

northern sentry

FREE | VOL. 57 • ISSUE 08 | WWW.NORTHERNSENTRY.COM | MINOT AIR FORCE BASE | FRIDAY, FEBRUARY 22, 2019



Airman 1st Class Bailey Rowley, 5th Civil Engineer Squadron driver operator, plows the Fire Department parking lot at Minot Air Force Base, North Dakota, Feb. 11, 2019. Even during winter conditions, the fire department is prepared for all emergencies.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ALYSSA M. AKERS

ONLY THE **BEST** COME NORTH!



WWW.MINOT.AF.MIL

Like "MINOT AIR FORCE BASE"

CONTACT MINOT AFB PUBLIC AFFAIRS:

(701) 723-6212

V35BW.PA@US.AF.MIL



Minot AFB



Videos



Airman First Class Madison Ruiz, 823 Base Defense Squadron security forces member, low crawls through an obstacle during an Army Air Assault Assessment, Jan. 30, 2019, at Camp Blanding, Fla. The AAA is designed to determine Airmen's physical and mental readiness before being selected to attend Army Air Assault school.
U.S. AIR FORCE PHOTO | AIRMAN FIRST CLASS EUGENE OLIVER

Airmen test resolve during Air Assault Assessment

AIRMAN FIRST CLASS EUGENE OLIVER | 23D WING PUBLIC AFFAIRS

MOODY AIR FORCE BASE, Ga. (AFNS) -- Cadre from the 820th Base Defense Group evaluated approximately 37 Airmen during an Army Air Assault Assessment.

The assessment measured each Airmen's readiness to determine who would be selected to attend the 10-day Army Air Assault School, at Fort Campbell, Kentucky. The BDG is one of the few units within the Air Force that sends their Airmen to AAS to enhance their personal readiness and also reinforce their unit's lethal capabilities.

"Everything we learn at AAS is a part of our mission scope within the BDG," said Staff Sgt. Nicholas Groomes, 822nd Base Defense Squadron training instructor and cadre team member. "It's rare to find an Army school curriculum (that) falls under our umbrella, so the more experience we can get for our Airmen the better off the BDG can be downrange."

The assessment provided Airmen with an opportunity to challenge themselves personally and to assess their physical and mental readiness to perform in high-stress situations.

"The reason I wanted to go to AAS was to test myself and to prove that I could get through something so difficult," said Senior Airman Jeffrey Lewis, 822d BDS fireteam leader. "You always hear of how superior the

Army Air Assault School is and how physical it is. I saw this as a milestone to achieve and an opportunity to improve."

To be eligible to attend the school, Airmen have to complete a wide array of tests: rappel tower operations, ruck layout and sling load inspections, the Army physical fitness test, an obstacle course and a 12-mile ruck march.

"There are very few opportunities for Airmen to go to AAS and the BDG is one of the only units that gives their Airmen the chance to attend, so I wanted to take advantage of that," Groomes said. "It's a great opportunity for Airmen to (assess) themselves and learn what things they need to improve, not only physically, but mentally to push through."

While still having to pass all proficiency tests, Airmen were required to perform constant remedial physical training throughout the duration of the assessment to test their physical and mental resiliency.

"The biggest thing I needed, to get through (the assessment), was a strong drive and motivation," Lewis said. "Being self-aware and keeping my mental composure through very intense situations was key."

During AAA the cadre implemented strenuous measures to help simulate the physical and mental demands Airmen should expect at Fort Campbell.

"We intentionally try to

make the assessment more rigorous than the school to better prepare our Airmen for success when they arrive there," said Staff Sgt. Ulysses Ortiz, 820th Combat Operations Squadron unit trainer and lead cadre team member. "We have very few slots at the schoolhouse, so we only want our most deserving Airmen to go."

Of the 37 Airmen that started the assessment, approximately 10 were deemed qualified for AAS.

Tech. Sgt. Christopher Zavala, 822d BDS squad leader, explained what it took to finish the assessment and how attending Army Air Assault School will benefit not only himself but other Airmen's careers in the future.

"The biggest thing it took for me to push through the AAA was just channeling that inner drive that motivated me to train so hard for it in the first place," Zavala said. "I wanted to lead by example and Air Assault will add more tools to my toolbox, which gives me the ability to explain and elaborate those things to my Airmen coming in from (technical) school to help them succeed."

Kansas Guard Airman innovates superior training method

AIRMAN EMILY AMYOTTE | 190TH AIR REFUELING WING

TOPEKA, Kansas (AFNS) -- With a high deployment tempo and limited aircraft, finding the aircraft available for boom operators to practice tying down cargo to the floor of the jet was almost always a problem.

Master Sgt. Nathan Neidhardt, 190th Operations Group aircrew training noncommissioned officer in charge, solved this problem by creating a fully-functioning cargo loading training simulator which checks all the boxes for improving safety, utilization of man-hours and logistics of cargo loading training.

What first sparked the idea to create a simulated KC-135 Stratotanker floor was the issues Neidhardt would continuously run into when trying to schedule a jet for training.

"It came up from a lack of aircraft since we're so busy deploying," he said. "Trying to schedule a cargo loading class with an actual aircraft was just hard. So the next best thing is to create a mock floor and use it."

Previously, boom operators required an operational jet to perform this training. This caused hurdles and inconveniences for different entities around the base.

"While we were on the jet trying to train, the aircrew had to sit and twiddle their thumbs wasting valuable training time," Neidhardt said. "Whereas with this simulator, it's on our

own time. We don't need anybody there, it's just the booms."

In addition to wasted time, the previous method of training inside a KC-135 was often a safety hazard to Airmen and the aircraft. The indoor simulator also addresses these issues.

"We're not in the jet where it's dark, cold, wet and everything else," he said. "It's a controlled room where people can walk around and see different areas. It's a better learning environment that allows them to make mistakes without the fear of damaging the floor."

The plywood simulator perfectly resembles the floor of a KC-135, minus the materials used to construct it. Using references from his cargo loading handbook and knowledge of the jets he works with on a daily basis, Neidhardt was able to create a blueprint for the floor simulation, illustrating support beams and tie-down points in a grid-like pattern.

After one weekend and just under \$3,000 in supplies, Neidhardt, his son and another Airman from the 190th Operations Group, Maj. Westley Broxterman had built a collapsible, indoor training simulator that would eliminate the need for a jet during cargo loading training.

This is helpful because it

Continued on page 6

Full Service Salon

- cuts
- colors
- highlights
- pedicures
- manicures
- facials
- perms

Berni's

Hair Designers, Inc.

• Melisa Ellison •

701-240-1385

Located on North Hill
2001 3rd St NW • Minot

HOURS: Mon, Tues, Thurs. 8:30-8:30 • Wed, Fri. 8:30-6:00 • Sat. 8:30-3:00

VINTAGE
city

MINOT'S HOTSPOT FOR ALL THINGS ANTIQUE, VINTAGE, & REPURPOSED!

2100 SQ. FT.

Open Thursday
Friday, & Saturday!

FEBRUARY 21-22-23
10AM - 5PM

f FIND US ON FACEBOOK

701.720.0215
OR
701.720.4494
2001 8th Ave. SE Minot

GIRLS CLASS B REGION 8

BASKETBALL TOURNAMENT

FEBRUARY 18, 19 & 21 | 4 BEARS EVENT CENTER

HIT THE ROAD IN THIS

FEBRUARY 23

WIN A 2018 CHEVROLET COLORADO Z71 TRUCK

JEFF FOXWORTHY

LIVE ON STAGE

MARCH 23 TICKETS ON SALE FEBRUARY 11

RELAX AND ENJOY THE BAND JURASSIC JAMZ FEBRUARY 22 & 23 AT POCKET ACES LOUNGE

4 BEARS

CASINO & LODGE
4 MILES WEST OF NEW TOWN

NOW OPEN 24 HOURS!

800.294.5454

VISIT 4BEARSCASINO.COM FOR DETAILS AND CHECK US OUT ON SOCIAL MEDIA.

When gambling is no longer a fun hobby, but an addiction, know there is help. Call the 2-1-1 Hotline today for help and guidance. 4 Bears Casino & Lodge cares about you and wants you to know that help is available.

Munitions Storage Area Closed March 4-15

5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, ND --

The Munitions Storage Area will be closed from 4-15 March 2019 to perform the 100% Semi-Annual Munitions Stockpile Inventory. During this time, only emergency issue requests submitted in writing and approved by the group commander (or equivalent) will be processed.

We remind all Munitions Custodians that the last day to pick-up munitions is February 28 and the last day to turn-in munitions is February 25.

Custody assets will not be affected during the Semi-Annual Stockpile Inventory. Direct any questions or concerns to Munitions Operations at DSN 453-6741 or via e-mail at fv4528@us.af.mil.



Improving relations through Friendship Games

TECH. SGT. DARNELL T. CANNADY | 380TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

AL DHAFRA AIR BASE, United Arab Emirates (AFNS) --

More than one hundred service members from the U.S., United Arab Emirates, and several coalition nations participated in the Friendship Games Feb. 6, at Al Dhafra Air Base.

