

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 62 • ISSUE 33 | MINOT AIR FORCE BASE | FRIDAY, AUGUST 16, 2024

WHATS INSIDE THIS WEEK:



AFGSC HONOR GUARD PROGRAM MANAGER OF THE YEAR

**A3**



ROBOTIC PROCESSES AUTOMATION ROADSHOW VISITS MINOT AFB

**A7**



BACK-TO-SCHOOL SUPPLIES BRIGADE EVENT

**B6-B7**

# AGILE WARBIRO



Airmen assigned to the 69th Bomb Squadron and the 5th Aircraft Maintenance Squadron pose for a photo on a B-52 Stratofortress at Fairchild Air Force Base, Washington, July 26, 2024. Four B-52s from Minot AFB traveled to Fairchild AFB for an Agile Combat Employment integration event, Agile Warbird. During the event, the B-52 aircrews demonstrated their ability to operate out of a diverse location and provided Fairchild Airmen the opportunity to train with the B-52 and its personnel.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS MATTHEW ARACHIKAVITZ



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**DARK HORSE VOLUNTEERING**

This past spring members of the 791st Missile Security Forces Squadron spent the day volunteering at Roosevelt Park Zoo.

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**Jessica Covington**



Jessica found a \$45 Golden Ticket in the Northern Sentry delivered right to her door in base housing. She had been hoping to see a Golden Ticket and finally got one. Thank you Covington's, for reading the Northern Sentry every week.

Pick up a copy of the Northern Sentry for your chance to win!

**MEN**

**4 Person Teams**

Tuesday (9/17)..... 6:30 pm  
 Wednesday (9/18)..... 6:30 pm  
 Wednesday (9/18)..... 7:00 pm

**WOMEN**

**4 Person Teams**

Tuesday (9/17)..... 6:30 pm  
 Thursday (9/19)..... 6:30 pm

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 • Bowling Start Date, 9/14  
 • Weekly fees for Bumpers & Squirts (2 games): \$9  
 • Weekly fees for Bantams (3 games): \$13

**Sundays** (Ages 12 and up)..... 6:00 pm  
 • Start Day, 9/15  
 • Weekly fees for 3 games: \$13

**Mondays** (Ages 12 and up)..... 5:00 pm  
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 Wednesday (9/18)..... 7:00 pm  
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**4 Person Mixed Teams**  
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Wednesday..... 10:00 am  
 • Starts 9/13  
 Friday..... 1:00 pm  
 • Starts 9/15

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# Global Strike Honor Guard Program Manager of the Year: TSgt Lance Vandervoort

SABRINA MULRAIN, NORTHERN SENTRY

Congratulations to Minot Air Force Base's TSgt Lance Vandervoort 5 FSS, for being recognized as the Global Strike Command Honor Guard Program Manager of the Year! The Honor Guard Program Manager of the Year award is an annual award that recognizes the extraordinary individual who made the most significant impact by supporting military honors for the funerals of fallen warriors, retirement ceremonies, and change of commands.

TSgt Vandervoort had demonstrated that his dedication and contributions to the Honor Guard program made him stand out above the rest of the other candidates. In order to be chosen as the Honor Guard Program Manager of the year, TSgt Vandervoort had to compete against other nominees and win at Air Force Global Strike Command level. Before TSgt Vandervoort ultimately won at the Global Strike level, he had to first compete against the 8th Air Force and win and then he had to compete against the 20th Air Force and win.

When asked what it meant for him to be recognized as the Honor Guard Program Manager of the year, TSgt Vandervoort stated, "honestly, it's extremely humbling." He further explained that he originally had "no expectations of being nominated let alone winning at Global Strike."

This award is so prestigious that TSgt Vandervoort spent an entire week at Global Strike headquarters, in Barksdale AFB, meeting commanders and other award winners at the awards ceremony. He mentioned that "being around the other award winners had definitely put into perspective of how many awesome people there are in the Air Force and in Global Strike." The 5th BW flew him down to Barksdale where he and the other winners were invited to have breakfast with General Thomas Bussiere, the Commander of Air Force Global Strike Command and CMSgt Shawn Aiello, the Command Chief Master Sergeant for Air Force Global Strike Command. TSgt Vandervoort mentioned that "It was a once in a lifetime opportunity to be able to have breakfast with a four-star general in his office." He also noted

that Global Strike does a good job of keeping the winners together for multiple conferences throughout the year until the next team is selected.

When asked what some of the biggest rewards are to being an Honor Guard Program Manager, TSgt Vandervoort reflected, "the biggest [reward] is just knowing that what we do has an impact on someone's life." He said his position includes "military honors for the funerals, or doing change of commands, or doing retirement ceremonies so it's a pivotal time in someone's life or career." He elaborated on that by saying that "being the last military presence in someone's life and knowing that we helped in some way for those types of [events] is super rewarding." He also expressed that it is rewarding when the Airman under him are recognized from senior leadership for their achievements. TSgt Vandervoort remarked that it makes him happy, "to see on a day-to-day basis how much that [recognition] impacts them and how much they strive for that, whether it's them getting coined or a thank you from the wing commander."

TSgt Vandervoort stated, "To be honest I had no idea what I was getting into when I signed up for it [Honor Guard Program Manager], but it is by far the most rewarding career that I think you can have in the Air Force."

TSgt Vandervoort expressed that he could not have made it this far without the support of some of his leadership. He would like to thank his immediate supervisor, 5 FSS SEL, Chief Master Sergeant Eric Lawlor, who served in the honor guard for many years and whose knowledge of the struggles and challenges had been very helpful to TSgt Vandervoort when he became the program manager. TSgt Vandervoort also wanted to specifically thank his First Sergeant, Master Sergeant John Silva for mentoring him. Furthermore TSgt Vandervoort remarked that he wanted to thank all his co-workers saying, "[Thanks to] every one of the Airmen that served on the honor guard with [me]. They all helped! Everything on [my awards] package is honestly thanks to the hard work that they put in."



TSgt Lance Vandervoort

When asked what he would be striving to accomplish next, TSgt Vandervoort said he was "up for any challenge." The position of Honor Guard Program Manager is a two-year position and TSgt Vandervoort is coming to the end of his term. With only three months left in his current position before returning to his normal career, Cable and Antenna Defense Operations, he said he is "ready to tackle any challenges that come with moving back to his original job." Since TSgt Vandervoort comes from a communications background, he is anxious to return to his main career. "Everything progresses so fast IT wise that [I] don't want to be out of that career field for too long."

As he prepares to depart the Honor Guard Program Manager position, TSgt Vandervoort wanted to pass on some advice for the next program manager. He shared they should "be willing to be uncomfortable", this job is "something totally different than what any AFSC does in the Air Force." Expanding further, Vandervoort continued, "The challenge of the unknown....Our primary mission is Military Honors for the funerals and obviously you don't know when those are coming, so just being prepared at all times for whatever is going to be thrown at you in the next week to two weeks."

TSgt Vandervoort persevered and ultimately triumphed to become this year's Global Strike Honor Guard Program Manager of the Year. His dedication and commitment will set the example for those that follow.

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Scottish Rite - 1st Wednesday at 6:00PM

Eastern Star - 1st and 3rd Tuesdays at 7:00PM

Prince Hall - 2nd Saturday at 9:00AM

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**A VIEW FROM OUR SIDE**  
 ROD WILSON



This past week I had numerous inquiries from families who have arrived in North Dakota, either PCS'ing in from another base, or they have arrived in Minot for their very first assignment.

Both of the above scenarios are pretty common in August, and I really, really encourage these new arrivals to start taking advantage of what Minot has to offer before it gets so darn cold that you won't want to leave your house-right? Well, no, that was not necessarily my point. Let's start with one of



Sunflower field just north of Minot AFB on Highway 83



**UPSIDE DOWN UNDER**  
 MARVIN BAKER

On July 28, we attended the Medora Musical with our grandchildren. It's always fun to get away from the monotony of our every-day routines to enjoy some taffy, ice cream and the musical.

Since that Sunday night, a number of people have commented about the musical after we tell them that we had attended. The first thing that should be mentioned is it's amazing that there are people here in North Dakota who aren't aware of the musical.

In their defense, their often transplants who have come here to work or are stationed at the Minot Air Force Base. In those cases, we give them the pitch about how good this entertainment is for them.

Some of the other comments we've heard include "I didn't know there was such a show in North Dakota," "I haven't been there in five years," "If you've seen one, you've seen them all," "It's too expensive for me," and "Why not have it in Bismarck or Fargo where the people are."

# The Clock is Ticking...

the largest recreational lakes in the United States, Lake Sakakawea. It's less than an hour drive to the south, and the lake is surrounded by state parks that allow for comfortable weekend getaways well into September. The temperature of the lake in some of the smaller bays and at some of the swimming beaches will be above 75 degrees. The water is very clear and fun to swim in, and daytime temps can still touch the 90's. There are picnic areas at both Ft. Stevenson (Garrison, ND) and at Lake Sakakawea State Park (Pick City/Riverdale).

Kayaking or canoeing your game? You can plan a day trip from the Garrison Dam spillway to Washburn. Don't work too hard, you can make the trip in 8 hours. If Washburn seems a bit far, there is another landing near Stanton. Some folks have hit the river at the crack of dawn and paddled hard and ended up in Bismarck. The choice is yours. The point is, there is still a lot of water time left in summer 2024.

**IT'S PHOTO TIME**

For the next 4 weeks your photo opportunities are going to be amazing. First, the small grain fields have turned that glorious gold. Different small grain crops have different hues. The field I just photographed had grain stalks that were chest high on me. You really can't miss if you choose a summer day, towards evening...the golden hour.

And then there are the sunflower fields with heads well over a foot wide. The colors are so very vibrant. Talk about a perfect backdrop for a family photo. Years from now when you are reviewing your family scrapbook you will immediately talk about North Dakota and how beautiful the sunflower fields were. Finally, take time to look around at some of the natural backdrops, like sunsets. Put an old building in the foreground and wait until the sun just starts to set. Another phenomenon is the dust that harvest creates, and that dust creates some amazing orange color in the sunset. No need for an expensive cameras, your cellphone will certainly suffice.

**LOOK TO THE NORTH**

For a lot of good reasons, looking to the North will also provide you with late summer entertainment. The International Peace Garden will be in full bloom into mid-September. So, you missed the Peace Garden trip? Early October in the Turtle Mountains will again provide superb backdrops as the leaves begin to turn to fall colors of oranges, yellows, and reds. Once again, a cell phone camera will give you lasting memories. Lake Metigoshe State Park has several deep forest trails. On a warm Sunday afternoon, you can still drop a canoe or kayak into Lake Metigoshe and enjoy the fall colors looing in from the lake. Absolutely perfect!

**THE SOURIS RIVER VALLEY**

One final suggestion, take a couple of hours and follow the Souris River Valley. Challenge your mapping skills and choose those less traveled paths. Lake Darling and the Upper Souris Refuge, J Clark Saylor refuge (BTW, there are canoe trails on both of these refuges) and the Des Lacs National Wildlife Refuge near Kenmare.

**I'M ALWAYS READY TO HELP**

Got questions about the area. I have lived in North Dakota all of my life, and I have learned to appreciate so many sights and events. I would be more than happy to share them with you. Send an inquiry to [sentrysales@srt.com](mailto:sentrysales@srt.com). Don't wait too long because... the clock is ticking.

**BEST KEPT SECRETS**

I struggle this time of year because my senses are on overload. When I spent more time on the road I would often stop to watch a combine out in the field as they harvest small grain crops like barley, wheat and even flax. There is almost a ballet of movements. Of course, there is the combine or combines. A new player, well relatively new player, is the grain cart which allows the combine to unload a hopper full of grain while the 2 machines, combine and grain cart, move in parallel down the field. Finally, there is the job I am most familiar with, the truck and driver waiting for the grain cart to fill their box for delivery to a nearby bin or elevator. Got a few hours, search out and find harvest activity in your area...but better sooner than later. Hopefully a bountiful harvest will be in the books by the end of September.

**TODAY'S CHUCKLE**

If you really want to see the light, take the shade off the lamp.

# The best in the west...

My wife and I have been going to the Medora Musical for several years off and on as long as we've been married. There are years we can't get there, but it continues to draw us back when we get the chance to go.

OK, the show is expensive, but it's highly professional and right up there with other performers who have been in North Dakota recently like Elton John or BTO. These singers and dancers are the best you're going to find anywhere and it shows on stage.

For that person who told us if you've seen it once, that's not the case. We go frequently and it's different every year. There's a different theme, there's different music and there are different dancers. About the only thing that doesn't change is the person who portrays Theodore Roosevelt.

In fact, as we were leaving Medora, there was "Roosevelt," in top hat and jacket with long tail, directing traffic. It was good to see that not only is he a performer on stage, but he hangs out with the people who go to the musical and that's certainly admirable.

