

# northern sentry

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MPL MAKERSPACE: MAKING YOUR DESIGNS A REALITY!

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## TAKING THE GAME TO NEW HEIGHTS

Where Air Force precision meets college football passion. 5th Bomb Wing commander Jesse Lamarand kicked off the Minot State University Beavers football game by being hoisted down by 54th Helicopter Squadron to deliver the game ball at Minot State University home opener on Thursday, August 29, 2024, at Minot, North Dakota. See more on page A2.

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# MSU Beavers take 38-7 victory against Valley City State

MINOT, N.D. – A very productive day on the ground highlighted the Minot State Beavers win over Valley City State, as they kicked off the 2024 season at home on “Defend the Herb” night on August 29, 2024.

Minot Air Force Base, 5th Bomb Wing commander Jesse Lamarand provided a one of a kind game ball delivery to kick off the season!

The exciting start continued through as the Beavers jumped to an early 24-0 lead that would carry into the second half. Valley City State looked to turn the tide with complimentary football, with a stop on defense leading to their first touchdown drive early in the third quarter. But Minot State never wavered as they sealed the deal to get the win on Thursday night.

Head coach Ian Shields spoke on the culture and how strong a connection has been made with each of the players leading up to the opener and as a key to maintaining status quo near the end. “We’re a much tighter football team, much more unified,” Shields said. “To bond our team through training camp, I thought that was evident.” Once that was set in place, the next goal coach had in mind was getting that first win, which they achieved.

Evan Lovett and Carson Chrisman each broke the century mark on the ground to help Minot State cruise to a 38-7 win at home against Valley City State. They were part of a lethal ground and pound approach.

“That’s our identity offensively,” Shields reiterated. “We are not going to be an aerial circus...we are going to keep on getting better.” Coach gave a shoutout to the offensive line, coined by Jake Swirple as the “Minot Moving Company” as a big driving force in the success of the run game.

The victory improved Minot State’s record to 1-0 on the season while the Vikings fell to 0-1.

The Beavers got big days from Lovett, who racked up 139 yards and one touchdown, and Carson Chrisman who tacked on 133 yards and four touchdowns to lead the rushing attack.

Myzel Williams led the Minot State defensive effort, recording six tackles and one interception. Nalu Cordeiro added one interception in the win.

Minot State won the turnover battle, forcing two turnovers while coughing the ball up one time, with the Beavers turning those takeaways into 14 points. Along with getting after the ball, they recorded a powerful performance on the ground, logging 416 rushing yards while averaging 7.2 yards per carry and out-rushing Valley City State by 340 yards. The offense managed to prolong drives, converting on 50 percent of third-down attempts. The Beavers also went 2-for-2 on fourth down.

Defensively, Minot State held up well against the Valley City State offensive attack, holding the Vikings to 266 total yards. The Beavers defense disrupted the Valley City State passing attack on the way to recording two interceptions and breaking up four Vikings passes.

Minot State’s offense took advantage of its trips to the red zone, scoring on five of its five trips, with four of those scores being touchdowns.

### HOW IT HAPPENED

Minot State grabbed a 3-0 lead over Valley City State after scoring the game’s first points with 9:05 left in the first quarter. The Beavers then extended their lead to 10-0 with another score.



Minot State continued to build its lead, scoring again with 2:28 remaining in the first quarter to go ahead 17-0. The Beavers kept on the gas pedal, scoring to go ahead 24-0.

Minot State got back on their groove after Valley City State made it a 24-7 game, scoring again with 13:39 left in the fourth quarter to make the score 31-7. For the cherry on top, the Beavers tacked on one last touchdown for good measure to extend their advantage to 38-7. Neither team scored again in the game.



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# Second annual ARROW held at Camp Guernsey

SENIOR AIRMAN LANDON GUNSAULS 90TH MISSILE WING PUBLIC AFFAIRS

F.E. WARREN AIR FORCE BASE, Wyo. --

The Advanced Recapture Recovery Operational Warfighter exercise kicked off at Camp Guernsey, Wyoming, Aug. 5-23, 2024. Marking the second year of the annual event, Convoy Response Force teams from Minot Air Force Base, North Dakota, F.E. Warren AFB, Wyoming, and Malmstrom AFB, Montana, had the opportunity to train and execute asset protection procedures.

Last year, CRF teams successfully participated in the first ever ARROW iteration, experiencing Air Force Global Strike Command's newest revision. This year, the trend continued with each CRF team taking a week each to test their skills during multiple planned ambushes and attacks.

CRF teams are tasked with the protection of military assets during movements both to, from, and in the expansive missile fields of Minot AFB, F.E. Warren AFB and Malmstrom AFB. Teams continue to work with several different on-base agencies and local law enforcement teams in order to ensure the safety and security of military assets while in transit and on site.

ARROW continues to use the train-pause-train program during exercises, a program specifically developed to sharpen skills in the moment allowing the cadre to pause the exercise in the moment to instruct Airmen, rather than retrace and remember back at their home stations where details may have been lost.

"We're assessing their ability to recapture and protect resources, we put teams through scenarios they might not be able to see at home station," said Tech. Sgt. Kyree Joppy, 90th Ground Combat Training Squadron formal instructor and exercise coordinator. "It's big for them to come here to show their capabilities while being a good place for them to test their



A 91st Missile Security Operations Squadron convoy response force member looks through his scope while guarding a National Defense Area during the Advanced Recapture Recovery Operational Warfighter exercise at Camp Guernsey's South Range, Wyoming, Aug. 20, 2024. ARROW challenges CRF teams from F.E. Warren Air Force Base, Minot Air Force Base and Malmstrom Air Force Base to demonstrate their readiness and ability to effectively provide convoy protection.

U.S. AIR FORCE PHOTO BY SENIOR AIRMAN LANDON GUNSAULS

weapons and vehicle capabilities on live ranges."

ARROW is also the debut of the Joint Light Tactical Vehicle in a simulated combat scenario marking an Air Force wide first, underscoring Air Force Global Strike Command's modernization line of effort.

"The JLTV is the Department of Defense's pick to replace the Humvee and with that in mind, that is what has been selected as the vehicle for AFGSC both in the Missile Field and CRF," said Master Sgt. Kevin Brown, AFGSC A3 training and development team member and one of the head AFGSC coordinators for ARROW. "It's got amazing capability, better range, higher top speed and its off road capabilities far exceed the Bearcats and Humvees. This is a

pretty good way for our Airmen to come out here and use these things and utilize them in the capacity they'll be used in down the road as we phase out the Humvees."

Through the introduction of the JLTV's capabilities in the field and with continued springtime exercises like Nuclear Convoy Course, teams are given the chance to prepare and analyze their skills in a training environment specifically designed to mirror the challenges of the missile field.

Now with ARROW's second year wrapping up, the exercise has again proved its ability to train, evaluate and sharpen the skills of CRF teams from all three missile wings; allowing them, and the Wings, to ensure the nuclear enterprise's continued safety and security.

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**Ted Bolton**  
 Publisher | Advertising  
 701-240-5039  
 bagroup@srt.com

**Rod Wilson**  
 Business Development | Marketing  
 sentrysales@srt.com

**GRAPHIC DESIGN BY**  
**Nikki Greening**  
 nsads@srt.com

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### NEWS SUBMISSIONS

**Northern Sentry Office**  
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### A VIEW FROM OUR SIDE

ROD WILSON

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As a young lad I can remember riding in my Dad's work pickup. He worked for a company, Northwestern Bell, that was part of a conglomerate of companies referred to as "baby bells." Smaller phone companies that were owned and operated by AT&T.

Eventually it was determined that they all belonged to AT&T, and that they were a monopoly, and the baby bells were forced to break-up. Northwestern Bell used drab green as the color for their vehicles. Not sure why they picked that color of green. Nevertheless, I loved going with my Dad. He had about a 100 square mile territory in central North Dakota to patrol and it was fun going from town to town.

### DAYS OF LAND LINES

So, this was the day of land lines when every telephone had to be connected to a nearby NW Bell dial house (a routing center) by a physical land line, basically a solid copper wire that ran from pole to pole. Well, they started out as wires run pole to pole, but eventually those above ground lines were replaced with underground lines. The underground lines were a lot less maintenance. No poles getting struck by lightning or snapped because of ice storms. I vividly remember telling my Dad that this would be the wave of the future. Underground lines, one to every home, and every home

would have their own telephone line. (We could talk about party lines, but that would take us back another generation.)

### SETTING ME STRAIGHT

My Dad had to agree that it would be convenient for every home to have an underground telephone line, but in his word "that isn't the wave of the future." So, what is I asked? He then told me about wireless phones, being fed a telephone signal from tall towers. Each person, not each household would have a portable phone. He said because of technology these phones would start fairly large and clumsy and evolve into smaller palm sized communication devices as technology advanced. This was before the Star Trek television show would introduce us to their "communicators", so my Dad wasn't privy to that information. I questioned his vision then, but I marvel about his vision today.

### CELL PHONES

Where is this story leading? Enter the Star Trek era, with communicators that looked a lot like the now ancient flip phones. They could talk to the ship. They provided a location for the ship to know where the person holding the device was located. Probably most amazing, they were able to provide a link to transport a human body to the mother ship. Amazing...

I need not bore you with the development of today's modern cell phone devices. But, of course, I need to share a bit of a story.

### GRANDKIDS, OF COURSE

First, I have to applaud my Dad. I am thinking it is 60 years ago when he shared his vision

# Amazing Vision My Dad Had This Cell Phone Thing Figured Out

with me. Boy, was he dead on.

Second, as much as I try to recall, I don't think he every shared a vision of a phone in your watch. One of my grandsons has a smart phone, the other has a smart watch. This weekend the grandson with the cell phone was asked to turn off his cell phone. OMG! Mom & Dad! Anything but that...

Third, the grandson with the smart watch figured out that he may as well just turn in his device to Mom and Dad for the weekend. It was interesting to hear my son explain to his son that someday he would enjoy not being bothered by phone calls and text messages. His son was not completely buying into his Dad's advice. But none the less, his cell phone was turned off.

Last, and probably the point of this article, the Grandson with the smart phone asked what my Dad did for a living. Wow, now where do I start? Telephones, party lines, land lines, radio phones? We said to talk about what "great grandpa did" but were soon interrupted by a beckoned call to climb a local tree. The story about great grandpa, to be continued sometimes I guess.

### NOT A VISIONARY

As I thought about the weekend I also thought about where this whole, crazy cell phone lifestyle is going. I am certainly not a visionary like my Dad. I am, however, amazed by technology that allows you to answer your cell phone and communicate through ear buds. I, like most grandparents, tend to be frustrated with the inability of our grandkids to just put the phone down and communicate. A larger frustration is the tendency

for kids to communicate with each other by text messages at the dinner table, or during family times, or in church. My Dad wasn't able to see the negative side of a personal communication device, only the positive. You know, no wires, no phones on the walls or next to beds, the positive side of the advancement of cell phone technology.

### WHAT I DID ENJOY?

Ok, let's be honest here. Once the cell phones were put away, the line of communication with my grandkids was much better. But I got to thinking that we, Grandma and BePa, are still communicating with our grandkids on their cell phones. We even fall into the trap of sending them a text. Good or bad? Not sure that I have the answer to that one folks. I just know that there is a whole new generation that has never had to deal with land lines, and telephones, and vehicles without phones. Like my Dad used to say, "sometimes we just don't know about where the future is headed. We either accept or ignore." Seems pretty simple- but is it really?

### BEST KEPT SECRETS

Fall on the local trails. All of the state parks and most of the local park systems have maintained trails. A great time for family adventure. The leaves will be turning soon, too soon actually. Plan a weekend excursion, and don't forget your camera.

### TODAY'S CHUCKLE

People these days don't believe in long engagements. Half of them don't believe in long marriages either.

# Growing vegetables in North Dakota...



### UPSIDE DOWN UNDER

MARVIN BAKER

Several weeks ago I was asked to give a presentation to a Christian women's group about growing vegetables in North Dakota as well as talk about farmers' markets and how they operate.

It was a bit surprising to learn that many people in this group weren't aware of what is happening in this emerging industry.

Growing vegetables and taking them to market is much like operating a grain farm. Almost always, however, vegetable farms are smaller acreages. And, unlike grain farms, there is no elevator to take your commodity, so you create your own markets.

And, just like any conventional farm, there are good years and bad years. It doesn't matter if you're growing canola or carrots, the

seasons are going to be cyclical. And in good years, there's a lot of bounty.

This is why farmers' markets have seen such an emergence in North Dakota in the past 10 years.

Three of the four largest cities in the state have more than one market. Grand Forks is the only city with just one market. Fargo has three, Bismarck has three and Minot has two markets. They are all separate businesses. Each market is considered a competitor of the other.

At last count, there were 56 farmers' markets across the state including some in the smallest communities in North Dakota. The vendors and the customers in those small towns are to be commended for getting an organization like a farmers' market not only started, but to get it to thrive.

Over the years, people have attempted to grow vegetables on a larger scale with mixed results. In 2003, I wrote an article that was published in the Minot Daily News about a farmer on the North Dakota/Montana state line who was growing several acres of onions.

The NDSU Extension Research Center in Williston was assisting him in this endeavor. Whether it was successful or not, I can't tell you. What I do know is at the time,

there was a lot of excitement.