This semi-annual event used games to promote partnerships between the different countries.

"This is the one time of year where we all get together and participate in sports," said Anthony Dalton, 380th Expeditionary Force Support Squadron

The U.S. team competes in the tug-of-war portion of the Friendship Games Feb. 6, 2019, at Al Dhafra Air Base, United Arab Emirates. These games allow servicemembers to interact with and get to know each other in a universally-accepted environment.

U.S. AIR FORCE PHOTO | TECH. SGT. DARNELL T. CANNADY

fitness director. "We try to pick universal sports that everyone wants to compete in."

The 380th EFSS worked with their coalition forces counterparts to coordinate and organize the games. It kicked off with a 4k run and included competitive events like basketball, soccer, a relay race and tug-of-war matches.

"It's called the Friendship Games but people come out here and they want to win, they're very competitive," Dalton said. "Whether they're first, second or third, they're happy to participate in an event and represent their country."

These games allow service members to interact with and get to know each other in a universally-accepted environment.

"I believe these games are very important because it builds camaraderie between the countries and helps bridge the gap by getting to know one another on a personal level," said Staff Sgt. William Hazelwood, 99th Expeditionary

Reconnaissance Squadron launch and recovery supervisor and Friendship Games participant. "Participating in the games with members from other countries was very exciting. Getting fellowship with other members, exchanging conversations and competing were the highlight of the games for me."

Regardless of who won or lost, by building relationships through the Friendship Games at Al Dhafra AB was the true winner.

"When we come out here all together, we're truly one force," Dalton added. "Everyone talks with each other, everybody competes, so I just like the camaraderie that these events bring. I don't think I've seen anything like that during my time working for the Air Force where all the countries come together and participate in sports."

CENTURY eyewear

GUCCI COACH Dior Ray-Ban BAKLEY FENDI kate spade NEW YORK

DR. JASON L. BRADLEY, D.D.

207 SOUTH MAIN STREET DOWNTOWN MINOT

701.852.5626

ONE HOUR LAB SERVICE

LOCALLY OWNED SERVING MINOT SINCE 1976 | NEWEST STYLES HOTTEST TRENDS BEST SELECTION

CENTURYEYEWEAR.COM

creative property management Inc.

BEAUTIFUL CONDOS & TOWNHOUSES FOR RENT

2 AND 3 BEDROOMS AVAILABLE WITH ATTACHED HEATED GARAGE

GREAT LOCATION, RIGHT OFF HIGHWAY 2 FOR EASY ACCESS TO THE BASE

STARTING AS LOW AS \$895 A MONTH!

SCHEDULE YOUR SHOWING TODAY!

701-852-5028

WWW.CREATIVEMINOT.COM

Northern Sentry

839-0946 or nsads@srt.com

Contact Beth for your Advertising & Design needs!

CONTACTUS

Beth Duchsherer
Manager | Advertising Director
nsgraphics@srt.com
or nsads@srt.com

MINOT AIR FORCE BASE PUBLIC AFFAIRS

Chief of Public Affairs

Maj. Natassia Cherne

Public Affairs Officer

Lt. Gabriel Cushing

Lt. Victoria Palandech

Superintendent

Master Sgt. Jeremy Larlee

Civic Outreach

Mr. Gregory Boster

Staff Photojournalists

Tech. Sgt. Jarad Denton

Staff Sgt. Benjamin Smith

Staff Sgt. Michael Kantack

Staff Sgt. Steven Adkins

Senior Airman Jessica Weissman

Senior Airman Jonathan McElderry

Senior Airman Ashley Boster

Senior Airman Alyssa Akers

Senior Airman Dillon Audit

Airman 1st Class Heather Ley

Airman Jesse Jenny

COMMANDERS

5th Bomb Wing Commander:

Col. Bradley Cochran

5th Bomb Wing Vice Commander:

Col. Sloan Hollis

91st Missile Wing Commander:

Col. Glenn Harris

91st Missile Wing Vice Commander:

Col. Craig Ramsey

NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

MAIL & FAX

315 South Main Street, Suite 202
Minot, ND 58701 | 701.839.1867

VIEW ONLINE

www.northernsentry.com

www.minot.af.mil

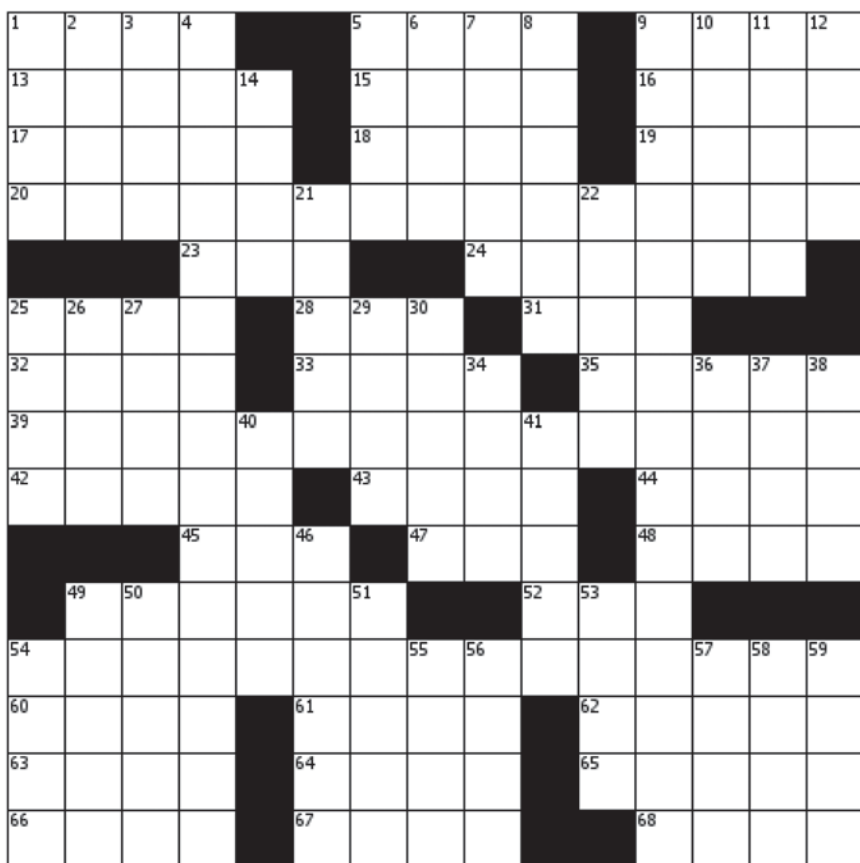
FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is www.minot.af.mil. The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

CROSSWORD PUZZLE

Across

- 1. Token punishment
- 5. Dramatis personae
- 9. Prison sentences
- 13. Phone greeting
- 15. Without repetition
- 16. Be an accomplice
- 17. With ___ to the ground
- 18. Stand for
- 19. "___ went thataway!"
- 20. Three black things
- 23. Slangy denial
- 24. Takes the wheel
- 25. Turns thumbs down on
- 28. Pitchblende, e.g.
- 31. Health farm
- 32. Molecule component
- 33. Void companion
- 35. One of the Three Musketeers
- 39. Three black things
- 42. Pickle piece
- 43. Raw linen color
- 44. Skye, for one
- 45. Souchong, e.g.
- 47. Schoolyard game
- 48. Employee investment acronym
- 49. Pour, as wine
- 52. German car
- 54. Four black things
- 60. "Alice's Restaurant" singer
- 61. Form of lie
- 62. Osmond sister
- 63. Cordon ___
- 64. Cookie favorite



- 65. Popeye's love
 - 66. Timer filler
 - 67. Wanders (about)
 - 68. Site of temptation
- Down**
- 1. Phony display
 - 2. Horne of "Stormy Weather" fame
 - 3. "Break ___" (theatric motto)

- 4. Three white things
- 5. Crooner Perry
- 6. From the top
- 7. Oodles
- 8. Doctrines
- 9. Four white things
- 10. Feel more than disdain
- 11. Orange discards
- 12. Eye ailment
- 14. Killer whale
- 21. Counterfeit
- 22. Add more cushioning
- 25. Certain campaign funders, for short
- 26. Resting on
- 27. Alaskan seaport
- 29. Unpolished person
- 30. Campaign poster word
- 34. Pasternak heroine

- 36. Sound from a mad cat
- 37. Certain Nobel Institute site
- 38. Aerobics style
- 40. King had a famous one
- 41. Football's British relative
- 46. Digital alternative
- 49. Little Rascals member
- 50. DeGeneres or Barki
- 51. Princess's crown
- 53. Office note
- 54. Peg Riley's daughter
- 55. Told tales
- 56. Seth's son
- 57. Excessively dry
- 58. Take a bride
- 59. Sharp, as vision

SUDOKU Solution to puzzle on page 10

1			2	3			4	
	3		4		5			6
	7				8			2
4		8			6			5
	2						6	
9			7			1		3
8			5				3	
7			9		3		5	
	5			4	2			8

Medium

Solution to last week's Crossword puzzle.