The reason the show isn't moved to Bismarck or Fargo is because Medora is historically significant to North Dakota and if it were anywhere else, the show would fall apart. It's best for the population to travel west on Interstate 94 and attend the show in Medora because

it brings a lot of realism to the actual history when Roosevelt was in Medora.

And, let's face it, the musical is just part of the package. Sure, there are the tourist traps like the taffy store or some of the clothing stores, but if it's history you want, you'll find it. You could go to a museum in Fargo or Bismarck, but if you're in Medora, you can actually live it.

There's Roosevelt National Park, The Chateau de Mores, there's carriage rides through historic Medora, among others.

The town of Medora is a small community in Billings County and yes, people live there. It's not all just tourists. In the winter, it's a quiet, little town in western North Dakota. But in the summer it comes alive and is no doubt the best tourist destination in the state.

In the two days we spent in Medora, some of the license plates we saw on vehicles included, Tennessee, Illinois, Washington, Rhode Island, Alaska, Florida, Connecticut, Manitoba, British Columbia, many from Minnesota, California, Vermont, New Hampshire, Michigan and Arizona.

That should be a pretty good indicator of the popularity of the Medora Musical if people are coming from as far away as New Hampshire and B.C.

If you haven't seen it, you still have the month of August and into early September to take in the

greatest show in the west. It should also be noted that every Sunday and Wednesday, kids 17 and under get in free.

That said, the dancers do a skit that brings all the children on stage. It's a big deal for any kid to be on such a grand stage with the likes of President "Theodore Roosevelt."

Take it in before the season is over. You won't regret it. The dancers personify professionalism; The singing, the choreography and the interaction with the audience. They know exactly what they are doing.

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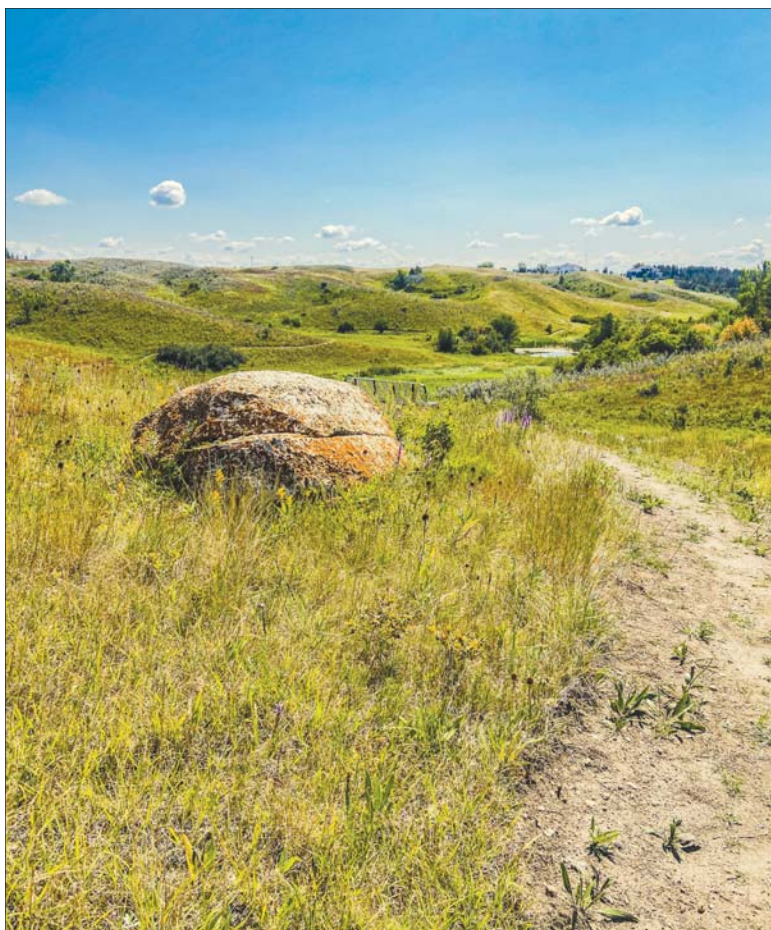
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MINOT AIR FORCE BASE NEWSPAPER  
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**SHE'S NOT FROM AROUND HERE**  
AMY ALLENDER

# It's Better Outside: How I Soothe End of Summer Woes



A view from the unpaved portion of the Minot Outdoor Recreation Trail.

AMY ALLENDER PHOTO

"Boys, look at me. Hold still and just listen. Get your shoes on, we're going outside." It seemed like I'd spent the entire morning playing referee between my sons. The requests for intervention were relentless—"Is it my turn now?" "He's touching me!" "Can I have that?" "He's bothering me on purpose." "Can I have a snack?" "He hit me!"

Don't get me wrong. I love my kids. I cherish being the one navigating these questions and quarrels with them. I hear the bickering, because I'm with them. And I wouldn't trade being with them for all the lefse at the Hostfest.

Some days just seem fussier than others. Some days I'm the fussiest of us all. And sometimes I think August is an incredibly easy time to be fussy.

There's a shift in the air. I can literally smell a difference; one season beginning to fade and another starting to bloom. The nights are noticeably darker and cooler. The mornings aren't quite so early. Summer activities are drawing to a close, many of our local friends have scampered off to the lake for a few weeks until school begins, and our already haphazard summer schedule feels looser than ever.

In my house, the bickering is amping up because we're all ready for a little more structure.

When the walls start to close in around me, or the questions come too quickly, or the decision fatigue threatens to pull me under—we go outside. I even have mom-ism that is sure to haunt my boys into adulthood, "We'll all feel better outside."

I should cross stitch that on a sampler.

It's simple advice, but always rings true.

Outside, there's space to separate, room to run, things to notice, and passersby to greet. A three-year-old tantrum doesn't seem as big or loud in the expanse of nature. The white noise of the world soothes my nerves, extending my patience, grace, and peace. Problems that fill up the living room diminish when we step outside.

On that particular day, we put our shoes on and ventured

somewhere new. This is one thing I love about living in Minot—after five years, there are still "new" places to explore. New trails, parks, and discoveries are just minutes away.

In less than ten minutes, we parked at the Minot Outdoor Recreation Area, just off 4th Ave NW, near Berry Acres. Ten minutes later, we were on the newly opened rugged trail section, winding through wildflowers, chasing grasshoppers, and wondering how far the path would take us.

There was still some quarreling, and snack requests persisted. But things are better outside. They're better in the wide-open spaces and rolling hills. And aren't we fortunate to have these spaces just minutes from our doorsteps?

The return of the school year's structure will be welcome, but I plan to combat any end-of-summer crankiness with time in the great outdoors.

If you're looking for recommendations, check out

the Outdoor Recreation Area for paved paths and off-road trails. For strollers, bikes, and rollerblades, head to the greenway between Leach Park and the 83 Bypass (you can park near Leach Park or at the intersection of 2nd Ave SW and 30th St SW), or the extra-wide sidewalk between Radio City Park and John Hoeven Elementary (along 37th Ave SE). For rugged biking and off-road experiences, explore the Woodland Trail, Bison Plant Trail, or Black Butte Adventures (the latter is technically not in Minot but offers a great wild experience).

Whatever you choose, I hope these last weeks of summer are filled with peace, gratitude, and the unique goodness this time between seasons offers.

For more stories of life in *Hotdish Land* and recommendations, join me online at [amyallender.com](http://amyallender.com), on Instagram @HeyMinot and @amy\_allender, or on Facebook @amyallenderblog.

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**CITY COUNCIL-  
THE WRAP**

ALDERMAN MIKE BLESSUM

The City of Minot is in budget season. Since March, city staff have been working on the preliminary 2025 budget passed by the council earlier this week. There is still work to be done before we give our final approval the first week of October. City Manager Harold Stewart and his team have remained true to his promise to hold the property tax levy to the same dollar amount as 2024. Most property owners should see a small property tax decrease when they receive preliminary tax statements in the next month or so.

Now the real work begins. City staff will hold virtual discussions for the public on August 14-16. Council President Mark Jantzer will deliver his priorities in the form of a letter by August 19. In September we'll hear from city residents at the budget public hearing. The council will use all feedback to guide decisions on each line item in the final budget. It is my hope to continue to trim the budget and leave more money in the pockets of the taxpayer.

I have a few priorities for the 2025 budget. I am glad to see about \$3 million in additional funding of road maintenance. Our resident satisfaction survey showed a desire for improved road conditions. We need to provide wage increases for city staff to keep their pay at appropriate levels. The

# Budget Talk

City Manager and HR Director have devised a hybrid plan that combines market and time in position raises to keep the city competitive in recruiting staff. We also need to review our fund reserve levels to make sure we aren't holding more taxpayer money in our accounts than we should. If we can accomplish these priorities, we will be on a path to a more sustainable future.

We are working hard to complete

this process while city residents are enjoying the final weeks before school resumes and the wonderful fall season begins. I encourage everyone to be a part of the process, whether it's funding certain services or departments you care about, or desiring your taxes to be lower. We need feedback to ensure our budget aligns with the expectations of the people. I am glad to be a part of moving our city in the right direction.

## 2ND ANNUAL

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# Robotic Processes Automation Roadshow visits Minot AFB

AIRMAN 1ST CLASS TRUST TATE, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Minot AFB hosted its first Robotic Process Automation (RPA) Roadshow for Airmen August 6-9.

During the four-day training, Airmen were given a crash course on automation technology. The purpose of the roadshow was to encourage Airmen to think critically about what improvements can be made in their everyday processes. Airmen becoming developers and using bot technology in their work centers gives an advantage over adversaries in the race to accelerate change.

RPA has already been incorporated into the Air Force's daily operations by detecting computer threats, gathering information from files, replying to messages, launching firewalls, and minimizing human error.

"If it's highly repetitive and boring, there's a good chance we can teach a robot to do those things," said Marcellus Curtis, Invoke RPA instructor. "I know Airmen have a lot on their plate and time can be used more efficiently."

Curtis taught the course along with fellow RPA instructors Kamlen Joshi, Morgan Giles, Jaylen Harris, and Tech Sgt. Alexander Fisher, Department of the Air Force Bot Operations Team (DAFBOT) and RPA section chief. The goal in automating repetitive manual tasks is to cut out and upgrade administrative tasks, giving Airmen time to improve mission readiness and career field

expertise.

Senior Airman Addison Chapman, 5th Force Support Squadron sports program assistant, attended the RPA course.

"I have goals of creating my own program to cut back on some paperwork," Chapman said. "We're using very old systems and we're trying to get everything digitized so hopefully this reduces paperwork and time spent."

Day one was an introduction to RPA, UiPath software, and the history of the DAFBOT. Day two and three focused on teaching Airmen how to build their own bot using the UiPath software, writing code, and finding resources to build their own automations. Day four was for Airmen to show off their bots and receive peer reviews.

Fisher has taught Airmen at AFBs around the world about RPA

and the benefits it could have in their work centers.

"We're bringing our software development experience and teaching each career field so they can automate their Air Force specialty code with their own automation software," Fisher stated. "They know their job way better than we do, so if they learn two percent of ours, they can automate most of their job."

The Airmen who attended the course learned how simple work processes can go from taking hours to minutes with the help of robotic automation processes. The bots the RPA instructors helped the Airmen create were intended to be incorporated into the Airmen's everyday workflow. Thanks to the RPA course, the Air Force has repurposed over 2 million hours, and trained 2,700 Airmen.



Kamlen Joshi, Invoke robotic processes automation (RPA) instructor, speaks to students about automating processes during the RPA course at Minot Air Force Base, North Dakota, August 6, 2024.

