


northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 62 • ISSUE 24 | MINOT AIR FORCE BASE | FRIDAY, JUNE 14, 2024

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5TH CES EOD HOSTS HYDRA FURY

U.S. Air Force Senior Airman Nikita Dosphehoff, 5th Civil Engineer Squadron Explosive Ordnance Disposal (EOD) technician, assesses a simulated threat using a radiation detector during Hydra Fury 24 at Minot Air Force Base, North Dakota, June 5, 2024. Hydra Fury 24 consisted of three scenarios that tested different aspects of the EOD mission.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS TRUST TATE

FLAG DAY ★ JUNE 14TH ★ 11AM - 1PM

VETERANS APPRECIATION EVENT

COMPLIMENTARY LUNCH & FORMAL PROGRAM ★ **RYAN BUICK | GMC**



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First Responders come to Minot AFB for Hydra Fury 24

AIRMAN 1ST CLASS TRUST TATE,
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- The 5th Civil Engineer Squadron's Explosive Ordnance Disposal flight hosted Hydra Fury 24 at Minot AFB, June 4-6. The joint training exercise was attended by representatives from Air Force EOD flights, Naval School EOD, Federal Bureau of Investigation, Defense Threat Reduction Agency, Nuclear Emergency Support Team and the Department of Energy, and was intended to test the agencies' ability to work together and effectively respond to a variety of incidents.

"This is an opportunity to proactively revolutionize tip-of-the-spear functionalities between Minot and our integrity partners," said U.S. Air Force Senior Master Sgt. Andrew Krueger, 5th CES EOD flight superintendent.

The exercise consisted of accident and incident protocols that required collaboration amongst the different agencies, reach-backs to headquarters and national-level teams, crime scene preservation, evidence collection and consequence-management protocols. The synergy between these agencies ensure the mission set is upheld, protecting the nation.

Each agency briefed their individual roles in keeping the nation and its interests protected. A technical exchange was set up as a way for each agency to hear more about, ask questions, and see the latest in EOD technology. The FBI also conducted a Radiological Dispersal Device Containment demonstration. Hydra Fury 24 consisted of three scenarios that tested different aspects of the EOD mission. Improvised Explosive Devices were used to simulate potential threats against first responders.

Teams were sent to the scenario sites with equipment to safely measure radiation, scan the contents of suspicious objects, and perform diagnostics.

"The first scenario was the EOD response to an attack on a weapons movement, the second scenario was an IED found in a silo, and the third scenario was an IED found in a weapons maintenance bay," said U.S. Army Lt. Col. Clay Kirkpatrick, exercise planner for Defense Threat Reduction Agency. "The three scenarios collectively were crafted to enable each participant and organization to better understand their respective roles and authorities in a response."

Hydra Fury 24 was unique compared to other training exercises based on the full spectrum of interagency players relevant to the mission space. The exercise enabled each organization's representatives to garner a better understanding of how the other agencies operate when responding to various incidents.



U.S. Air Force Senior Airmen Nikita Dosphehoff and Libio Rodriguez, 5th Civil Engineer Squadron Explosive Ordnance Disposal technicians, work together to measure and scan a simulated threat during Hydra Fury 24 at Minot Air Force Base, North Dakota, June 4, 2024. Hydra Fury 24 tested the Airmen's ability to work together and effectively respond to a variety of incidents.



Dan Glavach, Denver Federal Bureau of Investigation bomb program senior team leader, delivers a brief on gel blocks and their effectiveness during Hydra Fury 24 at Minot Air Force Base, North Dakota, June 4, 2024. The dense gel is used to counter a radiological device.



Team Minot Airmen from the 5th Civil Engineer Squadron Explosive Ordnance Disposal flight assemble gel blocks during Hydra Fury 24 at Minot Air Force Base, North Dakota, June 4, 2024. The Airmen used water to create the gel blocks and foam walls to stack them. The dense gel is used to counter a radiological device.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS TRUST TATE

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MIDSUMMER FESTIVAL

FRIDAY JUNE 21 (3-10PM)
 3:00 PM - 7:00 PM: Todd Hanson Antiques Exhibit, Gol Stav
 4:00 PM - 7:00 PM: Heritage House, Sigdal House and Gol Stav OPEN
 4:30 PM - 6:30 PM: Euphoria Band, Stage
 5:00 PM - 10:00 PM: Pink's Bar & Grill Catering Services
 5:00 PM - 10:00 PM: Blue Rider Beer Garden
 5:00 PM - 9:00 PM: Root Beer Floats, Sons of Norway - by the Visitor's Center
 6:00 PM - 10:00 PM: Abba Hour and Oldies Rock with Lois Zahn, Stage
 6:30 PM: Quilts of Valor
 7:00 PM: Flag Ceremony with Minot City Band and MAFB Honor Guard
 8:30 PM: Bonfire (Weather Permitting)

SATURDAY JUNE 22 (10AM-10PM)
 9:00 AM - 12:00 PM: Swedish Fika and Seven Bites, Nordic Pavilion
 9:00 AM - 10:00 AM: Fika Coffee Shop, Peterson MD Courtyard
 9:00 AM - 4:00 PM: Daughters of Norway Baked Goods, Nordic Pavilion
 9:00 AM - 5:00 PM: Todd Hanson Antique Exhibit, Gol Stav
 10:00 AM - 5:00 PM: Viking Market
 10:00 AM - 12:00 PM: Jerry Schlag, Live Accordion Music, Nordic Pavilion
 10:00 AM - 10:50 AM: Melissa Gjelstad Norwegian Literature, Sons of Norway Room
 11:00 AM: Dedication of John Sinn Community Service Award
 11:00 AM: Rededication of Sondre Norheim Eternal Flame
 11:00 AM: Dedication of Bob Whetter Picnic Shelter
 12:00 PM - 7:00 PM: Pink's Bar & Grill Catering Services
 12:00 PM - 10:00 PM: Lois Zahn, Stage (Norwegian Singer & Fiddler, Stage)
 12:00 PM - 10:00 PM: Swedish Midsummer Pole Dancing
 2:00 PM - 10:00 PM: Blue Rider Beer Garden
 2:00 PM - 10:00 PM: Sons of Norway Root Beer Floats
 12:00 PM - 7:00 PM SHA'S Scandinavian Delights (Lingonberry/Lime Soda, Lingonberry/Lime Tea, Almond Cakes)
 12:00 PM - 5:00 PM: Finnish Sauna
 12:00 PM - 3:00 PM: Children's Viking Quest
 1:00 PM - 4:00 PM: Up Your Axe
 1:00 PM - 4:00 PM: Green Screen Scandinavian Pictures, MPL Visitor's Center
 1:30 PM and 2:30 PM: Children's Story Time, Heritage House Outside
 1:00 PM - 3:00 PM: Viking Games
 3:00 PM - 4:00 PM: Viking Cosplay Judging, Stage
 5:00 PM - 6:45 PM: Replacements, Stage
 7:00 PM: First Annual AFLAC Surströmming Eating Contest, Stage
 7:30 PM: Dakotah Faye, Stage
 8:00 PM: Lighted Hula Hoop Dancer
 8:30 PM: Bonfire (Weather Permitting)

SUNDAY JUNE 23 (11AM-12:30PM)
 11:30 AM: Sunday Gol Stave Service, First Lutheran Church with Ellery Dykeman (Non-Denominational)

JUNE 21st-23rd

SCANDINAVIAN HERITAGE ASSOCIATION

MINOT 1020 S Broadway NORTH DAKOTA

EVENT times and locations are subject to changes within the park

FREE Event

PARK AT Jim Hill School or T & C Shopping Center

BRING a chair

COME AND JOIN US AT THE SCANDINAVIAN HERITAGE PARK!

The New Vulture in Command

Lt. Col. Derek Arnholtz Takes Over

ROD WILSON, NORTHERN SENTRY

It was the Arnholtz family's choice to come back to Minot Air Force Base for a second time. For Lieutenant Colonel Derek Arnholtz and family, the city and base had been a special experience for them, an experience that he was sure would repeat itself the second trip back to Minot. "I was here from 2013 to 2016, and I was a weapons officer in the 742nd, and then moved over to the wing (91st Missile Wing) level for then Col. Lutton" according to Lt. Col. Anholtz.

Having been familiar with the community, when the commander assignments were released "we said that we loved it here our last time and that if we are going to be able to go back (to Minot) and have an opportunity to command, let's go back to Minot" continues Arnholtz.

Taking over command of the 740th Vulgar Vultures is a phenomenal responsibility "for our crew members to accept responsibility of the weapons system, and even more so in my position to not only accept responsibility for the weapons system, but to be responsible for

the individuals who do the mission every day; it's amazing" according to Arnholtz.

For Arnholtz, it was always his goal to be able to command a squadron, and now that he is that position he considers himself extremely fortunate. He also considers himself extremely fortunate to bring his family to Minot. "My wife, Jen, is an RN over at the Med Group. I have two boys, Ethan who is 12 and Wesley who is nine. Wesley was actually born here (in Minot) when we were here last time" says Arnholtz.

For wife Jen, it was an opportunity to move back into basically the same job that she was doing before they left last time "different responsibility, but doing the same thing, so she was excited about that opportunity. The kids are actively involved in the community, especially with the soccer program downtown, so they are definitely enjoying it."

For Lt. Col. Arnholtz, the administrative side of being in command was something that "I definitely did not see that. But from day one it has been absolutely wonderful how squadron members come into my office and start asking questions, and they give me their ideas on how to meet the goals of the squadron going forward."

As with the other two missile squadrons, there are between 80 and 90 Airmen assigned to the 740th. "We get a complete cross section of the Air Force from our facility managers, mid-tier NCO's, some of them on the verge of becoming a senior NCO, as well as those who are Lieutenants coming

straight out of their commission source whether it be with the Air Force Academy or other sources, so we really have a broad-brush stroke of the Air Force" says Arnholtz.

Command of the 740th is not so much a challenge to Lt. Col. Arnholtz "but more of a learning curve. As I look back at my time as a Lieutenant and how I interacted with the squadron leadership, versus how it is now. There's so much more with social media and electronic methods of communication. It's definitely been more of a learning curve to learn where the younger generation of missileers are at personally. That is one of the bigger challenges I can see."

During his last assignment at Minot AFB, Lt. Col. Arnholtz was limited to only pulling alert at five of the sites. So far, in the short time with the 740th, "I've been to three of the five sites right now, and I'm looking forward to getting out to the rest of the sites."

As for the missile sites themselves, there are constantly things that are happening topside. Some of the activities are maintenance to upgrade the facilities topside "there's always usually something happening. I know we are in the middle of remodeling the bathrooms at the missile alert facilities right now, and that's a heavy lift when you go on site and see all of the available parking taken up with contracting vehicles and, heavy machinery, because that impacts the quality of life for our Airmen. We need to do what we can to support them while they are



Lt. Col. Arnholtz



Arnholtz family- Lt. Col. Derek Arnholtz, Wesley, Jen and Ethan.



Vulgar Vultures Flag Proudly Says to "Give 'em The Bird"

doing the mission."

Lt. Col. Arnholtz understands that Minot AFB will be the last facility to receive the new Sentinel weapons system, and that there will be a continuing challenge to maintain the Minuteman III until the Sentinel

takes its' place later in this decade, or into the next. But Arnholtz knows that with the quality of the Airmen assigned to Minot AFB, that although it will certainly be a challenge, the challenge will be met head on.

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A VIEW FROM OUR SIDE

ROD WILSON



It's the middle of June, and next week we will experience the longest day of the year in North Dakota, June 21st. The day is 16 hours and 1 minute long. We call it The Midsummer Celebration, and there will be a celebration at the Scandinavian Heritage Park on June 21st-23rd sponsored by the Scandinavian Heritage Association. For a list of events, check out the Visit Minot web site. The event is 100% FREE and parking is available across the street at Town and Country Shopping center, and at Jim Hill Middle school.

The highlight of the evening is the bonfire which takes place at 8:30 PM (weather permitting) on both Friday and Saturday evening. It's truly a family event you won't want to miss, whether you take in an hour, or an entire day.

TOO GOOD!

You planned to make a trip to the Medora Musical, right. Well, here is notice that on July 14th TRMF is proud to thank America's brave men and women who have served our great nation with a special day. All veterans, active duty military and reservists are invited to attend

SRT Annual Meeting June 20

SRT Communications will hold its annual meeting and director election on Thursday, June 20, 2024, at the North Dakota State Fair Center in Minot.