A	M	I	D		L	A	S	T		S	T	R	A	Y
T	O	N	I		A	R	E	A		H	E	A	V	E
B	R	O	K	E	D	O	W	N		O	R	G	A	N
A	P	P	E	A	L	S		K	N	E	E			
T	H	E		R	E	E	F		A	S	S	I	S	T
		R	U	M	S		I	D	O		A	N	N	E
S	N	A	F	U		P	R	I	M	E		D	O	E
O	U	T	O	F	C	O	M	M	I	S	S	I	O	N
U	R	I		F	A	L	S	E		T	E	S	T	S
R	S	V	P		F	L	U		S	O	A	R		
S	E	E	T	H	E		P	A	I	N		E	T	A
		B	A	S	S		C	R	I	S	P	E	R	
J	A	S	O	N		C	A	M	E	A	P	A	R	T
I	L	I	A	D		A	D	E	N		A	I	R	S
G	E	N	T	S		M	O	S	S		T	R	A	Y



SELMA (PG-13)
FRIDAY, FEB. 22 • 1900

“ A chronicle of Dr. Martin Luther King, Jr.'s campaign to secure equal voting rights via an epic march from Selma to Montgomery, Alabama, in 1965. ”

GREEN BOOK (PG-13)
SATURDAY, FEB. 23 • 1700

“ A working-class Italian-American bouncer becomes the driver of an African-American classical pianist on a tour of venues through the 1960s American South. ”

THE KID WHO WOULD BE KING (PG)
SUNDAY, FEB. 24 • 1500

“ The story of a team of female African-American mathematicians who served a vital role in NASA during the early years of the U.S. space program. ”

INSTANT POT PASTA
Cajun Chicken
Alfredo

Recipe courtesy of: www.number-2-pencil.com/instant-pot-pasta-cajun-chicken-alfredo/



INGREDIENTS:

- 2 tablespoons of olive oil
- kosher salt and freshly ground black pepper
- 2 chicken breasts, about 1 pound total
- 4 cloves of garlic, minced
- 14 oz smoked turkey sausage, sliced
- 1 quart of low sodium chicken broth
- 1.5 tbsp gourmet Cajun Seasoning
- 1 pound of uncooked penne pasta
- 2 cups of heavy whipping cream
- 8 oz of freshly shredded real parmesan cheese
- flat leaf parsley minced for garnish

INSTRUCTIONS:

Season chicken breasts with salt and pepper. Set 6 Qt Instant Pot to Saute function and hit Adjust button until More is lit. This heats Instant Pot to highest heat for searing. Sear chicken breast in Instant Pot for several minutes on both sides until evenly browned. Remove chicken from pot and set aside to be added back in with the rest of the ingredients. Add sausage and garlic to pot and cook for about one minute. Add chicken broth and use wooden spoon to scrape up browned bits from the bottom of the pot. Add uncooked pasta and cajun seasoning. Return chicken breasts to Instant Pot and stir all ingredients together. Hit off button to end Saute function, then lock lid in place with Pressure valve set to sealing. Cook on Manual, High Pressure for 6 minutes. Instant Pot with take 10-15 minutes to come to pressure and then count down from 6 minutes. Once cooking is complete, use Quick Pressure Release. Since we are cooking a pound of pasta, there may be some starches and liquids that start to splatter. If that happens, use wooden spoon or an oven mitt to quickly close pressure valve. Wait one minute and try again. Once pressure pin drops, unlock lid and remove chicken breasts. Use a meat thermometer to ensure they have reached 165 F degrees. Set aside to rest. Stir pasta mixture together and add warm cream. Slowly add in freshly grated parmesan cheese and stir until melted. Slice chicken breast and combine with pasta. Serve with additional shredded parmesan and chopped flat leaf parsley.

UPCOMING EVENTS



22 FEB 8:00 AM - 10:00 AM
 Location: The Wellington 601 24th Ave SW, Minot.
Breakfast for Veterans: Honoring Veterans who have proudly served in the military - in war time or peace time.
 We welcome all veterans to join us at The Wellington for breakfast on the last Friday of each month at 8:00am. **For more information check out: Facebook event/Breakfast for Veterans**



22-23 FEB 6:00 PM - 11:00 PM
 Location: Microtel Inn & Suites by Wyndham 37th Ave SW, Minot.
Calling all singles!!! Come mingle as you are on Friday February 22nd from 6pm till 11pm and Saturday February 23rd from 6pm till 11pm This mingle will be casual or dress to impress, it's up to you!
\$10 in advance or \$15 at the door. Enjoy your local singles, music,



games, prizes and a gift for each of you!!! Don't forget to bring your friends and share this to your page. See you there!!! **For more information check out: Facebook event/ Come As You Are!!!**

23 FEB 11:00 AM - 2:00 PM
 Location: Taube Museum of Art 2 Main St N, Minot.
 Our "Walk and Wander" social format makes its return for the Taube Museum of Art's 12th Annual Soup It Up fundraiser on Saturday, February 23, 2019. It is being brought back the Museum to give us the opportunity to showcase what we have to offer the community. We are excited bring to you a NEW Soup



Sampling Experience! Attendees will "walk and wander" the Full Museum to sample all the soups available and visit with the artisans selling their works. Table seating will be limited and on a rotation basis with this new SOCIAL FORMAT. **For more information check out: Facebook event/ Soup It Up Fundraiser**

23 FEB 3:00 PM - 5:00 PM
 Location: Make a Scene Kids Theatre 2915 10th St SW, Minot.
 All acts (singing, dancing, juggling, martial arts, painting, etc) are welcome to audition. All ages too! After all acts have auditioned on Monday, February 11th, 15 acts will be chosen (and announced via Facebook live) to move on to the Minot's Got Talent talent show. The show will be held at Minot State University on Saturday, February 23rd at 3pm. At the show, our judges



will choose their top acts to win cash prizes. More information regarding judging categories and prizes to come. **Facebook event/ 3rd Annual Auditions are free. Tickets to the final show are \$5 and can be purchased online. For More information: Facebook event/ Minot's Got Talent**

23 FEB 6:00 PM - 11:59 PM
 Location: Downtown Minot, ND
 We are bringing Mardi Gras to the Magic City!! Grab your masks and all your feather boas and head on downtown! Stop at either Ebenezer's, The Spot, and The Tap Room and grab your punch card! VIP Wristbands are \$10 and get you specials at all the bars.



Each bar will be handing out beads and the person with the most beads in each bar will get themselves an awesome prize! **For more information check out: Facebook event/ Mardi Gras Pub Crawl!**

North Hill BOWL X-TREME BOWLING
FRIDAY & SATURDAY
OPEN BOWLING DAY & NIGHT EVERYDAY!
X-TREME BOWLING HOURS: FRIDAY & SATURDAY 9:15 PM 6:00 PM
CELEBRATE WITH US! WE DO BIRTHDAY PARTIES FOR ALL AGES!
 1901 NORTH BROADWAY, MINOT, ND 852-4108
 WWW.NORTHHILLBOWL.COM

Northern Sentry
 839-0946 or
 nsads@srt.com



Staff Sgt. Matthew Lara, 355th Logistics Readiness Squadron forward area refueling point operator, prepares to refuel an A-10 Thunderbolt II at an undisclosed location, January 30, 2019. Of the entire U.S. Air Force, there are a total of 63 qualified FARP team members.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN GIOVANNI SIM

SUPERIOR TRAINING from page 2

provides boom operators at the 190 Air Refueling Wing with more adequate training and ensures the safety of Airmen and valuable equipment on board the jet.

“At the end of the day, the boom operator is in charge of loading the cargo safely,” Neidhardt said. “If the cargo doesn’t get loaded safely, then there’s a chance of that airplane being damaged or crashing. So it’s up to our booms to load cargo safely and properly because if he doesn’t, it affects the whole crew.”

Neidhardt believes that the cargo loading simulator has been a valuable investment for the Wing and the boom operators who will receive enhanced, innovative training.

“As an instructor and training NCOIC, my goal is to make every boom operator better than me,” he explained. “I want each boom operator to not settle for ‘just good’, but ‘the best.’ So when I train, I push them and I want them to be better than me because its a legacy thing. I did it for the booms and future booms.”

FARP: Land, refuel, leave

**AIRMAN 1ST CLASS KRISTINE LEGATE
355TH WING PUBLIC AFFAIRS**

DAVIS-MONTHAN AIR FORCE BASE, Ariz. (AFNS) --

In the darkness of night, forward area refueling point team members wait for a HC-130J Combat King II to land – marking the start of training.

FARP, a specialty within the petroleum, oils and lubrication career field, trains Airmen to effectively refuel aircraft in remote locations when air-to-air refueling is not possible or when fueling stations are not accessible.