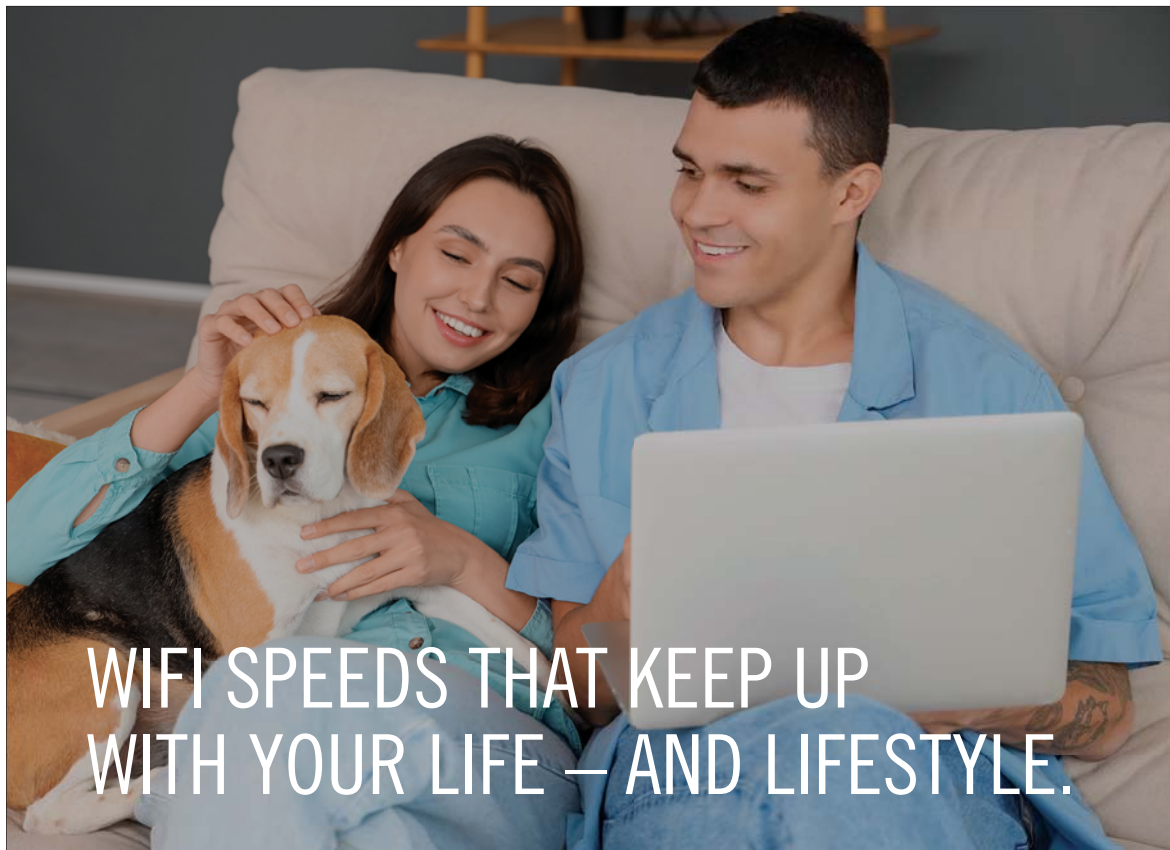


Kamlen Joshi, Invoke robotic processes automation (RPA) instructor, helps a student create an automation during the RPA course at Minot Air Force Base, North Dakota, August 6, 2024. The students learned how simple work processes can go from taking hours to minutes with the help of robotic automatic processes.



Marcellus Curtis, Invoke robotic processes automation (RPA) instructor, guides a student through creating an automation during the RPA course at Minot Air Force Base, North Dakota, August 6, 2024. The purpose of the roadshow was to have students think critically about what improvements can be made in their everyday processes using RPA.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS TRUST TATE



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NOTES ON BEING SAFE

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Did you know approximately 5,900 pedestrians in America are killed by automobiles every year? Almost one-third of these victims are children under the age of 15. All of us are pedestrians at one time or another, and are obligated to abide by the same traffic laws that assure the safety whether we are walking, bicycling or the motorist, or an adult or child. As parents we are also obligated to teach our children the importance of traffic safety, especially in housing areas where streets have a tendency of being smaller. Here are a few pedestrian safety tips to follow:

- Walk on the sidewalks – Stay on the sidewalks and crosswalks. Avoid walking in traffic if there are no sidewalks or crosswalks. If you have no other choice, walk facing the traffic.
- Look LEFT, RIGHT, and LEFT for vehicles – Stop at the curb and look LEFT, then RIGHT, then LEFT again. Stopping at the curb signals drivers that you intend to cross. Cross in marked crosswalks and obey the signals.
- See and be seen- Stay out of the driver's blind spot. Make eye contact with the driver when crossing busy streets. If walking at dusk or dark, wear reflective gear and carry a flashlight. Vision is more impaired at night.
- Watch your children – Do not let your children play in the streets or close to the roads. Do not let them cross the roads without supervision. While walking through the housing area ensure to be aware of any cars pulling out of their driveways, especially if they are backing out. They may not always see you. Children are small, unpredictable, and cannot judge vehicle distance and speeds. Start teaching your children at an early age on traffic safety. Teach the colors of all of the traffic lights and the vehicle lights and what they mean. Educate the importance of not darting out on the road, even to chase a ball.

As a motorists on Minot AFB do not always assume the people around you are paying attention. Sometimes their attention can be diverted especially if they're children. All people are unpredictable and as a motorist, you should always be alert. You can encounter a pedestrian anytime and anywhere, even in places where they are not supposed to be.

They can be hard to see, especially at night or while it's raining. Slow down if you can not see clearly. Stop for pedestrians who are in the crosswalks and when you stop for a pedestrian in the crosswalk, make sure you are far enough back for cars in the other lane to see the pedestrian in time to stop. If vehicles are stopped in the street in front of you, do not just assume you can pass them, maybe their waiting for a pedestrian to cross the road. When turning right on a red right, always look to the right as well as the left to make sure pedestrians are not crossing in the crosswalk. If you spot a pedestrian wearing headphones or using a cellular phone, be attentive for they may not hear your vehicle. Remain vigilant at all times, especially in areas where children may dart out

unexpectedly into traffic areas. These include base housing and school areas, near school buses and around ice cream trucks. While backing out of your driveway, always look in your back window as well as your mirrors to ensure no kids are behind you. If you have to, walk around the vehicle before driving out.

One last tip to keep in mind, if you see a child in the front yard or near a curb, always assume they will dart out on the road. If you always keep this in mind, this will lessen the chances of a child being struck. By paying attention to your surroundings, whether you are the pedestrian or the motorist. It could be a matter of life or death.

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# DOD releases Exceptional Family Member Program survey results

JOSEPH CLARK, DOD NEWS

WASHINGTON -- The Defense Department has released the results of its first Exceptional Family Member Program survey as part of ongoing efforts to ensure the program provides comprehensive support to military families with special medical or educational needs.

The survey, conducted by the Office of the Deputy Assistant Secretary of Defense for Military Community and Family Policy, polled active-duty service members to assess their experiences and overall satisfaction with the program's three primary components: identification and enrollment, assignment coordination, and family support.

The program, which serves about 100,000 military families with disability-related needs, helps service members identify available services at projected duty stations to support the continuity of care for dependents.

EFMP family support representatives are also present on military installations for ease of access and to link dependents to care through referrals and nonclinical case management.

Tomeshia Barnes, the associate director of the Office of Special Needs in DOD's Office of Military Family Readiness Policy, said the survey was designed to give military families a voice.

"One of the things within the Office of Special Needs that was really important to us was really understanding and having data on the lived experience of military families enrolled in the EFMP - their experience with the program, as well as their experience accessing and navigating other services provided to meet their needs," Barnes said.

While the department did include certain questions related to the program on other DOD-wide surveys, Barnes said there was a need for more granular feedback from those enrolled in the program.

"We sought to have a survey that really provided us specific data on the families enrolled in the program as they experience the various components of the program, as well as other federal and state-level services that they access," she said. "We really wanted to hear from our families, their perspectives on their experiences with the program and other services to meet their needs."

The key takeaways from the survey shed light on families' level of satisfaction with the program, the support provided, and whether the program had an impact on service members' decisions to remain in the military.

It found that the program had met the needs of 83% of military families to some extent in the 12-month period before the survey



The Exceptional Family Member Program provides support specifically for military family members with special needs and helps them find services and information both online and at their current duty station.

was conducted.

Forty-three percent of respondents indicated their overall satisfaction with the program, while 25% said they were neither satisfied nor dissatisfied. Thirty-three percent indicated they were dissatisfied with the program.

Those responding to the survey reported the highest level of satisfaction specifically related to the program's enrollment process and family support services. The program's assignment coordination component received the lowest levels of satisfaction.

On family support, one of the program's most visible components, 79% were satisfied with the professionalism of the staff. A majority of respondents, 66%, also said they were satisfied with the accuracy of the information provided by the staff.

"Importantly, we saw a high level of satisfaction with the providers' familiarity with local resources and that they were able [to] really tailor their support to meet the family's needs," Barnes said. "That's really what we expect from the program."

Barnes also paid close attention to how the program impacts a military family's decision to stay on active duty.

Most respondents, 49%, said their enrollment in the program would not impact their decision to continue serving, while 25% said the program would have a positive impact on their decision. Twenty-six percent said their enrollment would negatively impact their decision to stay on active duty.

Barnes said the results discount a common perception that enrollment in EFMP would have a negative impact on a service member's career.

That perception, she said, often stems from the impression

among service members that their enrollment in the program would restrict the availability of certain duty stations, thereby limiting their career progression.

"It really goes to show that EFMP enrollment doesn't necessarily have that negative impact," Barnes said.

She said the findings related to retention, in particular, point to the value of receiving feedback in a comprehensive manner from those enrolled in the program, rather than relying on anecdotal information.

With the survey results in hand, Barnes said, the department can further enhance the mechanisms that the program has in place to assist families, particularly as they relocate to new duty stations.

"We're also really addressing how the EFMP family support component of the program is connecting families to ensure that they know that there are resources available to them," she said. "We know that family support is optional for military families, but we want them to know that it exists and what services are available to them, so that as their needs change, and they may now have a need for assistance, they know where to go."

Ensuring that the program continues to meet the needs of military families, Barnes said, is a critical piece of her office's commitment to taking care of those who serve.

In addition to conducting the survey, the Office of Special Needs also invites continuous feedback through an online form, as part of the department's commitment to ensuring military families have a voice, Barnes said.

"We're committed to taking care of people, and they're vital in providing feedback that enables us to truly do that," she said.



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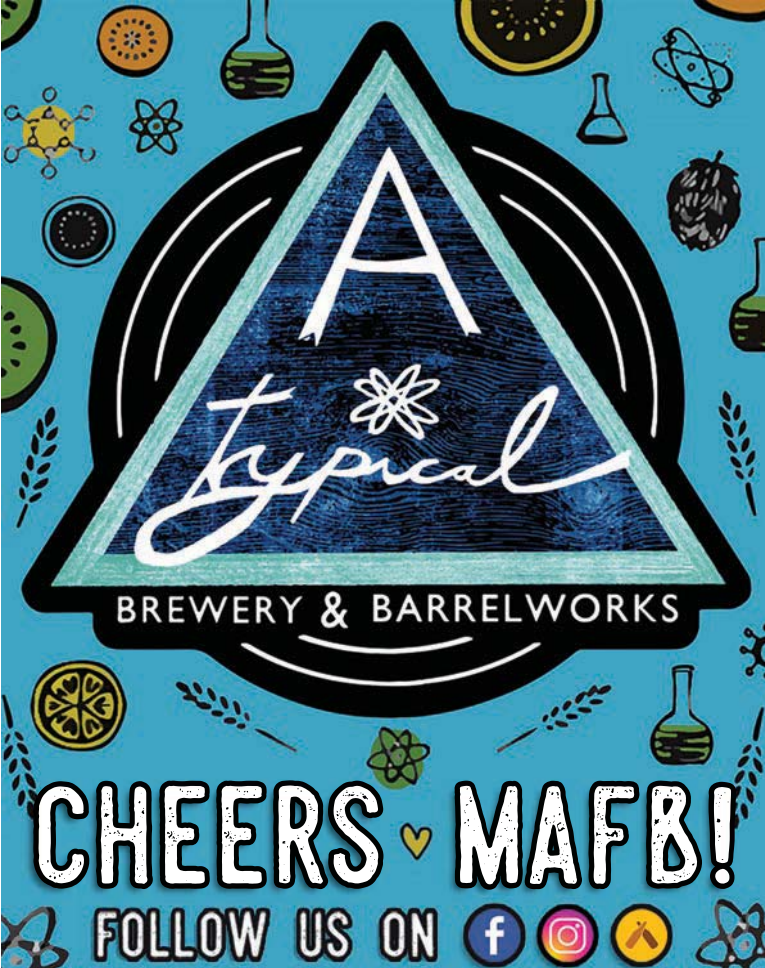
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# New Air Force Warrant Officer Selectees Skew Older, Higher-Ranked

DAVID ROZA, AIR & SPACE FORCES MAGAZINE

The first new Air Force warrant officer selectees in more than half a century are mostly men in their mid- to late-30s and at the rank of master sergeant and above, according to data provided to Air & Space Forces Magazine.

Last week, the Air Force announced 78 selectees to attend the newly created Warrant Officer Training School at Maxwell Air Force Base, Ala. starting this October. The original goal was 60 selectees in two classes, but officials decided to widen the pool to 78 over three classes after seeing the high quality of the applicants, a service spokesperson told Air & Space Forces Magazine.

The first eight-week class starts in October, the second in January, and the third at some point in the spring of 2025, with the first graduates expected to arrive at their new duty stations in early 2025.

The Air Force and Space Force are the only military services currently without warrant officers, who fill technical rather than leadership functions in the other military branches. But today, the Air Force sees the reintroduction of warrant officers as a way to maintain an edge in two fast-moving technical fields: information technology and cybersecurity.

“With perishable skills, like cyber, like IT, where the technology is moving so rapidly, folks who are experts in that can’t afford to be



102nd Intelligence Wing members work together during Cyber Yankee 2024 at the Regional Training Institute, Joint Base Cape Cod, Massachusetts, May 14, 2024.

