

northern sentry

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WHAT'S INSIDE THIS WEEK:



91 MW PARTICIPATES IN SELM TEST

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DOMESWEET DOME

A8



MINOT ROBOTICS TEAM IS WAITING FOR YOU!

B7

PV/BV 24-4 CONCLUDES AT MINOT AFB



A B-52H Stratofortress takes off during Prairie Vigilance/Bayou Vigilance (PV/BV) 24-4 at Minot Air Force Base, North Dakota, Sept. 8, 2024. Training operations like PV/BV ensure that Air Force Global Strike Command maintains a credible strategic capability that enhances the deterrence of threats to the United States and its allies and partners. See more on page A7.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA BANKSTON



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U.S. Air Force Tech. Sgt. Ashley Villegas-Miller, 91st Missile Wing executive services non-commissioned officer in charge, delivers remarks at the opening ceremony for Hispanic Heritage Month at Minot Air Force Base, North Dakota, Sept. 16, 2024. Villegas-Miller stated that, "National Hispanic Heritage Month commemorates the many achievements and cultures of Hispanic Americans."



U.S. Air Force Col. Benjamin Jensen, 5th Bomb Wing deputy commander (left), and U.S. Air Force Col. George Chapman, 91st Missile Wing deputy commander (right), sign a proclamation in support of Hispanic Heritage Month during its opening ceremony at Minot Air Force Base, North Dakota, Sept. 16, 2024. Celebrated from September 15 to October 15, Hispanic Heritage Month is the only Department of Defense special observance to span multiple months, coinciding with Independence Day celebrations for multiple Latin American countries.

HISPANIC HERITAGE MONTH KICKS OFF AT MINOT AFB

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS TRUST TATE



U.S. Air Force Col. Benjamin Jensen, 5th Bomb Wing deputy commander, gives a speech during the opening ceremony for Hispanic Heritage Month at Minot Air Force Base, North Dakota, Sept. 16, 2024. Celebrated from September 15 to October 15, Hispanic Heritage Month is the only Department of Defense special observance to span multiple months, coinciding with Independence Day celebrations for multiple Latin American countries.



U.S. Air Force Senior Airman O'Leesa James, Chaplain Corps religious affairs specialist, speaks at the opening ceremony for Hispanic Heritage Month at Minot Air Force Base, North Dakota, Sept. 16, 2024. The ceremony was held in honor of the Hispanic Americans who have served in the United States military.

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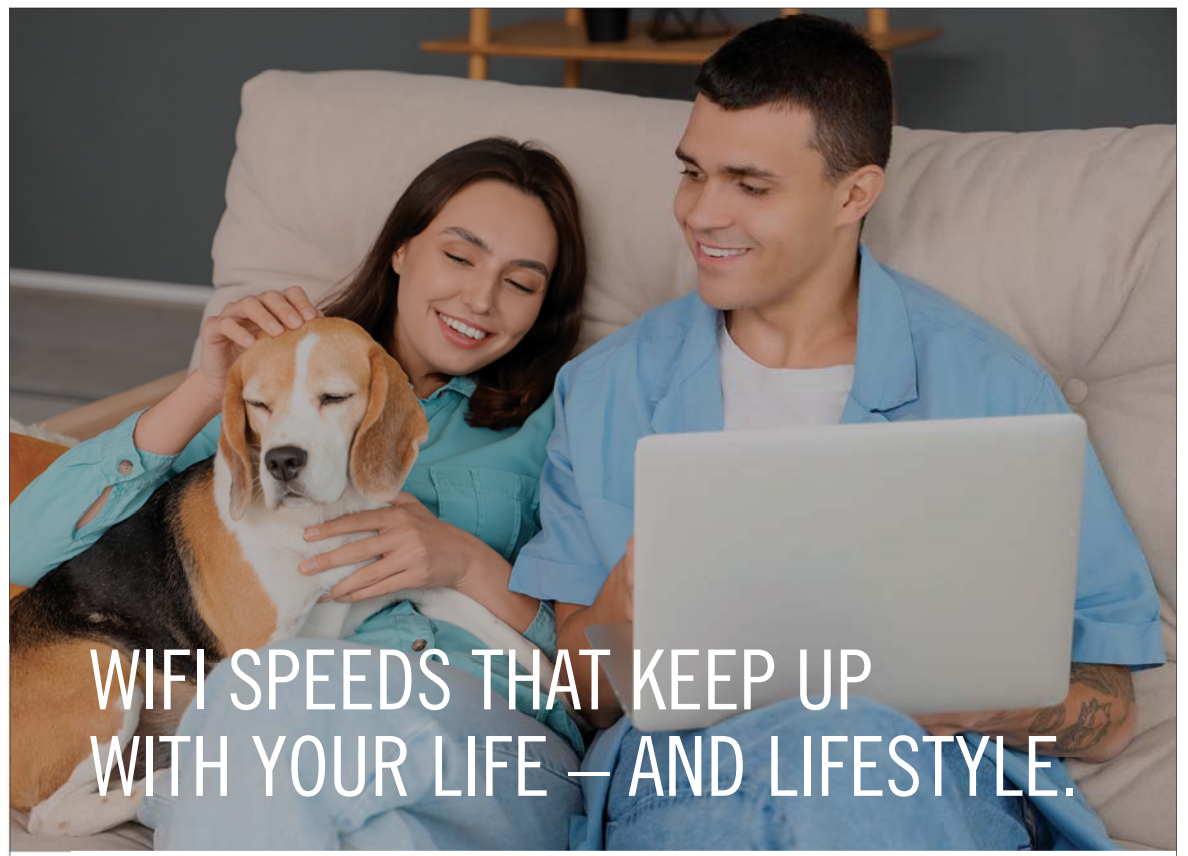
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91 MW participates in SELM test

MASTER SGT. RACHEL WALLER, 8TH AIR FORCE/J-GSOC



An aircrew of 625th Strategic Operation Squadron and 740th Missile Squadron pose for a group photo at Offutt Air Force Base, Nebraska, Sept. 17, 2024. The 625th STOS provides the targeting package for the Minuteman III, to the systems that simulate the ICBM's flight, launch track and range safety coordinates.

U.S. AIR FORCE PHOTOS BY TECH. SGT. CHRIS THORNBURY

Airmen and Sailors from the 625th Strategic Operations Squadron, Offutt AFB, Neb., 576th Flight Test Squadron, Vandenberg Space Force Base, Calif., the 91st Missile Wing, Minot AFB, N.D., and the Navy's Strategic Communications Wing 1, Offutt AFB, completed a simulated electronic launch minuteman (SELM) test at Offutt Air Force Base, Neb., Sept. 17.

Twice a year, SELM tests the Minuteman III in its deployed environment at various missile wings without an actual launch occurring.

"SELM tests the selected ICBMs from day-to-day operation to issuance of the first stage ignition signal," said Maj. Raun Carnley, assistant director of operations, 625th STOS. "Commands up to and including launch commands are sent to the test configured launch facility from test configured launch control centers and the Airborne Launch Control System (ALCS) onboard a Navy E-6 Mercury."

SELM tests are vital to the health of the ICBM fleet as it ensures the system will do what it is commanded to do if needed and provides sustainment data to Air Force Global Strike Command and U.S. Strategic Command.

"As updates to software and hardware are fielded, testing helps

verify the system continues to work as designed," said Carnley. "A SELM test validates the combat capability of our fielded ICBM weapon system...while saving the taxpayer money, and without the risk of escalatory messaging that the equivalent number of operational test launches would require to accomplish the same task."

From the 576th FTS running the tests to the 91st MW providing ground operations and maintenance support to SCW-1 providing the aircraft and aircrew, each organization plays a pivotal role to ensure the launch process is reliable and ready.

A major player in a SELM test is the 625th STOS. The squadron is aligned under the 8th Air Force and provides everything from the targeting package on the missile, to the systems that simulate the flight of the projectile, to the launch track and range safety coordinates, to the training that prepared the team and the ALCS operators that provided the key turn.

"We ensure the ALCS is able to fulfill its role as the backup to the launch control centers and ground crews in the case it is ever needed," said Carnley.

With so many moving parts, scheduling these tests doesn't occur overnight, they are planned

out years in advance.

"We are currently on a five-year contract," said Carnley. "Specific preparations on the side of the 625th STOS start approximately four months in advance to coordinate our pieces of the mission. With two tests a year, as soon as one is complete, planning and preparation for the next one begins."

Although a SELM test isn't as visible as an operational test launch, it provides a great deal of value to the various organizations supporting the mission.

One such supporting organization is the Joint-Nuclear Operations Center (JNOC) at Barksdale AFB, La.

The JNOC has six divisions and the ICBM division monitors and observes each SELM test and assists as necessary explained Senior Master Sgt. Matthew Tobey, JNOC senior enlisted leader.

"Ensuring the sustainment and capabilities of our nuclear forces not only allows U.S. citizens to sleep soundly at night but provides global stability which also helps foster economic prosperity," said Carnley. "It's also a message to our Allies and adversaries: The ICBM leg of the nuclear triad is viable and ready at a moment's notice to defend our freedoms and those of our Allies."



A U.S. Navy E-6B Mercury arrives at Offutt Air Force Base, Nebraska during a simulated electronic minuteman test flight, Sept. 17, 2024. Airmen and Sailors from the 625th Strategic Operations Squadron, 576th Test Flight Squadron, 91st Missile Wing and Navy's Strategic Communications Wing participated in the twice-a-year flight.

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A VIEW FROM
OUR SIDE
ROD WILSON

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THEY DID THINGS WRIGHT

Part II of our recent trip would take us to the Outer Banks of North Carolina. When investigating possible events and destinations we discovered that Kitty Hawk, where the Wright brothers made their first assisted power airplane flight, was indeed located on the Outer Banks. Strange, because we went through Indiana and there was a tourist information sign that noted that Dayton, Ohio was the home of the Wright Brothers. How in the world, and more of a question, why in the world did they travel all of those miles to do the test flight? According to information at the Wright Brothers Memorial near Kitty Hawk would suggest that they needed wide open spaces, preferred a sandy soil for their landing and most important, a consistent wind. All of those factors were present in Kitty Hawk, North Carolina.

MAYBE BY ACCIDENT

The Wright brothers knew they were going to attempt something that no one had accomplished, powered flight. Sure, there had been gliders and kites, but this flight would be different. It would need to be accomplished with an engine that drove a propeller which pushed the vehicle forward with enough force for the carefully manufactured wings to create enough lift to overcome

UPSIDE DOWN
UNDER
MARVIN BAKER

Sept. 14 was an unusual day in our little Ward County community of Carpio. It marked only the third time there had been a parade there in the past 20 years.

This time it was the fire department's parade. The local first responders were celebrating 75 years as a fire department and as a spectator looking on, it was impressive.

The Carpio department brought out all the big guns, but that wasn't all. Donnybrook, Tolley, Burlington, Berthold and Minot Rural fire departments were all involved, helping to recognize the Carpio department on its big day.

