales@srt.com

GRAPHIC DESIGN BY
Nikki Greening
 nsads@srt.com

**MINOT AIR FORCE BASE
 PUBLIC AFFAIRS**

Chief of PA
 Maj. Thomas Barger

NCOIC of PA
 Technical Sgt. Rusty Frank

**NCOIC of Command
 Information**
 Tech. Sgt. Ryann Holzapfel

Chief, Community Relations
 Mrs. Abigail Kinder

NCOIC of COMREL
 Tech. Sgt. Zade Vadnais

Chief, Media Operations
 2nd Lt. Casen Salitore

PA Specialists

Senior Airman Alex Nottingham
 Senior Airman Kyle Wilson
 Airman 1st Class Trust Tate
 Airman 1st Class Alyssa Bankston
 Airman 1st Class Luis Gomez
 Airman 1st Class Wesley Davies
 Airman 1st Class Vincent Padilla

COMMANDERS

5th Bomb Wing Commander:
 Col. Jesse W. Lamarand

**5th Bomb Wing Deputy
 Commander:**
 Col. Benjamin D. Jensen

**91st Missile Wing
 Commander:**
 Col. James L. Schlabach

**91st Missile Wing Deputy
 Commander:**
 Col. George L. Chapman

NEWS SUBMISSIONS

Northern Sentry Office
 nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil
 701.723.6212

MAIL

315 South Main Street, Suite 202
 Minot, ND 58701

VIEW ONLINE

www.northernsentry.com
 www.minot.af.mil

FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is www.minot.af.mil. The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.



MINOT AIR FORCE BASE NEWSPAPER
 WWW.NORTHERNSENTRY.COM

Say It Ain't So...



**A VIEW FROM
 OUR SIDE**
 ROD WILSON



Marvin Baker has been growing vegetables at North Star Farms for quite a few years. His garden supplies a group of folks, like me, who get weekly deliveries of fresh vegetables...everything from acorn squash to zucchini. He also sets up a booth at the North Prairie Farmers market selling his quality grown vegetables to hundreds of folks each garden season.

In a recent conversation with Marvin I had a simple question, "Hey Marvin, what happened to the zucchini this year?" You see by the middle of September we normally have pawed off many zucchinis to our friends and neighbors. But as of October 14th, we have only had to reach out once with our offer of "Do you need any zucchini".

The old joke is: Don't leave your car doors open during zucchini harvest, or someone will fill your back seat with zucchini. So, Marvin, what are your thoughts? "I don't know" Mr. Baker answers, "normally you can grow zucchini on the moon, but not this year."

If I really wanted to acquire zucchini, I would ask around as to whether this is a common phenomenon in the summer of 2024. My fear is that I would run into someone who had a normal zucchini type growing season, and there I would be, trying to gracefully say no to a person with a car trunk full of zucchini.



**UPSIDE DOWN
 UNDER**
 MARVIN BAKER

As I write this article, the family of Jim Hillestad was preparing for his funeral that actually took place the afternoon of Oct. 9.

Normally this weekly article doesn't focus on something like the death of someone or their funeral. It's most often the opposite of that and is geared toward optimism, but in this case, I feel compelled to recognize Mr. Hillestad in this forum.

Jim was no ordinary individual for a lot of reasons, most notably he was 104 years old when he passed away on Oct. 2.

Secondly, he was a World War II veteran, was proud of his service in the Southwest Asia theater in the 1940s and was involved in some extraordinary missions in the war against the Japanese.

Following a stint in the Civilian Conservation Corps., Jim went to

There are those folks that really like zucchini and will offer to give you their wonderful zucchini bread recipe or tell you about fried zucchini, or even a pepperoni stuffed zucchini with parmesan cheese and butter topping (I think she called it a poor man's pepperoni pizza), but the common ground here is, I really don't particularly care for zucchini.

So, let's mark 2024 on our calendar and remember it for what it was; the year that they couldn't grow zucchini on the moon.

What Did You Say- No Chokecherries Either?

There are also a lot of folks that spend hours gathering chokecherries to make chokecherry jams, jellies, syrups, and wine. But everyone from my sister-in-law in Velva, to my wine making friend in Garrison, tell me there weren't any chokecherries this year. No, it wasn't a small crop, but they say there weren't any chokecherries. Not that I search every year for chokecherries, but I can't ever remember there not being a crop, anywhere in the Minot area.

Chokecherries, like zucchini, are really not hard to grow. Plant one bush and get ready for chokecherries extraordinaire. We'll be on watch for a return to normal in 2025.

**A VERY HUMBLING
 MOMENT**

When I was in college I had a mentor who was from my same hometown, Maddock, North Dakota, who had a lot of journalism experience before he went back to school at the University of North Dakota to get a degree. From my view, Marlan should have been teaching the journalism classes with the wealth of knowledge that he had.

Marlan and I kept in touch over the years, as he was the editor of the McLean County Independent in Garrison for a number of years.

The journalist circle is fairly small, I mean true journalist circle. I would catch Marlan's name as he garnered awards for



Marlan L. Hvinden

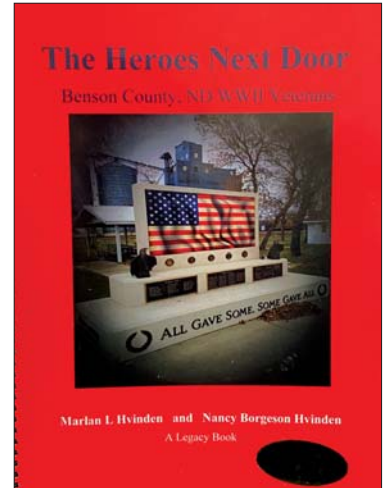
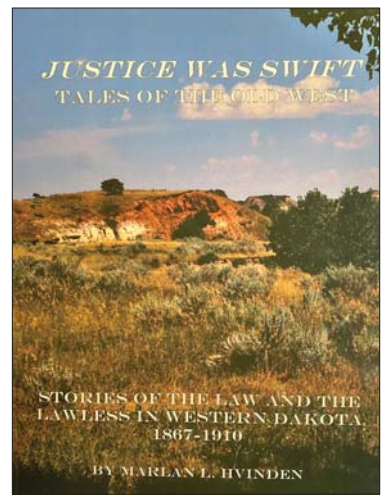
his photography and journalism. In 1979 Marlan launched what would be one of favorite magazines, Dakota Country.

Journalists have different styles, but Marlan and I are certainly on the same page in writing styles, albeit I am and never will be the writer that Marlan Hvinden is.

A bit of fast forwarding will bring us to 2018 when Marlan and his wife Nancy published a book: Justice Was Swift, Tales of the Old West. It's a great book, especially if you've travelled the western half of North Dakota.

In 2018 Marlan and Nancy, amidst other writing projects, began what would turn out to be their most labor intensive writing project, "The Heroes Next Door, Benson County, ND WWII Veterans." His last word in the book pretty much says it all: All gave some, and Some gave All. They are "The Heroes Next Door" and they were our friends, neighbors, and relatives. They Must Never be Forgotten. They Shall become A Legacy." The book is 436 pages of stories from my home county, Benson County, with stories about those who served in WWII. Without knowing, I am guessing that none many counties in North Dakota have such a detailed chronicle of those who served in WWII.

My most recent conversation with Marlan & Nancy would bring a bit of vision as to the passion that creates a book like The Heroes Next Door. The Northern Sentry will be once again honored to produce a Veterans Day Salute section in our November 8th edition. The Hvinden's will be part of that section, both as and interview



Two of the books

and with a story about just one of those featured in Marlan and Nancy's book.

Mark your calendars and watch for the Northern Sentry for this special section.

BEST KEPT SECRETS

The North Unit of Theodore Roosevelt National Park is a great year round visit. Located just a few miles south of Watford City, North Dakota, it is definitely one of those best kept secrets for those who love the outdoors. There are several well marked trails in the park that allow access to some of the most beautiful scenery in North Dakota.

The other best kept secret is the Pembina Gorge area. Located in northeastern North Dakota, it rivals some of the fall color foliage of places like Michigan and Maine. Again, it's just a day trip away.

TODAY'S CHUCKLE

Some bosses do bird imitations. They watch you like a hawk.

A life well lived...

Burma, now called Myanmar, to fight against Imperial Japan. While there he was among the first people in the U.S. Army to be involved in some cutting-edge technology called radar.

He talked often about his time in Burma and how radar was a game changer for the U.S. military as it allowed American pilots to fly during poor weather and navigate around mountains, something that previously wasn't possible.

In addition, he said in an interview that when he was in school in the early 1930s, think about that, the early '30s, he read books about Burma and wondered if he would ever go there and by the time he was a young adult, he actually did. The circumstances weren't what he had hoped, but he was there nonetheless.

Third, he operated an antique dealership in Kenmare for many years, and while most of us are stunned when we hear of the many years he was involved in antiques, that was just one of the things he did during his long and productive life.

It also needs to be noted that Jim Hillestad was a likeable guy. In his later years, Kenmare residents would see him downtown, sitting in front of the post office on a

sunny day, greeting people as they went in or came out of the post office.

Jim drove a black Ford Ranger and people would associate that vehicle with him until he was in his late 90s. Most of us "had" that memory of him, but not being one to sit around and do nothing, he got behind his walker and slowly made his way the roughly three blocks downtown to be part of the community every day that he could.

I met Jim Hillestad in 2014, shortly after I started my editor position at The Kenmare News. He was always cordial and kind of jolly and would always strike up a conversation.

And storied as his life has been, one thing many people didn't know about him is that he was an avid bird watcher. If he wasn't in the downtown square in Kenmare, he was most likely outside his home, sitting on the front steps watching birds in the nearby trees.

Living past 100 is becoming more commonplace among North Dakota residents. In fact, at last check, there were approximately 260 residents past 100. They all deserve their accolades because living that long is pretty special.

In Jim's case, he was Kenmare's oldest resident and most likely

had experienced and forgotten more than most of us have seen or been taught. He was the last man in the Last Man's Club, a group of World War II veterans who frequently got together after the war to share their thoughts and memories of a pivotal time in American history.

Jim's wife Sylvia, his teenage sweetheart, died several years ago. He leaves three children, Terri, who lives in Australia, Debbie in Arizona, and son Kelly who lives in Kenmare, as well as several grandchildren, a foster daughter Maxine of Florida.

It's incredible to think about all of the things that someone that age has seen and done in 104 years. The Great Depression, the war, space travel, eradication of polio, cellular telephones and many other accomplishments.

But most striking to me, however, was what he told me during an interview when he turned 100 in April 2020. He said often times his family would go to the neighbor's farm to see a contraption that could "pluck" music out of thin air. It was a radio and he was 5 years old in 1925 when he first experienced it. Radio became commercially available the year he was born, 1920.

“Service to Others Doesn’t End When the Uniform Comes Off”

NATALY ZARRELLA, NORTHERN SENTRY

Retired Command Chief of Air Force Global Strike Command, Melvina A. Smith is no stranger to Minot Air Force Base having made numerous visits during her tenure with Air Force Global Strike Command. Her engagements ranged from mission support visits to leadership development courses, highlighting her commitment to the base and its personnel. Recently, she visited Minot as a motivational speaker, sharing her inspiring journey to empower others through her executive leadership coaching services. In collaboration with The Mel Perspective and the local Women Connect organization who is dedicated to “emboldening women to achieve personal and professional excellence”, she aimed to uplift women in the community, helping them grow as leaders and navigate an ever-changing work environment.

Reflecting on her remarkable 32-year career in the Air Force, Chief Smith recounted that the triple tragic loss of her older sister, nephew and niece in Chicago during her childhood served as a catalyst for her motivation. “I was determined to honor my sister’s life and ensure my son was in a safe environment,” she explained with palpable emotion. “Family has always been the foundation of my ‘Why.’” This personal experience not only shaped her values but also fueled her commitment to serve and lead with empathy and purpose.

Among her many honors and accolades, Chief Smith considers her leadership during the COVID-19 pandemic to be her most significant accomplishment. “There was no blueprint or playbook—just caring

leaders,” she noted, emphasizing the importance of compassion in times of crisis. “By building on solid principles, we protected America’s freedoms, maintained deterrence, and ensured the well-being of our warfighters and their families.” Her ability to navigate such unprecedented challenges highlighted her strength and dedication as a leader.

For Airmen assigned to or arriving at Minot, Chief Smith emphasizes the unique camaraderie that defines the base, which houses two-thirds of the nuclear triad. “Minot is exceptional,” she asserted. “The community’s unwavering support for our warfighters and their families is unmatched.” Chief Smith once heard an Airman say, “He was the Best because he came North”. Having the mindset that the best assignment is the one you are in is a powerful perspective. Embracing the idea that every assignment is an opportunity to make a positive impact can truly transform your approach to work. It encourages proactive engagement and a sense of ownership, leading to meaningful changes and personal growth.

As she addresses the next generation of female leaders, she shared the importance of silencing the inner critic. “Believe in yourself as you pursue your dreams,” she advised with conviction. “Surround yourself with people who genuinely care about you – not just your position or rank, but you as an individual.” Her emphasis on the importance of supportive relationships reflects her understanding of the challenges many women face in leadership roles. “Don’t be afraid

to reprioritize when necessary. Be kind to yourself; give yourself some grace.”

Chief Smith also highlights the necessity of having truth-tellers in one’s circle of trust. “You won’t benefit from people who merely say yes to you. Honesty is crucial,” she emphasized. This advice serves as a reminder that constructive criticism and authentic relationships are vital for personal and professional growth.

Looking ahead, Chief Smith is currently living her next chapter as a Junior Reserve Officers’ Training Corps (JROTC) Instructor. She cherishes this role, describing herself as a “byproduct” of the JROTC program that helped shape her early leadership skills. Through The Mel Perspective, she aims to give back by engaging in community events like Women Connect in Minot. “My goal is to continue fostering meaningful relationships, share knowledge, and invest in emerging leaders, just as those leaders invested in me”, Chief Smith

The Women Connect event featuring Chief Smith was a remarkable gathering that united over 100 women and community members in Minot. Chief Smith inspired attendees with her powerful story of resilience and her insights on personal growth. She spotlighted the importance of taking control of one’s narrative, stating, “You write your story, and the best part of it is that if you didn’t like one of the chapters,



Chief Melvina Smith at the Women Connect Event in Minot, North Dakota. She empowered women in the Minot community by sharing what shaped her to become the leader she is today.