Carrots have been grown on a large scale in the Northwood area. There have been acres of cabbage grown near Cando, there is a farm in Bottineau County that grows herbs on a commercial scale, a farm in Divide County was growing mint and of course, numerous farms grow sweet corn for commercial sale.

All these producers have one thing in common. There isn't a guaranteed place to market those commodities. And most often what happens is they find their own market or they go by the wayside.

Over those same years, the North Dakota Department of Agriculture has encouraged alternatives to the traditional crops that have grown here since territorial days and that seems to be working.

The bigger vegetable farms haven't been as successful as the small producers who have a nearby outlet in a local farmers' market. Customers want locally grown because it's fresher and because there is a pretty good chance they're going to know who grew it and under what conditions.

And that's part of the reason farmers' markets have been so successful. Customers get to know their farmer. Whether its vegetables, fruit, eggs, frozen beef or honey, most customers feel

comfortable spending their hard-earned money on a product they know is going to be top quality.

But farmers' markets have gone way beyond the traditional garden produce vendors. Although fruits and vegetables remain very popular among farmers' market customers, we have seen baked goods, drinks like kombucha and lemonade, food trucks, maple syrup, BBQ sauce and the list goes on to include potters, fabrics, dog food and even massage.

It is generally believed that the more diversity in a market, the bigger the draw, which translates to a better market day for everyone.

On a statewide scale, rules prohibit products to be sold that aren't made or produced in the state. For instance, you won't see someone selling Watkins or Mary Kay Cosmetics products. The core idea of a farmers' market is to keep it local and support local producers.

As fall approaches, I would encourage you to visit your local farmers' market, wherever you may be. You're going to start seeing items like watermelons, pumpkins, squash, tomatoes and onions. You'll be amazed at how fresh those products are.

# Minot Defender wins Federally Employed Women's 2024 Meritorious Service Award



MINOT AIR FORCE BASE, N.D. -- U.S. Air Force Master Sgt. Christina Lee, recipient of the Federally Employed Women's (FEW) 2024 Meritorious Service Award, poses for a portrait at Minot Air Force Base, North Dakota, August 23, 2024. The FEW Military Meritorious Award Program recognizes a maximum of six exceptional military service members; one for each service branch. The purpose of FEW's Military Meritorious Service Awards is to recognize

outstanding military service members within the Armed Forces who have distinguished themselves with significant contributions to their service. One of the accomplishments that earned Lee the award was founding the Female Defender Initiative at Minot AFB, the first of its kind across two bases. (This image was created using multiple exposure techniques)

U.S. AIR FORCE PHOTO | AIRMAN FIRST CLASS LUIS GOMEZ

## All About Pets

The scoop on dog grooming



Whether you go to the groomer or do it yourself at home, grooming your dog is essential. Every dog's needs are different, but here are a few pointers to get you started at home or in between visits to a professional!

you can gently clean them with a cotton ball dampened in a liquid ear cleaner. You may want to contact your vet before doing this to make sure that you are using the proper technique/products and not accidentally causing harm to your pooch.

- **Bath time:** the ASPCA recommends bathing your dog at least once every three months. If your dog has skin problems or spends a lot of time outdoors, you may need to bathe more often. However, bathing too often can lead to more skin irritation and dryness, so use your best judgement and be sure to keep an eye on your dog's condition. If you're bathing at home, be sure to do your research on the best bathing method for your dog's coat. Keep the water warm but not hot, and use a shampoo and conditioner that is best for them (medicated, puppy formula, detangling, etc.). Make sure to keep water out of your dog's ears and use a wash cloth or towel to gently wipe their face clean.

- **Nail trimming:** Many dogs are uncomfortable having their nails trimmed, but trimming your dog's nails is one of the most important things you can do to keep them happy and healthy! Nails should be cut when they almost touch the ground when your dog walks. This could be every week or every few weeks, depending on the dog and its activity level/type. You can use scissor or guillotine type clippers, a nail grinder, and some owners even opt to train their dog to use a scratch board for light nail maintenance. Be careful not to cut your dog's quick, as this can cause bleeding and lots of pain. If your dog is really struggling with feeling comfortable during nail clipping, be sure not to force them to continue or you can risk putting your dog off from it completely. Some owners are able to clip all their dog's nails in one sitting, some can only do one nail a day. Either way, with the proper training, plenty of patience, and rewards, you can teach your dog to tolerate nail maintenance. If you are unable to train your dog to tolerate it, contact a professional groomer or event a veterinarian immediately. If your dog's nails get too long, it can cause discomfort, pain, or injury.

- **Brushing:** Regular fur brushing will help spread natural oils throughout your dog's coat, remove dirt, and prevent tangles and matting. Slicker brushes will help remove loose fur and detangle all coat types, but are best for medium-long haired dogs. Don't use too much pressure with a slicker, as this can cause discomfort. Pin brushes are like slickers, but they have pins tipped with plastic or rubber. These are great for longer, silkier, or curly coats. A bristle brush is a great option for a dog with a short or wavy coat and will remove excess fur and give your dog's coat a beautiful shine. Rakes are designed to penetrate a thick undercoat and remove tangles and debris in long-haired dogs. Make sure you pick the best brush for your dog's coat and brush them at least every few days. Brushing is also a great time to check out your dog's skin for signs of irritation, skin conditions, or bugs.

- **To shave or not to shave:** There are many reasons why a dog may need to be shaved, especially in severe cases of matting, but you should try to avoid this if possible. A dog's coat serves a purpose to insulate them in hot or cold temperatures and protect from sunburn, among many other things. If you have a double-coated dog, it is especially important not to shave as it can cause more damage than good! A light trim is acceptable to make their coat more manageable or presentable. If you think your dog might need to be shaved, be sure to ask a professional for their input. There may be other ways to resolve the problem before resorting to that.

- **Dental care:** Dogs need their teeth brushed too! You can use a toothbrush/finger brush and dog safe toothpaste and you can also keep your dog's teeth healthy by providing a healthy diet, plenty of chew toys/bones, and treats that are specially formulated for their dental needs. It is best to brush their teeth every day, but even three times a week is better than none. Just like brushing fur, it gives you a chance to check out your dog's condition and find any signs of illness or irritation.

With the right tools and research, you can successfully groom your dog at home. However, be sure to consult your vet or a professional with any questions you may have! And if you don't have the time or knowledge to groom at home, make sure you keep up by taking your dog to the groomer regularly.

- **Ear care:** Regularly checking your dog's ears is important, especially for those who produce excessive earwax! If your dog's ears are dirty,

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**CMSGT BECKY S. THOMAS**  
Command Chief Master Sergeant  
91st Missile Wing

It was 2014 when then Master Sergeant Becky Thomas became Superintendent of the 5th Medical Operations Squadron at Minot Air Force Base. Her service time at Minot Air Force Base would also include being Program Manager of Task Force True North from June of 2018 until February of 2019, and 5th Medical Group Superintendent from February of 2019 until January of 2023 when she deployed to Germany.

During our interview we discovered that Chief Thomas and her family lived just a few blocks from the Wilson family in the Bel Air School neighborhood during her previous time in Minot, and that she became a Chief Master Sergeant at Minot Air Force Base in 2018.

In a previous interview with CMSgt Thomas, she shared that her family wanted to come back to Minot and Minot Air Force Base.

Although Chief Thomas' time back at Minot Air Force Base was fairly short when we did our interview she shared "Minot is fantastic and the 91st Missile Wing is fantastic, and I'm never going to step away from that. You know it's been really good and even though it's been a short time it feels like it's really going by fast" shares Thomas "I'm learning a lot on this

# CMSgt. Becky Thomas I Think I'm Taking It All In

ROD WILSON, NORTHERN SENTRY

side of the house that's new to me. Everyone here are professionals. They understand that I'm new and that I'm bringing outside perspectives." Thomas said that Team Minot has made her feel super welcome. Col Chapman has been able to share perspective of someone who has been part of the 91st for over a year and has taken the time to bring Chief Thomas into the fold of all the things that have been happening and are still in the works. "What I've been quickly able to see is the trust that Col Schlabach has for the Airmen. It's a really great environment to be in. I've discovered how important this base and its operation is. It's been good, but it's been a whirlwind" says Thomas.

*How do you convince Airmen about the importance of this base, and give them, if you will, a little bit of swagger for the job they do?*

Chief Thomas: "Swagger is definitely a good word, but really it's sharing as much perspective as you can. They know that the job I am doing, if I am doing something wrong, they notify the president. So sometimes they get that swagger by just asking them, what did it take to become a Team Chief? I think just letting them talk about what they are doing and why they are doing it and really letting them have the opportunity to answer questions until they tell you how big it is and how what they are doing is hugely important. I don't think at their age that I had nearly that much weight on my shoulders." Says Chief Thomas.

*Is it a true statement that what Airmen are walking into today is a lot different than what you may have walked into even a few years back?*

Chief Thomas: "Every community is different. But this one (91st MW) is so great. Everybody relies on the team and everyone on the team counts. So, I hope that their story today, as it was back a few years ago is that this has been a terrific job, and an opportunity for everyone to come in here and be part of a great community. I've been in for over 25 years and my journey has been amazing. I've always been part of a community where I was able to have the opportunity to talk to my bosses and to have the opportunity to understand what they are looking for and to ask questions. For that I have been fortunate.

*At your Assumption of Responsibility Ceremony, Col Schlabach apologized to your family for the time that they (the 91st MW) would take you away from them. Is that an important gesture?*

Chief Thomas: Well, that's an acknowledgement, and I think it is important to commit to the families. Right before Col Schlabach walks in to the ceremony I was loading people's phone numbers in my phone and also putting their spouses name in there if they have a spouse listed. When you get to know them and their family and what they are going against, and just being aware that they don't have a family, they also still need

community and people to take care of them; and if you're taking them away for work you need to know what you are taking them away from.

*So where did you become Chief?*

Chief Thomas: I actually made Chief right here at Minot Air Force Base. I also made Senior Master Sergeant at Minot Air Force Base. So, when I tell people you are coming to this (MAFB) base, I tell them that this base can be amazing for you professional development and growth. I tell them that I grew right here in Minot. I actually spent the majority of my Senior NCO days right here at Minot Air Force Base.

*Let's talk about your position.*

Chief Thomas: So it's the pulse. The Commander is ultimately one responsible and accountable for taking care of things good

or bad. Your Chief and your First Sergeants, because it's done together, and the rest of your staff, your leadership coming up, are there to help you with problems and to fix them so that you are organized properly and trained properly and equipped to conduct your job and be as successful as you can be. And we're also the true tellers on there. Sometimes if things are not good it's easier to tell me when I have no authority to ruin your career. Or I'm there to absorb it, take the badness that you've got, and talk you through it.

Chief Thomas is happy that she was finally able to unpack her Minot home with her husband, Dietrich Thomas, who spent 22 of his 26 years at Minot Air Force Base. Her kids are 25, 20, 12 & 6. She has a daughter at Memorial and a son at North Plains Elementary this year.

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**CMSGT WAYNE T. SHARP**  
Command Chief Master Sergeant  
5th Bomb Wing

# Chief Wayne Sharp I Was Hoping To Get Back Here

ROD WILSON, NORTHERN SENTRY

Chief Sharp: It's a little bit busier than what I expected, but I can tell you what I've learned over the course of the last 2 months is that you are as busy as you make yourself. You know, you can create work for yourself. I've gotten my feet on the ground, and I feel good about the direction things are going. It's what I expected and more.

*What's the family chemistry like this time back at Minot? How's it going?*

I think the chemistry is good. My daughter hit the ground like she had never left here, with friends and meeting new people. My wife is at peace being retired. The infrastructure downtown is improved, better than it was 4 years ago. But I can tell you that we aren't in particular looking forward to the cold weather, but we'll play that by ear.

So yeah, my family is enjoying it, their enjoying the community, getting out and seeing things so, so far, so good.

*You haven't been here that long, but what are the challenges so far?*

My biggest challenge is controlling expectations. You want to come in and make this big major impact right away, and it takes time and really I think I can call it COVID hangover. Trying to get the base back to a point where it's fully operational. I'm talking operational from the perspective

of Airmen, dorm Airmen having access to things after hours. But when we do bring things like the bowling alley back, we need people to utilize it. So, I guess I can say the biggest challenge is getting the installation back in operation from all aspects.

*So, looking to the future?*

I'm looking to establish a civic leader engagement panel. What that is would be a way to engage with some of the key leadership entities in the civic community to talk about cost of living, to talk about access to medical care, to talk about schools and education. I've also come to learn that the local community would like to know more. We also want to be able to ask local leader about the why's in the community, explaining the answers right to the Airmen, so we can put transparency in the process. We are trying to start a ride share program on base, and that's coming along. We especially want to implement the ride shares, if possible at the airport. Or say they get to the gate, and they don't have a ride so they start walking down the road and you can be a good wingman give 'em a ride. And I've talked to Mayor about putting an actual welcome center in the airport. Dorm of the quarter, we're getting it started. Two awards, one for the best looking room and one for the cleanest room.

We'd like to bring back the

Sportsmen's feed, planned for the Conference Playoff weekend of the NFL.