Registration and voting begin at 5:30 p.m. and officially close at 7:00 p.m. A catered dinner will be served 5:30-7:00 p.m. and live entertainment featuring Little Chicago Funk will begin at 6:00 p.m.

The business meeting, which starts at 7:00 p.m., will include a report to the members, financial updates, and election results.

Candidates for election are the following:

- District 1:
Cheryl Overby from Mohall
 - District 2:
Dennis Erber from Glenburn, Incumbent
 - District 3:
Bruce Degenstein from Voltaire
Faith Fahnstock from Towner/Willow City
 - Shawn Vedaa from Voltaire
 - District 4:
Stacey Diehl from Minot, Incumbent
Deven Mantz from Minot
- Election results will also be posted on srt.com/annualmeeting.

Members are encouraged to bring the postcard they received in the mail to be entered to win prizes.

Not Too Good To Be True

the Medora Musical for FREE. I have attached the flyer sent to us from the Minot Chamber/EDC. Scan the bar code and make reservations, today.

When you arrive in Medora, take a few minutes to walk around this quaint little cowboy town. At 5:15 you will head up the hill to the Pitchfork Steak Fondue. There's a discount for active duty Military personnel, and kids un 12 eat free.

If July 14th doesn't quite work, the Medora Musical goes through Saturday, September 7th, and best news of all, Veterans and Active duty military are 50% off every day with your Military ID. Sound too good to be true? Check out Medora.com for all of the details including tickets, lodging and attractions.

LET ME BE YOUR TOUR GUIDE...

I love sharing North Dakota with folks who may not be from around here. My trip to Medora would begin with a short one-hour trip to the Garrison Dam National Fish Hatchery.

...Garrison Dam National Fish Hatchery provides many exciting visitor opportunities and contributes to local communities. Waterfowl, fish and a variety of birds and mammals can be viewed in their natural surroundings year-around.

Open to the public, the hatchery welcomes visitors for a close-up

view of the fish production process. With over 10,000 visitors annually, the dedicated staff and volunteers at the hatchery are happy to answer any questions while you enjoy a hatchery tour. A visitor center at the hatchery complete with five 400 gallon aquariums will give you the pleasure of viewing the fishes of North Dakota in their environment.

Hours are 8:00 AM to 3:30 PM. Group tours are available year-around with prior reservations for our accessible facility. For reservations call 701-654-7451 and we would be happy to schedule a tour for you. The tour takes about an hour and the admission is free.

From the Garrison Dam we head west on Highway 1804. Soon we can see the stacks of the Great Plains Synfuels plant near Beulah, and to the south the stacks of coal generating plants Coyote 1 & Coyote 2. This is true coal generating country.

Another 75 minutes and we are in the Badlands of North Dakota. Nothing is quite as majestic. There are several scenic pull off areas, well worth stopping and taking in the panoramic view.

Medora is next, with so much to do. Heard the name Bully Pulpit. It's an 18 hole golf course carved into a beautiful badlands setting, an unmatched golf venue. The town of Medora has Manitou Point to Point

Park. Home to mini golf, zipline adventures and a lazy river pool modeled after the Little Missouri, Point to Point Park is a do-it-all destination for family fun.

Looking at your watch, it's time to head up to the famous Medora Pitchfork Fondue and then you finish your night at the Medora Musical.

A couple of other events worth checking out. Teddy Roosevelt on stage at the Teddy Roosevelt Show, and the Medora Gospel Brunch. Join the performers on stage in singing all of your favorite gospel tunes.

Finally, we head back east, and we see signs that commemorate the entrance to the Enchanted Highway. Don't miss this drive, filled with authentic metal structures.

Move a bit too fast for you? Take a few minutes and go to Medora.com for details.

BEST KEPT SECRETS

Joe Weigand plays Teddy Roosevelt in Medora. This year not only in downtown Medora, but on stage at the Medora Musical. Take a few minutes and say "Howdy, from your friends at Minot Air Force Base."

TODAY'S CHUCKLE

Advice is the one thing everybody likes to give but nobody likes to take.

Medora Musical

Veterans & Military Appreciation Day

July 14, 2024

All Veterans, Active Duty Military & Reservists are FREE!

All event details and updates can be found at Medora.com/Veterans

TRMF is proud to thank America's brave men and women who have served our great nation with a special day. All veterans, active duty military and reservists are invited to attend the Medora Musical for FREE

Medora Musical

FREE 5:30pm & 8:30pm

Pitchfork Steak Fondue

Tjaden Terrace 5:15pm-7:30pm

Kids 12 and under eat FREE, discount for Military

Keg Social

Tjaden Terrace 6:00pm-8:00pm

Book tickets by scanning the QR Code below or by calling 1-800-Medora-1

Thanks to the Veterans Day in Medora Endowment. Visit Foundation.Medora.com/Veterans to give.

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UPSIDE DOWN UNDER
MARVIN BAKER

Bismarck to St. Pete...

the beach.

Orlando and Tampa are about 90 miles apart, so if you live in the Minot area and want to spend a week on the beach, you would have to drive either way from Sanford as it's equidistant from Orlando to either coast. Or, worse yet, if you live anywhere in western North Dakota, you'd have to travel.

But let's face it, it's a lot easier driving across the state of North Dakota than it is to drive across the state of Florida on Interstate 4. We drove it in February. Bradenton, just south of St. Pete, was our destination which is a 140-mile drive from Sanford. That can be an ugly trip in Florida traffic.

Allegiant has made it much more convenient to plan vacation and travel in Florida. These \$60 flights from Bismarck to St. Pete aren't going to last forever and summer may not be the best time to be in south Florida because of the heat and humidity.

But, they are available and that's what's important.

Many of us prefer the Gulf Coast so this new flight makes it a lot easier and convenient to travel the west side of Florida.

First of all, there's a lot to see and do in the Tampa Bay metro. The city of Tampa has all the amenities of a much larger city. Two of the three professional sports teams play in Tampa that include the Lightning in hockey and the Buccaneers in football.

There are a lot of Buccaneers fans living in Bismarck and they are over the moon right now that this new flight has been added.

The Tampa Bay Rays are even closer. They play in St. Pete, not 10 miles from the airport.

Arts, dining, shopping, tours, Busch Gardens, Ybor City and the list goes on about things to do in Tampa.

St. Pete is a great vacation destination in and of itself. The St. Pete Pier is an incredible place where you can take a cruise on Tampa Bay. And, as you leave the pier, you see the Skyline Bridge ahead of you and the St. Pete skyline just behind you. There are endless restaurants, pubs and shopping in downtown St. Pete.

But that's just the tip of the iceberg. There's Clearwater, Dundin, Bradenton, Sarasota, St. Pete Beach, Port Charlotte, Fort Myers, Naples and other small towns that all have something to offer on Florida's Gulf Coast.

It's pretty obvious that the time to be in Florida is the winter, so undoubtedly, the cost of tickets will increase when summer ends in North Dakota. And even if you are a snowbird and spend the entire winter in Florida, Allegiant has made it easier for you to get from point A to point B as well.

Up until recently, the Allegiant flights went west to Las Vegas and Phoenix. The company recognized there was also a demand for flights to Florida. Now, you can get direct flights from Grand Forks, Fargo, Bismarck or Minot.

It beats the dickens out of waiting for a connecting flight in Minneapolis, Denver, Salt Lake City or Dallas. Now, you can get to your vacation destination a lot quicker.

It's been just short of a month, but it appears the hype isn't backing down regarding direct flights from Bismarck to St. Pete/Clearwater, Fla.

Since May 15, Allegiant has added this flight twice a week, on Wednesday and Saturday. Numerous people are talking about this and even though it gets hot in the Tampa Bay region during the summer, those flights continue getting booked.

Maybe it's such a "hot" topic because the flights are cheap right now as an introduction. You can get a one-way right now for \$60. That's less than you would pay for a good seat at a Tampa Bay Rays baseball game.

I can remember when people in North Dakota were ecstatic when Allegiant added its Fargo to St. Pete flight. It became more evident when a direct flight from Minot to Sanford/Orlando was added. Now, there is a whole new realm of possibilities opened up with Bismarck to St. Pete.

The other big thing is, despite Disneyworld, there is no beach in Orlando and let's face it, when we go to Florida, we all want to go to

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MILITARY APPRECIATION NIGHT

SATURDAY, JUNE 29TH

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Join us for Military Appreciation Night with the Hot Tots on Saturday, June 29th!

Minot AFB Women's Volleyball Team at 2024 USAV Open National Championship

Our "Lady Bombers" Minot Air Force Base Women's volleyball team makes this year their 3rd consecutive year participating at the USA Volleyball Open National Championship. This year's tournament took place in Columbus, Ohio from May 24 to May 29th. The Lady Bombers participated in the B Category for women's and played against seven teams from all around the USA. They finished second on their first day/round with a record of five sets won and two lost. They were expecting to also take some wins on the second day/round, but lamentably one of the starter players, SSgt Paramo, Justine with 5 MDG injured her knee while jumping on a play during their first set of the day. With SSgt Paramo out of commission, the team had to move three players to different positions, including placing two mainly defensive players to play all around with the offense. This affected the dynamics of the team and allowed the other teams to take advantage of facing Lady Bombers with one less blocker/hitter. However, the Lady Bombers kept fighting with what they had and came close in scoring with some of the team and overall finish



Pictured left to right: A1C Izaguirre, Katarina with 5 MXG; Air Force Spouse, Jones Martines, Odalis with 5 AMXS; A1C Perkins, Olivia with 91 MSFS; SSgt. Paramo Justine with 5 MDG; Civilian, Thiel, Morgan; Civilian Peña-Torres Daniela; Air Force Spouse, Moulrier Nanette with 91 MMXS; Air Force Spouse Yencho, Anna with 91 MSFS.

13th in rank in the whole National Championship. Despite the odds, they finished with good rank and went up in ranking from last year which they ranked 23rd out of 63 teams.



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Ensuring aircraft safety with precision: Non-Destructive Inspection

AIRMAN 1ST CLASS LUIS GOMEZ, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

Working tirelessly 24 hours a day, seven days a week, a dedicated team of Airmen strive to guarantee there are no defects in the 5th Bomb Wing's fleet of B-52H Stratofortress. This team is known as the Non-Destructive Inspection unit, a crucial component of the 5th Maintenance Squadron, where technology meets precision to keep the aircraft flying safely.

Senior Airman Jonathan Macias, 5 MXS NDI journeyman, shared insight into his role and the critical nature of the unit's mission. He said the work is intricate and requires a high degree of attention to detail. He stressed that his job is essential for maintaining the safety and readiness of the aircraft.

"Our job is to find defects and discontinuities in aircraft parts, and relay those findings to the crew chiefs," said Macias. "For instance, we analyze oil samples from jet engines to determine if the engine is healthy or needs an overhaul."

The NDI unit has six different inspection methods including fluorescent penetrant, magnetic particles, x-ray, ultrasound, oil analysis and eddy current. Macias described how the process of x-raying is akin to medical imaging, but on a much larger scale.

"Normally, when you think of taking x-rays, you picture going to the doctor and looking at a set of bones," said Macias. "Here we're doing the same thing but looking at the ribs and spars of an aircraft instead. It's all about finding cracks or defects and ensuring everything

is in top condition."

Each airframe presents unique challenges. Adapting to these challenges is a significant part of the job, noted Macias. He says learning the jet, understanding how it operates, and what makes it tick is key to successful maintenance. The B-52H, which the NDI unit here predominantly works on, poses specific logistical challenges due to its size and complexity.

"This aircraft is not like any other, with eight engines and a lot of extra maintenance, it's a labor of love," said Macias. "The biggest challenge is its sheer size, which requires extensive logistical planning to

perform inspections."

Despite the challenges, Macias finds that producing reliable results that keep aircraft flying is immensely satisfying. Macias compared finding defects to snowflakes; no two cracks are the same and every one is unique.

NDI's ability to detect issues using various inspection methods is key to safeguarding Minot's personnel and equipment. These Airmen, through their meticulous work, ensure the 5th Bomb Wing's aircraft maintain high levels of safety and readiness, contributing significantly to overall mission success.