MINOT AREA CHAMBER EDC PHOTO

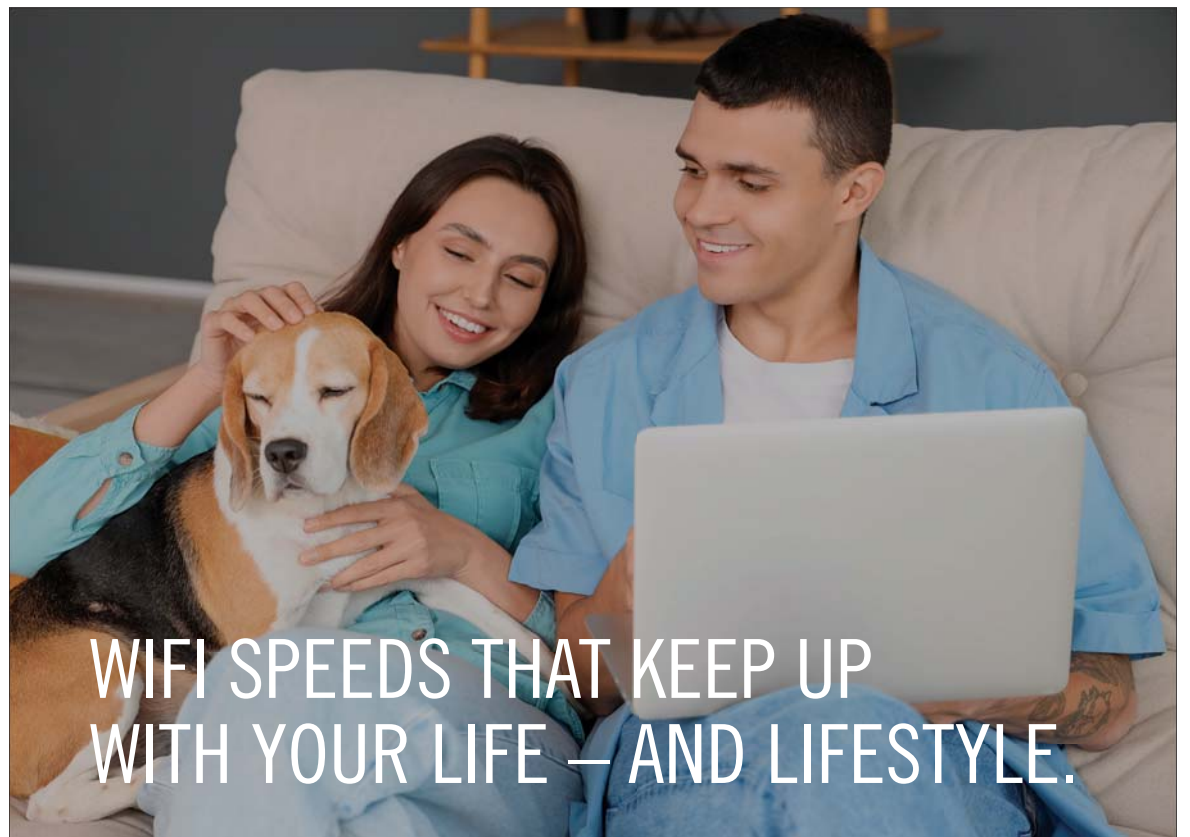


Chief Smith at her first duty station in Mountain Home Air Force Base where she was a Baker.

you can always rewrite it.” Her message resonated deeply, encouraging everyone to embrace their experiences and strive for positive change in their lives.

As Chief Melvina A. Smith continues her journey, she remains a beacon of inspiration for both

current and future leaders. Her story underscores the importance of service, community, and the relentless pursuit of personal and professional excellence, proving that true leadership extends far beyond the uniform.



WIFI SPEEDS THAT KEEP UP WITH YOUR LIFE — AND LIFESTYLE.

SRT has the fastest, most reliable internet on MAFB. Whether you’re streaming, browsing, meeting, or gaming, SRT Internet won’t slow you down.

FIBER 350
350 x 350 Mbps | **\$4995** PER MONTH

FIBER 700
700 x 700 Mbps | **\$6995** PER MONTH

FIBER GIG
1 Gig x 1 Gig | **\$8995** PER MONTH

Call us today and sign up by December 31, 2024 to

GET 3 MONTHS FREE



701.858.1200 / SRT.COM/MAFB

Offer valid for new and upgrading residential customers. Offer expires on December 31, 2024. Offer subject to change. Actual speeds dependent on technical limits, customer equipment performance and configuration, and/or greater Internet traffic. Internet service speeds are founded on a wired customer device. Customer devices may connect slower over WiFi. This institution is an equal opportunity provider and employer.

DON'T RISK IT ALL!
IF THERE IS ANY DOUBT CALL

AIRMEN AGAINST DRUNK DRIVING



Free and Confidential

Saving Lives and Careers

Available to ALL Minot AFB Military Members and Spouses

- ▶ Call AADD
- ▶ Notify location and destination
- ▶ State the amount of people that need a ride
- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member’s military/dependent status by showing identification

CONTACT US AT:
(701) 727-2233
(701) 727-AADD

THURSDAY, FRIDAY & SATURDAYS
09:00 PM - 02:00 AM
HOLIDAY WEEKENDS
08:00 PM - 03:00 AM

PROUD SUPPORTERS OF MINOT AADD



Donating the Phone Services for AADD



Supplying Calling Cards and Posters to Local Establishments

Crafting Through the Cold

TESSIA SAMUELSON, MAGIC CITY DISCOVERY CENTER

The Magic City Discovery Center is proud to announce its first ever adult class series! This four part series will take place on the second Friday of the month, for the months of November through February from 6:00 - 8:00pm. This class is for ages 21 and up, as wine and snacks will be provided for all attendees. These cozy, creative classes are perfect for beating the winter blues. For November's craft, all attendees will receive a plain sweater and all the materials needed to transform it into a uniquely festive Ugly Holiday Sweater. From glitter and tinsel to pom-poms and bells, everything will be provided to make a truly one-of-a-kind holiday sweater! December's class falls on Friday the 13th, so the entire evening will be Nightmare

Before Christmas Themed. Two different crafts will be available, attendees can participate in both crafts or just one. For January's craft, all attendees will have the opportunity to learn about the art of soap making and create their own personalized melt and pour to take home with them. Finally, February's craft falls on Valentine's Day. Attendees will experiment with the beauty in chaos to create a stunning Hot Mess Canvas Painting. Don't miss out - classes are capped at 30 participants and are expected to fill up quickly! Sign up for just one class, or book the whole series of four classes. Bring friends, or just come solo; everyone is welcome to attend! Visit magiccitydiscoverycenter.com/camps to register today!

Custom Laser Engraving & Gifts



MINOT'S NEWEST RC HOBBY SHOP
• Planes • Boats • Cars



2001 8th Ave SE Suite E
839-9677 • 240-7975
fbdesigns@gmail.com


www.focusedbeamengraving.com ONLINE STORE



**5 DAY MONEY BACK
30 DAY EXCHANGE**



3520 S. BROADWAY **CARTIVAOFMINOT.COM**



SQUADRON OF THE MONTH
5TH FORCE SUPPORT SQUADRON
WEDNESDAY-SATURDAY
OCT. 16-19
FIRST DRINK FREE!
(alcoholic or non-alcoholic)
With Military ID

EVENTS THIS WEEK

TRIVIA NIGHT
Wednesday, October 23 at 7:00pm

KENMUJO
Wednesday, October 23 at 9:00pm

FREE NACHOS
Thursday, October 24 at 4:00pm-Close

MILITARY APPRECIATION DAY
OCTOBER 18
FIRST DRINK FREE!
(ALCOHOLIC OR NON-ALCOHOLIC)
WITH MILITARY ID

HOURS
Mon/Tue/Wed/Thu 4:00pm - 1:00am
Fri/Sat 4:00pm - 2:00am

118 1st Avenue SE, Minot, ND

SPONSORED BY



NORTHERN CELEBRATIONS

Embracing our North Dakota Lifestyle

MOBILIZING FOR PEOPLE AND WILDLIFE

Patricia Stockdill

In the big picture of natural disasters occurring recently across the United States, 80,000 or 90,000 acres of scorched earth from wild fires may seem minor on the grand scale of things.

But we, as Americans, tend to mobilize to help those in times of need, whether it's flood, wind, or fire.

That's what we do.

While almost 90,000 acres in western North Dakota began burning earlier in October, northeastern Wyoming's Elk Fire in the Bighorn Mountains started Sept. 27 from a lightning strike.

It continued burning into October, expanding to consume more than 75,000 acres of gnarly forest habitat.

By Oct. 10, Rocky Mountain Area Complex Incident Management Team website for Bighorn National Forest updates described that approximately 15 percent of the fire had been contained through efforts of more than 900 personnel on site, including 10 helicopters, 21 crews, 63 engines, eight dozers, 12 water tenders, and other equipment.

Meanwhile, another fire in northwest Wyoming gnawed at more than 65,000 acres in the Bridger-Teton National Forest.

Like hurricanes and floods, fires don't discriminate on what they take – public and private land alike, structures, homes, livestock, and human lives.

Although many wildlife species have the innate ability to sense danger and move out, not all can and will survive.

Mobilizing is exactly what a wildlife conservation organization has done in response to Wyoming's fires – not only the organization itself, but it's encouraging its members to mobilize for the greater good in an area that may be hundreds of miles away.

The Mule Deer Foundation (MDF), with more than 130 chapters nationwide, including eight in North Dakota, is dedicated to raising \$60,000 by Oct. 31. The funds will not only help restore wildlife habitat, but assist in restoring the lives and livelihoods of ranchers dependent on their own land and grazing leases on public lands.

The plan is to help prevent invasive, non-native grass and forbs species from developing a foothold, provide seed to restore native vegetation, and assist ranchers in rebuilding infrastructure such as fencing.

MDF is matching \$20,000 towards the goal, partnering with Wyoming-based Big Lost Meadery and Azyre Gear (women's outdoor gear company), as well as STIHL power equipment.

The wildlife conservation organization's efforts are an example of the good that can result from the bad. While MDF, like many species-specific organizations, focuses its efforts on habitat conservation, improvements, and rehabilitation, along with conservation education, this effort provides insight into how wildlife and people are intertwined.

Fires hitting many parts of Canada and the United States over the past summer and into this fall not only took wildlife habitat but destroyed vital livestock forage in many areas. Proper livestock grazing benefits wildlife, as well, by helping produce more nutrient-rich grasses.

Managing woody areas to reduce an overabundance of hot, volatile fuel from accumulating dry vegetative debris benefits livestock and wildlife dependent on the area's habitat and protects structures and people, alike.

Once the smoke settles and charred remnants can be assessed for damage, the challenge will be one of rebuilding people's lives and their livelihoods, as well as rebuilding the delicate habitat balance wildlife species depend upon.

It's a challenge that many face across the United States in 2024, including here in North Dakota.

As the cost of the country's natural disasters continues skyrocketing into the billions and billions of dollars and the full realization of the extent of damage from whatever was the source, \$60,000 might not seem like much.

But for people and wildlife in one corner of the U.S., it's a lifeline and at least one wildlife conservation organization stepped up to try to make a difference for the greater good in one state.



BEST SMOKED RIBS & BRISKET IN TOWN!

FRESH SMOKED MADE FROM SCRATCH RECIPES

NOW OPEN • NEW LOCATION
417 NORTH BROADWAY

BONESBBQMINOT.COM

Esprit de Corps: Intramural Sports Build Camaraderie

KERIANNE NOEL, NORTHERN SENTRY

The seasons are getting ready to change at Minot Air Force Base, and not just the weather. One intramural sports season - flag football - is winding down and a new one - indoor/outdoor soccer - is getting ready to begin. "The United States Military has a rich history of Intramural Sports going back to [each service's] inception," says Staff Sergeant Matthew Merrill, the Fitness Center's Sports Program Manager. The base offers a total of five different sports seasons: Volleyball (March-June), Softball (June-August), Flag Football (September-November), Indoor/Outdoor Soccer (November - December), and Basketball (December- February). SSgt Merrill adds that while "participation varies by sport, our most popular season is softball", whose previous season began with 20 teams.

Most teams represent a specific squadron, but intramural sports are open to all active duty, reserve component, DOD civilians, spouses, and dependents age 18+ assigned to Minot AFB. Additionally, if a squadron is not represented, individuals can opt to enter into a player's pool, and are then added to teams that are short players. While most games are held at the end of the standard duty day, the McAdoo Fitness Center will attempt to help schedule individual games around specific events affecting a team's schedule, particularly

when it comes to TDYs, trips to the missile fields or training days.

Not at the top of one's fitness game or new to a certain sport? Not a problem! "Different teams all vary as far as player skill level and competitiveness which influences how often or if at all they practice," says SSgt Merrill, "ultimately the goal of the intramural sports program is building morale within the units with some friendly rivalry and a fun game. Participation is open and encouraged to all regardless of skill level; while winning is awesome, building camaraderie within your unit should be the goal." Despite this, some rivalries tend to emerge naturally. A source close to the sports program shared that the rivalry can get particularly heated when 5th BW defenders face off against their counterparts on the Missile Wing side. And while winners generally vary, the 91st MSOS have been undefeated at softball for the past two years.

As to the current season's sport, Flag Football, it will soon be concluding with playoffs, where bragging rights, trophies, and a chance to be featured on a fitness center wall will go to the first and second place teams. Additionally, a squadron's intramural wins, points, and participation count towards the coveted "Commanders Cup Trophy," which in combination with the fitness center's "Summer

and Winter Games" recognizes the top overall squadron in sports for the year.

"Upcoming and new seasons are typically announced halfway through the current one," shares SSgt Merrill. The current season's coaches as well as squadron's sports representatives are contacted, and they must then identify a new volunteer coach, who assembles their team and gets the necessary Letter of Intent (LOI) for participation signed and turned back in to the Sports Program Manager.

The fitness center staff does a lot to facilitate intramural sports - purchasing equipment, coordinating with contracted referees, managing team schedules, maintaining game areas (to include the filling of the ever-present "dakrat" holes on the fields,) and drafting by-laws. Despite all of this, SSgt Merrill maintains that the most important people in ensuring the season runs smoothly are the players. "I do not come from a sports



2024 Softball Winners 91 MSOS The Sauce

background, and so I heavily rely on all the feedback and suggestions from those participating and implement what I can to make the sports more enjoyable for them." If all goes as planned, this will soon include a new, temperature-controlled venue for competition. Yet to be determined is whether the upcoming soccer season will,

in fact, be the first chance players have to compete under the new dome that has popped up as part of the base's skyline. Regardless of location or weather, the intramural sports program continues to foster unit pride and friendly, base-wide competition.



1st Place Winners LRS A 2024 Volleyball

NOTES ON BEING SAFE

WINTER VEHICLE PREP... GETTING READY FOR ANOTHER COLD MORNING



SSGT JOE VERGARA
5TH BOMB WING
NCOIC OCCUPATIONAL SAFETY



Winter driving can be trying on both the vehicle and its operator. As with many other things in life, preparation is the key to success. A few cold-weather parts and preparatory procedures can make the difference between being stuck in a drift and making it home.

Routine vehicle care is the best way to keep from being left out in the cold. This includes tune-ups and inspection and replacement of worn belts and hoses. Cold weather makes pliable materials stiffer and more brittle. It also makes fluids thicker. With this in mind, people who live in extreme climates often use light-viscosity synthetic lubricants, which work across a wider temperature range than conventional oil. Those who don't want the added expense sometimes use lighter-weight oils in the winter, such as 5W30.

