

northernentry

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WHATS INSIDE THIS WEEK:



MEMORIAL DAY SALUTE

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AIRMAN OF MINOT: 1ST LT. AARON CHEN

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CHANGES & FRIENDSHIP COMING FOR THE SFG

C1

HIT THE GROUND RUNNING



Wingman. Leader. Warrior. These are the words that U.S. Air Force Captain Michael Thrasher, a director of operations for the 5th Security Forces Squadron, lives by. Thrasher is not only a defender of the homeland, he is also protecting the goalpost. Above, Capt. Thrasher, an Air Force Soccer Club coach sprints with the soccer ball at the Sertoma Sports Complex, Minot, North Dakota, May 10, 2023. Read more on page B1.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS TRUST TATE



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How To Say Goodbye & Good Luck

It's the time of the year that is definitely not one of my favorites. You all call it PCS season, while those of us who have gotten to know and work with those who are headed down the road to a different base and community just refer to June and July as "that time of year".

I am not sure why, but this year it seems we are saying farewell to a lot more group commanders than usual. The relationships we forge with those group commanders is certainly key in getting information about the work they and their colleagues do and the challenges they all face in completing the mission. This spring there was a lot of snow. Photos of trenches dug to gain access to missile complexes made us appreciate the "get it done" attitude. I know I have used this cliché many times in the past. But it's a great description for the task at hand and the approach to overcome obstacles like snow and mud, and more snow and mud.

One of the last days I spent as a Junior Achievement instructor, I was able to ask how many of those first graders would be moving during the summer. It was exactly half. Of course, we know that Minot AFB does not turn over 50% of it's personnel every year, but in the chemistry of a classroom, losing half of your

friends, your table mate or the kids you hang out with on the playground is pretty significant. I wished them all well and joked with some of them who proudly announced they were headed for Hawaii "where it's never cold."

Although I have never lived in Hawaii, or even visited the islands for a vacation, I have to believe there are challenges to overcome there, too. Pretty easy to say that on a day where the temperature is going to reach close to 80 degrees. We'll talk challenges again in January where the temperature in Hawaii and the temperature in North Dakota can be 100 degrees different.

On the flip side of the coin, soon there will be new people arriving at Minot Air Force Base, and we have talked about the opportunity to meet and welcome new people to the base and our community. Even though they may be very experienced in picking up an entire family and moving across the United States, or even across the ocean, it does make a difference when they are welcomed with open arms and given a few pointers on the where's and how's of their new home.

So, bring on PCS season. I hear that getting a rental truck or car transport at the local rental shop is almost impossible.



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**A VIEW FROM
 OUR SIDE**
 ROD WILSON



But I also noticed that when our next door neighbor was moving out of his home and headed for California, he had a lot help loading his furniture and boxes of possessions. And from one of the kids who had to jump out of the way as a bed mattress was being walked up the loading ramp, "Man, you would never get this help when you were moving out of California!" His words, not mine as they say. It's all a part of that North Dakota nice that we hope you all experienced.

BEST KEPT SECRETS

Get out a map and choose a town or city within a couple

of hours drive, and I almost guarantee there will be a city park that will make a great one-day vacation. Some have pools, some have stages with entertainment. Most will list their events on their Facebook Page.

And now...a special announcement. The Minot Shrine Club is organizing a 4th of July parade. It's been a long time since the 4th has been celebrated with a parade. We'll keep you informed as the 4th gets closer.

TODAY'S CHUCKLE

Family reunion: The time when you realize that the family tree is in need of serious pruning.

A Center of Shopping



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The parking lot was full of vehicles. Every available parking space for several blocks in all directions was full too. The crowd was shoulder to shoulder. Parents held tightly to their children. Great excitement in the City of Minot!

Huh? The year was 1962. The occasion was the grand opening of Arrowhead Mall, the first shopping center in all of North Dakota. Although Minot's retail heart remained on Main Street, Arrowhead Mall provided an expanded shopping experience in an entirely new environment. People loved it.

Minot was solidifying its grip as a retail destination for northwest North Dakota. Within two years all eyes in the state focused on Minot once again as the sprawling Town and Country Shopping Center opened its doors. For several years it was billed as the state's largest shopping center, adding to

the city's distinction of having the state's first shopping mall.

There were a number of popular stores in Town and Country, which boasted "air conditioning" and parking for more than 1,000 cars. Sears Roebuck and Company was the main anchor store. Special events were held inside the mall to attract customers. There was even a giant slide, the "Sky Slipper", located for time in a small parking lot behind Town and Country.

In the late 1970s construction got underway on Minot's south edge for yet another shopping center - Dakota Square Mall. It was a huge undertaking with an opening much anticipated by shoppers throughout the Minot trade area. It finally opened in 1980 with major retailers including Sears and J.C. Penny.

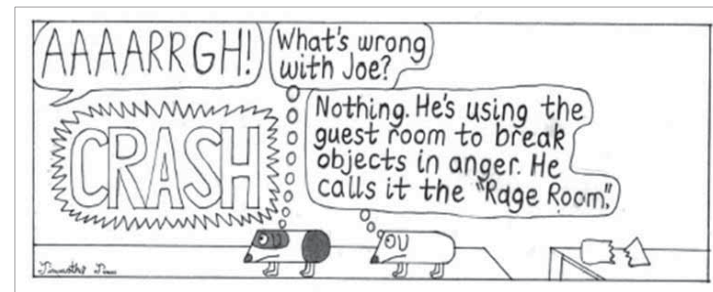
Minot's shopping malls have changed considerably over the years. Retailers come and go, often making room for professional services and the like.

Is there another shopping center in Minot's future? Not likely, at least not in the same form as in the past. Also, Minot has expanded considerably since the opening of Arrowhead Mall and shopping habits have changed along with the conveniences and variety offered by the internet.

Still, there was a time when Minot boasted both the first and largest shopping malls in the entire state.

TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.



TIMOTHY TIMM

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.



UPSIDE DOWN UNDER
MARVIN BAKER

Sadly, two more newspapers are gone...

It was recently announced that two more North Dakota newspapers have closed for an indefinite amount of time. They are the New Town News and Mountrail County Record in Parshall.

That brings the recent number of closures to six in what seems to be a stunning trend. First, it was the Metigoshe Mirror, then the Walhalla Mountaineer, the Dunn County Herald in Killdeer, the Cavalier County Republican in Langdon and now the two Mountrail County newspapers.

Thus far, there hasn't been an official word on why the most recent closures happened. We can assume anything, but we won't know, until we know.

What we do know is New Town city auditor Eileen Zaun told the Bismarck Tribune that she was informed by the city attorney that the papers had closed and she began looking for another newspaper in which to publish legal notices.

You might automatically think that the closures were financial or that social media has gobbled up the news feed. That's not always the case.

Walhalla Mountaineer owner Rodney Huffmann announced roughly a year before the paper closed that if he didn't find a buyer, he would shutter the Pembina County weekly. Nobody came forward so a community of nearly 1,000 lost its local publication. The Cavalier Chronicle absorbed the legal notices for the city of Walhalla.

The Dunn County Herald was part of a group of papers owned

by Country Media that were set for closure. Country Media also owned the Cavalier County Republican, but chose to hang on to that publication, presumably because it was a profitable venture.

In a bold move, Jill Friesz, of the Grant County News in Elgin, purchased several of the Country Media papers in the southwest; New England and Hettinger, but it didn't include the Dunn County Herald. As a result, the Herald closed, and because that was the official Dunn County newspaper, the Dunn County Commission voted to make the nearby Beulah Beacon, in Mercer County, its official county newspaper.

The situation in Langdon was again, different than the others. Publisher Lori Peterson decided to take a job at a Langdon bank. Country Media looked for a replacement and couldn't find anyone so the official Cavalier County newspaper was also shuttered.

In this situation, Langdon radio station KNDK requested the purchase of the name, rather than the newspaper itself, but Country Media wouldn't sell the name.

As a result of that, KNDK started its own newspaper to fill the vacuum. It became known as the Borderland Press and now the Press has become the official Cavalier County newspaper.

For myself, this is stunning to see. I recently retired after spending 31 years in North Dakota and South Dakota journalism. When I received

my degree from the University of North Dakota in 1889, it was near impossible to find a job. I beat the streets, turned over rocks, polished my resume and did some volunteer work until landing a position at my hometown paper the Emmons County Record in Linton.

Lately, however, the situation has completely reversed. Any young, aspiring journalist, could almost pick their position and the community in which they want to work. The Valley City Times-Record, the Devils Lake Journal, the Fargo Forum, the Beulah Beacon, The Kenmare News, the Jamestown Sun, all have had opportunities in recent weeks.