AIR NATIONAL GUARD PHOTO BY AIRMAN 1ST CLASS JULIA AHAESY

sent off to a leadership course for eight or nine months,” Alex Wagner, assistant secretary of the Air Force for manpower and reserve affairs, said April 9.

More than 490 Airmen sought spots at the school after applications opened in April, of whom about 57 were quickly turned away due to not meeting eligibility requirements or having incomplete applications. Though applicants could come from any career field, they had to meet several qualifications in cybersecurity and information technology. They also had to hold a minimum rank of staff sergeant,

one year of active federal service, and be the age of 42 or younger.

The selectees came from a range of career fields. On the Active-duty side, these included cyber defense and cyber warfare, health services management, special investigations, aircraft armament, fusion analysis, and scientific applications. While the Air National Guard list of AFSCs represented by its 12 selectees were not available, the Air Force Reserve’s three primary selectees included two cyber warfare specialists and one cyber defense specialist.

## Air Force Warrant Officer Selectees by Component

Component	Selectees
Active	63
Reserve	3
Guard	12
<b>Total</b>	<b>78</b>

## Air Force Warrant Officer Selectees By Rank

Component	E-5	E-6	E-7	E-8
Active	8	21	32	2
Reserve		1	1	1
Guard		6	6	
<b>Total</b>	<b>8</b>	<b>28</b>	<b>39</b>	<b>3</b>

## Air Force Warrant Officer Selectees By Gender

Component	Male	Female
Active	61	2
Reserve	3	
Guard	12	
<b>Total</b>	<b>76</b>	<b>2</b>

## Air Force Warrant Officer Selectees By Age\*

Component	20-25	26-29	30-34	35-39	40+
Active	1	8	25	23	6
Reserve				2	1
<b>Total</b>	<b>1</b>	<b>8</b>	<b>25</b>	<b>25</b>	<b>7</b>

\* Data on the age of Air National Guard warrant officer selectees was not available.

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# What About Those Bagpipes

## FSS Employee Says "It Takes a Lot of Wind"

ROD WILSON, NORTHERN SENTRY

For John Richard Young, a Wisconsin native living in Minot since 2012 who earned a Multimedia Studies Degree with a Minor in Music Performance at Minot State University, he took on the bagpipes some 5 years ago in 2018. The road to playing bagpipes went directly through John's Dad (John Bernard Young), who has been playing the bagpipes for 20 years. And that's not all "Yeah, my younger brother has played the bagpipes longer than I have actually", and in North Dakota it is certainly rare for 3 members of the same family to be bagpipe players. So, you have John Bernard who now lives in New Salem, John Richard from Minot and Daniel, who lives in Hazen, traveling to Bismarck to join the El Zagal Shrine in parades and other bagpipe friendly events. Call it dedication I guess.

As John explains it, playing the bagpipes is a bit different from his woodwind background. "When you play a clarinet, you blow directly through the reed." But with a bagpipe you are "basically blowing through a straw into a big bag" explains Young "then squeezing the air out of the bag through 4 different reeds." The most important would be the chanter reed and this is where the tune is created. The other 3 are "drone reeds, and they create the other undertones of the notes and pitches" continues Young.

What makes someone want to play bagpipes? Perhaps that is a question for John's dad, because it is his influence that got both John and his brother (Daniel) started.

John, his Dad and his brother all play bagpipes in the Bismarck based El Zagal Shrine Oilers Fez & Thistle band. Although John lives in Minot where he works for the 5 FSS on Minot AFB as an Office Automation Assistant - Marketing Coordinator, he will make numerous trips to Bismarck to play with the El Zagal group. Besides those appearances, John will be asked to play at various other events such as celebrations and funerals "about once a month." On top of that, John says that he practices about 20 hours per month to maintain his craft. "It takes a lot of breath to play bagpipes, and I find myself getting worn out and running out of breath when I play for long periods of time".

This summer John accepted an invitation to play at the MSA (Midwest Shrine Association) convention held last week in La Crosse, Wisconsin. There were 3 other Shrine Bagpipers that joined with John to participate in the daily parades that are common to Shrine events. John's wife Monica, who originally is from Minot (maiden name Haarstad) tagged along with John.

So were the other players good? "I would say that they have been playing much longer than I have and are more professional in how they play" explains John, but he still describes the event as a lot of fun and worth attending.

Another invitation was extended to John, his Dad, and his brother to play at an upcoming Brass Band of Minot concert on November 17th at Ann Nicole Nelson hall on the campus of Minot State University.



John Young in his bagpipe uniform.



(L-R): Dan Flicek, John Young, Ralph Magnuson and Rich Purcell

"The Brass Band and the bagpipes will join for a couple of familiar tunes including Scotland the Brave" says Brass Band Conductor Wayne Schempp "and how can you have brass and bagpipes without playing Amazing Grace?" Last summer John performed with the City Band

of Minot at the Arts in the Park presentation in Downtown Minot.

A familiar quote found in bagpipe circles is "you either love 'em, or you can't stand the sound of them. But bagpipers really don't care. They play on...."



Practice is at least 20 hours per month to stay relevant on the pipes.



THE BLUE RIDER

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AUGUST 14-17

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EVENTS THIS WEEK

ST. PATRICK SWAYZE DAY

Saturday, August 17 at 4:00pm

CRAFT NIGHT

Monday, August 19 at 7:00pm

TRIVIA NIGHT

Wednesday, August 21 at 7:00pm

FREE NACHOS

Thursday, August 22 at 4:00pm-Close

HOURS

<p style="font-size: 0.8em;">Mon/Tue/Wed/Thu</p> <p style="font-size: 0.7em;">4:00pm - 1:00am</p>	<p style="font-size: 0.8em;">Fri/Sat</p> <p style="font-size: 0.7em;">4:00pm - 2:00am</p>
---	---

118 1st Avenue SE, Minot, ND

MOVIE NIGHT

FREE EVENT

FRIDAY, AUGUST 16

FIELD OF DREAMS

WHERE: CORBETT FIELD

WHEN: 9:30 PM

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## AMUR TIGER

**CREATURE FEATURES**

- Once known as Siberian Tigers, Amur Tigers are the largest member of the cat family.
- Tigers are the only large wild cats with stripes. These stripes are camouflage that aid them while hunting. The stripe patterns of a tiger are not symmetrical from one side of the animal to the other. Their stripes are like our fingerprints.
- Amur Tigers have "built-in" ways to conquer the cold. They have a layer of fat on their flanks and belly, that helps protect them from the elements. Their thick, long coats also help keep them warm. And like most tigers, Amur Tigers have a ruff of fur around their neck and extra fur on the paws to protect them from the cold snow like built-in "snow boots".

**Fact File**

Life Span	10 - 15 years
Weight	400 - 675 pounds
Head and Body Length	5 - 9 feet
Tail Length	2 - 3 feet
Tail Length	3.5 feet
Top Speed	40 mph
Wild Diet	Omnivore Carnivore Herbivore Deer, Pigs, Water Buffalo, Antelope

### Wild animals crossword

**Answer Key**  
 Across: 1 Monkey, 2 Tiger, 4 Snake, 7 Panda, 9 Frog  
 Down: 3 Lion, 5 Elephant, 6 Bear, 8 Giraffe, 10 Zebra



**HOURS:  
OPEN DAILY  
9AM-8PM**

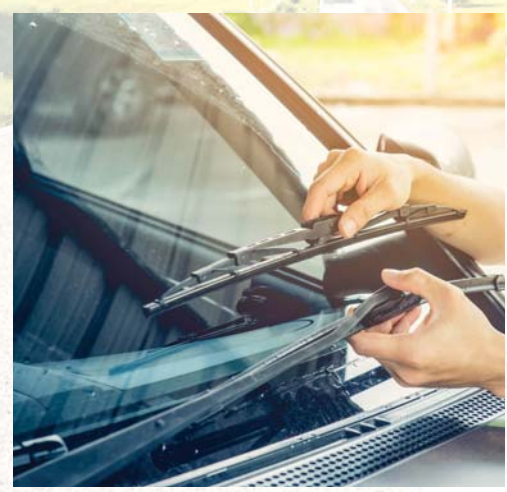
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## Car care checklist for summer road trips • Part 1

It's time for a drive vacation. You mapped a route, booked hotels, and made a checklist of things to do before you go. AAA reminds you to also make car maintenance part of your summer road trip preparation. Use this car care checklist to ensure your vehicle is ready for summer travel.

**Check tires and tire pressure**  
 Inspect all four tires and, if you have one, the spare tire as well. Look for cuts, gouges or sidewall bulges. Insert a quarter upside down into grooves to check tire tread. If you see the top of George Washington's head, it is time for new tires.  
 Check tire pressure when the car has been idle and tires are cool. Inflate as needed to the vehicle manufacturer's recommended pressure. You will find it listed in the owner's manual and on the sticker of the driver side door jamb. Do not use the number on the tire sidewall.



**Listen to and feel the brakes**  
 If you hear a grinding sound or feel a vibration when applying the brakes, take your vehicle to an auto repair shop for a brake inspection. A service professional will check the brake system for fluid leaks, and the pads, rotors, shoes and drums. If repair or replacement is needed, use the Repair Cost Estimator to help anticipate costs.

**Secure and test the battery**  
 Check the car battery to be sure cable connections are clean and tight, and the hold down hardware is secure. Have a service professional do a battery check to determine remaining capacity. AAA members may request a free battery check.

**Top off engine oil and other fluids**  
 Check that engine oil, coolant and brake, transmission and power steering fluids are at the correct levels for safe vehicle operation. When adding fluids, use products that meet the specifications listed in the owner's manual. Note that newer car models may have sealed automatic transmissions without a dipstick, and electric power steering that may not use fluid.

**Replace wiper blades and replenish windshield cleaner**  
 Rubber wiper blades naturally deteriorate over time. If wipers streak or fail to clear the windshield thoroughly, replace the blades. Fill the windshield washer reservoir with fluid formulated to remove insects and other debris, and test to make sure the nozzles spray adequately.

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- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE

# Sensational Summer PHOTO CONTEST

## HOW TO ENTER

Submit your photo and who/what/when/where description on our website by using the QR code



Receiving wings, from a pilot at the Minot Airport.

SUBMITTED BY JESSICA SHANNON



Nice bike ride on Minot AFB

SUBMITTED BY JESSICA SHANNON



Enjoying the nice afternoon at the base pool

SUBMITTED BY MCKYNZIE THOMPSON



My beautiful wife, Nieva, enjoying some food during Military Appreciation Day at the North Dakota State Fair. Yum!

SUBMITTED BY DION DORSEY



looking at the bunnies at the state fair

SUBMITTED BY MCKYNZIE THOMPSON



His favorite place at the fair. He visited this sweet cow, Cinderella!

SUBMITTED BY SARAH WEIDMAN



Enjoying the rides at the Minot state fair!

SUBMITTED BY DYLAN WILLIAMS



Sunny day at the park!

SUBMITTED BY ELISABETH SMITH



SUBMITTED BY MATEO REINO



Finding out they definitely aren't ready for drivers licenses at the North Dakota State Fair!

SUBMITTED BY AMANDA YOUNG



NOMINATE A

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# North Dakota Military Gallery Architectural Design Development Drawings Unanimously Approved



NORTH DAKOTA NATIONAL GUARD

BISMARCK, N.D. — In a significant milestone for the North Dakota National Guard, the Capitol Grounds Planning Commission unanimously approved the architectural design development drawings for a new military gallery addition on Tuesday, Aug. 6. This will be located on the south side of the North Dakota Heritage Center & State Museum.

The approved design includes a 20,000-square-foot military gallery, a North Dakota National Guard regimental room, an expanded food service area, and an outdoor courtyard and amphitheater space, all within the approximately 60,000-square-foot addition. With this approval, the planning team is now ready to proceed with the development of construction documents.

“This gallery stands as a testament to our shared commitment to honoring the past, inspiring future generations, and educating all who walk through its doors,” said Brig. Gen. Jackie Huber, deputy adjutant general, North Dakota National Guard. “Thank you to the Capitol Grounds Planning Committee, for your invaluable role in bringing this vision to life.”

The project, authorized by the 2023 state Legislative Assembly, is funded through a line of credit from the Bank of North Dakota for up to \$20 million. Additional funds will be raised through a North Dakota National Guard

Foundation capital campaign. Construction of the military gallery is scheduled to begin in fall 2025 and be completed by fall 2027.

“We are grateful for the planning commission’s approval of this project,” said State Historical Society director Bill Peterson in a news release. “This has been a collaborative effort with the North Dakota National Guard, spanning three years. Our shared vision is to create a gallery that honors our active military personnel and veterans, educates and preserves history, and inspires our citizens. This addition to the State Museum will be a true gem.”

