

northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 62 • ISSUE 28 | MINOT AIR FORCE BASE | FRIDAY, JULY 12, 2024

WHATS INSIDE THIS WEEK:



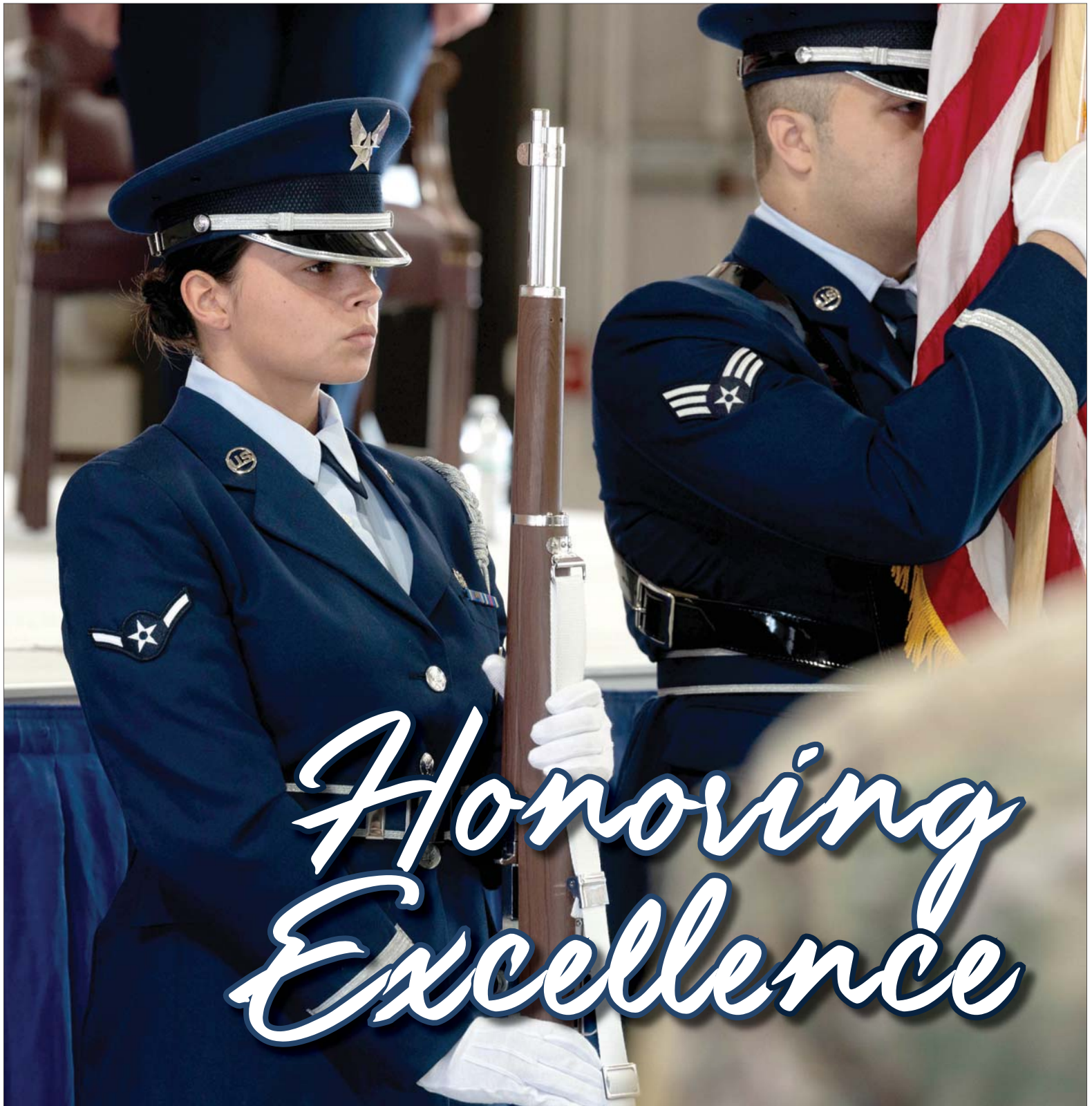
BIELANSKI AT MAIN STREET BOOKS: GET READY TO LAUGH AND SING! **A5**



FAR AWAY FAMILY **B2**



FAMILY FUN AT THIS YEAR'S HØSTFEST **B7**



Honoring Excellence

U.S. Air Force Airman Marianna Alcauter, 5th Logistics Readiness Squadron fuels distribution operator (left), presents the colors during a retirement ceremony at Minot Air Force Base, North Dakota, July 3, 2024. The Minot AFB Honor Guard serves a distinct mission under unique conditions from performing military honors North Dakota to presenting colors on base. Take a look 'Inside Minot Honor Guard' on page A2.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS LUIS GOMEZ



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Honoring Excellence: A look inside Minot Honor Guard

AIRMAN 1ST CLASS LUIS GOMEZ, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

The Airmen who comprise the Minot AFB Honor Guard stand out for their dedication to a distinct mission: delivering premier ceremonial honors, inspiring the nation, and representing all Airmen. This elite team, comprising airmen, non-commissioned officers, and officers from the 5th Bomb Wing and 91st Missile Wing, emulates the USAF Honor Guard's high standards with their commitment to excellence and precision.

For Airman Marianna Alcauter, 5th Logistics Readiness Squadron fuels distribution operator, joining the Minot AFB Honor Guard was initially a career move. However, it quickly became a passion as she went through her training.

"Originally, it was just to benefit my military career. I wanted something that looked good on paper," said Alcauter. "Then I started falling in love with it. We do these cool ceremonies and big events that people remember for the rest of their lives."

Alcauter reflected on the diversity that being in the Honor Guard has exposed her to. She described how the environment is similar to Basic Military Training, bringing together a large group of Airmen, regardless of their Air Force Specialty Code to unite under one mission. Despite the initial overwhelming feeling and awkwardness that can come from that kind of culture clash, Alcauter found camaraderie and a sense of family within the team.

"My class was really funny, and we bonded under the pressure of trying to learn and being overwhelmed," said Alcauter. "It turned into a



Minot Air Force Base Honor Guardsmen present the colors during a retirement ceremony at Minot Air Force Base, North Dakota, July 3, 2024. The U.S. Air Force Honor Guard's vision is to promote the Air Force mission, preserve their heritage and protect their standards and image.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS LUIS GOMEZ

family within the first week."

Attention to detail and maintaining a level head in the face of adversity were two of the most important skills during Alcauter's journey into the Honor Guard.

"The training was intense, but it was nothing I couldn't handle," said Alcauter. "The military bearing and sharp movements were always the same; it's just the footwork is a bit different. I'm excited to finally put everything into practice."

After training for a little over three weeks, Alcauter finally had her first drill on July 3 presenting the colors during a retirement ceremony.

For Airman 1st Class Keion Johnson, 5th Security Forces defender, his path to becoming an honor guardsman began when he felt inspired during his time at Minot AFB's First Term Airman Course.

"I saw the Honor Guard come in, and they looked clean," Johnson explained. "My best friend also did it and told me how good it was. I wanted to try something outside of my career field."

The attention to detail and precision required was a challenge, but one he embraced wholeheartedly.

"It took a lot of work and repetition, but it was worth it," said Johnson. "The camaraderie and recognition around the base are significant rewards."

Johnson extended his initial three-month term to six months, reflecting his commitment and passion for the role.

"Some of the proudest moments are when people thank you after a detail," said Johnson. "It feels good to be recognized and to know that you're representing the Honor Guard well."

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Minot Air Force Base Honor Guardsmen display the colors during the national anthem at Minot Air Force Base, North Dakota, June 28, 2024. The Minot AFB Honor Guard serves a distinct mission under unique conditions from performing military honors around North Dakota to presenting colors on base.



U.S. Air Force Toby Rivas, 5th Operations Support Staff operations intelligence analyst (left), performs flag folding for a retirement ceremony at Minot Air Force Base, North Dakota, June 28, 2024. Members of the Honor Guard perform their ceremonial duties in addition to their primary Air Force specialty.



Minot Air Force Base Honor Guardsmen await their cue to present the colors during a retirement ceremony at Minot Air Force Base, North Dakota, July 3, 2024. The U.S. Air Force Honor Guard's vision is to promote the Air Force mission, preserve their heritage and protect their standards and image.

Tech. Sgt. Lance Vandervoort, 5th Force Support Squadron Honor Guard program manager who oversees all training for the Honor Guard at Minot AFB, emphasized the diverse and rewarding nature of the role.

"We pull from the entire installation, scheduling and performing colors and funerals across North Dakota," said Vandervoort. "The weather can be challenging, especially in winter, but we make sure our guardsmen are properly outfitted."

Vandervoort highlighted the unique bonds formed within

the team, despite the diverse backgrounds of its members. He noted how by the end of their three-week training course the guardsmen are like best friends.

"We had a member's birthday today, and a former member came in with a cake," said Vandervoort. "It definitely builds friendships and bonds that last well beyond Honor Guard duty."

The Honor Guard's mission is not only about precision and excellence but also about personal growth and confidence.

"We build people up, especially those who are more introverted.

This job puts you in front of grieving families or large audiences, and it requires confidence," Vandervoort explained. "The best candidates are those comfortable with being uncomfortable because this position will put you in a lot of challenging situations."

Through their dedication and hard work, the members of the Minot AFB Honor Guard exemplify the highest standards of military excellence, honoring those who have served and representing the Air Force with pride and dignity.

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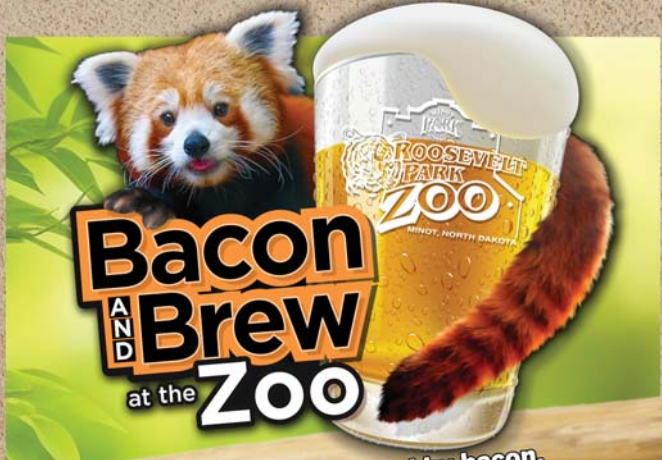


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MINOT AIR FORCE BASE NEWSPAPER
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**A VIEW FROM
 OUR SIDE**
 ROD WILSON



I have talked about my love for sailing, and our sailboat, Celebration. With the 4th of July falling on a Thursday, which is the normal delivery day for the Northern Sentry, everything moved up a day. Stories and ads were due on Tuesday at Noon. The paper went to press on Wednesday at Noon. And well, it just made a lot of sense to just pack up the boat for what would be a 5-day holiday weekend vacation.