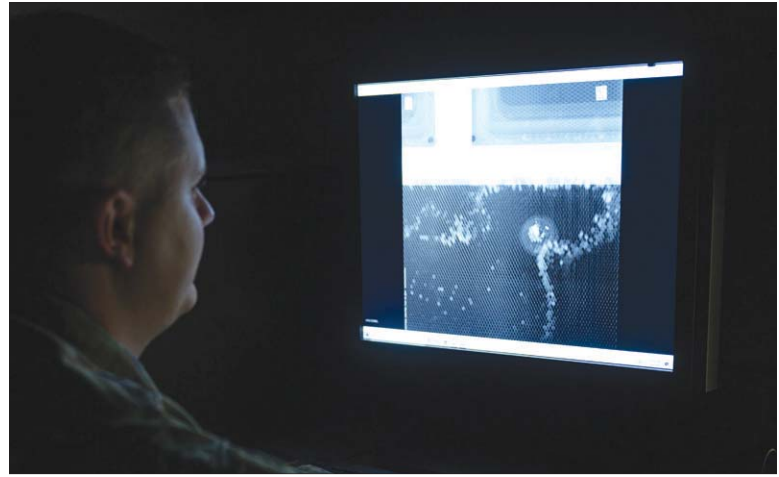


U.S. Air Force Airman 1st Class Omar Murphy, 5th Maintenance Squadron non-destructive inspection (NDI) apprentice, demonstrates an oil analysis at Minot Air Force Base, North Dakota, June 6, 2024. NDI has a variety of inspection methods, to include fluorescent penetrant, magnetic particles, x-ray, ultrasound, oil analysis and eddy current.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS LUIS GOMEZ



U.S. Air Force Senior Airman Jonathan Macias, 5th Maintenance Squadron non-destructive inspection (NDI) journeyman, inspects a MHU-97/E part during a magnetic particle inspection at Minot Air Force Base, North Dakota, June 6, 2024. NDI technicians use various methods to inspect metal objects to ensure they remain properly functional.



U.S. Air Force Senior Airman Jonathan Macias, 5th Maintenance Squadron non-destructive inspection (NDI) journeyman, looks over an x-ray image of an aircraft containing water trapment damage at Minot Air Force Base, North Dakota, June 6, 2024. Water trapment occurs when water seeps into the panels of the aircraft and then freezes, causing the water to expand and crush the core of the panel. This inspection method is used to view damage that wouldn't normally be seen from the exterior.

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HOW LONG CAN YOU GO IN BETWEEN GETTING AN OIL CHANGE?

Keeping up with vehicle maintenance sometimes can feel like a chore, especially when you can't exactly remember the last time you took your car into the auto shop. Periodic maintenance matters in the long run so you can avoid more costly repairs down the road.

An oil change is one of the more basic services your vehicle needs to perform at its best. Oil is specifically designed to lubricate your vehicle's engine. Fresh oil helps prevent your engine from using more energy and fuel than it needs and protects engine parts from wear and tear. We'll walk you through why oil changes matter for your vehicle and how long is too long to wait in between oil change services.

WHAT HAPPENS IF YOU DON'T GET AN OIL CHANGE?

When life gets busy, it may be tempting to put things, like an oil change, on the back burner. Delaying important preventative maintenance could cost you overall. Without good engine oil, you are putting your car's engine in danger. Putting off an oil change for too long can:

Worsen engine performance: Good engine oil keeps all the parts in an engine lubricated, but as it degrades it becomes more difficult for an engine to run at full capacity. As engine oil ages in service, acids accumulate in the oil. Additive performance and protection may also fade and the oil can thicken in viscosity.

Cause costly engine damage: Neglecting an oil change long-term can have disastrous consequences. Old oil can eventually turn into sludge or deposits that can cause serious damage from a smoking engine to complete engine failure.

HOW LONG CAN YOU GO WITHOUT AN OIL CHANGE?

Now that you know how important an oil change is for your vehicle, you may be wondering what's the best way to keep up with maintenance. A lot of this depends on your type of vehicle and how you drive. The best way to stay on top of maintenance intervals is to refer to your vehicle owner manual or the oil life monitor displayed on the driver information center of your dashboard or center console.

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AFRICAN WARTHOG

CREATURE FEATURES

- A Warthog's disproportionately sized head has thick protective pads on both sides that look like warts. Their warts serve as a fat reserve and are used for defense when males fight.
- Their tusks are actually teeth. They use them for fighting, rooting, or digging.
- Warthogs do not have sweat glands. They must wallow in the mud to cool off.
- Lions and leopards are the Warthog's chief enemies. Warthogs protect themselves from predators by fleeing or sliding backwards into a hole, thus being in a position to use their formidable tusks in an attack.

Fact File	
Life Span	7 - 18 years
Weight	100 - 300 pounds
Height to Shoulder	25 - 33 inches
Head and Body Length	3 - 5 feet
Top Speed	34 mph
Wild Diet	Omnivore Carnivore (Herbivore) Grasses, Roots, Tubers, Berries, Bark



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U.S. AIR FORCE RETIREMENT

Military retirement ushers in many mixed emotions of both anticipation and sadness. The servicemembers, who are retiring from Active Duty service out of Minot AFB this summer, all look forward to the opportunity to spend more time with family and to pursue personal interests. But, they are disheartened to leave the strong sense of camaraderie and support from the military community after 20 plus years. It's time for a new step in life. It's time for retirement.

McCarty Retires: Changing Pace After Three Decades

ERIN BEENE, NORTHERN SENTRY

"Retirement means no [duty] phones going off and much more family time" - Mrs. Dawn McCarty.

"It means a change of pace, planting roots after 30 years and living near family in Indiana"- Colonel Anthony McCarty, Commander 91 SFG.

Military retirement is the final career Air Force milestone. The legendary benefits offered can sometimes be what keeps military members going past their initial commitment. It is the end goal, the last box to be checked. However, to the McCartys it means so much more. It means saying goodbye to one family, but getting to spend more time with another.

After 30 years serving in both the enlisted and officer ranks, Col McCarty will step down as an active duty Air Force member. While he won't completely retire from working exactly, his new civilian job will allow him to work remotely, travel a little and still maintain a relationship with the Air Force community. McCarty is excited about his new life outlook.

Midwesterners to the core, the McCartys have been building their dream home in Indiana for the last few years. The modest, but luxurious, home will boast a single story layout with a wood burning fireplace sitting on five acres with a gorgeous lake view. Dawn is looking forward to just hanging out with family and possibly maintaining a garden since she has rarely had the chance while living on base housing.

When asked how they knew it was the right time for the big retirement step, Col McCarty said that it had been a conversation between the two of them for the last few years, but it never felt right until now. They both knew they wanted to see their two children, Nate and Natalie, off to adulthood before making the plunge. Since the McCartys are empty nesters who recently celebrated the marriage of the son Nate to now daughter-in-law, Kaitlin, they knew it was time. Col McCarty stated that being a Group Commander was one of his military career goals, so when he was offered the 91 SFG Group Command position in 2022, both he

and Dawn were excited to accept. They then decided that they would retire after this last position. Since they knew going in that it would be their "last hurrah" with the military, the McCartys have loved Minot and made it count!

"This was the best [last] job I could have had. It is the best place I could be. I had unbelievable and phenomenal team mates. I will miss being around the people here. Minot is the best type of people to be around." - Col McCarty

"[Minot] wasn't as bad as I thought it would be. Once I got used to the cold, it was just cold. The Spouses have become like family and leaving that family is going to be hard." - Dawn McCarty

The couple shared that their most memorable times at Minot were just eating, drinking and laughing with friends and the Airmen and families in the unit. Specifically, they both mentioned the other 91st Missile Wing Group Commanders and their spouses as being extremely close.

"The fellow Colonels are my friends. They really became like family especially when we were all dealing with challenges, we didn't have to do it alone." - Col McCarty.

Dawn explained her bond with some of the spouses by saying,

"It made it so much easier to have a group of spouses nearby. We were really tight. I will always remember our 'Weekly Wine Down Wednesdays'."

During the interviews, both Col and Mrs. McCarty frequently referred to "family", both their biological and their Air Force families, as the absolute most important things in their lives. It was extremely evident how much they both value people, relationships and community.

On Tuesday, June 18, in the Minot AFB Defender Dome, Col Anthony McCarty will host his retirement ceremony surrounded by a huge group of Minot Airmen, all of his family and a massive group of "friend family" that have been huge parts of their lives.

"I just wanted all our family there. It would have meant a lot to my Dad to have been there."- Dawn McCarty

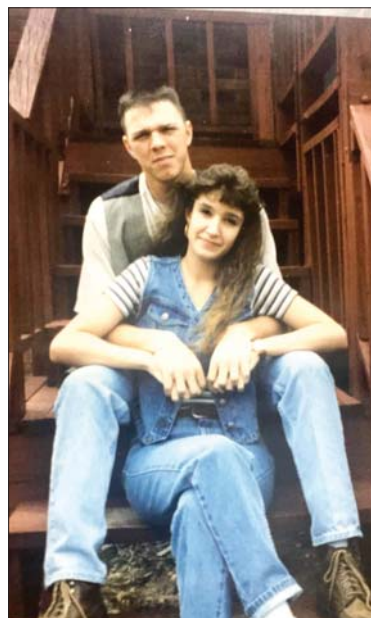
"Dawn and I didn't anticipate



Colonel Anthony S. McCarty
Commander,

91st Security Forces Group coming to Minot, but now I can't think of a better place. We are leaving the Air Force very happy. We are ready to see the next chapter after this magnificent Air Force journey." -Col McCarty

Thank-you to the McCartys for your decades of service to the country. You have touched so many lives and careers. We wish you the best in all your future endeavors!



The couple year ago. Dawn said, "Man look at those young kids! We were just dating and that was my first trip home to meet the family."



This past fall at their son's wedding. Dawn said, "We gained a bonus daughter Kaitlin. It was a great day!"



The McCarty's last Air Force Ball in Minot. Dawn said, "This was such an amazing team to share Group Command with."



Col McCarty and Dawn experiencing the progress of their forever house in Indiana.

RETIREMENT

Ready for the Next Adventure: Chief Broughman Retires

SABRINA MULRAIN

Celebrating Air Force retirement is about appreciating the hard work, career achievements, and challenges that have been overcome. It's also time to focus on what comes next. Chief Master Sergeant Kenneth Broughman, 91st Security Forces Group Senior Enlisted Leader is preparing to hang up his uniform for a final time and make plans for his family's future away from the military. But before moving on to the next chapter, Chief Broughman took a few minutes to reflect on his last assignment.

When asked what challenging situations really stood out while he was stationed at Minot AFB, Chief Broughman stated that the misconceptions of being stationed here seemed to plague those inbound to the base. Many Airmen already had many doubts about this base from all the negative stereotypes associated with Minot. Chief Broughman would like for new Airmen to keep an open mind on all the good things Minot AFB can offer as there is more here than meets the eye.

Chief Broughman mentioned his best memories of being at Minot AFB were in the interactions he had with individuals at work on a more personal basis. He stated, "anytime that we get a chance to help an individual out with an assignment, a career path that they want to do, or a promotion, those were always the best memories to draw back on." Chief Broughman further explained that being able to guide Airmen towards achieving some of the goals they set out to reach and seeing them succeed in those efforts was pivotal to sustaining a great work environment.

When asked what he was looking forward to the most about retirement, Chief Broughman stated he was looking forward to "the stability and being able to reconnect with my kids and some of the things I missed over the years." He mentioned he missed a lot of birthdays and anniversaries due to being deployed or on remote assignments. What is most important to him now is "being present for all the things" and being able to disconnect from work after he clocks out. Broughman clarified that when he oversees a large group of people, there is always something going on or someone who has questions outside of normal work hours. This is a necessary part of the job, but he is looking forward to not needing his second work cell phone and being able to keep work at work instead of being on call 24/7.

Chief Broughman will miss many things about Minot. Specifically, he shared how much he would miss the camaraderie here the most. Since Minot is a smaller town and base, it creates closer relationships between people. Chief Broughman went on to say that he will really miss the people he served with and the close relationships he had built over the years.

The decision to retire after 26 years in the military was a family decision. Chief Broughman, his wife Aurora, and their children Isabelle and Dutch all felt that it was the right time to retire. The family is looking forward to gaining more stability and having more time together as a family. With two and half decades under his belt, the last six years as a Chief and moving almost every year and a half, everyone is ready to find their forever place. Chief Broughman stated, "retiring out of the SFG is a little bit like winning

the Super Bowl and going out on top." He also mentioned that Minot was "a phenomenal assignment, by far the best in [his] career" so he couldn't imagine a more perfect time to retire.

The Broughman family plans to retire near Anchorage, Alaska. His wife Aurora and daughter Isabelle moved up there in advance to get things settled and for Aurora to begin working. She now works as an assistant nurse manager position in the ICU in Anchorage. With the timing of that hospital position opening, and with the family always having had plans to go back to Alaska, it seemed to be the perfect time to set things in motion to retire.