And maybe that's the magic here. Right now, it's pretty easy to get a job in journalism. College grads should take a serious look at this. It could solve a major problem - newspapers fill their positions and a new grad with college debt has a job right out of school. It's a win win.

I told my wife that if I wasn't married and had stakes in Ward County, I would have gone back to Langdon in a heartbeat to operate the Cavalier County Republican. When I started there, I was immediately thrust into a community leadership role and what young journalist wouldn't want that.

For now, we wait until there's an official reason for the closure of New Town and Parshall. The Fort Berthold Reservation has the MHA Times, the tribal newspaper,

but doesn't always cover the something positive changes in both community at large. So let's hope communities.



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More Than A 3-Day Weekend Memorial Day Memories

ROD WILSON, NORTHERN SENTRY

The flower petals fall gracefully to the river below. The Souris river is running faster than usual this spring, but still the vibrant rose petals begin their trip down the river. It's my first Memorial day in Minot and all I have is a sheet of paper from my news director with an address and very cryptic notes about there being a Memorial Day ceremony. I was standing next to a lady who had a very distant gaze. No emotion at first, and then the tears began to flow slowly down her cheek. "My brother, he lost his life at sea." I was honored that she felt safe enough relating the story of how her brother had gone to war, with the U.S. Navy, right after Pearl Harbor.

She told me "The rose petals are dropped from the 6th Street bridge, now called the Memorial Bridge, in honor of those who lost their life at sea. By luck, I shouldered my camera in time to turn and catch a young man playing taps. The notes rang through the valley, and soon I found myself also tearing up. With the lady at the bridge, I shared that my Dad was a sailor who loved the sea but ended up in Guam for the purpose of occupying the island and cleaning up what was once a major Japanese base. Our conversation ended with a short hug and a reminder that Memorial Day services were to be held at Rosehill Cemetery, near the veteran's portion of the cemetery at 10 AM. I assured her I would be there. I quickly checked my notes, not on my assignment sheet, but I would be there.

During my tenure as a news photographer, I made it a point to volunteer to work Memorial Day. My travels took me to small towns all over central and northwestern North Dakota. I watched as Canadian and American veterans marched to the border between Canada and the United States just north of Mohall. They joined together to honor those who gave it all for their countries. Each and every one of these services were special, no matter where the service was held.

In my early years in Minot, just after graduation from college, it was WWII vets that were the honor guards, and there were large crowds, even in the small towns. Time passed by and I watched as my father in law, a WWII vet, was a part of the VFW Honor Guard in Minot. I also had the honor of having all 3 of my sons as part of a Boy Scout Honor Guard and later my youngest son would take his turn playing taps at several ceremonies. Like the lady at the bridge in my first Minot ceremony, the tears would flow each time my son would hit those first haunting notes.

Then came one of those one of those defining moments in time. At a mid 90's Memorial Day service, I was focused on my Boy Scout Honor Guard, as a Scoutmaster would do. The VFW honor guard had led the parade of flags into Rosehill Cemetery followed now by the Viet Nam era vets. It shouldn't be unusual that those Viet Nam, and Korean Conflict vets, have joined the parade on this Memorial Day. A quick glance would reveal that a Viet Nam vet from my hometown of Maddock, North Dakota, was carrying the American flag. Steven Williams had graduated from Maddock High School in 1969. He and a couple of his buddies had been drafted. In a small town the conversation would often turn to those "kids" that were serving their country in Viet Nam. The towns of Maddock and Esmond were shaken when news of young men who had lost their lives in battle was delivered to parents back home.

Steve had survived his time in Viet Nam, as did his buddies. There was a collective sigh of relief when they all returned home. To see Steve, in his Viet Nam battlefield garb, carrying the American flag, took me back to when he was in high school. Soon, these Viet Nam vets would take the place of the WWI vets leading the parade. I was saddened to see Steve's obituary in the Minot Daily News just a few months later.

And then would come those who served in Desert Storm and they would take the place of the WWII, Korean and Viet Nam vets, receiving the honor and recognition on Memorial Day. Or should it be the other way around. These Desert Storm vets took their turn honoring the many veterans who had passed

before them. Now it was their turn to make sure that Memorial Day, and the ceremonies that honored those who died in the line of service, continued on.

Did I make it to the Memorial Day service at Rosehill Cemetery in 1977? The answer is yes. I was there, because it didn't matter what it said on my assignment sheet, the story for that day, Memorial Day, 1977, was at The 6th Street Bridge and at Rosehill cemetery, and in all of those other communities across America who pause, albeit on a 3-day weekend, to honor those who gave their lives in service to their country.

As kids there really wasn't any question about Memorial Day. We were there because it's more than a 3-day weekend.



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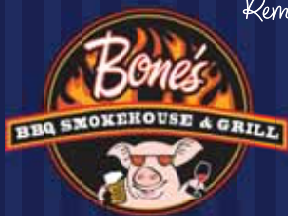


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Remember America's Military Heroes on Memorial Day Weekend

MILITARY ONESOURCE

Throughout American history, brave service members have loved our country so deeply that they were willing to risk their lives to defend the land we love and the freedoms we believe everyone should have.

Memorial Day was first observed as Decoration Day on May 30, 1868. On that day, people decorated the graves of the Civil War soldiers buried at Arlington National Cemetery.

WAYS TO HONOR OUR DECEASED HEROES

The tradition continues this Memorial Day, when we reflect on the courage of service members who gave their lives for our country. Here are a few ways you and your family can remember and honor these heroes this Memorial Day:

- Take a moment to reflect on this Memorial Day video: <https://youtu.be/7g8RJ9syxTM>
- View the Military In Lasting Tribute online memorial and reflect on some of our nation's heroes.
- Display the flag. The U.S. flag is flown at half-staff from dawn until noon on Memorial Day. Some people also fly the POW/MIA flag to honor prisoners of war and those missing in action. See tips for flying the flag.
- Visit a cemetery. Honor a



family member or any veteran by placing flowers on their grave.

- Find a veterans cemetery near you.
- Join the national moment of silence. Pause wherever you are at 3 p.m. on Memorial Day for a moment of silence to remember and honor those who died serving our country.
- Attend a local parade. Many cities and towns have Memorial Day parades.
- Contact your Military and Family Support Center to find a local event.
- Wear red poppies. People often wear red poppies on Memorial Day in honor of those who died serving our nation during war.

• Watch the America's Gold Star Lapel Button video to learn more about how to honor gold star family members.

This Memorial Day, honor America's heroes in these or other ways. If you are a survivor or know someone who is, please share these tools and resources for support.

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MEMORIAL DAY

HONORING ALL WHO SERVED

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Minot Hot Tots Weekly Recap

MINOT HOT TOTS

Take me out to the ballgame! It's almost time for collegiate summer league baseball to return to the Magic City! Opening Night is right around the corner and the excitement is reaching a boiling point. The Minot Hot Tots are gearing up for their inaugural season in the prestigious Northwoods League. The club will play its' home games at historic Corbett Field, which has been in operation since 1937. The preseason preparations of getting a new team up and running have been completed under Hot Tots General Manager, Monica Blake, and team.

Since its founding in 1994, the Northwoods League has been one of the premier wooden-bat summer collegiate baseball leagues in the nation. Over 200 alumni of the Northwoods League have reached Major League Baseball, with notable standouts being 2017 National League Cy Young Award Winner, Max Scherzer, Chris Sale, Pete Alonso, and Mike Trout. With the addition of the Hot Tots, the league contains 22 teams in two divisions - the Great Lakes and Great Plains.

For the Minot Hot Tots, Opening Night presented by KMOT is Monday, May 29 against the St. Cloud Rox. On top of all of the excitement that will be happening on the field, off the field the excitement is just as palpable. The official ribbon-cutting ceremony will take place pregame, as Minot will get its long-awaited ballclub to join the Northwoods League. The Hot Tots will be honoring our United States Veterans with Memorial Day remembrances to add to the special night. It is going to be a night that you are not going to want to miss, so come be a part of all of the action!

Following all of the excitement of Opening Night, McDonald's Friends

and Family Deal is bringing the heat! For the game on Tuesday, May 30, a purchase of the McDonald's Friends and Family Deal gets you 4 Minot Hot Tots Game Tickets, 4 Hot Tots Hats, and 4 vouchers for delicious value meals at any McDonald's locations in Minot. All of that would normally cost over \$180, but thanks to the only discounted ticket package for the Hot Tots, the tickets, hats, and vouchers cost an incredible value of \$69.99! Don't wait to get this spud-tacular deal, as this promotion is only for May 30, but will be brought back later in the season.