Others were involved in the parade as well. There were future firefighters, kids on horseback including one young lady who was riding with her dog and the dog seemed quite comfortable riding side saddle.

Mema's Meats from Berthold was involved. No, they weren't selling or tossing out T-bone

Not What You Think...



Wright Brothers National Memorial, one of the OBX's three National Parks, celebrates the journey of invention and discovery taken on the outskirts of Kitty Hawk, NC in 1903.

OUTERBANKS.ORG

gravity and the other forces of nature. They queried multiple states for possible locations, but only North Carolina made them an offer. Their conditions and the location near Kill Devil Hill, the actual location of the first flight, seemed to fit the bill perfectly.

WAS THIS REALLY
THE PLACE?

Don't know about all of you, but I certainly didn't envision the first powered flight to have taken place on a strip of land about 2 miles wide, right next to the Atlantic Ocean. As you enter what was the venue for Wright brothers historic flight, your eyes are automatically drawn to the top of Kill Devil Hill where the actual monument that commemorates the occasion is located. It is not, however, the exact location where the first flight occurred. Close? Yes, but Kill Devils Hill was used to test the wing design of the gliders that resembled the powered vehicle. The actual flight started and ended on flat land. The Wrights wanted total power assisted flight, so as not to

confuse people with "nothing but a glider with a motor" scenario. This had to be the real thing, the start of a new generation that would develop and use powered flight.

THINKING IT OVER

Orville Wright completed the first powered flight of a heavier-than-air aircraft known as the Wright Flyer in 1903. In 1948 the Boeing company began design of the B 52. Yep, only 45 years after the Wright brothers flew at Kitty Hawk. The B 52 did not begin service until 1955, still only 52 years after the first flight. The Wright brothers had a tough time selling their Wright Flyer design to anyone. It appeared that powered flight was not all that important. Turn the page to 2024 and realize where we are today. We have built planes like the B 52 that will be part of the Air Force arsenal until 2050. Not museum pieces, but actual online weapons. It truly is amazing. What was the dream of the Wright brothers at Kitty Hawk? Their first flight was less than a minute, and it was

cause for celebration. I still stand in awe as I watch a B 52 take to the air, and it all started on a strip of land called the Outer Banks, near Kitty Hawk, North Carolina.

BEST KEPT SECRETS

This has been a great year for the gardening world. If you are thinking that all of the good produced has come and gone, think again. Both Farmer's Markets have great produce left to sell. If not produce, then how about the canned goods like tomato sauce and salsa, and fruit preserves. Visit a local Farmer's Market this week.

I also want to talk about the Pride of Dakota Showcase on October 25th & 26th at the All Seasons Arena in Minot. It's your chance to buy and support local North Dakota products.

TODAY'S CHUCKLE

When you're young you like to walk on the wild side. By middle age you just want to lie down and nap on the mild side.

To think they're volunteers...

steaks. What they were doing was taking part in the parade with a team of draft horses and giving rides to people after the parade. They had just finished an exhausting farmers' market in downtown Minot and three hours later had a team and wagon hitched up to recognize the Carpio Fire Department's achievement.

The parade had a fleet of Model T's, REO Speedwagons and other cars from the 1920s and '30s, which in and of itself was impressive.

But what was most impressive about this parade is what one person watching the parade from a Main Street sidewalk said. "Just think, these are all volunteers."

That's what we need to focus on here. Yes, we all love a parade and some of the firefighting equipment that rolled down Carpio's Main Street was as modern as any department, but yes, those involved are all volunteers and they are unique people.

They all have jobs outside the fire department and if the whistle blows or pager beeps, they will drop what they are doing at a moment's notice, get to the fire hall as quickly as possible and do their level best to put out any blaze.

It could be a grass fire, a combine, something gets hit by lightning and catches fire, or worst yet, someone's house is on

fire, including their own.

In some cases, firefighters will risk their own lives to save ours, and they aren't getting paid for this. It's their calling and in small towns like Carpio, Tolley or Berthold, we need volunteers just like those who put their equipment on display on Saturday.

We, as in the public at large, can't thank our local fire departments enough for what they do. Unfortunately, small-town departments are understaffed as a routine because there simply aren't enough people to go around.

It's the same with ambulance crews. We've seen that all across the state of North Dakota. Ambulance crews are short staffed and need volunteers to step up and be part of something bigger than themselves.

It's a calling and every small town in North Dakota wishes more would answer that call.

When something happens, it's all hands on deck and when a department is short staffed, that means those available have to work that much harder to get the job done.

Case in point: 12 years ago the grain elevator in Carpio caught fire and the local department, along with several others were on scene for several days. It included a department from Minot Air Force Base that could reach the top of the elevator where the fire

was burning.

While that fire played out whether it was 2 p.m., or 4 o'clock in the morning, this reporter was in awe of how those departments worked together, led by then Carpio Fire Chief Calvin Myers, to monitor that fire until it was out.

But, that's what these people do. They answer the call. We don't want to see them at our house, but we certainly appreciate their presence in our community.

And on Saturday, Sept. 14, the parade in Carpio assured us that the local fire department and those in the surrounding communities are resolute in their duties. The parade was a lot of fun and it showed the pride in their polished trucks, but it also told us a whole lot more about these volunteers.

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I Think Lefse is Lackluster, but I Love it Anyway



SHE'S NOT FROM AROUND HERE
AMY ALLENDER

"I think we're going to the Høstfest this weekend. What should we be sure to see?" The word came out "HOST-fest," an easy giveaway that I was new in town. I asked the question to fill time but wasn't prepared for the deluge of information that followed.

At the time, I was volunteering as a high school youth group leader at our church. Discussion had wrapped up for the night and given way to small talk. I had heard about the big Scandinavian festival. It seemed like the perfect time to ask for input from some locals.

"This is so exciting. It's your first Høstfest!" said the other leader, who had been raised in North Dakota.

Then, the teenage girls chimed in. They all started talking at once, mostly about the foods I had to try. The names were hard to pronounce—and even harder to remember.

"Obviously, get lefse," one said. "But it's got to be from the right place," added another. She then proceeded to tell me to get the lefse from the stand near the thing—not the kiosk with the sign near the stand selling the other thing. I nodded as though I understood, even though I didn't.

"Ooooh—get rømmegrøt! It

tastes exactly like a Cinnabon cinnamon roll!"

"No, the best is aebleskivers. Skip everything else."

"Get Swedish meatballs—and krumkake."

In the end, the only words I could recall were "lefse" and "meatballs." The rest were scrawled phonetically on the back of a spare Sunday bulletin I found in the pew.

That same bulletin was folded in my pocket as my husband, Derek and I wandered around the Høstfest for the first time. Other suggestions had ensured we'd been to the Viking Village for fighting reenactments, watched the accordion club, and visited the man who spins wool from angora rabbit fur. When it came time to eat, we consulted the list. Gradually, we decoded the words and found the vendors. We didn't find everything, but we did our best—even if we butchered the pronunciation of every item.

The aebleskivers were delicious. The meatballs were great. When we took a bite of rømmegrøt, I swallowed hard and checked my notes. "You know," I said to my husband, "I think the only thing that tastes exactly like a Cinnabon cinnamon roll is a Cinnabon cinnamon roll." He laughed and nodded.

The grand finale was finding the "right" lefse. Lefse seemed to be the cornerstone of culture for our local friends. They had tried to describe it, but insisted we just needed to taste it for ourselves. Honestly, I'll never forget that first bite. The build-up to this moment had been huge. I chewed. I swallowed. I took another bite.

"What do you think?" I asked. "It's good. You?" Derek replied.

There was an awkward pause as we stood there chewing. I lowered my voice and said, "But for real, it's not that special, right? Like, it just

tastes like a taco shell with butter."

Our disenchantment with lefse continues to be a joke to this day. I loved that first Høstfest, and I love looking back on that anticlimactic bite of lefse and rømmegrøt.

It serves as a reminder: I'm not from here. This is a place that's new and different. It comes with its own traditions, and I come with mine. This isn't just a place with few trees and cold winters—it's a place with deep roots.

To me, lefse tastes like a bland potato tortilla, and the amount of butter I see slathered on it leaves me slack-jawed. To my friends who were raised on lefse, it tastes like love and home. Jokes about my tastes aside, I have come to love lefse, too. Two lefse sticks hang in my kitchen. I aim for an annual lefse-making day with a friend. As with many things in life, it's not about the end result or immediate gratification. The sweetness is in the process and the tradition it holds.


If you're not from around here—take this as your warning: your first bite of lefse may be anticlimactic. But there's so much joy to be found in eating it anyway, in finding a way to appreciate the things that are special to those who are from here. I hope you go to the Høstfest and try all the things. Even if you didn't choose to come here, this is part of your life; part of your story. And you may be surprised by the traditions that become dear to you—even if life eventually moves you away.

For more on life in Hotdish Land, you can find me online at amyallender.com, Instagram, @heyminot, or Facebook @heyminot or @amyallenderblog.



My blasé attitude toward lefse is still a joke with local friends, but I love it anyway.

AMY ALLENDER PHOTO



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**CITY COUNCIL-
THE WRAP**
ALDERMAN MIKE BLESSUM

long-term infrastructure projects (flood protection and NAWS), as well as growth from the oil boom. Increased property values and increased local spending have strained personal budgets to the breaking point.

Our budget hearing and work session occurred this week. Council members were able to hear from the public on the budget and bring amendments to adjust spending and taxation levels before final passage in October. I am proud to say we are delivering on our promise to bring relief. In addition to some smaller initiatives, I proposed returning \$3.6 million in general fund reserves to property owners by reducing our overall levy amount. As a result, a \$300k home should see an approximate \$200 decrease in the city portion of their property tax bill. This moves our city toward a more sustainable trajectory.

Much more work remains to bring meaningful and necessary long-term change to our local governments. I am proud of the work our council has done so far. I am encouraged by our unity and desire to meet the service needs of our city and its employees while doing what we can to push our tax levy downward. I am hopeful that the other priorities we laid out in our campaign become promises kept in the years to come.

Although I have been involved in party politics and other grassroots activities over the last 25 years, this is my first time in elected office. Taking the leap into the city council race this spring was a new experience. Campaigning involves fundraising, candidate questionnaires, interviews, and public speaking, which is necessary to show your political brand and inform voters.

During a campaign you explain your positions and you make statements that effectively become campaign promises. Property taxes are on the minds of ND residents because preliminary bills are increasing and the constitutional measure is on the November ballot. My #1 priority during the campaign was to provide relief to property owners. The people of Minot have been particularly strapped by huge

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A1C ANTHONY FIELDS

A1C Fields has been stationed at Minot AFB since January 2023, and is assigned to the 5th Security Forces Squadron. He is responsible for protecting the base's 12,500 personnel and securing over 5.5 billion dollars of the Department of Defense's strategic assets. Additionally, Anthony is actively completing his bachelor's degree in criminal intelligence and recently received his Resiliency Training Assistant certification. He is now certified to help his fellow Airmen in the Air Force's largest Security Forces Squadron overcome challenges in their daily lives.

