

northersentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 57 • ISSUE 46 | MINOT AIR FORCE BASE | FRIDAY, NOVEMBER 15, 2019

WHATS INSIDE THIS WEEK:



CMSGT RODEA
RETIREMENT
CEREMONY

A2



CHIEF
STOLTZFUS'
PROMOTION

B4



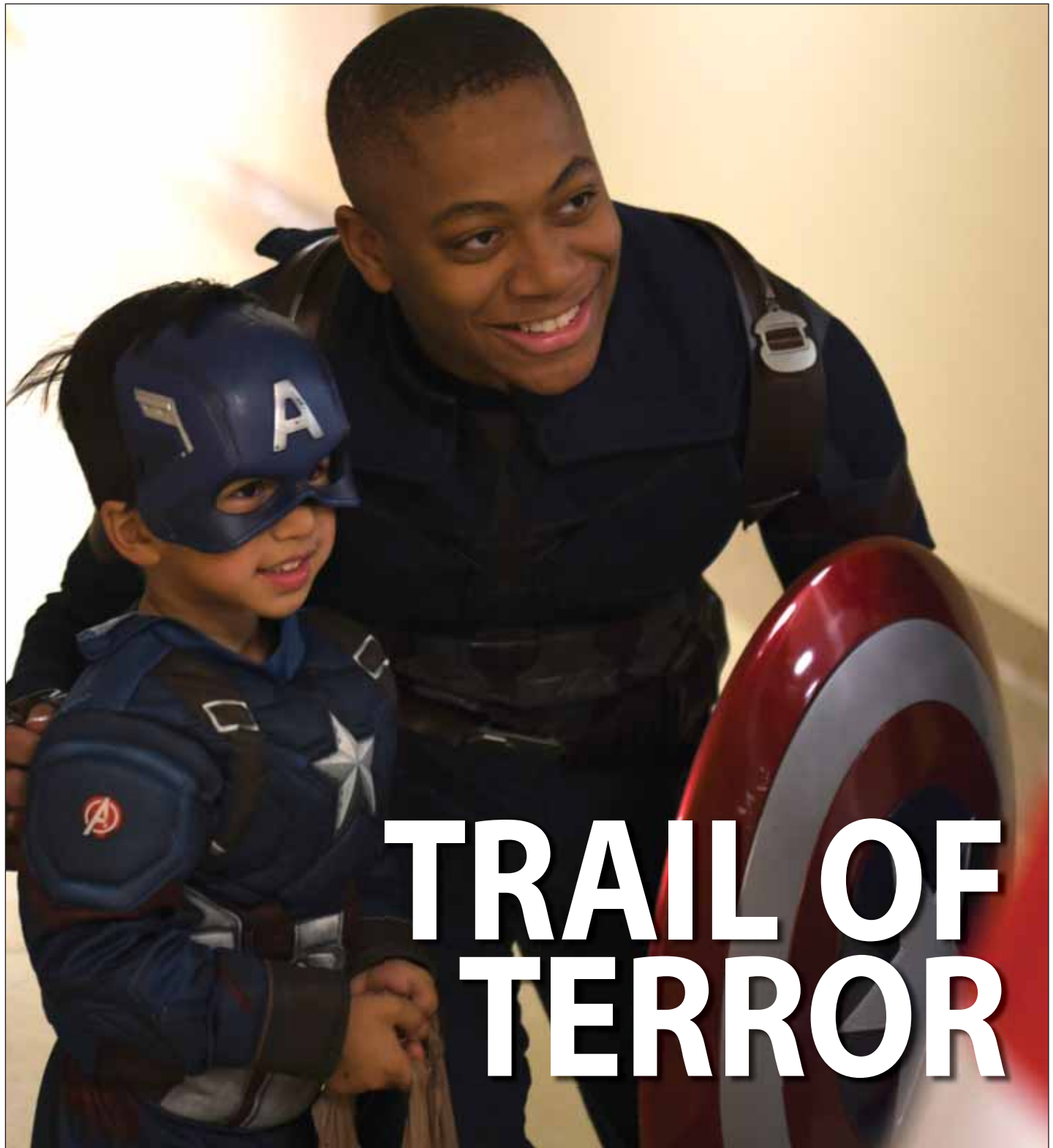
\$1.00
CLASSIFIEDS!*

\$3.00 for Classifieds
with photo

Active Military & Dependents only

Sign-up online at
www.northersentry.com

*OFFER ONLY AVAILABLE
WHEN BOOKING ONLINE



TRAIL OF TERROR

The 5 Medical Group hosts the Trail of Terror event at Minot Air Force Base, North Dakota, Oct 31, 2019. The event consisted of various Airmen dressed as popular characters and gave out candy to the children of the families of Minot AFB. *More photos on page B7 and MAFB PA Flickr page.*

U.S. AIR FORCE PHOTO | AIRMAN JAN K. VALLE



WE'LL BUY YOU DINNER!

2 Winners
Every Week!

Details Inside!!!



ONLY THE BEST COME NORTH!



WWW.MINOT.AF.MIL

Like "MINOT AIR FORCE BASE"

CONTACT MINOT AFB PUBLIC AFFAIRS:

(701) 723-6212

V35BW.PA@US.AF.MIL



Minot AFB



Videos

CMSgt Rodea Retirement Ceremony



MOOSE LODGE
WINTER
Vendor Event

November 16th
10am - 3pm
Crafts, Baked Goods,
& More!

FREE
ADMISSION
400 9TH ST SW - MINOT

At Great Clips we're good at

MILITARY STYLE HAIRCUTS

...well we are just plain good at all haircuts!

Military Discount ~ On Line Check In
Open at 8 AM Monday - Saturday, Noon on Sunday.

Great Clips
3226 16th Street SW, Suite 200, (701) 858-1811

GREATCLIPS.COM

Certified Pre-Owned
Hyundai Tucson SE Sport Utility
M24536 **\$19,995**

Winter Wonderland

DON BESSETTE MOTORS

Certified Pre-Owned
2018 Mazda 6 Touring Car
M24497 **\$19,995**

NOVEMBER ONLY SPECIAL PRICING! *

<p>\$48,995</p>  <p>2018 Infiniti QX80 M23998</p>	<p>\$42,995</p>  <p>2019 Ford Explorer M24417</p>	<p>\$36,995</p>  <p>2017 GMC Sierra M24447</p>	<p>\$28,995</p>  <p>2016 Mini Cooper Countryman AWD M23920</p>	<p>\$24,995</p>  <p>2018 Chrysler Pacifica Touring M24161</p>	<p>\$24,995</p>  <p>2019 Chevrolet Equinox LT M24340</p>
--	--	--	---	--	---

*Special Pricing after all qualifying rebates offered by dealership.
**On select models with approved financing with Hyundai. Rebates include Retail Motor Cash, Military Rebate, and Hyundai Motor Finance Cash. 10 yr./100K Pwr Train Warranty & 5 yr./60 mile New Vehicle Warranty included. Addtl. tax, title, license & fees due at signing. See dealer for details.

1715 N BROADWAY MINOT, ND • 701-852-3300
WWW.DONBESSETTEMOTORS.COM

91 MW first reserve alert

AIRMAN JAN VALLE, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

For the first time ever on Oct. 26, 2019, a reserve Airman completed a 24 hour "alert" at a Missile Alert Facility after 60 years of using Intercontinental Ballistic Missiles in the U.S. Air Force.

Captain Ben Shea, 91st Operations Support Squadron minuteman combat crew commander, was called into a MAF. Minot Air Force Base is one of the three bases tasked with the ICBM mission.

After serving six years at Minot AFB and having pulled over two-hundred alerts in his Air Force career, Shea separated from the active-duty component of the Air Force and became a reservist. Shea wanted to continue serving here so he proposed an idea to be able to do his former job as a reservist.

"The vision is to always be combat mission ready in order to maintain currency and proficiency," said Shea. "The Air Force as a whole was interested in the idea of having a reservist go on alert."

Although Shea is a reservist, he is still required to complete all active duty requirements before getting sent to conduct the "alert" at the MAF. Shea trains on the Thursday and Friday before heading to the alert facility.

"I get my simulator training done for the Missile Procedural

Trainer along with any other training required," said Shea. "After the training, I would be ready to get dispatched to the missile field on Saturday and come back on Sunday. We essentially prove that it is possible for a reservist to go on alert."

When sent out to the MAF, Shea is responsible for the alert facility. Shea maintained his prior position when as an active duty member and implied it to his reservist role.

"When I went on alert, I went to the Delta-01 missile alert facility," said Shea. "I was the commander on the field for that flight area."

Shea conducted mission planning before deploying out to the field.

"We sit down and talk about any events that may occur in the field," said Shea. "When we get out there it's our job to take care of our little quadrant of the Air Force."

Shea believes that reserve Airmen are an essential asset to the U.S. Air Force.