The gallery will showcase the military and the personal stories of North Dakotans serving in all branches of the armed forces. Visitors will gain an understanding

of the first Native American military societies, learn about acts of bravery, conflict-based missions, humanitarian aid, and pivotal moments in history.

“This is another milestone in our pursuit of excellence in North Dakota,” said Maj. Gen. Al Dohrmann, adjutant general, North Dakota National Guard. “This has been a discussion for 50 years and we are now making it happen. Together, we will honor our rich military history and those who have served, and educate and inspire future generations.”

Architectural renders can be viewed at [www.statemuseum.nd.gov](http://www.statemuseum.nd.gov)

For additional information, please contact Nathan Rivard, 701-333-2129, [Nathan.r.rivard.civ@army.mil](mailto:Nathan.r.rivard.civ@army.mil)



NORTH DAKOTA MILITARY GALLERY / ARCHITECTURAL RENDERING DRAFTS

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# A LOOK BACK

## THIS WEEK IN USAF HISTORY

### MINOT B-52 CREW COMPLETES HISTORIC FLIGHT

August 21, 2011



Airmen from the 5th Bomb Wing who performed the first B-52 flight over the North Pole pose at Minot AFB. (USAF Photo)

Between Aug. 16-21, 2011, Airmen from the 23rd Bomb Squadron at Minot Air Force Base, N.D., embarked on a historic flight to Russia. Taking off from Minot AFB, the B-52 Stratofortress crew flew over the geographical North Pole on their way to the 2011 Moscow International Air and Space Aviation Salon in

Russia, becoming the first B-52 bomber to fly over the top of the world. The distance to Moscow was actually shortened by flying over the North Pole versus taking typical routes, and while the B-52 was made to withstand those types of conditions, the route had never been attempted before. Once they made it to MAKS 2011, the air crew noted that the Russians were especially impressed by the B-52's age and superb condition. Aircraft, crews, and support personal from United States bases all over Europe and the U.S. were in attendance at the Salon.

Information courtesy of: [minot.af.mil](http://minot.af.mil)

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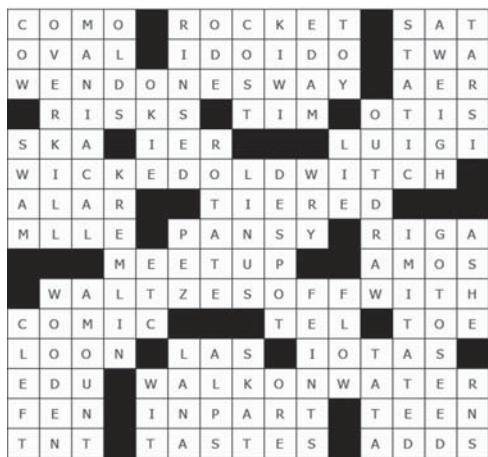
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**CROSSWORD SOLUTION**

Solution to last week's Crossword puzzle.



**SUDOKU**

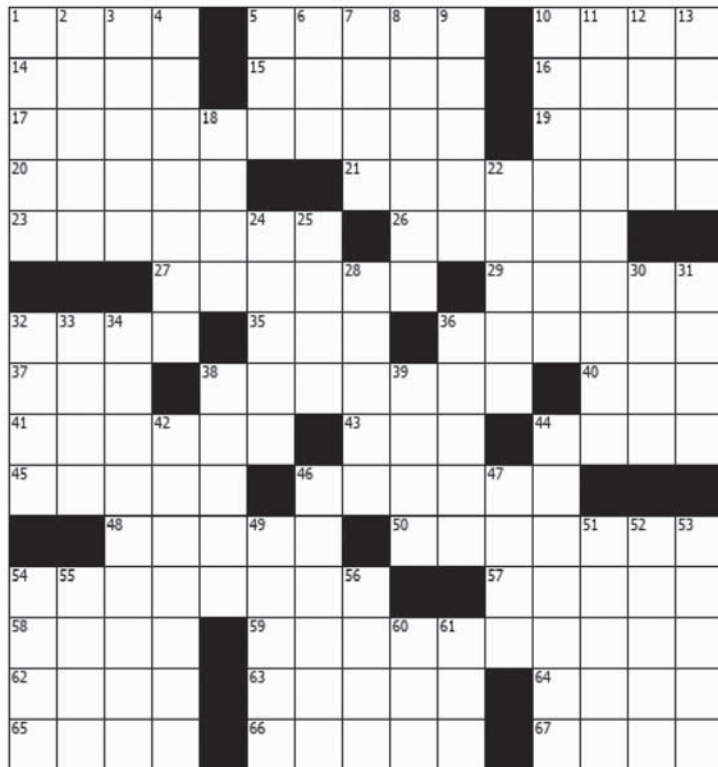
Solution to puzzle on page B9

			1	2		3
		4		3		5
	6			7		
4	8	5		7		
	1		9	6		4
			4		2	8
				3		1
	2		7		6	
9			5	8		

**CROSSWORD PUZZLE**

**Across**

- 1. Emeril, e.g.
- 5. Word after 17, 38, 59-Across, 11, 34-Down
- 10. Coal carrier
- 14. Seraphic headdress
- 15. Vacuous
- 16. "Now then, where \_\_\_?"
- 17. Form of liquor smuggling
- 19. October birthstone
- 20. Like xenon and neon
- 21. "Clue" piece
- 23. Steady successions
- 26. Take \_\_\_ off (sit down)
- 27. Conceal from danger
- 29. Special talents
- 32. Jocularly
- 35. Meadowland
- 36. Transmitting
- 37. Infant fare
- 38. Naval veteran
- 40. Dull daily routing
- 41. Show with clarity
- 43. File suit against
- 44. Teachers' favorites
- 45. "The Balcony" playwright
- 46. You, at this very moment
- 48. Informed
- 50. Go awry
- 54. Steakhouse order
- 57. Per \_\_\_ (yearly)
- 58. Prefix meaning "bone"
- 59. Wintertime affliction
- 62. Letters on some planes
- 63. Dobie Gillis' buddy
- 64. Ultimatum's ultimate word, usually
- 65. Retained
- 66. Biblical matriarch
- 67. Penn with an Oscar



**Down**

- 1. Tennis legend Evert
- 2. Oft-visited hangout
- 3. Wabbit pursuer
- 4. Oscar role for Tom
- 5. Best the rest
- 6. \_\_\_ Arbor, Michigan
- 7. Follow furtively
- 8. Group of nine
- 9. Majestic
- 10. Poker holding, perhaps
- 11. In quick succession
- 12. Letters of haste
- 13. Eight furlongs
- 18. Zion National Park location
- 22. Give less than 100 percent
- 24. Choreographer Agnes de \_\_\_
- 25. Tournament ranking
- 28. Cowboy's apparatus
- 30. Fastening item
- 31. Pepper and Preston (Abbr.)
- 32. Computer image file format
- 33. Roof overhang
- 34. Band in a 1984 film parody
- 36. Pain relief brand
- 38. Group of eight
- 39. New Year's word
- 42. 1960s political movement
- 44. Charles, William and Harry
- 46. Spanish woman's title
- 47. "The Blackboard Jungle" novelist Hunter
- 49. Neil Diamond's "Love on the \_\_\_"
- 51. Iguanalike critter
- 52. Oklahoma city
- 53. German port city
- 54. Queeg's creator
- 55. To be, to Brutus
- 56. "ER" part
- 60. Wharton deg.
- 61. City in Kyrgyzstan

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# CHURCH DIRECTORY

## Chapel Services at MAFB

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Sunday Community Service  
1030  
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Children's Church available


**Northern Lights Chapel**  
230 Missile Ave  
*(across from Rockers)*

**Catholic Mass**  
Sunday 1000  
Daily Monday-Friday 1200

**Open Circle** (Wiccan/ Neo-Pagan)  
1000 on 1st & 3rd Saturdays

**Hof** (Norse Pagan)  
1700 on 2nd & 4th Wednesdays

## St. Peter The Aleut Eastern Orthodox Church

 **109 6th St. SE**  
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**Saturday, August 17**  
5PM, No Vespers

**Sunday, August 18**  
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Worship ..... 10:30 a.m.

[www.trinitychurchminot.org](http://www.trinitychurchminot.org)



## Bible Fellowship Church

**Worship Service**  
10:45am Sundays

**Sunday School**  
9:45am



## Vincent United Methodist Church

**1024 2nd St. SE • 838-4425**  
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Sunday School ..... 9:00 a.m.  
Sunday Worship Service .... 10:00 a.m.  
Fellowship..... 11:00 a.m.

**Pastor Mark Ehrmantraut**  
[www.vincentumc.com](http://www.vincentumc.com)



## Faith United Methodist Church

**5900 Highway 83 N, Minot**  
[www.faithumcminot.com](http://www.faithumcminot.com)

**Pastor Rick Craig**  
701-838-1540

Sunday School (All Ages): 9:45 a.m.  
Sunday Coffee Fellowship: 10:30 a.m.  
Worship Services: Sunday 11 a.m.

## Cornerstone Presbyterian Church

**1000 NE 3rd Street**  
**852-0315**

**Sunday Schedule**  
Contemporary Worship ..... 9:00am  
Sunday School (All Ages) ..... 10:00am  
Traditional Worship ..... 11:00am

**Wednesday Evening Schedule**  
Community Dinner ..... 5:30-6:30pm  
Contemporary Worship ..... 6:30pm  
Youth Group & Small Groups.. 7:15pm

**All are Welcome!**  
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**MinotBibleFellowship.org**



## Immanuel Baptist Church

**1615 2nd St. SE**  
[www.ibcminot.org](http://www.ibcminot.org)  
701-839-3694

**WEDNESDAYS:**  
11:30 AM SOUP KITCHEN

**SUNDAYS:**  
9:30 AM FELLOWSHIP  
10:00 AM WORSHIP


**Pastor Brian Keithline**



## Christ Reformed Church

Worship 11:00 a.m. Sunday  
234 14th Ave SE  
[www.chistreformedchurchminot.com](http://www.chistreformedchurchminot.com)

## St. John the Apostle Catholic Church

  
2600 West Central Ave • Minot, ND 58701  
**839-7076**

Daily Mass Schedule:  
Tuesday ..... 5:15 p.m.  
Wednesday - Friday ..... 7:00 a.m.  
Saturday ..... 5:00 p.m.  
Sunday ..... 8:00 & 10:30 a.m.

*Fr. David A. Richter, Pastor*  
Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)



## First Lutheran Church - ELCA

120 5th Ave. NW  
852-4853

Sunday Worship  
9:30 am

[www.firstlutheran.tv](http://www.firstlutheran.tv)  
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[www.flcminot.com](http://www.flcminot.com)

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ASSEMBLY OF GOD

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**838-1111**

**Sunday Services**  
8:00 am | 9:30 am  
11:00 am

## Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ..... 9:45 a.m.  
Morning Worship .... 11:00 a.m.  
Evening Worship ..... 6:00 p.m.  
Wednesday Evening..... 7:00 p.m.

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Pastor David Miller



## Cross Roads Baptist

**Southern Baptist Convention**

Sunday School (all ages) ..... 9:45 a.m.  
Sunday Worship ..... 11 a.m. & 5:30 p.m.  
Wednesdays (Prayer & Missions) ... 6:30 p.m.

[www.minotcbbc.org](http://www.minotcbbc.org)  
email: [minotcbbc@gmail.com](mailto:minotcbbc@gmail.com)  
**Gabe McCormick- Pastor**

**415 28th Ave SE (Behind Menards)**  
**838-1873**



## West Minot Church of God

Family Worship Center

**1105 16th St. NW • 839-1407**

Sunday School ..... 9:30 a.m.  
Sunday Worship ..... 10:30 a.m.  
Children's Church & Nursery  
Wednesday Family Training Hour  
Meal..... 5:30p.m.  
Classes for All Ages ..... 6:30 p.m.  
Youth Center, Friday..... 7:00 - 11:00 p.m.  
ABC Child Care Center..... 852-6352

[westminot.com](http://westminot.com)  
[facebook.com/westminot](https://facebook.com/westminot)



## St. Mark's Lutheran Church

Missouri Synod

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9:30 AM

**Adult Bible Study and Sunday School**  
11:00 AM

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## First Baptist Church

200 3rd St. SW • 852-4533  
[www.fbcminot.org](http://www.fbcminot.org)

Classic Worship Service ..... 8:30 a.m.  
Sunday School (All Ages)..... 9:45 a.m.  
Contemporary Worship Service..... 9:50 a.m.  
Adult Sunday School ..... 11:00 a.m.  
Contemporary Worship Service..... 11:05 a.m.  
Children's Church ..... 11:05 am.  
Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
Fridays, Celebrate Recovery ..... 7:00 p.m.