(Information from Feb 2024).

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BIOLOGY CLASS

Patricia Stockdill

When the letter arrives it's kind of like being invited to Biology 101 or a "citizen science" community event.

It's a request from the U.S. Department of the Interior, Fish and Wildlife Service Division of Migratory Bird Management, Branch of Harvest Surveys asking if you, as a potential waterfowl hunter during the 2024 season, would care to collect wing samples for them.

Well, for starters, that's a mouthful of official agency names.

Secondly, certainly as a potential waterfowl hunter potentially bagging any one of the duck, brandt, or goose species in the area, collecting and submitting wing samples would be an honor and a privilege. Your lucky name and address was randomly selected as someone who HIP – Harvest Information Program – registered when purchasing hunting licenses.

It's kind of like being able to be back in Biology 101, digging into the "guts" of things. OK, this is just wings but it does bring flashbacks of Biology classes.

It's also kind of like knowing that you as John or Jane Doe Hunter can play a role in helping those who spent a great deal more time in biology-type classes than you did learn more about the waterfowl species we know and love.

Yup, it's "citizen science".

First, the initial letter asks if would be interested in participating.

And then the weeks and months go by. Any recollection of that correspondence has long disappeared from the memory bank.

And then, because you said "yes," a large manila envelope arrives in the mail. Yup, it's from the U.S. Branch of the Interior. . . .and so on until you remember that, oh yeah, should you go waterfowl hunting and actually harvest said waterfowl, someone Flint Hill National Wildlife Refuge in Hartford, Kan. would appreciate it if you would send them wings (and feathers from geese) that have completely dried of any moisture or blood, and inside one of two envelopes so they can freeze them to be analyzed once hunting seasons have closed across the country.

You see, the Flint Hill National Wildlife Refuge is the gathering site where Central Flyway state migratory bird management biologists meet to look at wings and feathers to determine the species, sex, and age of harvested birds.

It could be likened to a good ol' fashioned quilting bee of the 1800s but with feathers rather than cloth and sewing needles.

Feathers provide that information to those in the "know" when it comes to migratory birds.

The information is just part of what the Fish and Wildlife Service gathers in making their annual migratory game hunting season regulations for states and flyways.

Reports of the data gleaned from wing bees throughout the country are available on the website, (fws.gov/program/migratory-bird-harvest-surveys/library).

It's really not complicated and if a person participates, it really doesn't take that much more time:

- Save duck wings and goose wing and tail feathers from birds taken throughout the season – by you, the participating hunter, not any friends, relatives, or other acquaintances. Just what you harvested.
- Let them dry and never play in a plastic bag or wrap in plastic. Otherwise, sending damp, icky samples will likely smell, rot, and not make the U.S. Postal Service employees handling the packages happy – at all – and that's understandable.
- Use two envelopes for each wing – an inner and outer envelope. Put samples from one bird in each inner envelope, complete the information on the outside of the outer envelope, and pop it in the mail with its prepaid postage.
- If possible, send samples for every bird harvested throughout the season.

Should extra envelopes be needed, that's any easy fix by mailing in a prepaid request card or going online, (migbirdapps.fws.gov/hipweb).

It's kind of a fun way to feel like as a hunter, you can play another role in species management.

And by the way, the N.D. Game and Fish Department also collects wing samples for pheasants, turkeys, partridge, and ruffed and sharp-tailed grouse. Go to their website, (gf.nd.gov) and type in "wing samples" in the search box for articles and information about receiving wing collection envelopes.

It's Biology 101 Revisited and Citizen Science rolled into one – and it is interesting to realize just how much information a simple wing or feather can reveal.

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PV/BV 24-4 concludes at Minot AFB

STAFF REPORT, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

Airmen assigned to the 2nd and 5th Bomb Wings participated in Prairie Vigilance/Bayou Vigilance 24-4, a training operation designed to test the wings' readiness to conduct deterrence and combat operations here, Sept. 4-8.

"The purpose of 'Prairie Vigilance' is inherent in the name itself: vigilance," said Col. Jesse Lamarand, 5th Bomb Wing commander. "It's how the 5th Bomb Wing ensures the safety, security and reliability of not just the weapons on base, but the human weapons systems that are involved in maintaining, sustaining and executing our president's nuclear options."

These training operations enable crews to maintain a high state of readiness and proficiency, and

validate the always-ready, global strike capability. The VIGILANCE series also enhances the safety, security, and reliability of the bomber leg of the U.S. nuclear triad.

"Col. Lamarand says all the time that even though this is for practice, people are watching," said Chief Master Sgt. Wayne Sharp, 5th Bomb Wing command chief. "These training operations let our adversaries and allies know that we operate in safe and reliable conditions, and we're ready to go at any given time."

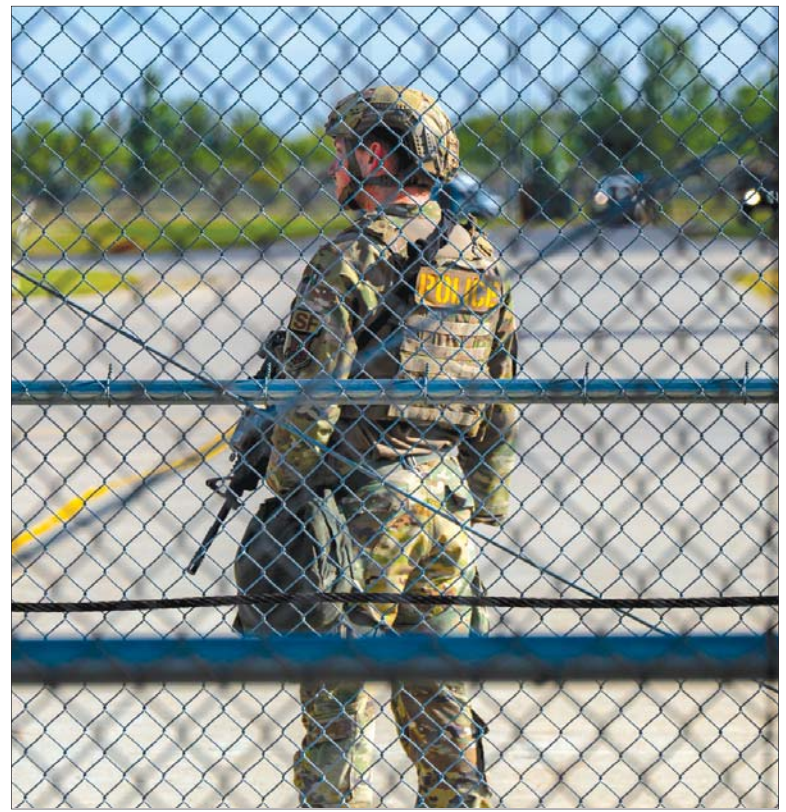
PV/BV 24-4 once again demonstrated Air Force Global Strike Command's airpower and capabilities, ensuring Team Minot and Team Barksdale Airmen are prepared and ready to execute such a vital mission. Hundreds of Airmen including aircraft maintainers,

security forces, and aircrews from two wings were tested and have shown their superior response efforts in support of deterring and, if necessary, responding to strategic attacks against the United States and its allies and partners.

PV/BV operations are regularly planned and are not scheduled or conducted in response to any specific geopolitical conditions or situations. These training missions are routine and occur multiple times per year.

This training operation not only demonstrates the wings' ability to stand alert if needed to deter or respond to an attack, but it demonstrates their ability to project lethal combat power across the globe.

This was the third iteration of PV/BV for 2024.



A 5th Security Forces Squadron defender provides security during Prairie Vigilance/Bayou Vigilance (PV/BV) 24-4 at Minot Air Force Base, North Dakota, Sept. 5, 2024. Training operations like PV/BV assure allies and partners the U.S. is ready to execute anytime, anywhere to defend and, if necessary, respond to strategic attack.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA BANKSTON



B-52H Stratofortresses, assigned to the 5th Bomb Wing, take off during Prairie Vigilance/Bayou Vigilance (PV/BV) 24-4 at Minot Air Force Base, North Dakota, Sept. 8, 2024. Training operations like PV/BV enable crews to maintain a high state of readiness and proficiency while validating the always-ready, global strike capability.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA BANKSTON



U.S. Air Force Senior Airman Aaron Cusick (right), 5th Operations Support Squadron aircrew flight equipment specialist, issues flight gear to U.S. Air Force Capt. John Cavassa, 69th Bomber Squadron, at Minot Air Force Base, North Dakota, in support of Prairie Vigilance/Bayou Vigilance 24-4, Sept. 5, 2024. Training operations like Prairie Vigilance ensure Airmen stay proficient in a variety of key operational skills.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS LUIS GOMEZ



A B-52H Stratofortress takes off during Prairie Vigilance/Bayou Vigilance 24-4 at Minot Air Force Base, North Dakota, Sept. 8, 2024. Training operations like this demonstrate Minot Air Force Base's commitment to its mission of executing nuclear operations and global strike anytime, anywhere, to deter and, if necessary, respond to strategic attack.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA BANKSTON

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Dome Sweet Dome

ERIN BEENE, NORTHERN SENTRY

You've all seen it, and heard it referred to by many names. But it is that humongous, white, plasticky-looking bubble dome covering the track and field next to the McAdoo Fitness Center. This dome is rumored to be an all-seasons covering, allowing residents to utilize certain gym facilities even during the brutal winter months. The dome project, for lack of an official name, has been in the works for about 10 years. A similar type of bubble dome exists over at Herb Parker Stadium at Minot State University, so it is evident this type of covering can and does work in the North Dakota

climate. However, while the "dome" is a new and unmissable feature to Minot AFB, what is missing is the answers to when it will be functional, how residents can utilize the area and what kind of regulations will fit into it? The Northern Sentry reached out to get answers from McAdoo Fitness Center Manager, Russell Bockman. While Mr. Bockman confirmed that the goal of the dome is to be open in late October, he also said that there are still several particulars that are still trying to be figured out, so they are not ready to release information to the public yet. He did mention that the dome will

come with a set of rule regulations similar to the after hours rules at the McAdoo Fitness Center and we can all look forward to a large official open house event in the next few months. While not much information is available just yet, we do know that the opening of the "dome" will not affect the hours or uses of the Turf building, which will remain open. Mr. Bockman assured the Northern Sentry that any information regarding the "dome", including the announcement of the official name, will be coming out in due time.