Although the family is excited for the move back to Alaska, there are some mixed emotions on moving back. They know from experience that it's always a little difficult to move and leave behind friends. Chief Broughman's son Dutch is staying until the end of July to finish up his soccer club season before joining the rest of the family in Alaska.

After he retires, Chief Broughman plans to work for a company called Long Building Technologies as their business manager. Broughman plans to draw back from his Air



CMSgt Kenneth Broughman
91st Security Forces Group
Senior Enlisted Leader

Force leadership skills in this position but was ultimately excited to be able to learn new and different skills too.

Chief Broughman concluded with, "Minot's been great, the town is awesome, people are super friendly and so it's the happiest place I could be to close out my career."

Let's congratulate Chief Master Sergeant Broughman on his retirement and wish him and his family the best.



Chief Broughman and Tactical Response Force members.



Chief Broughman, his wife Aurora, and children Dutch and Isabelle.



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2/3 POUND SUGAR SNAP PEAS, ENDS TRIMMED AND SLICED INTO 1/2 INCH PIECES ON THE BIAS
6 2/3 OUNCE CHERRY TOMATOES, RINSED AND HALVED
1 1/3 LEMONS, HALVED
1/3 CUP FRESH PESTO
2/3 LEMON, ZESTED
FRESH BASIL LEAVES, FOR GARNISH

When ready to cook, set Traeger temperature to 500°F and preheat, lid closed for 15 minutes. Place a piece of parchment paper on a large baking sheet or in a roasting pan. Rinse the salmon and pat dry. Brush all sides of the salmon with olive oil, and sprinkle generously with salt and black pepper on all sides. Place the salmon pieces skin-side up on the sheet tray leaving 2 inches between each piece. Place the asparagus, snap peas, and cherry tomatoes in a bowl. Gently mix the vegetables with the remaining tablespoon of olive oil, 1/2 teaspoon salt and a fresh grinding of pepper. Scatter the vegetables evenly onto the sheet pan. Place the sheet pan on the grill. In addition, place the lemons cut-side down directly on the grill grate towards the front of the grill. Close the lid and cook for 5 minutes. After 5 minutes, remove the lemons from the grill and stir the vegetables. Close the lid and cook for 5 more minutes, or until the fish reaches an internal temperature of 140°F and can be flaked with a fork. Remove the sheet pan from the grill. Place the fish and vegetables on a serving platter and drizzle with the pesto. Squeeze the grilled lemon over the top of the fish and vegetables. Sprinkle the lemon zest over the fish and add a few basil leaves for garnish. Serve immediately. Enjoy!



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Time to Toss the Boxes: Col Baum to Retire

ERIN BEENE, NORTHERN SENTRY

“This has been the cherry on top of a wonderful career. It couldn’t get any better.” - Colonel Patrick Baum, Commander, 91 MXG.

Col Baum and his wife Jessie are not only leaving Minot this summer, but also the Air Force. Aspirations for Jessie to be a “domestic diva” and Col Baum “not [being] ready to quit working completely” are just a few of the driving statements that the Baums wise-cracked about when discussing their retirement plans. The couple was jovial and easygoing during the interview which allowed for a good-humored experience. It was evident to note their love for Minot AFB while simultaneously giddy for the future.

After 26 years (and 8 days) in the Air Force and moving every few years, Jessie joked that they could finally throw away all their electronic equipment boxes. Col Baum side-smiled and smirked when he said he wasn’t actually sure he would be able to let them go after all this time. Time will tell if the boxes forever live in their garages.

All joking aside, the empty-nester couple plans to settle in Utah where Col Baum plans to keep his ties to the Air Force community by working as a contractor with ICBMs near Hill AFB. Jessie plans to continue her decades-long passion for volunteering at the base Thrift Shop. They also really look forward to spending time with their parents and being able to help them out. Jessie said, “26 years is a long time not to be around. We want to pay back the support they have given us.”

Jessie and Col Baum have two grown sons. Devon, who works as a traveling electrician, and Cooper, a chemical engineer, have been proud supporters of their parents’

service. Cooper recently married his wife Isabelle and made the Baums grandparents. The Baums have a lot of life to look forward to.

Although it is evident that the couple is very much looking forward to retirement status, they shared some heartfelt memories of their last few years in Minot. Jessie mentioned that her friends here have been the best and that they “kept me from going stir crazy.” She said, “The spouses always stuck up



Colonel Patrick H. Baum
Commander,
91st Maintenance Group

for each other. I will miss being a military spouse.” Jessie specifically mentioned her deep friendship with the other 91 MW Group Command Spouses. She explained how they were always around, and they shared some truly genuine experiences. She explained that they called themselves the “91st Groupies” and the “McSchlaBaums” in reference to the McCarty’s, Schlabach’s and themselves.

Col Baum also had some extraordinary things to say about Minot: “Minot is the best! Everyone

should come here!” He also made it very known that Minot AFB is by far the most top-notch base out of the missile bases. He recollected his preconceptions about Minot as a young lieutenant when he judged the base by what other people said. Over his career he shared that one of the most important things he has learned is how to be humble and admit that he was wrong about that perception and a few others.

Col Baum also had a perceptive take on the Minot AFB commonly used catch phrase, “Only the Best Come North”. He said he thinks it should be that “The North Produces Only the Best.” He described the way this base shapes Airmen and their families into the best, saying, “If people can survive the adversity and climate, it develops resiliency in terms of relationships that people build through shared experience. Minot creates a brotherhood and sisterhood that can forge any fire.”

On June 14th, at 10am, Col Baum will officially end his military service surrounded by Payload Transporters, maintenance vehicles, and all his friends, family and fellow Airmen in the Bully Dome. The ceremony is extra unique because Col Baum’s father, COL Kerry Baum, US Army, Retired, will officiate. COL (Ret) Baum has had the honor of commissioning and promoting his son at every single one of his promotions throughout the years. Col Baum currently wears



Col Patrick Baum, Jessie Baum, Isabelle Baum, Cooper Baum, and Devon Baum at the Gol Stave Church in Minot ND. 2023



Baum Family in Cheyenne Wyoming at Col Baums Capt promotion 2002

his dad’s eagle rank on his uniform and he plans to give it back to his dad as a way to thank him for everything.

As a nod to the lightheartedness of both Jessie and Col Baum, his ceremony will contain a few surprises and a special guest MC and dear friend of the Baums, Col

Holmes. Additionally, the couple’s brother-in-law, Ted Totorica, will welcome the crowd by singing the National Anthem.

Thank-you to Col and Jessie Baum for all the years dedicated to our country. We wish you the best in your retirement life! Minot will miss you.



Baums, McCartys, and Schlabachs at the Air Force Ball Minot 2023.



Ret Col Kerry Baum and Col Patrick Baum at 01 Echo in Vandenberg CA. 2013 at his Lt Col promotion







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RETIREMENT

5 BW Commander Bids Farewell

To the Men and Women of Minot AFB –

It was the privilege of a lifetime to serve as the 5th Bomb Wing Commander the last two years. As Joyce and I prepare for the movers, I've been reflecting on what I will be taking with me and what I will be leaving behind.

I always strive to leave a place a little better than I found it. I'll let you, the readers, judge how well I've accomplished this task.

Regardless, I'm confident that on balance I've acquired much more than I left on the table (true to form for a military move).

Here's my accounting of the things I will be taking with me as I go. To be clear, these are all gifts you have given to my family and I.

1. Extreme pride in impactful mission outcomes – The Warbird Airmen of the 5th Bomb Wing literally spanned the globe in the last two years, assuring allies and deterring adversaries in nearly every geographic combatant command. At home we maintained a rock-solid foundation of nuclear deterrence. All of you make profound contributions to national security daily.

2. Relationships that will last a lifetime – This place is known for having a unique culture. It's

a culture built around genuine friendships, a supportive network at the office, and a sincere desire to go the extra mile to help one another. This culture was here during my first assignment to Minot AFB, and it still exists as I depart.

3. A great big hug from a community that cares – I've watched the citizens of Minot wrap their arms around the Airmen and families on base in a myriad of ways. This community is like no other in the Air Force, and I am departing with a deep sense of gratitude for their commitment to serving us as we serve the nation. In this group too, I've made friendships that will endure well past my tenure.

4. Resilience beyond measure – This place does not cut us any breaks; it's not for the faint of heart. We shared demanding work in a challenging environment. All of us, regardless of rank or position are tested. I refined my toughness toolkit, mostly by watching all of you and taking notes. Only the best come north . . . and they're better when they leave.

5. Warm memories that defy the climate – As with most military assignments the bumps in the road fade with time, and snapshots of the best parts are what remain. My kids made big strides in school,



Colonel Daniel S. Hoadley
Commander,
5th Bomb Wing

and Joyce enjoyed her time teaching at North Plains Elementary and helping out around base. We took cool trips, enjoyed great food, and spent time amongst amazing people. We built a treasure trove of fond memories.

As I approach the point of putting Minot AFB in the rear-view mirror, my heart is full and I will no doubt shed a single tear (or a few) as I go.

Thank You!
Col Dan Hoadley

See next week's Northern Sentry for our last interview with outgoing 5th Bomb Wing Commander, Daniel Hoadley.

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- Green Beans
- Carrots
- Melon (Cantaloupe, Honeydew, Watermelon)
- Apples
- Bananas
- Pumpkin
- Berries (Blueberries, Strawberries, Blackberries, Raspberries)
- Kiwi

- Pineapple
- Mango
- Pears
- Peas
- Eggs
- Celery
- Sweet Potatoes
- Unseasoned, Boneless Meats (Chicken, Turkey, Lamb, Salmon, Beef)

Many of these can be fed fresh, frozen, or cooked and can be used in bones or stuffed toys, as well as for training treats. Cats and dogs can consume many of the same fruits, vegetables and meats, but it's important to do your research before handing out random foods, and the same goes for rodents and reptiles. Many fruits and vegetables need to be unseasoned, peeled and de-seeded before being given to your pet. Don't forget to monitor your pet's reaction afterwards. Keep an eye out for vomiting, diarrhea, itching, or other allergic reactions. If your pet has a sensitive stomach, be sure to ask your vet before handing out new foods. And of course, moderation is key as too much can still lead to health problems.

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Air Force Expands Missile Cancer Study to ICBM Launch Silos

GREG HADLEY, AIR & SPACE FORCES MAGAZINE

Air Force Global Strike Command's sweeping study of cancer cases in the intercontinental ballistic missile community will expand this summer to include environmental samples from the launch facilities themselves, one of several next steps officials detailed during a virtual town hall June 5.

The study, which began in February 2023, has already looked at hundreds of air and swipe samples from launch control centers—the underground bunkers where missileers work in 24-48 hour shifts—and launch control support buildings. Of those hundreds of samples, four were found to have elevated amounts of a possible carcinogen at two launch control centers at Malmstrom Air Force Base, Mont., and a Launch Control Equipment Building at Minot Air Force Base, N.D.

Now, military bioenvironmental experts are preparing to go into the silos that house the ICBMs.

"We're targeting this between July and September," said Brig. Gen. Dave Miller, director of logistics and engineering at Global Strike Command. "We're working again with the program office and [the U.S. Air Force School of Aerospace Medicine], and the Surgeon General's office to build a sample of locations out in the missile fields. As of the current plan right now, we're going to look at two launch facilities in each of the squadrons at each of the wings, assess that data to take a look at, are we targeting all the right areas, before we go out to the rest of the locations to sample."

The goal is to start collecting samples in July and continue through September, officials said during the town hall, which was open to Active-Duty Airmen and members of the public.

The focus of the sampling will likely be on polychlorinated biphenyls (PCBs), the chemical that was found in the control facilities and are "probable human carcinogens" according to the EPA. Officials said they also study samples for "fertilizers, pesticides, volatile organic compounds," and more.

It's not just missileers who have concerns. A Military.com report published last week shared the fears of maintainers who enter the missile

silos to conduct repairs. Security forces, food service workers, and others are also worried.

While they wait for the lab results from the launch facility samples, AFGSC says it will release the findings from its third round of environmental testing in the control facilities at the three active ICBM bases later this summer.

"Our sampling plan across the three rounds was, we're there looking for seasonal variations in use of industrial, occupational, environmental, and local chemicals or potential contaminants that might be in the environment. And some of those do fluctuate with us depending on the season," Col. Tory W. Woodard, commander of the USAF School of Aerospace Medicine, said.