THINKING AHEAD

A sailboat is limited in space, so packing for 5 days is more like packing for a tent camping trip than an RV vacation. You need to have enough cooler space for lots of ice, and lots of food. Remember, no grocery stores out on the lake; let's see, that's a total of 12 meals. We certainly don't want to skip on meal quality, so lots of fresh fruits and veggies to go along with the normal meat and carbs (a health way to say meat and potatoes I guess).

We go with 3 different coolers on longer trips. We just purchase a YETI. (not supposed to be commercial when writing articles,

but I am sold on YETI products). The quality of the YETI made it perfect for packing a lot of ice, and frozen goods like fish, chicken, and beef. You plan limited access to the YETI. Once a day to get your frozen food out for the day, and maybe a second trip for drinks like milk, etc. I could go into more details on our food packing rationale, but in short, the second cooler was for drinks, and the third cooler-an ice box on the boat, was packed with the "don't need to keep them super cold" items like cheese, veggies, etc.

A SPECTACULAR 4TH OF JULY

We had made the decision to spend the 4th of July on the dock at Ft. Stevenson's Garrison Bay Marina. In recent years the two cabin sites on the Garrison Bay have provided a great 4th of July fireworks display, and this year was absolutely amazing! I wish I had been able to have my grandkids with us. First, there were no mosquitoes. Second, it got dark a little earlier because it was cloudy, so the fireworks started shortly after 10 PM. Third, the temperature might have been a bit chilly, but it was comfortable with a hooded sweatshirt and a blanket. Last, the display lasted for well over 2 hours. We aren't talking firecrackers and bottle rockets, there were several, probably 20, cabins that had continuous fireworks. Amazing, awesome... and a sure family pleasing event to put on your calendar for next year. Lots of room to park your car in the marina parking lot and watch the fireworks display. There are even restrooms on the west side of the

marina concessions.

PASSION

In almost everything you do that we may call a hobby, there is a passion for the final outcome. So, it is with sailing. With a sailboat, you just don't point and go. You use the wind to propel your boat to a pre-determined destination. We will skip over a couple of our evening destinations to Moose Bay. As the crow flies, Moose Bay is straight south of Ryder, North Dakota. Tucked into the landscape, the bay provides protection from both the wind and the waves of Lake Sakakawea. Your boat is tied to shore and protected from the elements. A thunderstorm appears on the horizon. No problem. Sailboats were built for dealing with inclement weather. If you are secured to shore, which we were, the thunderstorm was just kind of an inconvenience. Eventually it blew over and we got on with the business of cooking supper. A bit of a disappointment, no moose in Moose Bay. Stories go that early boaters would catch a glimpse of them once in a while, but not on this trip. Instead, we watch as the sun emerged from behind the storm giving an absolute gorgeous orange glow to the hills around Moose Bay. Yep, well worth the trip. And then reality hits, we need to return to the marina tomorrow. All good things must end...

SAILBOATING 101

People question us about our sailing passion. Most common question? How do you guys get along for 5 days on the boat. Don't you disagree (argue)? Think about it...if you have a knockdown, drag

out argument, where are you going to go? On a boat each has their responsibility. It's a "get 'er done" attitude.

Next, we get asked; is there a stove? Yes, a small 2-burner alcohol stove and an outside BBQ propane grill.

Is there a bathroom? Of course. Like an RV, there are holding tanks.

Is there a shower? Yes, but it isn't very practical. Probably more accurate to say, no shower.

How many can sleep on your boat? Well in the sales information it says 6. Comfortably 4. Best case scenario, 2.

AND THEN IT ENDS

We're not sailing experts, but we are passionate about sailing. There is nothing like the sound of silence. You hear the water rushing under the boat, but soon it is just part of the ambiance of a sailboat. We live just 48 miles from one of the greatest lakes for sailing in the United States. The opportunity is there, and we have grasped that opportunity.

BEST KEPT SECRETS

I am going to go with the fireworks on Garrison Bay. I know it's a year until it happens again. But you heard it from me, "they were awesome!" Mark your calendars, and we'll see you next year. PS-Except for the park entrance fee, the fireworks display is absolutely free!

TODAY'S CHUCKLE

The reason it's taking scientists so long to map the human brain is all the dead ends and detours they've found along the way.



Spent the night in Moose Bay- Weathered a storm... nothing serious.



Moose Bay- A Calm Respite off the main lake.



**UPSIDE DOWN
 UNDER**
 MARVIN BAKER

Have you ever heard of Interstate 27? It's a freeway that currently runs north/south entirely in the state of Texas, from Amarillo to Lubbock.

The length of I-27 is 124 miles, but is about to change in a big way.

A number of media, especially those in Bismarck, have been reporting that I-27 will be running through western North Dakota, from Bowman in the south, to Plentywood, Mont., in the north. In effect, U.S. Highway 85 is going to become I-27.

It will also run through western South Dakota and points south that will connect Rapid City, Scottsbluff, Neb., Denver and Limon, Colo., then onto Amarillo and points south taking it to the border at Laredo.

Although the interstate system ends at the Canadian and Mexican borders, it will directly connect Monterrey, Mexico, southwest of Laredo to Regina and Saskatoon in Saskatchewan, north of Plentywood.

More specifically, I-27 will cross the South Dakota state line south of Bowman and take you to Spearfish and on to Rapid City.

In the northwest, I-27 will turn west at Williston, and a section of U.S. Highway 2 will become I-27, crossing the Montana state line and taking you to Culbertson. From there, Montana Highway 16 will become I-27, taking you through Plentywood north to the port of Raymond and onto Saskatchewan Provincial Highway 6 to Regina.

To put this into perspective, Congress in 2022, appropriated funding for this project, but there is no specific timeline for its completion. KFYR-TV has reported North Dakota has received a \$55 million federal grant toward the project and is seeking more funding.

I wonder how many people could see this coming? It started when U.S. 85 was four-laned from

Williston to Watford City, with a second leg of that construction from Watford City to the Long X Bridge, approximately 15 miles south of Watford City.

Two things are mostly likely going to happen when this expanded highway is built. Because the Trans Canada Highway runs through Regina, most cargo from western Canada going south, especially into Colorado and Texas, will be seen on this highway.

Because Raymond/Regway, Saskatchewan is a 24-hour port of entry, the traffic should ease up at Sweetgrass, Mont., to the west and Portal to the east.

Those of us who live along U.S. Highway 52 are becoming concerned about the amount of semi-trailer traffic from western Canada crossing the border at Portal and taking U.S. 52 to U.S. 2 west of Minot. U.S. 52 is considered a "super 2" with passing lanes, while I-27 will be a freeway with higher travel speeds and easier on/off access.

Following a reconstruction of Saskatchewan Provincial Highway 39 from south of Regina

to the border, truck traffic has increased dramatically on U.S. 52. Theoretically, I-27 will re-route some of that traffic.

West of Raymond, there is a 24-hour port of entry at Sweetgrass, Mont./Coutts, Alberta. Anyone crossing the border at Coutts, is on Interstate 15, which is basically a straight connection between Salt Lake City and Calgary.

Traffic will probably increase on I-15 somewhat, but the effect won't be as dramatic as it will be on U.S. 52 northwest of Minot.

Those of us who spent time on a committee to get U.S. 52 four-laned, but compromised on the super 2 concept, would still like to see a freeway between Minot and Regina. With a slightly stronger Canadian dollar, we're seeing more passenger cars from Saskatchewan and Alberta on U.S. 52 and in Minot.

But again, I-27 will be an acceptable compromise, as long as truck traffic becomes lighter on U.S. 52. Because U.S. 52 is mostly 2-lane, there are times traffic becomes horrendous between Kenmare and U.S. 2. Let's hope that changes.

The highways are changing . . .

Bielanski at Main Street Books: Get Ready to Laugh and Sing!

MARTINA KRANZ, NORTHERN SENTRY

A toe-tapping good time and a whimsical and fun new band are coming to Minot from Charlotte, North Carolina. Bryan Bielanski, an acoustic rock singer-songwriter is scheduled to perform on Thursday, July 18 at 7:00 p.m. at Main Street Books.

This will be Bryan's first time performing in Minot, and he's looking forward to it! He's been performing since he was a teenager and has been touring nationally and internationally full time since 2012. Besides guitar, he plays the harmonica and the kazoo at his concerts. On his studio albums, he plays the bass guitar, drums, and percussion. His Bob Dylan-like singing and happy-go-lucky songs are a big part of what makes him stand out from other musicians.

His music has been described as "Nirvana meets the Beatles," "Buddy Holly and Weird Al Yankovic," or "Buddy Holly meets the Ramones." His other influences of musical genres are folk, country and classical music.

Bryan grew up in a family of music lovers. His mom, dad, and sister played records every day. Good music was always a very important part of his life. Once he took up the guitar and started performing live, the experience was so exhilarating that he wanted to dedicate his life to performing.

Bryan's performances are energetic and upbeat. The sincerity of his lyrics is what makes him remarkable. He takes ordinary places, characters from video games, fantasy characters and merges them with the everyday world. For example, in his song "Rock the Library, U.S.A.," he sings about a library and a girl with lyrics that makes the listener smile.



On HWY I-80 as Bryan traveled to perform at Zion Canyon Brew Pub in Springdale, Utah, he stopped to enjoy nature. He loves to capture scenic shots along his journey for the delight of his social media followers who appreciate the travel glimpses.

LAUREN MITCHELL PHOTO

People enjoy his humor and light-heartedness in his songs. His shows are family and kid friendly.