"The flying community utilizes reservists in a great deal in order to supplement the missions that they are already conducting," said Shea. "It is a great way to innovate with the personnel that we have. The reservists give experience back to the career field instead of losing it."

Shea hopes that one day they will eventually have enough reservists to cover the whole

missile field for a weekend.

"The vision that we have is that there will eventually be ten reservists that can show up for mission planning instead of one," said Shea. "We are not there yet, but that is the goal. Eventually, we will be covering a squadron or even a wing in order to give an entire weekend back to the active duty folks."

Shea is the first out of three

reserve Airman to go on "alert" at a MAF. The other two reservists from F.E. Warren AFB and Malmstrom AFB will be conducting their first "alert" call during the month of November.

"I am able to contribute to the mission on a part-time basis," said Shea. "I am very thankful for the opportunity that the Air Force has given me, and it is a great blessing to continue serving."



Capt. Ben Shea, 91st Operations Support Squadron minuteman combat crew commander, calls the Flight Security Controller at Missile Alert Facility Delta-01, Max, North Dakota, Oct. 26, 2019

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN ALYSSA AKERS

CONTACTUS

Ted Bolton
Publisher | Advertising
bagroup@srt.com

Rod Wilson
Business Development | Marketing
sentrystales@srt.com

Nikki Greening
Creative Services
nsads@srt.com or
nsgraphics@srt.com

MINOT AIR FORCE BASE PUBLIC AFFAIRS

Chief of Public Affairs

Maj. Natassia Cherne

Public Affairs Officer

1st Lt. Victoria Palandech

2nd Lt. Gabriel Cushing

Superintendent

Master Sgt. Jeremy Larlee

Civic Outreach

Staff Sgt. Steven Adkins

Staff Photojournalists

Technical Sgt. Crystal Cherriere

Staff Sgt. Benjamin Smith

Staff Sgt. Michael Kantack

Senior Airman Jonathan McElderry

Senior Airman Ashley Boster

Senior Airman Alyssa Akers

Senior Airman Dillon Audit

Airman 1st Class Josh Strickland

Airman 1st Class Caleb Kimmel

Airman 1st Class Jesse Jenny

Airman Jan Valle

COMMANDERS

5th Bomb Wing Commander:

Col. Bradley Cochran

5th Bomb Wing Vice Commander:

Col. Brian D. Vlaun

91st Missile Wing Commander:

Col. Glenn Harris

91st Missile Wing Vice Commander:

Col. Barry E. Little

NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

MAIL & FAX

315 South Main Street, Suite 202
Minot, ND 58701 | 701.839.1867

VIEW ONLINE

www.northernsentry.com
www.minot.af.mil

FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is www.minot.af.mil. The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

Join our team
Great Clips IS HIRING!!!
WORK IN A Fun & Lively SALON WITH GREAT STYLISTS!
WE OFFER:
• MEDICAL & DENTAL BENEFITS
• PAID TRAINING
• PAID HOLIDAYS & VACATION
• 401K EMPLOYER MATCHED
CALL DENNIS @ 406-670-1506
OR APPLY ONLINE @ GREATCLIPS.COM
\$1,500 SIGN ON BONUS!

NODAK ARMS
INDOOR INTERACTIVE SHOOTING RANGE
Range Time HAPPY HOUR: 10 AM - 2 PM Mon.-Thurs.
\$7.50 per 50 Rounds 6 PM - 10 PM Fri. & Sat.
Book Range Time: www.nodakarms.com/bookings *Guns Supplied Free if Needed

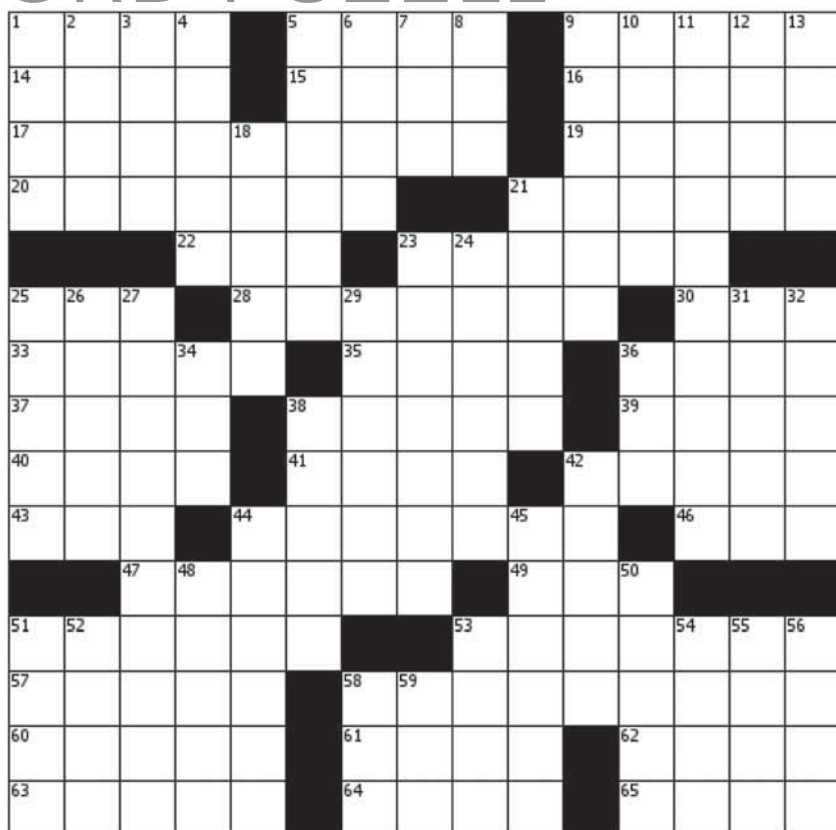
AMERICA'S BAND
The Beach Boys
NOVEMBER 16 | 7 PM
LIVE AT 4 BEARS EVENT CENTER
WIN TICKETS ON NOVEMBER 22
Timberwolves vs. Suns
PHOENIX, ARIZONA
Jonas Brothers concert
WIN TICKETS ON NOVEMBER 23
LIVE IN CONCERT
BRETCHEN WILSON
FEATURING **JESSIE G**
DECEMBER 20 | 8 PM
LIVE AT THE 4 BEARS EVENT CENTER
RELAX AND ENJOY JACOB CHRISTOPHER ON NOVEMBER 15 & 16 AT POCKET ACES LOUNGE
OUR SLOTS
PAY LOTS
1,519 hand pays totaling \$3,348,472 Sept 1 - 30
800.294.5454
NOW OPEN 24 HOURS!
VISIT 4BEARSCASINO.COM FOR DETAILS AND CHECK US OUT ON SOCIAL MEDIA.
When gambling is no longer a fun hobby, but an addiction, know there is help. Call the 2-1-1 Hotline today for help and guidance. 4 Bears Casino & Lodge cares about you and wants you to know that help is available.

BADLANDS RESTAURANT BAR
WE'LL BUY YOU DINNER!
Look for the Lucky Ticket Inside Your Paper
Follow the Instructions on the Back of the Ticket
2 Winners Every Week!
\$25.00 Gift Certificate From Badlands Restaurant & Bar

CROSSWORD PUZZLE

Across

- 1. Rough seas feature
- 5. Another rough seas feature
- 9. Desert plants
- 14. "Very funny"
- 15. Met song
- 16. Certain moldings
- 17. Nightmare locale
- 19. Exemplar
- 20. Tex-Mex item
- 21. Wear by rubbing
- 22. Wood chopper
- 23. Brouhaha
- 25. Finger-pointing "Uncle"
- 28. Here and there, and maybe over there
- 30. Eye network
- 33. Type of ring
- 35. Bugle call
- 36. Word with in or up or down
- 37. Crossed fingers symbolize it
- 38. Toon Boop
- 39. Sampras of tennis
- 40. Prospector's beast
- 41. Architect Saarinen
- 42. Scrap
- 43. Poem of praise
- 44. Was even on a golf round
- 46. Top of some ratings
- 47. Better half
- 49. Terhune canine
- 51. Audition
- 53. Rain-on-the-roof sound
- 57. Becker of tennis
- 58. Carbonated drink
- 60. Violation, as of privileges
- 61. Double-reed instrument



- 62. Farmland unit
- 63. "Three's Company" landlord
- 64. Woodstock gear
- 65. Some boxing results

Down

- 1. Guitar legend Atkins
- 2. Angel topper
- 3. Resistance units
- 4. Linguini or ziti
- 5. Prison chief
- 6. Word with gray or rest

- 7. Go for the gold
- 8. Mom's order
- 9. Small jazz bands
- 10. Thessalian marketplace
- 11. Blanket box
- 12. Began a golf game
- 13. "Cast Away" setting
- 18. Occupants of some stands
- 21. Pretentious, as a display
- 23. In a tough jam

- 24. Soda-can feature
- 25. Jerk
- 26. One way to pray
- 27. Waffle topping
- 29. Knights' horses
- 31. Montana mining city
- 32. "Merry Company on a Terrace" artist
- 34. "I told you so!"
- 36. Resort with mineral springs
- 38. Lollapalooza

SUDOKU Solution to puzzle on page B7

	1	2	3						
	4			5	6			1	
	7		2				8		9
8		3		2		6	4		
	6	4		9		1		5	
5		6			1		8		
	8		4	3				7	
					8	9	2		

Solution to last week's Crossword puzzle.