In the few facilities where PCBs were detected above EPA limits, Global Strike officials said they took immediate steps to conduct cleanups. Beyond that, however, Miller said the command is taking steps to deep clean its facilities, standardizing the process across all locations. A finalized contract for that cleaning is coming soon, he added.

In addition to the environmental sampling, the study is also comparing cancer rates among missileers and other ICBM-related jobs to those among the rest of the military and the general population. Preliminary data released in March showed elevated rates of prostate and breast cancer.

However, that data only covered Department of Defense electronic medical records from 2001-2021, capturing those who were diagnosed with cancer through the Military Health System (MHS), including through the Tricare health insurance program. The Air Force anticipates the initial data makes up fewer than 25 percent of the total cancer cases that make be captured during the study.

A second release of data, planned for September and dubbed "Phase 1B" of the epidemiological part of the study, will include more records, including:

Those diagnosed with cancer through the Veterans Affairs health system back to 1991

Those diagnosed through the military system and put in the DOD's cancer registry back to 1986

Those diagnosed through the VA and put in the DOD cancer registry back to 1976

Another batch, "Phase 1C," will follow in the fall and include death records from the National Cancer Institute.

"Our future will include Phase 2, which is where we get a virtual pooled registry where we pull cancer statistics from a pool of data from 45 different states," Woodard said. "What we are learning from that and that will be a little bit delayed, probably into 2025, is that it takes us months and months and months to get that data from those multiple states."

Elsewhere in the town hall, the first opened to members of the public, many former service members who worked with ICBMs were eager to know how the study would capture their experiences, especially given that many installations and facilities are now closed or decommissioned.

"If you had one of the AFSCs that placed you in the missile community from 1976 going forward, those AFSCs are all involved," Woodard said of the epidemiological study. "It's not just those that worked at our current bases, but it's anybody who worked at our previous bases."

Hundreds of participants logged on for the town hall, reflecting the intense interest in the study. For years, the Air Force dismissed concerns among the missile community about connections between their work and cancer. In early 2023, those concerns were raised again as a result of possible increased cases of non-Hodgkin Lymphoma, a blood cancer, at Malmstrom Air Force Base.

AFGSC commander Gen. Thomas A. Bussiere has pledged to take an expansive approach with the study and reiterated to town hall participants that he does not intend to sweep the issue under the rug.

"I will tell you that it's personal to all my commanders in the field, it's personal to my deputy commander sitting to my right, and it's personal to me," Bussiere said. "Because we all have experience over our lifetimes, in our careers with dealing with the various different levels and aspects of cancer both inside the department and outside the department."

"From a personal perspective,



Senior Airman Andrew Parrish, 90th Missile Maintenance Squadron topside technician, prepares the forward section, of a reentry system, for secure transportation, Feb. 2, 2018, in the F. E. Warren Air Force Base missile complex. 90th MMXS Airmen transport missile components and perform maintenance across a 9,600 square mile tristate area. Missile maintenance teams perform periodic maintenance to maintain the on-alert status for launch facilities, ensuring the success of the nuclear deterrence mission.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS BRAYDON WILLIAMS

Capt. Bussiere dealt with cancer in a different career field in our Air Force. ... I also had many friends and colleagues back in the '90s that had experienced different forms of cancers. And I believe

it's our obligation to completely understand the environment we asked our Airmen to operate in and do what we can to mitigate any risk or exposure."

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BOMBER TASK FORCE 24-3

USAF B-52 Bombers Fly Over Baltics Near Russian Territory

CHRIS GORDON, AIR & SPACE FORCES MAGAZINE

Two B-52 Stratofortresses from a U.S. Air Force bomber task force flew over the Baltics and Eastern Europe on May 28, U.S. Air Forces in Europe said.

The two B-52s are deployed to RAF Fairford, U.K., as part of a four-aircraft bomber task force from Air Force Global Strike Command's 5th Bomb Wing at Minot Air Force Base, N.D. The BUFFs, operating as the 69th Expeditionary Bomb Squadron, took off around 8:30 a.m. for a roughly eight-hour flight.

A spokesperson for U.S. Air Forces in Europe (USAFE) told Air & Space Forces Magazine that the pair of B-52s were escorted by two Spanish F-18 Hornets, two Polish MiG-29s, and five total German Eurofighter Typhoons at

different points in the exercise as the strategic bombers "flew over the Baltic region" during the mission on May 28.

According to publicly available flight tracking data, at one point, the B-52s flew roughly a few dozen kilometers from Russian territory in Kaliningrad, a Russian exclave between Lithuania and Poland, and flew around the territory again on the way back to the U.K. The B-52s circled over Lithuania and also flew through Dutch, German, and Polish airspace.

The bomber task force mission is "a demonstration of NATO allies and partner nations' ability to seamlessly operate together to maintain a stable and prosperous Baltic Sea region," the USAFE spokesperson said. "This sends

a strong message to potential adversaries, deters aggression, enhances stability, and assures Euro-Atlantic publics."

NATO Allied Air Command said on May 24 that the BTF was operating in "a NATO context with one focus on the Baltic region." Another bomber task force made up of B-1s is operating in the Pacific out of Anderson Air Force Base, Guam, but the Air Force has released few details about that deployment so far.

Two B-52s from the BTF flew north over the Baltic Sea to launch the bomber task force on May 24. The Swedish military announced that the bombers practiced striking



German Eurofighter Typhoons from Tactical Air Force Wing 71 from Wittmundhafen Air Base escort a U.S. Air Force B-52H Stratofortress from the 69th Expeditionary Bomb Squadron, May 28, 2024.

LUFTWAFFE COURTESY PHOTO

land-based targets in an exercise with Sweden's Navy.

On May 29, two B-52s flew circles over the North Sea. USAFE

did not immediately provide details of the mission.

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MINOT MAINTAINERS SUPPORT B-52 OPERATIONS IN ENGLAND



U.S. Air Force Staff Sergeant Dawson Holien, assigned to the 5th Aircraft Maintenance Squadron, performs maintenance on a B-52 Stratofortress at Royal Air Force Base Fairford, England June 3, 2024. These Bomber Task Force missions are representative of the U.S.'s extended deterrent commitment to our Allies and partners and enhance regional security.

U.S. Air Force Airman 1st Class Diego Rullan, assigned to the 5th Aircraft Maintenance Squadron performs maintenance at Royal Air Force Base Fairford, England June 3, 2024. The U.S. maintains a strong, credible strategic bomber force that enhances the security and stability of Allies and partners.

German Eurofighter Typhoons from Tactical Air Force Wing 71 from Wittmundhafen Air Base escort a U.S. Air Force B-52H Stratofortress from the 69th Expeditionary Bomb Squadron, May 28, 2024.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JARED BREWER

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AIC Audrey Smith is the Point of Contact for 5BW and 91MW Minotauros Hockey Games. She has personally volunteered for over 23 games and has trained 345 volunteers over 1500 hours to raise \$48,000 towards the military community. Additionally, Audrey has performed over 12 coding operations on the Minuteman III ICBM and has led crane operations replacing \$328,000 in equipment earning her Airman of the 2nd Quarter, 2023.

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A LOOK BACK THIS WEEK IN USAF HISTORY

SECAF SHEILA E. WIDNALL FLIES ON MINOT B-52 BOMBER JUNE 24, 1996



SECAF Dr. Sheila Widnall poses after a trip on her first day in office. (National Archives)

During a global power mission on June 24, 1996, Secretary of the Air Force Dr. Sheila E. Widnall had the opportunity to fly on a B-52 Stratofortress assigned to the 5th Bomb Wing, Minot Air Force Base, N.D. Three of Minot's bombers were involved in the exercise which began at Andrews AFB, Md., and was a joint operation with Canada and the US Navy. The mission took eight hours and included Long Range Anti-Surface Cruise Missile operations in the north Atlantic, live Mark 82 bomb drops at Gagetown Range in Canada, an aerial refueling over western New England, and fighter intercepts. The mission was a successful demonstration of the Air Force B-52 bomber fleet's capabilities. Widnall, who was previously a Professor of Aeronautics and Astronautics at Massachusetts Institute of Technology, became the first female Secretary of the Air Force in 1993. Also accompanying Widnall on the mission was another female figure to make history, Lt. Kelly Flinn. Flinn, a copilot of the 23rd Bomb Squadron at Minot AFB, was the first B-52 combat-qualified woman in the nation's history. Widnall's focus as SECAF was on emphasizing Air Force values, supporting its mission in space, F-22 Fighter funding, and the development of women in the Air Force and other professional fields.

Information courtesy of: media.defense.gov

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Second Minuteman III test in week's time showcases readiness of U.S. ICBM fleet

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For the second time in a week, a joint team of Air Force Global Strike Command Airmen supported by Space Force Guardians launched an unarmed Minuteman III intercontinental ballistic missile equipped with one re-entry vehicle June 6 at 1:46 a.m. Pacific Time from Vandenberg Space Force Base, California.

This test launch is part of routine and periodic activities intended to demonstrate that the United States' nuclear deterrent is safe, secure, reliable and effective to deter 21st century threats and reassure our allies. Such tests have occurred over 300 times before, and this test is not the result of current world events.

"The fact that we were able to complete two operational test launches in one week is a testimony to the excellence and professionalism of the Airmen and Guardians who do this mission every day," said Col. Chris Cruise, 377th Test and Evaluation Group Commander. "This morning's launch demonstrates our commitment to deterrence as we serve as the cornerstone of security for our allies and partners across the globe."

The ICBM's reentry vehicle traveled approximately 4,200 miles to the U.S. Army Space and Missile Defense Command's Ronald Reagan Ballistic Missile Defense Test Site on the U.S. Army Garrison-Kwajalein Atoll, Republic of the Marshall Islands. RTS sensors, including high-fidelity metric and signature radars, as well as optical sensors and telemetry, support the research, development, test and evaluation of America's defense and space programs. For these tests, RTS team members collect radar, optical and telemetry data in the terminal phase of flight to evaluate system performance.

The test launch is a culmination of months of preparation that involve multiple government partners.

Airmen from all three missile wings were selected for the task force to support the test launch, and maintainers from the 341st Missile Wing at Malmstrom Air Force Base,

Montana, provided maintenance support. The missile bases within Air Force Global Strike Command have crew members standing alert 24 hours a day, year-round, overseeing the nation's ICBM alert forces.

"Our ICBM force provides 24/7 strategic deterrence and stand ready to respond at a moment's notice as the most responsive leg of the nuclear triad," said Gen. Thomas A. Bussiere, commander, Air Force Global Strike Command. "These test launches demonstrate and confirm our readiness to deliver a safe, secure, effective, and credible, global combat capability."

The ICBM community, including the Department of Defense, the Department of Energy, and U.S.

Strategic Command, uses data collected from test launches for continuing force development evaluation. The ICBM test launch program demonstrates the operational capability of the Minuteman III and ensures the United States' ability to maintain a strong, credible nuclear deterrent as a key element of U.S. national security and the security of U.S. allies and partners.

Air Force Global Strike Command is a major command with headquarters at Barksdale Air Force Base, Louisiana, in the Shreveport-Bossier City community. The command oversees the nation's three intercontinental ballistic missile wings, the Air Force's entire bomber force, to include



An unarmed Minuteman III Intercontinental Ballistic Missile launches during an operational test at 1:46 a.m. Pacific Time 6 June, 2024, at Vandenberg Space Force Base, Calif. ICBM test launches demonstrate that the U.S. ICBM fleet is ready, reliable and effective in leveraging dominance in an era of strategic competition.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS OLGA HOUTSMA

B-52, B-1 and B-2 wings, the Long Range Strike Bomber program, Air Force Nuclear Command, Control and Communications systems, and operational and maintenance support to organizations within the nuclear enterprise. Approximately 33,700 professionals are assigned to two Numbered Air Forces, nine wings, two geographically-

separated squadrons and one detachment in the continental United States and deployed to locations around the globe. AFGSC marks its 15th year anniversary in 2024. More information can be found at: <https://www.afgsc.af.mil/About/Fact-Sheets/Article/454593/air-force-global-strike-command-air-forces-strategic-air/>



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- Contest runs from Memorial Day until Labor Day 2024
- Winner will be announced via email address provided in September 2024

- By submitting your photo in the contest you are giving permission to the Northern Sentry to use your photo for promotional items and for use in our newspaper, online edition and on our social media pages.
- Photos MUST be taken in North Dakota
- Contest is only open to Minot AFB assigned members and their dependents
- * Some restrictions may apply.