*In your view, is there a much faster pace on Minot Air Force Base today than when you were here before?*

Chief Sharp: From the 10,000 foot level, I would have to say yes, and what's driving that is the great power competition. We're trying to modernize as best as possible to stay ahead. It's definitely sped up in the past 4 years because of where I am at and what I see, and of course what I know. And that goes back to the Airmen that we are getting in. We need to move a little quicker to get them trained. We have a lot of first term Airmen, in fact we have the largest first term Airmen program in the Air Force at Minot Air Force Base, so that alone creates a level of urgency to get them trained and ready to go. Events like a bomber task force is a show of force. The requirement for a show of force is a lot higher today than it was in 2018.

*Are there different expectations of the first term Airmen than when you entered the service?*

Chief Sharp: Well first of all, we are definitely blessed in that the first term Airmen coming in today are a whole lot smarter than back in 1998 when I came in, and so, because they are a lot smarter, and we know they are a lot smarter we levy a whole lot more expectations on them. The Chief of the Air Force just said there is a huge difference between individualism and individuality. Individualism is something we don't need when we are trying to establish teamwork. I still think that our challenge is going to be standards of discipline and believe me little things matter when it comes to discipline.

The one caveat, I do think we are in great hands right now. I believe we have the best Air Force in history right now, based on skill levels, and based on knowledge and based on ability to execute.

"I like it here, I respect the mission, you can impact people in a different way and it's more in my comfort zone, anyway" says Chief Wayne Sharp now Command Chief of the 5th Bomb Wing, as he talks about his return to Minot Air Force Base.

Chief Sharp and I first met in 2020 when the Northern Sentry was part of the media team that did interviews with the newly promoted Chief Master Sergeants. At that time both he and his spouse, Lisa, were active duty stationed at Minot Air Force Base. Lisa has since retired and is working civil service at Minot AFB in Logistics Readiness as a security manager. The Sharps have a 22 year old son, Elijah and a 20 year old daughter, Lyanah, who are both living in Wichita Falls, going to college; and a 10 year old daughter, Cierah who is living in Minot with her parents and is a 5th grader at North Plains Elementary, and "she's excited about the snow" according to Chief Sharp.

*Chief Sharp let's talk about experience vs. expectations. What's it like coming back to Minot Air Force Base?*



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**NOTES ON BEING SAFE**

**Gun Safety**  
Proper Usage and Storage is Essential



SSGT JOE VERGARA  
5TH BOMB WING  
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In our daily lives, firearms of all types are featured in T.V. shows, movies, video games, and in a large majority of our homes. Since firearms have become such a large part of today's society, "Firearm Safety" cannot be overlooked. The purpose of Firearm Safety is to eliminate or minimize the risks of unintentional death, injury or damage caused by improper handling and storage of firearms. If you choose to maintain firearms, you must become fully aware of the risks exposed to not only you, but friends and family. Although studies show that firearm related injuries peak in adolescent groups; adults are just as likely to have a firearm mishap.

Unfortunately, tragedies occur on a daily basis involving unlocked firearms, which make them easily accessible. The first rule of firearm safety is simple and important: Know why you have a weapon in the house, and act accordingly. Keep your weapons secure where no one can access them and cause accidental harm to themselves or others. After all, how often are you going to hunt deer or shoot targets in your home? In the event of a fire or natural disaster, would you want the loaded, unlocked firearm to wound or kill the emergency response personnel who are there to rescue you?

Here are a few basic guide lines to help keep firearms safe and away from unauthorized access.

- Always remove ammunition from firearms.
- Assure no unauthorized

persons have access to your firearm.

- Place ammunition in a locked location, separate from firearms. When deciding where to store ammunition, remember to select a secure place that is out of sight and reach of children.

- Secure unloaded firearms with a gunlock, gun alarm or other type of tamper-proof device, these might render the gun inoperable.

- Store unloaded firearms, in lockable gun cabinet, safe, or locked vault. Remember to place a locked storage case where children cannot find it.

- Keep firearms storage unit keys away from the "every day" keys.

Remember that proper storage of firearms and ammunition can significantly decrease injuries; the consequences of an accidental discard can be devastating.

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# Mouse River Players Season Opener: Steel Magnolias

Mouse River Players Community Theatre opens its 53rd season with "Steel Magnolias," by Robert Harling. "Steel Magnolias" is a breath of sweet friendship between a group of women tied together by life. Magnolias represents the fragile flower of Southern women; steel refers to their strength to carry on when life hits rough spots. The story is humorous with underlying serious situations.

Show dates are Sept. 13-15; Sept. 20-22; Friday and Saturday shows begin at 7:30 pm, Sunday matinees start at 2:00 pm. Ticket prices are \$15.00 adults; \$13.00 seniors/ military/ students with the suggested audience for this production being ages 12 and up. Tickets are available at [www.mouseriverplayers.com](http://www.mouseriverplayers.com)

The play was first on Broadway in 1987 and then adapted to a movie in 1989. Author Robert Harling modeled the six witty and intelligent women characters after real people in his life. The story is set in a fictional Louisiana town named Chinquapin. In Truvy's Beauty Shop we meet Shelby, the main character, who is soon-to-be married, but struggling with Type I diabetes.

Shelby Eatenton-Latcherie (Kylee Cook). Kylee says her favorite lines are, "Next time you talk to Drew and Belle. I know they're upset by Marshall and all. Best tell them that I said that if that's the most disturbing thing that's ever happened to them ...they should just get over it." Shelby believes that life is too precious and too short to be harboring anger and holding grudges. Kylee notes that this is a reminder to herself to be "slow to anger and be grateful for my life."

M'Lynn Eatenton (Sarah Honerman). M'Lynn favorite lines are, "I realized as a woman how lucky I was. I was there when this wonderful person drifted into my world." Sarah sees that line as a reflection of her own life and says, "It is a favorite because it deeply resonates with me as a mother. It's probably one of the most beautiful things I have done with my life so far." Sarah is drawn to community theater for the excitement of meeting new people and getting to work with them.

Annelle Dupuy-Desoto (Brittany Montez). Brittany laughs and quickly notes her favorite line, "He said he'd rather eat dirt." Brittany explains, "The line makes me laugh every time. My character Annelle is finding balance in her life and her friends/ boyfriend tend to kid with her as she learns who she is. They keep her grounded...sort of."

Clairee Belcher (Kelly Thom). Kelly says one of her favorite lines is, "The only thing that separates



us from the animals is our ability to accessorize!" Kelly adds her own outlook with, "When you look good, you feel good."

Uiser Boudreaux (Cheryl Nilsen). Cheryl smiles and shares her favorite line, "I'm not crazy. I've just been in a very bad mood for 40 years." Cheryl likes the line as Uiser expresses her opinions and likes to exaggerate and be self-indulgent. Cheryl finds the most challenging part of her role is keeping it fresh. "It is an active process. But I so enjoy the opportunity to be on stage and to be part of the support cast."

Truvy Jones (Amanda Lindstrom). Amanda's favorite line is "Let me grab my wand and my fairy dust."

Katy Allers (director). The show has a special place in Katy's heart. "The show brings back memories of going to the movie with my mom, four sisters, and grandma. We went to the bathroom after the show; the room was full of ladies washing off their running mascara. In 2005 I played Truvy in the show. The show is an exploration

of the strength and reliance of women during challenges of their lives. Each character has a unique strength that provides emotional support for the other ladies. It is truly a celebration of the enduring spirit of women and their ability to uplift one another.

Connor Donovan (Stage manager/props coordinator). As the stage manager Connor has attended many rehearsals and even has a favorite few lines that he's heard many times! "I'd like to ask a question. I'm new here and all. Is my life in danger?" Overall Connor has observed the community that has formed during rehearsals and work calls. "I enjoy the vibe you get from the show the most. You're watching a bunch of friends get together and enjoying each other's company and over time, you get a feeling like they're almost family."

As a special celebration of the completion of the lobby remodeling, audiences are invited to a pre-show reception one-half hour before each performance of Steel Magnolias.

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# Air Force Nuclear Weapons Center stands up merged ICBM Systems Directorate

AIMEE MALONE, AIR FORCE NUCLEAR WEAPONS CENTER

The Air Force Nuclear Weapons Center is reorganizing its execution directorates to better serve the nuclear enterprise.

The Sentinel Systems Directorate and the Minuteman III Systems Directorate merged Aug. 27 to become the Intercontinental Ballistic Missile (ICBM) Systems Directorate.

It will be responsible for providing the most responsive nuclear deterrence capability and sustainment for Air Force Global Strike Command through two major programs, the LGM-30G Minuteman III and LGM-35A Sentinel.

Brig. Gen. William Rogers, who is dual hatted as the Air Force program executive officer for ICBMs, assumed leadership of the new directorate in a ceremony at Hill Air Force Base, Utah.

"I am excited to help AFNWC begin this new chapter," Rogers said. "Placing our ICBM programs under one directorate will help streamline processes, improving how we coordinate with our partners in the nuclear enterprise. We are committed to ensuring the long-term success and sustainability of the ICBM force."

Rogers joined AFNWC in April when the Air Force established the new PEO position for ICBMs. As PEO, he is responsible for the life-cycle management, inception to retirement, of the Minuteman III and Sentinel acquisition programs.

Maj. Gen. John Newberry, commander of the Air Force Nuclear Weapons Center, officiated the ceremony.

He said this reorganization is part of AFNWC's ongoing efforts to optimize its processes to better meet the needs of the Air Force.

"In order to better sustain our current capabilities and modernize to meet future demands, we have to integrate and collaborate at all levels," Newberry said. "Joining two related programs under one directorate may seem like a small step, but this change is part of a larger paradigm shift. At AFNWC and throughout the Air Force, we are working to foster horizontal integration across all weapons systems, major commands and services."

Andrew Hunter, assistant secretary of the Air Force for

acquisition, technology and logistics, also attended the standup ceremony for the new directorate. He spoke about the importance of both the PEO for ICBMs position and AFNWC's mission to deliver nuclear capabilities warfighters use every day to deter and assure.

"Nuclear deterrence remains one of the top priorities of the United States and its allies," Hunter said. "This new PEO position reporting to me and the directorate realignment will support successful restructuring of the Sentinel program and help the Air Force deliver its weapons systems on a schedule that ensures our ability to sustain the nuclear deterrent."

Gen. Duke Z. Richardson, commander of Air Force Materiel Command, and U.S. Rep. Blake Moore of Utah also attended the ceremony.

The ICBM Systems Directorate is principally located at Hill AFB, with operating locations at F.E. Warren AFB, Wyoming; Hanscom

AFB, Massachusetts; Malmstrom AFB, Montana; Minot AFB, North Dakota; Vandenberg Space Force Base, California; and Washington, D.C. The new directorate has a combined total of about 1,000 military and civilian members.

It will execute over \$6 billion annually for the land-based leg of the nuclear triad, which includes the modernization and sustainment of ICBMs and associated weapon system command and control, flight and launch systems, missile silos, and other ground infrastructure.

The rest of the center's organizational structure remains unchanged. Headquartered at Kirtland AFB, New Mexico, AFNWC is responsible for synchronizing all aspects of nuclear materiel management on behalf of Air Force Materiel Command, in direct support of Air Force Global Strike Command. It currently has more than 2,000 military and civilian members assigned to 20 locations worldwide.

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# Your Beginning Doesn't Define Your Ending: Lessons in Leadership from Our Nation's First Female Command Chief

THE MINOT AREA CHAMBER EDC

Melvina "Mel" Smith is an exceptional leader whose journey motivates others to create their own paths to success. Hailing from the inner city of Chicago, Smith is a testament to the idea that one's beginnings do not dictate their future. With a wealth of military experience spanning over thirty years, she has thrived in various roles, molding innovative and forward-thinking leaders. Her career is loaded with accomplishments, all of which have contributed to her personal and professional success over the years.



Area Chamber EDC is thrilled to host Smith in the Magic City to share her inspiring story. "Smith has provided strategic direction and achieved significant success in her career," shared Brekka Kramer, Minot Area Chamber EDC President/CEO. "We are lucky to have the opportunity to have a speaker like Mel in Minot."

Smith's keynote address will focus on key topics relevant to women in our region, covering leadership, professional growth, work-life balance, and navigating male-dominated industries. "Smith's accomplishments redefine what is possible," shared Rianne Kuhn, Women Connect Committee Chair. "Her success is exemplified through her determination, excellence, and perseverance. This is an event you won't want to miss."

Women Connect's fall signature event would not be possible without Hess as our presenting sponsor. Smith's keynote will take place at Oak Park Theater at 2:00 p.m. Minot Women Connect events are open to everyone, not just women, and the event will conclude with a networking session for attendees. Registration is now live on the Minot Chamber EDC website. Limited space available.

A distinguished military career of 32 years in the Air Force saw Smith rise to the role of Command Chief of Air Force Global Strike Command. Displaying exceptional leadership in fast-paced environments, business operations, and management, she was a top leader of Air Force Global Strike Command for the past three years as the Command Chief where she guided 33,000 airmen and airwomen within the nation's greatest mission of nuclear deterrence. Now headed into retirement, Smith is sharing her keys to success.