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- \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps
- 1/2 Flat Bread Pizza

DAILY SPECIALS

- Monday \$5 Moscow Mules (all day)
- Tuesday \$4 ND Breweries (all day)
- Wednesday 1/2 Price Wine by the glass/bottle (all day)
- Thursday \$1 up for all Tall Taps (all day)
- Sunday BRUNCH (11am-2pm)
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A LOOK BACK

THIS WEEK IN USAF HISTORY

USAF CREW PARTICIPATED IN RESCUE OPERATIONS FOR BURNING LUXURY LINER IN THE PACIFIC

October 4, 1980

On October 4, 1980, a fire erupted in the engine room of the Holland America Line luxury cruise liner Prinsendam as it was voyaging through the Pacific Ocean off the coast of Alaska. The United States Coast Guard performed a search, rescue, and evacuation operation for over 500 passengers and crew over the course of 24 hours. Participating in the evacuation was Air Force Capt. John J. Walters and his crew, who rescued 61 people by airlifting them to a supertanker with the help of their HH-3 Jolly Green Giant helicopter. The rescue of the Prinsendam was particularly significant because of the distance traveled by the rescuers, over 130 miles off the coast, and the fact that all 519 passengers and crew were rescued under challenging environmental conditions without loss of life or serious injury.

A Coast Guard Sikorsky HH-3F Pelican helicopter that aided in rescue operations approaches the Prinsendam in the Gulf of Alaska. (USAF/DoD Photo)

Information courtesy of: media.defense.gov / thisdayinaviation.com (Capt. Sean Cross, USCG Ret.)

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Northern Sentry Continues Hand Delivery Service on Minot AFB

Minot Air Force Base, ND – We want to assure our readers and the Minot AFB community that the Northern Sentry remains committed to delivering the latest news and stories directly to your doorstep. We continue to be the only newspaper “Sharing Your Minot AFB Adventure,” providing exclusive, locally-focused content to base residents.

Please be aware that any other newspaper you may find in your mailbox has been mailed from

an outside source and is in no way affiliated with the Northern Sentry. Our dedicated team ensures that every issue is hand-delivered on base, reinforcing our commitment to serving the Minot AFB community with timely, relevant information.

Thank you for your continued support. We are proud to be your trusted source for all things Minot AFB and look forward to many more years of sharing your stories and adventures.



ALS CLASS 24-GOLF CLASS

More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | MINOT AFB PA



Norsk Høstfest Announces Half Price After 4 p.m.

NORSK HØSTFEST

The Norsk Høstfest Board of Directors announced today “Half Price After 4 pm.” The “Half Price After 4 pm” promotion reduces the general Admission tickets to \$22, half the \$44 daily admission price. Kids under the age of 16 continue to receive free general admission to any day of the festival. This promotion does not include tickets to the Great Hall entertainers.

Half-price tickets are only available at the Norsk Høstfest Box Office (located at the ND State Fair Center) day of the event starting at 4 pm. The offer

does not include concert tickets to the Great Hall.

“This allows those working time to enjoy the free stage entertainment, the kid activities at the Familie Fjord, engage with artisans, and partake in the countless Nordic delicacies,” says John Mackner, Norsk Høstfest Board President.

Ticket Details

Tickets are only available on the day of starting at 4 pm. The Half Price After 4 pm promotion DOES NOT include tickets for the Great Hall.

Come learn about our organization and our affiliated organizations by stopping by before one of our meetings!

MINOT MASONIC CENTER



Come learn about Freemasonry and its community of appendant organizations by attending a meet-and-greet session with our members before one of our regularly scheduled business meetings!

Monthly Business Meeting Schedule • Meet-and-Greets

Blue Lodge - 1st and 3rd Mondays at 6:00PM

Shriners - 2nd Wednesday at 6:00PM

Scottish Rite - 1st Wednesday at 6:00PM

Eastern Star - 1st and 3rd Tuesdays at 7:00PM

Prince Hall - 2nd Saturday at 9:00AM

#SPM24

SEPTEMBER 2024

National Suicide Prevention Awareness Month

Together we can make a difference in suicide prevention and strengthen our total force.

Joining Your Fight: Connect to Protect

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1030-1300
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Minot Air Force Base Fire Department 896 Flight Line Drive Minot ND

Hello Autumn and Goodbye Summer

LISA GONZALES, AIR FORCE SAFETY CENTER

KIRTLAND AIR FORCE BASE, N.M. --

This year's 101 Critical Days of Summer has come to an end. As we shift to the crisp mornings of Autumn, remember to navigate the hazards of both seasons carefully.

In some areas of the world, high temperatures linger far past the end of summer and can cause dehydration, sunburns or sunstroke when not prepared. Be vigilant and wear sunscreen, hats, sunglasses and make sure to stay hydrated. In contrast, other areas shift to cooler weather, rain, fog and ice in some instances. Be ready for the dangers that come with these conditions.

The Department of the Air Force reinvigorated the 101 CDS last year to help reduce off-duty injuries and fatalities during the summer months. During the 101 CDS campaign the Air Force Chief of Staff, Gen. David W. Allvin kicked off the Integrating Risk and Readiness campaign to better prepare all Airmen to make risk-informed decisions in complex combat environments.

The IRR campaign aims to revive a mindset of operational discipline in everything we do by focusing on the fundamentals. Disciplined operations set the baseline for a ready force that can then utilize risk-informed decision making to employ the right formation at the right time and place.

Weaving operational discipline and risk management into the fabric of an Airman's every day duties encourages a commitment to safety which can also be carried over to off-duty activities.

Consistently during summer months, the top areas of concern for the DAF are motorcycle and four-wheeled vehicle accidents. From Memorial Day to Labor Day in 2024, we lost 11 service members to summer activities, with five of those being motorcycle and four-wheeled vehicle accidents. This is down from the 18 service members to off-duty activities in 2023. Speeding and alcohol continue to be the main factors in these fatalities. Although we saw a 33% reduction this year, our goal will always remain zero. One service member is one too many and their loss touches the mission,



their families and friends.

Based on five years of off-duty injury data gathered by the Air Force Safety Center's occupational safety traffic and outreach branch, 12 of 15 categories saw a decrease in injuries during this year's 101 CDS campaign. Water related activities were down 26%, while outdoor activities experienced a 33% decrease. Pedestrians/bicycles, however, saw an 85% increase of injuries. Be vigilant when in parking lots or when walking or bicycling on roadways to avoid being hit by a motor vehicle. Overall, there was a 29% decrease in all injuries from 2023, with 518 injuries in 2023 to 363 in 2024. The data gathered for a five-year look back shows a down trend of over a 21% decrease in injuries.

By incorporating DAF Risk Management into the 101 CDS, Airmen, Guardians and civilians have the tools and resources to

assess their decisions and use sound risk management in off-duty activities.

"Labor Day weekend was the unofficial end of summer, but warm weather can linger well past the holiday. If you plan to travel before the weather changes, create a plan and incorporate risk management into it," said David Brandt, chief of traffic and outreach branch at the Air Force Safety Center. "Keeping risk management in your plans will help you make sound decisions."

As summer draws to an end, consider the hazards and how to mitigate them. Weather can change quicker than expected, so don't get caught unaware. Be prepared for any type of weather -- from frost and fallen leaves making walking surfaces slippery to driving home in the dark.

Be vigilant and stay safe! For more information on safety topics visit www.safety.af.mil.

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For details, call the M&FRC at 723-3950

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Monster Con Takes Over Minot!

MARTINA KRANZ, NORTHERN SENTRY

Horror is a passion for Mike McCloud! It was this passion that inspired McCloud, Facilities Director of the Dakota Boys and Girls Ranch, to create the first ever Midwest Monster Con in Minot. He has always been into horror movies and the Halloween season. Like wearing costumes when he or his wife answers the door, so the kids not only get a treat, but also a little bit of a scare. He began to help with a local event and learned how to host a convention, and saw a need, that around Halloween, people and families looked for activities to do. McCloud explained that he is excited to offer the Minot community even more Halloween related events based around scary movies. This spooky convention is on October 5th from 10:00-5:00 at the Minot Municipal Armory (The Armory). Because of the mature horror theme, the event is geared more toward teenagers and adults. Horror seekers and fright aficionados can expect awesome events and decorations that they might find fun and interesting. First, the North Dakota Paranormal Investigators (NDPI), four women who travel throughout the state searching for ghosts and other energies, are going to investigate The Armory, the place where

everyone at the Monster Con will be gathered. NDPI investigates live for all to see. Maybe they'll hear voices, see shadows, or have the feeling of being watched. In addition to ghosts and spirits, Midwest Murder Investigators, known for the self-named podcast, will also be making an appearance at Monster Con. They reveal their detailed knowledge on the investigations of solved and unsolved local murders. Come and see what they uncover! While costumes are not absolutely required, Monster Con encourages attendees to wear unique and scary costumes to help create the atmosphere for the event and to participate in the applause-based costume contest. Door prizes will be given to the winners. If you're into Halloween decorations, a special Oddies and Curiosities vendor from Bismark will offer decorative merchandise. Oddities consist of obscure, farfetched objects or creatures that people have made from crafts, such as a Merman. Halloween related board games will be available for people to play, and horror movies will be playing in the background. Interested in creating your own scary story? Monster Con plans on releasing a Mini Horror Film

Contest and the special effects (FX) make-up artists will give a how-to on basic tips for creating your own gore! The details on how to enter the film contest and the requirements will be revealed at the convention. Once participants submit their entries, the films will be posted online, and people can view the vote and see who was selected. Just before Halloween! Since this event is new, tickets can only be purchased at the door, and there are no restrictions on ticket sales since The Armory can hold up to 600 people. On Friday night, October 4th, there will be a Bar'muda Pub Crawl, which is a precursor to the Monster Con. For more information, visit <https://allevents.in/minot.bar'muda-pub-crawl/200027194166302>. McCloud loves horror because of the anticipation that you don't know what's going to happen next. He says, "Even though when we watch a scary movie, we always



In September 2023 at the Crypticon in Minneapolis, Minnesota, Mr. McCloud and his wife dressed as Frankenstein and the Bride of Frankenstein.

think 'oh, they should do this' but sometimes they'll do something that's so off-the-wall that you didn't expect them to do that, and it's just that anticipation. And the genre of horror, when you look at all the different things that it covers, it can reach so many people." More than business, horror is a passion for McCloud. So, see you at the Midwest Monster Con on October 5th from 10:00-5:00 at the Minot Municipal Armory, if you dare.



In September 2024 at the Crypticon in Minneapolis, Minnesota, Mr. McCloud and his wife dressed as Pugsley and Wednesday Addams from The Addams Family.