The Super Happy Fun Time Show is a unique experience because there aren't many singer-songwriters that write songs with straightforward, funny, and uplifting lyrics, and fans of his music enjoy the intensity, conviction of the performance, and the overall positive vibes of his shows. It's no surprise then that his new album is titled Bryan's Super Happy Fun Time 3. He decided to title three of his albums Bryan's Super Happy Fun Time because he says, "a lot of people get stressed out about things going on in the world and everyone should take a minute to reflect on the good things in life, smile and have a good time. I hope my music can be a soundtrack for

folks taking a break from the things that worry them." In 2016, Bryan's album "United States of Angwish" reached #89 on the weighted CMJ charts.

At the concert, Bryan's albums, t-shirts, and stickers will be available for sale. The entrance fee to the concert is based on a sliding scale from 5-15 dollars. A sliding scale means that people/families across a wide range of incomes can attend because the fee is based on what the attendees are able to afford. So, take a break from the hot summer sun and come to Main Street Books, which is sponsored by The Red Willow Collective, on Thursday, July 18 at 7:00 p.m. to relax and listen to Bryan's excellent music. He is ready to entertain you!

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All About Pets

Instead of Declawing Your Cat...



While choosing to declaw your cat may come with short term benefits for you and your household, the procedure is not in the best interest of your feline friend. Declawing is the process of amputating the front knuckles of a cat's toes so that it can no longer use its claws, and many shelters and animal advocacy groups strongly advise against it. Felines have a natural instinct to use their claws to mark territory, stretch, play, and even defend themselves in dangerous situations. When their claws are removed, cats run the risk of developing chronic pain, lameness, and behavioral issues. If you're having problems with your cat tearing up your furniture or your arms, here are some more humane options to curb unwanted scratching and prevent the need for declawing:

- Consistent nail trimming—every few weeks should be sufficient, depending on your cat.
- Nail caps or claw covers—Soft Paws is one recommended brand for caps that are glued on to your cat's claws and can help to alleviate excessive scratching.
- Provide enrichment—toys, playtime, and designated scratching posts are great ways to keep your cat happy! They won't need to scratch your couch when they have more fun things to do around the house.
- Outside time—most people probably don't think about letting their cats outside since they can often be difficult to catch. But outside is a great place for cats to explore and hunt! Some cats will naturally

come back to their owners once they've satisfied their wanderlust, which is great for enrichment. If you're not sure if your cat will return or you're worried about their safety in a busy area, try a cat harness with a lightweight leash to take your friend on all the adventures!

- Make unwanted scratching objects unattractive—putting aluminum foil on furniture or other popular scratching areas has been said to deter some cats from going to town with their claws. Other options to deter your cat from scratching can include double-sided tape or unpleasant fragrances such as citrus.
 - Training and behaviorists—if all else fails, work with your cat to deter him from scratching unwanted items. A spray bottle or a clapping noise can interrupt their behavior so that you can properly redirect them to an appropriate toy and reward them for using that instead. As a last resort, it may even be helpful to find an animal behavior specialist who can help you determine other solutions for your cat's scratching.
- It is possible for a cat to have medical problems that declawing would fix, but it's important to consult with your vet to find any other possible solutions before making that decision because it can affect your cat for the rest of its life. As pet owners, it's our job to make sure our animals have everything they need to live their best lives. Instead of declawing your cat, try these alternatives to give your furry friend its best shot.

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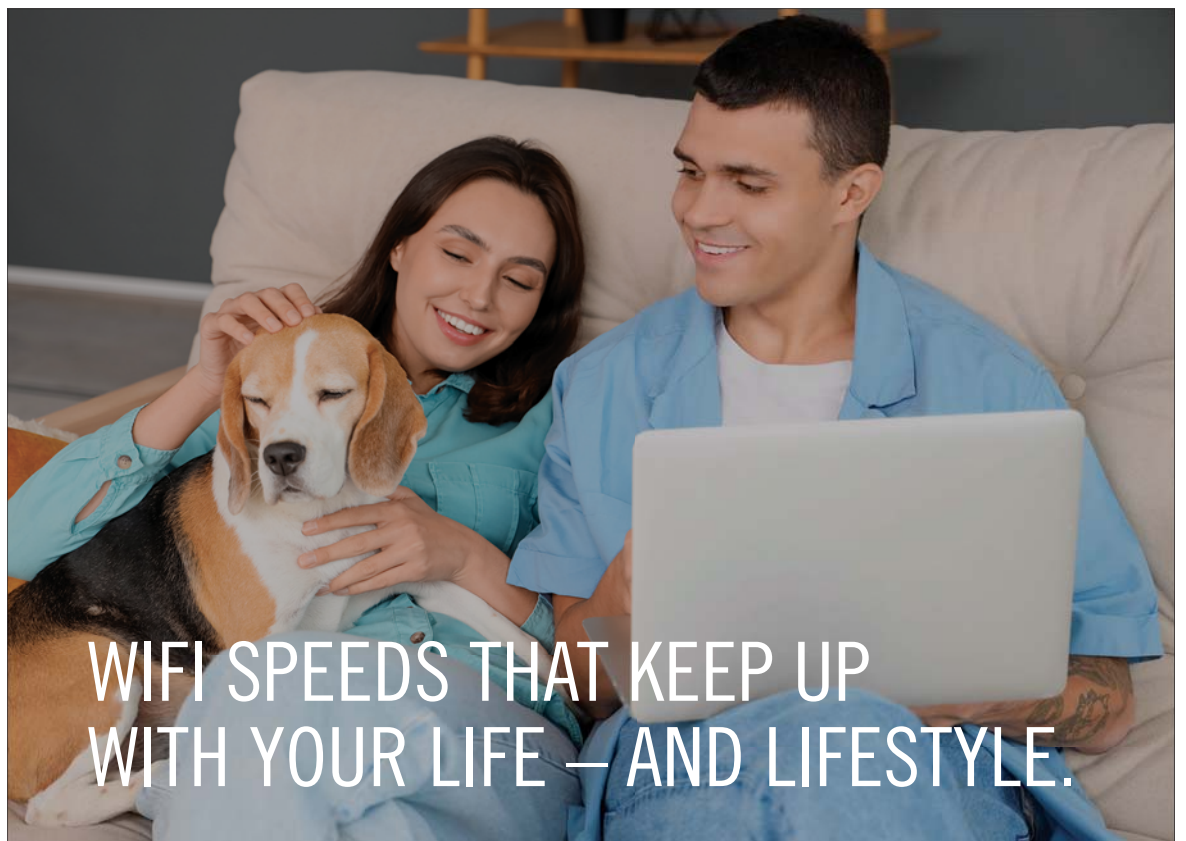
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MILITARY APPRECIATION DAY AT THE FAIR

TUESDAY, JULY 23 | NORTH DAKOTA STATE FAIR



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MILITARY AFFAIRS COMMITTEE

AIR FORCE SECURITY FORCES FIRE THE M110A1 SDMR AT CAMP RIPLEY

MINNESOTA NATIONAL GUARD PHOTOS | ARMY STAFF SGT. JORDEN NEWBANKS



Airman from Minot North Dakota, the 5th Security Forces with the 5th Bomb Wing and the 91st Security Forces Squadron, fire the M110A1 Squad Designated Marksman Rifle and the M24 Sniper Weapon System at Camp Ripley Training Center in Little Falls, Minnesota, on May 29th, 2024. The Air Force began fielding the M110A1, which can fire up to a maximum effective range of 600 meters, in 2022 and it is on track to replace the M24.



The Minnesota United Service Organizations (USO) visited Airman from Minot North Dakota, the 5th Security Forces with the 5th Bomb Wing and the 91st Security Forces Squadron and brought them free snacks, beverages, and patches as they fire the M110A1 Squad Designated Marksman Rifle and the M24 Sniper Weapon System at Camp Ripley Training Center in Little Falls, Minnesota, on May 29th, 2024. The USO is a non-profit group that provides morale, welfare and recreation-type services to United States uniformed Military personnel.

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BABY GIRL BORN ON MONDAY, JUNE 24, 2024 TO: JAMIE DOVICH AND AARON GROCHOWSKI MINOT, ND

BABY BOY BORN ON TUESDAY, JUNE 25, 2024 TO: ALEXIA HINSON OGWAL AND PATRICK OLAL-OGWAL MINOT AFB, ND

BABY GIRL BORN ON WEDNESDAY, JUNE 26, 2024 TO: CHELSIE NOWELL AND ANTHONY RAE CREECH ESPINOSZA MINOT, ND

BABY GIRL BORN ON THURSDAY, JUNE 27, 2024 TO: KATHRYN AND MATT BURCKHARD MINOT, ND

BABY GIRL BORN ON MONDAY, JULY 01, 2024 TO: LESLIE LOERA AND PABLO RIVERA JR MINOT AFB, ND

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- Amur Tigers have "built-in" ways to conquer the cold. They have a layer of fat on their flanks and belly, that helps protect them from the elements. Their thick, long coats also help keep them warm. And like most tigers, Amur Tigers have a ruff of fur around their neck and extra fur on the paws to protect them from the cold snow like built-in "snow boots".

Fact File

Life Span	10 - 15 years
Weight	400 - 675 pounds
Head and Body Length	5 - 9 feet
Tail Length	2 - 3 feet
Tail Length	3.5 feet
Top Speed	40 mph
Wild Diet	Omnivore Carnivore Herbivore Deer, Pigs, Water Buffalo, Antelope

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Wild animals crossword



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Car care checklist for summer road trips • Part 1

It's time for a drive vacation. You mapped a route, booked hotels, and made a checklist of things to do before you go. AAA reminds you to also make car maintenance part of your summer road trip preparation. Use this car care checklist to ensure your vehicle is ready for summer travel.

Check tires and tire pressure

Inspect all four tires and, if you have one, the spare tire as well. Look for cuts, gouges or sidewall bulges. Insert a quarter upside down into grooves to check tire tread. If you see the top of George Washington's head, it is time for new tires. Check tire pressure when the car has been idle and tires are cool. Inflate as needed to the vehicle manufacturer's recommended pressure. You will find it listed in the owner's manual and on the sticker of the driver side door jamb. Do not use the number on the tire sidewall.



Listen to and feel the brakes

If you hear a grinding sound or feel a vibration when applying the brakes, take your vehicle to an auto repair shop for a brake inspection. A service professional will check the brake system for fluid leaks, and the pads, rotors, shoes and drums. If repair or replacement is needed, use the Repair Cost Estimator to help anticipate costs.