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**EVENTS THIS WEEK**

**TRIVIA NIGHT**  
Wednesday, September 11 at 7:00pm

**FREE NACHOS**  
Thursday, September 12 at 4:00pm-Close

**JANTZONIA**  
WHEN IN DOUBT TOUR (HIP HOP)  
Friday, September 13 at 7:00pm

**HOURS**

Mon/Tue/Wed/Thu 4:00pm - 1:00am      Fri/Sat 4:00pm - 2:00am

118 1st Avenue SE, Minot, ND



## WHITE-HANDED GIBBON

**Fact File**

Life Span	25 - 30 years
Weight	16 - 25 pounds
Height	16 1/2 to 23 inches
Wild Diet	Omnivore Carnivore Herbivore Fruits, Leaves, Flowers, Small birds, Eggs

**CREATURE FEATURES**

- White-Handed Gibbons are considered lesser apes and not monkeys. Apes do not have tails. They have hands similar to humans with opposable thumbs.
- True brachiators, gibbons are believed to be the fastest of all the primates and most agile tree dwelling animal. They use their long arms to effortlessly navigate through the trees.
- The White-Handed Gibbons arms are longer than its legs, which allow the gibbon to move nearly 10 feet with each pendulum swing of its body.

ANSWER: 1.Giraffe 2.Crocodile 3.Zebra 4.Elephant 5.Lion 6.Monkey 7.Tiger

**HOURS: OPEN DAILY 9AM-6PM**

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# FALL CAR CARE

## TIRE ROTATION TIPS

Tire rotation, or rotating tires, is moving automobile wheels and tires from one position on the car to another to ensure even tire wear. Tire wear becomes uneven for any number of reasons. Even tire wear is necessary to maintain consistent performance in the vehicle and extend the overall life of a set of tires.

By design, the weight on your car's front and rear axles are different, which causes uneven wear. With most cars being front-engine cars, the front axle usually carries most of the weight. For rear-wheel-drive vehicles, the weight distribution between front and back is near 50:50. Front-wheel drive vehicles also have the differential in front, adding to the weight, with a typical weight distribution of no better than 60:40. The result of this is that the front tires wear out at almost twice the rate of the rear tires, particularly when you factor in the included stress that braking adds to the front tires. Therefore, tire rotation for front-wheel-drive vehicles is even more of a necessity.

Turning your car (which is unavoidable) also contributes to uneven wear. The outside front tire is worn disproportionately. The left front tire wears faster than the right front in right-hand traffic countries. Also, right turns are tighter than left turns, causing more tire wear. On the other hand, the sidewalls on the right tire tend to be more often bumped and rubbed against the curb while parking the vehicle, causing asymmetric sidewall wear. As expected, the exact opposite occurs in countries that drive on the left-hand side of the road.

Mechanical issues in the vehicle may also cause uneven tire wear. The wheels need to be aligned with each other and with the vehicle. The wheel that is out of alignment will tend to be pulled along by the other wheels, causing uneven wear in that tire. If the alignment is such that the vehicle pulls to one side or the other, the driver will correct by steering against the pull. Essentially, the vehicle is constantly turning, in this case, causing uneven tire wear. Additionally, if a tire is under or over-inflated, it will wear differently than the other tires on the vehicle. Rotating will not help in this case, and the inflation needs to be corrected.

Automobile manufacturers recommend tire rotation frequency and pattern. Depending on the vehicle, tire rotation may be recommended every 8,000 miles. The rotation pattern typically moves the back wheels to the front, and the front to the back, crossing them when moving to the back. If the tires are unidirectional, the rotation can only be rotated front to back on the same side of the vehicle to preserve the rotational direction of the tires. Most unidirectional tires can be moved from side to side if they are remounted.

The current school of thought recommends keeping the best tires on the vehicle's rear wheels, whether it is front or rear-wheel drive. The logic is that if the rear wheels lose grip before the front wheels, an "oversteer" situation will occur, which is harder to control than an "understeer" situation. The intuitive idea that the front steering/driving tires need to be the best quality is not the case.

## TRUSTED TIRE & AUTO

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**Minot | 1301 20th Ave SW | 701-837-1301**

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- CHECKING ENGINE FOR HOLES
- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE

# Sensational Summer PHOTO CONTEST

We have had enormous participation in the Sensational Summer Photo Contest this year, which is awesome! We've had so many photos that we could not get them all posted in the newspaper within the summer months. However, we will continue to share the submitted Summer photos on our Facebook page! Rest assured, even if your photo does not appear in the paper copy of the Northern Sentry, it will still count as an entry to win the grand prize. The Sensational Summer Photo Contest is now closed, but we look forward to announcing the winners soon! Thanks to the Minot AFB community for all the wonderful photos!



Throwing flower pedals in the air at SHP.  
SUBMITTED BY JESSICA SHANNON



Backyard, but that doesn't matter because the kids MADE the picture. Brothers and a sister at home on Minot AFB, North Dakota.  
SUBMITTED BY KATRIN RUTHERFORD



Checking out the bunnies at the ND State Fair  
SUBMITTED BY MCKYNZIE THOMPSON



Molly, Chief, and Milo enjoying their 3rd North Dakota Summer!  
SUBMITTED BY ALLIE POWELL



Enjoying the International Peace Garden.  
SUBMITTED BY JOHN BOZEMAN



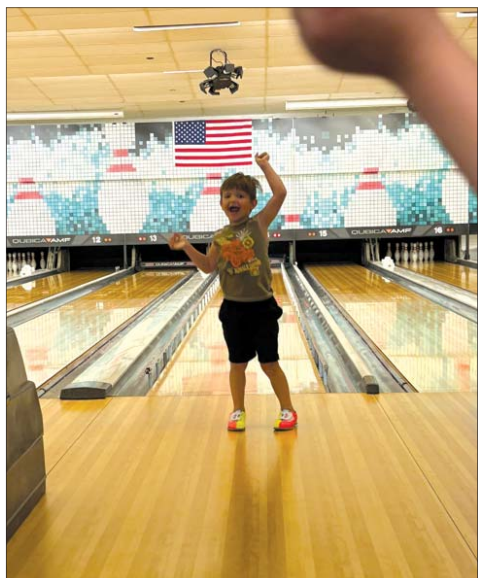
Riding gocart with Sam during State Fair 2024, such a good time.  
SUBMITTED BY MING NI



Baby deer in the field beside base.  
SUBMITTED BY SARAH WEIDMAN



Exploring Theodore Roosevelt National Park.  
SUBMITTED BY KRISTEN COOPER



Two strikes in a row at Rough Rider Bowling!!  
SUBMITTED BY SARAH WEIDMAN



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SELECTED NOMINEES RECEIVE RECOGNITION IN THE NORTHERN SENTRY AND A \$25.00 APPLEBEE'S GIFT CARD



# A Festival in the Heart of the City

Fall is right around the corner and with it comes cozy sweaters, warm beverages, and most of all Festival on Main. This event takes place on September 14 in Downtown Minot and it is a can't miss time of family fun. If you want that feeling of a Hallmark movie, you will get it at Festival on Main. Smiles, happy people, good food, local shopping, games, and more will be waiting for you to partake on a crisp autumn day.

Starting at 10 am, the streets will be transformed into a wonderland of food trucks, vendors, jumping castles, carnival games, and sidewalk sales. You will find an entire day of entertainment at your fingertips.

The Magic City Lions Club graciously donated to create a Kids Zone filled with carnival games. The kids will have a great time playing a wide variety of games including the chicken chucker, duck pond, football throw, corn hole, ladder ball, and many more. There will also be inflatables for them to jump to their heart's content. Tickets for the games can be purchased at the event.

One block west of Main Street, the kiddos will be thrilled over the opportunity to get up close to helicopters, fire trucks, and more. Both the Minot Air Force Base and Trinity Hospital will have their helicopters available to see plus many other specialty vehicles that are rare to see in close proximity.

Another stop on the tour is the North Prairie Farmers Market on the corner of Broadway and 1st Ave NE. From fresh produce to baked goods and handmade items to canned goods, it is always a great way to support our local

producers and get the freshest food in season.

On the stage starting at 10 am, there will be a variety of different happenings. At noon, there will be a Salute to Veterans with a presentation of colors and folding of the flag. Throughout the day, there will be everything from tricycle races to music and New Town Feather Dancers to a fire and hoops presentation. The following is a schedule of events on the main stage:

- 10-11:30 am – DJ Music
- 12:00 pm – Salute to Veterans
- 12:30 pm – Grace Notes
- 1:00 pm – Tricycle Races
- 1:30 pm – New Town Feather Dancers
- 2:00 pm – Fire and Hoops Presentation
- 2:30 pm – Jared Schumaier Music
- 3:00 pm – Frozen T-shirt Contest for Kids – First 13 kids ages 12 and under
- 3:30 pm – Frozen T-shirt Contest for Adults – First 5 adults
- 4:00 pm – DJ Music

Another huge attraction at the festival is the Dakota Cruisers Car Show. It is their finale show of the season and this year marks their 30th anniversary of the organization. They will be bringing in up to 150 cars for the show and attendees can vote on the People's Choice Award. This is a chance for you to say which car was your favorite of the show. There will be a huge variety of vehicles ranging from vintage to modern and will truly have a car type that appeals to every age.

The doors of the local shops will be open for business and there are lots of shopping opportunities



HOPE ANDERSON

with many great local businesses downtown. Many will be offering sidewalk sales and will also be open for shopping during the festival. If you haven't checked out the many stores in Downtown Minot, it is a great day to find all the hidden gems and all of your favorites. You just never know what kind of unique finds you will come across.

Volunteer opportunities are available during the festival. If you would like to volunteer for a shift, it is a fun way to get involved and meet others in the community. Sign up on [downtownminot.com](http://downtownminot.com) under upcoming events. Click on Festival on Main and under read more, you will see a sign up button. There are a variety of shifts to choose from throughout the day and help is always welcomed and needed.

Take to the heart of the city on September 14 and get all the feelings of fall, community, and fun all in one location. Bring your friends or meet new ones while you take in all that Minot has to offer. Have a bite to eat at a local restaurant or food truck, let the kids play games to their hearts' content, and leave feeling ready for autumn.



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## A LOOK BACK

### THIS WEEK IN USAF HISTORY

**AAF PILOTS/RESEARCHERS FLY INTO A HURRICANE**

September 14, 1944

On September 14, 1944, Col. Floyd B. Wood, Maj. Harry Wexler, and Lt. Frank Reckord of the United States Army Air Forces (predecessor to the modern Air Force) flew a Douglas A-20 Havoc into a hurricane for the first time for scientific purposes. The "Great Atlantic Hurricane," which swept across the East Coast of the U.S. in 1944, was a Category 4-equivalent tropical cyclone that was also responsible for sinking the Navy's USS Warrington off the coast of Florida, resulting in the loss of 248 sailors. Wexler, Reckord, and Wood observed the storm just outside of Cape Henry, Virginia and observed the weather patterns from within. The findings would be published by Wexler in the bulletin of the American Meteorological Society and were some of the first scientific observations of a hurricane from an aircraft at the time. The three men and their A-20 Havoc were able to return to land safely after passing through the hurricane.

Information courtesy of: [af.mil](http://af.mil) / [media.defense.gov](http://media.defense.gov) / [encyclopedia.com](http://encyclopedia.com) / "The Great Atlantic Hurricane" by Andrew Rothovius / NOAA/OAR/Atlantic Oceanographic and Meteorological Laboratory

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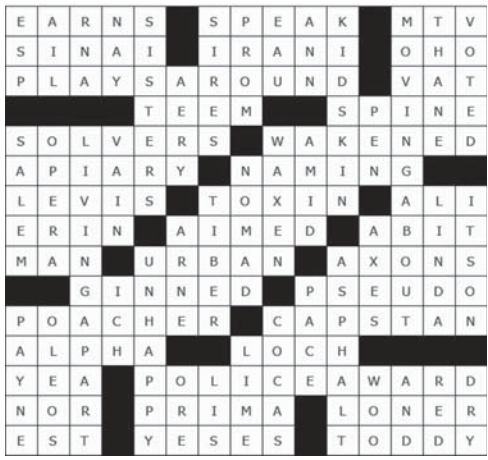
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**CROSSWORD SOLUTION**

Solution to last week's Crossword puzzle.