A	C	A	D		A	D	L	I	B		A	L	D	A	
L	O	N	I		D	R	O	N	E		L	E	A	N	
B	R	E	A	D	D	O	U	G	H		L	I	F	T	
E	A	R	L	I	E	S	T		E	R	S	A	T	Z	
E	L	A	T	E	R	S		S	M	E	E				
			O	M	S		S	C	O	T	T	I	S	H	
E	S	P	N			R	I	A	T	A		C	I	A	
S	Q	U	E	A	K	E	D	T	H	R	O	U	G	H	
A	I	L		G	E	N	E	S			U	S	N	A	
U	N	P	I	N	N	E	D		P	C	T				
			C	U	K	E		B	R	A	S	S	I	E	
A	T	E	A	S	E		E	L	E	P	H	A	N	T	
P	A	A	R			S	U	R	E	E	N	O	U	G	H
E	C	R	U			E	V	I	A	N		U	C	L	A
D	O	N	S			Y	A	N	K	S		T	E	E	N

- 42. Vindictive anger
- 44. Skilled housecat
- 45. Arlo's favorite restaurant
- 48. Grace under pressure
- 50. Sponge gently
- 51. Skier's lift
- 52. Sci-fi prefix
- 53. Actor's accessory
- 54. Eat like a bird
- 55. Prefix with space
- 56. Dos follower
- 58. Fluffy neckwear
- 59. "Big Blue"



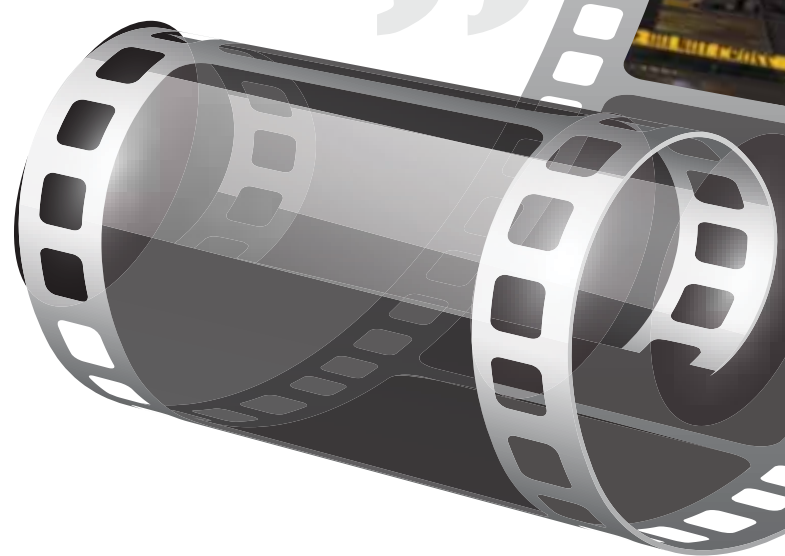
FRIDAY, NOV 15 • 1800
ONCE UPON A TIME IN HOLLYWOOD (R)

SATURDAY, NOV 16 • 1400
SUNDAY, NOV 17 • 1500
MALEFICENT: THE MISTRESS OF EVIL (PG)

SATURDAY, NOV 16 • 1700
21 BRIDGES (PG-13)
STUDIO APPRECIATION
ADVANCE SCREENING
FREE ADMISSION



21 BRIDGES follows an embattled NYPD detective, who is thrust into a citywide manhunt for a pair of cop killers after uncovering a massive and unexpected conspiracy. As the night unfolds, lines become blurred on whom he is pursuing, and who is in pursuit of him. When the search intensifies, extreme measures are taken to prevent the killers from escaping Manhattan as the authorities close all 21 BRIDGES to prevent any entry or exit from the iconic island.





Holiday Cranberry Jalapeño Dip



Recipe courtesy of www.sparrowsandilly.com/cranberry-jalapeño-dip-holidays/

INGREDIENTS:

- 12 oz fresh, uncooked cranberries
- 1/4 cup green onion
- 1-2 fresh jalapeño peppers
- 3/4 to 1 Cup sugar (according to taste)
- 2 Tbsp. cilantro (optional)
- 1 Tbsp. lemon juice
- 1/8 tsp. salt
- 16 oz. cream cheese (whipped)

INSTRUCTIONS:

- Use hand food chopper to chop cranberries. (It is best to not use a food processor to chop these as the cranberries liquify too much.)
- Chop green onion, jalapeño peppers and cilantro.
- In a medium-sized bowl, add chopped cranberries, green onion, cilantro and jalapeños.
- Add sugar, lemon juice and salt on top of cranberry mixture and stir gently until blended.
- Cover with plastic wrap and place in refrigerator overnight.
- Take cranberry mixture out of the refrigerator and stir all ingredients together. Strain out all liquid using a collander with small holes.
- Whip softened cream cheese with hand mixer until smooth (about 2 minutes) and spread cream cheese over bottom of a pie plate or 9x9 dish.
- Pour cranberry mixture atop cream cheese and keep in refrigerator until ready to serve.
- Use a spoon to spread over Ritz crackers and enjoy!!

Kim Albert Agency
701-852-1460
2825 S. Broadway, Suite 2
abby.martinson@allstate.com

Allstate
You're in good hands.
© 2019 Allstate Insurance Co.

Prairie Winds
BAND INSTRUMENT REPAIR, LLC

2015 6th St SE
Minot, ND 58701

701-852-7909
1-877-349-4676

Sales and Repair of Brass, Woodwind, Percussion, and Strings

CPM
creative property management Inc.

MOVE-IN READY UNITS!
STUDIO AND 1 BEDROOM APARTMENTS

STARTING AS LOW AS \$325 A MONTH!

SCHEDULE YOUR SHOWING TODAY!

CPM
creative property management Inc.

701-852-5028
WWW.CREATIVEMINOT.COM



Upcoming Events

16 NOV **MINOT HOG CHAPTER HOSTS ANNUAL SANTA RIDES A HARLEY**
11:00 AM - 4:00 PM
Location: Magic City Harley-Davidson 6701 Hwy 83 S, Minot

Have your picture taken with Santa on his Harley-Davidson! PETS are Allowed! All pets must be on a Leash! (No Personal Cameras Allowed) \$10.00 suggested donation - you will receive: (1) - 8X10 photo or (2) - 5X7 photos. Photographed children age 12 & under may enter a drawing for a bicycle! Proceeds going to: Souris Valley Animal Shelter! Please bring a toy or non-perishable food item to be donated to a local charity. Sponsored by MINOT HARLEY OWNERS GROUP #3291



For more information:
Facebook event/ Santa Rides A Harley

16 NOV **GOODNIGHT MINOT**
6:00 PM - 9:00 PM
Location: Mouse River Players 115 1st St SE, Minot

An exciting live stage production is coming to Minot! Featuring the creative talents of Jacob Thraikill and Myles Barcomb in partnership with Good Talk Network productions. Good Night Minot is inspired by late night television, complete with a red carpet experience, opening monologue, featured musical act, comedic skits, audience participation and regional celebrity guests. Good Night Minot will be filmed before a live studio audience. Doors open and social hour begins at 6PM with beverage service and live music featuring the Good Night Minot house band. Seats are limited, get your tickets online now.



For more information:
Facebook event/ GoodTalk Minot

19 NOV **BOY SCOUTS OPEN HOUSE**
7:00 PM - 8:00 PM
Location: Minot Loyal Order of the Moose 400 9th St SW, Minot

Are you an 11-16-year-old boy? Are you interested in hiking, whitewater rafting, camping, rock climbing, canoeing, and other outdoor adventures? Do you want to learn the skills to survive in the wilderness? Or how about becoming a leader of a group of fellow Scouts? Come to our Open House! No prior Scouting is needed to become a Boy Scout. Come and hear about our troop and learn how you can become a member of a really great group of outdoor enthusiasts! Contact for questions: Scoutmaster Henry Lemar 701-340-4706 hlemar@gmail.com



For more information:
Facebook event/ Boy Scout Troop 411 - Minot, ND

20 NOV **MINOT PUBLIC LIBRARY HOSTS TOY STORY 4 MOVIE MATINEE**
2:00 PM - 4:00 PM
Location: Minot Public Library, 516 2nd Ave SW, Minot

The Minot Public Library will be hosting a movie matinee. The movies are open to adults and children of all ages- under 5 MUST be with an adult. Feel free to bring your own snack and drink!