Davis-Monthan is one of seven bases which can provide FARP capabilities. Of the entire U.S. Air Force, there are a total of 63 qualified FARP team members – nine for each base.

“We come in with everything we need to deliver fuel from one aircraft to another,” said Staff Sgt. Drake Burch, 355th Logistics Readiness Squadron FARP operator. “So that others have enough fuel to complete their missions and make it back home safe.”

FARP plays a role in the U.S. military’s adaptive basing abilities to deliver airpower lethality more effectively and efficiently anywhere in the world by being able to provide a mobile refueling point anywhere an aircraft can land.

“With the ability to set up a refueling site with both minimal equipment and personnel, we are able to provide versatility while leaving a low footprint” Burch said.

To maintain readiness

in adverse conditions, FARP training can take place anytime, day or night, and consists of members wearing roughly 60 pounds of gear, to include: a rifle, vest, magazines, night-vision goggles, a helmet and survival gear, while performing refueling tasks to simulate encounters they may face downrange.

“We practice how we play,” said Staff Sgt. Matthew Lara, 355th LRS FARP operator. “It helps us prepare for real-world situations. Downrange we could have scenarios where we have to land, refuel and leave in under an hour.”

Training can be strenuous and demanding. To even qualify for FARP, Airmen must pass Survival, Evasion, Resistance, and Escape (SERE) school and go through an altitude chamber. In training situations, which can sometimes take place in pitch black darkness, FARP members must show they can refuel aircraft even in the most austere



U.S. Air Force Airmen prepare for routine nighttime forward area refueling training at Davis-Monthan Air Force Base, Ariz., Oct. 4, 2018. FARP training prepares Airmen to effectively refuel aircraft in austere locations when air-to-air refueling is not possible or when fueling stations are not accessible.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS KRISTINE LEGATE

environments. Training in less-than-ideal conditions allow Airmen to hone their skills which will, in turn, allow them to support the mission in any situation.

“It’s demanding – both physically and mentally. On the job, exhaustion can easily creep up on you and thoughts of wanting to quit start to cross your mind, but you don’t quit,” Lara said. “In a real-world situation you can’t just stop, you have to keep going to complete the mission.”

NORTHERN SENTRY
839.0946

explore, experience, discover

Bring out your inner artist!

MARGIE'S

Gift Shop • Coffee & Smoothie Bar • Ceramic & Glass Studio

margiesartglass.com

109 South Main St. Minot
701.837.8555

No Appointments Necessary!

THURSDAYS • FRIDAYS • SATURDAYS
MAFB AIRMEN AGAINST DRUNK DRIVING

**NO DUIs NO EXCUSES
DRINK RESPONSIBLY**

701-720-2254

NORTHERN SENTRY
OUTDOOR
 REPORT
 PROVIDED BY | PATRICIA STOCKDILL

Dates to Know:

- **Feb. 22:** West Dakota Waterfowlers Delta Waterfowl banquet, Minot Grand Hotel, 5 p.m.
- **Feb. 23:** Light goose conservation order opens.
- **March 2:** Souris Valley Mule Deer Foundation banquet, Minot Grand Hotel, 5 p.m.

Tournaments:

- **Feb. 23:** Trenton, Lake, Williston.



NUMBERS TO KNOW:

- **N. D. GAME AND FISH DEPT., MAIN BISMARCK OFFICE:** (701) 328-6300, WEBSITE: (HTTP://GF.ND.GOV)
- **N. D. GAME AND FISH DEPT., RIVERDALE OFFICE:** (701) 654-7475
- **REPORT ALL POACHERS:** (800) 472-2121 OR (701) 328-9921
- **FRIENDS OF LAKE SAKAKAWEA, THE REGION'S ONLY ORGANIZATION WORKING FOR QUALITY LAKE ACCESS, WEED CONTROL AND EFFECTIVE PARTNERSHIPS,** (WWW.LAKESAKAKAWEA.COM)
- **DAKOTA RECREATION REPORT & N.D. BIG GAME RECORDS BOOK:** (WWW.DANCINGPRAIRIEARTS.COM)

OUTDOOR NOTES:

*Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice.

*Remember to keep any fish caught in 20 feet of water and deeper because they don't survive coming up from those depths.
 *It's illegal to chase, harasses, or pursue all wildlife - including coyotes - with any motorized vehicle.

Fishing: Lake Sakakawea elevation, Feb. 18: 1,837.91 feet above mean sea level (MSL); 25,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Deviils Lake elevation: 1,448.28 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.25 MSL.
 *N.D. Game & Fish Dept. game wardens: Devils Lake remains quiet with access limited to tracked vehicles. Those anglers going out are finding a few walleye and perch. Watch ice conditions with slush pockets in many places with more pockets showing up farther east on the lake. Use caution because they're extremely difficult to see. Drifts are also quite deep. Lake Sakakawea slow with difficult access. Van Hook Arm fair at times for walleye. Moving around on the lake is difficult, although the ramp is open. Watch for slush pockets in spots. White Earth Bay slow. Drifts also deep. No other reports.

*Deviils Lake, Ed's Bait Shop, Devils Lake: Moving around on the lake is difficult but those with tracked vehicles are finding walleye success around the Woods-Routen Road and Black Tiger Bay. Look for perch activity in Black Tiger Bay, as well.

*Deviils Lake, Woodland Resort, Devils Lake: Somewhat improving walleye success with some larger fish now showing up. Move around to locate perch with a few bigger ones also showing up. Increasing pike activity, as well. Stay on trails on the lake unless using tracked vehicles. Otherwise be sure to bring a shovel and tow rope. Trails open in some areas but wind would make it difficult to keep them open.

*Lake Darling, Karma C-Store, Ruthville: Look for more activity with warmer, stable weather but reports remain light.

*Lake Metigoshe, Four Seasons, Bottineau: Moving around on the lake is difficult without tracked vehicles. Some small bluegill success and improving pike activity but limited walleye success.

*Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Limited reports with moving around on Lake Sakakawea and Lake Audubon still difficult, along with tough access.
 *Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Poor access continues limiting reports from Lake Sakakawea and Lake Audubon.

*Lake Sakakawea, Scenic 23, New Town: Tracked vehicles needed or pickups with chains to move around on the Van Hook Arm but the ramp is plowed open. Fair small walleye success.

*Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Little to no activity on the Missouri River or Lake Sakakawea.

*Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Access is still available with pickups on the upper end of Lake Sakakawea with increased pike success in shallow water. Try herring or frozen smelt. Better walleye success remains around Long Creek or Lewis & Clark State Park. Trenton Lake remains fair for crappie. Yellowstone River decent for walleye.

*Lonetree WMA area lakes, Harvey: Access tough on area lakes but some are open and

producing some perch and walleye. Check on local access before heading out, though.

*North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Snow continues limiting activity and access on area lakes.

N.D. Parks & Recreation Dept. ski trails (conditions can vary):

*Fort Stevenson, Garrison: Trails groomed and in good condition with 4-inch base on cross-country and 3-inch base on fat tire bike trails. Some drifting in a few areas with last weekend's new snow but overall good conditions.

*Lake Metigoshe, Bottineau: Trails in good condition and groomed, weather permitting. Look for lots of activity with somewhat warmer weather.

*No reports from other parks.

Downhill skiing (conditions can vary):

*Big Sky Resort, Big Sky, Mont.: 47- to 87-inch machine groomed, packed powder base with 35 lifts and 301 trails open. 7 Terrain Parks open with 10 jumps and 80 rails.

*Bottineau Winter Park, Bottineau: 15- to 24-inch base with beginner runs, 7 runs, 7 tubing lanes, with several jumps and rails with 1 box Terrain Park feature open.

*Holiday Mtn. Ski Area, LaRiviere, Manitoba: 12 runs and 3 lifts open.

*Huff Hills, Mandan: 30- to 32-inch powder, packed powder base. 9 groomed runs and 3 lifts open depending on weather.

*Terry Peak, Lead, S.D.: 18- to 24-inch packed powder, machine groomed base. All lifts and runs open.

Snowmobile N.D. (conditions can vary):

*Cattail (Barnes, Cass, Steele, & Trail counties): Trails open with 4- to 8-inch base.

*East-central Valley (Cass & Richland counties): Trails open and in good condition with 6- to 12-inch base. West side of Rural Cass South Trail closed on the west side from Davenport to Casselton.

*Lake Region (Nelson & Ramsey counties): Trail 4 closed but all others open with 10- to 14-inch base. Good condition.

*Missouri Valley (Emmons & Burleigh counties): 6- to 10-inch base with all trails open.

*North-central (Benson, McHenry, Pierce, Ramsey, & Towner counties): NC 1, 2, & 3 trails closed but all other trails are open with 6- to 10-inch base. Fair to good condition.

*Northeast (Cavalier, Pembina, & Walsh counties): Border, Pembina, Neche, and Cavalier trails closed but all others open with 6- to 10-inch base. Many ditch trails full of snow. North Nekoma Trail open from Langdon to Nekoma to Milton.