**SUDOKU**

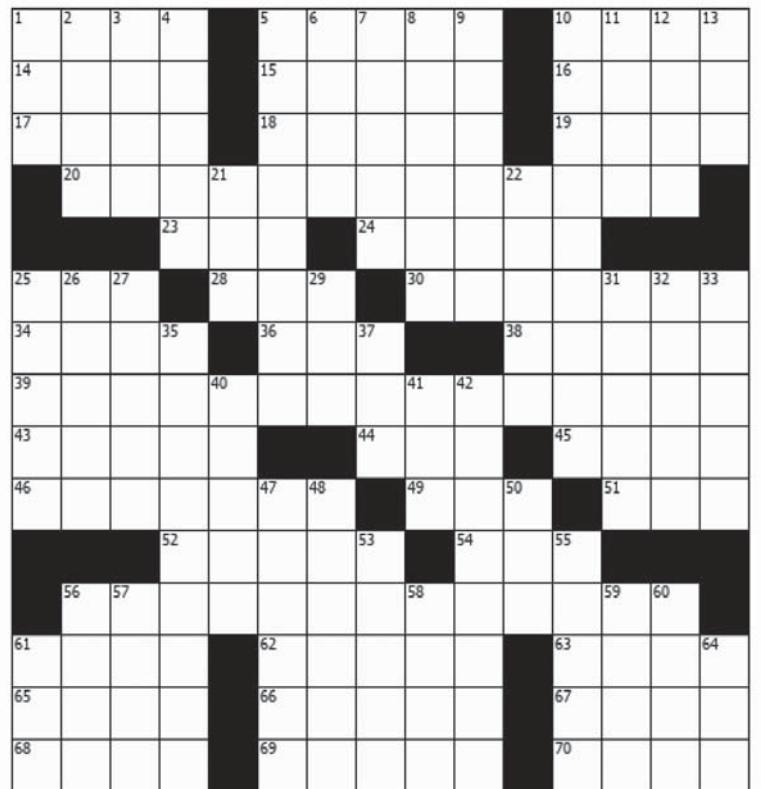
Solution to puzzle on page B9

1			2		3		4
		5		3			1
	6		7		8		9
		3		5	1		7
	8						2
9			3	2		6	
2		1			8		3
7			9			5	
4		8			6		2

**CROSSWORD PUZZLE**

**Across**

- 1. Third degrees
- 5. Search party
- 10. On the Marmara
- 14. Vista
- 15. Composer Bruckner
- 16. Role for Hanks
- 17. On the mark
- 18. Battle souvenirs
- 19. Military post
- 20. Guesser's oxymoron
- 23. Swabbie
- 24. Paris abductee
- 25. It's all the craze
- 28. Hold court
- 30. Scoffed at
- 34. Planet inhabitants of film
- 36. Shoebox marking
- 38. "Cheers" character
- 39. Polltaker's oxymoron
- 43. Type of common denominator
- 44. "Erie Canal" mule
- 45. Calendar abbr.
- 46. Ankle bones
- 49. Catch, to Hamlet
- 51. River of Scotland
- 52. Fire items?
- 54. \_\_\_-jongg
- 56. Undecided's oxymoron
- 61. Autobahn auto, perhaps
- 62. Call forth
- 63. Invisible emanation
- 65. Pride of one in a pride
- 66. Find a new tenant for
- 67. Cereal for kids
- 68. Unlike Godiva
- 69. One-way transports
- 70. Actress Daly



**Down**

- 1. B. Bailey's rank
- 2. Antonym of fire
- 3. Celine Dion album
- 4. Sign of hard work
- 5. Napoleon and Danish
- 6. Formerly
- 7. Squirrel away
- 8. Categorized
- 9. Store fodder
- 10. Some Kosovo residents
- 11. Word with love or bucket
- 12. Settle (into)
- 13. Lime drink
- 21. \_\_\_ in Charles
- 22. Left Bank thank you
- 25. Rock fracture
- 26. Sleep disorder
- 27. Exclude from practice
- 29. Giveaway shirt
- 31. Cut partner
- 32. Skip the ceremony
- 33. "The Divine Comedy" poet
- 35. Cowardly
- 37. Both Begleys
- 40. Video game system name
- 41. Boathouse item
- 42. Takes a dive
- 47. Solitary figures
- 48. Tearfully complain
- 50. Ewe said it
- 53. Broke a commandment
- 55. Hilton alternative
- 56. Twofold
- 57. Novelist Ferber
- 58. Just got by
- 59. Suppress, as emotions
- 60. Ireland, in verse
- 61. Gremlin's creator
- 64. Hacker's tool

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MONDAY - THURSDAY  
11AM - 12AM  
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11AM - 1AM

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**TRAP**  
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Psychological Thriller, Serial Killer  
Crime, Horror, Mystery, Thriller (PG-13)

**MY PENGUIN FRIEND**  
(2024) Drama, Family (PG)

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# CHURCH DIRECTORY

## Chapel Services at MAFB

**North Plains Chapel**  
290 Peacekeeper Pl  
*(across from North Plains Elementary School)*

**Protestant**  
Sunday Community Service  
1030  
(Holy Communion 1st Sunday)  
Children's Church available

**Northern Lights Chapel**  
230 Missile Ave  
*(across from Rockers)*

**Catholic Mass**  
Sunday 1000  
Daily Monday-Friday 1200

**Open Circle** (Wiccan/ Neo-Pagan)  
1000 on 1st & 3rd Saturdays

**Hof** (Norse Pagan)  
1700 on 2nd & 4th Wednesdays

## St. Peter The Aleut Eastern Orthodox Church

**109 6th St. SE Minot • 838-3094**

**Saturday, September 7**  
5PM, No Vespers

**Sunday, September 8**  
10AM, Congregational Prayer Service

## Bread of Life

Welcoming, deepening, and serving in faith for all of God's people

**SUNDAY 10AM**  
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**WEDNESDAY**  
COMMUNITY MEAL 5:15PM  
WORSHIP 6PM  
CHILDREN AND YOUTH FAITH FORMATION 6:45-7:30PM

**SATURDAY 5PM**

WWW.BREADOFLIFEMINOT.COM

## Trinity Church

**An Evangelical Free Church**  
3500 4th St. SW • 839-5127  
(Just North of Super Wal-Mart)

Sunday School & Fellowship ..... 9:00 a.m.  
Worship ..... 10:30 a.m.

www.trinitychurchminot.org

## Bible Fellowship Church

**Worship Service**  
10:45am Sundays

**Sunday School**  
9:45am

## Vincent United Methodist Church

**1024 2nd St. SE • 838-4425**  
*Behind Town & Country Shopping Center*  
Come As You Are!

Sunday School ..... 9:00 a.m.  
Sunday Worship Service .... 10:00 a.m.  
Fellowship..... 11:00 a.m.

**Pastor Mark Ehrmantraut**  
www.vincentumc.com

## Faith United Methodist Church

**5900 Highway 83 N, Minot**  
www.faithumcminot.com

**Pastor Rick Craig**  
701-838-1540

Sunday School (All Ages): 9:45 a.m.  
Sunday Coffee Fellowship: 10:30 a.m.  
Worship Services: Sunday 11 a.m.

## Cornerstone Presbyterian Church

**1000 NE 3rd Street 852-0315**

**Sunday Schedule**  
Contemporary Worship ..... 9:00am  
Sunday School (All Ages) ..... 10:00am  
Traditional Worship ..... 11:00am

**Wednesday Evening Schedule**  
Community Dinner ..... 5:30-6:30pm  
Contemporary Worship ..... 6:30pm  
Youth Group & Small Groups.. 7:15pm

**All are Welcome!**  
www.cornerstoneminot.com

## GriefShare

*Grief Support Group meets Mondays at 7:00pm*

**Contact Duane Deckert:**  
701-838-0916 or  
biblefellowship@srt.com  
www.griefshare.org

**1720 4th Ave NW, Minot 838-0916**  
MinotBibleFellowship.org

## Immanuel Baptist Church

**1615 2nd St. SE**  
www.ibcminot.org  
701-839-3694

**WEDNESDAYS:**  
11:30 AM SOUP KITCHEN

**SUNDAYS:**  
9:30 AM FELLOWSHIP  
10:00 AM WORSHIP

**Pastor Brian Keithline**

## Christ Reformed Church

Worship 11:00 a.m. Sunday  
234 14th Ave SE  
www.christreformedchurchminot.com

## St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701  
**839-7076**

Daily Mass Schedule:  
Tuesday ..... 5:15 p.m.  
Wednesday - Friday ..... 7:00 a.m.  
Saturday ..... 5:00 p.m.  
Sunday ..... 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor  
Parish website: www.stjohnminot.com

## First Lutheran Church - ELCA

120 5th Ave. NW  
852-4853

Sunday Worship  
9:30 am

www.firstlutheran.tv  
(Live Stream & Recorded)  
Radio Broadcast KRRZ 1390AM  
Sunday 9:30 am  
www.flcminot.com

Pastor Brandy Gerjets • Pastor Ellery Dykeman

## SGI-USA Buddhist Group In Minot

*Meets monthly*

**Email: bispsych@yahoo.com**  
**Phone: (701) 838-9348**

## JOURNEYCHURCH ASSEMBLY OF GOD

**1805 2nd St. SE 838-1111**

**Sunday Services**  
8:00 am | 9:30 am  
11:00 am

## Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ..... 9:45 a.m.  
Morning Worship .... 11:00 a.m.  
Evening Worship ..... 6:00 p.m.  
Wednesday Evening..... 7:00 p.m.

*Independent/Fundamental/KJV*  
**500 46th Ave NE • 839-1351**  
Pastor David Miller

## Cross Roads Baptist

**Southern Baptist Convention**

Sunday School (all ages) ..... 9:45 a.m.  
Sunday Worship ..... 11 a.m. & 5:30 p.m.  
Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcbbc.org  
email: minotcbbc@gmail.com  
**Gabe McCormick- Pastor**  
415 28th Ave SE (Behind Menards)  
838-1873

## West Minot Church of God Family Worship Center

**1105 16th St. NW • 839-1407**

Sunday School ..... 9:30 a.m.  
Sunday Worship ..... 10:30 a.m.  
Children's Church & Nursery  
Wednesday Family Training Hour  
Meal..... 5:30p.m.  
Classes for All Ages ..... 6:30 p.m.  
Youth Center, Friday..... 7:00 - 11:00 p.m.  
ABC Child Care Center..... 852-6352

westminot.com  
facebook.com/westminot

## St. Mark's Lutheran Church Missouri Synod

**Sunday Divine Service**  
9:30 AM

**Adult Bible Study and Sunday School**  
11:00 AM

Reverend Philip Beyersdorf  
2209 4th Avenue NW, Minot, ND  
**839-4663**  
www.minotstmarks.com  
*Join us on facebook*

## First Baptist Church

200 3rd St. SW • 852-4533  
www.fbcminot.org

Classic Worship Service ..... 8:30 a.m.  
Sunday School (All Ages)..... 9:45 a.m.  
Contemporary Worship Service..... 9:50 a.m.  
Adult Sunday School ..... 11:00 a.m.  
Contemporary Worship Service..... 11:05 a.m.  
Children's Church ..... 11:05 am.  
Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
Fridays, Celebrate Recovery ..... 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor  
Elaine Carlson, Children's Ministry Director

## Apostolic Faith Church, UPCI

**2929 19th Ave NW • Minot**  
Located off Hwy 83 Bypass West  
**(701) 838-0609**

Saturday School ..... 2:00 p.m.  
Sunday Worship ..... 3:30 p.m.  
Wednesday Bible Study ..... 7:30 p.m.

**Jesse Starr, Pastor**

## Grace Baptist Church of Minot

*A Reformed Baptist Church*

**Sunday Service: 4:00 p.m.**  
at Living Word Lutheran bldg  
710 46th Ave NE, Minot

Web: gbcminot.com  
E-mail: gbcminot@gmail.com

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Pastor Heath Trampe  
Rev. Rick Jones

**Sunday Worship**  
8:15am Traditional Service  
9:30am Contemporary Service  
9:30am Sunday School & Adult Bible Study  
11:00am Contemporary Service (w/Livestream)

**Wednesdays 6-7pm**  
Adult Choir  
OSKids (age 4- 5th grade)  
Confirmation (grades 6-8)  
Psalm23Teens (6-8pm)

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# 20AF completes first NAF-wide Remote Code Change

1ST LT JACQULYN NOFFSINGER, TWENTIETH AIR FORCE

F.E. WARREN AIR FORCE BASE, Wyo. --

Twentieth Air Force has achieved a significant milestone with the successful completion of OLYMPIC STEP 2024, which marked the first-ever NAF-wide Remote Code Change (RCC). This year's operation saw missile combat crew members executing secure transmissions of keys and codes directly from the Launch Control Center (LCC), eliminating the need for physical installations by maintenance teams at each Launch Facility (LF).

"This achievement with OLYMPIC STEP reflects over two decades of dedicated efforts to modernize and enhance the security of our ICBM force," said Maj. Gen. Stacy Jo Huser, 20 AF commander. "As we look to the future, we remain steadfast in our mission to ensure the highest standards of reliability and safety for our strategic assets."

OLYMPIC STEP, conducted annually across the 20 AF's nine missile squadrons, plays a crucial role in maintaining the integrity of National Security Agency-provided launch, enable, and encryption materials essential for the Minuteman III weapon system.

The successful integration of RCC capabilities signifies the culmination of the ICBM cryptographic upgrade (ICUI) program, which began in 2004 as

part of the Northrop Grumman Prime Integration Contract, valued at over \$6.5 billion.

"With the full-operational fielding of ICU II, we are not only enhancing the security of our ICBM systems but also significantly reducing the physical access vulnerabilities associated with traditional code change methods," said Capt. James Hulett, chief, ICBM Codes & Current Ops. "This method saves 75 days of open site time annually and highlights the integral role played by our wings' codes shops."

This upgrade required a huge, sustained effort across 20 AF wings, as well as a large amount of coding, updates to processes and procedures and coordination with maintenance teams and crew members.

"The implementation of Remote Code Change represents a major leap forward in our operational capabilities," said Hulett. "By the year 2030, the RCC is estimated to save over 900,000 man-hours and more than 1.4 million road miles."