After a quick road trip, the Hot Tots are back at Corbett Field at the beginning of June. On June 5, it's Reading Program Night at the ballpark! Thanks to Farmers Union Insurance, all students who hit a home run with their reading goals will be welcomed to the ballpark with a free ticket. It is going to be an action-packed night full of fun for everyone in attendance to reward all of the gold glovers in our Reading Program.

June 8 and 9 against the Minnesota Mud Puppies are can't miss games with Napoleon Dynamite Night presented by Schultz Property Management on the 8th and chainsaw juggler "Mad Chad" on June 9th thanks to Jerome's Collision Center. Yes... you read that right, chainsaw juggling! These back to back nights of thrills can only be seen with the hottest ticket in the state of North Dakota this summer, a Minot Hot Tots game!

To catch all of the action and excitement of the inaugural season of Minot Hot Tots baseball in the Northwoods League, go to <https://minot-hot-tots.nwltickets.com> to get your seat.

FREE Hot Tot's VIP Suite Seats for FOUR!

The Summer is here and that means baseball is here too! The Northern Sentry is making sure you make the most of the warm months by giving away (4) VIP Suite Seats for a Hot Tot's baseball game this season!

Package includes:

- *4 Reserved VIP Suite Seats
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Good Luck and we'll see you on the field!

*Giveaway will open on Friday, May 26, 2023, and close on Saturday, June 3, 9pm.

**Winners will be notified via email on Sunday, June 4 and will have 24 hours to respond to the email or another winner will be chosen.

***Only open to Minot AFB Active Duty and Dependents. Must be able to prove MAFB affiliation.

****This giveaway is open to all NEW Subscribers of the Northern Sentry email newsletter, the Weekly Post Brief.

*****Winner may use tickets for any (1) game in the Hot Tots schedule, subject to game availability.

@hottotsbaseball



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MONDAY, JUNE 5

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U.S. Air Force Capt. Micheal Thrasher, 5th Security Forces Squadron director of operations and Air Force Soccer Club coach, does pushups with his team at the Sertoma Sports Complex, Minot, North Dakota, May 10, 2023. Since the team Thrasher played with lost a game during soccer practice, they voluntarily did pushups.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS TRUST TATE

Hit The Ground Running

AIRMAN 1ST CLASS TRUST TATE, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Wingman. Leader. Warrior. These are the words that U.S. Air Force Captain Michael Thrasher, a director of operations for the 5th Security Forces Squadron, lives by. Thrasher is responsible for providing security to the people, assets, and aircraft at Minot Air Force Base. Thrasher has undergone years of intense military training and leadership development around the world, leading teams of Airmen behind enemy lines and defending the nation. Thrasher is not only a

defender of the homeland, he is also protecting the goalpost. Now an Air Force Soccer Club coach (AFSC), Thrasher has been playing soccer since he was a child. In his time playing soccer, Thrasher played the role of midfielder. The midfielder covers the most ground during a game, and they play a combination position of forward and defender. Thrasher used what he learned playing as a defender on the soccer field to better defend as an Airmen in Security Forces. In his soccer career, he has played on the All Air Force team, spent five years

playing for the Alabama State Olympic Development Program, worked with the United States Air Force Academy Sports Camp and currently coaches the AFSC. "My time coaching helped me develop as a captain on and off the field," said Thrasher. "Because when you're coaching you're taking into account all of your people's strengths and weaknesses. You consider how they help you strategically, and what they do well tactically." Thrasher states that how someone coaches a soccer team is how someone would lead a team

of Airmen. "You hone in on what each individual is best at, and put them in position to magnify their talents to help the overall team," he said. "Knowing how to play your position in both instances can lead your team to victory, and not doing so can lead to loss. The more you know your team, and how you help your team, the stronger your team will become. Staying humble, being a team player, and completing the mission is where you find true growth as an individual." Thrasher fully accredits his

motivation to the great teammates he's had in his life, on and off the field. "If you understand your role, and bloom where you're planted, you can do great things," he said. "As soon as I got to Minot I really didn't know what to expect but the Paladins, and the 5th SFS helped me hit the ground running so fast." Captain Thrasher has defined being on a team not only in the Air Force, or Soccer, or family, but as a part of the biggest team, the human race.



U.S. Air Force Capt. Michael Thrasher, 5th Security Forces Squadron director of operations and Air Force Soccer Club coach, kicks a soccer ball to a teammate at the Sertoma Sports Complex, Minot, North Dakota, May 10, 2023. Thrasher was running a soccer exercise with his team in order to sharpen their skills.



U.S. Air Force Capt. Micheal Thrasher, 5th Security Forces Squadron director of operations and Air Force Soccer Club coach, talks with his team during soccer practice at the Sertoma Sports Complex, Minot, North Dakota, May 10, 2023. Thrasher had the club run soccer drills to improve their ability to work as a team.



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So – adults – within our world, our home, act the best for these people: carefully and courageously step with the sky as our steeple.

-Anonymous

Do you have something you'd like to share with the world? Whether it's a pretty photo of Minot AFB, a fun piece of writing, or a picture of something your child made, send it to the Northern Sentry. Let us feature your creativity! Send all submissions to: nsads@srt.com

★ Hotel ★ REVEL

Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot's Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot's Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

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OUTDOOR

REPORT



by Patricia Stockdill

Fishing:
Lake Sakakawea elevation, May 22: 1,830.87 feet above mean sea level (MSL); 21,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,450.7 feet above mean sea level (MSL).

Stump Lake elevation: 1,450.56 MSL.

•N.D. Game & Fish Dept. game wardens: Lake Audubon improving for walleye as water temperatures warm. Most activity is still in the back bays, though. North Lake slowing. No Lake Sakakawea reports. Increasing activity on Pelican Lake and the north end of 6-Mile Bay or Doc Hagen's on Devils Lake. Work shallow in 2 to 6 feet. Water temperatures starting to warm a little on Lake Metigoshe with a few bluegill starting to show up.

•Devils Lake, Ed's Bait Shop, Devils Lake: Improving walleye activity in Devils Lake chain of lakes, including Lake Alice and Mike's Lake. Improving white bass success from shore, as well.

•Devils Lake, Woodland Resort, Devils Lake: Devils Lake in typical post-spawn walleye lull but look for some activity from shore yet. Try slip bobbers from shore or casting towards shore from boats. White bass activity going strong using minnows.

•Lake Darling, Karma C-Store, Ruthville: Increasing activity but limited reports on success.

•Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Some activity on Lake Darling but generally slow walleye success with most fish on the small side.

•Lake Metigoshe, Four Seasons, Bottineau: A few nice-sized walleye starting to show up. Occasional bluegill among the weed beds. Light angling activity, yet.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea producing some walleye in deTrobriand Bay with good success in Deepwater Bay. Lake Audubon improving for walleye.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Lake Audubon improving for walleye using jigs and minnows. Continued walleye bite in North Lake, as well. East end of Lake Sakakawea producing some pike success from shore in Steinke and Centennial bays.

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301

- Garrison Dam Nat'l. Fish Hatchery downstream of Garrison Dam open for free guided hatchery tours Memorial Day through Labor Day, Monday through Friday 9 a.m. to 3:30 p.m., weekends 10 a.m. to 3 p.m. and holidays.
- May 27: Little Kids, Big World Nature Series, N.D. Heritage Center, Bismarck, 10 a.m. and 11 a.m.
- May 27 - 29: Sky Fest over Fort Stevenson Kite Festival, Fort Stevenson State Park, Garrison, 10 a.m. Go to the kite festival website, (www.skyfestnd.com) for details.
- May 28: Badlands Gravel Battle 100+ Bicycle Race, Medora. Call (701) 391-2717 for details.
- May 29: Military Service Personnel Day, Fort Stevenson State Park, Garrison. Free park entrance admission for military personnel.
- June 2: Safe Day, Safe Play, Lewis & Clark State Park east of Williston, 4 p.m.
- June 3: Safe Day, Safe Play, Lewis & Clark State Park east of Williston, 7 p.m.
- June 3: Nat'l. Trails Day Hike, Fort Stevenson State Park, 2 p.m.
- June 3: Nat'l. Trails Day, Lake Metigoshe State Park.
- June 4: 69th Annual Birdwalk, Theodore Roosevelt Nat'l. Park, Medora. Meet at South Unit headquarters, 7:30 a.m.
- June 7: Deer gun and muzzleloader applications due.

- TOURNAMENTS:**
- June 2 & 3: Missouri River tailrace.
 - June 3: Lake Sakakawea, Sportsmen's Centennial; Devils Lake, East Bay.
 - June 9 & 10: Lake Sakakawea, Van Hook Arm.
 - June 10: Hiddenwood Lake, Lake Audubon; cabin sites, Devils Lake, Spirit Lake Casino.
 - June 11: Devils Lake, Grahams Island State Park.