Antifreeze should be kept at approximately a 60:40 coolant-to-water ratio. In extreme conditions, too little antifreeze in the mix can allow the coolant to freeze and crack the engine block. Installing a higher-temperature thermostat, say 195 degrees, will help heater performance and help the engine burn off condensation.

Battery maintenance will also improve cold-weather performance. For batteries that require maintenance, make sure that all cells are full of water. Keep all battery terminals and cable ends clean, and make sure the battery is well grounded.

Several engine-block heating systems are available, both on the OE level and from the aftermarket. Most new vehicles sold in cold country come with factory-installed block heaters that replace one of the engine's freeze plugs or connect to the heater hose.

PRE-FLIGHT CHECK

Perform a general check of brakes, lights, defroster/heater, fluid levels, belts, hoses and exhaust system.

Check the condition of wiper blades and consider upgrading to winter/snow blades. Always "park" blades before turning off the vehicle to minimize chances of sticking to the glass. Better yet, lift blades off the glass overnight.

Check the coolant level and make sure that the radiator has the proper mixture of antifreeze and water.

Check tire inflation to verify optimal tire contact with the road.

Keep the gas tank at least half full. This limits the amount of condensation that can enter the fuel system and also can improve traction, especially in rear-wheel-drive vehicles, by adding weight. Adding gasoline antifreeze to the fuel tank will help protect against fuel-line freezing.

Consider adding weight to the trunk or pickup bed in rear-wheel drive vehicles. Bags of sand both add traction-improving weight and can be dumped on ice to improve traction further. Make sure to secure

the extra weight to the vehicle with motorcycle straps or other suitable restraints.

Before departing, scrape ice and snow from the roof in addition to every window, mirror and light. Never splash hot water on glass to melt ice.

Lube door locks and latches and coat weather stripping with silicone spray to help keep doors from freezing shut.

Prepare for the worst. Put extra winter clothes, blankets and even a sleeping bag in the trunk, take water and food (such as energy bars), pack a flashlight, extra batteries, matches and a first-aid kit. Take along a cell phone if possible.

POC: AIC DE JESUS
amars_da_jesus@us.af.mil

JOIN US AS WE WALK FOR THE MILLIONS OF HUMAN TRAFFICKING VICTIMS ACROSS THE GLOBE.

ABOLISH SLAVERY WITH EACH STEP

WE WILL BE COLLECTING ITEMS FOR 31:8 PROJECT'S BRAVERY BACKPACKS

- BACKPACKS
- BLANKETS
- SOCKS (AGES 2-17)
- SLIPPERS (AGES 2-12)
- REUSABLE WATER BOTTLES
- CRAYONS/COLORED PENCILS/MARKERS
- COLORING BOOKS/JOURNALS

31:8 PROJECT

This is a private organization. It is not a part of the Department of Defense or any of its components and it has no governmental status (501 AF1 24-22)

WALK FOR FREEDOM OCTOBER 19, 2024 THE PURSUIT CHURCH 10:00 - 12:00 REGISTER AT A21.ORG/MINOT

Welcomes you to Minot AFB

Checking & Savings
Online Banking for those on the go!
Loans for Autos, RV's, Life in General

ATM conveniently located at Rockers on Minot AFB.

Minot AFB • 210 Summit Drive
Minot • 1819 S Broadway

nscu.com

NCUA MEMBER

The Army Keeps Rolling Along

HANNAH WATERS, NORTHERN SENTRY

One of my first clear memories is marching in step behind my dad singing my favorite Army cadence “Captain Jack”. I was dressed in Army mini me PT gear and my mom was filming on a camcorder from the corner. From the age of three and a half, I knew what my dad did and knew what weight that held on my life. From singing cadence, to moving houses, to saying goodbye before deployments, my name is Hannah Waters, and this is my life growing up as an Army brat.

The first move I can remember was soon after I graduated kindergarten. We moved from Fort Rucker, Alabama to Fort Campbell, Tennessee. Fort Campbell was a major deployable base. While we were there from 2008-2015, my dad deployed three times. He deployed for two twelve-month deployments and one nine-month deployment. It was always hard watching him go, but my mom made it easier. We would make paper chains 365 links long to rip off as the days passed. One of the best feelings was ripping the last few links, knowing he was almost home. My mom would also make care packages full of photos, voice recordings and arts and craft projects to send to dad. We survived off of Skype calls once a week and any photo we could get our hands on.

Our next move was right after my seventh grade school year had ended. We moved from Fort Campbell, Tennessee to Joint Base Lewis-McCord, Washington. This was by far the greatest adjustment I had made in my life. We were farther away from our extended family than we had ever been, and the military population was not as prominent in the schools. Growing up with my dad in the military I knew how to adapt to my surroundings. In our time at JBLM, or as my family would say, “JBLAM” which may or may not have gotten me laughed at a time or two, everything was different. Dad only deployed once in our three years there. I started high school, learned what alternative boy band was top of the charts (which in 2016 was Panic! At the Disco) and learned that black and flannel were my favorite articles of clothing, queue the twilight soundtrack.

Finally, our last move was from JBLM to Fort Rucker, Alabama. It was in the middle of my sophomore year of high school. By this time my dad was no longer deploying, we moved back to Fort Rucker to make it our home. We found a church, started building a house, and my family happily settled down in the quiet town of Enterprise, Alabama. I graduated high school from there in 2020 and went to college for a few years but I still felt the need to move.

Being an Army brat I started

to get “the itch” my mom calls it. The itch to move, to go someplace new, and to have new stories to tell.

After a few years I decided to join the U.S Army. One thing to note about a father who was Army for 23 years, is when going to him and saying that you are joining, he will try to talk you out of it. The day I told my dad I wanted to enlist he called three of his closest Army friends that all told me the same thing, “Join the Air Force!” Not that the Army is bad, but in my dad’s words, “The Army is great, but you’ll get treated way better in the Air Force.” So, after

a little deliberation, I joined the Air Force in 2023. Going through basic training brought me closer to my dad than I’ve ever been. We can bond over the funniest experience you aren’t allowed to laugh at. Today, I am 2600 miles away from all my family and even though I miss them, there is no place I’d rather be in this moment. I appreciate the experiences I have had as an Army brat. Through my dad’s war stories or funny work anecdotes throughout my life, I learned how to be an Army Soldier, but Army Soldiers are not Air Force Airman, but as always, I have adapted.



Starting from the left, Johnny and Jamie Waters and then in front is Ethan, Hannah, and Owen Waters. This picture is from February 6th, 2011. The family was saying goodbye before Johnny’s second year long deployment.



Johnny Waters and Hannah Waters on June 28th, 2023. Hannah’s graduation from Basic Military Training.



Hannah Waters on June 11, 2011. Improptu photo with the American Flag to send in a care package to dad.



Handcrafted BURGERS



Bold & Crisp SALADS



Tasty SANDWICHES & More


Eatin' Lunch in the Neighborhood™
Applebee's

2302 15th St SW, Minot
www.applebees.com

A LOOK BACK

THIS WEEK IN USAF HISTORY

THE LAST B-52 STRATOFORTRESS COMES TO MAFB
OCTOBER 26, 1962



The last B-52H outside the Boeing assembly line in Wichita (Boeing)

On October 26, 1962, the last B-52 Stratofortress ever produced was delivered to Minot Air Force Base, ND. The H model bomber 61-040 was built by Boeing in Wichita, Kansas, and was the last of an iconic line of 744 B-52 bombers produced between 1952 and 1962. Currently, the USAF has a fleet of 76 active B-52Hs, stationed at MAFB, Barksdale AFB, LA, and Edwards AFB, CA. Despite the thousands of flying hours that they have acquired, the planes are expected to fly until at least 2040 because of meticulous maintenance and the addition of newly evolved military technology. The B-52H has a top speed of 600 mph and 50,000 foot altitude capability. Originally, the plane was utilized as a high altitude nuclear bomber that could penetrate to the heart of the Soviet Union. But, as the decades passed, the B52s adopted new roles such as the delivery of air launched cruise missiles and precision guided munitions. When the last B-52 Stratofortress arrived at MAFB in 1962, nobody guessed that it would someday be flown by the grandchildren of the generation that brought forth one the USAF’s most important bombers.

Information courtesy of: The Air Force Historical Foundation / boeing.mediaroom.com / military.com

FULL SERVICE CATERING

Holiday & Office Parties, Corporate & Private Events and Celebrations





10% OFF ALL MILITARY PERSONNEL
WITH MILITARY I.D.

ORDER NOW!



Local y Owned

NOW OPEN
NEW LOCATION

701-838-9140
BonesBBQMinot.com
437 N Broadway, Minot

CELEBRATE LIFE

SERVING YOU SINCE 1926

304
S MAIN ST
MINOT, ND



THOMAS
FAMILY
FUNERAL HOME

CALL
701-838-2832

WWW.THOMASFAMILYFUNERALHOME.COM

CMSGT CHADICK TOURS THE 91ST MISSILE WING

U.S. AIR FORCE PHOTOS | A1C LUIS GOMEZ AND SRA ALEXANDER NOTTINGHAM



Airmen from the 91st Security Forces Group brief Chief Master Sgt. Travis Chadick, Air Force Nuclear Weapons Center command chief, on the weapon systems utilized by Security Force at Minot Air Force Base, North Dakota, Oct. 3, 2024. Chadick visited to mentor Airmen and learn Minot AFB's unique dual nuclear wing mission first hand.



Airmen from the 91st Security Forces Group brief Chief Master Sgt. Travis Chadick, Air Force Nuclear Weapons Center command chief, on the weapon systems utilized by Security Force at Minot Air Force Base, North Dakota, Oct. 3, 2024. Chadick is the primary adviser to the commander on all matters regarding the readiness, training and professional development of the center's 2,000 Airmen.



Master Sgt. Anthony Hackworth, Air Force Nuclear Weapons Center first sergeant, fires a M-240 weapon in a virtual UH-1 Iroquois simulation at Minot Air Force Base, North Dakota, Oct. 4, 2024. The virtual trainer allows Airmen to train on the M-240 more often and regularly, with no ammunition spent.



U.S. Air Force Capt. Shane Knowles, 91st Operations Support Squadron missileer (left), briefs Chief Master Sgt. Travis Chadick, Air Force Nuclear Weapons Center command chief, during a tour of the 91st Maintenance Group at Minot Air Force Base, North Dakota, Oct. 4, 2024. Chadick is the senior enlisted leader and primary adviser to the commander on all matters regarding the readiness, training and professional development of the Nuclear Weapons Center's 2,000 Airmen.



Airmen from the 91st Security Forces Group brief Chief Master Sgt. Travis Chadick, Air Force Nuclear Weapons Center command chief, on the weapon systems utilized by Security Forces at Minot Air Force Base, North Dakota, Oct. 3, 2024. Chadick visited to mentor Airmen and learn first hand Minot AFB's unique dual nuclear wing mission

<p>EVERYDAY HAPPY HOUR - 3PM - 6PM</p> <ul style="list-style-type: none"> \$2 off All Apps \$3 House Wine & Domestic Pints \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups \$5 Moscow Mule \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps 1/2 Flat Bread Pizza 	<p>DAILY SPECIALS</p> <ul style="list-style-type: none"> Monday \$5 Moscow Mules (all day) Tuesday \$4 ND Breweries (all day) Wednesday 1/2 Price Wine by the glass/bottle (all day) Thursday \$1 up for all Tall Taps (all day) Sunday BRUNCH (11am-2pm) \$7 TSR Bloody Mary & Caesars \$12 Bottomless Mimosas \$6 Breakfast Shots 	<p>FAMILY PACKS</p> <ul style="list-style-type: none"> Monday Pizza Pack Combo Tuesday Sandwich Pack Wednesday Chef Creation* Thursday Pasta Pack <p><small>*Changes Weekly - Check our Facebook Page</small></p>
--	--	--

thestarvingrooster.com

AUTHENTIC JAMAICAN FOOD

NOW OPEN NEW LOCATION

DAKOTA SQUARE MALL FOOD COURT

HOURS

OPEN DAILY 11AM-7PM

TAKE OUT OR DINE IN

Enjoy Wine & Art
in an eclectic environment

Schedule **Private Tastings** for 2 to 20 people
Decide what wine you like and we'll have it ready for you to bottle in 5-8 weeks.

Wine Sales by the bottle or batch

Unique Venue for **Private Parties** of up to 30

Ask about our periodic **Paint & Sip Classes**

6 North Main St, Downtown Minot

Call or Text to schedule appointment 612-919-7448

Find Us On

88.1 FM

Spiritual Nourishment
for Believers
24/7

THE FLOCK
88.1 FM

Supported by friends of Calvary Chapel

10% DISCOUNT FOR ALL MILITARY PERSONNEL

(with valid ID and cannot combine with other offers/discounts)

CULVER'S OF MINOT

3000 S Broadway Minot, ND 58701

701-852-4800

Made in North Dakota Showcase

MARTINA KRANZ, NORTHERN SENTRY

In 1997, Minot held its first Pride of Dakota showcase, and it has been an annual event ever since. Pride of Dakota provides local business owners with the business development resources and marketing opportunities they need to achieve success.

It all started in 1985 when the former Commissioner of Agriculture, Kent Jones, asked a small group of North Dakota businesses and the Department of Agriculture's marketing staff to develop an identifiable state brand so customers would know the products were "Made in North Dakota." The Pride of Dakota program was officially launched the same year with about 20 companies who showcased their goods.

Today, more than 500 companies, from large companies with more than 100 employees to

mom-and-pop stores participate in the Pride of Dakota program. Member companies include food and beverage, manufacturers, publishers, artisans, gift manufacturers, and service providers. Associate members, such as commodity groups, government agencies, educational institutions, and retailers, also support the program.

What makes Pride of Dakota so special is that everything at the showcase is made in North Dakota, so shoppers are supporting their local businesses. Since the showcase is a family event, it also features a booth with children's activities from the North Dakota Department of Agriculture's Ag in Classroom program. Attendees can purchase their favorite North Dakota-made products and find unique products that include gourmet

food and beverages, art, books, jewelry, sporting goods, home décor, apparel (adult and children), pet items, and much more! The food and beverage companies will be offering free samples of their products, and concessions will also be available. Admission is free, and if a customer makes a purchase, they receive a free reusable Pride of Dakota shopping bag (while supplies last). This year, 80 Pride of Dakota companies are showcasing the North Dakota-made products on October 25-26. The shopping hours for Friday, October 25 are 3:00 p.m.-8:00 p.m. and for Saturday, October 26, 9:00 a.m.-5:00 p.m. at the Magic Place (All Seasons) Arena in the North Dakota State Fairgrounds. Come and find unique gifts for family and friends at the Pride of Dakota Showcase!



A sample of the goods available for purchase at Pride of Dakota Showcase at the Magic Place (All Seasons Arena) at the North Dakota State Fairgrounds.



North Dakota entrepreneurs showcase their good and/or services at the Magic Place (All Seasons Arena) at the 2023 Pride of Dakota Showcase at the North Dakota State Fairgrounds.

Come learn about our organization and our affiliated organizations by stopping by before one of our meetings!