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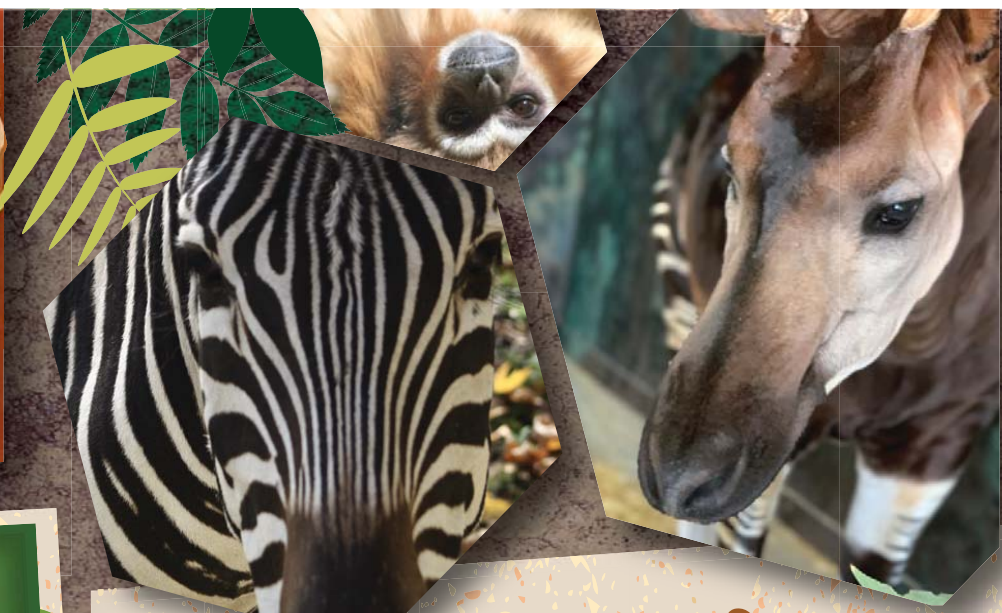
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AFRICAN LION



Fact File

Life Span	10 - 14 years
Weight	300 - 600 pounds
Height to Shoulder	4 feet
Body Length	8 - 9 feet
Tail Length	26 - 39 inches
Top Speed	50 mph
Wild Diet	Omnivore Carnivore Herbivore Antelope, Giraffe, Zebra, Wildebeest, Impala

Photo by Amanda Cone

CREATURE FEATURES

- Lions live in prides dominated by one male, including several females and cubs.
- Their long retractable claws help the lion grab and hold prey. Lions have massive shoulders and strong forelimbs, long, sharp claws, and short, powerful jaws to aid them while hunting.
- The female lioness does most of the hunting. They are mainly nocturnal and work in teams to stalk and ambush prey.
- They use their roar to communicate and declare territory. A lion's roar can be heard over several miles.
- Lions sleep or rest about 20 hours a day.

ANIMAL FUN

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HOURS: MON-SAT 10AM-3PM

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Tire maintenance keeps drivers safe

Maintaining tires is an important component of safe driving. Tires are some of the hardest working parts on a car or truck and are subjected to wear and tear every time rubber meets the road. Tires affect many components of driving, including handling, braking and the comfort of the ride. Maintaining tires makes driving safe not only for drivers and their passengers, but also for fellow motorists.

The National Highway Traffic Safety Administration says that, in 2017, 738 fatalities occurred because of tire-related crashes. Many of those crashes were no doubt preventable, and that only highlights the importance of maintaining tires and monitoring their performance.

Poor tire maintenance can lead to premature wear and potentially result in a blowout. The automotive group AAA notes it is important to visually inspect tires as often as possible. Drivers should look for overall tread wear. Pay special attention to tread wear on one edge of the tires, which could indicate poor alignment. Erratic tread wear may mean tires are out of balance.

Drivers also should pay attention to how their cars drive and sounds. Unusual vibration or thumping noises suggest issues with the tires. A car that pulls in one direction also may be experiencing tire problems. Vehicle owners should be aware of the routine maintenance steps that can keep them safe and improve the life expectancy of tires.

- **Tire pressure:** The NHTSA says only 19 percent of consumers properly check and inflate their tires. Keeping tires properly inflated is one of the most important steps to maintaining them. Tires lose around 1 psi per month, and underinflated or overinflated tires can contribute to unusual wear, blowouts and even excessive fuel consumption.
- **Rotation:** Check the owner's manual or recommendations from the tire manufacturer, but know that most mechanics advise having tires rotated every 5,000 to 8,000 miles. Rotation helps distribute wear more evenly on tires.
- **Balancing:** AAA says balancing also helps minimize uneven wear and tear. Balanced tires are achieved by using small weights attached to the wheels to limit vibration of the tire and wheels as they turn. New tires should be balanced, and tires also should be balanced after one or more is removed to repair a puncture.
- **Alignment:** Vehicles have wheel alignment measurements that pertain to manufacturers' specifications. Alignment that falls outside of the range can impact handling, fuel economy and tread wear. A drift or pull suggests alignment problems and should be addressed. Vehicle owners should keep tire inspection and maintenance in mind as part of their overall car care plan.



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A Focus on Service

HOPE ANDERSON



Have you ever walked into a business and been completely amazed at the wide variety of items that they sell and the personalization you can receive with each purchase? You will feel this exact feeling when you walk into Focused Beam Engraving & Gift Shop. When you drive up to Focused Beam, you really have no idea what to expect as it has a very unassuming exterior, but walk inside and you will find something you needed or many didn't even know you had to have until that moment.

Larry Melton started Focused Beam Engraving after his military career as a way to do something different and to be able to work with the public. He prides himself in offering a little bit of everything. His ability to personalize just about anything makes it a place to go for a specialty wedding gift such as an engraved cake pan with the couple's name or a First Communion Bible imprinted with the recipient's name. Birthday, retirement, baptist, holidays...truly the occasions are endless, but you will find it at Focused Beam.

What started as a hobby has turned into a full time career. Open Monday - Friday from 9 am - 4pm, you can find Melton working on a plethora of different mediums. From wood to metal and jewelry to drink wear, he can create exactly the design you are looking for on most any item. Melton stated that some of the most popular items that he makes are metal photo frames, bully sticks, drink wear, and memorial items. Custom made items for pets are also popular purchases and they can engrave on tags, bowls, signs, and more.

When a person passes away, mourners often feel it is comforting and even healing to have mementos to remember their loved one. Focused Beam Engraving can make cremation jewelry, custom engraved urns, keepsake picture frames, and more to give as a gift or for yourself during a difficult time in life. Melton is honored to work with people during their times of loss and will take great care to provide the best service possible.

One thing that people may not realize about Focused Beam Engraving & Gift Shop is that they carry a wide variety of remote controlled vehicles in their hobby shop portion of the store. They carry planes, boats, and cars in a variety of sizes and price points. It is a great place to find that perfect Christmas gift for the RC vehicle enthusiast in your life.



It may seem crazy to think that it's time to start thinking about Christmas gifts, but the reality is, it is not that long until the first snow will fly and we will all start thinking about gift buying. If you are looking for a specialty sign for dad's garage or a lake cabin, a unique custom picture frame, or a personalized gift to send to a loved one, check out Focused Beam Engraving & Gifts. Melton can help make your ideas into reality through his in-depth knowledge and genuine care for customer satisfaction.

You can find Focused Beam Engraving & Gifts at 2001 8th Ave SE in Minot. It is located across from the ND State Fairgrounds, in the same building as Vintage City. They can be found on Facebook at Focused Beam Engraving and post images of many past projects to get ideas of the many offerings they provide. You truly will be amazed at all that you can find within the walls of Focused Beam and most likely, if you can't find it there, Melton has a way to make it!



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Take Me Back To The Future

New Enerbase Store-A Mixture of Old & New

ROD WILSON, NORTHERN SENTRY

Your gas gauge is bouncing on empty, and so is your stomach. You're headed down South Broadway and out of the corner of your eye you see the answer, the new Enerbase Convenience store located at 1809 South Broadway.

From the outside the new store might seem pretty prototypical, but it is far from the ordinary.

You stop at the gas pumps and within seconds two employees appear and what? They offer to pump your gas. Gotta cost a lot more, right? Nope, same price for gas as all the other stations in the area offer. Full service gas stations? They went out with car hops about 50 years ago. "Yeah, we get some strange looks when we offer to pump their gas for them" according to Ricky Aberle, CEO of Enerbase "and then when we offer to wash their windshield, and check their oil, everyone thinks they are paying extra, but they aren't."

Your car seems pretty well taken care of, so you head to the convenience store, where you take a quantum leap in technology. According to Aberle "before you enter the store, you have your credit card electronically scanned. When you walk through the entrance turn stiles, you are assigned a color, but the cameras overhead." Say that again...everyone has a color? "Yep that's how you are monitored in store. Anything you pick up, and retain, goes on the credit card when you leave the store." So, gas, coffee, chips, and breath mints, they are all charged to my card? "Yeah, it's really easy continues Aberle, and accurate. If you put something back, before you leave



Exterior of new Enerbase Convenience Store

the store, you don't get charged."

A little research convinced me that these stores are not a thing of the future, instead, they are here and now. Very common in airports, bus depots and of course gas stops. Enerbase has taken the technology and leveraged it with the full service gas stop to give you everything you need in one stop. Cold out- don't want to leave your car- the Enerbase staff will be there to fill your tank.

Can you imagine? You drive up, give the command to fill 'er up, and while you are at it, can you check the oil and wash the windows. While your gas is being pumped, you make the short trip to the store, grab a few items and a hot cup of coffee. No hassle or long lines at the checkout. Into your car and on your way. Can it be so simple?

If you are one of those "show me" type folks, give it a try. The

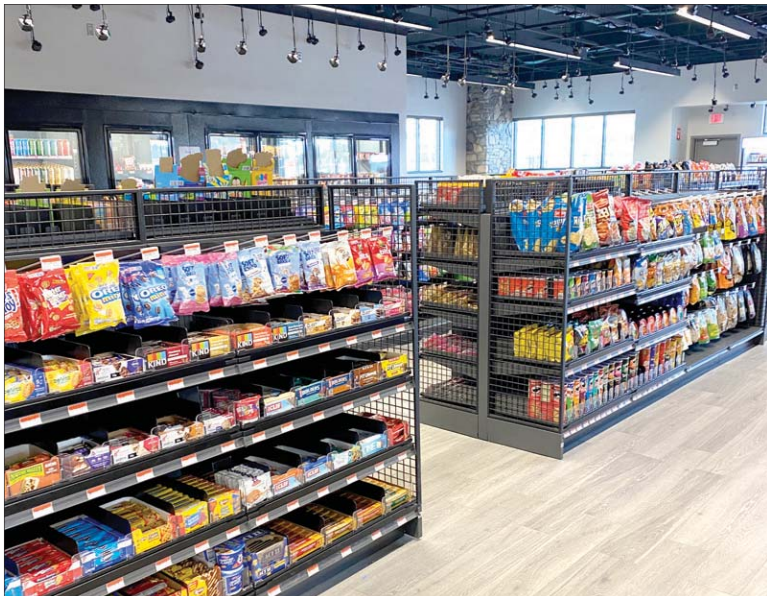
new Enerbase Convenient Store, and car wash of course, located at 1809 South Broadway.



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Enerbase CEO, Ricky Aberle shows how convenient it is to use.



Interior of the store.