NORWEGIAN AMBASSADOR VISITS MINOT AFB

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS TRUST TATE



The Honorable Anniken Krutnes, Norway's Ambassador to the United States, meets with U.S. Air Force Col. Daniel Hoadley, 5th Bomb Wing commander, and U.S. Air Force Col. Jimmy Schlabach, 91st Operations Group commander, during a tour of Minot Air Base, North Dakota, May 31, 2024. Krutnes visited Minot to learn about the base's mission and to strengthen international partnerships.



The Honorable Anniken Krutnes, Norway's Ambassador to the United States, poses for a photo during a tour of a simulated launch facility at Minot Air Force Base, North Dakota, May 31, 2024. During the tour, Krutnes learned about the mechanisms used to maintain and launch the Minuteman III Intercontinental Ballistic Missile.



The Honorable Anniken Krutnes, Norway's Ambassador to the United States, receives a tour of a simulated launch facility at Minot Air Force Base, North Dakota, May 31, 2024. During the tour, Krutnes learned about the mechanisms used to maintain and launch the Minuteman III Intercontinental Ballistic Missile.



Dan Matishek



found yet another \$45 Golden Ticket in the Northern Sentry, Dan is both an avid reader of our paper and a very lucky fellow!

Pick up a copy of the Northern Sentry for your chance to win!



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, June 10: 1,838.7 feet above mean sea level (MSL); 21,800 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.7 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.74 MSL.

- N.D. Game & Fish Dept. game wardens: Best walleye success on Lake Sakakawea remains around the New Town and Van Hook Arm areas in the midsection. Increasing activity on Devils Lake with OK walleye success with better success on northern feeder lakes, including Mike's and Pelican lakes. No reports from north-central area lakes.

- Devils Lake, Ed's Bait Shop, Devils Lake: Improving walleye activity and increasing angler numbers on Devils Lake.

- Devils Lake, Woodland Resort, Devils Lake: Improving walleye success but continue working shallow, warm water. Try slip bobbers with leeches.

- Lake Darling, Karma C-Store, Ruthville: No new reports.

- Lake Metigoshe, Four Seasons, Bottineau: Increasing bluegill activity in shallow water using nightcrawlers. Best walleye success is in the late evening. Continued pike activity.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Fair walleye success on the east end of Lake Sakakawea but best success remains farther west. Try a slow presentation and locate warm water.

- Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Decent walleye activity in Garrison and Douglas bays on the east end of Lake Sakakawea pitching jigs and minnows or plastics in 3 to 12 feet. Also try Lindy rigs in 20 feet. Some pike success from shore yet in Steinke, Centennial, and Garrison bays. Work the weed lines on Lake Audubon in 15 to 20 feet with spinners or slow death hooks and nightcrawlers for walleye. Also try Lindy rigs with bottom bouncers or leeches.

- Lake Sakakawea, Indian Hills Resort, Garrison: Try minnows with some nightcrawler success for walleye in 12 to 20 feet. Also try pitching jigs towards shore. Overall fair and improving success.

- Lake Sakakawea, New Town:

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.



Frontier Military Days.

NORTH DAKOTA PARK & RECREATION

- Upper Souris Nat'l. Wildlife Refuge Prairie Marsh Scenic Drive auto tour route and 2 Souris River canoe trails are also open.

- Garrison Dam Nat'l. Fish Hatchery downstream of Garrison Dam near Riverdale open for free tours Monday through Friday 9 a.m. to 3:30 p.m. and weekends and holidays from 10 a.m. to 3 p.m.

- June 18, and 25: Summer Olympics for children ages 6 to 14, Duane Carlson Stadium, Minot, 6 p.m.

- June 20: Blue Goose Day, Audubon Nat'l. Wildlife Refuge, south shore of Lake Audubon.

- June 22 & 23: Frontier Military Days beginning at noon each day, Fort Stevenson State Park, Garrison.

TOURNAMENTS:

- June 14: Devils Lake, Grahams Island State Park.

- June 15: Lake Sakakawea, Sportsmens Centennial Park; Lake Sakakawea, Fort Stevenson State Park; Lake Sakakawea, Beulah Bay; Devils Lake, 6-Mile Bay.

- June 16: Lake Sakakawea, Fort Stevenson State Park.

- June 21: Devils Lake, Grahams Island State Park.

- June 22: Missouri River, Washburn.

Continued improving walleye success in a mix of depths and variety of presentations working east and west of the Van Hook Arm and throughout much of the Arm itself.

- Lake Sakakawea, Van Hook Bait & Tackle: Fair to good walleye success with some nice-sized fish showing up. Work throughout much of the Van Hook Arm using minnows with anglers slowly starting to switch to minnows. Try Lindy rigs in 20 to 25 feet or pitching jigs in shallow, warm water.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace producing good numbers of small walleye. Move around and work a variety of presentations. Also try the chutes in dark hours. Slower success from shore. Some scattered catfish success, as well. East end of Lake Sakakawea producing some walleye but nothing consistent, in part because of cool water yet and weather fronts. Some nice-sized fish, though. Better success remains farther west. Work the face of the dam and U.S. Highway 83 embankment for salmon. Some walleye success on Lake Audubon, also, but move around with inconsistent success.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: White Earth Bay starting to slowly clear but upper end of Lake Sakakawea generally remains dirty as far down to 4 Bears Bridge. Road to White Earth Bay is now paved. Try a slow jig presentation with the muddy water. Decent walleye success in the Van Hook Arm using

spinners and leeches in 15 feet. Blacktail Dam starting to produce a few bluegill in the shallows with the spawn starting soon. Kota-Ray Dam producing occasional trout with fair bluegill activity. Missouri River remains high but continued catfish success.

- Lonetree WMA area lakes, Harvey: No new reports.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Souris River around the Towner area continues producing scattered walleye and pike activity. Increasing success on lake Metigoshe.

Paddle sports river elevations:

- Little Missouri River, Watford City, Long X Bridge: River stage, 7.54 feet; streamflow, 142 CFS.

- Missouri River, Williston: River stage, 21.4 feet.

- Missouri River Washburn: River stage, 10.15 feet.

- Pembina River, Walhalla: River stage, 2.91 feet; streamflow, 3.96 CFS.

- Souris River, Foxholm: River stage, 5.82 feet; streamflow, 23.7 CFS.

- Souris River, Minot Broadway Bridge: River stage, 41.49 feet.

- Yellowstone River, Sidney, Mont.: River stage, 11.19 feet; streamflow, 39,900 CFS.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

- Report All Poachers: (701) 328-9921.



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CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

A	L	I	T		B	R	A	K	E		B	D	R	M	
P	U	S	H		R	A	B	A	T		Y	O	Y	O	
E	L	I	A		U	N	E	S	C	O	R	T	E	D	
R	U	N	N	I	N	G	A	H	E	A	D				
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A	T	T	A	R		P	A	I	R		E	C	R	U	
W	E	L	C	O	M	I	N	G	A	B	O	A	R	D	
F	R	A	N		O	C	T	O		E	N	D	U	E	
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L	E	T		M	O	A	T		A	T	E				
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T	I	D	E		H	A	D	A	T		H	E	R	E	

SUDOKU

Solution to puzzle on page C9

			1	2		3	4	
		1			5		6	7
7				8			5	
	8	9		3			7	
	6						1	
	1			4		9	2	
	5			7				6
3	7		9			5		
	4	2		6	8			

CROSSWORD PUZZLE

Across

- 1. Book ID
- 5. Grocers stock them
- 9. Sideshow attractions
- 14. Fishing device
- 15. Alice's guest, in song
- 16. "The ___ near"
- 17. Huge name in films
- 18. Writer Hubbard
- 19. Site of a 16th C. council
- 20. Shortly, become a success?
- 23. Bao ___ (former Viet emperor)
- 24. Strike sticking point
- 25. Summer Games org.
- 26. Short New Testament event?
- 33. Maria of the Met
- 35. Kind of moron?
- 36. Murmur romantically
- 37. Bring shame to
- 38. That, in Tijuana
- 39. Severe
- 41. Murray Schisgal play
- 42. St. Martin, e.g.
- 43. Research site, Los ___
- 44. Prepare for an abbreviated attack?
- 48. Clumsy clod
- 49. Chicago-D.C. dir.
- 50. Japanese computer giant
- 53. Abbreviated John Denver hit
- 58. Word with code or colony
- 59. Five-time Wimbledon champ, 1976-80
- 60. Med or rad add-on
- 61. Pernod flavoring
- 62. Deity of Nefertiti
- 63. Carpenter's groove
- 64. Brief but meaningful
- 65. Lays down the lawn
- 66. Choice word

1	2	3	4		5	6	7	8		9	10	11	12	13		
14					15					16						
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53	54									55	56			57		
58										59				60		
61										62				63		
64										65				66		

Down

- 1. Homeric epic
- 2. Diploma word, sometimes
- 3. Slovakia's capital
- 4. Following
- 5. Fragrant ointments
- 6. Southwestern gulch
- 7. Purloin
- 8. Sound unit
- 9. Go on a winning streak
- 10. Add to
- 11. Heaven on earth
- 12. Word with crab or cobra
- 13. Atl. crosser
- 21. First name in talk
- 22. Like Tim Cratchit
- 27. Trains over the st.
- 28. "Hey, long time ___"
- 29. Tic-tac-toe line
- 30. Universal
- 31. Marquand's Mr.
- 32. Sock parts
- 33. Serene
- 34. Border on
- 38. Seasonal aide
- 39. Sci-fi staple
- 40. Cleveland cager, for short
- 42. Up in the air
- 43. Gives out
- 45. What some drivers carry
- 46. "Annie Get Your Gun" heroine
- 47. Closed in on
- 51. "Holy smokes!"
- 52. Actress Sevigny
- 53. Italian painter Guido
- 54. "Put a lid ___!"
- 55. Many Wall St. types
- 56. Baum barker
- 57. Sweep under the rug
- 58. Mushy food

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Children's Church available

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230 Missile Ave
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Daily Monday-Friday 1200

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Hof (Norse Pagan)
1700 on 2nd & 4th Wednesdays

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109 6th St. SE Minot • 838-3094

Saturday, June 15
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Sunday, June 16
10AM, Congregational Prayer Service

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Behind Town & Country Shopping Center

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Sunday Worship Service 10:00 a.m.
Fellowship..... 11:00 a.m.

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www.vincentumc.com



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5900 Highway 83 N, Minot
www.faithumcminot.com

Pastor Ken Mund
701-838-1540

Sunday School (All Ages): 9:45 a.m.
Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.



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& Fellowship 9:00 a.m.
Worship 10:30 a.m.

www.trinitychurchminot.org

Cornerstone Presbyterian Church

1000 NE 3rd Street 852-0315

Sunday Schedule
Contemporary Worship 9:00am
Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule
Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm

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Bible Fellowship Church

Worship Service
10:45am Sundays

Sunday School
9:45am



Grief Share

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701-838-0916 or
biblefellowship@srt.com
www.griefshare.org

1720 4th Ave NW, Minot 838-0916
MinotBibleFellowship.org



Immanuel Baptist Church

1615 2nd St. SE
www.ibcminot.org
701-839-3694

WEDNESDAYS:
11:30 AM SOUP KITCHEN

SUNDAYS:
9:30 AM FELLOWSHIP
10:00 AM WORSHIP

Pastor Brian Keithline



Christ Reformed Church

Worship 11:00 a.m. Sunday
234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
Tuesday 5:15 p.m.
Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com



First Lutheran Church - ELCA

120 5th Ave. NW
852-4853

Sunday Worship
9:30 am

www.firstlutheran.tv
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Pastor Brandy Gerjets • Pastor Ellery Dykeman



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Sunday Services
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11:00 am

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Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Evening..... 7:00 p.m.

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Pastor David Miller



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Southern Baptist Convention

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email: minotrcbc@gmail.com
Gabe McCormick- Pastor

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Meal..... 5:30p.m.
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www.fbcminot.org

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Sunday School (All Ages)..... 9:45 a.m.
Contemporary Worship Service..... 9:50 a.m.
Adult Sunday School 11:00 a.m.
Contemporary Worship Service..... 11:05 a.m.
Children's Church 11:05 a.m.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

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Elaine Carlson, Children's Ministry Director

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Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor



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A Reformed Baptist Church

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James W. Henderson
Anna B. Henderson

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Home: 701-838-5759
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Adult/Children Worship.. 11 a.m.
Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.

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YOUTH IN ACTION

MAFB School Board

School Boards are responsible for the education of local children and address a wide array of issues to include establishing spending priorities, approving budgets, adopting school calendars, approving staffing changes, responding to changes in education law, and advocating for the needs of students, families, teachers and staff. Members work closely with the district superintendent and other administration and serve as public figures to support and respond to the needs of their communities.