MINOT MASONIC CENTER



Come learn about Freemasonry and its community of appendant organizations by attending a meet-and-greet session with our members before one of our regularly scheduled business meetings!

Monthly Business Meeting Schedule • Meet-and-Greets
 Blue Lodge - 1st and 3rd Mondays at 6:00PM
 Shriner's - 2nd Wednesday at 6:00PM
 Scottish Rite - 1st Wednesday at 6:00PM
 Eastern Star - 1st and 3rd Tuesdays at 7:00PM
 Prince Hall - 2nd Saturday at 9:00AM

219 Main St S.
 Downtown Minot
 www.koseligiving.com

LET'S GET COZY

Gift Shop • Handmade Items • Scandinavian Inspired • North Dakota Products • Unique Finds • One of a Kind

KOSELIG
 (KOOSH LEE)
 THE COZY SHOP
 COZY INSPIRED LIVING

Dakota Hope Clinic

UNEXPECTED PREGNANCY SOLUTIONS

- FREE PREGNANCY TEST
- ULTRASOUND EXAM (DETERMINE HOW FAR ALONG YOU ARE)
- PREGNANCY & PARENTING EDUCATION

 dakotahope.org
 315 S Main St #205
 Minot, ND
 Client Line: 701-852-4673

2 Winners Every Week!

BADLANDS RESTAURANT & BAR

WE'LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

\$25.00 Gift Certificate From Badlands Restaurant & Bar

No Limit, Enter As Many Times As You Wish!

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.



SNCO INDUCTION CEREMONY

Full album available on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS
MINOT AFB PA



MEG-A-LATTE COFFEE HOUSE

NEW TO MINOT
LOCATED ACROSS FROM THE AIRPORT
Offering 10% off for all active military, veterans, & first responders.
www.meg-a-latte.com

@megalattcoffee 701-838-8479 2045 N Broadway Suite #100



Come in We're
OPEN

- Bait & Tackle
- Green Mountain Grills
- Toro Mowers
- Milwaukee Tools

Tool Surplus Center
Best prices on tools in the state!

Milwaukee

Rental Equipment Available!

EXCELPPOWERBIKES 26" Step-Thru Fat Tire
• up to 50+ mile range
• max speed 20 MPH

Full-Time Outdoor Power Equipment Mechanic On-Site!
Small equipment in need of repair?
Call us!



1619 HWY 83 NW, GARRISON, ND
Intersection of Hwy 83 & Hwy 37
701.337.2500
find us on [facebook](https://www.facebook.com/hwy83llt)
www.hwy83llt.com

HOURS:
Monday - Friday:
5:30 a.m. - 5:00 p.m.
Saturday:
5:30 a.m. - Noon
Now Open Sunday
8:00 a.m. - 2:00 p.m.

Neighborhood
HERO

NOMINATE A NEIGHBORHOOD HERO

EMAIL SENTRYSALES@SRT.COM
INCLUDE NOMINEES NAME, PHOTO AND THE REASON THEY ARE A NEIGHBORHOOD HERO

SELECTED NOMINEES RECEIVE RECOGNITION IN THE NORTHERN SENTRY AND A \$25.00 APPLEBEE'S GIFT CARD

Doin' Good in the Neighborhood
Applebee's
2302 15TH ST SW, MINOT, ND
APPLEBEES.COM



BLACK AND WHITE RUFFED LEMUR



CREATURE FEATURES

- They quadrupedally (using all 4 limbs) move about in the trees and are often seen suspending themselves upside down by their hind feet to feed on fruit.
- Lemurs are one of the great pollinators of the world! These Lemurs have developed a fascinating relationship with the Traveler's Palm Tree. When they pull apart the bracts of the tree to forage, the pollen sticks to the Lemur's fur and is carried to the next tree.
- Black and White Ruffed Lemurs are one of the only primates to make nests and commonly give birth to twins or triplets.

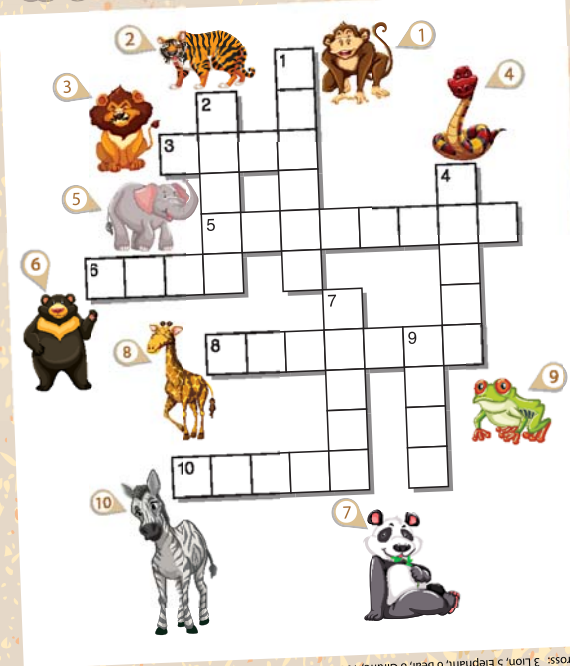
Fact File

Life Span	14 - 16 Years
Weight	7 - 10 pounds
Height	17 - 22 inches
Tail Length	22 - 25 inches
Body Length	20 - 22 inches
Wild Diet	Omnivore Carnivore (Herbivore) Fruit, Leaves, Seeds, Nectar, Flowers

HOURS:
MON-SAT
10AM-3PM

FOLLOW US ON FACEBOOK 
1219 BURDICK EXPY EAST MINOT, ND
www.RPZoo.com • 701-857-4166

WILD ANIMALS CROSSWORD



Answer Key
Down: 1 Monkey, 2 Tiger, 4 Snake, 7 Panda, 9 Frog
Across: 3 Lion, 5 Elephant, 6 Bear, 8 Giraffe, 10 Zebra

UPCOMING EVENTS
BOO AT THE ZOO
OCT 20

MILITARY DISCOUNT
\$5.00 off an Annual Family Pass

Cooling System Tips

Have your antifreeze fluid changed and Cooling System flushed every 30,000 miles or 2 years. Newer formulas, however, may last up to 50,000 miles. To check coolant level, turn the car off and wait for the engine to cool. Locate the coolant reservoir (usually a translucent plastic tank) and eyeball the level of the coolant against the full and low indicators.

Just like human beings, the car needs to dissipate heat in order to avoid overheating and exhaustion. During combustion, the engine produces large amount of heat - about 4,000 degrees Fahrenheit. This is too much for the engine to bear so a cooling system is needed to keep it at a normal temperature. Cars usually overheat due to a damaged part in the cooling system, especially the radiator, the heart of the cooling system. It is therefore necessary that all its auto parts must be in proper working condition to ensure that the whole system works efficiently. Aside from the radiator, the cooling system is composed water pump, freeze plugs, head gasket, thermostat, hoses, heater core, fan clutch and radiator fan. All these auto parts have special roles to perform thus the absence of one could significantly affect the whole cooling process and of course, the engine's performance. Take for example the hose, this may seem to be just an ordinary part but once broken, the coolant can escape and so it's no longer possible for the system to cool the engine. Even just the cap of the radiator is important. It holds the pressure in the cooling system; thereby, affects its stability.

How does the cooling system of your car work? The coolant, which is a mixture of anti-freeze and water, is the one that absorbs the heat from the engine. It is drawn by the water pump from the radiator and is pumped through engine block and the cylinder head to absorb the heat from the engine and its parts. It goes back to the receiving tank of the radiator through the radiator hose. The radiator has tubes that contain large amount of water and has fin area to allow outside air to pass through. As the coolant spreads over the top of the radiator tubes, it transfers heat to the air. The performance of your car is greatly dependent on your cooling system. No matter how gutsy its engine is, it can't work normally without a cooling system. The engine can even be inutile in an instant if it overheats and all other auto parts under the hood can also be damaged. They could melt as the engine burns the fuel inside the combustion chamber and the pistons in the cylinder could expand extremely that they can no longer move to complete the whole process in the engine. Your car can possibly overheat as well. Engine overheating is one of the most common problems auto users encounter. You can avoid this by adding water to your radiator. So if you notice a problem on a particular part in your cooling system, consult the best auto mechanic in town. But if you think the problem is worst, you may as well replace it right away.



Auto Care - Valvoline Instant Oil - Tires
Minot AFB | 61 Missile Ave | 701-727-4141
Minot | 1301 20th Ave SW | 701-837-1301





OIL & FILTER SERVICE

OIL, LUBE AND FILTER SERVICES CONSIST OF:

- REPLACING THE OIL FILTER
- CHECKING THE AIR FILTER
- INSPECTING AND TOPPING OFF ALL FLUIDS UNDER THE HOOD
- OILING ALL FITTINGS
- CHECKING ENGINE FOR HOLES
- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE

\$10 off
VALVOLINE OIL CHANGE





GETTIN' AROUND DOWNTOWN MINOT

A Winery in the Heart of the City



HOPE ANDERSON

It has been said that wine and fellowship are the perfect pairing. The act of sharing a glass of wine can deepen bonds and create lasting memories. Add an intimate and welcoming environment and a business owner with a strong passion for wine making and you have a winning combination. That is exactly what I found when I walked into Urban Winery for the first time.

Eight years ago, Eric Hansen, owner of Urban Winery had a vision for a winery that not only provided an opportunity for wine tasting and bottling, but also a space for artists to display their art. What he didn't anticipate was that the idea would reignite his love of painting and since then, he has lined the walls from floor to ceiling with his own works of art. It creates an environment that is not only inspiring, but intriguing. It is impossible not to scan each room of the winery over and over taking in all the creativity.

Urban Winery offers many different ways to explore and partake in their offerings. One of their most popular options is wine tasting. For thirty dollars per person, a group can schedule a wine tasting with a variety of kinds of wine. It is a perfect time for visiting with friends in a different environment than a typical bar setting. Hansen has over 60 different wines on hand at any given time, which gives people many options for their tastings. Once you have tasted about 6-8 wines, another opportunity is to bottle the group's favorite wine. This process takes another visit after the wine has been given time to ferment and be clarified.

Hansen spoke of some of his favorite times of tastings and bottlings including engagement parties, pre-wedding rehearsal events where the bride and groom bring their families and bottle wine together and placing their engagement photo on the bottle, and holiday events for businesses. He can cater to whatever the gathering is and make the experience as unique as the group.

Recently, Ted and Margie Bolton and Kevin and Jessica Shannon spent an evening at Urban Winery for a wine tasting and subsequent bottling session.

When speaking with Jessica Shannon about their gathering, it was clear that they had a memory making experience. It was a night of conversation, laughter, tasting of delicious wines, and making connections. When they finished the wine tasting, they were asked which wine was their favorite of the night, which was almost impossible to decide, but after much debate, they settled on one kind. They were then able to return a couple of weeks later to bottle the wine they chose together.

Shannon said she loved their time at Urban Winery from start to finish. She said that it would be perfect for anyone looking for something different to do and to be able to spend time with friends. She has a strong belief in supporting local businesses and feels that seeking out the small shops makes for a more interesting experience. She loved the portraits that lined the walls and the feeling of welcome that they felt during their time at Urban Winery.

Urban Winery also offers paint and sip parties. There are a few ways to sign up for one of these events. They post scheduled parties on their social media, which are open to anyone 21+. Another option is to bring a group of friends, co-workers, or family members together and set up a private event. There is no group size minimum and the

room can comfortably fit up to 20 people. What is interesting about this offering is that the entire group doesn't have to paint the exact same design, but instead Hansen gives the painters several templates to choose from to make the decision a little easier and then he helps walk the artists through the process of creation.

Urban Winery is one of the largest recyclers of glass in Minot. To date, Hansen has recycled over 117,000 bottles with the help of the community, who brings him bottles by dropping off in the entrance of the building. Once he has received them, he removes the labels, cleans and sanitizes each bottle, and then puts them to use again. He never purchases new bottles for his wine, but instead uses 100% recycled bottles in his business. It is a full circle process that he is proud of as he feels that glass should never be one time use.

If you are looking for a perfect keepsake art piece, Hansen can also work with you to create a commissioned portrait. These can range from pets to loved ones and even celebrities or others of your choosing. These treasured, one of a kind works of art make excellent gifts or remembrance pieces that will be passed on through the generations. If you are not looking for a custom piece, but want an original painting by Hansen, you can purchase

art from his gallery as well.

Customers can come in any time during business hours to purchase bottles of wine or juice kits to make wine at home. He also sells equipment for wine making. If you are looking to learn something new, buy up a bottle of delicious wine, or partake in a unique event, Urban Winery has a vast variety of services to suit your needs.

Urban Winery is located at 6 North Main St and is open Thursday-Saturday from 5 pm-9 pm and by appointment. All events can be found on their social media including Facebook and Instagram at UrbanWineryND. You can also reach Eric at 612-919-7448. Mention this article and receive 10% off your next visit.

A visit to Urban Winery is a perfect blend of relaxation and education, all savored in every delightful sip.



TAUBE

MUSEUM OF ART

MUSEUM AND GIFT SHOP HOURS
Tues - Fri 10:30 am - 5:30 pm
Sat 11:00 am - 4:00 pm
THERE IS NO CHARGE FOR ADMISSION
WWW.TAUBEMUSEUM.ORG

Nickel & Dodge

Your Trusted Skin Care Experts

14 W Central Avenue
www.nickelanddodge.com

**MILITARY OWNED
AND OPERATED!**

CHECK OUT
DROPZONE

OPEN MONDAY - SATURDAY!
DOORS OPEN AT NOON
DAILY DRINK SPECIALS!
KARAOKE ON TUESDAYS, WEDNESDAYS &
SATURDAYS PLUS DANCING

@DROPZONEMINOT 101 MAIN ST. SOUTH

The Start of Main Street

MAIN MEDICAL

315 South
Main Street
Minot

**RENTAL
SPACES
AVAILABLE**

IPM Property Management
701.852.1157

We buy your gently
loved children's
items & sell them for
new kids to love!

GROW WITH ME

106 Main St S • Minot, ND 701-839-0366
Hours • Mon-Fri: 10AM - 6PM • Sat: 10AM - 4PM

CHAOS GAMES

**MAGIC THE GATHERING, POKÉMON,
YUGIOH, DUNGEONS AND DRAGONS,
WARHAMMER 40K, BOARD GAMES & MORE!**

**WE BUY,
SELL & TRADE**

**RETRO VIDEO
GAMES & CONSOLES
IN STOCK!**

**LOCATED IN HEART OF DOWNTOWN MINOT!
121 MAIN STREET SOUTH • 701-240-6021**

LOOK

AESTHETIC ATELIER

This is where the magic happens

13 2nd Ave SE
lookaestheticatelier.com

**URBAN
WINERY**
EST. 2017

6 North Main Suite 103
612-919-7448

Bray's

Saddlery and
Western Wear

**Full Service Western Store
Since 1927**

215 S Main St.
Minot, ND
701-838-1705

brayssaddlery.com
f @brayssaddlery

**YOUR CULINARY
SUPERSTORE**

Gourmet Chef

EST. 1993
MINOT, NORTH DAKOTA

122 Main St S • 701.839.8928
www.gchef.com

Where Minot gets Engaged

**Lien's
Jewelry**
DOWNTOWN MINOT

CIVILIAN LEADERS VISIT MAFB

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN ALEXANDER NOTTINGHAM



Instructors from the 373rd Training Squadron Detachment 23 missile maintenance team brief a civic leader tour on the Minuteman III Intercontinental Ballistic Missile (ICBM) at Minot Air Force Base, North Dakota, Oct. 3, 2024. The tour allowed Minot AFB to show appreciation for the community's continued support and provide them knowledge on MAFB's mission.