Secure and test the battery

Check the car battery to be sure cable connections are clean and tight, and the hold down hardware is secure. Have a service professional do a battery check to determine remaining capacity. AAA members may request a free battery check.

Top off engine oil and other fluids

Check that engine oil, coolant and brake, transmission and power steering fluids are at the correct levels for safe vehicle operation. When adding fluids, use products that meet the specifications listed in the owner's manual. Note that newer car models may have sealed automatic transmissions without a dipstick, and electric power steering that may not use fluid.

Replace wiper blades and replenish windshield cleaner

Rubber wiper blades naturally deteriorate over time. If wipers streak or fail to clear the windshield thoroughly, replace the blades. Fill the windshield washer reservoir with fluid formulated to remove insects and other debris, and test to make sure the nozzles spray adequately.

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HOW TO ENTER

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Enjoying Father's Day out in our backyard.
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Making frogs shaped shadows in the sunshine.
SUBMITTED BY TENA HOLMGREN



Snuggling kitties on a rainy day.
SUBMITTED BY TENA HOLMGREN



Little Viking in Training at the Midsummer Festival at the Scandinavian Heritage Park.
SUBMITTED BY JESSICA SHANNON



Learning to ride a bike around Minot this summer.
SUBMITTED BY RIANNE KUHN



Good friends enjoying the base pool.
SUBMITTED BY DANA BERGER



Hadley meeting some friendly goats at the Roosevelt Zoo in Minot!
SUBMITTED BY JESSE LITTLE



When your neighbors are the coolest...
SUBMITTED BY KRISTIN COOPER



Trolley ride through Garrison, ND thanks for Northern Sentry fun and educational day out to the printers!
SUBMITTED BY KRISTIN COOPER

NDSE

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JULY 19-27 2024

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Being Military Friendly NDSF Makes Changes for Military Appreciation Day

ROD WILSON, NORTHERN SENTRY

State Fair Manager Craig Rudland has been around the North Dakota State Fair for over 25 years, but 2024 will be his first as Manager. For Charlene Ratliff, Marketing Manager, this will be her first year having planned an entire marketing approach for the fair. Both Craig and Char had decided the approach to Military Appreciation Day marketing could certainly be improved.

“We got together and said, how can we change Military Appreciation Day to make it better for our Active Duty Military and Veterans? We knew that it started with access. Used to be that we would run a coupon in local newspapers, but coupons are not as popular as they used to be” says Rudland. The answer was pretty simple. A Military ID would take the place of the once used coupons. “We worked with Public Affairs at the base to get copies of the Military ID’s that our ticket booths might see. If they present one of the military ID’s, it gives them 50% off of their admission to the fair” says Ratliff.

The next challenge would be the ticket booths that would accept Military ID’s for the discount. “We just figured that every ticket booth would accept the ID’s. No need to limit access to the fair for anyone. Their Military ID’s will work at every single ticket booth” continues Rudland. So that was simple. Use your military ID to get a 50% discount to the North Dakota State Fair on Tuesday, July 23rd.

But entrance to the state fair is only part of what makes Military Appreciation Day special. “Yeah, the carnival will be offering free rides between 1 and 3 PM. And if you don’t get your fill of rides from 1 to 3 PM, with a Military ID you can get an Unlimited Daily Ride wristband. Ride as many rides as you want for \$20.00” says Rudland.

All of this is in addition to the free picnic lunch provided from 11 AM to 3 PM under the tent on the northeast parking lot, near Commercial Exhibit II. “The Go Cart rides will offer either \$1.00 off Single Go Cart Rides or \$2.00 off Double Go Cart rides” according to Rudland.

But it isn’t only Military Appreciation Day that makes the North Dakota State Fair so family friendly, “we still have all of the free stages on the grounds. We’ll have a couple of military bands performing that day, including the 188th Army Band sponsored by the North Dakota Army National Guard” known as the Blues in Green and at Noon the 188th will also have a

rock band performance on Stage 2.

That night in Arena 1 will be day 2 of the Bull Riding Challenge & Ranch Bronc Riding, and in the Grandstand, the MHA presents their Indian Horse Relay.

Tickets and information for all events are available on the North Dakota State Fair website ndstatefair.com.

“I guess we really want to get the

message out that we’ve taken steps to make the North Dakota State Fair more military friendly” says Rudland “because we want to show our appreciation to our veterans and active duty military”.

The Military Appreciation Day at the Fair is presented by the Minot Area Chamber EDC Military Affairs Committee.



A LOOK BACK THIS WEEK IN USAF HISTORY

FIRST B-52 BOMBER ARRIVES AT MINOT AFB
JULY 16, 1961



Base leadership and former ND governor, William Guy, kneel in front of the Peace Persuader in July of 1961. (Boeing)

On July 16, 1961, Minot Air Force Base, N.D., received its very first B-52H Stratofortress, nicknamed the Peace Persuader. The bomber was delivered directly from the Boeing factory in Wichita, Kansas and was accompanied by another backup B-52 in case of any complications. The name Peace Persuader originated from a “Name the Plane” contest held by the Air Force. Peace Persuader was assigned to the 4136th Strategic Wing under Strategic Air Command.

Information courtesy of: af.mil / minot.af.mil / afgsc.af.mil

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Notes of appreciation hang from a fence during last years Beef Industry Military Appreciation Day beef picnic. See full details in next weeks edition.

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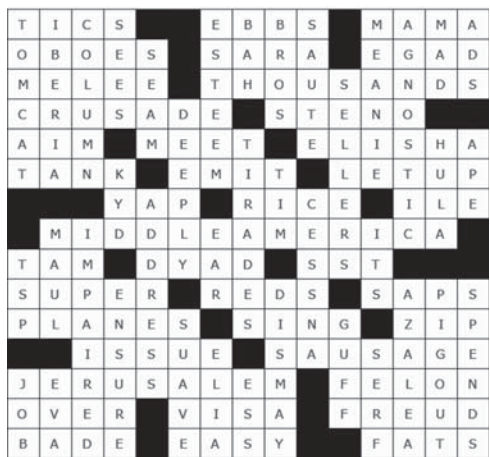
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CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

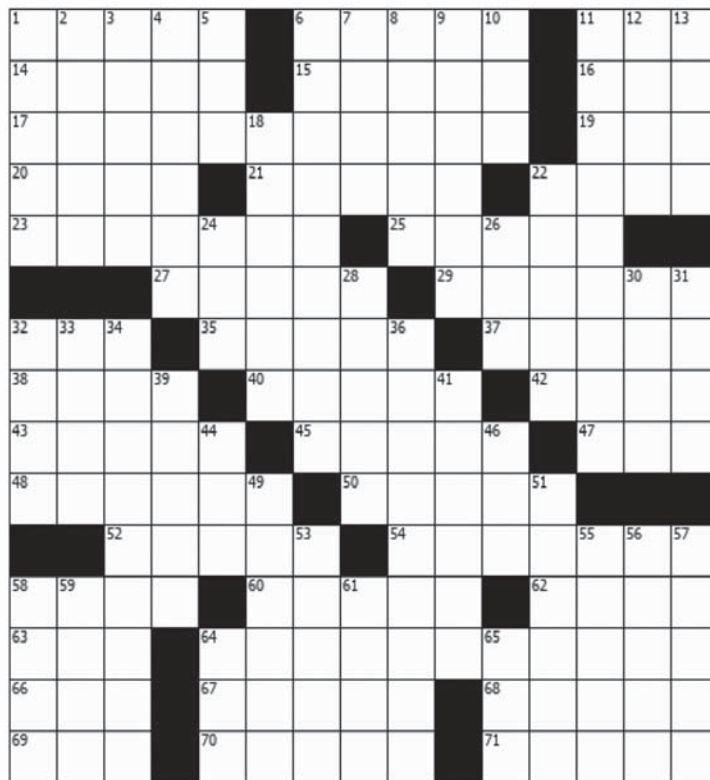
Solution to puzzle on page B9

			1	2		3		4
		2					5	6
	3			7	8			2
	2		5			9		1
		8				4		
6		1			3			2
3			4	5				7
2	5					8		
1		9		3	2			

CROSSWORD PUZZLE

Across

- 1. Wetland
- 6. Change with the times
- 11. Tip of a wing tip
- 14. Best Actor for "Gladiator"
- 15. Couch potato's essential
- 16. Part of a long sentence
- 17. Fessing up
- 19. "The Spanish Tragedy" playwright
- 20. Country on the Arabian Sea
- 21. Of Nordic stock
- 22. Like Sadie of song
- 23. China's largest river
- 25. Radio, TV, etc.
- 27. Greta Garbo, for one
- 29. Morsel
- 32. Foreman foe
- 35. Endnotes?
- 37. Substantive
- 38. Bamboozles
- 40. None of the above
- 42. Dance movement
- 43. Reluctant
- 45. Commemorative meal
- 47. Med. provider
- 48. Pour out one's woes
- 50. Archaeologist's find
- 52. Book review?
- 54. Convention goer's ID
- 58. Kennel Club reject
- 60. Robust
- 62. Peruvian capital
- 63. Nuisance for Santa
- 64. Done for
- 66. Capital of Zimbabwe?
- 67. Diametrically opposed
- 69. Blunder
- 70. Pentagon worry
- 71. Steven Spielberg openings?



Down

- 1. Real man?
- 2. Olfactory lure
- 3. Cicero, e.g.
- 4. Batters' attempts
- 5. Cooped-up female?
- 6. Certifies, as colleges
- 7. Tyne of "Judging Amy"
- 8. Crossing the keel
- 9. Space occupier
- 10. "--- Little Indians"
- 11. Lose big time
- 12. Banded quartz
- 13. Current event?
- 18. Park pavilion
- 22. Boundaries
- 24. Tea quantity, so they sing
- 26. Turn down the lights
- 28. Old-time anesthetic
- 30. Romantic duo
- 31. Tit for tat, maybe?
- 32. U.S. rights defender
- 33. Nutcase
- 34. Agitated
- 36. Like a couch potato
- 39. Beer relative
- 41. Team races
- 44. Used to own
- 46. Edge
- 49. "There's Something About Mary" actor Matt
- 51. Stars
- 53. Fine net fabric
- 55. Surfer's concern
- 56. Elicit some smiles
- 57. Stares in surprise
- 58. Tortuous path
- 59. Target of certain fees
- 61. Crossed the Rubicon, maybe
- 64. Tarzan's protector
- 65. It'll help turn up a plot

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www.faithumcminot.com

Pastor Ken Mund
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Sunday School (All Ages): 9:45 a.m.
Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.