•Lake Sakakawea, Indian Hills Resort, Garrison: Store and facilities now open daily during the summer. Generally quiet angling activity yet.

•Lake Sakakawea, New Town: River portion north and south of New Town remains good for walleye using jigs and minnows but try a variety of presentations with overall good success. Van Hook Arm producing occasional nice-sized walleye.

•Lake Sakakawea, Van Hook Bait & Tackle, New Town: Some nice-sized pike from shore using slip sinkers and smelt in the Van Hook Arm. A little bit of walleye activity farther south in the Van Hook Arm using a variety of presentations in 15 to 25 feet. The facility is open for the season.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace generally quiet yet but at times a catfish bite moves into the wing walls. Limited angler numbers, though, from both boat and shore. Anglers aren't marking many fish in the river, either. Try night hours from shore for walleye but limited trout, salmon, and catfish activity. Better success seems to be around Stanton and south by Bismarck-Mandan. Overall activity is inconsistent. East end of Lake Sakakawea generally slow for walleye but try jigs and minnows or spinners and nightcrawlers in 17 to 20 feet. Overall bite also inconsistent.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Yellowstone and Missouri rivers remain high and muddy but continue producing nice catfish activity with occasional walleye. Best walleye activity on the upper end of Lake Sakakawea is from

Little Beaver Bay east to New Town. Try 1 to 6 feet with jigs and minnows or plastics from shore. A few pike still coming in the back bays of those same areas. West Spring Lake Park and Kota-Ray Dam stocked with catchable trout with fair to good success. Blacktail Dam producing some nice-sized walleye.

•Lonetree WMA area lakes, Harvey: No new reports.

•North-central/central N.D. lakes, Townner Hdwe. Hank, Townner: Souris River remains high but there's angling activity. Limited reports, however, but look for some success. No reports from area lakes yet although George Lake suffered a degree of winter fish losses.

N.D. river data:

•Des Lacs River, Foxholm: River stage, 8.17 feet; streamflow, 235 CFS.

•Little Missouri River, Long X Bridge: River stage, 8.27 feet; streamflow, 315 CFS.

•Missouri River, Williston: River stage, 20.34 feet.

•Missouri River, Washburn: River stage, 9.7 feet.

•Pembina River, Walhalla: River stage, 5.55 feet; streamflow, 1,550 CFS.

•Souris River, Foxholm: River stage, 10.28 feet; streamflow, 968 CFS.

•Souris River, Minot Broadway Bridge: River stage, 43.35 feet.

•Yellowstone River, Sidney, Mont.: River stage, 9.47 feet; streamflow, 30,600 CFS.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921







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Airman of Minot: 1st Lt. Aaron Chen

SENIOR AIRMAN EVAN LICHTENHAN, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Asian American and Pacific Islander (AAPI) month recognizes and honors the heritage of individuals of AAPI descent. 1st Lt. Aaron Chen, 742nd Missile Squadron Nuclear and Missiles Operations officer, and his mother immigrated from Singapore to a small town in New York. At a young age, Chen wanted to join the Air Force directly out of high school.

"A lot of Asian Americans experience a family pressure to go to college to become a doctor or a lawyer like the stereotype," Chen explained. "It is very common but my mom, which I'm grateful for, pushed me to go to college and wanted me to get an education. That's how I found the

ROTC program, and that's why I commissioned."

Chen finds many joys in being an officer including the opportunity to serve and lead Airmen. He hopes to capitalize on the opportunity to highlight struggles AAPI military members face and bring more recognition to the community.

"I'm really grateful for this base and what it has done for AAPI heritage month and the opening ceremonies. It was very nice to see our Wing leadership at the opening ceremony," said Chen.

Although Chen believes Minot Air Force Base is headed in the right direction, he still believes we have a long way to go in the military until all communities are represented equally.

Although his job is Nuclear and Missile Operations, he enjoys doing

photography and photojournalism in his free time.

"I enjoy it because it builds communities, it empowers others, especially people of color and minorities," said Chen. "I like telling the stories of people whose voices and struggles aren't heard."

As his contract comes to an end, Chen has found passion for photojournalism and amplifying the voices of those whose struggles are not usually heard. With this passion he hopes to continue working in the Air Force as a civilian in the Public Affairs career field.

"I'm getting out pretty soon, to pursue storytelling and community building," said Chen. "I would like to empower as many people of color as possible in the Air Force."



1st Lt. Aaron Chen, Nuclear and Missiles Operations officer, discusses mission planning with his colleagues at Minot Air Force Base, North Dakota, May 5, 2023. Mission planning is responsible for organizing and going through daily events to ensure all operations run smoothly.

U.S. AIR FORCE PHOTOS
SENIOR EVAN LICHTENHAN



1st Lt. Aaron Chen, Nuclear and Missiles Operations officer, poses for a photo at Minot Air Force Base, North Dakota, May 5, 2023.



1st Lt. Aaron Chen, Nuclear and Missiles Operations officer, and 1st Lt. Kathryn Mainland, Nuclear and Missiles Operations officer, have a discussion at Minot Air Force Base, North Dakota, May 5, 2023. A Nuclear and Missiles Operations officer is responsible for controlling and managing nuclear missile operations.

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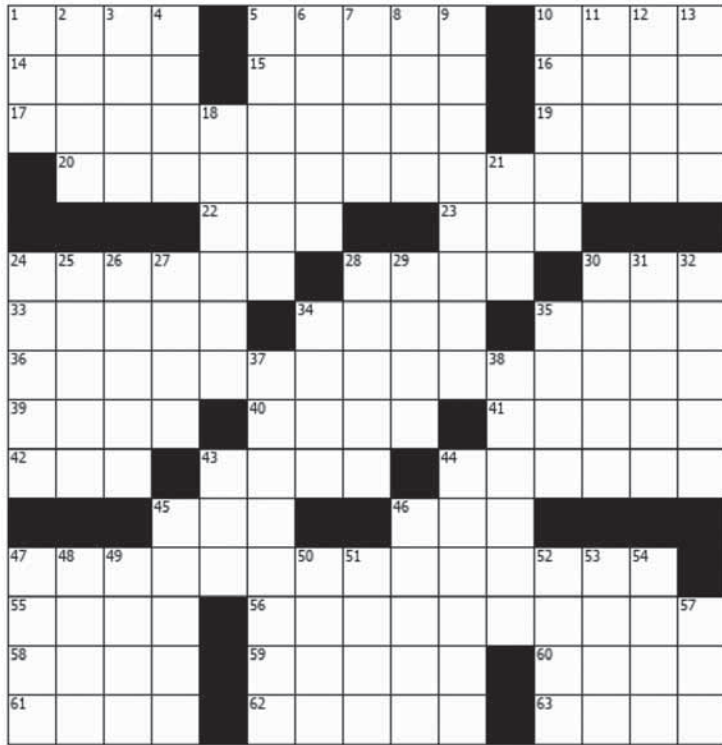
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CROSSWORD PUZZLE

Across

- 1. Carpet quality
- 5. Tempts fate
- 10. Small building
- 14. Something to go on?
- 15. Words with care or mind
- 16. Screen pooch of 1939
- 17. Built on request
- 19. Responsibility
- 20. Chewbacca
- 22. A lot of noise
- 23. Hogwarts postal carrier
- 24. Box office buy
- 28. Wander aimlessly
- 30. Poke
- 33. Actor Milo
- 34. Parched
- 35. Campaigner's barometer
- 36. Make mental errors on the field
- 39. Pigs' digs
- 40. Word with T or dry
- 41. Kent portrayer
- 42. Mach 1 breaker
- 43. Benches, not stench
- 44. Animosity
- 45. Smile shape
- 46. AA applicant
- 47. Tenacious individual
- 55. Dancer at a disco
- 56. Luxurious situation
- 58. Check
- 59. ___ nous
- 60. Go ballistic
- 61. "So what ___ is new?"
- 62. Put away
- 63. It smells a lot

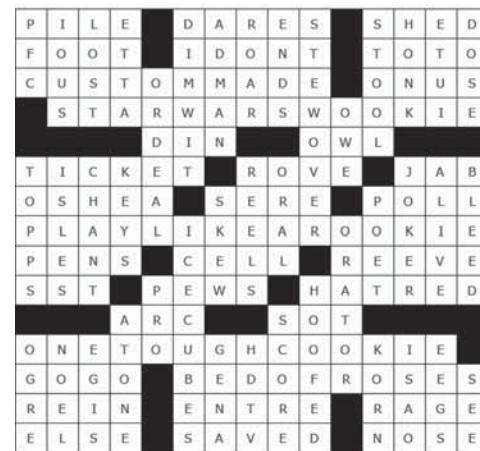


Down

- 1. USMC one-striper
- 2. Chits
- 3. Kind of cause
- 4. Sundance's girl
- 5. Idiot
- 6. Pitch producer
- 7. Surf sound
- 8. Means' justification
- 9. Fret about
- 10. Pub perch
- 11. Motorist's protest
- 12. Decorative case
- 13. Bit of reality?
- 18. Trying experience
- 21. Have bills
- 24. Trading card company
- 25. Elba and Aruba
- 26. "Dee-fense!," e.g.
- 27. Accordion parts
- 28. Virginia dances
- 29. Kind of surgery
- 30. It's often wild
- 31. Wanted poster word of old
- 32. Run in the wash
- 34. Present unfairly
- 35. Sonneteer
- 37. Freezer output
- 38. Figure of speech?
- 43. Person who plays for work
- 44. Walked (with "it")
- 45. Make reparation
- 46. Arena posting
- 47. Shrek, for one
- 48. Holiday song
- 49. Sponsorship
- 50. Actress Rowlands
- 51. Modern Sony offering
- 52. Alternative rock group
- 53. Golfer Aoki
- 54. Med. brain scans
- 57. "Told you so!"