An Airman from the 373rd Training Squadron Detachment 23 missile maintenance team briefs a civic leader tour on the Minuteman III Intercontinental Ballistic Missile (ICBM) at Minot Air Force Base, North Dakota, Oct. 3, 2024.



Minot civilian leaders listen to a brief by 69th Bomber Generation Squadron Airmen on the B-52H Stratofortress at Minot Air Force Base, North Dakota, Oct. 3, 2024. About 30 elected officials, local businesses and community leaders learned about the mission of Minot AFB as part of a community engagement event.



UNDER NEW MANAGEMENT

N.D. Asia

RESTAURANT & LOUNGE





LUNCH SPECIALS

MONDAY-FRIDAY

11AM to 3PM
(except holidays)

\$5 OFF

with Minumun Purchase of \$30.

(Dine-in only, 1 coupon per table. Can not be combined with other any other promotions.)

GET FREE:

2 Fried / Steamed Gyozas / 2 Egg Rolls / 2 Crab Rangoons / 2 Spring Rolls

with purchase of 1 Signature Sushi Roll

(All Day Everyday)
(Dine-in only, 1 coupon per table. Can not be combined with other any other promotions.)

3400 16th St SW, Minot
701-852-1240

Online Order www.ND-Asia.com



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, Oct. 14: 1,838.16 feet above mean sea level (MSL); 14,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Deville Lake elevation: 1,449.41 feet above mean sea level (MSL). Stump Lake elevation: 1,449.39 MSL.

- N.D. Game & Fish Dept. game wardens: No new reports.
- Devils Lake, Ed's Bait Shop, Devils Lake: No reports.
- Devils Lake, Woodland Resort, Devils Lake: No many reports but look for numbers of small walleye. Sort through catches for the keepers.

• Lake Darling, Karma C-Store, Ruthville: Lake Darling closed to boat fishing and paddle craft with shore-fishing at designated areas.

• Lake Metigoshe, Four Seasons, Bottineau: Limited anglers on the lake but those going continue finding some nice-sized walleye.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Not many anglers on the east end of Lake Sakakawea but those going out continue finding a few walleye around Douglas Bay working deeper in at least 40 feet. Be sure to keep any fish taken from that depth, however. Also try Shell Village farther west.

• Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: West end of Mallard Island producing some walleye in 30 to 40 feet on the east end of Lake Sakakawea but limited angler numbers. Lake Audubon's annual fall elevation draw-down into Lake Sakakawea begins next week.

• Lake Sakakawea, New Town: Tough walleye success in the Van Hook Arm.

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Volunteers needed to help with Minot Curling Club's Youth Curling from Jan. 12 through March 2, 2025, 10 a.m. to 11 a.m. Go to the club's website, (www.minotcurling.com) for contact information.

• N.D. Game & Fish Dept. free PLOTS, Private Land Open to Sportmen, guides with maps available for download on their website, (gf.nd.com). Printed copies available at select vendors and Game & Fish Dept. offices.

- Oct. 26: Evening Hike Series, Halloween Hike, Fort Stevenson State Park, 7 p.m.



• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Limited angler numbers on the Missouri River and Lake Sakakawea.

• Missouri River tailrace producing some salmon from shore in the morning and evening hours with a few catfish and walleye mixed in.

• Boat anglers continue finding small walleye down river. Look for a mix of salmon, walleye, and catfish in the chutes. Try Scoria, Government, and Marina bays from shore for salmon using a variety of presentations on the east end of Lake Sakakawea. Work at least 30 feet off the flats and deep points with jigs or crankbaits for walleye, wind permitting, on the east end of Lake Sakakawea with better success farther west.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers producing nice walleye activity. Try crankbaits for the first mile or so up the Yellowstone River, switching to jigs and minnows farther upstream.

• Lake Sakakawea, New Town: OK walleye success using jigs or

Lindy rigs with minnows around Lund's Landing on the upper end of Lake Sakakawea. Some pike moving into the larger bays on the lake, as well.

• North-central/central N.D. lakes, Townner Hdwe. Hank, Townner: No new reports.

Hunting:

• Cranes: More flocks starting to move through in NW and west-central N.D. including along the east end of Lake Sakakawea.

• Pheasant: Good opening weekend success but grouse numbers still remain low.

• Swans: A few more tundra swans starting to move into the state along the northern tier.

• Waterfowl: A few snow geese moving into NW N.D. with nice numbers of white-fronts still in the area.

Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

• Report All Poachers: (701) 328-9921.



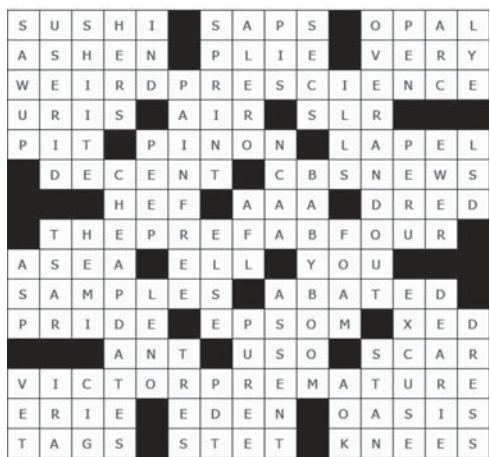


Fish North Dakota's Premiere Ice Fishing Lake

701-662-5996
WOODLANDRESORT.COM

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

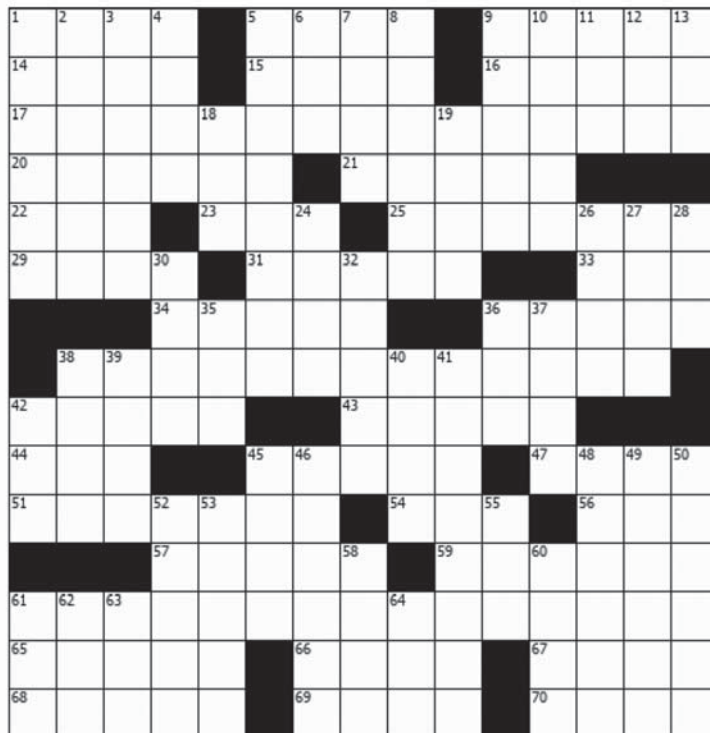
Solution to puzzle on page B9

	1			2		3	4		
	4		1		5	6			
7	8				6	9			
1				3				6	
	9							5	
	6			7					2
		2	4					1	7
		1	8		3			9	
	5	6		1				8	

CROSSWORD PUZZLE

Across

- 1. Need liniment
- 5. Richard Purdy Wilbur, for one
- 9. Trumped-up
- 14. Jettison
- 15. Restless yearning
- 16. Bermuda border
- 17. Position of the happy-go-lucky?
- 20. Make restorations
- 21. Kind of personality
- 22. Common verb
- 23. "Annabel Lee" author
- 25. Sidekicks
- 29. Talkative starling
- 31. Got under one's skin
- 33. Genetic material
- 34. Chain of mountains
- 36. In the offing
- 38. Position of the desperate?
- 42. Fracas
- 43. Prepared an apple for baking
- 44. It's tiny and charged
- 45. Wedding party member
- 47. Falling-out
- 51. Item in a doctrine
- 54. Dance maneuver
- 56. Greek letter
- 57. WWII predator
- 59. Limited in size or scope
- 61. Position of the sensible?
- 65. Lead off
- 66. Banjo player Scruggs
- 67. Russian monarch, once (Var.)
- 68. Sardonic style
- 69. Rock and roll
- 70. Wriggly and hard to grasp



Down

- 1. Hindu retreat
- 2. Bright and pleasant
- 3. Angels' bailiwick
- 4. Icelandic poetry collection
- 5. Zero in on
- 6. Slugger of 511 career homers, Mel
- 7. Yodeler's feedback, perhaps
- 8. From that place
- 9. An edition of Shakespeare's plays
- 10. Snack for a squirrel
- 11. Romanian money
- 12. Pretty pitiful
- 13. Printer's measures
- 18. Little rascal
- 19. Part of a hand
- 24. Therefore
- 26. Object of worship
- 27. Organic compound
- 28. Parked oneself
- 30. Sole's curve
- 32. Two-masted vessel
- 35. Wanted poster abbreviation
- 36. Disbelief
- 37. Short-lived crazes
- 38. Uncouth fellow
- 39. Top-notch
- 40. Worked in the garden, in a way
- 41. In a misguided way
- 42. Up on the latest trends
- 45. Fairy tale's second word
- 46. Says for the record
- 48. Read with great care
- 49. Off-key
- 50. Showy and cheap
- 52. Interrupt
- 53. Jet black
- 55. Golf score to shoot for
- 58. Put in the defroster
- 60. Learning method
- 61. Where Hoover ruled
- 62. Auction end
- 63. Id companion
- 64. Slice of history

HAVE FUN AS A VOLUNTEER AT

ROOSEVELT PARK ZOO

Minot Air Force Base has been among our top volunteer groups for several years donating more than 2,500 hours of community service in the last five years. Thank you for making Roosevelt Park Zoo a premiere destination.

FOLLOW US ON FACEBOOK

1219 BURDICK EXPY EAST MINOT, ND
www.RPZoo.com • 701-857-4166

THIS PAGE IS SPONSORED BY:

THE IRONHORSE KITCHEN + BAR

HOURS:
MONDAY - THURSDAY 11AM - 12AM
FRIDAY & SATURDAY: 11AM - 1AM

21 E CENTRAL AVENUE
DOWNTOWN MINOT

701.852.8183

STARTS FRIDAY AT OAK PARK THEATER

FOR SHOWTIMES VISIT WWW.OAKPARKTHEATER.NET

SPEAK NO EVIL
(2024) Psychological Drama/Horror/Thriller, (R)

REAGAN
(2024) Biography, Drama, History, Docudrama (PG-13)

RENT THE THEATER FOR EVENTS!
CHECK OUR WEBSITE FOR MORE INFO

HAROLD AND THE PURPLE CRAYON HELD OVER
(2024) Adventure, Animation, Comedy, Family, Fantasy (PG)

DESPICABLE ME 4 HELD OVER
(2024) Animation, Adventure, Comedy, Family (PG)

1500 4TH AVE NW, MINOT, ND

CHURCH DIRECTORY

Chapel Services at MAFB

North Plains Chapel
290 Peacekeeper Pl
(across from North Plains Elementary School)

Protestant Community Service Times:
Traditional Service 9:00am
Breakfast Fellowship 10:00am
Contemporary Service 11:00am
(Holy Communion 1st Sunday)
Children's Church available

Northern Lights Chapel
230 Missile Ave
(across from Rockers)

Catholic Mass
Sunday 1000
Daily Monday-Friday 1200

Open Circle (Wiccan/ Neo-Pagan)
1000 on 1st & 3rd Saturdays

Hof (Norse Pagan)
1700 on 2nd & 4th Wednesdays

St. Peter The Aleut Eastern Orthodox Church

109 6th St. SE Minot • 838-3094

Saturday, October 19
5PM, No Vespers

Sunday, October 20
Prayer Service

Bread of Life

Welcoming, deepening, and serving in faith for all of God's people

SUNDAY 10AM
(SUNDAY SCHOOL DURING WORSHIP)

WEDNESDAY
COMMUNITY MEAL 5:15PM
WORSHIP 6PM
CHILDREN AND YOUTH FAITH FORMATION 6:45-7:30PM

SATURDAY 5PM

WWW.BREADOFLIFEMINOT.COM

Trinity Church

An Evangelical Free Church
3500 4th St. SW • 839-5127
(Just North of Super Wal-Mart)

Sunday School & Fellowship 9:00 a.m.
Worship 10:30 a.m.

www.trinitychurchminot.org

Bible Fellowship Church

Worship Service
10:45am Sundays

Sunday School
9:45am

Vincent United Methodist Church

1024 2nd St. SE • 838-4425
Behind Town & Country Shopping Center
Come As You Are!

Sunday School 9:00 a.m.
Sunday Worship Service 10:00 a.m.
Fellowship 11:00 a.m.

Pastor Mark Ehrmantraut
www.vincentumc.com

Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com

Pastor Rick Craig
701-838-1540

Sunday School (All Ages): 9:45 a.m.
Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.

Cornerstone Presbyterian Church

1000 NE 3rd Street 852-0315

Sunday Schedule
Contemporary Worship 9:00am
Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule
Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm

All are Welcome!
www.cornerstoneminot.com

GriefShare

Grief Support Group meets Mondays at 7:00pm

Contact Duane Deckert:
701-838-0916 or
biblefellowship@srt.com
www.griefshare.org

1720 4th Ave NW, Minot 838-0916
MinotBibleFellowship.org

Immanuel Baptist Church

1615 2nd St. SE www.ibcminot.org 701-839-3694

SUNDAY 9:00am Coffee Fellowship 11:30am Soup Kitchen
WEDNESDAY 9:15am Sunday School 5:30pm Family Supper
10:30am Worship 6:30pm Adult Bible Study, IBCY, Kids' Club

Pastor Brian Keithline

Christ Reformed Church

Worship 11:00 a.m. Sunday
234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
Tuesday 5:15 p.m.
Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com

First Lutheran Church - ELCA

120 5th Ave. NW 852-4853

Sunday Worship 9:30 am

www.firstlutheran.tv
(Live Stream & Recorded)
Radio Broadcast KRRZ 1390AM
Sunday 9:30 am
www.flcminot.com

Pastor Brandy Gerjets • Pastor Ellery Dykeman

SGI-USA Buddhist Group In Minot

Meets monthly

Email: bispsych@yahoo.com
Phone: (701) 838-9348

JOURNEYCHURCH ASSEMBLY OF GOD

1805 2nd St. SE 838-1111

Sunday Services
8:00 am | 9:30 am
11:00 am

Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Evening 7:00 p.m.

Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
Pastor David Miller

Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
Sunday Worship 11 a.m. & 5:30 p.m.
Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Gabe McCormick- Pastor

415 28th Ave SE (Behind Menards)
838-1873

West Minot Church of God

Family Worship Center

1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
Sunday Worship 10:30 a.m.
Children's Church & Nursery
Wednesday Family Training Hour
Meal 5:30p.m.
Classes for All Ages 6:30 p.m.
Youth Center, Friday 7:00 - 11:00 p.m.
ABC Child Care Center 852-6352

westminot.com
facebook.com/westminot

St. Mark's Lutheran Church Missouri Synod

Sunday Divine Service 9:30 AM
Morning Bible Study and Sunday School 11:00 AM
Wednesdays
Kid Connection 6:00 PM

Reverend Philip Beyersdorf
2209 4th Avenue NW, Minot, ND 839-4663
www.minotstmarks.com
Join us on facebook

First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org

Classic Worship Service 8:30 a.m.
Sunday School (All Ages) 9:45 a.m.
Contemporary Worship Service 9:50 a.m.
Adult Sunday School 11:00 a.m.
Contemporary Worship Service 11:05 a.m.
Children's Church 11:05 am.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot
Located off Hwy 83 Bypass West
(701) 838-0609

Saturday School 2:00 p.m.
Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor

Grace Baptist Church of Minot

A Reformed Baptist Church

Sunday Service: 4:00 p.m.
at Living Word Lutheran bldg
710 46th Ave NE, Minot

Web: gbcminot.com
E-mail: gbcminot@gmail.com

RADIO BROADCAST
KFLK 88.1 FM- The Flock
8:30 a.m./p.m. Sat/Sun

OSLC

where faith & life meet

OUR SAVIOR LUTHERAN CHURCH
3705 11th St. SW
Minot, ND 58701
701-852-6404
www.oslcminot.com

Pastor Heath Trampe
Rev. Rick Jones

Sunday Worship
8:15am Traditional Service
9:30am Contemporary Service
9:30am Sunday School & Adult Bible Study
11:00am Contemporary Service (w/Livestream)

Wednesdays 6-7pm
Adult Choir
OSKids (age 4-5th grade)
Confirmation (grades 6-8)
Psalm23Teens (6-8pm)

To Advertise your Church in this space.

Call 839-0946

Only \$9.00 a space / per week

OUR REDEEMER'S CHURCH

A Church of the Lutheran Brethren

Sundays:
Worship 9:00 a.m. & 11:00 a.m.

700 16th Ave SE • 701-838-0750

For more information visit us on the web at:
www.ourredeemers.org

ORCS Preschool

Our Redeemer's Christian School's Preschool Program will be starting its 37th year the fall of 2024 and we would love to have your child be a part of it!

HIGHLIGHTS OF OUR PROGRAM

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.
701.839.0772
Email: jschultz@orcsknights.org
Website: www.orcsknights.org

Gospel Tabernacle Community Church

9999 27th St NE
4 miles south of MAFB
James W. Henderson
Anna B. Henderson

Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship.. 11 a.m.
Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed)..... 7 p.m.
Prayer (Friday) 7 P.m.

ADVERTISE YOUR Church

Advertise FOR ONLY \$9 PER WEEK

Revisions MADE UPON NOTICE FROM THE CHURCH

Deadline TUESDAYS BY NOON WEEK OF PUBLICATION

CONTACT US
call 701-839-0946
email NSADS@SRT.COM

VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM

OUR REDEEMER'S CHURCH

OUR KNIGHTS

Our Redeemer's Christian School
700 16th Avenue SE
Minot, ND 58701
info@orcsknights.org • 701-839-0772
www.orcsknights.org

Making Waves: Winter Fun Awaits at the Indoor Pool

NATALY ZARRELLA, NORTHERN SENTRY

It might be getting cold outside but don't put away your swimsuit yet! The Outdoor Recreation Center has officially opened its Indoor Pool, located within the McAdoo Fitness Center, providing a much-needed recreational option for base personnel and their families during the winter months. Given North Dakota's frigid temperatures, outdoor swimming becomes impractical, making this facility a welcome addition for those looking to maintain their aquatic activities.

The indoor pool is designed to cater to a variety of swimming needs. Whether you are a lap swim enthusiast or just want to jump in the pool and have some fun. The indoor pool configuration allows patrons to enjoy the water simultaneously, enhancing the overall experience for all types of swimmers. For those interested in lap swimming, the pool offers two designated lanes on a first-come, first-served basis. The free swim area has a basketball hoop, a small slide and a 25 meter area to swim and enjoy the water.

Want to get your children out of the house this winter, let the indoor pool be the place to be this winter. Access to the pool is open to individuals of all ages, although there is an important policy in place for younger swimmers. Anyone under the age of 18 must be accompanied by a parent or guardian. Bring the kids, let them

have some fun, burn some energy and make some great memories. According to Mrs. Kailey Cisneros, the Aquatics Director at Minot AFB, "No special events such as parties can currently be hosted at the indoor pool but the possibility is under consideration for the future". The management recognizes the potential for the pool to serve as a vibrant community space for celebrations and gatherings, which could further enrich the recreational offerings at the base.

Lifeguards will be on duty during the pool's operating hours, which are from 6:00 AM to 2:00 PM, Tuesday through Friday, and 9:00 AM to 4:00 PM on Saturdays.

Lifeguards must be on duty in order to open the indoor pool and may be closed if one is not available. It is important to note that the indoor pool will be closed on Sundays, Mondays, and all federal holidays.

The opening of the Indoor Pool at the McAdoo Fitness Center is expected to enhance the quality of life for Minot Air Force Base personnel and their families, providing a safe haven for aquatic activities year-round. As the facility evolves, it promises to become a key resource for health, fitness, and family recreation within the community.



Indoor Pool hours Tue- Fri 6 AM-2 PM and Sat 9 AM- 4 PM



The Indoor Pool is located inside the McAdoo Fitness Center.

HELLO BABY

<p>BABY GIRL BORN ON FRIDAY, OCTOBER 04, 2024 TO: KAITLYN AND CARLOS RAMOS MINOT AFB, ND</p>	<p>BABY GIRL BORN ON MONDAY, OCTOBER 07, 2024 TO: MALLORY AND JAYCE MOORE MINOT AFB, ND</p>
<p>BABY BOY BORN ON SATURDAY, OCTOBER 05, 2024 TO: SHAKEERA AND BENJAMIN MILLER MINOT AFB, ND</p>	<p>BABY GIRL BORN ON TUESDAY, OCTOBER 08, 2024 TO: MOLLY MANTZ AND KURT LILLEY MINOT, ND</p>
<p>BABY GIRL BORN ON SATURDAY, OCTOBER 05, 2024 TO: KELSEA WROBEL AND JACOB KAJUNE MINOT, ND</p>	<p>BABY BOY BORN ON SATURDAY, OCTOBER 12, 2024 TO: HAILEY AND LUCAS ROBERTSON MINOT, ND</p>

If you wish to put a photo of your baby in the Northern Sentry, please send it to nsads@srt.com. Please include your name and the birth date of your baby.

Musik Worx

D.J. & Photo Booths

jeremymork@yahoo.com

25% MILITARY DISCOUNT

LET'S PARTY

Birthday Party

\$300 Package

- Admission for up to 20 people
- Party room access for 2 hours
- T-shirt & pin for birthday child
- 10% off for members & military

Scan for more information

magiccitydiscoverycenter.com/birthdayparties

701-858-7529

Party Room

FROM KID'S BIRTHDAY PARTIES
TO GIRLS NIGHT OUT, OR
TEAM BUILDING!

We have a party space available for all of your fun!
Call for details!

109 South Main St. Minot 701.837.8555

BOOK YOUR PARTY!

BIRTHDAYS, GAMING PARTIES,
PRIVATE MOVIE EVENTS,
FAMILY GATHERINGS

Monday-Thursday
Time Slots Available:

- 10 AM-12:30 PM
- 1 PM-4 PM
- 6 PM-10 PM

Email for details:
alatoakpark@gmail.com

WWW.OAKPARKTHEATER.NET

Birthday PARTIES

X-TREME OR OPEN BOWLING

SUPER PARTY

• 2 Hour Party for up to 10 People

• Shoe Rental

• Pop and Ice Cream

\$200 (TAX INCLUDED)

\$10 for each additional person

MEGA PARTY

• 2 Hour Party for up to 10 People

• Shoe Rental

• 2 - 16" Pizzas, Pop and Ice Cream

\$230 (TAX INCLUDED)

\$10 for each additional person

Additional \$10 for X-treme Bowling

ALL PARTIES INCLUDE:
Bowling, Shoe Rentals,
Pop and Ice Cream

1901 NORTH BROADWAY MINOT, ND
NORTHMILLBOWL.COM

FOR RESERVATIONS PLEASE CALL **852-4108**

MINOT AFB HOSTS STAFFDEL

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS LUIS GOMEZ



Team Minot Airmen assigned to the 5th Munitions Squadron, U.S. Air Force Col. Jesse Lamarand, 5th Bomb Wing commander, and the Congressional Staff Delegation (STAFFDEL) pose for a group photo in front of a B-52H Stratofortress at Minot Air Force Base, North Dakota, Oct. 2, 2024. STAFFDELS are crucial because members of Congress frequently depend on their insights and recommendations when making decisions about key legislative matters.



U.S. Air Force Col. Jesse Lamarand, 5th Bomb Wing Commander (left), and U.S. Air Force Col. James Schlabach, 91st Missile Wing commander (center) greet the Congressional Staff Delegation (STAFFDEL) at Minot Air Force Base, North Dakota, Oct. 2, 2024. A STAFFDEL is a group of staff members from a committee or personal office of a member of Congress.



U.S. Air Force Col. Jesse Lamarand, 5th Bomb Wing commander and U.S. Air Force Col. James Schlabach, 91st Missile Wing commander, provides a welcome brief to Congressional Staff Delegation at Minot Air Force Base, Oct. 2, 2024. The brief covered information about Minot AFB and its vital mission of deterrence.



The Congressional Staff Delegation (STAFFDEL) is given a B-52H Stratofortress static tour at Minot Air Force Base, North Dakota, Oct. 2, 2024. The STAFFDELS were given an extensive tour of the base and learned about the mission it serves.

NOW PLAYING

MINOT SYMPHONY ORCHESTRA

PRESENTS

STRANGER IN PARADISE

OCT. 26, 2024 • 7PM • ANN NICOLE NELSON HALL AT MSU

COMING SOON: Dec. 14 2025: Feb. 8 • March 22 • May 3



ND PREMIERE
SECRET GARDEN BY IVY KOCHER
 YOUNG COMPOSER COMPETITION WINNER
PIANO CONCERTO BY GRIEG
 ODA VOLTERSVIK, NORWEGIAN PIANIST

SELECTIONS FROM THE BALLET GAYANE BY KHACHATURIAN
 FROM 2001 SPACE ODYSSEY

POLOVTSIAN DANCES FROM "PRINCE IGOR" BY BORODIN
 FROM STRANGER IN PARADISE WITH MHS & MNHS CHOIRS

*VIDEO WILL NOT BE PART OF THIS PERFORMANCE.

2024-2025

MINOT SYMPHONY ORCHESTRA

Efraín Amaya - Music Director



Enter code **MILITARY** to receive a \$5 discount on adult tickets for active duty military.

701-858-4228 • www.minotsymphony.com

Exciting Fall and Winter Events at the Magic City Discovery Center

MAGIC CITY DISCOVERY CENTER

As the air turns crisp and the holidays approach, the Magic City Discovery Center is buzzing with activities for both children and adults. We invite you to join us for a packed schedule of fun, educational, and creative events running from October through the winter months. Here's a sneak peek of what's in store:

OCTOBER HIGHLIGHTS:

- **Tiny Thinkers** (Oct 10, 17, 24, 31, 10:30 AM, all ages welcome): Our popular program for toddlers and preschoolers continues every week, offering hands-on learning and fun.
- **Spooky Science & Art** (Oct 9, 2-4 PM, ages 4-9): A hauntingly fun afternoon of experiments and creative Halloween crafts.
- **Feature Friday** (Oct 11, 3:30-5:30 PM, all ages welcome): Meet real firefighters and craft your very own Juicebox Firetruck! An exciting day for curious kids.
- **Ink & Imagination** (Oct 17 & 18, 10 AM-12 PM, ages 4-9): Explore the art of storytelling in this two day, collaborative illustration and writing class.
- **Chopped! Halloween Edition** (Oct 26, 12-2 PM, ages 5-14): An artistic twist on the cooking show, only this time with a SpooKy twist!
- **Sensory Night** (Oct 21, 4-5:30 PM, all ages welcome): In collaboration with Chatter Pediatric Therapy, this event is tailored to children with sensory processing needs.

NOVEMBER ADVENTURES:

- **Adult Sip & Craft** (Nov 8, 6-8 PM, ages 21+): Grab a drink and get into the holiday spirit by creating the ugliest Christmas sweater in our first "Crafting Through the Cold" of the season.
- **Eric Carle Class** (Nov 11, 10 AM - 12 PM, ages 4-9): Inspired by the beloved author and illustrator known for his vibrant, textured artwork, this class offers a creative

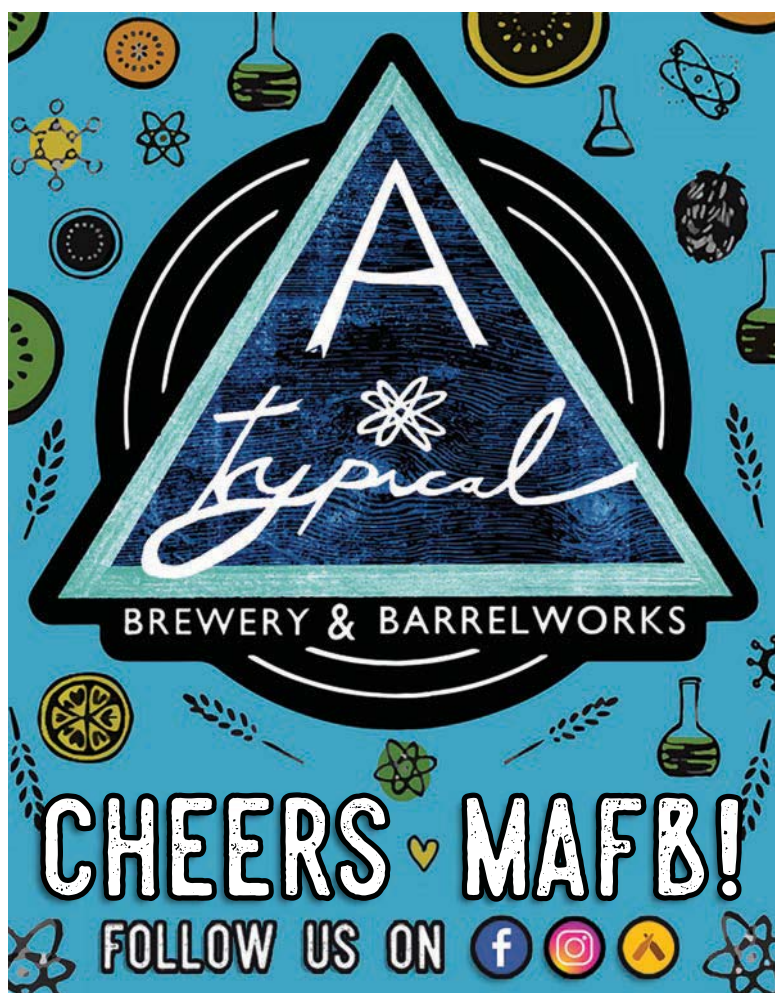
exploration of collage and printing techniques.