*Peace Garden (Bottineau & Rolette counties): All trails open and in fair to good condition with 4- to 12-inch base.

*Red River North (Pembina & Walsh counties): Trails open and in good condition with 5- to 10-inch base.

*Red River South (Grand Forks & Walsh counties): 4- to 12-inch base with all trails open and in good condition.

*Sargent (Richland & Sargent counties) 4- to 10-inch base with all trails open.

*Shayenne Valley (Barnes, Dickey, LaMoure, Ransom, & Stutsman counties): 4- to 8-inch base with good conditions. All trails open except L-1, L-3, L-4, & O-2. Trail L-2 open from Fort Ransom to Verona.

*Sno-Trails (Bottineau, McHenry, Renville, & Ward counties) 8- to 14-inch base with all trails except International Trail open.

*Southern Valley (Richland County): All trails open with 6- to 12-inch base, although Trail 1 closed from Colfax to Walcott. Good conditions.



NORTH DAKOTA GAME AND FISH DEPARTMENT

Mountain Lion Tracks Confirmed in Lincoln

NORTH DAKOTA GAME AND FISH DEPARTMENT

The North Dakota Game and Fish Department has confirmed that animal tracks observed in the city of Lincoln early this morning were from a mountain lion.

Furbearer biologist Stephanie Tucker said the tracks indicated the cat moved through Lincoln and a development area to the east of the University of Mary, and continued south toward the Oahe Wildlife Management Area.

"We followed the tracks to the south of the University of Mary," Tucker said. "It appeared to be heading toward the river and the wildlife

management area."

Officers from the Lincoln Police Department and Burleigh County Sheriff's Department helped in tracking the lion.

This is the second confirmed mountain lion in the Bismarck area within the last month. In early January, law enforcement personnel shot and killed a mountain lion near the Bismarck Municipal baseball field.

The Bismarck area is located in mountain lion hunting zone 2 in North Dakota. The mountain lion season in zone 2 is open through March 31. There is no limit on the number of mountain lions that can be taken in zone 2.

North Dakota Earth Day Patch Contest

The state Game and Fish Department's annual Earth Day awareness campaign is accepting entries for design of a 2019 Earth Day patch. North Dakota students ages 6-18 are eligible to participate. The deadline to submit entries is March 15.

The Game and Fish Department will announce a winner in three age categories - 6-9, 10-13, and 14-18. Each winner will receive a pair of binoculars. The final patch design will be chosen from the three winners.

The winning design will be used on a patch given to members of Girl Scouts, Boy Scouts, 4-H clubs and any school participating in Earth

Day cleanup projects on state-owned or managed lands in North Dakota in April and May.

The patch should incorporate some aspect of Earth Day - celebrated April 22 - or keeping North Dakota clean. It must be round and three inches in diameter. There is a limit of five colors on the patch, and lettering must be printed. Name, address, age and phone number of the contestant must be clearly printed on the entry form. Only one entry per person is allowed.

Earth Day contest rules and entry forms are available on the Game and Fish Department's website, gf.nd.gov. For more information, contact outreach biologist Pat Lothspeich by email at ndgf@nd.gov, or call 701-328-6332.

THIS SPECIAL FEATURE IS SPONSORED BY:

The Outfitters
 Largest Fishing Retailer in the Midwest! "North Dakota's Ice Fishing Headquarters"
 4545 N Main Street Minot, ND (Behind Memory fireworks on the east bypass off 83)
 701-838-2001 • Follow us on facebook or shop online at www.theoutfittersnd.com
 FOR INFORMATION ABOUT SPONSORING THIS SECTION CONTACT US TODAY! • 839-0946 •

KARZ 4-U AUTO SALES 240-9172
 1105 16th St. SW • Minot
 Cliff Butler/Retired MSgt
 www.Karz4-U.com

POWER THROUGH WINTER WITH A 4x4

 \$14,995	 \$11,995	 \$6,995
 \$8,995	 \$7,995	 \$9,995
 \$13,995	 \$5,995	 \$14,995

FREE 90 Day or 3000 mile powertrain WARRANTY included! check out more vehicles @ www.Karz4-U.com



AFMC hiring effort draws new talent, faster

MARISA ALIA-NOVIBLSKI | AIR FORCE MATERIEL COMMAND

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) --

With a command mission that relies heavily on a more than 65,000 person civilian workforce, recruiting, developing and retaining top talent is critical to success. This is the driving force behind the ongoing AFMC effort to transform the civilian hiring process across the enterprise to meet mission needs today and for the future.

"Ask anyone to describe the federal government's civilian hiring process and they will probably say the current system is too slow, too cumbersome and badly out of sync with our mission needs," said Bill Snodgrass, AFMC director, Manpower, Personnel and Services. "We need to change this in order to build a human capital system that meets the needs of a 21st century Air Force. A big part of this effort is focused on finding ways to speed up the civilian hiring process."

Recent hiring events lead by the Air Force Life Cycle Management Center at the Kessel Run project in

Newcomers Expo attendees learn about the work and mission of various directorates across the Air Force Life Cycle Management Center, Oct. 3, 2018. Events to draw new talent to Air Force Materiel Command are planned throughout 2019.

U.S. AIR FORCE PHOTO | LOREEN DEER

Boston and at Eglin AFB, Florida, provided prospective employees the opportunity to register, interview and receive on-the-spot job offers, filling a number of open positions at one time. More than 90 same-day offers were made at the two events.

"We are extremely pleased about our success at these events and the high-caliber of talent that we acquired to fill critical needs across the center," said Eric Dilworth, AFLCMC director of personnel. "The model works, and we are excited to expand use of the process and the decreased hiring timelines at future events."

AFMC improved its civilian hiring timeliness by 12 percent in fiscal year 2018 and plans to continue finding ways to speed up the employment process. Four major hiring initiatives are providing positive returns, particularly when coupled with continued process improvements in all talent acquisition areas.

"By leveraging multiple secretary of the Air Force-approved civilian hiring initiatives, continued utilization of Congressionally-provided direct hiring authorities, and by implementing an enterprise recruiting approach that capitalizes on process improvements, we are exhausting all means to more efficiently hire civilian employees," Snodgrass said. "A lot of work remains; however, we are moving out of the industrial hiring age and driving towards a world class hiring model. We are leading the Air Force in this area."

The establishment of a non-competition cell to process non-competitive hiring actions such as temporary promotions or management reassignments helped human resources teams close more than 3,000 actions in the past six months, with an end-to-end average of 31 days—less than half the time of the previous average of 70 days.

A centralized selection team for the contracting and logistics career fields is decreasing the time it takes for the command to recruit and hire new entry-level hires. Similar to the way the military assigns entry-level enlisted and officers to teams, selection and assignment relies on the expertise of a central hiring team consisting of subject matter experts and human resources specialists, resulting in faster acquisition of new talent.

A two-year civilian hiring pilot program that realigned Air Force Personnel Center operating location manpower and resources at Hill AFB, Robins AFB, Tinker AFB and Wright-Patterson AFB to AFMC began in Oct. 2018, and is better positioning the command to identify and implement process change and efficiencies across the enterprise. The realignment also provides opportunities for teams to identify best practices at individual locations that can be leveraged as enterprise-wide solutions.

Additionally, an effort to automate resume review is under development to help streamline the assessment process. This, coupled with a command-wide resume repository, is creating new opportunities to share resumes collected during recruiting events enterprise-wide in an effort to ensure the right candidate is identified to fill specific hard-to-fill positions across the command.

"As we work through new strategies to recruit an agile civilian workforce, we are harnessing the power of industry tools to produce change," said Marcae Riggs, chief, AFMC Personnel Programs Branch.

At the Air Force Sustainment Center's Warner Robins Air Logistics Complex, at Robins AFB, Georgia, the Pre-Employment Process Center model is used on a biweekly basis to fill open positions at the center. At the PEPC one-day hiring events, candidates are interviewed, receive a tentative job offer, complete pre-employment requirements such as physicals, drug testing and fingerprints, and leave with a firm job offer and projected start date. The average total time to complete the process is less than three hours and has resulted in 500 firm job offers to date.

Pulling off these events requires a lot of planning, teamwork and collaboration to set the stage and ensure the appropriate decision makers are on site to complete the hiring process.

"AFMC has partnered with the AFPC Talent Acquisition Team, center personnel teams, hiring managers and installation personnel offices to ensure events are a success," said Riggs.

An additional 161 recruiting events targeted at the science and engineering career fields are planned for 2019 at locations across the country. A virtual career fair is also planned for early spring.

Defenders repurpose assets to ensure nuclear surety

AIRMAN 1ST CLASS JACOB M. THOMPSON AND STAFF SGT. LAUREN O'CONNOR | 341ST MISSILE WING PUBLIC AFFAIRS

MALMSTROM AIR FORCE BASE, Mont. (AFNS) -- Missile security forces defenders are charged with protecting our nation's assets against all enemies, foreign and domestic. One way they maintain readiness is through training.