For more information:
Facebook event/ Minot Public Library

21 NOV **ART ALL AROUND**
13+
4:00 PM - 5:30 PM
Location: Taube Museum of Art, 2 Main Street North, Minot

A step above your traditional art class. Classes are geared towards students with an interest in further art exploration! Limited class size for a more individual student instruction. Pre-registration recommended. Teens 13+



For more information:
Facebook event/ Taube Museum of Art

21 NOV **SOUNDS OF THE SEASON - CHLOE MARIE**
6:00 PM - 7:30 PM
Location: Dakota Square Mall 2400 10th St SW, Minot

Join us for hot chocolate, treats + a holiday performance from 6pm-7:30pm by Chloe Marie in the JCPenney Court near Santa's Workshop! Chloe Marie is the North Dakota winner of Prairie Public TV's "Celebration of Music." (Treats and music will close at 7:30pm. Activities are free while supplies last.) For more information, visit: <http://www.shopdakotasquare.com/event/blta97ea2a8c066a441>



For more information:
Facebook event/ Dakota Square Mall

ALL YOU CAN EAT
GARDEN FRESH SALAD BAR

EVERY DAY

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335



CLUB EVENT

Team Minot Clubs Network hosts a club event at The Turf on Minot Air Force Base, North Dakota, Nov. 1, 2019. The event was organized in order to introduce and showcase the clubs available at Minot AFB.

U.S. AIR FORCE PHOTOS
AIRMAN JAN K. VALLE

MINOT GUN SHOW

ND STATE FAIR CENTER
NOV. 30 & DEC. 1, 2019

SHOW HOURS: SAT. 9 a.m. - 5 p.m.
Sun. 9 a.m. - 3 p.m.

PUBLIC IS INVITED!

Public Admission - \$5.00 Each Day
CHILDREN UNDER 12 FREE WITH PARENT
FOOD ON PREMISES

DEALER SET UP - Fri. 1 p.m. - 9 p.m.
BUY - SELL - SWAP - TRADE

ALL FEDERAL, STATE AND LOCAL GUN LAWS TO BE OBEYED
Not Responsible for Theft or Accidents

WE DO Holiday Parties BOOK NOW!

GOOD DATES STILL AVAILABLE. PARTY PACKAGES AVAILABLE FOR ALL SIZE GROUPS. CALL FOR MORE DETAILS.

MAKE YOUR HOLIDAY PARTY SPECIAL AT "THE BOWL"

North Hill BOWL

1901 NORTH BROADWAY MINOT, ND
NORTHHILLBOWL.COM

FOR RESERVATIONS PLEASE CALL **852-4108**

BF Break Forth BIBLE CHURCH

New!

7:00pm Service
Thursday Evenings
at the
GRAND HOTEL

Welcoming
MAFB
Servicemen and Women!

breakforthbiblechurch.com

car tiva

701-857-9210

3520 S. Broadway • Minot, ND 58701
www.CartivaOfMinot.com

CAR OF THE WEEK

2018 NISSAN ROGUE SPORT S
FWD 4D SPORT UTILITY

\$15497 STOCK# 56262X

TRAEGER TALK



COOKING A PERFECT TURKEY

RYAN DAVY, GENERAL MANAGER
Home of Economy Stores
Amish Gallery Stores
www.homeofeconomy.net

Cooking the perfect turkey on the Traeger is easier than you think. First thing you need to do is to pick up a Traeger turkey cooking kit at Home Of Economy. This will include the brine kit, and the perfect pellets for smoking your turkey. The day before you are going to cook your turkey put it into the Traeger brine per the package directions and let it sit overnight in the fridge. Take it out of the brine and pat dry with a paper towel and season the inside cavity of the turkey with Traeger pork and poultry rub. Let it sit in the fridge for an hour. Remove from fridge and put softened garlic butter under the skin of the breast. Preheat your grill to 225 degrees. Place your turkey on a roasting rack inside a roasting pan, if you have a Traeger rib rack you can turn it upside down and it will work as a roasting rack. Place the turkey on the grill and let it cook until it reaches an internal temp of 100-110 degrees, turn the grill up to 350 degrees and cook until internal temp of 160 degrees. Let rest for at least 15 minutes as the turkey will continue to cook to 165 degrees. Carve and enjoy the juiciest turkey you have ever eaten. November 16 we will be serving samples of turkey cooked on the Traeger from 10:00AM-2:00PM so come down and check it out.



TURKEY GRILL DEMO
NOVEMBER 16

FREE TURKEY SAMPLES 11 AM – 3 PM
Experts on hand to answer your questions.

\$100 OFF TRAEGER GRILLS
Free Turkey Card with Every Grill Sold!
(Offer Good November 11 – November 30)



107 20th Ave SW, Minot

www.HofE.com/BBQHQ

Celebrating flight at North Dakota's air museums and attractions

It's National Aviation History Month and North Dakota has many ways to celebrate. Take time to explore our stories and displays about North Dakota's past, present and future in the air and beyond.

North Dakota is destined to be a player in the future of space travel and airborne services. Already a leader in unmanned aerial systems (UAS), North Dakota is playing a role in the future of space travel as well. See the display at the North Dakota Heritage Center and State Museum (<https://statemuseum.nd.gov>) explaining our work in developing a space suit for a Mars expedition. That work is cutting edge, just like the exploits of Carl Ben Eielson in the early 1900s.

Eielson was an aviation pioneer recognized for his achievements in aviation at the Eielson Museum (<http://hattonmuseum.com>) in

Hatton. Eielson was the first man to fly over the North Pole from Barrow, Alaska, to Spitsbergen, Norway, in 1928. His Fokker airplane and other artifacts are on display at the museum.

For displays on a larger scale, visit the Fargo Air Museum (www.fargoairmuseum.org) and Dakota Territory Air Museum (www.dakotaterritoryairmuseum.com) in Minot. The Fargo Air Museum includes warbirds like the WWII-era P-51 Mustang, Focke-Wulf Fw 190 Wurger and B-25 Mitchell and a modern Northrop Grumman RQ-4 Global Hawk unmanned aerial surveillance aircraft. Displays change often as planes routinely fly in or leave the museum. Dakota Territory Air Museum has indoor and outdoor displays of vintage military and civilian aircraft and is a short

takeoff and landing from Minot Air Force Base (www.minot.af.mil), one of the state's two Air Force bases. The other is Grand Forks Air Force Base (www.grandforks.af.mil). Each base allows tours with advance notice. Aviation fans may also enjoy guided tours of flight simulators and air traffic control labs at the John D. Odegard School of Aerospace Sciences (<https://aero.und.edu/>) on the UND campus in Grand Forks.

For those who want to see the lights of the city from above, Executive Air Taxi (www.executive-air.com/sightseeing-flights) in Bismarck, Minot Aero Center (<https://minotaerocenter.com/flight-instruction/>) and Fargo Jet Center (www.fargojet.com/flight-school) will take you into the friendly skies.

Minot's Tires Plus promotes David Lee to Store Manager

A dynamic leader is stepping up and taking charge

Minot, Nd. (Oct. 31st, 2019) - Tires Plus Total Car Care of Minot and Jarid Lundeen are pleased to announce that David Lee has been promoted to Tires Plus Store Manager. As of October 14th, David has assumed Management responsibilities of the Minot Tires Plus located at 1301 20th Ave SW.

Mr. Lee began working as assistant manager for Tire Plus in April of 2019 and has proven his leadership skills time and again. In only six short months, David has proven that he personifies the "Customer First" mentality that

makes Tires Plus so noticeably different in the car care industry. David has earned the respect of his colleagues and coworkers with his hands-on approach to every facet of running the business and ensuring the customer knows they are "The Boss". Not afraid to get his hands dirty, on any given day David is just as likely to be mounting tires with the techs as he is tackling annual budgets or marketing strategies.

David Lee was raised in Middleton, Idaho and later attended Southern Virginia University where he got his degree in Business Management. Afterwards, he

joined the Foreign Service Institute and spent five years as a Foreign Service Officer for the US State Department. David and his wife Amy moved to Minot and spent some time working in the oil fields before beginning his career with Tires Plus.

Jarid Lundeen and Tires Plus has been serving North Dakota for over 19 years through its locations in Bismarck, Minot, and Minot Air Force Base. From tires to engines and everything in between, their highly trained personnel are focused on delivering fast, friendly service without breaking the bank.