- **Sewing Machine Basics** (Nov 11, 9 AM - 12 PM, ages 10-18): Learn the ins and outs of sewing machines and start your own projects.
- **Chopped! Holiday Edition** (Nov 20, 2-4 PM, ages 7-14): Another round of Chopped at the Discovery Center! An artistic twist on the cooking show, only this time with the magic of the Holiday Season!

DECEMBER FESTIVITIES:

- **Kids Gift Make & Take Sessions** (Dec 7, 12-4 PM, ages 4-16): Get creative and join us for a festive 45-minute crafting session where kids can create delightful holiday gifts to give to family and friends!
- **Tiny Thinker - SANTA!!!** (Dec 12): A special Storytime where Santa himself will be joining the fun.
- **Adult Sip & Craft** (Dec 13, 6-8 PM, ages 21+): Celebrate Friday the 13th with "The Nightmare before Christmas" themed crafts at this session of "Crafting Through the Cold!"
- **Grinch Labs Mini Camp** (Dec 27, 12-4 PM, ages 4-9): A mischievous afternoon of exploring the science behind the classic holiday movie, "How the Grinch Stole Christmas!"
- **Engineering Minds: Coding & Robotics** (Dec 27, 12-4 PM, ages 10+): explore coding fundamentals and create codes for our Dash robots to follow!

Whether you're looking for engaging activities for kids or a creative outlet for yourself, there's something for everyone this season at the Magic City Discovery Center. Mark your calendars, and we look forward to seeing you at our events! For more information or to register, visit our website or call the center directly.



SPOOKY SEASON IS NOW AMONG US

It's here! The trendy time of year where leaves fall, pumpkin spice everything resurfaces, and all North Dakotans cross their fingers for an Autumn season instead of heading straight into Winter. The Northern Sentry has compiled a community calendar glimpse for ALL the October/Halloween events going on in ONE place! Yep, everything on and off base, for kids and adults, is right HERE! Take a look, pick out the events for you and have some FUN before the cold and darkness take over.....Muahahah!

SATURDAY, OCTOBER 19

Business Hours Daily 4:00pm - 6:00pm 8:00 pm - 11:55 pm	Haunted Stacks starts Trunk or Treat Hocus Pocus Halloween Pub Crawl	Minot AFB Library Gymagic Gymnastics Downtown Minot	Free Free \$
---	--	---	--------------------

SUNDAY, OCTOBER 20

11:00am - 2:00pm	Boo at the Zoo	Roosevelt Park Zoo	\$
------------------	----------------	--------------------	----

THURSDAY, OCTOBER 24

6:00pm 5:00pm - 6:30pm	3rd Annual Trunk or Treat Hall-O-Ween (Dakota Elementary Students/Families)	Kiddie Korral 2.0 Dakota Elementary	Free Free
---------------------------	---	--	--------------

FRIDAY, OCTOBER 25

10:00am - 12:00noon 6:00pm - 9:00pm	Trick or Treat Downtown (Preschoolers) Fright Night! Late Night	Downtown Minot Youth Center	Free \$/Register by 10/22
--	---	--------------------------------	------------------------------

SATURDAY, OCTOBER 26

10:00am - 12:00noon 11:00am - 3:00pm 12:00noon - 2:00pm 2:00pm 3:00pm	Trunk or Treat Harleyween Chopped: Halloween Edition Pups and Pints (Halloween Pet Portraits) Bethany Lutheran Church	Ryan Nissan Magic City Harley Davidson Magic City Discovery Center Atypical Brewery Truck or Treat & Food Drive	Free Free \$/Register \$ Food Bank Donation
---	--	---	---

SUNDAY, OCTOBER 27

8:30am - 12:30pm 2:00pm - 4:00pm 2:00pm - 4:00pm 6:00pm	CandyPaloosa Halloween Party Halloween Celebration Skate and Scare Movie Skate	The Pursuit Minot Minot Moose Lodge Pioneer Village, Burlington MAYSA Arena Pepsi Rink	Free/Register Free Free \$
--	---	---	-------------------------------------

WEDNESDAY, OCTOBER 30

4:00pm - 6:00pm 4:00pm - 5:00pm 5:00pm - 8:00pm 5:00pm - 8:00pm 6:00pm - 8:00pm 6:00pm - 8:00pm	Trail of Treats 91 SFG & 5 SFS Trunk or Treat (EFMP Families) 91 SFG & 5 SFS Trunk or Treat (Open to Everyone) 91st OG Hall-O-Ween Trick or Treat Spooky-Con Spooky Halls Trick or Treat	5th Medical Group Defender Dome Defender Dome 546 Minuteman Drive Youth Center Robertson Counseling	Free Free Free Free Free Free
--	---	--	--

THURSDAY, OCTOBER 31

Business Hours 10:00am - 11:30am 4:00pm - 8:00pm 5:00pm - 7:00pm 5:00pm - 7:00pm 6:00pm - 7:30pm	Haunted Stacks ends Trick or Treats Trick or Treat Trick-or-Treat Spooktacular Halloween Fun Night Indoor Trunk or Treat	Minot AFB Library The View Assisted Living Scheels Minot MSU Dome Minot Family YMCA Cornerstone Church	Free Free Free Free \$ Free
---	---	---	--

SATURDAY, NOVEMBER 2

6:00pm-12:00am Daily	Nightmare Haunted House Ends	Downtown Minot	\$
----------------------	------------------------------	----------------	----



GET YOUR HALLOWEEN EVENT LISTED

Please email event details to: nsads@srt.com

*Events are compiled based on public knowledge. The Northern Sentry is not responsible for time changes/event cancellations. Please verify date/time before heading out to each event.

YOUTH IN ACTION

The Importance of Enrichment Programs and After-School Activities

Last week, I was privileged to experience the final middle school swim meet for Minot Public Schools. The schools were Jim Hill Middle School and Ramstad Middle School. However, there was representation of our very own Memorial Middle School. This prompted the thought of how important it is for our students to be engaged in enrichment and after-school programs at their local school.

In today's fast-paced world, after-school and enrichment activities play an important role in a child's development. They offer opportunities for growth, learning, and family bonding. For children, participation in these activities fosters new skills, builds self-esteem, and exposes them to experiences beyond the classroom. Whether it's arts, sports, STEM clubs, or tutoring sessions, these programs allow children to explore interests, develop social skills,



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL
LIAISON PROGRAM



and strengthen their academic performance.

Additionally, family involvement in school programming and after-school activities can also elevate the benefits. When parents or guardians engage in their child's enrichment or after-school they demonstrate the value of learning and personal growth. This involvement also helps create a support system, boosting a child's confidence and reinforcing the importance of commitment and

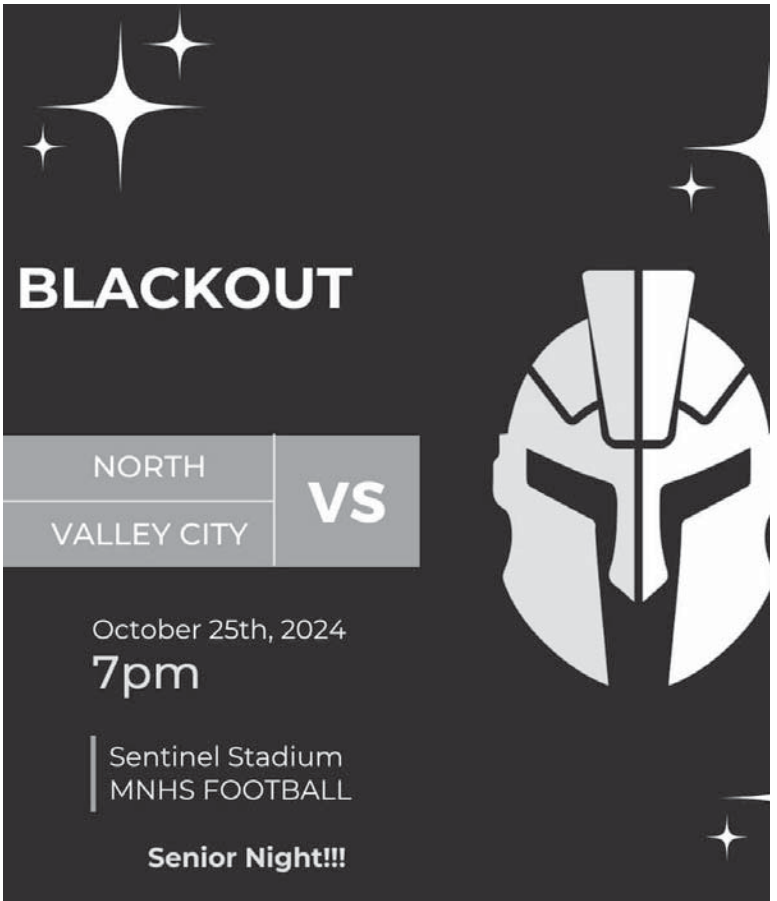
responsibility.

If your child participates in enrichment or sports activities at our Minot AFB Schools and there is a desire to highlight their participation, please send a photo and brief description of the activity, and accomplishments to mafb.school.liaison@us.af.mil.

I will work with Minot Air Force Base Northern Sentry to ensure these students and their experiences are highlighted!



Congratulations to the Ramstad Middle School and Jim Hill Middle School for a successful swim season in Minot!



BLACKOUT

NORTH VALLEY CITY VS

October 25th, 2024
7pm

Sentinel Stadium
MNHS FOOTBALL

Senior Night!!!



MIMEXICO

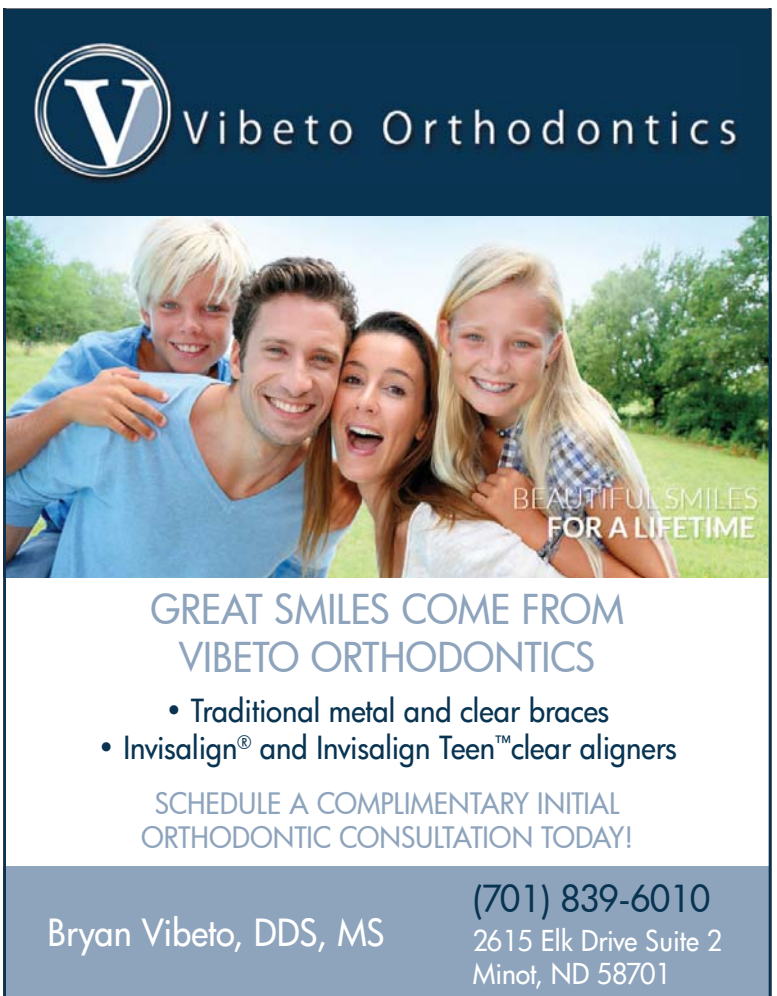
AUTHENTIC MEXICAN FOOD

CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!

MON-THUR 11 AM TO 10 PM
FRI-SAT 11 AM TO 10:30 PM
SUN 11 AM TO 9 PM

3816 SOUTH BROADWAY, MINOT, ND
701-858-0777

WWW.MIMEXICOMINOTND.COM



Vibeto Orthodontics

BEAUTIFUL SMILES FOR A LIFETIME

GREAT SMILES COME FROM VIBETO ORTHODONTICS

- Traditional metal and clear braces
- Invisalign® and Invisalign Teen™ clear aligners

SCHEDULE A COMPLIMENTARY INITIAL ORTHODONTIC CONSULTATION TODAY!

Bryan Vibeto, DDS, MS (701) 839-6010
2615 Elk Drive Suite 2
Minot, ND 58701



FIND THE RIGHT FIT.

Tour our HOUSING OPTIONS

CPM

701.852.5028
CREATIVEMINOT.COM

CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

THRIFT STORE

Back Door Treasure's



Minot's Newest & Biggest Thrift Store is

NOW ACCEPTING

ALL donations, estate settlements, and commercial (rental & real estate left behinds)

105 1st Street. SE Minot
Open 9-6 Mon-Sat
(701) 837-1819

RENTALS

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$625 to \$895. Call Matt or Peggy at IPM. 852-1157

HOUSE FOR RENT IN GLENBURN ND.



Rent is \$900.00 a month with \$900.00 deposit. Three bedrooms, two full bathrooms, kitchen/dining area, and office space on the main floor - full finished basement. Attached single garage. Tenant pays utilities. Call Dianne Hensen 701-721-3089

PROFESSIONALS

LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT

www.marykay.com/1clouse.
701-839-0475 or 701-721-0475

NEED A REALTOR?



I CAN HELP YOU!

Odalis Jones Martinez
Realty ONE Group Magnum

REALTOR®
English, Spanish

CONTACT ME!

ONE

(662) 497-0596

odalismart97@gmail.com

@odalisjonesmartinez_realtor

www.ROGMagnum.com

HELP WANTED

LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.

We are an equal opportunity employer and a drug free workplace.

Apply in person at:
605 27th St SE, Minot ND 58701
Or contact: **Matt Mackey**
By email or phone at
mmackey@kalixnd.org
701-852-1014

IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

AUTOMOTIVE

NORTHERN AUTO AUCTION

1st & 3rd Saturday Every Month!

Approx. 75-100 Cars, Pickups, Trucks, Etc.!