Cornerstone Presbyterian Church

1000 NE 3rd Street 852-0315

Sunday Schedule
Contemporary Worship 9:00am
Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule
Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm
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Immanuel Baptist Church

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701-839-3694

WEDNESDAYS:
11:30 AM SOUP KITCHEN

SUNDAYS:
9:30 AM FELLOWSHIP
10:00 AM WORSHIP

Pastor Brian Keithline



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St. John the Apostle Catholic Church

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Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com



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11:00 am

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Evening Worship 6:00 p.m.
Wednesday Evening..... 7:00 p.m.

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Southern Baptist Convention

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Sunday Worship 10:30 a.m.
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Meal..... 5:30p.m.
Classes for All Ages 6:30 p.m.
Youth Center, Friday..... 7:00 - 11:00 p.m.
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Missouri Synod

Sunday Divine Service
9:30 AM

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Children's Church 11:05 am.
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Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor



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Weekly Recap July 2-7

OWEN PATTERSON

HOT TOTS 8 RUNS NOT ENOUGH TO TOPPLE THE ROX

MINOT, ND – On Sunday evening, the offense of the St. Cloud Rox and Minot Hot Tots seemed to be the only part of the game that showed up at Corbett Field. St. Cloud scored first and Minot tried to respond, but the response was not enough as the Rox took game one by a 14-8 score.

Starting in the second inning with a solo home run by Carter Hanson, the St. Cloud Rox would score the first eleven runs of the game. Along with the homer, Andrew Savage drove in two more runs. Then in the third, another six runs for the Rox. When walks piled up in the fourth inning, St. Cloud tacked on an additional two runs to go up 11-0 after four innings.

The Hot Tots, silenced through four by St. Cloud starter Phil Brenneman, finally got cooking

in the fifth inning. Jonah Shields brought in the first run of the game for Minot on a single and was immediately driven in by an Anthony Potestio two-run home run, the First Command Play of the Game. The Tots were not done after that though, scoring three more runs on RBI hits by Abe Affholter and Caid Bergthold.

The Rox, seemingly unfazed by the Minot comeback, went back up by eight runs after a two-run sixth inning.

The Hot Tots continued pushing, and would creep closer and closer, but would only come within six runs in the end. The Rox got two final innings of relief from Kevin Figueredo to secure the 14-8 win.

The two-game series wraps up tomorrow night from Corbett Field

BEEES FALL OFF PACE WITH HABENEROS, SUFFER SERIES SWEEP

MINOT, ND – The Minot Honeybees tried everything, but there seems to be no way to slow down the Mankato Habaneros right now, who after two more wins over the Honeybees today, stretch their winning streak to 11 games.

Tuesday's first game got off to a blistering start for Mankato, who used the power of four hits to score three runs. Minot was not able to respond right away against Habanero starter Jayme Scheck, who kept the Bees scoreless through the first two innings.

In the bottom of the third, the Honeybees would get their breakthrough on an RBI ground out by Sydney Farmer. Still down two, the Honeybees remained in a tight battle with Mankato thanks to impressive pitching by Jasmine Blizzard.

Blizzard, Minot's starting pitcher, would retire 13 consecutive Mankato hitters from the final out of the first inning until a leadoff hit in the sixth by Amity White. White's extra-base hit would get the Habaneros cooking again. A sacrifice fly by Paige Zender and two-run home runs from both Sailor Hall and Serena Timmer would catapult Mankato to an 8-1 lead.

Scheck would be trusted the rest of the way, earning the complete game win on a pitch count of 135. The final score in game one would end being Mankato 8, Minot 2.

Game two had a much slower pace. With less success from the starting pitchers at keeping runners off of the bases, but similar success from game one in holding off scoring.

Sailor Hall, the starting pitcher for Mankato, would get one run of support in the first inning and keep that lead until surrendering the first Honeybee run of the second game. The tying run would score on a single by Caitlyn Dannenfelzer.

Minot starter Kierra Fournier would settle in, keeping the Habaneros scoreless in both the second and third innings, but when Mankato starts building something, they always seem to finish it. The Habaneros scored one in the fourth inning to regain the lead and two more in the fifth from an error and a single, to march in front 4-1.

Minot would again need a late-inning comeback. The rally got started in the sixth inning courtesy of two fielding errors by the Habaneros, plating one Honeybee run. However, the seventh inning would hold nothing in store for Minot, as Hall finished off a complete game win of her own.

Mankato improves to 13-2 on the season following the four-game sweep of Minot, while the now 3-9 Honeybees travel east for Independence Day softball against Madison on Thursday.



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, July 8: 1,842.9 feet above mean sea level (MSL); 21,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Devis Lake elevation: 1,450.07 feet above mean sea level (MSL).

Stump Lake elevation: 1,450.08 MSL.

•N.D. Game & Fish Dept. game wardens: Better walleye activity remains in the midsection more so than the east end of Lake Sakakawea. Devis Lake walleye success remains spotty but look for improving activity with warm, stable weather. No north-central area lake reports.

•Devis Lake, Ed's Bait Shop, Devis Lake: Lots of activity on main Devis Lake but walleye mixed success yet. Look for improving activity as water warms with stable weather.

•Devis Lake, Woodland Resort, Devis Lake: Water temperatures remain cool so try to locate warm water in about 20 feet using slip bobbers. Try working shallower in about 12 feet trolling spinners and bottom bouncers with nightcrawlers or leeches with warming weather.

•Lake Darling, Karma C-Store, Ruthville: Continued activity on Lake Darling and the Grano area. Lots of Devis Lake walleye activity.

•Lake Metigoshe, Four Seasons, Bottineau: Lots of recreational activity with most anglers fishing early morning or evening. Continued bluegill success in the shallows.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Lake Sakakawea starting to produce a few walleye on the east end with inconsistent success. Try a variety of depths from 13 to 30 feet to locate warm water with more fish coming in deeper water around 7 Sisters, east end humps, and Mallard Island. Better success remains farther west yet.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: East end of Lake Sakakawea still generally slow for walleye. Try the south side of Mallard Island in 20 to 25 feet or Douglas Bay. Decent walleye bite along the weed lines on Lake Audubon in 15 to 25 feet using slow death hooks with nightcrawlers or spinners and leeches or nightcrawlers. Nice smallmouth bass bite continues.

•Lake Sakakawea, Indian Hills Resort, Garrison: Walleye activity slowly starting to improve. Try 21 to 28 feet.

•Lake Sakakawea, New Town: Spotty walleye activity in the Van Hook Arm with fish moving around and not in any one area for any length of time. Look for improving success with stable weather.

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at ([facebook.com/woodlandresortDL](https://www.facebook.com/woodlandresortDL)), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Registration open for Youth Day Camps, Lake Metigoshe State Park, (<https://bit.ly/lmpshowdix>) for camps Furry Friends, July 31; Mystery to Solve, Aug. 1; and Outdoor Explorers, Aug. 8.
- Upper Souris Nat'l. Wildlife Refuge Prairie Marsh Scenic Drive auto tour route and 2 Souris River canoe trails are also open.
- Garrison Dam Nat'l. Fish Hatchery downstream of Garrison Dam near Riverdale open for free tours Monday through Friday 9 a.m. to 3:30 p.m. and weekends and holidays from 10 a.m. to 3 p.m.
- July 12: Cardboard Canoe Races. Go to the Minot Parks & Recreation Dept. website, (www.minotparks.com/events), for details.
- July 12 – 14: Classy Christmas with camp site decorating, ugly sweaters, and more. Lewis & Clark State Park east of Williston.
- July 12 & 13: Survival Weekend at the Amphitheater, Lake Metigoshe State Park with Survival Basics July 12, 8 p.m., Shelter Building, 10 a.m., and Orienteering, 7 p.m. on July 13.
- July 17: Build a Bubble, children's bubble making, 5 p.m. Go to the Minot Parks & Recreation Dept. website, (www.minotparks.com/events), for details.
- July 19: Free Movie in the Park, Oak Park, sunset.
- July 19 & 20 Wild About Wildlife Weekend at the Amphitheater, Lake Metigoshe State Park with Animal Adaptions, July 19, 8 p.m., Kayaking Adventures, 10 a.m., and Wildlife Games, 7 p.m. on July 20.
- July 23: Nature Walk, Bison Plant Trail, 5 p.m. Sponsored by the Minot Parks and Recreation Dept.
- July 23: Pollinator Friends Camp, Ester's acres, Glenburn. \$5 per child. Details at (esthersacresnd.com/product/pollinator-friends-camp-for-kids-/206). 3 time slots with activities including nature walk, yoga, scavenger hunt, and pollinator garden planting project.
- July 26 & 27: 19th Annual Halloween in July, Lake Metigoshe State Park. Activities include Halloween Bingo, Trick-or-Treat, Movie, and campsite decorating contest.
- July 27: Bluegrass Goes Pink, all day bluegrass festival beginning with 5K/10K run/walk at 9 a.m. to support Bismarck Cancer Center Foundation, Cross Ranch State Park, Hensler. More information at (www.bismarckcancercenter.com/event/bluegrass-goes-pink).
- July 28: Chalk the Walk. Go to the Minot Parks & Recreation Dept. website, (www.minotparks.com/events), for details.

TOURNAMENTS:

- July 13: Lake Sakakawea, Parshall Bay; Lake Sakakawea, Van Hook Arm; Lake Sakakawea, Beulah Bay; Devis Lake, Creel Bay.
- July 16: Lake Sakakawea, Four Bears.
- July 19 & 20: Lake Sakakawea, Fort Stevenson State Park.
- July 20: Devis Lake, East Bay.
- July 26 & 27: Lake Sakakawea, Beulah Bay.
- July 27: Devis Lake, Creel Bay.