ACCESS
Roll Up Cover

ROLL-UP PICK UP COVERS
- SRT - 2 ELECTRIC - SPOOL ROLL TARP - TRUCK TARPS

Manufactured by AGRI-COVER

DISTRIBUTED BY
NELSON RIPPLINGER SALES
NEW & USED COVERS ON HAND

ASK ABOUT
MILITARY DISCOUNT
OWNED BY VETS

JIM OR BONNIE 838-2515 • CELL 721-1251

TILMAN JONES
MASSAGE

701-240-9501

MASSAGE THAT WORKS FOR YOU

15, 1ST AVE SE, SUITE 101B
MINOT, ND 58701
BY APPOINTMENT

CPM
creative property management Inc.

BEAUTIFUL CONDOS & TOWNHOUSES FOR RENT

2 AND 3 BEDROOMS AVAILABLE WITH ATTACHED HEATED GARAGE

GREAT LOCATION, RIGHT OFF HIGHWAY 2 FOR EASY ACCESS TO THE BASE

STARTING AS LOW AS \$895 A MONTH!

SCHEDULE YOUR SHOWING TODAY!

CPM 701-852-5028
creative property management Inc. WWW.CREATIVEMINOT.COM

The Minot Symphony Orchestra presents

From Russia with Love

November 16, 2019
Ann Nicole Nelson Hall - MSU

6:30 pm - Pre-concert talk • 7:30 pm - concert

Explore three of the most known pieces in the Russian repertoire:

Shostakovich: *Festival Overture*
Tchaikovsky: *Piano Concerto No. 1*
Marina Lomazov, piano
Rachmaninoff: *Symphonic Dances*

2019-2020
MINOT SYMPHONY ORCHESTRA
Efraim Amaya - Music Director

Future concerts:
Dec. 14 • Feb. 8
March 7 • April 25

701-858-4228 • www.minotsymphony.com

Men's Winter Refuge

Donations of men's winter gloves and socks will be collected and distributed through the Minot Area Men's Winter Refuge.



WINTER SURVIVAL TIP

Keep a look out for deer when driving on the highway! November is the top deer strike month in ND. Deer are most likely to be active around 5:00-7:00 AM and 6:00-11:00 PM. Scan the ditches for the flash of eyes, and remember that if you see one, there are probably more nearby.

This Winter Survival Tip provided by Minot Air Force Base Library

WHAT'S GOING ON MAFB

TODAY

- Swerk, 0915, Fitness Center
- Keystone Resiliency Challenge — School Age, 1600, Youth Center
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Mixed Martial Arts, 1630, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill, Jimmy Doolittle Center, and Bomber Bistro
- Give Parents a Break, 1800-2200, Child Development Center & Youth Center
- Keystone Resiliency Challenge — Teens, 1800, Youth Center
- Keystone Meeting, 1800, Youth Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Free Country Dance Lessons, 1900, Ground Zero Lounge in the Jimmy Doolittle Center
- Country Dance Social, 2000-2300, Ground Zero Lounge in the Jimmy Doolittle Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

TUESDAY

- Cycle, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Game Day, 1000-1930, Base Library
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Family Night Kids Eat Free with Adult Club Member Entrée Purchase, 1700-2000, Rockers Bar & Grill
- Fit to Fight, 1700, Fitness Center
- Swerk, 1900, Fitness Center

THURSDAY

- Cycle, 0600, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Creative Kids Class, 1030-1100, Arts & Crafts
- Great American Smokeout Scavenger Hunt, 1100-1400, Fitness Center
- Cycle, 1130, Fitness Center
- Reintegration Briefing, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Trivia Registration, 1600-1845, Ground Zero Lounge in the Jimmy Doolittle Center
- Keystone Resiliency Challenge — Open Rec, 1600, Youth Center
- Throwback Thursdays, 1700-2000, Rough Rider Lanes
- Fit to Fight, 1700, Fitness Center
- Olympic Weightlifting, 1730, Fitness Center
- Craft Club, 1800, Base Library
- Thursday Night NFL Football, 1900, Rockers Bar & Grill
- Trivia Night, 1900-2100, Ground Zero Lounge in the Jimmy Doolittle Center

WEDNESDAY

- Last Day to Register for Creative Kids Class at Arts & Crafts
- Last Day to Register for Great American Smokeout Scavenger Hunt at Fitness Center
- Circuit Training, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Bundles for Babies, 0900-1030, A&FRC
- Club Member Benefit, 0900-1400, Rough Rider Lanes
- Story Time, 1030, Base Library
- Aqua Fitness, 1145, Held at the Indoor Pool and hosted by the Fitness Center
- Minot Public Schools — Early Release Day, 1300, Youth Center
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- Off-Base Budget Class, 1430-1600, A&FRC
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Boss & Buddy \$1 Off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Mixed Martial Arts, 1630, Fitness Center
- Cycle, 1700, Fitness Center
- Run 4 Fitness, 1700, Fitness Center
- Wednesday Night Fun Bowl, 1700-2100, Rough Rider Lanes
- Squadron Extramural Bowling, 1730, Rough Rider Lanes
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

SATURDAY

- Cycle, 0900, Fitness Center
- Swerk, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Ice Fishing Class, 1100, Outdoor Recreation
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

SUNDAY

- NFL Sunday Ticket Football, 1130-1800, Rockers Bar & Grill
- Cycle, 1400, Fitness Center

MONDAY

- Registration Opens for Snowboarding & Ski Trip at Outdoor Recreation
- Tactical Fit Express, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
- Swerk, 0915, Fitness Center
- Aqua Fitness, 1145, Held at the Indoor Pool and hosted by the Fitness Center
- Off-Base Budget Class, 1430-1600, A&FRC
- Cycle, 1700, Fitness Center
- Mixed Martial Arts, 1700, Fitness Center
- Craft Club, 1800, Base Library

Bomber Bistro

November Special

Tuesday Lunch Special: Taco Tuesday Bowl
Seasoned ground beef, tomato, onion, lettuce, jalapenos, and shredded cheddar cheese over white rice served with salsa and sour cream! Try it on Tuesdays during lunch while supplies last for \$9.25 — includes a drink!

The B-Fifty Brew

November Special: Ultimate Breakfast Sandwich
You can't go wrong with this classic! Enjoy crispy bacon, tomato, egg, and roasted peppers on a bagel or croissant for only \$4!

UPCOMING EVENTS:

- 22 Nov**
- TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC
 - Swerk, 0915, Fitness Center
 - Keystone Resiliency Challenge — School Age, 1600, Youth Center
 - Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
 - • Mixed Martial Arts, 1630, Fitness Center
 - Torch Club, 1700-1800, Youth Center
 - Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill and Bomber Bistro
 - 15th Annual Membership Appreciation Youth Turkey Bingo, 1800-2200, Youth Center
 - Keystone Resiliency Challenge — Teens, 1800, Youth Center
 - Keystone Meeting, 1800, Youth Center
 - Mixed Fun League, 1830, Rough Rider Lanes
 - Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes
 - Karaoke Night, 2100, Rockers Bar & Grill

- 23 Nov**
- Turkey Burn Cycle Event, 0900-1100, Fitness Center
 - Youth Bowling League, 1000, Rough Rider Lanes

Auto Hobby

November Special

November 1-30
Thanksgiving Savings: Oil & Tire Special
Purchase an oil change, 5 quarts of oil, and an oil filter for just \$49 and receive a free tire balance and rotate. Don't miss out on this \$25 value!
Must mention ad to get special price

CHILTON LIBRARY

With your library card, you have access to car manuals throughout the years all online.

MINOT TOOL LIBRARY

Fall and winter are upon us, come check out a rake, shovel, or any other of our 200+ tools with your library card.

MINOT PUBLIC LIBRARY

CONNECT. ENRICH. INSPIRE.

www.minotlibrary.org 701-852-1045
516 2nd Ave SW Minot, ND 58701

call 701-852-1045 for more information



Verendrye Electric Cooperative
A Touchstone Energy® Cooperative

DAY OR NIGHT RAIN OR SHINE

HARD WORK NEVER QUILTS.



Contact Us For All Your Electric Needs!

Minot - Velva
701-852-0406
800-472-2141

WWW.VERENDRYE.COM



Making game time possible.

Sports medicine experts and more.

Whether you're headed to the pros or just want to be treated like one, our sports medicine specialists offer you more of the latest options to keep you going strong.

We're experts in the field of minimally invasive arthroscopy — repairing ACL injuries, rotator cuff tears, even joint replacements with just a small incision and little to no hospital stay. And with our state-of-the-art rehabilitation services, you'll be active sooner. Learn more at trinityhealth.org/ortho.

MAKING MORE POSSIBLE



Let's Plan Your Party!

Party Room

FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!

We have a party space available for all of your fun! Call for details!