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

Solution to puzzle on page C6

		1	2	3			4	
		4		5		6		
	2		7		4	5		
4	7				8		5	
	9						2	
	6		5			7		3
		3	4		2		8	
		2		1		3		
7				9	5	2		

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Winnipeg, Canada: It's ALMOST like the US

ERIN BEENE, NORTHERN SENTRY

Oh Canada! It's another country, another government and a foreign place. But it doesn't always feel like it. For those of you looking to take that first exciting trip out of the USA this summer and get that nonexistent stamp in your passport- I was sad to find they don't do that when driving over the border- here are some helpful hints that may not be discussed in your average travel guide, but still important tidbits to commit to memory:

1. The Full Service Gas Stations: I have never in my life been to a full service gas station, maybe you haven't either. If you are anything like me and my husband, we had no idea what to do when the attendant came along and started pumping our gas or when the sign said "Do NOT touch the pump." We had no idea if we were expected to pay extra when the attendant asked if we wanted our windshield cleaned. We didn't know if we should stay in the car or watch what they were doing or mind our own business. It was awkward. These full service gas stations are littered along the route to Winnipeg and after a few confusing interactions, I finally reached out to my Canadian friend for some explanations. She laughed out loud (I imagine, it was on messenger) when I expressed my confusion. She also thought it quite hilarious when I explained that I had my 10-year old son give the attendant \$3 in American money as a tip because we didn't have any Canadian cash on hand and didn't want to be viewed as the "rude Americans." She politely explained to me that tips are not expected and full service pumps or stations may just cost a little bit more than self-serve, but that's it. Additionally,

most of the places we stopped in Canada for gas had us pump and then pay, unlike the usual US pre-pay method, so that's another thing that may save you some confusion.

2. The Bathroom Situation: As we all can imagine, nature still calls in another country and when it does, it's important to make sure to know what to do. This may be a no-brainer for some, but this is a shout out to those other Southerners out there who have never heard the term "washroom" before. Heads up: that means bathroom. I prepared my kids for this difference because years ago when we were stationed at Malmstrom AFB in Great Falls, Montana, I worked retail. We often had Canadians come down and shop and on more than one occasion when someone would ask where the "washroom" was I legitimately had no idea what they were talking about. My young 20-something self assumed it was a laundromat and just gave them a shrug for an answer. Ya, I didn't find out what customers were talking about until a co-worker later explained it to me. Well, to spare you the same embarrassment, now you know. Washroom=Bathroom in Canada.

3. Driving Changes: There seem to be quite a few routes into Canada and places to cross the border when driving up to Winnipeg from Minot. All of them seem the same in terms of length, distance and -the big one- road conditions. Once driving over that Canadian line, the roads seem to change drastically, and it's noticeable- especially when pulling a camper- how bumpy, and pothole filled they suddenly become. Now, I get it, Canada is northern like Minot, and faces rough winters, which decay the roads, not to

mention that Canada is a HUGE country but very sparsely populated considering its size. So there are A LOT of small town roads that are hard to keep maintained. Plus, we were informed on our trip only two weeks ago that the snow had just melted a few days prior, so it is understandable... just brace yourselves.

Along with the roads, something to know is that the second your cross over, kilometers is the name of the game when driving. While this is obvious, I didn't expect my GPS to change to kilometers either. It allowed our brains to work a bit harder constantly figuring out how many miles it was when it said kilometers both on the speedometer and distance to a location. But it was a good head workout for us and the kids to enjoy when deciding when to stop and get gas. I wondered how long it takes for our brains to start thinking in another measurement and not keep converting to miles?

On our family's first trip to Winnipeg recently we found ourselves frequently commenting about how it looks just like the US, but then we'd see something "off" and we take back our comments. In terms of what to expect about US and Canadian differences, there aren't too many, but just enough to make it feel like a slightly exotic place. Living in North Dakota allows us all the closeness to Manitoba, Canada, and the chance to explore a new country. So grab the passports and take this opportunity to explore another country in just a few hours. Be prepared to find the subtle differences hidden where you least expect it, and have a great time!



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Environmental analysis clears Sentinel missile infrastructure construction for takeoff

MOLLIE MILLER AND NATALIA PEREZ, AFIMSC PUBLIC AFFAIRS

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The construction phase of Sentinel, the Air Force's multi-billion-dollar missile modernization effort, was cleared for takeoff May 19 as Robert Moriarty, Deputy Assistant Secretary of the Air Force for Installations, signed the project's environmental record of decision.

"This decision is the linchpin that gives us the authority to proceed with numerous construction activities supporting the Sentinel program," said Ken Rogers, chief of Sentinel Infrastructure Division, Air Force Nuclear Weapons Center. "This is a very important milestone the Sentinel National Environmental Policy Act team was able to deliver on time, which allows the Sentinel program to move to the next step."

The record of decision, or "ROD," details the findings of the Air Force's analysis of environmental, natural resource and cultural considerations in the construction of the Sentinel intercontinental ballistic missile project. The document identifies the selected

course of action and basis for the decision and provides information on how the Air Force intends to avoid, minimize or mitigate environmental impacts throughout the life of the project, to the maximum extent possible.

The Air Force Civil Engineer Center's NEPA team partnered with the AFNWC to conduct the environmental impact analysis that led to the decision. AFCEC is a primary subordinate unit of the Air Force Installation and Mission Support Center.

The Sentinel project will replace the 50-year-old Minuteman III ICBM program. The effort to modernize the land-based leg of the nation's nuclear triad touches multiple states, covers thousands of miles and impacts communities in Wyoming, Montana, North Dakota, Colorado, Utah and Arizona.

"The Sentinel project is a complex, dynamic, vast enterprise that will bring global stability to the United States for years to come," said Gen. Thomas Bussiere, commander of Air Force Global Strike Command. "We are grateful for the mission partners who have

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APPLE & BOURBON GLAZED HAM

INGREDIENTS
1 LARGE HAM
1 CUP APPLE JELLY
2 TABLESPOON DIJON MUSTARD
2 TABLESPOON BOURBON
2 TEASPOON FRESH LEMON JUICE
1/2 TEASPOON GROUND CLOVES
2 CUP APPLE JUICE OR CIDER

When ready to cook, set Traeger to 325 ° F and preheat for 15 minutes. When the grill is hot, place ham directly on the grill grate. Cook for 30 minutes.

Meanwhile, in a small saucepan over medium-low heat, melt the apple jelly. Whisk in the apple juice, mustard, bourbon, lemon juice and ground cloves, then remove from the heat and set aside.

After 30 minutes, glaze ham with the apple bourbon mixture. Continue cooking for another 30 minutes or until internal temperature of thickest part is 135 ° F. Remove ham from grill and rest for 20 minutes before serving. Enjoy!

(Recipe can also be baked)

Ryan Davy - GM
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Shown is an illustration of the LGM-35A Sentinel, the Air Force's newest weapon system known as the Ground Based Strategic Deterrent. The construction phase of Sentinel, the Air Force's multi-billion-dollar missile modernization effort, was cleared for takeoff May 19 as Robert Moriarty, Deputy Assistant Secretary of the Air Force for Installations, signed the project's environmental record of decision.

U.S. AIR FORCE ILLUSTRATION

shepherded this phase of the process to completion and who are continuing work to ensure the success of the largest Department of Defense modernization program launched in the last 50 years."

Air Force teams began gathering data in support of three key pieces of the Sentinel environmental analysis in 2019. The cultural resource programmatic agreement, the natural resource biological opinion, and the environmental impact statement all had to be completed prior to the Secretary's decision.