As a result of the new RCC process, 20 AF has saved approximately 70,000 man-hours over four months by eliminating the need for physical code changes at 450 LFs annually. This advancement has reduced open site time by 1,800 hours and cut down code transit times by 360 hours each year.



by Patricia Stockdill

**Fishing:**

Lake Sakakawea elevation, Sept. 2: 1,839.96 feet above mean sea level (MSL); 22,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devis Lake elevation: 1,449.96 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.81 MSL.

• N.D. Game & Fish Dept. game wardens: A few anglers on Lake Metigoshe but limited reports of success. Devis Lake somewhat slow for walleye. No Lake Sakakawea reports.

• Devis Lake, Ed's Bait Shop, Devis Lake: No new reports.

• Devis Lake, Woodland Resort, Devis Lake: Steady walleye bite with lots of anglers still trolling spinners and bottom bouncers. Try the Golden Highway and west end of the Devis Lake or Black Tiger Bay on the east end.

• Lake Darling, Karma C-Store, Ruthville: Limited reports from Lake Darling and the Grano.

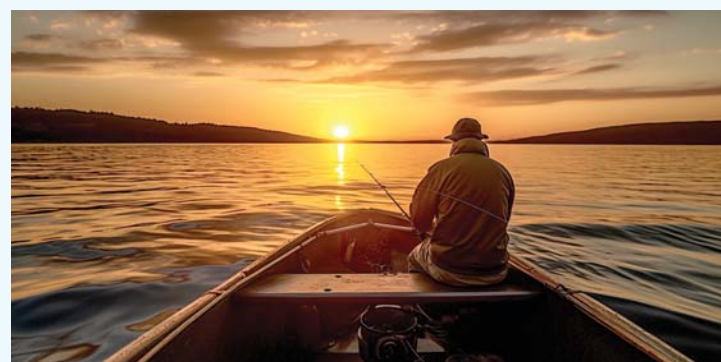
• Lake Metigoshe, Four Seasons, Bottineau: Continued bluegill success with some walleye activity in the late evening.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Move around on the east end of Lake Sakakawea to locate walleye with anglers starting to switch to minnows. Lake Audubon OK for walleye along the west end by the pumping station with the lake's annual fall draw-down underway.

• Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: East end of Lake Sakakawea has improving walleye bite around 4 Fingers in Douglas Bay down to Nishu Bay in 30 to 45 feet using Lindy with minnows or nightcrawlers. Try Jig 'N Raps for larger walleye. Nice salmon bite in 90 feet along the south side of the east end of the lake. Lake Audubon slow for walleye but look for continued smallmouth bass success.

• Lake Sakakawea, Indian Hills Resort, Garrison: Try 9 to 25 feet and deep as 50 feet for walleye using jigs and nightcrawlers in shallow water

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, ([www.woodlandresort.com](http://www.woodlandresort.com)), Facebook at ([facebook.com/woodlandresortDL](https://facebook.com/woodlandresortDL)), telephone (701) 662-5996, extension 1, or email ([woodlandresort@gondtc.com](mailto:woodlandresort@gondtc.com)). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.



- Keep any fish coming from 25 feet or deeper – their swim bladders can't handle coming up quickly from deep water and they typically won't survive.
- N.D. Game & Fish Dept. free PLOTS, Private Land Open to Sportmen, guides with maps available for download on their website, ([gf.nd.com](http://gf.nd.com)). Printed copies available at select vendors and Game & Fish Dept. offices.
- Sept. 7: Missouri River Early Season Canada Goose Zone closes.
- Sept. 14: Sharptail and ruffed grouse, partridge, tree squirrel, and sandhill crane seasons open.
- Sept. 14 & 15: Youth waterfowl season.
- Sept. 14 & 15: Military and special veteran waterfowl season.
- Sept. 14: Minot Kite Festival, Outdoor Family Recreation Area, Minot.
- Sept 15: Western Early Season Canada Goose Zone closes.

**TOURNAMENTS:**

- Sept. 6 & 7: Devis Lake, Woodland Resort.
- Sept. 14: Lake Sakakawea, Fort Stevenson State Park.

or crankbaits in deeper water. Move around and work from shallow to deep along the shelves with fish suspended. Store closed for regular hours but bait and ice is available. Contact the resort for gas-on-the-water.

• Lake Sakakawea, New Town: Walleye remain deep with generally slow success in the Van Hook Arm.

• Lake Sakakawea, Van Hook Bait & Tackle: Work 40 feet and deeper in the southern end of the Van Hook Arm for walleye. Bait shop closed after Sept. 15.

• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace producing some catfish. Look for a mix of walleye, trout, and salmon at night in the chutes. Try 30 feet for walleye on the east end of Lake Sakakawea, working points with Lindy rigs and nightcrawlers. Also try slow death hooks. Fair salmon success from 60 to 90 feet with downriggers with flashers and squids but try a variety of depths. Try casting a mix of crankbaits or spoons from either shore or boat with a few fish starting to move closer into the bays.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Fish remain deep in 28 to 30 feet on the upper end of Lake Sakakawea. Try

snap weights with crankbaits around Lund's Landing. Try a variety of presentations with fair catfish success from shore. Missouri River producing walleye and sauger from shore. Epping-Springbrook Dam improving for walleye.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No new reports.

**Hunting:**

• Archery: A lot of bucks still in velvet.

• Dove: Generally good numbers across much of the state. Birds bunching up in some areas.

• Upland birds: Look for overall fair partridge and sharptail grouse numbers across much of the state.

**Blue-green algae advisories, N.D. Dept. of Environmental Quality:**

• Advisory: Buffalo Lodge Lake, McHenry Co.; Clear Lake, Pierce Co.; Epping-Springbrook Dam, Williams Co.; Lake Brekken, McLean Co.; Devis Lake.

• Warning: Cottonwood Lake, Williams Co.

**Numbers to know:**

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.

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## MAJOR ACCIDENT RESPONSE EXERCISE TESTS MINOT FIRST RESPONDERS

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN KYLE WILSON



U.S. Air Force Senior Airman Payton Zittel, 5th Security Forces Squadron defender, checks a simulated casualty's pulse during a major accident response exercise (MARE) at Minot Air Force Base, North Dakota, Aug. 21, 2024. The MARE challenged Airmen to respond to a simulated helicopter crash during an airshow with attendees being injured as a result of the crash.



Firefighters assigned to the 5th Civil Engineer Squadron transport a simulated casualty during a major accident response exercise (MARE) at Minot Air Force Base, North Dakota, Aug. 21, 2024. MAREs allow first responders to continuously refine practices and procedures to enhance readiness in the event of a real-world incident.



Airmen assigned to the 5th Medical Group operate a triage center during a major accident response exercise (MARE) at Minot Air Force Base, North Dakota, Aug. 21, 2024. MAREs provide realistic, hands-on training scenarios for first responders and enhance operational readiness in the event of a real-world incident.

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## A “TOMORROW” FOR HUNTING, HABITAT, AND WILDLIFE

Patricia Stockdill

Tomorrow is another day.  
The sun will rise and the sun will set.  
The question that hunters might care to ponder is “how long will the sun rise on hunting and hunting opportunities?”  
Surely it will never set.  
Surely there will always be opportunities, not just to hunt, but opportunities to be out in the natural world that is hunting, places to hunt, and species to test one’s skills and knowledge.  
Surely there will always be hunters.  
And then again, maybe not.  
While there are some numbers that point to an increase in hunting among certain participant groups, on the whole hunting and hunting participation isn’t enjoying a significant rise. And in some states hunting participation is status quo or declining.  
Hunters have huge responsibilities: First and foremost, safety – for themselves and others. Legal responsibilities to follow laws and regulations. Ethical responsibilities, especially to the species they’re hunting, the land – whether it’s private or publicly owned – other hunters, the public, and themselves.  
After all, a hunter must answer to more than other hunters, the public, landowners, and legal entities. They must answer to their own heart.  
The discussion of ensuring a future for hunters and hunting stretches across societal issues and trends, habitat and environmental issues – even the challenge of deciphering the human mindset.  
Good luck on that.  
With some 2024 North Dakota hunting seasons already underway – early Canada goose, archery deer and pronghorn, and dove seasons, for example – perhaps it’s appropriate to contemplate how hunters could do their part to ensure a future for hunting.  
There are obvious things like present a proper image of the hunt and hunters to the non-hunting public. We’re not barbaric people living in the past. The reality is wild game is about as healthy of food – laden in protein – as one could possibly obtain.  
No preservatives. No growth hormones. All natural.

Plus, cooking wild game isn’t rocket science and it tastes wonderful. Explore the variety of wild game cookbooks or search the Internet for wild game cooking blogs – and then invite a non-hunter to dinner.  
Leave the hunting area better than you found it. Pick up trash. Don’t field dress birds in the field and leave remains. Don’t deface signs and property – after all, that’s not hunting, that’s a crime called vandalism and depending on one’s location, destruction of public property.  
Be safe.  
Get involved. Join a wildlife conservation organization. It can help broaden one’s understanding of the critical role habitat plays in wildlife populations and hunting opportunities.  
Support sound wildlife management practices based on science, not public opinion.  
Ask yourself, “Is it good enough to take a kid or adult hunting once? Will they have other opportunities to truly appreciate the lifetime activity of hunting or will it just be one day outside?”  
While it can be a great time outdoors, the harsh reality is it takes a commitment to help someone interested in hunting that may not already have the skills, finances, resources, and mentorship to make it more than just a one-day, feel good thing.  
It doesn’t have to be every weekend or every day off. Just spending a little more time afield with that person so that “feel good” thing might be all it takes to create a life-long bond with hunting, fellow hunters, the outdoors, and wildlife.  
It takes good habitat, access, proper management, good relationships with land managers – public and private – and hunters doing the right thing to make this hunting thing work into the future – we’re in this together.  
Yes, the sun will rise and the sun will set. It’s going to be a great day to go hunting and North Dakota still provides that opportunity.  
Let’s do more than just hope it continues.

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YOUTH IN ACTION

# MPL Makerspace: Making Your Designs a Reality!

MARTINA KRANZ, NORTHERN SENTRY

Explore your creative, technological mind by using your imagination and the Minot Public Library's (MPL) Makerspace to make your designs become reality. The Makerspace is an area with four computers with large monitors and four, new iPads with stands and styluses and is located behind the stairs near the Adult Audio Books but opens a world for technological learning and experimenting. According to MPL librarian and director of MPL's teen programs, Pam Carswell, "it [the Makerspace] offers a way to be creative in a digital way, and it takes you from being a digital consumer to a digital creator. It puts you in the driver's seat of making your own content. Sometimes kids get great ideas that look fantastic on the screen but just don't work in real life. That's part of learning." Most everyone has heard the adage, "you won't learn anything if you don't try," and this saying holds true even in the technological world.

The 3D printer uses the design software called TinkerCad to design projects and uses Cura to slice the design and to tell the printer how the project is to be printed. TinkerCad is a free app that equips designers and engineers with the foundational skills for innovation: 3D design, electronics, and coding. The software allows teens to design or to remix designs for 3D projects. MPL has a two-color printer to print the designs, which adds great contrast in some creations.

Every month, Mrs. Carswell provides technology training in the 3D printer software for teenagers, usually after school. The teens use TinkerCad to add or subtract (sometimes both) features from a basic design in a 3D view to create

their own. Two upcoming 3D Build projects for teenagers are: September 10: Moose & Owl, 4:00 p.m. – 5:00 p.m. and October 1: Ghost Magnets, 4:00 p.m. – 5:00 p.m.

In the teen 3D printing activities at the MPL, flexi projects are the most popular because they move, making the creator able to manipulate the object's position, such as the owl's wings in the upcoming 3D Build on September 10th. Seasonal and holiday activities tend to be popular too. 3D prints are free to those who attend the program. Click on the link <https://www.minotlibrary.org/#newsletter> to check the calendar for further information about upcoming 3D prints through December or pick up a hard copy of the 2024 Fall Teen Events newsletter found in the library.

For adults interested in learning 3D printing, they can schedule a Tech Tutor appointment with Mrs. Carswell online at <https://www.minotlibrary.org/services/#techtutors> or call 852-1045 to schedule an appointment to get one-on-one help with designing your own 3D project. The library also offers books about 3D printing available for checkout from the collection.

Patrons can request a 3D print from MPL by calling Mrs. Carswell, explaining to her what they would like printed, and email her their design file or bring the file to her on a flash drive. Patrons have a choice of three different filaments. The filament choices are PLA, Tough PLA, or ABS. The different filaments have different strengths and weaknesses, depending on the design and its use. ABS is a very strong filament, but it is not food safe, and PLA is a little less strong than ABS, but it is food safe and

gives sharper, more distinct lines and corners in a design. The cost is 20 cents per gram.

As summer ends and the fall season approaches, different types of users are drawn to the Makerspace area for different reason. A schoolteacher may wish to create a unique looking apple or nameplate for their desk, or an entrepreneur may want to experiment with creating keychains to advertise for their business. The choices are endless! The MPL also obtained four new iPads for the Makerspace area. Online gaming, photo apps, coding apps, and social media are available for use on the iPads. According to Mrs. Carswell, sometimes, for a way to connect with friends, the teens will hold their own gaming tournaments playing RoBlox, Mario, Temple Run, or Subway Surfer since they don't always have four iPads available at once.

