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91st Missile Wing hosts **family** MAF tour

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ALYSSA M. AKERS

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Videos



Hurricane Hunters inside eye as Michael makes landfall

MASTER SGT. JESSICA KENDZIOREK | 403RD WING PUBLIC AFFAIRS

KEESLER AIR FORCE BASE, Miss. (AFNS) -- The 53rd Weather Reconnaissance Squadron started flying into Hurricane Michael Oct. 7 and over the next four days observed it intensify from a possible tropical depression to a Category 4 storm, which made landfall near Mexico Beach, Florida, at 12:30 p.m. Oct. 10.

"This storm started out as a low level investigation with the possibility of it reaching tropical storm status by the end of the first flight," said Col. Robert J. Stanton, 403rd

Wing vice commander and navigator who was on the mission. "We had a challenge on the first entry into the storm trying to find the center because the eye of this storm was oval shaped and roughly 30 to 40 miles long."

Stanton said that during the next two passes into the eye, they were getting better readings because the storm was developing throughout the course of their mission.

The track was predicted to hit the Florida Panhandle from the start. It was named Michael Oct. 7 and was upgraded to a Category 1 hurricane by Oct. 8.

"Michael was different than others, because the track pretty much stayed the same from day one," said Capt. Kelsie Carpenter, 53rd WRS aerial reconnaissance weather officer, who flew into the storm on Tuesday morning. "We sent the data to the National Hurricane Center and watched it go from a Category 1 to a Category 2 storm while we were fixing the center and it appeared to be intensifying."

The 53rd WRS "Hurricane Hunters" were inside the storm as it made landfall in Florida as a Category 4.

The 53rd WRS is the only Defense Department unit that flies reconnaissance missions into severe tropical weather

during the hurricane season, June 1 through Nov. 30, to gather data for the National Hurricane Center to improve their forecasts and storm warnings. In all, the squadron flew nine missions into Hurricane Michael to gather this information.

While the model forecasts have improved for tracking, Maj. Jeremy DeHart, 53rd WRS ARWO, said intensity forecasts are tricky to predict.

"Data from our drop today indicated that it continued to strengthen right up to landfall," said DeHart. "Our last dropsonde measured a central pressure of 919 millibars, which was lower than both Katrina and

Maj. Jeremy DeHart, a 53rd Weather Reconnaissance Squadron aerial reconnaissance weather officer, reviews data prior to sending the data to the National Hurricane Center for Hurricane Michael, a Category 4 storm, which made landfall at Mexico Beach, Florida, Oct. 10, 2018. The Hurricane Hunters gather data from inside the storm to assist the National Hurricane Center in improving the cone of uncertainty that comes with tracking the path of a tropical cyclone.

U.S. AIR FORCE COURTESY PHOTO | MASTER SGT. JESSICA KENDZIOREK

Andrew."

"This was such a powerful storm for building up in the Gulf of Mexico. It doesn't happen often that you see a storm increasing intensity while making landfall," said Lt. Col. Sean Cross, 53rd WRS pilot.

While inside the eye, the crew could see the storm surge hitting the coastline of Florida, said Cross.

"The eyewall also looked different than others I have flown because it was like we were inside an 18-mile-wide barrel or drum, with the eyewall going straight up and down," he said.

Hurricane Michael hit the Florida Panhandle with 150 mph winds near Mexico Beach, causing massive damage.

"After our experience here on the Mississippi Gulf Coast after Katrina we understand how difficult it is to experience and recover from a devastating storm," said Stanton. "Our thoughts and prayers go out to those who are being impacted by Hurricane Michael today."



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Air Force awards three Launch Service Agreements

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON, D.C. (AFNS) --

The U.S. Air Force announced today the award of three Evolved Expendable Launch Vehicle (EELV) Launch Service Agreements to (in alphabetical order) Blue Origin, Northrop Grumman Innovation Systems, and United Launch Alliance. The award to Blue Origin will be for development of the New Glenn Launch System. The award to Northrop Grumman Innovation Systems is for development of the Omega A Launch System. The award to United Launch Alliance will be for development of the Vulcan Centaur Launch System.

The Launch Service Agreements will facilitate the development of three domestic launch system prototypes and enable the future competitive selection of two National Security Space launch service providers for future procurements, planned for no earlier than fiscal year 2020.