109 South Main St. Minot 701.837.8555

Birthday PARTIES

X-TREME OR OPEN BOWLING

SUPER PARTY

- 2 Hour Party for up to 10 People
- Shoe Rental
- Pop and Ice Cream
- \$155+tax**
- \$12 for each additional person

MEGA PARTY

- 2 Hour Party for up to 10 People
- Shoe Rental
- 2 - 16" Pizzas, Pop and Ice Cream
- \$185+tax**
- \$15 for each additional person

Additional \$10 for X-treme Bowling

ALL PARTIES INCLUDE:

Plates, Cups, Napkins, Utensils, Invitations & Balloons. Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt. You bring the cake and the kids!

NO OUTSIDE FOOD OR BEVERAGES ALLOWED.

1901 NORTH BROADWAY MINOT, ND
NORTHHILLBOWL.COM

FOR RESERVATIONS PLEASE CALL **852-4108**

Blake Krabseth

Comedian / Magician

Great for Parties and Conventions

701-720-1786
magic@blakekrabseth.com

BLAKEKRABSETH.COM

OAK PARK THEATER

Book A Christmas Event at OPT!

Parties - Company Events - Birthdays

Monday-Thursday

Time Slots Available:

- 10 AM-12:30 PM • 1 PM-4 PM • 6 PM-10 PM

EMAIL FOR DETAILS: alatoakpark@gmail.com

High Air Ground

TRAMPOLINE PARK

10% OFF ANY PARTY PACKAGE

Must be booked by 12-31-19. Not good with any other discounts or promotions. Must mention "Northern Sentry" when booking. Packages starting at \$130.

1210 6th Ave NW | Minot, ND 58703
701-837-JUMP
WWW.HIGHAIRGROUND.COM



OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Nov. 11: 1,840.56 feet above mean sea level (MSL); 48,700 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.73 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.64 MSL.

- N.D. Game & Fish Dept. game wardens: No Missouri River System reports but anglers should stay off back bay ice yet on Lake Sakakawea. Some walk-on activity on a few north-central area lakes but no reports.

- Devils Lake, Ed's Bait Shop, Devils Lake: Some walk-on activity on Bisbee Dam, Lake Irvine, and Lake Alice. However, some feeder lakes still had open water, as well as main Devils Lake, early in the week.

- Devils Lake, Woodland Resort, Devils Lake: Bays starting to ice over, depending on wind direction. Main Devils Lake remained open early in the week. Some walk-on activity on Lake Irvine but ice is still quite thin.

- Lake Darling, Karma C-Store, Ruthville: Not much activity yet with anglers generally waiting for better early season ice conditions before venturing out.

- Lake Metigoshe, Four Seasons, Bottineau: Some walk-on activity but no reports yet on success.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Back bays starting to ice over on Lake Audubon but anglers should wait for better ice conditions. No activity on the east end of Lake Sakakawea with its open water.

- Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Limited bait shop hours until Lake Audubon has walkable ice.

- Lake Sakakawea, Scenic 23, New Town: Lake edges getting ice but no activity.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Not much activity, including on the Missouri River. However, when anglers can get on the river they're finding a few walleye. Try crankbaits from the rocks along

- Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.
- Use caution with dogs when hunting around frozen wetlands for cuts from ice, breaking through, etc.
- Hunters must stay out of unharvested fields and don't block trail access.
- N.D. darkhouse fishing season opens at ice-over.

DATES TO REMEMBER:

- Nov. 24: Deer gun season closes.
- Nov. 25: Some major U.S. Fish and Wildlife Service Nat'l. Wildlife Refuges open for upland hunting. Check with refuge headquarters for information and special regulations if hunting is allowed.
- Nov. 29: Dove season closes.
- Nov. 29: Muzzleloader deer season opens.



the shore or in the chutes.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Limited activity with generally unsafe ice conditions on both the Yellowstone and Missouri rivers and Lake Sakakawea. Look for some activity at Long Creek once ice conditions are safe.

- Lonetree WMA area lakes, Harvey: Coal Mine Lake iced over and will be accessible for ice-fishing when there is safe ice.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No activity yet on the Souris River or area lakes.

Hunting:

- Deer: Lots of standing corn yet but overall hunters are seeing better numbers with fair success.

Lots of movement with the rut underway.

- Upland: Fair and improving pheasant success in some areas but look for birds to still be in areas with standing corn yet.

- Waterfowl: A few birds still lingering on the open water of main Devils Lake but otherwise geese moved to the open water of the Missouri River System along Lake Sakakawea and the river where good numbers remain – a mix of Canada geese and light geese yet.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (800) 472-2121 or (701) 328-9921.



MWD SITA RETIREMENT

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN ALYSSA AKERS




THIS SPECIAL FEATURE IS SPONSORED BY:



Former airman elevates the voice of women veterans

SAMANTHA PETERSON

After grappling with her own identity crisis after leaving military, an Air Force veteran is shining a spotlight on the lesser known experiences of women veterans.

"We're invisible, it's not like that stuff comes up at playdates," Amanda Huffman, Air Force veteran and author of "Women of the Military," says about the plight of women veterans.

In 2013, Huffman transitioned from a career as civil engineer in the Air Force to military spouse and mother. The shift left her questioning the importance of her new roles, which often took a back seat to that of the missions her husband received.

"From the outside, it doesn't look that challenging, I understand [his] mission, but now I have one too," she said.

The identify crisis veterans face after the end of service forces America's bravest to look deep within. A time for deep introspection and true reflection, it is a refuge few, if any, are given the opportunity to wrestle with before ties are cut.

"The lie I was telling myself was that blogging about my service meant I hadn't moved on. I was a mother, why wasn't I writing about motherhood?" she said.

Huffman suppressed the struggles she felt during transition until she found a therapeutic outlet that would soon help her realize she was not alone. While

dedicating her blog to 31 days of deployment stories, she was shocked to see just who answered the call: a resounding flood of women veterans. In fact, the influx eventually led the submissions to transform into a book focused on some voices speaking up for the very first time to proclaim their full identity.

"Without a platform, it's just easier to let go, to cope with the unacceptance," Huffman explained.

"Women in the Military" gives readers a peek into lives of women who serve, but told from their own perspective. Experiences are refreshingly shared without an agenda, without being retouched to reflect any sort of light or shadow cast over service.

"We don't meet the masculine character of a soldier as many would assume. The thing is, we were never meant to," she said.

America's preconceived notions of what a veteran looks like is perhaps best illustrated by closing one's eyes and describing what comes to mind with the words soldier or war. Huffman herself admits male images dominate even her own mind.

"I remember raising my hand when the speaker called for veterans to do so. I watched as men were repeatedly thanked for their service, while I received nothing. Did they think I was a spouse confused by the question?" Huffman recalled. "I don't think

society knows what to do with us yet."

Resources for women veterans are slowly starting to take shape as advocates, like Huffman, demand equal attention for equal service. She adds that mentorship is an important piece of this puzzle, especially for the newer recruits entering service.

Going into service with the clearest picture possible is important for women, Huffman says, and it's why she solicits feedback in each interview from her book asking, "What would you tell women who are considering joining the military?"

Amanda Huffman hosts a weekly podcast and "Women in the Military" is now available for purchase on Amazon.

This article originally appeared in Military Families Magazine.



Full Service Salon

- cuts
- colors
- highlights
- pedicures
- manicures
- facials
- perms

B&D

Berni's

Hair Designers, Inc.

• Melisa Ellison •
701-240-1385

Located on North Hill
2001 3rd St NW • Minot

HOURS: Mon, Tues, Thurs. 8:30-8:30 • Wed, Fri. 8:30-6:00 • Sat. 8:30-3:00

FLOWER Central

Voted Minot's #1 Flower Shop for the last 5 years!

405 Central Ave. E. • 701.852.6224

Introducing the bright faces of our NEW Dermatology team!

Now accepting NEW patients!

Dr. William E. Cornatzer,
MD, FAAD

Morgan Reese,
PA-C

Horizon Clinic

A Practice of Independent Doctors

Primary Care | Dermatology | Pediatrics | On-site Imaging Services

f

701.712.3000 | 4535 Northern Sky Dr, Bismarck, ND | horizonclinicnd.com

Back Talk

Ken Jennings Kidneys

I love watching Jeopardy. It is far and away my favorite gameshow and I watch it whenever I get a chance. The all-time greatest player on Jeopardy is Ken Jennings. He won more games than anyone else and for months he was unbeatable. After his unprecedented championship run he was brought back to play against a computer. It was Ken vs IBM Watson, a computer that could interpret language and come up with answers. This was a pretty impressive feat! They used artificial intelligence and lots of other technology that I will never understand. Anyhow the battle was on, the mighty Mormon Ken vs the A.I. enabled IBM Watson. Watson won the battle. People were losing their minds and were so impressed. I was not one of them. You see Watson could do what Ken Jennings's brain was doing in terms of answering questions, but answering questions was only a fraction of what Ken's brain was doing as he battled the might Watson. You see Ken's brain was also working his postural muscles to keep him standing upright against gravity, it was filtering water in his kidneys, it was digesting his food, it was regulating his blood pressure, body temperature, and breathing. I could go on and on. Our brain processes 3 trillion bits of information per second!!! All in an effort to keep us alive. All Watson had to do was answer questions. IBM does not have an advantage on the brain that God put inside of you at birth, and the cool thing about our brain; it was FREE! Take a second today and be grateful for that!!!