•Lake Sakakawea, Van Hook Bait & Tackle, New Town: Improving walleye activity in the Van Hook Arm. Work shallower in 12 to 15 feet using nightcrawlers.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing small walleye – sort for any keepers. Use caution below the spillway release area with lower water levels. Work the spillway channel and holes from boats with decent shore-fishing for a variety of species along the boat ramp. Lake Sakakawea inconsistent for walleye with weather fronts. Work a variety of depths in 8 to 30 feet and move around using nightcrawlers or leeches. Look for improving success with stable weather and warmer water temperatures. Some salmon success with most taken when walleye fishing.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Upper end of Lake Sakakawea clearing nicely with improving walleye success around Hofflund Island in 12 feet using jigs and leeches or slow death hooks with nightcrawlers. Better fishing still remains around New Town deep in 30 feet and 40 feet using worm harnesses, crankbaits, or jigging Raps. Springbrook Dam improving for walleye. Kota-Ray Dam

continues producing bluegills.

•Lonetree WMA area lakes, Harvey: No new reports.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Not much activity on the Souris River in the Towner-Upham area. Look for a few pike from area pike lakes.

Paddle sports river elevations:

- Little Missouri River, Watford City, Long X Bridge: River stage, 7.5 feet; streamflow, 131 CFS.
- Missouri River, Williston: River stage, 17.97 feet.
- Missouri River Washburn: River stage, 10.23 feet.
- Pembina River, Walthalla: River stage, 3.76 feet; streamflow, 758 CFS.
- Souris River, Foxholm: River stage, 5.83 feet; streamflow, 27.8 CFS.
- Souris River, Minot Broadway Bridge: River stage, 41.66 feet.
- Yellowstone River, Sidney, Mont.: River stage, 5.98 feet; streamflow, 14,700 CFS.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.

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Operation Homefront: Back-to-School Brigade

It is often shared that partnerships drive results! This could be no further than the truth for our upcoming Back-to-School Backpack event in partnership with Operation Homefront on August 9th, 2024! This year, we are delighted to continue our partnerships with agencies at Minot Air Force Base and organizations in Minot! For example, the Minot Magic City Lions will be providing FREE vision screenings for our students.

Registration for the Operation Homefront Back-to-School Brigade at the Minot AFB Youth Center is open. Students receive a backpack and school supplies just in time for the school year. Quantities are limited. Please register through Operation Homefront QR Code. If there are any questions or concerns, please call 701-723-1447.

Note: No federal endorsement intended.

YOUTH IN ACTION



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM




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Family Fun at this Years Høstfest

SABRINA MULRAIN, NORTHERN SENTRY



Høstfest brings thrilling Viking battles, historical cooking demos, and ancient crafts led by experts. The Viking Village offers an immersive journey into the past.



Norsk Høstfest: A celebration where tasty cuisine, rich culture, and vibrant entertainment come together.

Are you looking for something extra fun to do this fall? Well make sure to check out the annual Norsk Høstfest that will be happening from September 25th through the 28th. For those that are new to the area or who haven't heard of this Scandinavian festival yet, you need to go explore it at least once! There is so much planned for those four days, it would be quite a shame for anyone to miss out.

The Norsk Høstfest was founded in 1978 and this year will be the 45th year the festival will be held. Minot's Norsk Høstfest has become the largest Scandinavian festival in North America. The festival is located at the North Dakota State Fairgrounds at the All Seasons Complex. Within the State-fair center are many large halls; to include the Great Hall, the Reykjavik Hall, the Oslo Hall, and the Kids Fun Zone (or Familj Fjord). While each hall offers something fun for the whole family to experience, the Great Hall is where the main stage entertainers perform.

The festival not only features some amazing world-class entertainment but also focuses on sharing the Scandinavian culture and heritage from the five Nordic countries of Demark, Iceland, Finland, Sweden, and Norway.

This year there will be around 120 vendors and exhibitors, including 10-15 Scandinavian food booths with authentic Scandinavian dishes, 20 artisans who will be demonstrating hands on activities like wood turning, pottery and more, and various performers will be present as well. Teresa Loftesnes, the Høstfest volunteer coordinator, offered some tips on what to expect at this year's festival.

Teresa mentioned that "the festival offers so many fun activities for families." She shared that the family kid zone, or Familj Fjord, as well as the Viking Village areas will offer many opportunities to learn more about the Scandinavian culture as well as have various performers, some who even focus on showcasing Norsk traditions. Teresa stated, "we have people with various Scandinavian backgrounds that do presentations at the kids zone. We are hoping to expand the programming this year to give kids even more hands-on activities and learning opportunities about the various Scandinavian cultures." Teresa mentioned, "people in various costumes also add a fun aspect to the festival." The kids zone will also have artists, musicians, story tellers, and dancers, one performer in the line up is Koo Koo Kanga Roo. She also shared that the Viking Village is where guests get to actually watch performances that let you step back in time into the world of Vikings. Viking Village has a black smith, Viking fight presentations, Ax

crafting, and anything you could imagine wanting to experience on your Nordic adventure.

Another way for children to engage in the experience is picking up a kid's passport booklet at the entrance door. Teresa mentioned the kid's passports are extra fun because the kids get to "go about the festival complex to find certain stops and get their books stamped and they can turn those in for a small prize." The entire festival is geared towards giving visitors an enriching and unique experience. Guests get to immerse themselves into a different culture by exploring these different foods, clothes, arts, and traditions for a truly magical experience.

Check out Høstfest.com to purchase tickets and check out more information on the festival as well as the many volunteer opportunities. Military Day is Saturday September 28th and with a valid Military ID you are eligible for a free General Admission ticket that day. Other military discounts for a General Admission or Great Hall ticket may be offered only at the box office.

Teresa also mentioned that there are 50 different areas within the festival that are in need of volunteers. She said, "the military has stepped up for several years and helped with our volunteer needs." If you are interested in volunteering, go to the Høstfest.com site and click on the Get Involved tab.

So what are you waiting for? Check out all the fun waiting for you at this years Høstfest!

NORSK HØSTFEST PHOTOS



Old, young, big, and small, the Norsk Høstfest is a festival for all!

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CROWING AND MORE

Patricia Stockdill

Crowing isn't just for chickens. And broods aren't just for ducks. Say what???

Well, let's consider crowing for starters. Not all state wildlife management agencies in Pheasant Country conduct crowing counts, but North Dakota does.

Yup, every spring since the 1980s the N.D. Game and Fish Department takes to some of the state's rural gravel roads, stops, listens, and counts.

What they're counting is of special interest to hunters, biologists, and wildlife enthusiasts, alike – the number of rooster pheasants they hear doing their best crowing impressions to attract the interest of a lady pheasant.

The procedure is pretty basic but over the years, the long-term data helps establish pheasant population trends – with an emphasis on trends and not actual numbers, that is.

The state is divided into four regions with about 100 total routes driven across what traditionally has been some of North Dakota's best pheasant habitat. Each route covers 20 miles with biologists stopping every two miles for a total of 10 stops per route. They listen intently for two minutes; keeping track of the number of times they hear a rooster pheasant utter his distinctive "crow".

Each route is driven three times between May 1 and June 10, the heart of pheasant breeding season in North Dakota.

While some tweaking has been done over the years on specific routes, overall the same route has been driven for darn near 40 years, which gives biologists a good idea of trends and how the number of crowing roosters correlate to environmental conditions such as weather and habitat.

Once the data is in and numbers crunched the Game and Fish Department diligently reveals its results. This year folks have reason to smile if they like to see and hunt the gaudy ditch chicken: Statewide the number of boisterous boy birds was up 37 percent compared to 2023. The heart of the state's "pheasant country" is northwestern and southwestern North Dakota – basically following the Missouri River System and northwestern corner.

In the southwest, crows increased almost 29 percent; 21.5 percent in the northwest.

Upland biologists weren't too surprised, considering 2023 saw generally good pheasant production and the state enjoyed a mild winter.

Now with chicks hatched and running around transitioning from an early diet of insects to soft, green vegetation as they grow, biologists will be gearing up the brood aspect of their work – summer brood counts.

Beginning in late July and going throughout August, biologists will be taking the same routes they traveled back in the spring during the crowing counts. This time they're not just focused on noisy roosters; they're taking all upland game birds into account and trying to actually get a handle on the number they observe.

Yup, young turkeys, partridge, and grouse – they all count during brood surveys – along with those young pheasants.

Like crowing counts, brood counts help establish long-term trends, as well as provide hunters with somewhat of an idea of what they might – emphasis on might – find when they take to the field this fall.

The counts provide information on what many hunters tend to focus on – what the fall might bring for hunting opportunities.

But when hunters and biologists look deeper into the weeds and take a hard look at trend provided by crowing and brood counts, they get a dose of reality: North Dakota's upland game bird populations are tied directly to two main factors – weather and habitat.

Harsh winters are especially hard on all wildlife.

Summer gully-washing thunderstorms can have a major impact on localized populations.

Drought nails pretty much most wildlife species.

Flooding can be localized or widespread, depending on severity.

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OBITUARY

Robert D. Hudson

October 30, 1941 – July 3, 2024

On July 3rd, 2024, in Bismarck ND, Chief Master Sergeant Robert D. Hudson (Ret) conquered death, finished a 14-year battle with cancer and went home to be with his Lord and Savior Jesus Christ.

Bob was born in Colorado Springs, Colorado in October, 1941. He graduated high school from Prairie Christian Academy in Alberta Canada in 1959. After graduating high school, Bob joined the United States Air Force retiring in 1986. After leaving the Air Force, Bob started college at Minot State University and received his Bachelor's Degree in Addiction Studies and Psychology (Summa Cum Laude) in three years. He received his Master's Degree in Addiction Studies from Nova South Eastern University in 2004.

Bob was married to Cynthia Renee Hudson (Hill) from 1966 until the time of his passing. They had two children, Robert Andrew Hudson of Watertown, South Dakota and Patrick Charles Hudson of San Tan Valley, Arizona. Bob has two beloved Daughters in Law, Amanda Hudson and Dara Hudson respectively. He also has 10 cherished grandchildren and 2 great grandchildren; Renee and her husband Tony, Mariah and her husband Dauntae, who is expecting their first child, Jacob, Avery, Juven, MaKennah, Zachary, Audrey (Otter), Jace, Aleyana and 2 Great Grand Children Anna and Sara.