**Rev. Kent Hinkel, Senior Pastor**  
Elaine Carlson, Children's Ministry Director

## Apostolic Faith Church, UPCI

**2929 19th Ave NW • Minot**  
Located off Hwy 83 Bypass West  
**(701) 838-0609**

Saturday School ..... 2:00 p.m.  
Sunday Worship ..... 3:30 p.m.  
Wednesday Bible Study ..... 7:30 p.m.

**Jesse Starr, Pastor**



## Grace Baptist Church of Minot

A Reformed Baptist Church

**Sunday Service: 4:00 p.m.**  
at Living Word Lutheran bldg  
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**Pastor Heath Trampe**

**SUMMER WORSHIP SCHEDULE**  
June 2-August 28

**Sundays**  
8:15am Traditional Service  
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# Garrison's Party in the Park

Head on out to Garrison ND for our 3rd annual Party in the Park! It's a day of fun for the whole family!

Start the day out with the 2nd Annual Sakakawea Classic Car Show on Main Street from 1 - 5 p.m.

Following the car show is our annual event the Aw Shucks! Corn Fest. Participate in either contest of corn shucking or watermelon eating. Enjoy free corn on the cob with new toppings, food vendors, shopping vendors, and so much more!

## END THE DAY WITH SOME GREAT ENTERTAINMENT!

\*\$10 admission starts at 5pm, kids 12 and under are FREE

\*Bring your own lawn chair

\*Food & Beer Gardens available Starting at 5:30 is Nerve Impulse. The band is from Bismarck, ND and was formed in 2019. They all had experience playing in other types of bands. They play classic rock, pop, country and some of their own original music.

They have become much more than a band, they are very close friends. Their families all spend time together and help with various tasks to make the band run smoothly. Four of the five members

also play in a church band together and two of the members are U.S. military veterans.

Their music sets include music from country artists like Blake Shelton, Kenny Chesney, and Chris Stapleton. Their Pop tunes include music from Prince, Shawn Mendez, and Walk the Moon, and rock selections include songs from Metallica, AC DC, Def Leppard, and ZZ Top.

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The Bromantics' unique sound is a blend of classic rock, doo-wop, Motown, and modern pop. Their four-part harmonies, driving bass lines, and infectious melodies have won over fans, and their live performances are a must-see. Drawing inspiration from a diverse range of musical influences, the band has crafted a youthful and optimistic edge that resonates with audiences of all ages.

Come for a visit and find out why everyone gets "Hooked" on Garrison.

Request our adventure guide <http://www.garrisonnd.com/request-a-guide/>



by Patricia Stockdill

### Fishing:

Lake Sakakawea elevation, Aug. 12: 1,841.28 feet above mean sea level (MSL); 22,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.88 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.83 MSL.

• N.D. Game & Fish Dept. game wardens: No reports from Lake Sakakawea, Devils Lake, or north-central area lakes.

• Devils Lake, Ed's Bait Shop, Devils Lake: No new reports.

• Devils Lake, Woodland Resort, Devils Lake: Try 20 to 24 feet trolling spinners and bottom bouncers with nightcrawlers for walleye working the south side after days of north winds.

• Lake Darling, Karma C-Store, Ruthville: Lake Sakakawea slowed for walleye. Not much activity on Lake Darling and around Grano with the lake weedy.

• Lake Metigoshe, Four Seasons, Bottineau: Continued bluegill activity with some nice-sized pike still showing up. Scattered walleye success.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Walleye success remains generally slow on the east end of Lake Sakakawea.

• Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: East end of Lake Sakakawea remains slow for walleye. Some salmon success in 80 feet from Deadman's Bay working to the Riverdale Bluffs.

Not many muskie reports from Lake Audubon but decent smallmouth bass success continues. Walleye slow.

• Lake Sakakawea, Indian Hills Resort, Garrison: Continued fair walleye success. Move around and work deeper water with heavier bottom bouncers.

• Lake Sakakawea, New Town: Van Hook Arm and the midsection of Lake Sakakawea slowed for walleye. River also slowed around New Town. Try working deeper in 25 to 35 feet.

• Lake Sakakawea, Van Hook Bait

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, ([www.woodlandresort.com](http://www.woodlandresort.com)), Facebook at ([facebook.com/woodlandresortDL](https://facebook.com/woodlandresortDL)), telephone (701) 662-5996, extension 1, or email ([woodlandresort@gondtc.com](mailto:woodlandresort@gondtc.com)). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Registration now open for Sept. 13 through 15 Wild Outdoor Women event, Lake Metigoshe State Park. Details and registration available at <https://bit.ly/LMSPShowClix>.
- Garrison Dam Nat'l. Fish Hatchery downstream of Garrison Dam near Riverdale open for free tours through Labor Day, Monday through Friday 9 a.m. to 3:30 p.m. and weekends and holidays from 10 a.m. to 3 p.m.
- Aug. 17: Fall crow season opens.
- Aug. 17: Evening Hike Series, Sensory Hike, Fort Stevenson State Park, Garrison, 9:30 p.m.
- Aug. 17: Aw Shucks Corn Fest, Garrison City Park.
- Aug. 21: Swan applications due. Go to the N.D. Game & Fish Dept. website, ([gf.nd.gov](http://gf.nd.gov)), for information and online application.
- Aug. 23: Movie in the Park, Oak Park, 9:30 p.m.
- Aug. 26: Zumba in the Park, Oak Park, 7 p.m.

## TOURNAMENTS:

- Aug. 16: Lake Sakakawea, Indian Hills Resort.
- Aug. 17: Lake Sakakawea, Lewis & Clark Bridge.
- Aug. 24: Lake Sakakawea, Sakakawea State Park; Lake Sakakawea, Beulah Bay; Lake Sakakawea, White Earth Bay.

& Tackle: Walleye activity slowed in the Van Hook Arm. Try farther south in the Arm around Shell Island in deeper water around 25 to 31 feet using minnows. Continued smallmouth bass success from shore.

• Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing small walleye from both boat and shore. Sort through for keepers. A few catfish showing up but inconsistent activity. OK night bite but slow during the day. Walleye moving deeper in 25 to 35 feet on the east end of Lake Sakakawea. Try crankbaits or lindy rigs and nightcrawlers with better success farther west. Salmon success continues in 60 to 120 feet with most activity in the 80- to 90-foot range. Try along the face of the dam and from Government Bay to Deadman's Bay. Fish are nice-sized.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Cool weather earlier in August dropped water temperatures and slowed walleye activity. Try Hofflund and White Earth Bay with slow presentation of jigs and minnows or nightcrawlers in 30 to 40 feet. Missouri and Yellowstone rivers clearing with some walleye success from shore. Look for occasional walleye with some panfish success from Blacktail Dam.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Limited reports from area lakes.

## Blue-green algae advisories, N.D. Dept. of Environmental Quality:

• Advisory: Buffalo Lodge Lake, McHenry Co.; Epping-Springbrook Dam, Williams Co.; Lake Brekken, McLean Co.; Devils Lake.

• Warning: Cottonwood Lake, Williams Co.

## Paddle sports river elevations:

• Little Missouri River, Watford City, Long X Bridge: River stage, 7.04 feet.

• Missouri River, Williston: River stage, 14.6 feet.

• Missouri River Washburn: River stage, 10.24 feet.

• Pembina River, Walthalla: River stage, 1.95 feet; streamflow, 134 CFS.

• Souris River, Foxholm: River stage, 5.78 feet; streamflow, 22 CFS.

• Souris River, Minot Broadway Bridge: River stage, 41.54 feet.

• Yellowstone River, Sidney, Mont.: River stage, 2.54 feet; streamflow, 4,550 CFS.

## Early Canada goose season:

• Fair numbers in northwest N.D. with some progress being made on small grain harvest. Go to the N.D. Game and Fish Dept. website, ([gf.nd.gov](http://gf.nd.gov)), for more information

## Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

• Report All Poachers: (701) 328-9921.

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*(Information from Feb 2024).*

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# Back to Home School Never Looked So Good!

MARTINA KRANZ, NORTHERN SENTRY

Operation Homefront's Back-To-School Supplies Brigade invaded the Minot AFB Youth Center to celebrate the new school year and to ensure that the new school year marches in on the right foot. Twenty-nine different organizations, which included schools and colleges, on and off base, arrived to show their support for the Minot Air Force Base Airmen and their families. Back-To-School Supplies Brigade is a base wide event to support students before school begins by supplying the students with a new backpack and school supplies and allowing the parents to discover all the educational resources the base offers for the public-school children. . . and now for the homeschoolers too.

Ms. Joy-Nicole Smith, School Liaison Program Manager, presided over the Back-To-School Supplies Brigade and provided a welcome and friendly atmosphere. Her office provides information on the programs they manage, but also connects families to resources, such as the Family Child Care (FCC), the Youth Center (YC), the Military & Family Readiness Center (M&FRC), the Resident Advocate, and many more resources. The Back-To-School Supplies Brigade event showcased all the resources available to Minot AFB children and families. Each organization's station offered free materials for the families to enjoy and filled the air with laughter and excitement as students and their parents gathered in the Youth Center. Some booths contained a wheel for students to spin for goodies and prizes.

The back-to-school event was open to all families on the base, including homeschoolers and the perfect opportunity to encourage all types of learning. A homeschooled child's education takes a tremendous amount of

work, care, and attention from the parents. Ms. Jessica Walker, a military spouse, local homeschool mom, and founder of the MAFB chapter of the Brilliant Minds Homeschool Group, also attended the event. She previously managed a very successful homeschool group at Keesler AFB in Mississippi and wanted to bring the same energy and sense of community here to Minot. According to Ms. Walker, homeschooling has skyrocketed, especially among military families, and it is estimated that 13% of military families homeschool. Ms. Walker said, "Our group has a one room schoolhouse type feel. It is amazing to see kids of all ages working together." She called the group Brilliant Minds because she loves to see the children's "brilliant minds" at work because of their creativity or innovative thinking.

This is the first year that the Brilliant Minds Homeschool Group partnered with Operation Homefront's Back-To-School Supplies Brigade, and it was heartwarming to see the friendliness and support. The Brilliant Minds group also offered the Statement of Intent Forms and the ND Homeschool Law Brochures that explain the legal aspects of homeschooling in North Dakota for anyone interested in homeschooling their child(ren). Ms. Walker also answered any homeschool questions from the people who visited her booth. To contact the Brilliant Minds, the group's email is brilliantmindshomeschoolgroup@gmail.com.

Although homeschool families don't receive a Chromebook(s) from the Minot Public School System (MPS) like the public school students do, MPS does offer certain extracurricular activities, clubs, and classes to homeschool students. More tremendous

resources for homeschool students are the libraries, on and off base, where parents may utilize books, audiobooks, music, games, tech toys, databases, websites, low-cost or free worksheets for students to use, and activities in which students can participate, such as the winter reading program. Also, for this school year, the Brilliant Minds Homeschool Group plans to take the students on several field trips to the Bismarck Heritage Center, the skating rink, a Minot news station, the Pumpkin Patch, a camping trip, and many more.

Ms. Walker stated, "My goal with our group here at Minot is to create a close-knit community of homeschoolers and to create an environment where all of our children feel safe to be themselves, make friends, learn, and grow. The Minot base leadership does an amazing job including the homeschool community in all base events and is very supportive." Operation Home Front's Back-To-School Supplies Brigade helped all students receive a wonderful start to the new school year soon to be in session.

The event was not only fun, but informative! Darcy, a friendly, fun-loving dragon, the 5th FSS mascot, joined the event to make the kids and the adults smile as the summer ends. Have a great school year parents and kids at MAFB and learn well!



Representatives from the Magic City Discovery Center display their prize wheel for the students to spin at the Back-To-School Supplies Backpack Brigade on August 9, 2024.



Ms. Jessica Walker, Brilliant Minds Homeschool Group founder, mans her booth with her children at the Back-To-School Supplies Brigade on August 9, 2024.

NORTHERN SENTRY PHOTOS | MARTINA KRANZ

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MINOT AFB SCHOOL LIAISON OFFICE PHOTOS

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# YOUTH IN ACTION

## Thriving into the 2024-2025 School Year



JOY-NICOLE SMITH  
SCHOOL LIAISON PROGRAM MANAGER, GS-12  
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



School is in session and our Minot AFB students! This summer has been filled with long days, outdoor activities, and occasional sightings of the Northern Lights. Over the last month, I was privileged to visit local education agencies in the Minot area, attend orientations, open houses, and teacher convocation. A common theme and thread from these experiences was creating a safe space for our MAFB students to thrive during the 2024-2025 School Year.

Adjusting to new and ever-changing environments present challenges for students. However, our agencies, especially the School Liaison Office (SLO) at Minot Air Force Base, are incredible resources. For example, when you reach out to the School Liaison Office, not only will we provide

information on the programs we manage, but will also connect you to incredible resources at Family Child Care (FCC), the Youth Center (YC), Military & Family Readiness Center (M&FRC), the Resident Advocate and so much more.