Recently, the 841st Missile Security Forces Squadron at Malmstrom Air Force Base, innovated the way they conduct recapture and recovery training. "Sharpening our competitive edge in this new age will require creative approaches, innovation, resources and execution at the speed of relevance," said Secretary of the Air Force Heather Wilson.

The 841st MSFS collaborated with missile maintainers to share one of their training tools, the T-41 trainer. The trainer is a realistic, one-to-one replica of the launch facilities throughout the missile field and used by missile maintainers. This replica provides the squadron an opportunity to train in an environment similar to a response to a real-world threat.

The training simulates the same scenario these Airmen would face in the missile field under a real-life recapture and recovery situation, said Tech. Sgt. Daniel Seifert, 841st MSFS A-flight sergeant.

Recapture entails using force to take back control of a nuclear weapon if an adversary takes control of the weapon, Seifert said. Recovery happens by teams going out and recovering the weapon if it is stolen.

"(This training) helps our nuclear deterrence mission; it gives us and our allies confidence that we are good stewards of nuclear weapons in the Air Force and security forces, not just (at) Malmstrom but the entire (nuclear) triad," said Seifert.

The nuclear triad is a compilation of platforms and weapons that serve as the backbone of America's national security. The triad consists of submarine-launched ballistic missiles, air-launched cruise missiles and intercontinental ballistic missiles across the Department of Defense.

Malmstrom AFB hosts the largest ICBM fleet in the United States and protecting these assets directly support the National Defense Strategy objective of dissuading, preventing or deterring state adversaries and non-state actors from acquiring, proliferating or using weapons of mass destruction.


"There is no substitute for the prospect of a devastating nuclear response," said Gen. Paul J. Selva, Joint Chiefs of Staff vice chairman.

The triad, along with assigned forces, provides 24/7 deterrence to prevent catastrophic actions from our adversaries and they stand ready, if necessary, to deliver a decisive response, anywhere, anytime. Malmstrom AFB defenders are reimagining the way they train to increase their lethality in the event they are called upon to serve and protect.

"The surest way to prevent war is to be prepared for it," said Gen. John E. Hyten, commander of the U.S. Strategic Command.

CHURCH DIRECTORY

Little Flower Catholic Church
 800 University Avenue West
 838-1520
Mass Schedule
 Saturday 5:30 pm
 Sunday .. 8:30am & 11:00am
Fr. Fred Harvey, Pastor
www.littleflowerminot.com

St. Peter The Aleut Eastern Orthodox Church

109 6th St. SE Minot • 838-3094
 Sunday Liturgy 10 a.m.
 Saturday Vespers.... 6 p.m.
 The Very Reverend Father Anastassy

ALL ARE WELCOME
 Ahla W Sahla MIRE SE VIEN
 SELAMAT DATANG BENVENUTO
 VALKOMMEN Willkommen
WELCOME
 BIENVENIDO Baruch Haba
 Aloha Bem-winds VELKOMIN
 BENVIDO Welkommen Tere Tulemast


An Evangelical Free Church
 3500 4th St. SW • 839-5127
 (Just North of Super Wal-Mart)
 Sunday School & Fellowship 9:00 a.m.
 Worship 10:30 a.m.
www.trinitychurchminot.org


 Worship Service at 10:45am Sundays
 Sunday School at 9:45am
1720 4th Ave NW, Minot 838-0916
MinotBibleFellowship.org


Faith United Methodist Church
5900 Highway 83 N, Minot
www.faithumcminot.com
Pastor Tom Sumers 701-838-1540
 Sunday School (All Ages): 9:45 a.m.
 Sunday Coffee Fellowship: 10:30 a.m.
 Worship Services: Sunday 11 a.m.

Minot Baptist Church
 Sending the Glorious Light of Jesus Christ to a Dark and Needy World
 Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Wednesday Evening..... 7:00 p.m.
Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
 Pastor David Miller

Cornerstone Presbyterian Church
1000 NE 3rd Street 852-0315
Sunday Schedule
 Contemporary Worship 9:00am
 Sunday School (All Ages) 10:00am
 Traditional Worship 11:00am
Wednesday Evening Schedule
 Community Dinner 5:30-6:30pm
 Contemporary Worship 6:30pm
 Youth Group & Small Groups.. 7:15pm
All are Welcome!
www.ecominot.org

Congregational UCC
 430 N. Broadway • 839-1064
Sunday Worship 11am
Sunday School 11am
Tuesday Bible Study 12pm
Saturday Noah's Breakfast ..9:30am
 Please join us, all are welcome here!

UNITED CHURCH OF CHRIST


St. Mark's Lutheran Church
Missouri Synod
 Sunday Worship 8:30 am & 11:00 am
2209 4th Avenue NW Minot, ND 839-4663
www.stmarksminot.com
 Call or check out our website for more information.


Immanuel Baptist Church
1615 2nd St. SE • Minot • 839-3694
 Sundays:
 Sunday School 9:15 a.m.
 Worship 10:30 a.m.
 Wednesdays:
 Soup Kitchen 11:30 a.m. - 12:30 p.m.
 Family Supper 5:45 p.m.
 Classes for all ages 6:30 p.m.
 Adult Choir (as scheduled). 8:00 p.m.
Brian T. Skar, Pastor
www.ibcminot.org

Apostolic Faith Church, UPCI
2929 19th Ave NW • Minot
 Located off Hwy 83 Bypass West
(701)838-0609
 Saturday School 2:00 p.m.
 Sunday Worship 3:30 p.m.
 Wednesday Bible Study 7:30 p.m.
Jesse Starr, Pastor

St. John the Apostle Catholic Church

 2600 West Central Ave • Minot, ND 58701
839-7076
 Daily Mass Schedule:
 Tuesday 7:00 p.m.
 (3rd Tuesday 7:00 a.m.)
 Wednesday - Friday 7:00 a.m.
 Saturday 5:00 p.m.
 Sunday 8:00 & 10:30 a.m.
Fr. David A. Richter, Pastor
 Parish website: www.stjohnminot.com


First Lutheran Church - ELCA
 120 5th Ave. NW
 852-4853
 Saturday Worship..... 5:00 pm
 Sunday Worship.. 8:30 am & 11:00 am
 Sunday Education..... 9:45 am
 Wednesday Supper..... 5:00 pm
 Wednesday Education 5:45 pm
www.firstlutheran.tv
 (Live Stream & Recorded)
 Radio Broadcast KRRZ 1390AM
 Sunday 8:30 am
www.flcminot.com
 Pastor Brandy Gerjets • Associate Pastor Ellery Dykeman


Gospel Tabernacle Community Church
 9999 27th St NE
 4 miles south of MAFB
James W. Henderson
Anna B. Henderson
Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday
Sunday School 9:45 a.m.
Adult/Children Worship.. 11 a.m.
Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.

Bethany Lutheran
 215 3rd Ave. SE, Minot, ND
Phone: 838-5196 • Fax: 852-8494
 A Member of the ELCA
 Sunday Worship 8:30 & 10:30 am
 Sunday Fellowship 9:30 am
 Wednesday School 5:45 pm
 Wednesday Worship 6:45 pm
 Website: www.bethanylutheranminot.com
 Email: bethanylutheran@srt.com
 Live Streaming: bethanylutheran.tv
Pastor Janet Hernes Mathistad
Pastor Gerald Roise

First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org
 Classic Worship Service 8:30 a.m.
 Adult Sunday School..... 9:45 a.m.
 Contemporary Worship Service.. 9:50 a.m.
 Children's Church..... 9:50 a.m.
 Sunday School (All Ages) 11:00 a.m.
 Contemporary Worship Service.. 11:05 a.m.
 Wed. AWANA (Sept. to May) 6:30 p.m.
Rev. Kent Hinkel, Senior Pastor
Rev. Barry Seifert, Associate Pastor
Pastor Josh Huseby, Worship Arts
Pastor Sam Kautzmann, Student Ministries
Elaine Carlson, Children's Ministry Director


Cross Roads Baptist
 Sunday School (all ages) 9:45 a.m.
 Sunday Worship 11 a.m. & 6:30 p.m.
 Wednesdays (Prayer & Missions) ... 6:30 p.m.
www.minotcrbc.org
email: crbc@srt.com
415 28th Ave SE (Behind Menards) 838-1873


West Minot Church of God
Family Worship Center
1105 16th St. NW • 839-1407
 Sunday School 9:30 a.m.
 Sunday Worship 10:30 a.m.
 Children's Church & Nursery
 Wednesday Family Training Hour
 Meal..... 5:30p.m.
 Classes for All Ages 6:30 p.m.
 Youth Center, Friday 7:00 - 11:00 p.m.
 ABC Child Care Center 852-6352
westminot.com
facebook.com/westminot


Vincent United Methodist Church
1024 2nd St. SE • 838-4425
Behind Town & Country Shopping Center
open hearts...open minds...open doors!
 Saturday Informal Worship.. 5:00 p.m.
 Sunday School 9:00 a.m.
 Sunday Worship Service 10:00 a.m.
 Fellowship..... 11:00 a.m.
Pastor Jennifer McDonald
www.vincentumc.com


OUR REDEEMER'S CHURCH
A Church of the Lutheran Brethren
Thursdays:
 Worship..... 6:30 p.m.
Sundays:
 Worship..... 8:30 a.m. & 10:45 a.m.
700 16th Ave SE • 701-838-0750
 For more information visit us on the web at:
www.ourredeemers.org

ADVERTISE YOUR Church

Advertise FOR ONLY \$7 PER WEEK

Revisions MADE UPON NOTICE FROM THE CHURCH

Deadline TUESDAYS BY NOON WEEK OF PUBLICATION

VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM



CONTACT BETH

call 701-839-0946

email NSADS@SRT.COM

fax 701-839-1867

First Assembly of God
1805 2nd St. SE 838-1111
 Morning Worship 8:30 a.m.
 Sunday School 10 a.m.
 Morning Worship 11 a.m.
 Wednesday Family Night..... 6:30 p.m.