During Bob's distinguished career in the United States Air Force, he was stationed in England, California, Vietnam, Shemya Air Force Base in the Aleutian Islands Alaska and Minot North Dakota. He was a highly decorated Air Traffic Controller/Human Resource Officer and retired the highest enlisted rank of Chief Master Sergeant. After he retired from the United States Air Force, Bob went to college and became a licensed drug and alcohol addiction counselor. He was employed with the Veterans Administration serving veterans with alcohol and drug dependency. Bob loved his job serving his fellow veterans, retiring in 2008. He truly had the servant's heart of Jesus.

Granddad, as he was known by his family, loved traveling with his wife Cynthia, going on ride a long with his son Patrick (NDHP), road trips with his boys, community outreach with his son Andrew, discussing history, reminiscing with his brothers and Mom, and supporting his family in their endeavors. He loved spending time with his grandchildren, telling stories of his boys and of his own childhood.

He is survived by his beloved wife, sons, grandchildren, great grandchildren, three brothers, one sister and many nephews and nieces. He was preceded in death by his father, mother and a brother.

In celebration of Bob's life, donations can be made to any cancer treatment organization.



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Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.

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Apply in person at: 605 27th St SE, Minot ND 58701
Or contact: Matt Mackey
By email or phone at mmackey@kalixnd.org 701-852-1014

IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.

Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

THE NORTH DAKOTA NATIONAL GUARD

have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

WANTED

UNWANTED CARS, TRUCKS & SCRAP METAL. Call 701.240-7453

IF YOU HAVE A SMALL DOG, REPTILE OR BIRD that you no longer can care for, call me or text me at (701) 822-3455

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SUDOKU SOLUTION

PUZZLE ON PAGE B3

9	6	7	1	2	5	3	8	4
8	1	2	3	4	9	7	5	6
4	3	5	6	7	8	1	9	2
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5	9	8	2	1	6	4	3	7
6	4	1	7	9	3	5	2	8
3	8	6	4	5	1	2	7	9
2	5	4	9	6	7	8	1	3
1	7	9	8	3	2	6	4	5

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UPCOMING EVENT

THE BEST OF MINOT NEIGHBORHOOD VENDOR MARKET!

Saturday, July 13th
10 a.m. to 4 p.m.
At the Neighborhood Center at 243 Sirocco
25+ Vendors, Food, and Lots of Fun!
Come Out and Support Your Community!

RENTALS

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$625 to \$895. Call Matt or Peggy at IPM. 852-1157

HOUSE FOR RENT IN GLENBURN ND.



Rent is \$900.00 a month with \$900.00 deposit. Three bedrooms, two full bathrooms, kitchen/dining area, and office space on the main floor - full finished basement. Attached single garage. Tenant pays utilities. Call Dianne Hensen 701-721-3089

MOVING SALE

MOVING SALE

JULY 11-14



All Sorts of Neat Stuff!
Bedroom Set, 110 Sauna, 3 couches including a hide a bed, Christmas Decorations including 2 trees, pictures & dishes, lots of household goods.

304 Central Avenue East, Berthold

July 11 & 12- 2-6 PM

July 13- 9 AM to 6 PM

July 14- 1 PM to 6 PM

CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base. Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 5 August - 6 October. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

★ Hotel ★ REVEL Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*

Lately, boys, I’ve been thinking about the flood.

Have you also thought about how the Air Force base and National Guard have helped to provide aid and set up flood walls?

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM

Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring your own Instruments

Don’t know how to play anything? Come sing

Hosted at the Base Theater on Saturdays from 12:00 to 6:00!

JOIN OUR DISCORD, FACEBOOK, OR INSTAGRAM

For updates and socialization: <https://discord.com/invite/xQtPFRBr>
Minot AFB Musicians On Facebook
Minotafb_musicians On Instagram

RESTAURANT & ENTERTAINMENT GUIDE

<p>Atypical Brewery & Barrel Works</p> <p>510 Central Ave E, Minot Phone: 701.833.0567 FB: Atypical Brewery & Barrelworks</p>	<p>Applebee’s Grill & Bar</p> <p>2302 15th St SW, Minot Phone: 701.839.2130 www.applebees.com</p>	<p>Badlands Restaurant & Bar</p> <p>1400 31st Ave SW, Minot Phone: 701.852.7335 www.blgrill.com</p>
<p>Bone’s BBQ Smokehouse & Grill</p> <p>1412 2nd Ave SW, Minot Phone: 701.838.9140 www.bonesbbqminot.com</p>	<p>Culver’s Restaurant</p> <p>3000 S Broadway, Minot Phone: 701.852.4800 www.culvers.com</p>	<p>Ironhorse Kitchen + Bar</p> <p>21 E Central Avenue, Minot Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot</p>
<p>Jamaican Vybz Kitchen</p> <p>Suite 200 315 Main Street S Minot Phone: 701-441-9309 FB: Jamaican Vybz Kitchen</p>	<p>Meg-A-Latte</p> <p>2045 N Broadway Suite #100 Minot, ND 58703 Phone: 701-838-8479 www.meg-a-latte.com</p>	<p>Mi Mexico</p> <p>3816 South Broadway Minot Phone: 701.858.0777 www.mimexicomintnd.com</p>
<p>N.D. Asia</p> <p>3400 16th St SW, Minot Phone: 701.852.1240 www.ND-Asia.com</p>	<p>Noodles & Company</p> <p>304 4th Ave NW Minot 701.491.9103 www.noodles.com</p>	<p>Pink’s Bar & Grill</p> <p>102 128th Ave NW Minot Phone: 701.852.2385 FB: PinksBarGrill</p>
<p>The Blue Rider</p> <p>118 1st Avenue SE Minot Phone: 701.852.9050 www.theblueriderbar.com</p>	<p>The Starving Rooster</p> <p>30 1st St. NE, Minot Phone: 701.838.3030 www.starvingrooster.com</p>	<p>Whiskey Nine</p> <p>109 Central Ave, Minot Phone: 701.837.1090 www.whiskeynined.com</p>

BADLANDS RESTAURANT & BAR

WE’LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

2 Winners Every Week!

\$25.00 Gift Certificate From Badlands Restaurant & Bar

No Limit, Enter As Many Times As You Wish!

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.

910th Airlift Wing to Conduct Aerial Mosquito Spraying

MINOT AIR FORCE BASE OFFICE OF PUBLIC AFFAIRS

MINOT AIR FORCE BASE, ND. – Minot Air Force Base has requested assistance from the Youngstown Air Reserve Station 910th Airlift Wing to conduct aerial spraying for mosquito control between July 15-19, 2024, and August 5-9, 2024, for Minot Air Force Base, and the cities of Minot, Williston and Burlington. Due to uncertain weather conditions the exact time and area to be treated cannot be determined in advance.

The 910th Airlift Wing will apply U.S. Environmental Protection Agency registered pesticides. Adult mosquito control will occur between the hours of 9:00 p.m. and 2:00 a.m. The applications will use a modified C-130 Hercules cargo aircraft flying 150 feet above ground level.

The purpose of the aerial mosquito spraying is to protect public health, ease working conditions, and improve the quality of life for members working at Minot AFB and citizens living in

the surrounding area.

This aerial mosquito spraying provides both training to Air Force Reserve Command units and provides key community services through the Innovative Readiness Training program, which is coordinated with and applied for by local cities.

Minot AFB Public Health recommends people and domestic animals remain indoors while the aerial spraying is occurring immediately overhead or upwind from your location and until the mist settles to the ground. These EPA registered pesticides were selected because they pose minimal health hazards to humans and domestic animals and minimal risks to plants or painted finishes with aerial application.

Concerned citizens should contact the 5th Civil Engineer Squadron pest management office at (701) 723-2393.



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BADLANDS
RESTAURANT BAR

Upcoming Events

15 JULY **I CAN BIKE MINOT**
8:00 AM - 2:00 PM
Minot Family YMCA
3515 16th St SW, Minot

Join us for iCan Bike in Minot, ND! Anne Carlsen, along with Annie's House and Prairie Grit Adaptive Sports will be hosting iCan Bike in Minot, ND, July 15th-19th! iCan Bike uses adapted bicycles, a specialized instructional program and trained staff to teach individuals with disabilities how to ride a bike. Riders attend a 75-minute session for five consecutive days (M - F) where they are assisted and encouraged by volunteer "spotters." Over the course of the 5-day camp, the adapted bike is adjusted to gradually challenge riders to develop their skills at their own pace. The week is concluded with a touching and inspiring award ceremony! Participant Requirements: -At least 8 years old -Able to walk without an assistive device and sidestep to both sides -Able to attend a 75-minute session each day of the 5-day camp -Under 220 lbs. and have a minimum inseam of 20"



For more information:
Facebook/ Prairie Grit Adaptive Sports/ Events

15 JULY **CRAFT NIGHT**
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

We're hosting a weekly bring-your-own Crafting Night! We invite you to bust out your needlepoint, sketchbook, journal, yarn, or any other hobby you've been itching to get done and come on down!



For more information:
Facebook/ Blue Rider/ Events

17 JULY **TRIVIA NIGHT**
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

Bring your quarters and leave your ego at the door! Come enjoy good times with good people. Live questions - free popcorn - win free drinks! Bring your friends so your team can also go for the coveted; "Not Last Place" award!



For more information:
Facebook/ Blue Rider/ Events

19 JULY **MOVIE IN THE PARK**
9:30 PM
Oak Park Amphitheater
11th to 14th Block of 4th Ave. NW, Minot

Showing Wonka
All movies start at sunset (around 9:30 pm).
*This movie is rated PG so please plan accordingly.