Nine public hearings and dozens of consultations with tribes, federal agencies and other stakeholders informed each of the elements analyzed and ensured the Air Force had visibility on the public's environmental concerns related to the Sentinel.

The EIS project managers, Russell Bartholomew, AFNWC, and Stephanie Newcomer, AFCEC, guided what many consider the largest-scope environmental impact analysis in the history of NEPA.

Community engagements encouraged the teamwork needed to make this part of the process successful, Newcomer said.

"This project shows the Air Force is sensitive to balancing mission requirements and environmental impacts," Newcomer said. "We wanted the public to see that we are going to minimize our environmental impact as much as we can while supporting our national security."

Citing examples of cultural resource experts living out of

suitcases to complete more than 50 face-to-face tribal consultations that turned stakeholders into mission partners, Bartholomew said the Sentinel NEPA team's commitment to the environment was evident throughout the four-plus years leading up to the signing.

"By starting stakeholder engagements early, the team created many opportunities where we were able to truly understand stakeholder concerns and, through further discussion and identification of mitigating actions, the team moved the conversation to a point where our mission partners were on board," Rogers said.

"Never in my career have I seen an EIS for a proposed action of this magnitude go as smoothly. It is truly remarkable what this team has been able to accomplish," said Col. Chris Stoppel, chief of Nuclear Enterprise Division, AFCEC.

With the Sentinel ROD officially signed and in place, officials will now move forward with permitting and construction on the installation command center and the material handling complex at F.E. Warren Air Force Base in Wyoming later this year. Project activities at Malmstrom Air Force Base, Montana, are expected to begin in 2026 and at Minot Air Force Base, North Dakota, in 2029.

"So many people and organizations with unique ideas came together and made this happen," Newcomer said. "We all came to the table and made this work for our country. It has been very humbling to be part of this process."

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VOLUNTEERS HELP DRIVE DEVILS LAKE FISHING

Patricia Stockdill

Mark "Sharkey" Burckhard decided golf wasn't for him. So he went fishing. In the process, the Devils Lake resident became not just an avid angler, but an avid and active supporter of the community's fishing organization, the Lake Region Anglers Association.

Members like Burckhard work hard behind the scenes, contributing in making Devils Lake the fishing destination it is. True, the role the N.D. Game and Fish Department plays in managing the lake drives the heart of the fishery – and a renowned fishery it is.

And an array of private facilities and the Devils Lake Chamber of Commerce also help make it a "must go" fishing destination.

However, the Lake Region Anglers Association and its volunteer members – about 160 strong – do things that might easily be taken for granted: Things like maintaining fishing piers so people with disabilities, children, and families can easily shore-fish.

They put in all of the public fishing piers and boat docks dotting the lake. They maintain and fix them if they're damaged. They take them out at the end of the open water season.

Plus, it's not just docks and piers – club members volunteer to maintain public fish cleaning stations, as well, Burckhard described. "We do a lot of the work... we're a very active club," he added.

In some cases they help fund the local cost-share on projects, working with the Game and Fish Department and other organizations such as the Chamber.

One of the Lake Region Anglers Association's most recent ventures is coming to fruition this summer – a community fishing pond within the Devils Lake community.

Located in Ruger Park the pond will provide catch-and-release shore-fishing opportunities for young and old alike after Game and Fish Department fisheries crews stock it with catchable fish. Pond construction began last year, Burckhard added.

Burckhard found himself elected to its board of directors after joining the Lake Region Anglers. His volunteerism ramped up even more when he and other directors went to local schools to teach fish cleaning to

students.

Education isn't just about how to properly filet a walleye, pike, or perch, though. The Lake Region Anglers Association along with the Devils Lake Chamber, Fargo-Moorhead Walleyes Unlimited fishing club, Friends of Lake Sakakawea, and others took an active lead role in joining the Game and Fish Department promoting aquatic nuisance species (ANS) awareness and prevention education.

The groups also worked on legislation to adopt ANS laws to help protect all North Dakota's fishing and water resources.

ANS and other fishing and water-related legislation is tracked through the Lake Region Anglers Association's membership into the umbrella organization, North Dakota Sport-fishing Congress, Burckhard continued.

For many Lake Region Anglers Association members, their \$20 annual membership fee is about giving back. Yes, a membership means they can fish in the club's tournaments.

But it also means they and everyone else using Devils Lake's public access facilities have a fishing pier where they can cast a fishing line. Or a dock to more easily launch a boat.

Another part of giving back is working with the Chamber during its hugely popular two-day June fishing tournament to clean fish. "Last year the first day we cleaned probably 300 fish," Burckhard described. In turn, the Lake Region Anglers Association and Chamber host a free-will fish fry for the Devils Lake community, open to any and all who enjoy fish.

Yes, the Devils Lake fishery is driven by the work of N.D. Game and Fish Department fisheries biologists, community business leaders, and private sector.

But a major cog to that successful wheel is the hard work of volunteer anglers who simply love fishing and want to give back to the community, other anglers, and provide for the future.

That's what drives the Lake Region Anglers Association of Devils Lake. Almost 50 years since their founding the organization still abides by its five principles: Conservation. Preservation. Sportsmanship. Fellowship. Lake Access.



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VACATION READY CAR CARE

Car care checklist for summer road trips • Part 1

It's time for a drive vacation. You mapped a route, booked hotels, and made a checklist of things to do before you go. AAA reminds you to also make car maintenance part of your summer road trip preparation. Use this car care checklist to ensure your vehicle is ready for summer travel.

Check tires and tire pressure

Inspect all four tires and, if you have one, the spare tire as well. Look for cuts, gouges or sidewall bulges. Insert a quarter upside down into grooves to check tire tread. If you see the top of George Washington's head, it is time for new tires.

Check tire pressure when the car has been idle and tires are cool. Inflate as needed to the vehicle manufacturer's recommended pressure. You will find it listed in the owner's manual and on the sticker of the driver side door jamb. Do not use the number on the tire sidewall.



Listen to and feel the brakes

If you hear a grinding sound or feel a vibration when applying the brakes, take your vehicle to an auto repair shop for a brake inspection. A service professional will check the brake system for fluid leaks, and the pads, rotors, shoes and drums. If repair or replacement is needed, use the Repair Cost Estimator to help anticipate costs.

Secure and test the battery

Check the car battery to be sure cable connections are clean and tight, and the hold down hardware is secure. Have a service professional do a battery check to determine remaining capacity. AAA members may request a free battery check.

Top off engine oil and other fluids

Check that engine oil, coolant and brake, transmission and power steering fluids are at the correct levels for safe vehicle operation. When adding fluids, use products that meet the specifications listed in the owner's manual. Note that newer car models may have sealed automatic transmissions without a dipstick, and electric power steering that may not use fluid.

Replace wiper blades and replenish windshield cleaner

Rubber wiper blades naturally deteriorate over time. If wipers streak or fail to clear the windshield thoroughly, replace the blades. Fill the windshield washer reservoir with fluid formulated to remove insects and other debris, and test to make sure the nozzles spray adequately.



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Fact File

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Wing Span	6 1/2 feet
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Changes & Friendship coming for the SFG

ERIN BEENE, NORTHERN SENTRY

PCS season is here again. The familiar comings and goings are what makes the military function. In a lifestyle where nothing is constant, the fact that life will change is the one thing that is for sure. This year marks a different sort of change for the 91 Security Forces Group. For the first time in recent history and since the expansion of the group in 2018, all four squadron commanders in the 91 SFG: Lieutenant Colonel Brett Skates 91 MSOS, Major Jeffrey Beene 91 MSFS, Major Zachary Hunt 791 MSFS & Major Chase Shields 891 MSFS, will be changing over command in the same year and season, which is a rare occurrence.

This group of teammates and workers has created a special bond over the past few years in terms of working compatibility and friendships. Their families and spouses have grown close in many ways too. The Skates, Beene, Hunt & Shields families celebrated holidays together and shared life events. They leaned on each other when times got hard, and developed a friendship that will last a lifetime. The spouses worked together always had each other's backs. Here's what those who got

to know this group of people and what they themselves had to say about the last two years in the SFG.