Our bodies and our brains are so well designed I have been amazed by them pretty much every day of my 10 years of practice. Our brain and our nervous system run the show!! It is the conductor of the symphony of movement and motion and chemistry that keeps us alive 24/7, 365!

A subluxation is something that by definition disrupts your nervous system; it disrupts that conductor! Subluxations are something that chiropractors specialize in finding and correcting so that you and your family function at your best. At Cornerstone we have invested in high tech equipment for detecting subluxation in the spine, and tracking the improvement to your nervous system throughout your care. We thought it was important to have this technology available to you right here in Minot! You may be wondering if subluxation is part of the reason you have back pain or headaches or are not sleeping, or why you just don't have as much energy as you use to. Call in today and we will be honored to see what we can do to help restore you to good health!

CornerStone Chiropractic

Dr. Matt Hanson

1350 20th Ave SW, Minot, ND 58701
(701) 852-2800



CHIEF STOLTZFUS' PROMOTION

Chief Justin Stoltzfus and Airmen from the 5th Civil Engineer Squadron are promoted October 21, 2019 at Minot Air Force Base, North Dakota. *More photos on MAFB PA Flickr page.*

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS JOSH W. STRICKLAND

For every season of change, we'll be here.

Visit one of our member service centers **today!**

nscu.com

North Star
Community Credit Union

THIS SATURDAY AT TRACTOR SUPPLY COMPANY!

15% OFF MILITARY DISCOUNT

FOR ALL ACTIVE AND FORMER MILITARY AND THEIR DEPENDENTS ON IN-STORE PURCHASES

SAT. ★ NOV. 16 ★ 2019*

*No limit to savings. Please show your military proof of service at checkout to receive discount. Offer cannot be combined with any other discounts. Discount is not valid online.

CHURCH DIRECTORY

<p>Little Flower Catholic Church 800 University Avenue West 838-1520</p> <p>Mass Schedule Saturday 4:30 pm Sunday 8:30 & 10:00 am</p> <p>Fr. Ken Phillips, Pastor www.littleflowerminot.com</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Sunday Leaders Service 10 a.m. Saturday Vespers 5 p.m.</p>	 <p>Break Forth Bible Church New! 7:00pm Service Thursday Evenings at the GRAND HOTEL</p> <p>HEALING FREEDOM SPIRIT-FILLED breakforthbiblechurch.com Pastor Larry Phalen 701.483.0720</p>	 <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	 <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
 <p>Faith United Methodist Church</p> <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Ken Mund 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening 7:00 p.m.</p> <p>Independent/Fundamental/KJV 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.ecominot.org</p>	<p>Congregational UCC 430 N. Broadway • 839-1064</p> <p>Sunday Worship 11am Sunday School 11am Tuesday Bible Study 12pm Saturday Noah's Breakfast ..9:30am</p> <p>Please join us, all are welcome here!</p>  <p>UNITED CHURCH OF CHRIST</p>	 <p>St. Mark's Lutheran Church Missouri Synod</p> <p>Sunday Worship 8:30 am & 11:00 am Holy Communion Served at All Services Sunday School, Youth, Adult Bible Class and Adult Choir 9:45 am</p> <p>2209 4th Avenue NW Minot, ND 839-4663</p> <p>Reverend Philip Beyersdorf</p>
 <p>Immanuel Baptist Church</p> <p>1615 2nd St. SE • Minot • 839-3694</p> <p>Sundays: Sunday School 9:15 a.m. Worship 10:30 a.m.</p> <p>Wednesdays: Soup Kitchen 11:30 a.m. - 12:30 p.m. Family Supper 5:30 p.m. Classes for all ages 6:30 p.m. Adult Choir (as scheduled), 7:30 p.m.</p> <p>Brian T. Skar, Pastor www.ibcminot.org</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701)838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 7:00 p.m. (3rd Tuesday 7:00 a.m.) Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p>Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	 <p>First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Saturday Worship 5:00 pm Sunday Worship.. 8:30 am & 11:00 am Sunday Education 9:45 am Wednesday Supper 5:00 pm Wed. Worship & Education 5:45 pm</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 8:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	 <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship .. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>Bethany Lutheran</p> <p>215 3rd Ave. SE, Minot, ND Phone: 838-5196 A Member of the ELCA</p> <p>Sunday Worship 8:30 & 10:30 am Sunday Fellowship 9:30 am Wednesday Church School 5:45 pm Wednesday Worship 6:45 pm</p> <p>Website: www.bethanylutheranminot.com Email: bethanylutheran@srt.com Live Streaming: bethanylutheran.tv</p> <p>Pastor Janet Hernes Mathistad Pastor Gerald Roise Pastor Intern David Myers</p>	<p>First Baptist Church</p>  <p>200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Adult Sunday School 9:45 a.m. Contemporary Worship Service .. 9:50 a.m. Children's Church 9:50 a.m. Sunday School (All Ages) 11:00 a.m. Contemporary Worship Service.. 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director</p>	 <p>Cross Roads Baptist</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: crbc@srt.com</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	 <p>West Minot Church of God Family Worship Center</p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship .. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
 <p>Vincent United Methodist Church</p> <p>1024 2nd St. SE • 838-4425 Behind Town & Country Shopping Center</p> <p>open hearts...open minds...open doors!</p> <p>Saturday Informal Worship .. 5:00 p.m. Sunday School 9:00 a.m. Sunday Worship Service 10:00 a.m. Fellowship 11:00 a.m.</p> <p>Pastor Jennifer McDonald www.vincentumc.com</p>	 <p>OUR REDEEMER'S CHURCH A Church of the Lutheran Brethren</p> <p>Thursdays: Worship 6:30 p.m.</p> <p>Sundays: Worship 8:30 a.m. & 10:45 a.m.</p> <p>700 16th Ave SE • 701-838-0750</p> <p>For more information visit us on the web at: www.ourredeemers.org</p>	<p>Chapel Services at MAFB</p> <p>Protestant (North Plains Chapel in Base Housing)</p> <p>Contemporary Service Sunday Worship 1000</p> <p>Gospel Service Sunday Worship 1130</p> <p>Catholic Mass (Northern Lights Chapel across from Rockers) Sunday 1000 & 1700 Daily Monday-Thursday at 1200</p>	<div style="background-color: #ccc; padding: 10px; text-align: center;"> <p>ADVERTISE YOUR</p> <h1>Church</h1> </div> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="width: 45%;"> <p>Advertise FOR ONLY \$7 PER WEEK</p> <p>Revisions MADE UPON NOTICE FROM THE CHURCH</p> <p>Deadline TUESDAYS BY NOON WEEK OF PUBLICATION</p> <p>VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM</p> </div> <div style="width: 45%; border: 2px solid black; padding: 10px; text-align: center;"> <p>CONTACT US</p> <p>call 701-839-0946</p> <p>email NSADS@SRT.COM</p> <p>fax 701-839-1867</p> </div> </div>	
<p>First Assembly of God</p> <p>1805 2nd St. SE 838-1111</p> <p>Morning Worship 8:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Wednesday Family Night..... 6:30 p.m.</p>	  <p>Our Redeemer's Christian School 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$7.00 a space / per week</p>		

we've got the church
you've been looking for
Your life matters to God!



CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

FLEA MARKET

MOVING NEED CASH? Sell your used/unwanted items at **MAGIC CITY FLEA MARKET**, NOV. 30 & DEC. 1, State Fairgrounds. Info 701-340-7930.

STORAGE UNITS

STORAGE UNITS
North of the Airport
3401 N. Main Street
3425 N. Main Street

MILITARY DISCOUNTS AVAILABLE!!
Call 839-4200 for details

AUTOMOTIVE

90 DAY FREE POWERTRAIN WARRANTY on most cars. Check out our inventory at karz4u.com or call Cliff (Retired MSgt) at 701-240-9172.

JOHN'S



AUTOBODY

Pays Up To \$500

Insurance Deductibles

We Guarantee All Work & Color Match
4121 S. Broadway
839-8896

TRANSPORTATION

I BUY CARS OR HAUL JUNKERS AWAY FOR FREE - Call Karz 4-U at 240-9172.

\$\$\$ QUICK CASH \$\$\$
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

PROFESSIONALS

LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT
www.marykay.com/1clouse.
701-839-0475 or 701-721-0475.