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CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

C	H	I	M	P	L	A	P	S	E	S	N	O	
O	A	T	E	R	A	L	O	U	D	T	E	N	
W	H	E	R	E	S	P	O	P	P	A	A	P	E
S	A	M	S	W	A	N	E	E	M	B	A	S	
B	L	A	Z	E	R	O	Y	A	L	E			
J	O	L	I	E	T	I	D	I	O	T	I	C	
E	L	E	G	Y	B	A	C	A	L	L			
T	E	N	D	O	R	B	E	D	D	A	U	B	
A	G	H	A	S	T	S	M	O	K	E			
A	C	A	D	E	M	Y	S	T	A	K	E	D	
L	O	R	D	L	Y	A	S	T	I	N			
C	L	A	Y	P	E	A	H	E	N	V	A	L	
A	L	B	F	A	T	H	E	R	G	O	O	S	E
P	A	L	O	P	T	E	D	E	V	I	T	A	
P	R	E	B	A	U	D	S	R	A	D	O	N	

SUDOKU

Solution to puzzle on page B9

	1		2		3			
4			5		6	2		
		2			7		8	
			8		5		6	
			7		3			
5		9			1			
1		7				9		
	4	3			6			5
	2			4				1

CROSSWORD PUZZLE

Across

- 1. Cloverleaf unit
- 5. Chalcedony variety
- 10. Mustachioed president
- 14. Polecat's trademark
- 15. Off-road vehicle?
- 16. Colleague
- 17. A
- 20. Belly to the ground
- 21. Utter indistinctly
- 22. River into the English Channel
- 23. Needing an extra quarter, perhaps
- 26. Place to get stuck
- 28. B
- 36. Author Wolfert or Levin
- 37. Have the moxie
- 38. Antler fork
- 39. Tropical starch source
- 41. One paid to be a go-between
- 43. Deer sir
- 44. They get smashed
- 46. "The Iron Chancellor" von Bismarck
- 47. Ethyl or Benz finish
- 48. C
- 52. Negative conjunction
- 53. Zeno's promenade
- 54. Rambunctious child
- 57. "Daily Bruin" publisher
- 60. One is at either end of Alaska
- 64. D
- 68. Blow one's stack
- 69. Standard of excellence
- 70. Wine flask of yore
- 71. Senate approvals
- 72. Bridal largess
- 73. "___ creature was stirring ..."

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15							16			
17					18						19				
20								21					22		
				23		24	25		26		27				
28	29	30						31	32			33	34	35	
36						37					38				
39			40			41				42		43			
44					45		46						47		
48						49					50	51			
					52				53						
54	55	56			57		58	59			60		61	62	63
64					65				66	67					
68						69						70			
71							72							73	

Down

- 1. One-sided victory
- 2. Hebrew month
- 3. "I've Got My ___ Working" (Muddy Waters)
- 4. On the double!
- 5. Mass apparel
- 6. Styling substance
- 7. His cookies are famous
- 8. Cruise about town
- 9. Tough it out
- 10. Cigarette substance
- 11. Moisturizer ingredient
- 12. Coalesce
- 13. Eschew the mouse
- 18. Means of control
- 19. Curmudgeon
- 24. Icelandic saga
- 25. Mythical source of fire
- 27. Rocky crags
- 28. Indian music maker
- 29. Muse of love poetry
- 30. Pool ricochet
- 31. Sharp mountain ridge
- 32. Tithe amounts
- 33. October ad target
- 34. Pointless
- 35. Goaded (with "on")
- 40. Yemen neighbor
- 42. Track tipster
- 45. Pig proboscis
- 49. Corsage staple
- 50. Pinocchio's protuberance
- 51. Polyester fabric
- 54. Conjectural
- 55. Pouting grimace
- 56. Deer's enemy
- 58. Italian beach resort
- 59. From the beginning
- 61. Mauna Loa's locale
- 62. Enjoyed a tear-jerker
- 63. On the Atlantic
- 65. Legal thing
- 66. River flowing into the Rhine
- 67. Leader of the Family Stone

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Fellowship 11:00 a.m.

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www.faithumcminot.com

Pastor Rick Craig
701-838-1540

Sunday School (All Ages): 9:45 a.m.
Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.

Cornerstone Presbyterian Church

1000 NE 3rd Street 852-0315

Sunday Schedule
Contemporary Worship 9:00am
Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule
Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm
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www.ibcminot.org
701-839-3694

SUNDAY 9:00am Coffee Fellowship
WEDNESDAY 11:30am Soup Kitchen
9:15am Sunday School 5:30pm Family Supper
10:30am Worship 6:30pm Adult Bible Study, IBCY, Kids' Club

Pastor Brian Keithline

Christ Reformed Church

Worship 11:00 a.m. Sunday
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www.christreformedchurchminot.com

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701
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Daily Mass Schedule:
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Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
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Wednesday Evening 7:00 p.m.

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Pastor David Miller

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Southern Baptist Convention

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Morning Bible Study and Sunday School 11:00 AM
Wednesdays
Kid Connection 6:00 PM

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www.fbcminot.org

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Contemporary Worship Service 9:50 a.m.
Adult Sunday School 11:00 a.m.
Contemporary Worship Service 11:05 a.m.
Children's Church 11:05 am.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

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(701) 838-0609

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Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor

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A Reformed Baptist Church

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9:30am Sunday School & Adult Bible Study
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Family Hour 6:30 p.m.
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Son Of A Brunch Makes Exit

KERIANNE NOEL AND ERIN BEENE

The Northern Sentry's 2023 Best Food Place on MAFB winner, Son Of A Brunch, made its exit out of the Base Exchange food court, just this month. Son Of A Brunch was a locally-owned food truck-turned-BX-restaurant of hearty breakfast foods. Owner Lee Drummelsmith came to this location on MAFB in November 2021 and has been providing Airmen and their families early morning delicious eggs, bacon, sausage, burritos, sandwiches and much more since that time.



premature departure of Son Of A Brunch.

Lee Drummelsmith spoke with the Northern Sentry saying, "My favorite part of being on base was getting to know a lot of amazing people and their lives from all over the world. I've had some of the best conversations with a lot of my regulars, and getting to really know my customers made it very rewarding. Having the privilege to make everyone's days just a little bit better, whether it was just starting or just finishing, really was the greatest feeling."

As a last statement to the base, Drummelsmith noted, "Thank you doesn't even begin to cover how grateful I am of everyone that came and ate at my restaurant...You all treated me like family, even without me being prior military, and for that I can never thank you enough. Until next time."

In a Son Of A Brunch Facebook post on Sept 8, 2024, Drummelsmith wrote, "Thank you all so damn much for all the support you have provided me and my family. The Son Of A Brunch brand is alive and well. We have solidified a very unique and permanent spot back in Minot, and will be moving there shortly. Details on this new spot will be coming soon!"

Son Of A Brunch had previously ceased operating out of the Minot AFB Exchange location and was utilizing its food truck at multiple locations around base before finally calling it quits for good last week. On September 19, Son Of A Brunch rolled out of MAFB for the last time after completing a marathon of attempting to stay open for over 24 hours straight.

The departure of Son Of A Brunch came before the end of the business's initial three year contract deal. Drummelsmith felt it was time to move on from the base based on a difference of management direction from AAFES. AAFES General Manager at Minot AFB, Kyle Omler, was contacted but declined to comment on the





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TAKE OUT OR DINE IN



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, Sept. 23: 1,838.84 feet above mean sea level (MSL); 13,800 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,499.84 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.62 MSL.

N.D. Game & Fish Dept. game wardens: Little activity on north-central area lakes. No Lake Sakakawea or Devils Lake reports.

Devils Lake, Ed's Bait Shop, Devils Lake: Devils Lake northern feeder lakes continue producing walleye, including Pelican Lake. Some walleye success continues yet on main Devils Lake.

Devils Lake, Woodland Resort, Devils Lake: OK walleye success with most activity with spinners and bottom bouncers. Also try jigging as water temperatures cool.

Lake Darling, Karma C-Store, Ruthville: No new reports from Lake Darling and the Grano area.

Lake Metigoshe, Four Seasons, Bottineau: Fair bluegill and walleye success with some nice-sized fish showing.

Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea producing some walleye in 25 to 45 feet but limited angler numbers.

Lake Sakakawea/Lake Audubon, Hwy. 83 lawn & leisure, Garrison: East end of Lake Sakakawea producing small walleye but slower success for larger fish. Work from 5 Fingers to Nishu Bay in 35 to 60 feet with Jig-N-Raps No. 9. Good salmon bite in 30 to 60 feet along the face of the dam. Also work along Riverdale Bluffs to Death Man's Bay or in front of the Spillway. Lake Audubon slow for walleye. Decent smallmouth bite yet using a variety of presentations.

Lake Sakakawea, New Town: Van Hook Arm fairly quiet for angler numbers with generally slow success for those going out.

Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace producing some salmon and walleye from both

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.



- Be extremely careful with waterfowl species identification with most ducks lacking fall plumage and endangered whooping cranes beginning migration soon – don't mistake for snow geese or tundra swans.
- Keep any fish coming from 25 feet or deeper – their swim bladders can't handle coming up quickly from deep water and they typically won't survive.
- N.D. Game & Fish Dept. free PLOTS, Private Land Open to Sportmen, guides with maps available for download on their website, (gf.nd.com). Printed copies available at select vendors and Game & Fish Dept. offices.
- Sept. 28: Tundra swan season opens.
- Sept. 28: Nonresident Canada goose, duck, merganser, white-fronted goose, light goose, coot, and bonus teal seasons open.
- Sept. 28: Fall Festival celebrating Public Lands Day, Audubon Nat'l. Wildlife Refuge.
- Oct. 2: Pierce Co. Ducks Unlimited dinner, Eagles Club, Rugby, 5:30 p.m.
- Oct. 4 & 5: Youth pheasant season.
- Oct. 5: MonDak Pheasants Forever Chapter banquet, Raymond Family Community Center, Williston, 3 p.m.
- Oct. 6: Bonus teal season closes.

TOURNAMENTS:

- Oct. 5 & 6: Lake Sakakawea, Lewis & Clark State Park.

boat and shore with better success at night using crankbaits. Continued fair catfish success. East end of Lake Sakakawea continues producing salmon from both boat and shore casting crankbaits or spoons. A deep bite with down riggers continues but look for that to slow as fish move shallow. Most success is as deep as 60 feet depending on time of day. Try Government or Scoria bays. Also try the spillway area. Better success in morning or evening or overcast days. Continue working deep for walleye on the east end of Lake Sakakawea.

Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Montana rains muddied up the Yellowstone and Missouri rivers but should still provide nice fall walleye activity when it cleans up. Try Lund's Landing or Tobacco Garden on the upper end of Lake Sakakawea for walleye using crankbaits or minnows. Work variety of depths and move around with fish also on the move. Look for nice catfish bite.

- Lonetree WMA area lakes, Harvey:

No new reports.

North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Little to no activity on the Souris River and area lakes.

Hunting:

Deer: More nocturnal movement in recent days.

Doves: Many birds moved out but look for some scattered numbers lingering yet.

Sandhill cranes: Some scattered flocks starting to move into parts of Mountrail and Ward counties and along the northern tier of the state.

Upland: Hunters generally seeing fewer grouse.

Waterfowl: Fair to good numbers of local ducks and Canada geese throughout much of the state but be careful with proper duck identification.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.



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YOUTH IN ACTION

Monsters and Basketballs!