"Command at any level is challenging and rewarding at the same time...It has been humbling to watch these four superstar officers lead their squadrons with passion and true leadership! They've absolutely left an indelible mark on the 91 MW and the SFG!" - Col Anthony McCarty, 91 SFG/CC

"I was incredibly blessed to work with the leadership teams in the other three units. I can't imagine a better tour in Minot with a different cast of characters—they made all the difference. The mission will continue and the new leadership teams will find their own way—it always works like that—but I think our two years was a bit unique and special." - Lt Col Brett Skates, 91 MSOS/CC

"Leading men and women is a privilege, and I'm forever thankful for being afforded the privilege to command the Nine-One and I'm grateful for having been able to serve alongside some awesome commanders, senior enlisted leaders, and first sergeants! As a team of teams our units collaborated together and covered each other to execute an



May 22, 2023 at Whiskey Nine for the 91 SFG Senior Leadership Farewell. Bidding goodbye to the 91 Squadron Commanders and their families.

unceasing, unglamorous, yet high stakes mission, and I could not have asked for better companions along the journey." - Maj Jeffrey Beene, 91 MSFS/CC

"I will miss our camaraderie across the SFG Squadron Commanders. It is a rare and special opportunity to command with peers that endure identical challenges persistently through two to three years in command with a no-fail mission. The units have a fierce rivalry but have always come together to solve big problems when required. Testimony to this includes 4.5 feet of snow affecting us all, countless inspections, exercises and day-to-day operations." - Maj Zachary

Hunt, 791 MSFS/CC

"As a new Security Forces commander two years ago, I appreciated the breadth of knowledge and experience that my fellow squadron commanders had and have learned a lot from them. Having peers who wear the beret, know the SF culture and how to take care of Defenders has been a great learning opportunity." Maj Chase Shields 891MSFS/CC

"To be honest, it's little scary to have all four of them leaving at the same time. They've all done a great job of building their respective teams and I know the units won't skip a beat, but losing four very good squadron commanders within

~6 weeks will present challenges. All four of them have done a great job of building unique teams that are all very high performing... while at the same time building some friendly competition between the units. I have no doubt they'll continue to succeed as will the units they are leaving." CMSgt Kenneth Broughman, 91 SFG

"This group of Commanders is comprised of some of the best officers I've ever worked for and with. My commander is my wingman, and he will have left the squadron better than the way he found it and it's up to us to keep the momentum going." - SMSgt Nick Roberts, 91 MSOS/SEL

Continued on the next page

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Air Force Ball, October 2022. The 91 SFG Commanders and their spouses huddle for a selfie.



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At the annual "Witches Walk" hosted by the 791 MSFS in October 2021 Nadine Hunt, Erin Beene, Lauren Shields, Monique Skates and previous 91 SFG command spouse, Aimee Segars enjoy the festivities.



Continued from the previous page

"Don't look back. Leave what you have done and be proud of it. Everything is going to change and that is ok." – Mrs. Dawn McCarty

"Minot AFB is rather unique in the fact that we have a whole Group exclusively for Defenders. Watching all four command teams and their spouses use their individual strengths to not only support each other, but also Defender Airmen has been a delight." – Mrs. Kira Hart

"Having a team of women who were pretty much in the same boat as me in terms of our spouses' work obligations, expectations and family commitment was a God-send for me! These women and families were just what I needed after the rough Covid years at our prior base. They helped me have someone to complain to, commiserate with and ask questions." – Mrs. Erin Beene

"These three years here have been amazing! Both sets of [group] commanders and spouses have made this assignment very enjoyable. It was my first time being involved in a Key Spouse program and I will help doing it from now on." – Mrs. Nadine Hunt

The friends gather for one last girls' day out at the LOR Spa in May of this year.

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L-R: Lt. Col Jamie Hart, Col Anthony McCarty, Lt Col Brett Skates, Maj Chase Shields, Maj Zachary Hunt and Maj Jeffrey Beene enjoyed a working relationship that included respect and friendship, and laughter. Notice the smiles as the strike "Prom Pose" at the Air Force Ball in 2022.

"It's been remarkable seeing the depths of leadership provided by our outgoing command teams. They have each set their units on a good glide slope for their incoming commanders and I am proud to have served with them. I wish them the best of luck in the future!" - Lt Col Jamie Hart, 91 SFG

"We experience highs and lows together as spouses: middle of the night phone calls, shared successes, cheerleading squadron wins, running Key Spouse programs, helping take care of families and shoveling each other's driveways when husbands were in the field. I'm glad I got to do all that with this group of women. We have become a family over the last two years and I wouldn't trade this experience for anything!" - Mrs. Lauren Shields

"My years here in Minot have been wonderful. I had the opportunity to fellowship with my neighbors, and attend a wonderful church in town, which brought my family closer to the Minot community. It is a great place for families and there is so much beauty to be discovered all over the state. The families and closeness of the SFG made our time here so memorable." - Mrs. Monique Skates

"One of the great joys in my role as an embedded True North Chaplain is that I have the privilege of working with our squadron commanders in the 91 SFG. While the four commanders departing the SFG are all different in many ways, one way in which they are all the same is in the way they have embraced the True North program and incorporated us into their squadrons. This chaplain will miss them and I wish them, and their precious families, the richest blessings in their future endeavors!" - Chaplain Brian Harris, 91 SFG

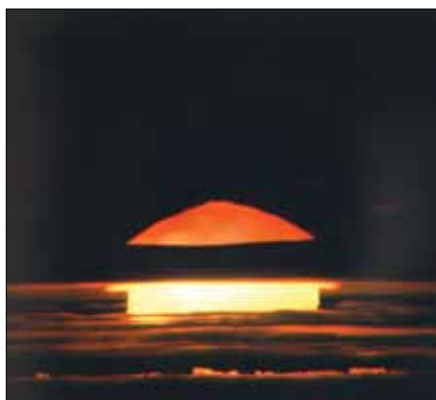


The Beenes, Hunts, Shields and Skates celebrated New Years Day 2023 together and posed for a freezing photo outside together that they will never forget.

A LOOK BACK THIS WEEK IN USAF HISTORY

B-52 BOMBER DROPS FIRST AIRBORNE HYDROGEN BOMB OVER BIKINI ATOLL

MAY 21, 1956



The fireball created by Redwing Cherokee over the Bikini Atoll, Marshall Islands. (thisdayinaviation.com)

On May 21, 1956, a United States Air Force B-52 Stratofortress from the 4925th Test Group at Kirtland AFB, New Mexico, dropped the first airborne Hydrogen bomb over the Bikini Atoll, Marshall Islands. Before this test, the idea of dropping an H bomb over an enemy was theoretical, but the test proved the USAF's capabilities. The bomb was dropped about 8 miles above the ground and released a blast estimated

at 10 to 15 million tons of TNT. The test, called Cherokee, was part of Operation Redwing, in which the United States conducted 17 nuclear test detonations from May to July of 1956. Redwing Cherokee upped the ante in the nuclear arms race with the Soviets and proved that United States had the ability to adapt to new situations of war. In 1963, the Limited Test Ban Treaty prohibited open-air and underwater nuclear testing as a result of concerns from environmentalists and scientists.

Information courtesy of: history.com / Fitchburg Sentinel, Mass. May 21, 1956 / thisdayinaviation.com

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HOLIDAY WEEKENDS
08:00 PM - 03:00 AM

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MAFB School Board

School Boards are responsible for the education of local children and address a wide array of issues to include establishing spending priorities, approving budgets, adopting school calendars, approving staffing changes, responding to changes in education law, and advocating for the needs of students, families, teachers and staff. Members work closely with the district superintendent and other administration and serve as public figures to support and respond to the needs of their communities.

For the Minot Air Force Base, School Board District #160 serves in this capacity. School board member duties include, using state and federal funds to ensure that the students on-base continue to receive the best education possible within the laws of the North Dakota Century Code, addressing concerns or questions from district

YOUTH IN ACTION




JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-11
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM

families, and voting on matters that affect schools both on and off the installation. The Minot Air Force Base School Board is a co-terminous school board that works alongside Minot Public Schools, School Board, District #1 with the mission of "Empowering all learners to succeed in a changing world".

Minot Air Force Base, School Board District #160 and Minot Public Schools, School Board, District #1 consist of five board members, each member serves a three-year term. For the Minot Air Force Base, School Board, District #160 there are three position requirements for members. These include 1) Member must reside on the installation 2) Member may be

active duty enlisted, a reservist, or a dependent family member. Officers are not eligible to serve as school board members pursuant DoDD 1344.10, Para 4.2.2.4. 3. Members cannot be an employee of Minot Public Schools.

The Minot AFB School Board often has to fill vacancies due to member resignations related to the military lifestyle. If a member of the board resigns that position is filled to serve out the remaining portion of that term. Currently, the Minot AFB School Board has an open position. Interested parties can contact the School Liaison at joy-nicole.smith.2@us.af.mil for more information and to receive an application.