BO KNIGHTS


we've got the church you've been looking for
Your life matters to God!



CLASSIFIEDS

www.northernentry.com | nsads@srt.com | 701.839.0946 | 315 S. Main Ste 202 | PO Box 2183 | Minot, North Dakota

ATTENTION

RESIDENTS OF NEW YORK STATE!
Cashwise Bottleshop has
GENESEE BEER
Regular & Light!
3224 16th St SW Minot | 852-4440
-Only at Cashwise! -



AUTOMOTIVE

90 DAY FREE POWERTRAIN WARRANTY on most cars. Check out our inventory at karz4u.com or call Cliff (Retired MSgt) at 701-240-9172.

JOHN'S



AUTOBODY

Pays Up To
\$500

Insurance Deductibles

We Guarantee All Work & Color Match

4121 S. Broadway
839-8896

TRANSPORTATION

I BUY CARS OR HAUL JUNKERS AWAY FOR FREE - Call Karz 4-U at 240-9172.

\$\$\$ QUICK CASH \$\$\$
Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

GARAGE SALE & SWAP MEET

PERPETUAL GARAGE SALE & EASTSIDE SWAP MEET. Every Weekend. Will start 1st week of April (Weather permitting). Looking for Sellers to Sell your stuff. Saturdays & Sundays. Questions call 701-626-2712.

HELP WANTED

DIESEL TECHNICIANS: \$2,500 SIGN-ON! Great Benefits, Pay! 401k, Vacation. 2 yrs exp. EOE. M/F/D/V. Apply: careers.wm.com 855-975-9321.

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

IMMEDIATE FULL AND PART TIME OPENINGS for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Contact Carrie 701-720-1930. May apply at kalixnd.org

LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits. We are an equal opportunity employer and a drug free workplace. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Gail Peterson by E-mail or phone at gpeterson@kalixnd.org (701)833-6559

HELP WANTED

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

PART-TIME LOCAL DRIVER Openings in Bismarck, ND.

This part-time opening is perfect for licensed Class A CDL drivers seeking supplemental income. We offer excellent hourly pay, flexible scheduling and a great culture. If you have 2 years Class-A experience, put it to work for you at Penske Truck Leasing: 855-652-7071.

RENTALS

GLENBURN
2 Beds/1 Bath. Very Nice & Clean. Water & Heat Paid. Laundry. Only \$495 + elec. Call Today 839-4200.

HOUSE FOR RENT

Very Nice Home in Maxbass. 3 Beds/1 Bath. 2 Stall Garage. 5 Acres. \$800 + utilities. 839-4200.

1 & 2 Beds in Burlington. Heat & Water Paid. Ready for Move In. \$475-\$495. Call 839-4200.

SMC

We Have A Great Variety Of Apartments & Homes For Rent. Competitive Rates & Discounts & Specials Available. Call 839-4200.

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

RENTALS

HOUSES FOR RENT

- 1 Bed/1 Bath. \$600 + utilities. Pet Friendly.
- 3 Bed/1 Bath. \$800 + utilities. Pet Friendly.
- 4 Bed/2 Bath. \$950 + Utilities.

2 & 3 Bedroom Apts Located in Surrey. Very Well Kept. Heat & Water Paid. Across from Surrey School. \$675-\$775. Call For Your Tour Today! 839-4200.

MOBILE HOMES AVAILABLE NOW IN RUTHVILLE! Located in Parkway estates. Only 2 miles South of the MAFB! Multiple homes available, 2) 2 bedrooms for \$450 & 2) 3 bedrooms for \$550. Move-In Ready! Contact Robert at 701-833-9064.

REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at www.brokers12.com.

SERVICES

WE CLEAN ALL TYPES OF FLOORING including carpets, upholstery, walls, air ducts. Let us clean your boat, camper, garage, storage unit. We have dump trailer for debris removal. Low rates. Cash/check/credit. Prairie Carpet Services. 701-833-2884 or 448-2883.



BASE ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY is now registering for the Spring 2019 term (18 Mar-19 May). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to minot@erau.edu. To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

PARK UNIVERSITY MINOT - Earn your degree on your terms; now enrolling for Spring 2 with classes starting March 18. At Park, we believe everyone who strives to earn a degree should have that opportunity. Earn your CCAF credits, AU-ABC, or your Bachelor degree with Park helping to maximize your prior military experience. Park University Minot AFB @ the Education Center. 844-884-8612; mino@park.edu. Park. You.

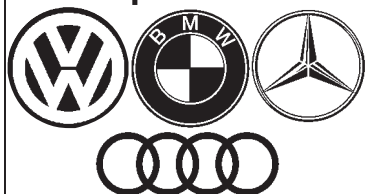
PROFESSIONALS

LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT
www.marykay.com/lclouse. 701-839-0475 or 701-721-0475

BUSINESS & PROFESSIONAL DIRECTORY

AUTOMOTIVE

MBM AUTO SERVICE
Minot's Service Specialists
PARTS & SERVICE
We Specialize In:



1215 Valley St.
838-9607
Next to Action Wrecking

QUICK CASH!!
Running & Non-Running Cars & Trucks



Edwardson Sales
839-9512

We also sell cars \$500 - \$1500
Give Us A Call!
Will Haul Junk Cars Free Of Charge

ACTION AUTO WRECKING

Free Parts Locating service

1215 Valley St., Minot
Formerly Minot Wrecking

We pay top price for cars & trucks, running or not
Selling new, used and rebuilt parts.

Phone 852-2470 or Toll Free 1-800-533-5904 • Fax 838-7627

STORAGE UNITS

NORTHERN PRAIRIE CONDOS & STORAGE, INC.

Military Discounts - Best Rates
24 Hour Access
701-720-1093

Convenient North Location for Both Base & Minot Customers

HOBBY SHOP

AEROPORT HOBBY SHOP
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.

838-1658
2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

ANSWERS

SUDOKU ANSWERS

1	8	6	2	3	9	5	4	7
2	3	9	4	7	5	8	1	6
5	7	4	6	1	8	3	9	2
4	1	8	3	9	6	7	2	5
3	2	7	8	5	1	4	6	9
9	6	5	7	2	4	1	8	3
8	9	1	5	6	7	2	3	4
7	4	2	9	8	3	6	5	1
6	5	3	1	4	2	9	7	8

Answers to puzzle from page 4

HOME LOANS

FAST & FREE PREAPPROVAL • VA AND FHA FINANCING



MIKE LINDQUIST • NMLS #213449 • CELL 578-0478 | JORDAN WALD • NMLS #922889 • CELL 721-9391
1408 20th Ave. SW, Ste 3, Minot, ND • APPLY ONLINE at [LENDING NOW.com](http://LENDINGNOW.com)

ACCOUNTANT

BRADY MARTZ
CERTIFIED PUBLIC ACCOUNTANTS
24 W. Central, Minot • 852-0196
www.bradymartz.com

REAL ESTATE

BUY OR SELL ONLY WITH THE BEST!



#SOLD WITH US!

BROKERS12.COM

Feature your business here for as little as \$9.00 per week!