Patrons may use the Green Screen equipment anytime that MPL is open. Shooting with a green screen involves the filming or taking a photo of a person or adding visual effects in front of a solid color. Then, by digitally removing or "keying out" that color, a user can drop that scene onto the background of their choice in post-production. There are many different free Green Screen apps available for any phone that they own. A black and a white drape are also available for use with the Green Screen equipment. There are many other Makerspace items available for check out, such as the Dash and Dot Robot Kits, Canon Cameras, a Spider Tripod, Ozobot, and many other items.

Come to the MPL's Makerspace and create a decoration for your office or workspace or create a



The Makerspace area at the Minot Public Library. It's open to all patrons of the library.



The Green Screen photography equipment available for use at the Minot Public Library.

unique Christmas gift for a friend or a family member. They'll love it, and you'll learn a technological skill. The Makerspace is open during normal library hours, except during a teen 3D Build program.

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# YOUTH IN ACTION

## Minot AFB Schools Winter Busing: Busing Forms

As we prepare to enter into the autumn season, winter is on the minds of many. Winter may even show up in autumn. If so, we are prepared to ensure our military connected students are transported safely to and from school.

Students that attend Dakota Elementary, North Plains Elementary, and Memorial Middle School receive busing provided by Yellowfin Bus Transportation from November 4th, 2024 – April 4th, 2025. However, for students to receive this winter busing service, a busing form is required. This form is due by October 4th, 2024 and is to be emailed to Yellowfin.Minot@



**JOY-NICOLE SMITH**  
SCHOOL LIAISON PROGRAM MANAGER, GS-12  
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



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Families can locate this form at the following website: [https://5thforcesupport.com/wp-content/uploads/2024/08/24-25\\_MAFB\\_BusForm.pdf](https://5thforcesupport.com/wp-content/uploads/2024/08/24-25_MAFB_BusForm.pdf). If there are

any question, please do not hesitate to reach out to [mafb.school.liaison@us.af.mil](mailto:mafb.school.liaison@us.af.mil).

We look forward to an incredible winter busing season!



**DOWNLOAD YOUR BUS FORMS HERE**



**MINOT AFB WINTER BUS TRANSPORTATION REQUEST AND AGREEMENT**

If your student is riding a school bus, please know that safety is a priority. The bus ride is considered an extension of the school day. Therefore, it is important that students understand all school rules that apply while riding on the bus. If no camera is used, record both visually and audibly.

Parent Note: Failure to comply with these safety regulations may result in your child being removed from the bus.

**Student Information:**  
 School:  Dakota  North Plains  Memorial  
 Grade:  1  2  3  4  5  6  7  8

**AM Pick-Up Information:**  
 Home or Childcare and/or Youth Program Address: \_\_\_\_\_  
 Primary Parent/Childcare Contact Phone Number: \_\_\_\_\_  
 Secondary Contact Phone Number: \_\_\_\_\_  
 Childcare Provider Name (if applicable): \_\_\_\_\_

**PM Drop-Off Information:**  
 Home or Childcare and/or Youth Program Address: \_\_\_\_\_  
 Primary Parent/Childcare Contact Phone Number: \_\_\_\_\_  
 Secondary Contact Phone Number: \_\_\_\_\_  
 Childcare Provider Name (if applicable): \_\_\_\_\_

**Parent Notes:** If your child is picked up or dropped off at multiple locations (i.e. PM at Home or PM at YCP), please complete an additional form by checking both boxes. This form allows the school bus coordinator (Yellowfin Bus Transportation) to coordinate bus scheduling in accordance with the safe transportation of student passengers. It also understands and agrees to coordinate bus scheduling in accordance with a contract through Minot Air Force Base. This includes the schedule of school buses and bus stop. Bus routes are determined by personnel in this contract to meet the needs of the Minot Air Force Base community.

**Additional Information:**  
 No bus transportation needed in AM:  No bus transportation needed in PM:

**Parent Agreement:** I, the student/parent, acknowledge that I have read and will review the School Bus Behavior Standards available on the bus. I have read and understand the bus rules and regulations. I understand that I am responsible for my student's behavior and conduct on the bus. I understand that I am responsible for my student's safety and well-being. I understand that I am responsible for my student's transportation to and from school. I understand that I am responsible for my student's behavior and conduct on the bus. I understand that I am responsible for my student's safety and well-being. I understand that I am responsible for my student's transportation to and from school.

**Regulations:** Winter bus service runs from Nov 24 - 4 Apr 25. All students must have a signed Winter Bus Transportation Agreement on the bus with the bus coordinator prior to the first bus ride. Late submissions may be processed but are not guaranteed. All students must have this form on the bus at all times. Late submissions may be processed but are not guaranteed.

**Parent Signature:** \_\_\_\_\_  
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 <b>Minot North vs Grand Forks Central</b> 9/20 - 4:00 PM - Cushman Field	 <b>St. Mary's vs Minot North</b> 9/27 - 7:00 PM - Sentinel Stadium	 <b>Minot North vs Watford City</b> 10/4 - 7:00 PM - Watford City High School
 <b>Dickinson vs Minot North</b> 10/11 - 7:00 PM - Sentinel Stadium	 <b>Minot North vs Jamestown</b> 10/17 - 7:00 PM - Hansen Stadium	 <b>Valley City vs Minot North</b> 10/25 - 7:00 PM - Sentinel Stadium

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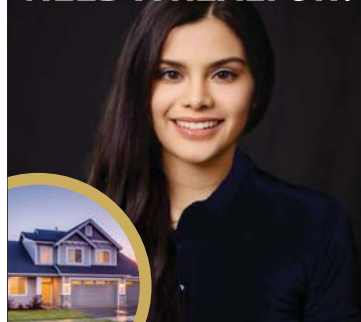
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odalismart97@gmail.com

@odalisjonesmartinez\_realtor

www.ROGMagnum.com

## RENTALS

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$625 to \$895. Call Matt or Peggy at IPM. 852-1157

### HOUSE FOR RENT IN GLENBURN ND.



Rent is \$900.00 a month with \$900.00 deposit. Three bedrooms, two full bathrooms, kitchen/dining area, and office space on the main floor - full finished basement. Attached single garage. Tenant pays utilities. Call Dianne Hensen 701-721-3089

## HELP WANTED



### PART TIME POSITION

15-20 hours per week.  
Embroidery/hotpress.  
Training provided.  
Flexible schedule available.

Stop in at 203 72nd Ave NE  
(just south of the base on Hwy 83)  
or call 701-839-8455.

## HELP WANTED

Bread of Life Church in Minot ("Welcoming, deepening, and serving in faith for all of God's people") is seeking a **PART TIME MUSIC COORDINATOR.**

Bread of Life has three weekly worship services, each with their own flavor, and we're looking for a musically inclined individual to create and sustain an inspired music ministry among us. Interested applicants can contact bolc@srt.com or 701.838.3360.

Sept13

### LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.

We are an equal opportunity employer and a drug free workplace.

Apply in person at:  
605 27th St SE, Minot ND 58701  
Or contact: Matt Mackey  
By email or phone at  
mmackey@kalixnd.org  
701-852-1014

### IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

### MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.

Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

### THE NORTH DAKOTA NATIONAL GUARD

have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

## AUTOMOTIVE

### NORTHERN AUTO AUCTION

1st & 3rd Saturday Every Month!

Approx. 75-100 Cars, Pickups, Trucks, Etc.!

Bring vehicles & title to auction yard

### BUY or SELL!

All units sold AS-IS condition

Terms: Cash or check supported by a bank letter of credit.

Auctioneers: Clint Beeter, Lic. #199 & Kevin Beeter, Lic. #464 - Clerk Lic. #199

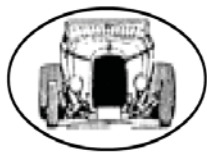
3035 Valley St., Minot, ND 58701  
701-838-3733 or 1-800-210-8995

### AUTO BENT UP OR JUNKED??

Would like to buy...  
Running and non-running cars.  
Call 701.240.2147

\$\$\$ QUICK CASH \$\$\$ Paying cash now for any car or truck, running or not. We also sell cars, give us a call. Edwardson Towing 839-9512, cell: 720-6150 (Will haul junk cars or trucks away, no charge)

## JOHN'S



### AUTOBODY

Pays Up To \$500

Insurance Deductibles

We Guarantee All Work & Color Match

4121 S. Broadway

839-8896

## WANTED

UNWANTED CARS, TRUCKS & SCRAP METAL.

Call 701.240-7453

IF YOU HAVE A SMALL DOG, REPTILE OR BIRD that you no longer can care for, call me or text me at (701) 822-3455

# BUSINESSES & SERVICES

## AUTOMOTIVE

### QUICK CASH!!

Running & Non-Running Cars & Trucks



### EDWARDSON TOWING

We Also Sell Cars

839-9512

Cell 720-6150

Will Haul Junk Cars Free of Charge  
Cash for Scrap & Farm Clean Up



### AUTO PARTS

#### HOURS:

Monday-Friday 7am-7pm  
Saturday 7am-4pm  
Sunday 10am-3pm

425 Burdick Expy W Minot, ND 58701

(701) 852-3301

Proud to serve Minot AFB

## PET GROOMING

### KING'S MANE CAT GROOMING

OFFERING YOUR CAT THE ROYAL TREATMENT



CALL 701-240-7291

FOR AN APPOINTMENT OR VISIT US ONLINE

KINGSMANECATGROOMING.COM

## SUDOKU SOLUTION

PUZZLE ON PAGE B3

1	7	9	2	8	5	3	6	4
8	4	5	6	9	3	2	7	1
3	6	2	7	1	4	8	5	9
6	2	3	8	5	1	9	4	7
5	8	7	4	6	9	1	2	3
9	1	4	3	2	7	6	8	5
2	9	1	5	7	8	4	3	6
7	3	6	9	4	2	5	1	8
4	5	8	1	3	6	7	9	2

## ACCOUNTANT

### BradyMartz

Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS

24 W. Central, Minot • 852-0196

www.bradmartz.com

## HOBBY SHOP

### AEROPORT HOBBY SHOP

RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues. We Have GUNDAM!

838-1658

2112 N. Broadway • Minot, ND  
Ask for Eva • www.airporthobby.com

Contact Rod Wilson to get your business listed here! 701.839.0946 sentrysales@srt.com

## FLOWER SHOP



# FLOWER Central



Voted Minot's #1 Flower Shop

405 Central Ave. E. • 701.852.6224

# CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## MINOT AFB ANNOUNCEMENTS

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY** – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base. Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 5 August - 6 October. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

**MINOT STATE UNIVERSITY** – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

**PARK UNIVERSITY MINOT** – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

**★ Hotel ★ REVEL Weddings for Warriors**

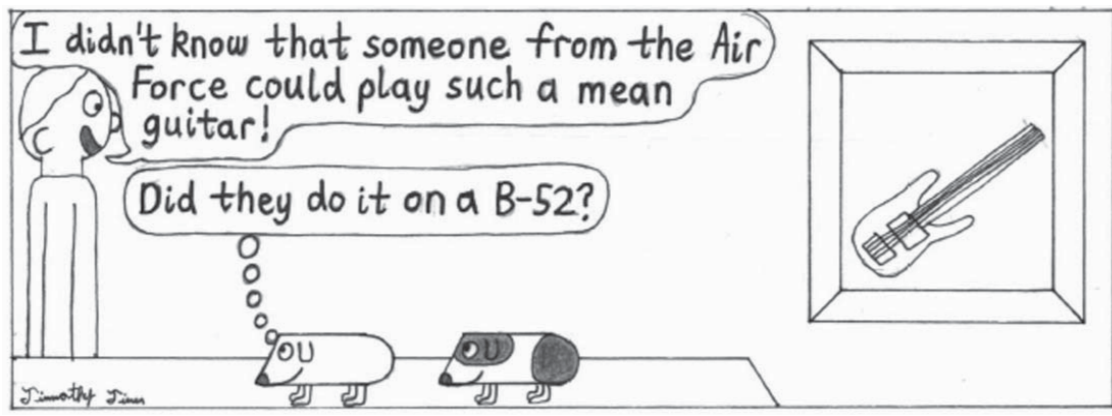
Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at [revelnd.com](https://revelnd.com) or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

### TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

## Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring your own Instruments

Don't know how to play anything? Come sing

Hosted at the Base Theater on

Saturdays from 12:00 to 6:00!