For more information:
Facebook/ Minot Parks/ Events

26 JULY **YOGA IN THE PARK**
7:00 PM
Oak Park Amphitheater
11th to 14th Block of 4th Ave. NW, Minot

Men & women, and boys & girls of all ages and experience levels are welcome!
If available please bring your own yoga mat. *This event is free to attend



For more information:
Facebook/ Minot Parks/ Events

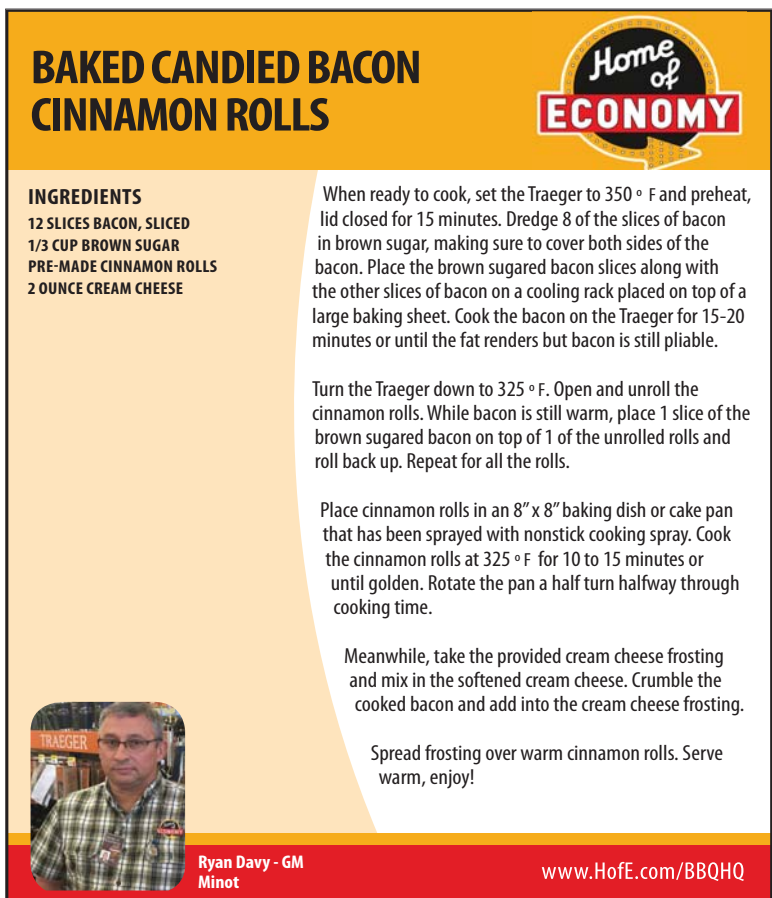
01 AUG **ARTS IN THE CITY: THURSDAYS DOWNTOWN!**
6:00 PM
Downtown Minot

Arts in the City: Thursdays Downtown, presented by Minot Area Council of the Arts, are back on Main Street in Minot for year four! Join us on Main Street every. Join us for our weekly Music and Arts Festival featuring local and regional musicians and artists, artisan vendors, food trucks, bounce houses, axe throwing, face painting, and more! Thursdays Downtown are FREE for the public to attend. The event starts at 6:00 pm each week with local artists and artisans lining Main Street showcasing their work and providing live art demonstrations. Local and regional musicians provide the evening's entertainment on the Hook and Ladder stage, showcasing the area's incredible musical talent! Join us for the fun and check out all of the incredible galleries, shops, and restaurants that make Downtown Minot THE place to be on summer Thursday nights!



Arts in the City: Thursdays Downtown
JUNE 6TH KICKOFF! AUGUST 29TH FINALE!
FREE ENTRY!
FEATURED ARTISTS & PERFORMANCES
16 JUNE KICKOFF SOULSHINE
20 JUNE JARED SCHUMAIER BLUE HOUSE
15 JUNE VANITY PLATE DAKOTAH FAYE
27 JUNE INT'L BRASS QUINTET CITY BAND

For more information:
Facebook/ Minot Area Council of the Arts/ Events



BAKED CANDIED BACON CINNAMON ROLLS

INGREDIENTS
12 SLICES BACON, SLICED
1/3 CUP BROWN SUGAR
PRE-MADE CINNAMON ROLLS
2 OUNCE CREAM CHEESE

When ready to cook, set the Traeger to 350 ° F and preheat, lid closed for 15 minutes. Dredge 8 of the slices of bacon in brown sugar, making sure to cover both sides of the bacon. Place the brown sugared bacon slices along with the other slices of bacon on a cooling rack placed on top of a large baking sheet. Cook the bacon on the Traeger for 15-20 minutes or until the fat renders but bacon is still pliable.

Turn the Traeger down to 325 ° F. Open and unroll the cinnamon rolls. While bacon is still warm, place 1 slice of the brown sugared bacon on top of 1 of the unrolled rolls and roll back up. Repeat for all the rolls.

Place cinnamon rolls in an 8" x 8" baking dish or cake pan that has been sprayed with nonstick cooking spray. Cook the cinnamon rolls at 325 ° F for 10 to 15 minutes or until golden. Rotate the pan a half turn halfway through cooking time.

Meanwhile, take the provided cream cheese frosting and mix in the softened cream cheese. Crumble the cooked bacon and add into the cream cheese frosting.

Spread frosting over warm cinnamon rolls. Serve warm, enjoy!

Ryan Davy - GM
Minot
www.HofE.com/BBQHQ

NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at www.northern Sentry.com/calendar/

HALF PRICE BOTTLES OF WINE

MONDAY NIGHTS

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WHAT'S GOING ON MINOT AFB

FRIDAY 12

- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- Cycle & Core, 1115, McAdoo Fitness Center
- Friday Flicks, 1630, Rockers Bar & Grill
- Missoula Children's Theatre Presents "The Pied Piper", 1700, Youth Center
- Fiesta Friday: Salsa Lessons & Dance Night, 1800-2200, Base Theater

WEDNESDAY 17

- MVP 360 Flag Football Camp, Youth Center
- July Fitness Challenge, McAdoo Fitness Center
- NCO Foundation Course, 0800-1630, Professional Development Center
- TAP (DoL) Overview Workshop, 0800-1600, M&FRC
- Wingman Wednesdays, 0900-2100, Rough Rider Golf Course
- Inspiration in Motion, 1000, Youth Center
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- Yoga, 1700, McAdoo Fitness Center

CAMPING WEEKEND IN MONTANA

OUTDOOR RECREATION
18 JULY - 22 JULY 2024

JOIN OUTDOOR RECREATION FOR A FUN CAMPING TRIP WITH MALMSTROM AFB TENT CAMPING, RIVER FLOAT, ICE CAVE HIKE, CANOE RIDE & MORE! (EXERTION LEVEL HIGH)
PLEASE HAVE HIGH RISK WAIVER SIGNED BEFORE THE TRIP, MUST BE 18+

\$100 FOR SINGLE AIRMEN & DEPLOYED AFFECTED
\$150 OTHER DOD ID CARD HOLDERS
PLEASE REGISTER BY 16 JULY

723-3648

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SATURDAY 13

- MINOT-A-CON, 1100-1700, Minot AFB Library
- Missoula Children's Theatre Presents "The Pied Piper", 1200, Youth Center
- MINOT-A-CON Cosplay Contest, 1600-1700, Minot AFB Library
- Ballpark Nights, 1730, Corbett Field, hosted by Outdoor Recreation

THURSDAY 18

- MVP 360 Flag Football Camp, Youth Center
- July Fitness Challenge, McAdoo Fitness Center
- NCO Foundation Course, 0800-1630, Professional Development Center
- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- Short Notice Pre-Separation Counseling, 0830-1130, M&FRC
- Inspiration in Motion, 1000, Youth Center
- EFMP Family Arts & Sharks, 1000, Arts & Crafts Center, hosted by M&FRC
- Family Bootcamp, 1000, McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- Boards & Brews, 1830, Jimmy Doolittle Center

SUNDAY 14

- Only the Best Come North Scramble, 0900, Rough Rider Golf Course

FAMILY NIGHT

Bomber Bistro
19 July 2024 • 5:00pm - 7:00pm
It's Christmas in July!
Join us for take home ornaments & watch out for the mean one, the green holiday hater.

MSC

FORCE 5THFORCESUPPORT.COM

MONDAY 15

- MVP 360 Flag Football Camp, Youth Center
- July Fitness Challenge, McAdoo Fitness Center
- NCO Foundation Course, 0800-1630, Professional Development Center
- TAP Overview, 0800-1600, M&FRC
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- Writing Club, 1800, Minot AFB Library

FRIDAY 19

- MVP 360 Flag Football Camp, Youth Center
- July Fitness Challenge, McAdoo Fitness Center
- NCO Foundation Course, 0800-1630, Professional Development Center
- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- Cycle & Core, 1115, McAdoo Fitness Center
- Friday Flicks, 1630, Rockers Bar & Grill
- Bistro Family Night, 1700-1900, Bomber Bistro

TUESDAY 16

- Registration Closes: Malmstrom Camping Trip, Outdoor Recreation
- MVP 360 Flag Football Camp, Youth Center
- July Fitness Challenge, McAdoo Fitness Center
- NCO Foundation Course, 0800-1630, Professional Development Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- EFMP Family Storytimes, 1100, Minot AFB Library
- Cycle & Core, 1115, McAdoo Fitness Center

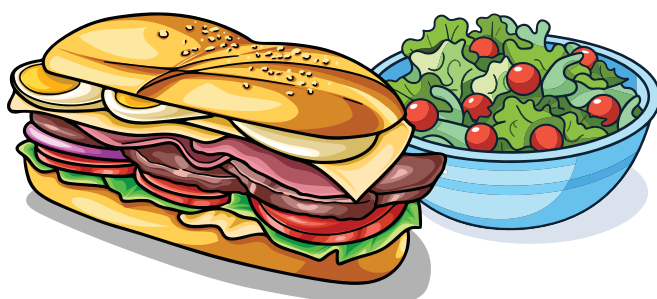
SATURDAY 20

- Deployed Affected Saturday, Rough Rider Golf Course

Fiesta Fridays!

FREE Salsa Lessons & Dance Nights at Rockers Bar & Grill
2024 6pm-10pm
Every 2nd Friday, join us for lessons with Janitch Chappell, no registration needed!
6pm-9pm Beginner Salsa • 9pm - 6pm Intermediate Salsa
9pm - 10pm Open Dance • Dancers must be 18+

FORCE 5THFORCESUPPORT.COM



JULY SPECIALS

The B-Fifty Brew Featured Item
Red Bull Burners
Enjoy a caffeine boost from Red Bull with our featured flavor burners: trawberries & Cream and Blue Raspberry & Coconut with Lemonade!

Bomber Bistro Featured Item
Red, White & Blue Salad
Spring mix, strawberries, blueberries, and feta cheese with raspberry vinaigrette.

Rockers Bar & Grill Featured Item
Philly Cheesesteak
Thinly sliced sirloin steak with grilled peppers and onions, special sauce, and topped with melted provolone cheese inside a toasted hoagie bun served with fries and a drink.



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