Each day, week, month, and year, our goal is to be student focused driving positive outcomes for Minot AFB students. Education is an essential when considering quality of life and Mrs. Sharene Brown, spouse of the Chief of Staff of the Air Force established the "Five and Thrive" initiative to address this.

Read more about the "Five and Thrive" Initiative here: <https://sites.google.com/view/fivethrive/home?authuser=0>

In what ways are you encouraging others especially students to thrive?

### 2024-2025 MPS CALENDAR



#### IMPORTANT UPCOMING DATES

- August 21**  
First Day of School
- September 2**  
Labor Day - No School
- September 3**  
Prof. Devel. Day  
No School for Students
- September 11**  
Early Release Day

August 2024							8 days
S	M	T	W	T	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

September 2024							19 days
S	M	T	W	T	F	S	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30						

- PD Days - contracted days
- Vacation Days - not contracted day
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## SWAN SEASON

Patricia Stockdill

The application deadline for a 2024 tundra swan license is on the horizon – as in Aug. 21.

Mark it on the calendar if that application hasn't already been submitted. However, if 2024 follows trends in recent years, it's possible – but not a given – that wanna-be swan hunters might still have an opportunity to hunt.

Typically 2,200 licenses have sold in recent years, either on the initial lottery or if available after the lottery on a first-come, first-served basis. If licenses are left over after the lottery, though, they often sell quickly via the N.D. Game and Fish Department's online website application process.

Both North Dakota residents and nonresidents can apply for a North Dakota swan license - \$10 for residents and \$30 for nonresidents.

The number of available swan licenses has increased over the years since the inaugural 1988 season when 400 hunters first went afield. The Game and Fish Department's management strategy has been conservative in harvest and their population has allowed for gradually increased license numbers over the last three-plus decades.

Tundra swans migrating through North Dakota nest in the Alaska's North Slope and east along the Arctic, migrating through the state on their spring and fall routes to nesting and wintering grounds.

The distinguished bird focuses on wetlands with submergent aquatic vegetation for its food and is especially fond of sago pondweed. Despite their size – males weighing about 16 pounds, standing four-plus feet with a wingspan exceeding four feet – the size of the wetland they feed on is dictated by food availability more so than depth.

Tipping upside-down to feed much like dabbling ducks, they root around and pull out sago pondweed tubers for their meal. That's why hunters could see opportunistic companion ducks hanging near feeding tundra swans.

It's not that they're great buddies – it's so the opportunistic ducks can feed on whatever the swans root up that they don't eat. Gadwall and wigeon are two duck species in particular that enjoy taking advantage of a swan's feeding efforts.

When swan season opens and migration is underway, focus not on wetland size, but instead look for ones with submergent vegetation. The wetland simply needs to be large enough for swans to have enough room to run across the top of the water to take flight, which in itself is fascinating to watch – a large white bird running on water.

Some other notable things about tundra swans:  
•They're entirely white but their heads and necks can become stained with a rusty color from feeding in marshy water.

•The western population winters along the Pacific Coast from southern British Columbia down to California while the eastern population winters along the Atlantic Coast from New Jersey to South Carolina.

•Tundra swans usually have a yellow spot in front of their eyes.

•Juveniles are grayish-white in coloration.  
•Adults have black feet and bill; juveniles have dull pinkish feet and bill and lack the yellow spot in front of their eyes.

•Their bill and feet are visible when in flight.  
•Their call is loud and musical, a varied "wow-wow-ou" and "who-who".

The 2024 swan season:  
•Statewide season opens Sept 28, closing Dec. 27, 2024.

•Be sure to purchase all required licenses early because swan tags aren't mailed out to successful applicants until a hunter has all of the other required licenses. Hunters must have the tag in possession when hunting.

Species identification is always critical when hunting and hunters need to be certain to identify a swan from snow geese, Ross's geese, and especially endangered whooping cranes.

Some notable differences between tundra swans and whooping cranes include the fact that swans have shorter legs compared to the long legs of a whooping crane, which extend farther back beyond their bodies in flight than swans. In addition, adult whoopers have a bright red crown on their head. Whooping cranes also have black wing tips.



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Or contact: **Matt Mackey**  
By email or phone at  
**mmackey@kalixnd.org**  
**701-852-1014**

## IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

## MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.

Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

## ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY BAGGERS WORK FOR TIPS ONLY

### •ADULT HOURS

Tuesday-Friday 7am-4pm  
• Later start times available but must be able to stay until 4pm & Sunday 11am-6pm

### • TEEN HOURS

Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm  
• Morning start times rotate & vary

IF INTERESTED SPEAK TO CHARLIE AT THE COMMISSARY OR LEAVE CONTACT INFORMATION WITH CUSTOMER SERVICE.

## AUTOMOTIVE

## NORTHERN AUTO AUCTION

**1st & 3rd Saturday Every Month!**

Approx. 75-100 Cars, Pickups, Trucks, Etc.!

Bring vehicles & title to auction yard

## BUY or SELL!

All units sold AS-IS condition

Terms: Cash or check supported by a bank letter of credit.  
Auctioneers: Clint Beeter, Lic. #199 & Kevin Beeter, Lic. #464 - Clerk Lic. #199

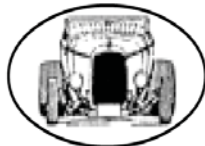
**3035 Valley St., Minot, ND 58701**  
**701-838-3733 or 1-800-210-8995**

## AUTO BENT UP OR JUNKED??

Would like to buy...  
Running and non-running cars.  
Call 701.240.2147

**\$\$\$ QUICK CASH \$\$\$** Paying cash now for any car or truck, running or not. We also sell cars, give us a call. Edwardson Towing 839-9512, cell: 720-6150 (Will haul junk cars or trucks away, no charge)

## JOHN'S



## AUTOBODY

**Pays Up To \$500**

**Insurance Deductibles**

**We Guarantee All Work & Color Match**  
**4121 S. Broadway**  
**839-8896**

## WANTED

**UNWANTED CARS, TRUCKS & SCRAP METAL.**  
Call 701.240-7453

**IF YOU HAVE A SMALL DOG, REPTILE OR BIRD** that you no longer can care for, call me or text me at (701) 822-3455

# BUSINESSES & SERVICES

## AUTOMOTIVE

## QUICK CASH!!

Running & Non-Running Cars & Trucks



## EDWARDSON TOWING

We Also Sell Cars

**839-9512**

Cell **720-6150**

Will Haul Junk Cars Free of Charge  
Cash for Scrap & Farm Clean Up



## AUTO PARTS

### HOURS:

Monday-Friday 7am-7pm  
Saturday 7am-4pm  
Sunday 10am-3pm

425 Burdick Expy W Minot, ND 58701

**(701) 852-3301**

Proud to serve Minot AFB

## PET GROOMING

## KING'S MANE CAT GROOMING

OFFERING YOUR CAT THE ROYAL TREATMENT



CALL 701-240-7291  
FOR AN APPOINTMENT OR VISIT US ONLINE  
KINGSMANECATGROOMING.COM

## SUDOKU SOLUTION

PUZZLE ON PAGE B3

8	5	9	1	4	2	7	6	3
2	7	4	6	9	3	8	5	1
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7	1	2	9	8	6	3	4	5
3	9	6	4	5	1	2	8	7
6	4	7	2	3	9	5	1	8
5	2	8	7	1	4	6	3	9
9	3	1	5	6	8	4	7	2

## ACCOUNTANT

## BradyMartz

Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
www.bradmartz.com

## HOBBY SHOP

## AEROPORT HOBBY SHOP

RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues. We Have GUNDAM!

**838-1658**

2112 N. Broadway • Minot, ND  
Ask for Eva • www.airporthobby.com

Contact Rod Wilson to get your business listed here! 701.839.0946 sentrysales@srt.com

## FLOWER SHOP



# FLOWER Central



Voted Minot's #1 Flower Shop

405 Central Ave. E. • 701.852.6224



# northern sentry community calendar



Events from Minot & Minot AFB in ONE PLACE!

# CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## MINOT AFB ANNOUNCEMENTS

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY** – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base. Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 5 August - 6 October. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: [minot@erau.edu](mailto:minot@erau.edu) or call office phone: 701-727-9007.

**MINOT STATE UNIVERSITY** – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at [Brigitte.mikula@minotstateu.edu](mailto:Brigitte.mikula@minotstateu.edu)

**PARK UNIVERSITY MINOT** – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to [military.park.edu](http://military.park.edu). and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | [mino@park.edu](mailto:mino@park.edu) PARK. YOU

**★ Hotel ★**  
**REVEL** *Weddings for Warriors*

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

*At least one partner must be serving or must be an active member of the U.S. Air Force.*

For further information, please send a message to the hotel at [revelnd.com](http://revelnd.com) or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

**TITUS & PHILEMON** *Everyday adventures of Titus and Philemon and their owner Joe.*

Guess what, boys? Our local art museum is now home to 28,000 sketchbooks!

Cool! There’s got to be at least one with a B-52 in it!

TIMOTHY TIMM

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

## Musicians Of Minot AFB

### Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring you own Instruments

Don’t know how to play anything? Come sing

Hosted at the Base Theater on

Saturdays from 12:00 to 6:00!

JOIN OUR DISCORD, FACEBOOK, OR INSTAGRAM

For updates and socialization:  
<https://discord.com/invite/xQtPFRB>  
Minot AFB Musicians On Facebook  
[Minotafb\\_musicians](#) On Instagram

## RESTAURANT & ENTERTAINMENT GUIDE

<p><b>Atypical Brewery &amp; Barrel Works</b></p> <p>510 Central Ave E, Minot Phone: 701.833.0567 FB: Atypical Brewery &amp; Barrelworks</p>	<p><b>Applebee’s Grill &amp; Bar</b></p> <p>2302 15th St SW, Minot Phone: 701.839.2130 <a href="http://www.applebees.com">www.applebees.com</a></p>	<p><b>Badlands Restaurant &amp; Bar</b></p> <p>1400 31st Ave SW, Minot Phone: 701.852.7335 <a href="http://www.blgrill.com">www.blgrill.com</a></p>
<p><b>Bone’s BBQ Smokehouse &amp; Grill</b></p> <p>437 N Broadway, Minot Phone: 701.838.9140 <a href="http://www.bonesbbqminot.com">www.bonesbbqminot.com</a></p>	<p><b>Culver’s Restaurant</b></p> <p>3000 S Broadway, Minot Phone: 701.852.4800 <a href="http://www.culvers.com">www.culvers.com</a></p>	<p><b>Ironhorse Kitchen + Bar</b></p> <p>21 E Central Avenue, Minot Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot</p>
<p><b>Jamaican Vybz Kitchen</b></p> <p>Suite 200 315 Main Street S Minot Phone: 701-441-9309 FB: Jamaican Vybz Kitchen</p>	<p><b>Meg-A-Latte</b></p> <p>2045 N Broadway Suite #100 Minot, ND 58703 Phone: 701-838-8479 <a href="http://www.meg-a-latte.com">www.meg-a-latte.com</a></p>	<p><b>Mi Mexico</b></p> <p>3816 South Broadway Minot Phone: 701.858.0777 <a href="http://www.mimexicomintnd.com">www.mimexicomintnd.com</a></p>
<p><b>N.D. Asia</b></p> <p>3400 16th St SW, Minot Phone: 701.852.1240 <a href="http://www.ND-Asia.com">www.ND-Asia.com</a></p>	<p><b>Noodles &amp; Company</b></p> <p>304 4th Ave NW Minot 701.491.9103 <a href="http://www.noodles.com">www.noodles.com</a></p>	<p><b>Pink’s Bar &amp; Grill</b></p> <p>102 128th Ave NW Minot Phone: 701.852-2385 FB: PinksBarGrill</p>
<p><b>The Blue Rider</b></p> <p>118 1st Avenue SE Minot Phone: 701.852.9050 <a href="http://www.theblueriderbar.com">www.theblueriderbar.com</a></p>	<p><b>The Starving Rooster</b></p> <p>30 1st St. NE, Minot Phone: 701.838.3030 <a href="http://www.starvingrooster.com">www.starvingrooster.com</a></p>	

**BADLANDS**  
RESTAURANT & BAR

## WE’LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

**2 Winners Every Week!**

**\$25.00 Gift Certificate From Badlands Restaurant & Bar**

**No Limit, Enter As Many Times As You Wish!**

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.



WHAT'S HAPPENING AT THE MINOT AFB EXCHANGE

# Military Shoppers Collected More than \$600,000 in Prizes in 2023 through Exchange Sweepstakes

Minot AFB – It's not just the tax-free savings and military-exclusive pricing that are boosting Army & Air Force Exchange Service shoppers' wallets—the Exchange worldwide also gave away more than \$600,000 in prizes in 2023.

The Exchange hosts frequent sweepstakes and giveaways, available exclusively to the military community. Prizes awarded last year include shopping sprees, jewelry, gift cards, cash, gaming consoles, trending products and even a customized 2023 Jeep Rubicon.