JOIN OUR DISCORD, FACEBOOK, OR INSTAGRAM

For updates and socialization: <https://discord.com/invite/xQtPFRBr>  
Minot AFB Musicians On Facebook  
Minotafb\_musicians On Instagram



## RESTAURANT & ENTERTAINMENT GUIDE



### Atypical Brewery & Barrel Works

510 Central Ave E, Minot  
Phone: 701.833.0567  
FB: Atypical Brewery & Barrelworks

### Applebee's Grill & Bar

2302 15th St SW, Minot  
Phone: 701.839.2130  
[www.applebees.com](http://www.applebees.com)

### Badlands Restaurant & Bar

1400 31st Ave SW, Minot  
Phone: 701.852.7335  
[www.blgrill.com](http://www.blgrill.com)

### Bone's BBQ Smokehouse & Grill

437 N Broadway, Minot  
Phone: 701.838.9140  
[www.bonesbbqminot.com](http://www.bonesbbqminot.com)

### Culver's Restaurant

3000 S Broadway, Minot  
Phone: 701.852.4800  
[www.culvers.com](http://www.culvers.com)

### Ironhorse Kitchen + Bar

21 E Central Avenue, Minot  
Phone: 701.852.8183  
FB: Ironhorse Kitchen + Bar Minot

### Jamaican Vybz Kitchen

Suite 200 315 Main Street S Minot  
Phone: 701-441-9309  
FB: Jamaican Vybz Kitchen

### Meg-A-Latte

2045 N Broadway Suite #100  
Minot, ND 58703  
Phone: 701-838-8479  
[www.meg-a-latte.com](http://www.meg-a-latte.com)

### Mi Mexico

3816 South Broadway Minot  
Phone: 701.858.0777  
[www.mimexicomintnd.com](http://www.mimexicomintnd.com)

### N.D. Asia

3400 16th St SW, Minot  
Phone: 701.852.1240  
[www.ND-Asia.com](http://www.ND-Asia.com)

### Noodles & Company

304 4th Ave NW Minot  
701.491.9103  
[www.noodles.com](http://www.noodles.com)

### Pink's Bar & Grill

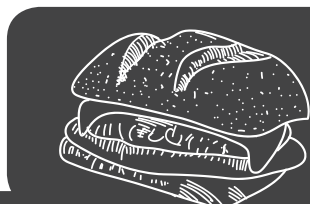
102 128th Ave NW Minot  
Phone: 701.852-2385  
FB: PinksBarGrill

### The Blue Rider

118 1st Avenue SE Minot  
Phone: 701.852.9050  
[www.theblueriderbar.com](http://www.theblueriderbar.com)

### The Starving Rooster

30 1st St. NE, Minot  
Phone: 701.838.3030  
[www.starvingrooster.com](http://www.starvingrooster.com)



2 Winners Every Week!



## WE'LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

No Limit, Enter As Many Times As You Wish!

**\$25.00 Gift Certificate From Badlands Restaurant & Bar**

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.

# Magic City Discovery Center Annual Deep Clean and New Hours

MAGIC CITY DISCOVERY CENTER

MINOT, N.D. – The Magic City Discovery Center will be closed from September 5th through September 19th for its annual deep clean of the facility. During this closure, it will allow the discovery center staff to tend to any exhibits that need extra attention, sort and organize items for future planned classes and events, and thoroughly clean every corner of the center.

While the discovery center may be closed, we certainly still want to provide ways for you and your family to discover, create, explore and play! Stay tuned through our social media outlets for “How to Videos” and fun staff antic reels. Also, participate in our virtual Lego Contest where you can test your creativity levels from the comfort of your own home and be in the running for a fun Magic City Discovery Center giveaway basket. Contest information and rules will

be announced September 9th via our Facebook page.

The doors will reopen on Friday, September 20th with a Fall Fun Day with STEAM activities, apple cider and snacks provided from 10am – 1pm. A new schedule will also be implemented, and the discovery center will be switching its weekday closure from Mondays to Tuesdays. This change will go into official effect the following Monday, September 23rd.

NEW HOURS:

MONDAY 9am - 4pm

TUESDAY CLOSED

WEDNESDAY 9am - 4pm

THURSDAY 10am - 6pm

FRIDAY 10am - 6pm

SATURDAY 10am - 6pm

SUNDAY 10am - 6pm

Stay tuned for more information on upcoming classes, children’s and adult classes, after our reopening.

**Culver's**  
Welcome to delicious.™

**10% DISCOUNT FOR ALL MILITARY PERSONNEL**  
(with valid ID and cannot combine with other offers/discounts)

**CULVER'S OF MINOT**  
3000 S Broadway Minot, ND 58701  
701-852-4800

**NEW SUBSCRIBER GIVEAWAY**

weekly post brief  
**northersentry**  
MINOT AFB FORCE BASE NEWSPAPER | WWW.NORTHERNSENTRY.COM

**Win Jay Leno Tickets at Norsk Hostfest!**  
Friday, September 27, 1pm  
Winner will receive 4 tickets each!  
\$400 dollar value.

**JAY LENO** 2 Winners Chosen!

SUBSCRIBE to the weekly Post Brief & Enter to Win!

## BADLANDS RESTAURANT BAR

# Upcoming Events

5-7 SEPT

**MLV FALL BOOK SALE**  
VARIOUS TIMES  
Adult Learning Center,  
1609 4th Ave., Minot.

FILL large reusable bag for \$5+ text books for every level, whether for homeschooling or as a personal resource • teacher professional and classroom materials galore • SO MANY novels • memoirs, biographies, autobiographies • cook books • books on about every hobby and craft you can think of • spiritual and inspirational pieces • parenting resources • Children’s books, from pre-reading to brand new flashcard sets to Young Adult! • some DVDs, tapes, etc. • We have some collections and sets that are specially priced. Such as HUNDREDS of National Geographics, whether for arts and crafts, special topics of interest, for the classroom, or for collectors, we are willing to accept an offer on the collection!! Lots of local/regional books. Looking for an old yearbook? A book on some of our local businesses or sites to see? OLD and interesting, highly collectible books



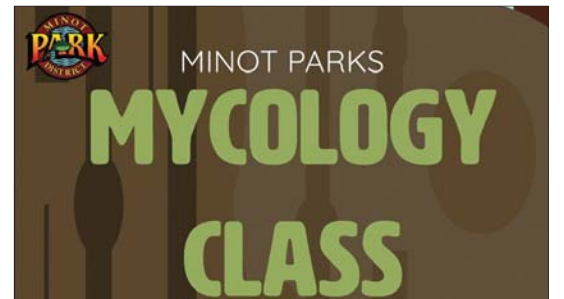
**For more information:**  
Facebook/ Minot Literacy Volunteers/ Events

6 SEPT

**MYCOLOGY CLASS**  
2:00 PM - 4:00 PM  
420 3rd Ave SW  
Minot

Join our mycology class to explore the mushroom kingdom with a presentation and guided trail walk led by local MSU Professor Dr. Joseph Pettit. The class presentation will take place in the auditorium, room 201. The guided walk following the presentation will start at the Woodland Trailhead.

No registration is required, and it is free to attend.



**For more information:**  
Facebook/ Minot Parks/ Events

11 SEPT

**TRIVIA NIGHT**  
7:00 PM - 10:00 PM  
Blue Rider  
118 1st Avenue SE, Minot

Bring your quarters and leave your ego at the door! Come enjoy good times with good people. Live questions - free popcorn - win free drinks! Bring your friends so your team can also go for the coveted; “Not Last Place” award!



**For more information:**  
Facebook/ Blue Rider/ Events

14 SEPT

**FESTIVAL ON MAIN**  
10:00 AM - 5:00 PM  
Downtown Minot  
109-19 Main St N

Join us for the annual fun-filled Festival on Main! Food vendors, inflatables, sidewalk sales, Bingo, music, and so much more! Enjoy the many festivities, carnival games, and street food and discover new shops and restaurants all located in the heart of our city.



**For more information:**  
downtownminot.com

14 SEPT

**LIL VENDORS KIDS MARKET**  
9:00 AM - 12:00 PM  
Oak Park  
1300 4th Ave NW

Join us at the Oak Park Farmers Market for a fun-filled day of shopping with little entrepreneurs! Meet and support our young farmers, bakers, and craft makers showcasing their amazing creations. Don't miss out on this lively event!



**For more information:**  
Facebook/ Minot Farmers Market / Events

## NEW Community at the Northern SENTRY

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at [www.northersentry.com/calendar/](http://www.northersentry.com/calendar/)

ALL YOU CAN EAT  
**GARDEN FRESH SALAD BAR**

EVERY DAY

**BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335**

# WHAT'S GOING ON MINOT AFB

## FRIDAY 06

- Bootcamp, 0900, McAdoo Fitness Center
- Cycle & Core, 1115, McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Movie on the Green, 1800-2000, Youth Center

## SATURDAY 07

- Back-to-School Sampler, 0900, McAdoo Fitness Center

## SUNDAY 08


  
**TOM COTTER & MATT SCANNELL**
  
 Jimmy Doolittle Center
   
 Thursday, 12 September 2024 • Doors Open: 1800



**TOM COTTER**  
 America's Favorite Comedian from "The Tonight Show," "Comedy Central," and "America's Got Talent"

**MATT SCANNELL**  
 Lead Singer of National Anthem, "The Fighting 89th," "The Star-Spangled Banner," and "Hail to the Chief"

**A SALUTE TO THOSE WHO KEEP US SAFE.**  
 Created by actor and philanthropist Gary Sinise, the Gary Sinise Foundation serves & honors our nation's heroes & their families through programs designed to support & uplift them in their time of need.

TO LEARN MORE ABOUT OUR MISSION, SCAN QR CODE OR VISIT [GARYSINISEFOUNDATION.ORG](http://GARYSINISEFOUNDATION.ORG)

 **5THFORCESUPPORT.COM**


  
**Crazy for Grazing**
  
 ROCKERS BAR & GRILL
   
 20 Sept 2024 • 5:30pm-7:30pm

**BE A HOSTESS WITH THE MOSTESS!**  
 OUR ARTS & CRAFTS INSTRUCTOR WILL HELP YOU CUSTOMIZE YOUR OWN CHARCUTERIE BOARDS. WHILE IT DRIES, OUR ROCKERS BAR & GRILL CHEFS WILL TEACH YOU THE ART OF CREATING A CHARCUTERIE ARRAY WITH DELI FLOWERS, CRACKERS, CHEESES, & MORE!

PRODUCT SHOWN MAY BE DIFFERENT FROM YOUR OWN CREATION.

SPONSORED BY 

Cost: \$30pp

REGISTER BY 13 SEPT 2024  
 OPEN TO 18+

SCAN HERE OR GO TO [WWW.MEMBERSHIPSUPPORT.COM](http://WWW.MEMBERSHIPSUPPORT.COM)

 **5THFORCESUPPORT.COM**



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# No studying required.



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## MONDAY 09

- Sponsorship Training, 0900-1100, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- First Duty Station Officer Financial Course, 1300-1500, M&FRC
- Palace Chase/Front Briefing, 1400, Professional Development Center
- Zumba, 1730, McAdoo Fitness Center
- Craft Club, 1800, Minot AFB Library

## TUESDAY 10

- Cycle & Strength, 0515, McAdoo Fitness Center
- Informed Decision Seminar, 0800-1200, Professional Development Center
- Boots to Business, 0800-1600, M&FRC
- Holiday Spending, 0900-1100, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- Cycle & Core, 1115, McAdoo Fitness Center
- Zumba, 1730, McAdoo Fitness Center
- Vehicle Maintenance Classes – Intro to Vehicle Maintenance – Women Only, 1730-1930, Auto Hobby

## WEDNESDAY 11

- Boots to Business, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- SAPR Tier 2 Brief, 1300-1500, Professional Development Center
- TRX Strength, 1330, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

## THURSDAY 12

- Cycle & Strength, 0515, McAdoo Fitness Center
- Pre-Separation Counseling, 0830-1130, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- National Guacamole Day Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- Variety Show, 1700, Jimmy Doolittle Center
- Zumba, 1730, McAdoo Fitness Center

## FRIDAY 13

- Bootcamp, 0900, McAdoo Fitness Center
- Cycle & Core, 1115, McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Fiesta Friday, 1800-2200, Rockers Bar & Grill
- Teen Night Welcome Back Bash, 1800-2000, Youth Center

## SATURDAY 14

- Deployed Affected Saturday, Rough Rider Golf Course
- Zumba, 0900, McAdoo Fitness Center
- Minecraft Party, 1300, Minot AFB Library

## SPECIALS

**Bomber Bistro Featured Item**  
**Spinach & Artichoke Pizza**  
 Alfredo sauce base with spinach and artichoke toppings.

**The B-Fifty Brew Featured Item**  
**Breakfast Bowls**  
 Choice of ham, bacon, sausage, turkey sausage, or 3 meat on top of crispy potatoes & cheese. Options to add bell peppers & onions as well.

**Rockers Bar & Grill Featured Item**  
**Naked Wings**  
 Rockers Traditional wings with your choice or classic sauces or dry rubs.

**77TH AIR FORCE BIRTHDAY**  
**FREEZIN'S THE REASON**  
 ROUGH RIDER GOLF COURSE

**21 SEPT 2024 • 0800**  
 REGISTER BY 14 SEPT • 1700

CELEBRATE THE AIR FORCE'S 77TH BIRTHDAY WITH A 2-PERSON TOURNAMENT!

COST \$40 PER PERSON (GREEN FEE & CART FEE ARE WAIVED)

TO SIGN UP SCAN QR CODE OR VISIT [WWW.MEMBERSHIPSUPPORT.COM](http://WWW.MEMBERSHIPSUPPORT.COM)

SPONSORED BY 

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 **5THFORCESUPPORT.COM**




  
**DAKOTA SQUARE**

### Saturday, September 7, 2024

To Enter:

- Purchase 8 gallons of fuel at Fuel the Fight
- Take your receipt inside to enter the drawing for
  - Free gas for a year courtesy of First International Bank and Trust
  - \$1,000 from Farstad Oil
  - Autographed Mason Morelli Las Vegas Golden Knights jersey

Fuel the Fight raises funds to provide gas vouchers for Trinity Health CancerCare Center patients traveling for treatments.