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 0900

Protestant
Sunday Community Service
 1030


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 Children's Church during school year

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 Saturdays of every month

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 Daily Monday-Thursday at 1200

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Sunday, May 28
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 Sunday School at 9:45am

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MinotBibleFellowship.org

Immanuel Baptist Church

1615 2nd St. SE • www.ibcminot.org
701-839-3694



SUNDAYS: 9:00 AM FELLOWSHIP
 9:15 AM SUNDAY SCHOOL
 10:30 AM WORSHIP


WEDNESDAYS: 11:30 AM SOUP KITCHEN
 5:30 PM FAMILY SUPPER
 6:30 PM PRE-K/KIDS' CLUB /
 ABY & ADULT BIBLE STUDY



Christ Reformed Church

Worship 11:00 a.m. Sunday
 234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church


 2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
 Tuesday 5:15 p.m.
 Wednesday - Friday 7:00 a.m.
 Saturday 5:00 p.m.
 Sunday 8:00 & 10:30 a.m.


Fr. David A. Richter, Pastor
 Parish website: www.stjohnminot.com


First Lutheran Church - ELCA
 120 5th Ave. NW
 852-4853

Sunday Worship 9:30 am

www.firstlutheran.tv
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 Sunday 9:30 am
www.flcminot.com

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Church: 701-838-4492
Home: 701-838-5759
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 Adult/Children Worship.. 11 a.m.
 Family Hour 6:30 p.m.
 Evening Worship 7:30 p.m.
 Bible Study/Child-Adult
 Children Worship (Wed).... 7 p.m.
 Prayer (Friday) 7 P.m.


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Wednesday
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 Evening Worship 6:00 p.m.
 Wednesday Evening..... 7:00 p.m.

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 Pastor David Miller


Cross Roads Baptist

Southern Baptist Convention

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 Sunday Worship 11 a.m. & 5:30 p.m.
 Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcrbc.org
 email: minotcrbc@gmail.com
Gabe McCormick- Pastor

415 28th Ave SE (Behind Menards)
838-1873


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 Sunday Worship 10:30 a.m.
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 Wednesday Family Training Hour
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 ABC Child Care Center..... 852-6352

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 Sunday School (All Ages)..... 9:45 a.m.
 Contemporary Worship Service..... 9:50 a.m.
 Adult Sunday School 11:00 a.m.
 Contemporary Worship Service..... 11:05 a.m.
 Children's Church 11:05 am.
 Wed. AWANA (Sept. to May) 6:30 p.m.
 Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

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 Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor


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 9:30am Sunday School & Adult Bible study
 11:00am Contemporary Service

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 Bible Class (6th gr.)
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MINOT AFB ANNOUNCEMENTS

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 Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become

commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our upcoming term: 29 May-30 Jul. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

COLUMBIA COLLEGE
 For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly

institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now for Spring II Term. Classes start March 13, 2023! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY
 Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



Local Cravings

Restaurant Guide

<p>Applebee's Grill & Bar</p> <p>2302 15th St SW, Minot Phone: 701.839.2130 www.applebees.com</p>	<p>Badlands Restaurant & Bar</p> <p>1400 31st Ave SW, Minot Phone: 701.852.7335 www.blgrill.com</p>	<p>Bone's BBQ Smokehouse & Grill</p> <p>1412 2nd Ave SW, Minot Phone: 701.838.9140 www.bonesbbqminot.com</p>
<p>28 Tastes & Taps</p> <p>1603 35th Ave SW Minot Phone: 701.838.2828 FB: 28 Tastes & Taps</p>	<p>Culver's Restaurant</p> <p>3000 S Broadway, Minot Phone: 701.852.4800 www.culvers.com</p>	<p>Ironhorse Kitchen + Bar</p> <p>21 E Central Avenue, Minot Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot</p>
<p>Jamaican Vybz Kitchen</p> <p>Suite 200 315 Main Street S Minot Phone: 701-441-9309 FB: Jamaican Vybz Kitchen</p>	<p>Pink's Bar & Grill</p> <p>102 128th Ave NW Minot Phone: 701.852-2385 FB: PinksBarGrill</p>	<p>Prairie Sky Breads</p> <p>3 1st St. SE, Minot Phone: 701.858.0612 www.prairieskybreads.com</p>
<p>Noodles & Company</p> <p>304 4th Ave NW Minot 701.491.9103 www.noodles.com</p>	<p>Mi Mexico</p> <p>3816 South Broadway Minot Phone: 701.858.0777 www.mimexicominotnd.com</p>	<p>Primo Restaurant</p> <p>1505 N Broadway, Minot Phone: 701.838.7746 www.primominot.com</p>
<p>Souris River Brewing</p> <p>32 3rd St NE Minot Phone: 701.837.1884 www.sourisriverbrewing.com</p>	<p>The Starving Rooster</p> <p>30 1st St. NE, Minot Phone: 701.838.3030 www.starvingrooster.com</p>	<p>Whiskey Nine</p> <p>109 Central Ave, Minot Phone: 701.837.1090 www.whiskeyninen.com</p>



welcome baby

- BABY GIRL BORN ON WEDNESDAY MAY 10, 2023 TO ERIN & CRISTIAN ROSARIO, MINOT
- BABY BOY BORN ON WEDNESDAY MAY 10, 2023 TO BROOKE & BEN JOHNSON, MINOT
- BABY GIRL BORN ON WEDNESDAY MAY 10, 2023 TO KATHRYN & ERICK RINGO, MINOT AFB
- BABY BOY BORN ON THURSDAY MAY 11, 2023 TO BRIANNA ELLINGSON & TODD STROMBERG, MINOT
- BABY BOY BORN ON THURSDAY MAY 11, 2023 KRISTEN & CHAUNCEY KLEIN, MINOT
- BABY GIRL BORN ON THURSDAY MAY 11, 2023 TO CHELSIE & MATT MURKEN, MINOT
- BABY GIRL BORN ON THURSDAY MAY 11, 2023 EMILY STAUFFER, MINOT
- BABY BOY BORN ON THURSDAY MAY 11, 2023 DESIREE SANCHEZ & ANGEL RODRIGUEZ, STANLEY
- BABY BOY BORN ON THURSDAY MAY 11, 2023 KATIE AND AJSTON FLEMMING, MINOT
- BABY GIRL BORN ON FRIDAY MAY 12, 2023 TO MARIE CADWALADER, MINOT
- BABY GIRL BORN ON FRIDAY MAY 12, 2023 TO HEATHER & TYLER ERBER, GLENBURN
- BABY GIRL BORN ON FRIDAY MAY 12, 2023 TO TATAWNYA HANSEN-DEAN & SEAN DEAN, MINOT
- BABY BOY BORN ON SATURDAY MAY 13, 2023 TO LEAH HEGLE & LARRY CAIN, MINOT

If you wish to put a photo of your baby in the Northern Sentry, please send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity Health.

WE ARE HIRING

JOIN OUR TEAM

BASE REPORTER

We are looking for someone who has Minot AFB access and a firm grasp on the base community (or is willing to learn) and LOVES to write!

- No Journalism experience required, willing to train.
- Must be comfortable speaking with people from all walks of life and all ranks.
- Must be able to meet deadlines.
- Less than part time (4-6 flexible hours a week)

If interested, please send a resume to erin.beene@willowtreemarketing.com

northern sentry

MINOT AIR FORCE BASE NEWSPAPER
WWW.NORTHERNSENTRY.COM

WHAT'S GOING ON MAFB

FRIDAY 26

- AFGSC Family Day
- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com
- Family Child Care New Provider Orientation, 1000-1400, Family Child Care

WEDNESDAY 31

- Kids Drive Free Begins, Rough Rider Golf Course
- HIIT Strength & Conditioning, 0500, Fitness Center
- First Duty Station Officer Financial Course, 0900-1100, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Storytime, 1030, Minot AFB Library
- Moving Out of the Dorms Budget Class, 1300-1500, M&FRC
- Yoga, 1830, Fitness Center

FRIDAY 02

- HIIT Strength & Conditioning, 0500, Fitness Center

SATURDAY 03

- Cycle & Strength, 0900, Fitness Center
- Zumba, 1100, Fitness Center

SATURDAY 27

- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com
- Garden Plots Open, Outdoor Recreation

THURSDAY 01

- 2023 Space Camp and Teen Leadership Camp Closes
- Cycle, 0600, Fitness Center
- Pre-Separation Counseling, 0830-1130, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Zumba, 1800, Fitness Center

SUNDAY 28

- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com

MONDAY 29

- Memorial Day
- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com
- Memorial Day Special Lunch, 1030-1330, M&FRC

MAY SPECIALS

Bomber Bistro • Spinach Roma Pizza
Alfredo sauce base, with mozzarella, spinach, red onions, tomatoes, and mushrooms topped with parmesan and garlic romano seasoning.

The B-Fifty Brew • Smoothies
Coco freeze, banana cabana, mango colada, and strawberry colada.

Rockers Bar & Grill • Southwest Salad
Mixed greens topped with seasoned grilled chicken, tomatoes, tortilla chips, black bean and corn salsa, and shredded cheddar.