DR. AMANDA CAPOTE, PHD

Music at North Plains is really starting off right! From making meter monsters to using basketballs to perform rhythms—who knew music could be SO fun?

Basketballs have been a great way to teach beat and rhythm while using fine motor skills. Anytime we can make a connection between music while using our body is a win in my book!

Our meter monsters have also been a unique way to learn about something tricky in music while making it silly. Students were asked to fill their “monsters” bellies with certain meters using correct music notation (quarter note, pair of eighth notes, half note, or whole note). If they do not put enough notes in the belly, the monster is hungry, but too much gives their “monster” a tummy ache.



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Did you know that nearly 90% of child safety seats are used incorrectly! The two minutes you take each time you buckle up your child correctly can save their life.

Infants: An infant may be restrained in an infant seat or a convertible seat. An infant seat is designed for children birth to one year and about 20 pounds. A convertible seat is designed for children birth to about 40 pounds.

Children less than one year and up to 20 pounds (check your seat's manufacturer's instructions for exact weight limits) must be restrained rear facing in the car.

Some infants will reach 20 pounds before one year of age - outgrowing their infant seat, but are still not ready to face forward in the vehicle. In this situation, the child should be restrained rear facing in a convertible seat designed to hold children up to 28-30 pounds rear facing. More and more convertible seats are being made to hold heavier infants rear facing. Always follow the manufacturer's instructions.

Adjust the seat so that the child is reclining at about a 45 degree angle.

Harness straps should be in the slots at or below the infant's shoulders and should be snug against baby.

Place the retainer clip at armpit level to keep the harness strap on baby's shoulders.

Never place an infant in a front seat with a passenger-side airbag.

Harness baby in snugly and then cover the baby with a blanket.

Make sure the seat is installed as tight as possible. Get in a kneel on the seat while tightening the belt. A child safety seat should not move more than one inch in any direction.

Always use a federally approved child safety seat and not a regular household carrier.

Toddlers: Child faces forward in car and in an upright position after 12 months and over 20 pounds.

Most convertible seats are for

children up to 40 pounds (about 4 years old). Read manufacturer's instructions to check your seat's guidelines.

A forward facing seat must have the harness straps in the upper most harness slots.

Built-in safety seats are federally approved and safe for children over 20 pounds and 12 months.

Always make sure the seat is installed as tightly as possible.

Older Children: Children from 40 to 80 pounds or 4'9" tall should use a federally approved booster seat.

A booster seat with a lap and shoulder belt combination is the safest. This can be done with a booster without a shield and one that has a removable shield. Always follow the manufacturer's

instructions for this.

Once children are over 4'9", and have outgrown their booster seat, they should use a safety belt in all seating positions.

Older children are ready to use vehicle safety belts when the lap belt stays low and snug across the hips, and the shoulder belt does not cross the face or in front of the neck.

The safest place for a child to sit is in the middle of the back seat. If the vehicle has a passenger side airbag, all children 12 and under should be restrained in the back seat. Airbags save lives when used with safety belts.

Originally written by SSGT Kelleen Kosch, 5th Bomb Wing Occupational Safety Technician.



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Minot Robotics Team is Waiting for You!

SABRINA MULRAIN, NORTHERN SENTRY

Did you know the Minot Robotics team is made up of not only Minot AFB teens but also local teens from the city of Minot? This community team, known as Team #10173, is one of only seven active FIRST (For Inspiration and Recognition of Science and Technology) Robotics teams within North Dakota. Through the team-based robotics programs, FIRST robotics prepares the youngsters with engineering and problem-solving skills that they can draw upon in situations they may encounter in the future.

An exciting development for Minot Robotics team #10173 is that they recently applied for the DoD STEM grant, which required at least a portion of the team to be affiliated with the DoD. They ended up receiving the grant which will benefit the entire team by helping with their funding for close to half of the season. Colonel John Burrell and his spouse Alicia Burrell are the lead mentors heading up the Minot Robotic Team #10173, their 17-year-old son Will and their 14-year-old daughter Izzie are also apart of the team.

The season typically begins in January and can run all the way through April. Students will be not only be competing for awards, but they will also be learning how to work together as a team, learning how to strategize, raising funding, learning to communicate better, and will also be learning about the concept of Coopertition. Coopertition is vital in FIRST robotics, it is about working together with the other robotics teams to help and inspire each other while at the same time also competing against them. Each Robotics team is randomly assigned partnerships for the three-on-three challenges with two other teams. They must work together to win although where it really gets tricky is the assigned partnered teams switch each match. Although the teams

are all in competition with one another they also have to work together in the times they are partnered for a match. So during one match they need to work together and during another match they are again competing against each other.

Col. Burrell and Alicia Burrell further explained how a competition may look, "Typically, a team forms an alliance with two other teams, picked at random, to accomplish tasks for points. Each year is a different theme with different tasks which makes every year unique. A new robot must be designed to meet the challenge, making a more level playing field for old and new teams."

Minot Robotics Team #10173 will be competing in a minimum of two tournaments during the 2024-2025 season. And if the team does well during the first two tournaments they may even advance to the regional championships! This year's Robotics competition theme, which launches on January 4th, 2025 is called Reefscape. According to the First Robotics Competition, the 2025 Reefscape challenge will have teams using their engineering skills to strengthen one of the ocean's most diverse habitats. (<https://www.firstinspires.org/robotics/frc>)

When asked why having a Robotics team is so important, The Burrell's both agree that "we need to instill an education related to science, technology, engineering and math in the next generation of teens. We use technology every single day. Your phone, the apps on it, laptops, smart home devices, GPS, etc. That technology was unimagined, yet someone designed it, built it, tested it. Minot teens can help design what comes next!"

The Burrell's future plans for the Minot robotics team #10173 is to become a permanent part of Minot and for it to continue to provide Minot teens with an

outlet even after they move away. The Burrell's hope for the future is that, "Maybe one day there won't just be one team here, but multiple teams! This is our third time in the area and our eldest teen, Will, joined a FIRST Lego league in elementary school that was started by another military family on the base. This was his initial exposure to robotics and he just loved it. We actively sought out a team when we moved to Virginia and he found his place with like minded, creative, innovative individuals."

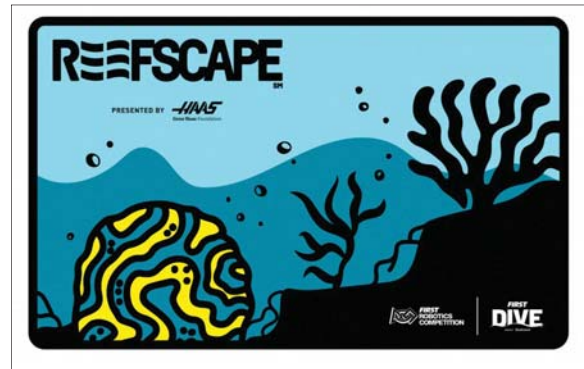
In the upcoming months the Burrell's will be holding a few interest meetings for anyone interested in joining the Minot Robotics team.

Teens interested in joining the team will not need to have any prior experience, however, they are required to be high schoolers between the ages of 14-18 years old.

Information about the Minot Robotics team: Facebook @MinotRoboticsTeam10173 or email minotfirstrobotics@gmail.com.



The robots from Team 2421, 2363 & 1731 in a Washington DC area competition in March 2024.



2025 First Robotics competition REEFSCAPE presented by HAAS.



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YOUTH IN ACTION

Winter Bussing and Town Hall

The school year is in full swing and as we adjust to shorter days and decreasing temperatures, the School Liaison Office serves as the Contracting Officer Representative (COR) for Yellowfin Bus Transportation and is excited to prepare for our winter bussing season.

Winter bussing at Minot Air Force Base is provided by Yellowfin Bus Transportation and services students attending North Plains Elementary, Dakota Elementary, and Memorial Middle School. Yellowfin Bus Transportation manager, Mary Lee Scott and I are working closely together to ensure SY 24-25 Winter Busing is a success! In this article, I would like to highlight a few things to keep in mind as you prepare your student to ride the bus. These items include submitting bus forms, arrival to bus stop, communication, and the bussing town hall.

Bus Forms: Please remember to fill out and submit bus forms to yellowfin.minot@bragglines.com. This is an important step for all students to be accounted for prior to the start of winter bussing. As a point of clarification, Youth Programs transportation will transition to Yellowfin. As a result, please be sure to submit the forms to Yellowfin Bus Transportation at the above email.

Arrival at Bus Stop: The School Liaison Office and Yellowfin Bus Transportation encourages all students to be in place at the designated bus stop 5 minutes



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



prior to pick up. This is necessary to ensure the safe and timely arrival of students to school and home. It is important are students are not missing a moment of precious instructional time with teachers and staff.

Change of Transportation: Communication is key as our students are being transported. Change is inevitable especially as we daily strive to fulfill a mission. If there is a change in transportation with awareness prior to a student's arrival to school, please be sure to communicate this with your school child as a preliminary step. This provides the student with clear expectations and a sense of security. After this, share this information with the classroom teacher via Parent Square. If there is an urgent or immediate concern, please reach out to Mary Lee Scott at 701-500-4466 and/or the respective school.

Bussing Townhall: On Monday, October 21st, 2024, at 5:00 pm, the School Liaison Office will host a bussing town hall at the Jimmy

Doolittle Center. This would be a great opportunity to connect with the School Liaison Office and Yellowfin Bus Transportation. You can expect an introduction to the bus drivers, and a detailed description of the bus routes.

We look forward to a fantastic winter bussing season and seeing you soon! If there are questions, please send me an email at mafb.school.liaison@us.af.mil or 701-240-2380.



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October 17 & 18
Administratior
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November 11
Veteran's Day - No School

November 20
Early Release Day

November 28 & 29
Thanksgiving Day and
Vacation Day - No School

October 2024							21 days
S	M	T	W	T	F	S	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

November 2024							18 days
S	M	T	W	T	F	S	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

- PD Days - contracted days
- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days

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MINOT NORTH FOOTBALL

2024 Schedule

Century JV vs Minot North

8/29 - 7:00 PM - Sentinel Stadium

Wahpeton vs Minot North

9/6 - 6:00 PM - Sentinel Stadium

Minot North vs Horace

9/13 - 7:00 PM - Horace High School

Minot North vs Grand Forks Central

9/20 - 4:00 PM - Cushman Field

St. Mary's vs Minot North

9/27 - 7:00 PM - Sentinel Stadium

Minot North vs Watford City

10/4 - 7:00 PM - Watford City High School

Dickinson vs Minot North

10/11 - 7:00 PM - Sentinel Stadium

Minot North vs Jamestown

10/17 - 7:00 PM - Hansen Stadium

Valley City vs Minot North

10/25 - 7:00 PM - Sentinel Stadium

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7	1	5	6	2	8	4	3	9
4	9	8	5	3	7	6	2	1
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9	4	3	1	7	6	2	8	5
8	2	6	9	4	5	3	1	7

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base. Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 5 August - 6 October. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

★ **Hotel** ★
REVEL

TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMOTHY TIMM

Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring your own Instruments

Don't know how to play anything? Come sing

Hosted at the Base Theater on
Saturdays from 12:00 to 6:00!