Sweepstakes are offered throughout the year for all authorized shoppers, including honorably discharged Veterans and DoD and Coast Guard civilians. Shoppers 18 years and older can visit ShopMyExchange.com/sweepstakes to view and enter current sweepstakes.

Shoppers can also enter to win popular products every week by commenting on the Free Fridays post on Exchange's corporate Facebook page at Facebook.com/shopmyexchange. MILITARY STAR® cardmembers

automatically enter certain sweepstakes by using their cards, including the Home for the Holidays sweepstakes and Your Holiday Bill Is on Us sweepstakes.

Minot AFB Exchange kids can win, too. The Exchange celebrates military students' academic achievement with biannual drawings through the You Made the Grade program. Students in first through 12th grades who maintain a B average can bring their report cards each grading period to the BX for a \$10 or \$20 gift card. They can also enter the worldwide sweepstakes for a chance to win a share of \$4,000 in prizes each semester.

"It's a privilege for the Exchange to give back to our service members, retirees and military families who give so much to their country," said Minot AFB BX General Manager Kyle Omler. "A Minot AFB community member might be the next winner."

Veterans can visit <https://aaefes.media/paveterans> to learn more about their shopping benefit. DoD civilians can visit <https://aaefes.media/cacbenefitspa>.

**North Hill BOWL X-TREME BOWLING**  
FRIDAY & SATURDAY

**OPEN BOWLING**  
MONDAY-SATURDAY  
CLOSED SUNDAY

**X-TREME BOWLING**  
WILL CHANGE TO  
FRIDAYS 9:15PM-CLOSE  
STARTING AUG 23

**CELEBRATE WITH US!**  
**WE DO BIRTHDAY PARTIES**  
FOR ALL AGES!

1901 NORTH BROADWAY, MINOT, ND  
852-4108  
WWW.NORTHHILLBOWL.COM

Military Discounts Available!

**Home of Economy**

## TERIYAKI DEER JERKY

**INGREDIENTS**  
1/2 CUP SOY SAUCE  
1/4 CUP MIRIN  
2 TABLESPOON SUGAR  
3 COINS FRESH GINGER, EACH 1/4 INCH THICK  
1 CLOVE GARLIC, CRUSHED  
1/2 TEASPOON ONION POWDER  
1/2 TEASPOON BLACK PEPPER  
2 POUND VENISON, TRIMMED

In a mixing bowl, combine the soy sauce, mirin, sugar, ginger, garlic, onion powder and pepper.

With a sharp knife, slice the venison into 1/4 inch thick slices. Trim any fat or connective tissue.

Put the meat slices in a large resealable plastic bag. Pour the marinade mixture over the venison and massage the bag so that all the slices get coated with the marinade. Seal the bag and refrigerate for several hours, or overnight.

When ready to cook, set Traeger temperature to 180° and preheat, lid closed for 15 minutes. For optimal flavor, use Super Smoke if available. Remove the venison from the marinade; discard marinade. Dry the meat slices between paper towels.

Arrange the meat in a single layer directly on the grill grate. Smoke for 3 hours or until the jerky is dry but still chewy and somewhat pliant when you bend a piece.

Transfer to a resealable plastic bag while the jerky is still warm leaving the top open. Let the jerky rest for an hour at room temperature.

Squeeze any air from the bag and refrigerate the jerky. It will keep for several weeks. Enjoy!

Ryan Davy - GM  
Minot  
[www.HofE.com/BBQHQ](http://www.HofE.com/BBQHQ)

# Upcoming Events

**17 AUG** **BEER OLYMPICS 2024!**  
12:00 PM - 5:00 PM  
Atypical Brewery & Barrelworks  
510 E. Central Ave Minot

Join us in our 3rd annual Beer Olympics event!  
21+ event | 2 person teams | \$70 per team  
We will have multiple events [including a water event] for you and your teammate to participate in as you work your way to the championship round!  
Your ticket purchase includes one beer per event.  
Once you've registered, please email [kellie@atypicalbrew.com](mailto:kellie@atypicalbrew.com) with your team name and the name of the person who purchased the tickets.  
Link to purchase tickets can be found on Atypical Brewery & Barrelworks Facebook page.



**For more information:**  
Facebook/ Atypical Brewery & Barrelworks / Events

**19 AUG** **CRAFT NIGHT**  
7:00 PM - 10:00 PM  
Blue Rider  
118 1st Avenue SE, Minot

We're hosting a weekly bring-your-own Crafting Night! We invite you to bust out your needlepoint, sketchbook, journal, yarn, or any other hobby you've been itching to get done and come on down!

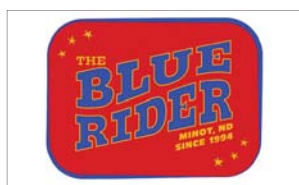
**For more information:**  
Facebook/ Blue Rider/ Events



**21 AUG** **TRIVIA NIGHT**  
7:00 PM - 10:00 PM  
Blue Rider  
118 1st Avenue SE, Minot

Bring your quarters and leave your ego at the door! Come enjoy good times with good people. Live questions - free popcorn - win free drinks! Bring your friends so your team can also go for the coveted; "Not Last Place" award!

**For more information:**  
Facebook/ Blue Rider/ Events



**23 AUG** **MOVIE IN THE PARK**  
9:30 PM  
Oak Park Amphitheater  
11th to 14th Block of 4th Ave. NW, Minot

Teenage Mutant Ninja Turtles.  
All movies start at sunset (around 9:30 pm).  
\*This movie is rated PG so please plan accordingly.

**For more information:**  
Facebook/ Minot Parks/ Events



**26 AUG** **2024 FALL MEET THE BEAVERS**  
6:30PM  
Scheels parking, 2400 10th St. SW  
Dakota Square Mall

Come on out to our 2024 Fall Meet the Beavers! There will be free food, giveaways, games, free tickets to our football home opener on Aug. 29th, and...the unveiling of our NEW Buckshot mascot! We look forward to seeing you there!

**For more information:**  
Facebook/ Minot State University Athletics/ Events



**29 AUG** **CHALK ART FESTIVAL**  
5:00 PM - 8:00 PM  
Various Locations  
Downtown Minot

Grab a piece of chalk and start creating at the Chalk Art Festival during Thursdays Downtown on August 29th.  
Find these chalk art stops in front of: The Taube Museum of Art, Prairie Sky Breads, Chaos Games, Margie's Art Glass Studio, and Magic City Sweets.  
Enjoy live local music, featured artists, and vendor booths on Main Street in Downtown Minot.  
This event is part of the Minot Artists on Main Street program with the ND Department of Commerce.

**Minot ARTISTS ON MAIN ST.**  
Community Chalk Art Projects  
Selfie Stations  
Hop Scotch & MORE!!!  
Community Chalk Art Festival

**For more information:**  
Facebook/ Wkimblearn / Events

## NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at [www.northernsentry.com/calendar/](http://www.northernsentry.com/calendar/)

**ALL YOU CAN EAT**  
**GARDEN FRESH SALAD BAR**  
EVERY DAY

**BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335**

# WHAT'S GOING ON MINOT AFB

## FRIDAY 16

- August Fitness Challenge, McAdoo Fitness Center
- Senior TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Family Zumba, 0930, McAdoo Fitness Center
- World's Fare Week, 1030-1330, Dakota Inn Dining Facility
- Summer Fest, 1600-2100, Base Theater Parking Lot

## SATURDAY 17

- Minot AFB 1964 Murder Mystery Game Ends, Minot AFB Library
- Zumba, 0900, McAdoo Fitness Center
- Summer Reading Program Wrap Up Party, 1300, Minot AFB Library

## SUNDAY 18

- B-52 Bomber Scramble, 0800, Rough Rider Golf Course

## MONDAY 19

- TAP Overview, 0800-1600, M&FRC
- Family Zumba, 0930, McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- Snow Globe Tumbler Class, 1630-1830, Arts & Crafts Center
- Writing Club, 1800, Minot AFB Library

## TUESDAY 20

- Cycle & Strength, 0515, McAdoo Fitness Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Self Care Workshop, 0900-1030, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- National fajita Day Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Minot AFB College Fair, 1100-1500, Jimmy Doolittle Center
- Retraining 101, 1130-1300, Professional Development Center
- Dog Days of Summer Pet Fair, 1630-1900, Outdoor Pool
- Zumba, 1800, McAdoo Fitness Center

## FRIDAY 23

- Let's Connect Juice Mixology Demo, 0730, McAdoo Fitness Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Summer Games, 0800-1630, McAdoo Fitness Center
- Burgerfest, 0800-1700, Jimmy Doolittle Center Parking Lot
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Let's Glow & Roll Into School Skate Night, 1800-2000, Youth Center

## SATURDAY 24

- Club Championship, 0800, Rough Rider Golf Course
- Zumba, 0900, McAdoo Fitness Center

## SPECIALS

Bomber Bistro Featured Item

### Taco Pizza

Red sauce base, cheese, seasoned ground beef, topped with lettuce, tomatoes, and onions. Served with salsa and sour cream.

The B-Fifty Brew Featured Item

### Mexican Candy Red Bull Burner

Sugar free watermelon Red Bull with lime and watermelon flavor topped with lemonade and tajin.

Rockers Bar & Grill Featured Item

### Asian Sesame Boneless Wings

8 deep fried boneless wings tossed in a sweet chili sauce plus your choice of dipping sauce served with fries and a drink.

## WEDNESDAY 21

- TAP (DOL) Overview, 0800-1600, M&FRC
- Wingman Wednesdays, 0900-2100, Rough Rider Golf Course
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- SAPR Tier 2 Brief, 1300-1500, Professional Development Center
- Yoga, 1700, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

## THURSDAY 22

- Cycle & Strength, 0515, McAdoo Fitness Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Short Notice Pre-Separation Counseling, 0830-1130, M&FRC
- Family Zumba, 1000, Turf, hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- Zumba, 1730, McAdoo Fitness Center

**Summer Fest**  
FREE CONCERT  
ON STAGE  
Friday, 16 August • 6 PM  
BASE THEATER PARKING LOT  
Kid's Zone, Go Carts, Mechanical Bull, Food Trucks & more!

SPONSORED BY  
USA, VFW, 5TH FORCES, DONOR, FORCE, 5THFORCESUPPORT.COM

**DOG DAYS OF SUMMER PET FAIR**  
20 AUGUST 2024  
4:30PM-7PM  
ALL PETS ARE WELCOME!  
BRING THE PUPS FOR A REFRESHING DIVE AT THE OUTDOOR POOL! THERE WILL BE INFO BOOTHS, FUN COMPETITIONS, PUP CUPS, & PRIZES. ARTS & CRAFTS WILL ALSO BE SELLING PET MERCHANDISE!  
PARTICIPATE AT OWN RISK. PET OWNERS ASSUME ALL RESPONSIBILITY. PET MUST BE LEASHED OUTSIDE OF POOL. POOL WILL NOT BE CLOSING. PET SWIMMERS MUST BE ACCOMPANIED BY HUMAN.

SPONSORED BY  
USA, VFW, 5TH FORCES, DONOR, FORCE, 5THFORCESUPPORT.COM

**BURGERFEST**  
23 AUGUST 2024 • 8AM  
JIMMY DOOLITTLE CENTER PARKING LOT  
ARE YOU MINOT AFB'S GRILLMASTER?  
EARN POINTS IN THE SUMMER GAMES FOR THE COMMANDERS CUP!  
EACH TEAM RECEIVES A SWAG BAG & A CHANCE TO WIN A BULLSEYE WOOD PELLET GRILL FROM RECTEQ  
REGISTER BY 16 AUGUST  
SCAN QR TO SIGN UP FOR RULES & DETAILS  
HTTP://BURGERFEST/MINOT

SPONSORED BY  
USA, VFW, 5TH FORCES, DONOR, FORCE, 5THFORCESUPPORT.COM

**Verendrye Electric Cooperative**  
A Touchstone Energy® Cooperative

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RAIN OR SHINE**

**HARD WORK NEVER QUILTS.**

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Minot - Velva  
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800-472-2141  
WWW.VERENDRYE.COM

**NORTH PRAIRIE Farmer's MARKET**

EVERY SATURDAY!  
11 AM TO 2 PM  
1 Block North of the Corners of Burdick & Broadway  
Across from Planet Pizza

**AVAILABLE THIS SATURDAY!**

- BBQ Sauce
- Produce
- Fresh Roasted Coffee
- Tea
- Jam
- Kombucha
- Bath Bombs and Soap
- Popcorn
- Desserts
- Fresh Peas
- Farm Fresh Eggs
- Local Honey
- Succulents
- Baked Goods
- Fresh Baked Bread
- Vadell Brothers Syrup
- AND MUCH MORE!

TO LEARN MORE ABOUT NATURALLY GROWN PRAIRIE PRODUCE VISIT  
**NORTHSTARCARPIO.COM**