For the Minot Air Force Base, School Board District #160 serves in this capacity. School board member duties include, using state and federal funds to ensure that the students on-base continue to receive the best education possible within the laws of the North Dakota Century Code, addressing concerns or questions from district families, and voting on matters that affect schools both on and off the installation. The Minot Air Force Base School Board is a co-terminous school board that works alongside Minot Public Schools, School Board, District #1 with the mission of "Empowering all learners to succeed in a changing world".



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL
LIAISON PROGRAM



Minot Air Force Base, School Board District #160 and Minot Public Schools, School Board, District #1 consist of five board members, each member serves a three-year term. For the Minot Air Force Base, School Board, District #160 there are three position requirements for members. These include 1) Member must reside on the installation 2) Member may be active duty enlisted, a reservist, or a dependent family member. Officers are not eligible to serve as school board members pursuant DoDD 1344.10, Para 4.2.2.4. 3. Members cannot be an employee of Minot Public Schools.

The Minot AFB School Board often has to fill vacancies due to

member resignations related to the military lifestyle. If a member of the board resigns that position is filled to serve out the remaining portion of that term. Currently, the Minot AFB School Board has an open position. Interested parties can contact the School Liaison at joy-nicole.smith.2@us.af.mil for more information and to receive an application.

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Movement of a Quarter of a Million People Joined by Local Participants in Minot

OUT OF THE DARKNESS

Suicide is the 10th leading cause of death in the United States, yet suicide can be prevented. Volunteers from Minot, ND are joining the quarter of a million people who are walking in towns across the United States to draw attention to the fight for suicide prevention. The annual Minot Out of the Darkness Community Walk, hosted by the AFSP ND Chapter— www.afsp.org/minot will be held at 12:00pm, Sunday, September 8th at Oak Park. This walk supports the American Foundation for Suicide Prevention's education and support programs and its bold goal to reduce the annual U.S. rate of suicide 20 percent by the year 2025.

"Suicide touches one in five American families. We hope that by walking we will draw attention to this issue and help other families who have experienced a suicide loss. Our ultimate goal is to save lives and bring hope to those affected by suicide," said Twyla Hofer, Minot Out of the Darkness Community Walk Co-Chair.

The Minot Out of the Darkness

Community Walk is one of more than 550 Out of the Darkness Overnight, Community and Campus Walks being held nationwide this year. The walks are expected to unite more than 300,000 walkers and raise millions for suicide prevention efforts. Last year, these walks raised over \$21 million for suicide prevention. Last year this local walk, raised over \$40,000 and had more than 500 participants.

"These walks are about turning hope into action," said AFSP CEO Robert Gebbia. "The research has shown us how to fight suicide, and if we keep up the fight, the science is only going to get better and our culture will get smarter about mental health. With the efforts of our courageous volunteers, and a real investment from our nation's leaders, we hope to significantly reduce the suicide rate in the United States."

Sponsors, Walkers, and Volunteers for the Minot Out of the Darkness Walk are still needed. Free registration at afsp.org/minot



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Upcoming Events

17 JUNE **CRAFT NIGHT**
 7:00 PM - 10:00 PM
 Blue Rider
 118 1st Avenue SE, Minot

We're hosting a weekly bring-your-own Crafting Night! We invite you to bust out your needlepoint, sketchbook, journal, yarn, or any other hobby you've been itching to get done and come on down! Connect with other crafty people and turn that WIP into a fully fledged work of art!!

From total beginners that may need some help getting started to expert craftsmen - we hope to host you with plenty of refreshments (alcoholic and N/A options available!), popcorn, and good company!! See you there!!

Der Blaue Reiter's **CRAFT NIGHT** EVERY Monday 7-9PM

For more information: Facebook/ Blue Rider/ Events

20 JUNE **ARTS IN THE CITY: THURSDAYS DOWNTOWN!**
 6:00 PM
 Downtown Minot

Arts in the City: Thursdays Downtown, presented by Minot Area Council of the Arts, are back on Main Street in Minot for year four! Join us on Main Street every. Join us for our weekly Music and Arts Festival featuring local and regional musicians and artists, artisan vendors, food trucks, bounce houses, axe throwing, face painting, and more! Thursdays Downtown are FREE for the public to attend. The event starts at 6:00 pm each week with local artists and artisans lining Main Street showcasing their work and providing live art demonstrations. Local and regional musicians provide the evening's entertainment on the Hook and Ladder stage, showcasing the area's incredible musical talent! Join us for the fun and check out all of the incredible galleries, shops, and restaurants that make Downtown Minot THE place to be on summer Thursday nights!

ARTS IN THE CITY
 THURSDAYS DOWNTOWN
 JUNE 6TH KICKOFF! FEATURING SOULSHINE
 LIVE MUSIC 6pm+
 SOULSHINE SOULSHINE SOULSHINE SOULSHINE
 LIVE MUSIC | ARTISAN VENDORS | FOOD TRUCKS | BOUNCE HOUSES | AXE THROWING & MORE!

For more information: Facebook/ Minot Area Council of the Arts/ Events

21-23 JUNE **2024 MIDSUMMER FESTIVAL**
 3:00 PM - 8:00 PM
 Scandinavian Heritage Park
 1020 South Broadway

FREE event with live music, good food, fun activities, local vendors, and so much more – plus the lighting of the bonfire on Friday and Saturday night (weather permitting). Walk inside the Gol Stav Church and the Sigdal House and watch the Viking Games as you're surrounded by Scandinavian traditions like Swedish Maypole Dancing. Local bands and musicians will perform throughout Friday and Saturday alongside fun activities and performers. Kids can participate in their very own Viking Quest as they search around the park for prizes. Experience Scandinavian culture, try out rolling and making your own lefse, sweat it out in the Finnish sauna or, if you're curious, participate in the first annual Surstromming Eating Contest.



For more information: Facebook/ Scandinavian Heritage Park/ Events

24 JUNE **ZUMBA IN THE PARK**
 7:00 PM - 8:00 PM
 Oak Park
 1300 4th Ave NW

Join Minot Parks at Oak Park and enjoy upbeat music and the energetic Latin-inspired dance environment at our Zumba in the Park classes!

This event is free to the public. All ages and experiences are welcome. We will have "Chair Zumba" available at the same time and place for those who need it.

All classes will be at the Oak Park Amphitheater at 7:00 pm.

Upcoming Dates: Monday, July 22nd
 Monday, August 26th
 Monday, September 23rd

ZUMBA IN THE PARK
 7:00 pm @ Oak Park Amphitheater
 May 27, June 24, July 22
 August 26, and September 23rd

For more information: Facebook/ Minot Parks/ Events

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Minot Honeybees Announce 2024 Single Game Tickets on Sale

Minot Honeybees Release 2024 Promo Schedule

MINOT HONEYBEES

The Minot Honeybees are proud to announce that tickets for their first-ever season are now on sale. This exclusive opportunity allows fans to be part of a historic moment in women's sports. Highlights include:

- Historic Opening Day: June 25, celebrate and enjoy an evening of the historic opening night of the Honeybees Softball inaugural season
- Taylor Swift Night: July 11, special halftime show with dueling pianos, plus McDonald's Friends & Family Discount Deal
- Family Game Show Night: July 18, epic night with encore events, plus McDonald's Friends & Family Discount Deal
- Military Appreciation: July 31, the Honeybees become the Bombshells for one night, military-themed entertainment, special discounts, and exclusive offers for our service members

Fans are encouraged to act quickly as only 500 tickets are available for the opening day.

"This is more than just a game; it's the beginning of a new chapter in women's sports," said Monica Hocking, General Manager of the Minot Honeybees. "We are thrilled to offer this unique experience and invite everyone in the Minot community to join us in celebrating this milestone."

Softball, a dynamic and fast-paced sport, combines strategy,

speed, and skill, offering an exhilarating experience for players and spectators alike. The game is played on a smaller diamond than baseball, leading to quicker plays and more action. As a bat-and-ball sport, it not only challenges the athletes but also captivates the audience with its intense matchups and dramatic runs.

The Honeybees' season is filled with engaging theme nights and special events, ensuring that every game is an unforgettable experience.

Fans can purchase their tickets online or at the Corbett Field box office.

Don't miss your chance to support the Minot Honeybees and witness the launch of what promises to be an exciting addition to the sports landscape. For more information and to secure your tickets, visit <https://minot-honeybees.nwltickets.com/>

Other Ticket Information:

- Single game tickets start at \$15, but will increase \$5 the day of the game, so fans are encouraged to purchase tickets in advance

- Tickets can be purchased online at honeybeessoftball.com or at the Honeybees front off

- Group tickets and season tickets are still available

For a complete list of promotions and events, please visit <https://northwoodsleague.com/minot-honeybees/promoschedule24/>



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NORTH DAKOTA'S "OTHER" SEASON

Patricia Stockdill

Yes, North Dakota has four seasons. It's just that residents may know them not as spring, summer, fall, and winter.

Nope, instead these are the state's unofficial four seasons: Too-hot-for-tick season, getting-chillier-for-tick season, too-darn-cold-for-tick season, and TICK SEASON.

It's almost like turning on a light switch when seasons change. One day it's bitter cold and the unending season officially known as winter just won't go away. The next day it seems spring has arrived and the ground is crawling with nasty, dreaded ticks.

Just ask Garnet and Eider, the two resident four-legged Hunting Maniacs, how much they love tick season. Even with the appropriate canine tick protection, the offenders still manage to find the dogs.

Oh, sure, it starts out kind of nice when they notice they are the recipients of an abundance of pets and scratches, especially after any outing.

Until, that is, those loving fingers suddenly latch onto a creature that, in turn, latched onto Garnet or Magnum. Or, if it hadn't already latched on, was exploring the best place to do so. While those fingers snatch the offending wood tick, it seems more often than not they also snatch a bit of dog hair in the process.

Suddenly the Hunting Maniacs determine the abundance of pets, scratches, and massaging fingers aren't all they're cracked up to be. Rather than lie down and soak up the attention, they seek the nearest hiding spot.

It's amazing the places two 40-plus-pound hunting dogs can sequester themselves if there is any hint of a pending "tick check".

Sadly, though, ticks aren't much to laugh about. The Purina Outdoor Wire aptly described the concerns dog owners have when it comes to dealing with ticks: The bottom line is the distribution of tick species, prevalence, and infectious pathogens fluctuate based on weather, rainfall, and climate.

It seems ticks can be here, there, and everywhere. It's not one's imagination, though, because dogs – and people – could be at increasing risk as tick distribution spreads geographically.

People traveling in other regions of the United States with dogs can find different ticks from those in North Dakota. Every state has some type of highly prevalent, tick-borne disease.

Here are some Purina Outdoor Wire tips to follow in helping to deal with ticks and North Dakota's four unofficial tick seasons:

- Learn what ticks are common in North Dakota, as well as what tick species could be in area you're when traveling with your dog.
- Learn what diseases are associated with the ticks in North Dakota and the region a person is going with their dog.
- Be aware that an infected tick transmits the pathogen to the dog it bites. Because many pathogens are also zoonotic, they can also infect people. It's important to protect humans from ticks as well as pets.
- Tick-borne diseases can be transmitted in as little as three to six hours. Always perform a head-to-tail body check on dogs after they've been outside.
- Admittedly, the most common reaction when removing a tick is to want to simply grab it with one's fingers – and likely grabbing dog hair in the process. However, it's better to remove the tick with a tweezers and firmly pull upwards to get its entire body, especially in removing the head and offending incisors biting into the dog.
- Don't twist or squeeze a tick when grabbing it.
- A variety of tick repellents for dogs are available. Use them. And only use one recommended for dogs on dogs.
- The type of tick repellents – oral, topical preventative, or collar – and how it's used varies by exposure risk, safety, and how often they swim or are bathed.

In addition, it doesn't hurt to have one's dog screened annually for an infection by a veterinarian. Even though it's officially Tick Season, don't harbor oneself or one's dogs inside. Getting outdoors is the healthiest thing for humans and dogs alike – just be tick savvy.