PETS



TICA REGISTERED HAIRLESS SPHYNX KITTENS
Excellent quality, non shedding gorgeous babies born 9/16/19. Ready at 16 weeks, come with spayed/neutered, shots UTD & vet checked. \$1,200 total price, \$300 deposit to hold yours, applied to total. Photos available. 701.389.8424.

HELP WANTED

IMMEDIATE FULL AND PART TIME OPENINGS for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.

We are an equal opportunity employer and a drug free workplace.

Apply in person at:
605 27th St SE, Minot ND 58701
Or contact: Matt Mackey
By email or phone at
mmackey@kalixnd.org
701-852-1014

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at www.brokers12.com.

FSBO MOHALL ND

2010 Mfd home 28x64 has 2 decks, 3 bdrm, 2 bath, office, 2 car garage 28x42, large yard. Shop 32x64 has concrete floor & electricity. Price Reduced! Call/text for details, pictures, & to see. 701-228-4089 or 701-228-4190.

RENTALS

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

THE PINES APARTMENTS

BEAUTIFUL UNITS
SOME PET FRIENDLY
1, 2 & 3 BEDROOMS
Washer/Dryer in unit, D/W
Microwave, A/C, Garage
FREE WIFI, Military Discounts
CALL NOW, 839-4200

2 & 3 BEDROOM APTS LOCATED IN SURREY. Very Well Kept. Heat & Water Paid. Across from Surrey School. \$675-\$775. Call For Your Tour Today! 839-4200.

SMC

We Have A Great Variety Of Aparments & Homes For Rent. Competitive Rates & Discounts & Specials Available. Call 839-4200.

GLENBURN

2 Beds/1 Bath. Very Nice & Clean. Water & Heat Paid. Laundry. Only \$495 + elec. Call Today 839-4200.

HOUSE FOR RENT

Very Nice Home in Maxbass. 3 Beds/1 Bath. 2 Stall Garage. 5 Acres. \$800 + utilities. 839-4200.

1 & 2 BEDS IN BURLINGTON.

Heat & Water Paid. Ready for Move In. \$475-\$495. Call 839-4200.

GARAGE SALE

3721 E. BURDICK EXPY HUGE VINTAGE & COLLECTIBLE SALE! Every Weekend, Weather Permitting. Many Old Pictures, Old Books, Pottery, China, Glassware, Cast Iron, Old Vinyl Records, 8 Track Tapes, Old Picture Frames, Old Beer Cans, Signs, DVD Movies, Partial List. Questions Call 701-626-2712.

LEGAL NOTICE

MINOT AIR FORCE BASE, North Dakota. --

It is with deep regret that we announce the passing of **STAFF SGT. JACK T. LAFOLLETTE** (Active Duty), 91st Missile Maintenance Squadron, Minot Air Force Base, North Dakota.

2d Lt. Joshua S. Widick, (205) 936-7929, has been appointed the Summary Court Officer. All claims for or against the decedent's estate must be submitted to the Summary Court Officer:

91 MMXS/MMXSGM
546 Minuteman Drive
Minot Air Force Base,
North Dakota. 58705

For more information, call (205) 936-7929.

CHARMING 1906 HOME

with updates
50 Minutes from Base.
3 acres!
1010 93rd ST NW
Newburg, ND 58762.
Lucas Knight Signal Realtors
701-852-3505,
701-720-9163

FOR SALE

FIVE SHELF BOOKCASE WITH SLIDING GLASS DOORS. Very Old Oak Miniature Camel Back Trunk. Vintage Solid Wood Marantz Stereo Cabinet, Old Tractor Seat & Horse Hames Stool Chair, Vintage Hammond Chord Organ, Works Fine. Questions Call 701-626-2712.

JOB POSTING

PROTESTANT CHAPEL POSITION ANNOUNCEMENT

PROTESTANT CHILDCARE COORDINATOR

to oversee coordination of Protestant childcare ministries.

Hours will be every Sunday from 0945-1315. During the months of September to May (i.e. academic year), work will also be required on Wednesdays 0845-1115 and 1830-1930.

The total scope of the contract 234 hours per year, which breaks down to 7 hours per week during the academic year and 3.5 hours per week during the academic year.

All work will be performed at the Minot Air Force Base Northern Plains Chapel.

If interested, please obtain a copy of bid documents at the Northern Lights Chapel.

Resumes and sealed bids are due NLT 1 November 2019 by 0830 and can be submitted to SSgt Kirstin Mahler at the Northern Lights Chapel (701-723-2456).

Basis of the Contract Award is "Best Value" to the government.

Contractor must successfully complete a background check in accordance with DoDI 1402.5.

BASE ANNOUNCEMENTS

EMBRY-RIDDLE

AERONAUTICAL UNIVERSITY
Embry-Riddle Aeronautical University is now registering for the Fall 2019 term (18 Nov-26 Jan). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to minot@erau.edu To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

PARK UNIVERSITY MINOT -

Earn your degree on your terms; now enrolling for Fall 1 with classes starting August 19. At Park, we believe everyone who strives to earn a degree should have that opportunity. Earn your CCAF credits, AU-ABC, and/or your Bachelor degree with Park, helping to maximize your prior military experience. Find out how many credits you can get for your military experience by going to military.park.edu and confirm your credits or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get for my military experience?" She will even tell you your graduation date. Park University. Minot AFB @ the Education Center (upstairs from the library in room 222). 844-884-8612; mino@park.edu. Park. You.

\$1.00 CLASSIFIEDS!*

\$3.00 for Classifieds with photo

Active Military & Dependents only

Sign-up online at www.northernsentry.com

*OFFER ONLY AVAILABLE WHEN BOOKING ONLINE

northern sentry



TRAIL OF TERROR

The 5 Medical Group hosts the Trail of Terror event at Minot Air Force Base, North Dakota, Oct 31, 2019. The event consisted of various Airmen dressed as popular characters and gave out candy to the children of the families of Minot AFB. *More photos on MAFB PA Flickr page.*

U.S. AIR FORCE PHOTOS | AIRMAN JAN K. VALLE

Be Part of Our

Birthday Club

Simply send us your loved ones photo and birthday message by visiting

www.northern Sentry.com

For every child entered, they have a chance to win a Party Package from High Air Ground Trampoline Park.

SEPTMBER 2
SARA
Happy 10th Birthday to the Best Daughter Ever! We love you!
Mom & Dad

northern Sentry

High Air Ground
TRAMPOLINE PARK

BUSINESS & PROFESSIONAL Directory

AUTOMOTIVE

MBM AUTO SERVICE
Minot's Service Specialists
PARTS & SERVICE
We Specialize In:

1215 Valley St.
838-9607
Next to Action Wrecking

ACTION AUTO WRECKING
Free Parts Locating service

1215 Valley St., Minot
Formerly Minot Wrecking

We pay top price for cars & trucks, running or not
Selling new, used and rebuilt parts.

Phone 852-2470 or Toll Free
1-800-533-5904 • Fax 838-7627

HOBBY SHOP

AEROPORT HOBBY SHOP
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.
838-1658
2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

HOME LOANS

LENDING NOW
PREMIER MORTGAGE CORP.
Very Fast, Very Simple and the Very Best Rates
Serving all of North Dakota with offices in Bismarck and Minot

Mike Lindquist
NMLS#: 213449
Cell: 701-578-0478
1408 20th Ave. SW, Suite 3., Minot, ND 58701

Fast & Free Pre-Approval
VA & FHA Financing

APPLY ONLINE at LENDINGNOW.com **701-838-3247**

QUICK CASH!!
Running & Non-Running Cars & Trucks

Edwardson Sales
839-9512
We also sell cars \$500 - \$1500
Give Us A Call!
Will Haul Junk Cars Free Of Charge

STORAGE UNITS
NORTHERN PRAIRIE CONDOS & STORAGE, INC.
Military Discounts - Best Rates
24 Hour Access
701-720-1093
Convenient North Location for Both Base & Minot Customers

ANSWERS

SUDOKU ANSWERS

6	1	2	3	8	9	7	5	4
9	4	8	7	5	6	3	1	2
3	7	5	2	1	4	8	6	9
8	9	3	1	2	5	6	4	7
7	5	1	6	4	3	2	9	8
2	6	4	8	9	7	1	3	5
5	2	6	9	7	1	4	8	3
1	8	9	4	3	2	5	7	6
4	3	7	5	6	8	9	2	1

Answers to puzzle from page A4

ACCOUNTANT

BradyMartz
Make Every Day Count
CERTIFIED PUBLIC ACCOUNTANTS
24 W. Central, Minot • 852-0196
www.bradmartz.com

REAL ESTATE

BUY OR SELL ONLY WITH THE BEST!

BROKERS12
REAL ESTATE

#SOLD WITH US!
BROKERS12.COM

Feature your business here for as little as \$9.00 per week!
For more information call 839-0946 or email sentrysales@srt.com

LEGENDARY

DETERRENCE

NORTHROP GRUMMAN