Bring vehicles & title to auction yard

BUY or SELL!

All units sold AS-IS condition

Terms: Cash or check supported by a bank letter of credit.
Auctioneers: Clint Beeter, Lic. #199 & Kevin Beeter, Lic. #464 - Clerk Lic. #199

3035 Valley St., Minot, ND 58701
701-838-3733 or 1-800-210-8995

AUTO BENT UP OR JUNKED??

Would like to buy...
Running and non-running cars.
Call 701.240.2147

\$\$\$ QUICK CASH \$\$\$ Paying cash now for any car or truck, running or not. We also sell cars, give us a call. Edwardson Towing 839-9512, cell: 720-6150 (Will haul junk cars or trucks away, no charge)

BUSINESSES & SERVICES

AUTOMOTIVE

QUICK CASH!!

Running & Non-Running Cars & Trucks



EDWARDSON TOWING

We Also Sell Cars

839-9512

Cell **720-6150**

Will Haul Junk Cars Free of Charge
Cash for Scrap & Farm Clean Up



HOURS:

Monday-Friday 7am-7pm
Saturday 7am-4pm
Sunday 10am-3pm

425 Burdick Expy W Minot, ND 58701

(701) 852-3301

Proud to serve Minot AFB

PET GROOMING

KING'S MANE CAT GROOMING

OFFERING YOUR CAT THE ROYAL TREATMENT

CALL 701-240-7291

FOR AN APPOINTMENT OR VISIT US ONLINE
KINGSMANECATGROOMING.COM

SUDOKU SOLUTION

PUZZLE ON PAGE B3

6	1	9	7	2	8	3	4	5
2	4	3	1	9	5	6	7	8
7	8	5	3	4	6	9	2	1
1	2	8	5	3	4	7	6	9
3	9	7	6	8	2	1	5	4
5	6	4	9	7	1	8	3	2
8	3	2	4	6	9	5	1	7
4	7	1	8	5	3	2	9	6
9	5	6	2	1	7	4	8	3

ACCOUNTANT

BradyMartz

Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS

24 W. Central, Minot • 852-0196

www.bradmartz.com

HOBBY SHOP

AEROPORT HOBBY SHOP

RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues. We Have GUNDAM!

838-1658

2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

Contact Rod Wilson to get your business listed here! 701.839.0946 sentrysales@srt.com

JOHN'S



AUTOBODY

Pays Up To **\$500**

Insurance Deductibles

We Guarantee All Work & Color Match

4121 S. Broadway

839-8896

FRESH EGGS

FRESH EGGS located just 20 minutes with delivery to the base. email: esavelkoul@srt.com.

WANTED

UNWANTED CARS, TRUCKS & SCRAP METAL.
Call 701.240-7453

IF YOU HAVE A SMALL DOG, REPTILE OR BIRD that you no longer can care for, call me or text me at (701) 822-3455

WANTED

LOOKING TO PURCHASE A USED PAIR OF BOOTS FROM A B-52 FLIGHT CREW MEMBER, WITH B-52 HOURS PREFERRED.

These are for a display in a private museum.

PLEASE CALL HANK

386-451-4845 OR

e-mail: circlerg71@gmail.com

FLOWER SHOP



FLOWER Central

Voted Minot's #1 Flower Shop

405 Central Ave. E. • 701.852.6224

CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base. Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 5 August - 6 October. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

★ **Hotel** ★
REVEL

TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM

Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring your own Instruments

Don't know how to play anything? Come sing

Hosted at the Base Theater on
Saturdays from 12:00 to 6:00!

JOIN OUR DISCORD,
FACEBOOK,
OR INSTAGRAM

For updates and socialization:
<https://discord.com/invite/xQtPFRBr>
Minot AFB Musicians On Facebook
Minotafb_musicians On Instagram



Atypical Brewery & Barrel Works

510 Central Ave E, Minot
Phone: 701.833.0567
FB: Atypical Brewery & Barrelworks

Applebee's Grill & Bar

2302 15th St SW, Minot
Phone: 701.839.2130
www.applebees.com

Badlands Restaurant & Bar

1400 31st Ave SW, Minot
Phone: 701.852.7335
www.blgrill.com

Bone's BBQ Smokehouse & Grill

437 N Broadway, Minot
Phone: 701.838.9140
www.bonesbbqminot.com

Culver's Restaurant

3000 S Broadway, Minot
Phone: 701.852.4800
www.culvers.com

Ironhorse Kitchen + Bar

21 E Central Avenue, Minot
Phone: 701.852.8183
FB: Ironhorse Kitchen + Bar Minot

Jamaican Vybz Kitchen

Suite 200 315 Main Street S Minot
Phone: 701-441-9309
FB: Jamaican Vybz Kitchen

Meg-A-Latte

2045 N Broadway Suite #100
Minot, ND 58703
Phone: 701-838-8479
www.meg-a-latte.com

Mi Mexico

3816 South Broadway Minot
Phone: 701.858.0777
www.mimexicomintnd.com

N.D. Asia

3400 16th St SW, Minot
Phone: 701.852.1240
www.ND-Asia.com

Noodles & Company

304 4th Ave NW Minot
701.491.9103
www.noodles.com

Pink's Bar & Grill

102 128th Ave NW Minot
Phone: 701.852.2385
FB: PinksBarGrill

The Blue Rider

118 1st Avenue SE Minot
Phone: 701.852.9050
www.theblueriderbar.com

The Starving Rooster

30 1st St. NE, Minot
Phone: 701.838.3030
www.starvingrooster.com



MINOT MILITARY PERSONNEL FLIGHT

SCAN TO SCHEDULE AN APPOINTMENT.

Use your smartphone.



Snapshot of MPF Services:

- **DEERS:** Common Access Card (CAC), Dependent Update, CAC Unlock or Reset, Awards and Decorations
- **Customer Support:** Inbound Order Amendment, Accessions, Passport and/or Visa, Initial Enlistment Bonus (IEB), Quickship Bonus
- **Force Management:** Evaluations, Duty Information, G-Series Orders, Unfavorable Information File (UIF), Special Duty Assignment Pay (SDAP)
- **Career Development:** Permanent Change of Station (PCS), Outbound Assignment, Separation, Retirement, Retention, Promotion

DEERS (Appointment Only): Mon, Wed-Fri 0800-1600, Tue 0800-1500

Walk-in hours: Tue-Thu 0800-1600, Wed 0800-1130

Appointment hours: Mon-Fri 0800-1600, Wed 0800-1130

*Closed for training every Wed from 1200-1630

MINOT MPF OFFICE



HISPANIC HERITAGE MONTH
Team Minot Airmen visited and read to classrooms at Dakota Elementary School during Hispanic Heritage Month.

DAKOTA ELEMENTARY PHOTOS

North Hill BOWL X-TREME BOWLING
FRIDAY & SATURDAY

OPEN BOWLING
7 DAYS A WEEK!

X-TREME BOWLING
FRI. 9:15PM-1:00AM
SAT. 5:00PM-1:00AM

CELEBRATE WITH US!
WE DO BIRTHDAY PARTIES
FOR ALL AGES!

1901 NORTH BROADWAY, MINOT, ND
852-4108
WWW.NORTHHILLBOWL.COM

Military Discounts Available!

noodles & COMPANY

15% Military Discount
*Dine In or Take Out Only**

304 4th Ave NW Minot
Open Daily 10:30 AM to 10:00 PM

www.noodles.com

BADLANDS RESTAURANT BAR

Upcoming Events

19 OCT **WALK FOR FREEDOM**
10:00 AM - 12:00 NOON
The Pursuit Minot
2nd Avenue Southwest, Minot

Join us at this FREE event as we walk from the Pursuit Church down Broadway, raising awareness for the global and local issue of human trafficking. We believe that every step we take locally leaves footprints globally. Every dollar fundraised, every poster seen, every person made aware of the issue of human trafficking, add up to one Global impact – a world where everyone is free. We encourage registering online before the event, but the day-of registration begins at 9:30 am. Starting at 10, there will be a short speech from 31:8 Project before we walk about 2 miles and family activities afterward.
To register online or to purchase an optional shirt/sweatshirt, visit a21.org/minot



JOIN US AS WE WALK FOR THE MILLIONS OF HUMAN TRAFFICKING

For more information:
www.a21.org/minot

23 OCT **TRIVIA NIGHT**
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

Bring your quarters and leave your ego at the door! Come enjoy good times with good people. Live questions - free popcorn - win free drinks! Bring your friends so your team can also go for the coveted; "Not Last Place" award!



For more information:
Facebook/ Blue Rider/ Events

23 OCT **KENMUJO**
11:00 PM
Blue Rider
118 1st Avenue SE, Minot

Explosive performer based in Philadelphia, US, originally from Tokyo, Japan. A wild jet engine of tube amplified, howling feedback-laden acoustic guitar driven songwriting and noise performance. With Supercrimes opening!!!



For more information:
Facebook/ Blue Rider/ Events

31 OCT **TINY THINKERS**
10:30 AM - 11:00 AM
Magic City Discovery Center
1545 1st St NW

Tiny Thinkers is a STEAM-based series for young children! Activities include things like hands-on science, sensory play, stories, art, movement activities, and more. Sessions last 20 to 30 minutes and are geared for toddlers although all ages are welcome, even grandparents! The Fall series will go for 8 weeks. Attend one or all!
Program is free with museum entrance ticket.



For more information:
Facebook/ Magic City Discovery Center /Events

5 NOV **FREE COMMUNITY CAR SEAT CHECKS**
2:00-5:00PM
First District Health Unit
801 11th Ave SW

The Minot Car Seat Coalition offers FREE car seat checks twice a month, at the Minot Fire Station #1, 2111 10th St SW, Minot, ND. Appointments are required. Call First District Health Unit at 701.537.5190 to schedule. Trained and certified child passenger safety technicians work with the public to ensure that the car seat is right for your child, properly installed, in safe condition, not recalled or expired. You must schedule an appointment by calling First District Health Unit at 701.837.5190. If leaving a message, please leave the following information: date of check, number of seats to be inspected, make/model of vehicle, ages of child(ren), brand and model of car seat, preferred time of check on scheduled date. Please allow 45 minutes/seat.



For more information:
<https://fdhu.org/>

NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at www.northernsentry.com/calendar/

ALL YOU CAN EAT
GARDEN FRESH SALAD BAR

EVERY DAY

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335



WHAT'S GOING ON MINOT AFB

FRIDAY 18

- Registration Closes: Mall of America Trip, Outdoor Recreation
- Moving Out of the Dorms Budget Classes, 0900-1100, M&FRC
- Family Zumba, 1000, McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Zumba, 1800, McAdoo Fitness Center

SATURDAY 19

- Haunted Stacks Begins, Minot AFB Library
- Zumba, 0900, McAdoo Fitness Center
- Free Bowling, 1400-2100, Rough Rider Lanes Bowling Center
- Airman Free Bowling, 2100-2400, Rough Rider Lanes Bowling Center

SUNDAY 20

MONDAY 21

- FTEC, 0730-1600, Professional Development Center
- AFFT, 0530, McAdoo Fitness Center
- TAP Overview, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- AFFT, 1100, McAdoo Fitness Center
- Palace Chase/Front Briefing, 1400, Professional Development Center
- Minot AFB Winter Busing Town Hall, 1700, Jimmy Doolittle Center
- Writing Club, 1800, Minot AFB Library
- Zumba, 1800, McAdoo Fitness Center

TUESDAY 22

- AFFT, 0530, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- Global Street Food Special Lunch, 1030-1330, Dakota Inn Dining Facility
- AFFT, 1100, McAdoo Fitness Center
- Newbery Book Club, 1600, Minot AFB Library
- Zumba, 1800, McAdoo Fitness Center

WEDNESDAY 23

- AFFT, 0530, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Overview Workshop, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- AFFT, 1100, McAdoo Fitness Center
- Top 3 Mentorship Hour, 1130-1230, Professional Development Center
- Yoga, 1700, McAdoo Fitness Center
- Dorm Series Craft Class – Macramé Plant Holders, 1700-1900, Etchberger Hall
- Zumba, 1800, McAdoo Fitness Center



FRIDAY 25

- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- TA RE-Up Education Fair, 1100-1300, Dakota Inn Dining Facility
- Tabletop Gaming, 1600-2200, Rough Rider Lanes Bowling Center
- Minot Y's Men PBR Trip, 1630-1830, Outdoor Recreation
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Fright Night Late Night, 1800-2100, Youth Center
- Zumba, 1800, McAdoo Fitness Center

SATURDAY 26

- Zumba, 0900, McAdoo Fitness Center
- Free Bowling, 1400-2100, Rough Rider Lanes Bowling Center
- Airman Free Bowling, 2100-2400, Rough Rider Lanes Bowling Center

SPECIALS

Bomber Bistro Featured Item
Philly Cheesesteak Pizza
 Steak, bell peppers, onion, and banana peppers topped on an alfredo base.

The B-Fifty Brew Featured Item
Hocus Pocus and Goblin Potion
 A cream red bull burner with cherry and blue raspberry or your choice of red bull with strawberry and blue raspberry flavoring, topped with lemonade.

Rockers Bar & Grill Featured Item
Rockin' Chicken Sandwich
 Hand breaded fried chicken sandwich, served with crispy fries. Try it with Rockin' Chicken Sauce.

MINOT AFB WINTER BUSING TOWN HALL

21 October 2024 • 5:00PM
 Jimmy Doolittle Center

Join the School Liaison Office for a meeting to address the winter bus transportation of students attending Dakota Elementary School, North Plains Elementary School, and Memorial Middle School.

For details, call the School Liaison Office at 723-1447

THURSDAY 24

- AFFT, 0530, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Short Notice Pre-Separation Counseling, 0830-1130, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- AFFT, 1100, McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- Zumba, 1800, McAdoo Fitness Center

FRIGHT NIGHT! LATE NIGHT!

25 October 2024 • Youth Center
 6:00PM - 9:00PM
 Open to ages 9 - 18
 Members: \$15 • Non-Members: \$20

Eyeballs, chow and witches brew, and some tasty snacks like a finger or two! The Goblins are haunting, the monsters will mash, it's time to get ready for our Pre-Halloween Bash!

Costumes are encouraged!
 Keystone snackbar will be open. Cash only!

For details, call the Youth Center at 723-2838

QUALITY HEALTHCARE FOR ALL

Non-emergency walk-ins welcome Monday-Friday 1-4 p.m.

- Ob/Gyn Care
- Newborn Care
- Well Child Visits
- Pediatrics
- Free Pregnancy Tests
- Geriatric Care
- Preventive Healthcare
- Full Service Pharmacy

Center for Family Medicine
 UND SCHOOL OF MEDICINE & HEALTH SCIENCES
 UNIVERSITY OF NORTH DAKOTA

1201 11th Avenue SW | Minot, ND | Phone 701.858.6700 | 800.841.7321 | Hours: M-F 8 AM-5 PM | cfmmminot.UND.edu



People you know. Experience you trust.

Brad Stai
 Jim Paszek
 Trent Westmeyer

firstwestern.bank