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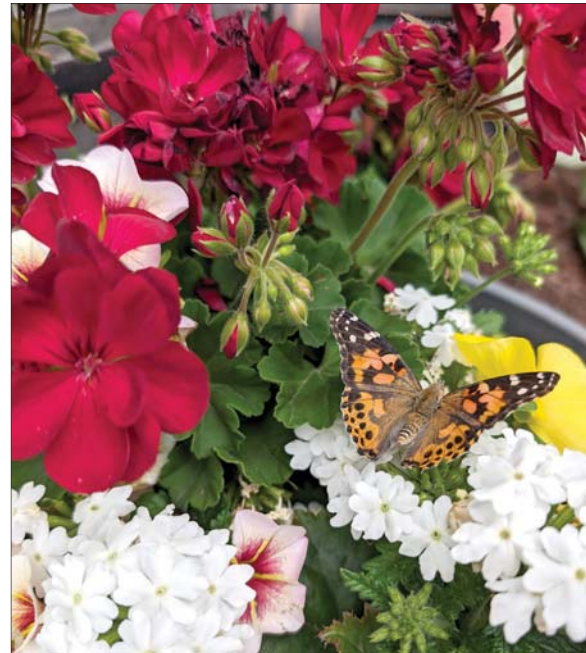
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MJ with a few of his favorite things- sunshine and a good book!

SUBMITTED BY DANA BERGER



My FCC program raised butterflies and released them at the beginning of June to welcome in the start of summer.

SUBMITTED BY TENA HOLMGREN



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SUBMITTED BY KRISTEN COOPER



Rainbow on June 2nd after the rain. Burlington, ND

SUBMITTED BY ASHLEY VANLEY

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MINOT AFB ANNOUNCEMENTS

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MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

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★ Hotel ★
REVEL *Weddings for Warriors*

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

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TIMOTHY TIMM

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

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RESTAURANT & ENTERTAINMENT GUIDE

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<p>Jamaican Vybz Kitchen</p> <p>Suite 200 315 Main Street S Minot Phone: 701-441-9309 FB: Jamaican Vybz Kitchen</p>	<p>Meg-A-Latte</p> <p>2045 N Broadway Suite #100 Minot, ND 58703 Phone: 701-838-8479 www.meg-a-latte.com</p>	<p>Mi Mexico</p> <p>3816 South Broadway Minot Phone: 701.858.0777 www.mimexicomintnd.com</p>
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<p>The Blue Rider</p> <p>118 1st Avenue SE Minot Phone: 701.852.9050 www.theblueriderbar.com</p>	<p>The Starving Rooster</p> <p>30 1st St. NE, Minot Phone: 701.838.3030 www.starvingrooster.com</p>	<p>Whiskey Nine</p> <p>109 Central Ave, Minot Phone: 701.837.1090 www.whiskeynined.com</p>

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AFGSC conducts first-ever Command Chief Change of Responsibility

AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

For the first time, Air Force Global Strike Command held a Change of Responsibility ceremony to mark the transfer of senior enlisted leadership responsibilities to its new Command Chief, Chief Master Sgt. Shawn Aiello, today at Barksdale Air Force Base.

Receiving the command's colors from Chief Master Sgt. Melvina Smith, Aiello became the 8th command chief of AFGSC, which is responsible for two-thirds of the United States' nuclear triad, and the 33,700 total force and civilian strikers who make the mission happen.

Gen. Anthony Cotton, commander, U.S. Strategic Command, spoke about the critical role the Smith played as Global Strike's command chief.

"Chief Smith is the most compassionate leader I've ever come across," said Cotton. "Everybody gets a chance. There were plenty of times when she was my command chief, proved me wrong. That's what you need in a wingman, someone to be able to do that, and I couldn't be more proud to call her a wingman."

AFGSC commander Gen. Thomas Bussiere presided over the ceremony, receiving Chief Aiello's first salute as the new Command Chief.

"Shawn, welcome to the team, my charge to you is going to be simple," said Bussiere. "Get laser-focused on our mission, get laser-

focused on taking care of our Airmen, and get laser-focused on taking care of our families."

The Change of Responsibility ceremony is a traditional event rich in symbolism and heritage within the military. The core of the ceremony is the passing of the command's colors, which symbolize the soul of a military unit and represent not only the lineage and honors of the organization, but also the loyalty and unity of its personnel. The custodian of the colors is the command chief.

The ceremony also culminated 32 years of an illustrious Air Force career for Chief Smith, who served two-and-a-half years as the command's senior enlisted leader.

"To the Strikers, this thanks goes beyond you. It includes your significant others and loved ones," said Smith. "There is no greater honor than to represent you...none. You are the ones who provide the drop-the-mic moments. Your service, your dedication, your pride in all you do...I get to witness that every single day. You are a unique, and significant community who provides strength, and security for our nation. You make a difference because we're at the tip of the spear, thank you."

Chief Aiello's first remarks as Command Chief highlighted the contributions Strikers bring to the global stage.

"Today, the valuable gift of security is upheld worldwide by the dedicated efforts of Air

Force Global Strike Command," said Aiello. "Strikers stand ready to execute long-range strikes, deterring adversaries, assuring allies, and addressing challenges with an unwavering courage, commitment, and character. If our deterrence value fails to persuade our nation's adversaries, we will be ready, and we will win...always ready!"

Chief Aiello arrives to AFGSC from Fifth Air Force, Yokota Air Base, Japan. He entered the Air Force in 1992, where he served in munitions assignments before



Air Force Global Strike Command held the command's first-ever Change of Responsibility ceremony to mark the transfer of senior enlisted leadership responsibilities to its new Command Chief, Chief Master Sgt. Shawn Aiello, May 29, 2024, at Barksdale Air Force Base, La.

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cross-training into intelligence in 2002. As an intelligence practitioner, Chief Aiello served in the Republic of Korea, U.S.

Air Forces Europe, Joint Special Operations Command and Air Force Special Operations Command.

NOTES ON BEING SAFE

WHAT IS LOCK OUT/TAG OUT?

Have you ever been to a job site, or even a local business when you hear someone call out "Hey Joe, be sure to lock and tag out that piece of equipment?" or "You better de-energize that system before you work on it?"

This common practice is known throughout the industrial and non-industrial world as Lockout/Tagout, better known as LOTO. So what is LOTO?

Lockout-Tagout is a safety procedure which is used in industry and research settings to ensure that dangerous machines are properly shut off and not started up again prior to the completion of maintenance or servicing work. It requires that hazardous power sources be "isolated and rendered inoperative" before any repair procedure is started. "Lock and tag" works in conjunction with a lock usually locking the device or the power source with the hasp, and placing it in such a position that no hazardous power sources can be turned on. The procedure requires that a tag be affixed to the locked device indicating that it should not be turned on.

Modern machinery can contain many hazards to workers, from things like electrical, mechanical, pneumatic or hydraulic sources. For example a typical industrial machine may contain things like hot fluids, moving presses, blades, propellers, electrical heaters, conveyor belts with pinch points, moving chains, ultraviolet light, etc. Disconnecting or making safe the equipment involves the removal of all energy sources and is known as isolation. The steps necessary to isolate equipment are often documented in an Isolation Procedure or a Lockout Tagout Procedure. The isolation procedure generally includes the following tasks:

1. Identify the energy source(s)
2. Isolate the energy source(s)
3. Lock and/or Tag the energy source(s)
4. Prove that the equipment isolation is effective

Modern safety manufacturers provide a range of isolation devices specifically designed to fit various switches, valves and effectors. For example most modern circuit-breakers have a provision to have a small padlock attached to prevent their activation. For other devices such as ball or gate valves, plastic pieces which either fit against the pipe and prevent movement, or clam-shell style objects, which

completely surround the valve and prevent its manipulation are used. A common feature of these devices is their bright color, usually red to increase visibility and allow workers to readily see if a device is isolated. Also, the devices are usually of such a design and construction to prevent it being removed with any moderate force. That is to say that an isolation device does not have to stand up to a chainsaw, but if an operator forcibly removes it, it will be immediately visible that it has been tampered with.

With all this information, you are probably asking yourself "How does this program apply to me?" Employees can be seriously or fatally injured if machinery they service or maintain unexpectedly energizes, starts up, or releases stored energy. OSHA's standard on the Control of Hazardous Energy (LOTO), can be located in Title 29 of the Code of Federal Regulations (CFR) Part 1910.147. This regulation spells out the steps all employers must take to prevent accidents associated with hazardous energy. The

standard addresses practices and procedures necessary to disable machinery and prevent the

release of potentially hazardous energy while maintenance or servicing activities are performed. With this being said you may ask yourself "if I unplug a radio or microwave oven after use, do I need LOTO?" No you do not. Exposure to hazardous energy is controlled completely by unplugging the equipment from an electric outlet and where the employee doing the service or maintenance has exclusive control of the plug. This applies only if electricity is the only form of hazardous energy to which employees may be exposed. This exception encompasses many portable hand tools and some cord and plug connected machinery and equipment.

In closing, when dealing with LOTO and you are not sure, do not hesitate to ask for assistance. The shop supervisor, the person doing the actual work, or the Wing Safety office can provide more extensive detail concerning LOTO in your work center.



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WHAT'S GOING ON MINOT AFB.



FRIDAY 14

- Chef K Culinary Camp, Youth Center
- June Fitness Challenge, McAdoo Fitness Center
- Junior Enlisted Foundations Course (Amn PES), 0830-1530, Professional Development Center
- Family Zumba, 0930, McAdoo Fitness Center
- National Cupcake Day, 1030-1330, Dakota Inn Dining Facility
- Airman Golf Clinic, 1400-1600, Rough Rider Golf Course
- Friday Flicks, 1630, Rockers Bar & Grill
- Fiesta Friday: Salsa Lessons & Dance Night, 1800-2200, Base Theater

SATURDAY 15

- Percy Jackson Escape Room Game Begins, Minot AFB Library
- Zumba, 0900, McAdoo Fitness Center

SUNDAY 16

MONDAY 17

- Family Zumba, 0930, Turf hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- First Duty Station Officer Financial Course, 1300-1500, M&FRC
- Writing Club, 1800, Minot AFB Library

WEDNESDAY 19

- Juneteenth
- For a full listing of Juneteenth holiday facility hours, visit 5thforcesupport.com
- Registration Closes: Archery Camp, CYPBMS website at <https://parent.afcyp.com/>
- Wingman Wednesdays, 0900-2100, Rough Rider Golf Course

THURSDAY 20

- AFGSC Family Day
- For a full listing of Juneteenth holiday facility hours, visit 5thforcesupport.com
- Cycle & Strength, 0515, McAdoo Fitness Center
- Family Bootcamp, 1000, McAdoo Fitness Center
- Summer Luau Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Zumba, 1800, McAdoo Fitness Center

TUESDAY 18

- Cycle & Strength, 0515, McAdoo Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Family Bootcamp, 1000, Turf hosted by McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- Sponsorship Training, 1300-1500, M&FRC
- Zumba, 1800, McAdoo Fitness Center

FRIDAY 21

- Sprint Triathlon Build-Up Series, 0800, McAdoo Fitness Center
- Moving Out of the Dorms Budget Class, 0900-1100, M&FRC
- Family Zumba, 0930, McAdoo Fitness Center
- Friday Flicks, 1630, Rockers Bar & Grill
- Bistro Family Night, 1700-1900, Bomber Bistro

SATURDAY 22

- Zumba, 0900, McAdoo Fitness Center
- June-O-Ween, 1600-1800, Turf

JUNE SPECIALS

Bomber Bistro Featured Item
BBQ Pulled Pork Pizza
 BBQ sauce base with smoky pulled pork and red onions.

The B-Fifty Brew Featured Item
Blended Refreshers
 Start your day with a thirst-quenching Blended Refresher! Available in Mango Dragon Fruit, Strawberry Acai, and Pineapple Paradise flavors!

Rockers Bar & Grill Featured Item
Buffalo Chicken Wrap
 Garlic Pesto Wrap with crispy chicken strips smothered in buffalo sauce and house made ranch, plus cheese, lettuce, and tomatoes served with fries and a drink.

BALLPARK NIGHTS

Open to Active Duty only • First 10 get in free!

\$15 entry fee includes seat for the game and a hat!
 Upgrade to an all-you-can-eat buffet for \$10 more

MINOT HOT TOTS & MINOT HONEYBEES GAMES:
 6 June 2024, 6:35 PM • Baseball Night
 29 June 2024, 6:35 PM • Military Appreciation Night
 13 July 2024, 6:35 PM • Dinosaur Night
 31 July 2024, 6:05 PM • Military Appreciation Night
 6 August 2024, 6:35 PM • Margaritaville Night

PICKUP & DROPOFF:
 Parking lot of Dorm 214, next to Burger King
 Minot Hot Tots, depart at 5:30PM
 Minot Honeybees, depart at 5:00PM

Scan the QR Code for sign up details, or visit our website at 5thforcesupport.com/event/ballpark-nights-1

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