For more information call 839-0946 or email nsads@srt.com

REAL ESTATE



powered by



Serving the Greater Minot Area Since 1951

408 North Bdw
Minot, ND
701-852-1156




 <p>\$64,900</p> <p>IN KARLSRUHE – Remodeled home on large corner lot with room to build a garage. 2 bedrooms, updated bath with tile shower, remodeled eat-in kitchen. New flooring, roof, windows, furnace and added insulation.</p> <p>MLS #190403</p>	 <p>\$334,900</p> <p>COUNTRY SETTING – 3 bedroom, 1 3/4 bath home with everything on one level. Fireplace in living room. Family room with wood burning stove. Modern kitchen. Covered deck. 3.72 acre lot. Triple garage.</p> <p>MLS #190069</p>	 <p>\$411,500</p> <p>LOOKING TO BUILD – Consider this 3 bedroom, 2 bath “Krista” model patio home built by Hunter James Construction. 1576 sq ft of living space, triple garage and 2.56 acre lot on Minot’s SW edge.</p> <p>MLS #190394</p>
 <p>\$68,000</p> <p>START HERE – 2 bedroom, 1 bath, 2 story condo. Eat-in kitchen and upper level bedrooms. Full unfinished basement with laundry.</p> <p>MLS #190386</p>	 <p>CONGRATULATIONS GERI ERVEN-BEEDE TOP PRODUCER, JANUARY 2019</p> <p>Check our site for weekly dates and times of Open Houses</p> <p><small>one click printout of weekly open houses</small></p>	 <p>\$229,900</p> <p>NICELY REMODELED – 5 bedroom, 4 bath, 2 story home. Fireplace in living room. Deluxe master suite. Lower level family room. Corner lot with mature trees. Attached garage.</p> <p>MLS #190304</p>
 <p>Brian Henry 228-4290 brian@minohomes.com</p>		 <p>Carrie Montoya 240-0709 carriecornhusker@aol.com</p>

RENTALS



creative property management Inc.

MOVE-IN READY UNITS!

STUDIO AND 1 BEDROOM APARTMENTS

STARTING AS LOW AS \$325 A MONTH!

SCHEDULE YOUR SHOWING TODAY!



701-852-5028
WWW.CREATIVEMINOT.COM

Northern Sentry
839-0946 or
nsads@srt.com

Contact Beth for your Advertising & Design needs!

WHAT'S GOING ON MAFB

TODAY	TUESDAY	<div style="text-align: center;">  <p>UPCOMING EVENTS:</p> </div> <div style="background-color: #e0f2f1; padding: 5px;"> <p>1 March</p> <ul style="list-style-type: none"> • Last day for the Winter Reading Program at the Base Library • Registration for Youth Baseball & T-Ball begins at the Youth Center • Winter Challenges continue through March 20 at the Base Library • TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC • Torch Club, 1600-1700, Youth Center • Mardi Gras Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill • Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill • Texas Hold 'Em, 1800, Rockers Bar & Grill • Keystone Meeting, 1800-1900, Youth Center • Mixed Fun League, 1830, Rough Rider Lanes • Karaoke Night, 2100, Rockers Bar & Grill • Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes </div> <div style="background-color: #e0f2f1; padding: 5px;"> <p>2 March</p> <ul style="list-style-type: none"> • Baseball Camp, 0900-1100, Youth Center • Youth Bowling League, 1000, Rough Rider Lanes • Fight Night UFC 235 – Jones vs Smith, prelims begin at 1900, main event begins at 2100, Rockers Bar & Grill • Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes </div> <div style="background-color: #e0f2f1; padding: 5px;"> <p>Rough Riders Pizza <u>New Salad Options!</u> Looking for something lighter? Try our NEW Chef Salad, Caesar Salad, Southwest Salad, or Greek Salad!</p> </div> <div style="background-color: #e0f2f1; padding: 5px;"> <p>The B-Fifty Brew <u>New Specials Only \$4</u> Chicken Salad Sandwich or Ultimate Breakfast Sandwich on Croissant or Potato Bun, Spinach Frittata, and Quiche Lorraine.</p> </div> <div style="background-color: #e0f2f1; padding: 5px;"> <p>Auto Hobby February Specials <u>February 1-28</u> Tire Mounting Special Come in to Auto Hobby to mount your own tires and have the staff balance them & we will waive the stall fee! *Includes flat & lift stalls – Ask for the February special to receive discount on services. Offer valid 1-28 February during operating hours. <u>March 1-31</u> Purchase your oil and filter from Auto Hobby and get one hour of stall time FREE! Ask for the March Special at the service counter to receive discount services. Offer valid 1-31 March during operating hours.</p> </div>
SATURDAY	WEDNESDAY	
SUNDAY	THURSDAY	
MONDAY		



Columbus AFB instructor pilots connect with Virginia Tech AFROTC cadets

AIRMAN HANNAH BEAN | 14TH FLYING TRAINING WING PUBLIC AFFAIRS

COLUMBUS AIR FORCE BASE, Miss. (AFNS) -- It's not everyday cadets are given the opportunity to work closely with U.S. Air Force pilots; however, the Virginia Tech Air Force ROTC Detachment 875 was given the chance when instructor pilots from the 37th and 48th Flying Training Squadrons visited the university Feb. 8-11.

Nine instructor pilots, five T-6 Texan IIs, a T-1A Jayhawk, aircrew flight equipment personnel and the 14th Medical Group flight surgeon recently returned from a TDY to Roanoke Blacksburg Regional Woodrum Field, Virginia, where they connected with cadets from the Virginia Tech Air Force ROTC program.

The trip was an effort to boost rated career interest, but also added continuation training for Columbus AFB's IPs. The pilots also helped meet Air Education and Training Command's vision of "Recruit Next" by recruiting, training, and educating Air Force ROTC cadets on Air Force flying missions, primarily the Specialized Undergraduate Pilot Training mission.

"This is an opportunity for them to see what the rated career fields are all about," said Capt. Andrew Barstow, 37th FTS assistant chief of training. "It's a pretty cool opportunity, not just the nature of it, but the impact as well."

Barstow also said the experience gives cadets a better realization of what they're getting into, and will help them make more informed decisions about their future Air Force careers.

Before the pilots began flying, they hosted a social Feb. 8, in the dorms so cadets could get to know the IPs better by asking questions about their experiences and what it's like to be a pilot.

"Having Columbus Air Force Base come in and having guys who are current instructor pilots now gives relevancy, excitement and motivation," said Lt. Col. Barry Burton, Virginia Tech Air Force ROTC Det. 875 commander. "It's a hands-on actual view of what it's like from a pilot's perspective on the lifestyle and experience."

Burton said cadets get excited and motivated when they're able to engage with pilots via video-conference, however, "having pilots on the ground takes it to a much higher level."

To make the most out of their visit, the T-1A IPs were also able to meet with North Carolina Agricultural and Technical State University Det. 605 cadets at Greensboro, North Carolina.

Throughout the weekend, the 28 cadets were briefed and experienced the capabilities of the T-1A and T-6 aircraft.

"My favorite part of this experience was getting the opportunity to not only fly in

the T-6, but get to learn and ask questions from the pilots," said Olivia Ellis, Virginia Tech Air Force ROTC Det. 875 cadet. "This opportunity made me feel grateful for the opportunities the Air Force offers cadets and I think opportunities like this should be available to more cadets."

Capt. Max Adler, 41st

FTS check pilot, Maj. Scott Meskimen, 14th Operations Group executive officer, and Barstow were part of the IP group and are Virginia Tech alumni. This visit provided an opportunity to return to their alma mater and show new cadets some aspects of a pilot's life.

"It's a very amazing experience," Barstow said.

"I'm shaking hands with cadets and I'm walking through the same hallways I did as an ROTC cadet. It's kind of surreal when I think about it. We got so much support to help us make it happen, so I'm really appreciative and excited. I feel like I'm giving back to the guys that help me get to this position here."

Welcome Nicole Gress, MSN, CNM



Nicole Gress, MSN, CNM

Trinity Health is pleased to announce that Nicole Gress, MSN, CNM, has joined our team of women's health providers at Health Center - Medical Arts.

Expert Care for the Women of All Ages.

A certified nurse midwife, Nicole Gress, MSN, CNM, provides primary care to women of all ages, including obstetric and gynecological care. Born and reared in Nebraska, she earned her Bachelor of Science in Nursing from Montana State University and her Master of Science in Nurse Midwifery from Frontier Nursing University, Hyden, KY. A member of the American College of Nurse Midwives, Nicole and her husband, Master Sergeant Mark Gress, have two daughters and enjoy being involved in their gymnastics and soccer activities.

Midwifery Services

- Individualized care for women of all ages
- Prenatal, labor & delivery, and postnatal care
- General gynecological care
- Contraception counseling
- Annual physical exams and preventive care

Health Center - Medical Arts
400 Burdick Expressway E, Minot ND 58701
For appointments, please call **701-857-7385**



trinityhealth.org

NORTHERN AUTO AUCTION
1st & 3rd Saturday Every Month!
Approx. 75-100 Cars, Pickups, Trucks, Etc.!
Bring vehicles & title to auction yard
BUY or SELL!
All units sold AS-IS condition
Terms: Cash or check supported by a bank letter of credit.
Auctioneers: Clint Beeler, Lic. #199 & Kevin Beeler, Lic. #464 - Clerk Lic. #199
3035 Valley St., Minot, ND 58701
701-838-3733 or 1-800-210-8995

Picture your ad in the **northern sentry**
MINOT AIR FORCE BASE | WWW.NORTHERNSENTRY.COM
Call us today for more info!
701-839-0946
nsads@srt.com

NORTHERN SENTRY
839.0946 | nsads@srt.com