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FACEBOOK,
OR INSTAGRAM

For updates and socialization:
<https://discord.com/invite/xQtPFRBr>
Minot AFB Musicians On Facebook
Minotafb_musicians On Instagram



Atypical Brewery & Barrel Works

510 Central Ave E, Minot
Phone: 701.833.0567
FB: Atypical Brewery & Barrelworks

Applebee's Grill & Bar

2302 15th St SW, Minot
Phone: 701.839.2130
www.applebees.com

Badlands Restaurant & Bar

1400 31st Ave SW, Minot
Phone: 701.852.7335
www.blgrill.com

Bone's BBQ Smokehouse & Grill

437 N Broadway, Minot
Phone: 701.838.9140
www.bonesbbqminot.com

Culver's Restaurant

3000 S Broadway, Minot
Phone: 701.852.4800
www.culvers.com

Ironhorse Kitchen + Bar

21 E Central Avenue, Minot
Phone: 701.852.8183
FB: Ironhorse Kitchen + Bar Minot

Jamaican Vybz Kitchen

Suite 200 315 Main Street S Minot
Phone: 701-441-9309
FB: Jamaican Vybz Kitchen

Meg-A-Latte

2045 N Broadway Suite #100
Minot, ND 58703
Phone: 701-838-8479
www.meg-a-latte.com

Mi Mexico

3816 South Broadway Minot
Phone: 701.858.0777
www.mimexicomintnd.com

N.D. Asia

3400 16th St SW, Minot
Phone: 701.852.1240
www.ND-Asia.com

Noodles & Company

304 4th Ave NW Minot
701.491.9103
www.noodles.com

Pink's Bar & Grill

102 128th Ave NW Minot
Phone: 701.852-2385
FB: PinksBarGrill

The Blue Rider

118 1st Avenue SE Minot
Phone: 701.852.9050
www.theblueriderbar.com

The Starving Rooster

30 1st St. NE, Minot
Phone: 701.838.3030
www.starvingrooster.com



MINOT MILITARY PERSONNEL FLIGHT

SCAN TO SCHEDULE AN APPOINTMENT.

Use your smartphone.



Snapshot of MPF Services:

- **DEERS:** Common Access Card (CAC), Dependent Update, CAC Unlock or Reset, Awards and Decorations
- **Customer Support:** Inbound Order Amendment, Accessions, Passport and/or Visa, Initial Enlistment Bonus (IEB), Quickship Bonus
- **Force Management:** Evaluations, Duty Information, G-Series Orders, Unfavorable Information File (UIF), Special Duty Assignment Pay (SDAP)
- **Career Development:** Permanent Change of Station (PCS), Outbound Assignment, Separation, Retirement, Retention, Promotion

DEERS (Appointment Only): Mon, Wed-Fri 0800-1600, Tue 0800-1500

Walk-in hours: Tue-Thu 0800-1600, Wed 0800-1130

Appointment hours: Mon-Fri 0800-1600, Wed 0800-1130

*Closed for training every Wed from 1200-1630

MINOT MPF OFFICE

FAMILY CHILD CARE

FCC provides valuable in-home child care services to support the families of Minot AFB.



Cheyenne Butler

When my husband and I decided to start a family I was met with the demand of childcare. I decided to look into FCC and hit the ground running with all the necessary certification and qualifications. In the beginning it was trial and error month by month but eventually led to relationships with families that I will forever cherish. I care for children full time, I learned their needs in and out of my care which was a huge part of the job. This became a huge part of my life when I led it with love and understanding of the job. I

made sure to communicate every accomplishment, concern and milestones with families. I offered full and part time, drop in, and Extended Duty Care. There were times where I felt defeated, but it was the support of family, coordinators, and fellow providers that gave me the courage to continue. I am forever grateful for the families that let me build a relationship, not only with the child, but with the family as a whole. I am excited to continue this career and help Team Minot with support for childcare.

For more information about FCC, please check out the following website: <https://5thforcesupport.com/fcc/>.

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30 SEPT CRAFT NIGHT
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

We're hosting a weekly bring-your-own Crafting Night! We invite you to bust out your needlepoint, sketchbook, journal, yarn, or any other hobby you've been itching to get done and come on down!



For more information:
Facebook/ Blue Rider/ Events

02 OCT TRIVIA NIGHT
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

Bring your quarters and leave your ego at the door! Come enjoy good times with good people. Live questions - free popcorn - win free drinks! Bring your friends so your team can also go for the coveted; "Not Last Place" award!



For more information:
Facebook/ Blue Rider/ Events

1 OCT SALSA SHOWDOWN - CONTEST & TASTING
10:00 AM - 5:00 PM
Oak Park
1300 4th Ave NW, Minot

For Salsa Makers & Salsa Lovers! This Showdown is for the sweet and spicy homeade salsas to finally get the credit they deserve. Judged by our panel of celebrity judges with the help of the People's Favorite Jar Decoration to crown the winners in 3 categories and 2 divisions. Salsa will be judged on appearance, color, flavor and texture. Decorate your Jar for the chance to win People's Choice! Get all major produce supplies from one or more of our market vendors and get yourself entered for a BONUS prize! Adult Division: \$15 per entry. Youth Division: \$10 per entry. Pre-Registration begins July 10. Entries can be dropped off the week before the event at the Market. Need not be present to compete.



For more details & to register:
minotfarmersmarket.com/salsa-showdown

5 OCT MIDWEST MONSTERCON
10:00 AM - 5:00 PM
Minot Municipal Auditorium
420 3rd Ave SW, Minot

Midwest MonsterCon was created to bring the ultimate horror experience to Minot, North Dakota. Our mission is to unite fans of all things spooky and macabre for a day of eerie excitement, engaging panels, unique vendors, and unforgettable memories. Costume Contest, FX Makeup Demos, Horror Movies, Midwest Murder, Oddities, Paranormal, Short Film Contest, Spooky Vendors, Trivia & more!



For more information:
Facebook/ Midwest MonsterCon /Events

8 OCT SPOOKY SCIENCE & ART
2:00 PM - 4:00 PM
Magic City Discovery Center
1545 1st St NW

Explore the spooky science of Halloween at our upcoming class! Students will engage in an array of hands-on activities, from experimenting with candy corn chemical reactions, making your own colorful floam, and together creating oozing pumpkins. We'll even use salt to craft Halloween-themed art projects. This class promises an afternoon of slimy, creative fun perfect for the Halloween season. Ages 4 - 9 Years Old, Class Size: Max of 20. Cost: \$24 for Non-Members, \$21.60 for MCDC Members, \$19.20 for Military Members



For more information:
Facebook/ Midwest MonsterCon /Events

NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at www.northernsentry.com/calendar/

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WHAT'S GOING ON MINOT AFB

FRIDAY 27

- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- Voices Workshop, 0900-1200, Professional Development Center
- Cycle & Core, 1115, McAdoo Fitness Center
- Fun Fri-yay, 1600-2100, Jimmy Doolittle Center
- Tabletop Gaming, 1600-2200, Rough Rider Lanes
- Friday Flicks, 1630-2200, Rockers Bar & Grill

SATURDAY 28

- Zumba, 0900, McAdoo Fitness Center

SUNDAY 29

- Registration Closes: Youth Center Indoor Soccer, CYPBMS website at <https://parent.afcyp.com/>

MONDAY 30

- FTEC, 0730-1600, Professional Development Center
- AFFT, 0530, McAdoo Fitness Center
- TAP Overview, 0800-1600, M&FRC
- SNCO Foundation Course, 0800-1600, Professional Development Center
- Bootcamp, 0900, McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- AFFT, 1100, McAdoo Fitness Center
- Zumba, 1730, McAdoo Fitness Center
- Shark Craft Class, 1600-1800, Arts & Crafts Center

TUESDAY 01

- Cycle & Strength, 0515, McAdoo Fitness Center
- AFFT, 0530, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- SNCO Foundation Course, 0800-1600, Professional Development Center
- Lifeguard Course, 0800-1600, Outdoor Recreation
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- AFFT, 1100, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

WEDNESDAY 02

- AFFT, 0530, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Overview Workshop, 0800-1600, M&FRC
- SNCO Foundation Course, 0800-1600, Professional Development Center
- Lifeguard Course, 0800-1600, Outdoor Recreation
- Bootcamp, 0900, McAdoo Fitness Center
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- Oktoberfest Special Lunch, 1030-1330, Dakota Inn Dining Facility
- AFFT, 1100, McAdoo Fitness Center
- Immersion, 1300-1500, M&FRC
- TRX Strength, 1330, McAdoo Fitness Center
- Yoga, 1700, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

THURSDAY 03

- Cycle & Strength, 0515, McAdoo Fitness Center
- AFFT, 0530, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- SNCO Foundation Course, 0800-1600, Professional Development Center
- Lifeguard Course, 0800-1600, Outdoor Recreation
- Pre-Separation Counseling, 0830-1130, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- AFFT, 1100, McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- Pet Preparedness Expo, 1530-1830, M&FRC
- Eras Season Opening Party, 1600-2100, Rough Rider Lanes Bowling Center
- Free Bowling Season Open Weekend, 1700-2100, Rough Rider Lanes Bowling Center
- Zumba, 1800, McAdoo Fitness Center

FRIDAY 04

- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- SNCO Foundation Course, 0800-1600, Professional Development Center
- Lifeguard Course, 0800-1600, Outdoor Recreation
- Bootcamp, 0900, McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Eras Season Opening Party, 1600-2200, Rough Rider Lanes Bowling Center
- Free Bowling Season Open Weekend, 1700-2100, Rough Rider Lanes Bowling Center
- Zumba, 1800, McAdoo Fitness Center

SATURDAY 05

- Zumba, 0900, McAdoo Fitness Center
- Eras Season Opening Party, 1600-2100, Rough Rider Lanes Bowling Center
- Free Bowling Season Open Weekend, 1700-2400, Rough Rider Lanes Bowling Center

SPECIALS

Bomber Bistro Featured Item
Spinach & Artichoke Pizza
 Alfredo sauce base with spinach and artichoke toppings.

The B-Fifty Brew Featured Item
Breakfast Bowls
 Choice of ham, bacon, sausage, turkey sausage, or 3 meat on top of crispy potatoes & cheese. Options to add bell peppers & onions as well.

Rockers Bar & Grill Featured Item
Naked Wings
 Rockers Traditional wings with your choice or classic sauces or dry rubs.

FREE BOWLING SEASON OPENING WEEKEND
 ROUGH RIDER BOWLING CENTER

DEPLOYED AFFECTED	SINGLE AIRMEN
THU, 3 OCT 2024 1700-2100	THU, 3 OCT 2024 1700-2100
FRI, 4 OCT 2024 1700-2100	FRI, 4 OCT 2024 1800-2200
SAT, 5 OCT 2024 1700-2100	SAT, 5 OCT 2024 2000-2400

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