Through public-private partnership agreements, the goal of the acquisition strategy is to satisfy federal law by ensuring that the U.S. maintains assured access to space, with at least two domestic launch service providers and without reliance on non-allied rocket propulsion systems.

"Our launch program is a great example of how we are fielding tomorrow's Air Force faster and smarter," said Secretary of the Air Force Heather Wilson. "We're making the most of the authorities Congress gave us and we will no

longer be reliant on the Russian-built RD-180 rocket engine."

With the Congressional mandate to transition away from reliance on foreign rocket propulsion systems, and the planned Delta IV retirement, the Air Force developed an acquisition strategy to accelerate National Security Space launch requirements.

"Leveraging domestic commercial space launch systems is good for the Air Force, and a revitalized commercial launch industry is good for the taxpayer," Wilson added.

The EELV program has successfully launched 72 NSS missions, dating back to 2003, using the Atlas V and Delta IV launch vehicles.

"Since the early days of the space program, the Air Force has been a world leader in space launch," said Air Force Chief of Staff Gen. David L. Goldfein. "As space becomes more contested and our adversaries develop new capabilities to thwart our advantage, we are fielding our space capabilities to ensure we remain the best in the business."

While the prototypes are being developed, the Air Force will continue to competitively award commercial launch services

agreements in accordance with the Air Force's other transaction authority (OTA) for prototype projects. OT agreements are nontraditional acquisition arrangements that allow for shared investment to encourage innovation and promote the maturation of capabilities. The use of OTA is consistent with guidance in the National Space Transportation Policy to "cultivate increased technological innovation and entrepreneurship in the U.S. commercial space transportation sector through the use of incentives such as nontraditional acquisition arrangements, competition and prizes."

The awards will be contracted through Air Force Space Command's Space and Missile Systems Center (SMC), located at Los Angeles Air Force Base, California. SMC is the U.S. Air Force's center of acquisition excellence for acquiring and developing military space systems.

Its portfolio includes the Global Positioning System, Military Satellite Communications, Defense Meteorological Satellites, Space Launch and Range Systems, Satellite Control Networks, Space Based Infrared Systems and Space Situational Awareness capabilities.

"These awards are central to the Air Force goal of two domestic, commercially viable launch providers that meet National Security Space requirements,"

said Lt. Gen. John Thompson, the Air Force's Program Executive Officer for Space and SMC commander. "These innovative public-private partnerships with industry provide a path to develop launch vehicles to assure access to space, address the urgent need to transition away from strategic foreign reliance, and provide responsive launch capabilities to the warfighter."

Media representatives can submit questions for response regarding this topic by sending an e-mail to smcpa.media@us.af.mil.

"THESE AWARDS ARE CENTRAL TO THE AIR FORCE GOAL OF TWO DOMESTIC, COMMERCIALY VIABLE LAUNCH PROVIDERS THAT MEET NATIONAL SECURITY SPACE REQUIREMENTS,"

-LT. GEN. JOHN THOMPSON, THE AIR FORCE'S PROGRAM EXECUTIVE OFFICER FOR SPACE AND SMC COMMANDER

contracts to providers who demonstrate the capability to design, produce, qualify and deliver launch systems and provide the mission assurance support required to deliver National Security Space satellites to orbit.

"I'm excited to announce these creative partnerships that directly support the Air Force's strategy to drive innovation and leverage commercial industry. These awards are a leap forward in space launch capabilities, ensuring continued U.S. dominance in space," said Dr. William Roper, Assistant Secretary of the Air Force for Acquisition, Technology, and Logistics.

The Air Force competitively awarded the Launch Service Agreements as other transaction (OT)

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Special Warfare Training Wing activates to better train global combat Air men

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JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) --

To meet the demand for special operations warfighters and improve retention rates for these critical career fields, Air Force officials activated the Special Warfare Training Wing Oct. 10.

The mission of the new wing is to select, train, equip, and mentor Airmen to conduct global combat operations in contested, denied, operationally limited, and permissive environments under any environmental condition.

"This new wing will help us provide additional oversight and advocacy for the complex, high-risk and demanding training that's necessary to produce Airmen to meet the requirements of the joint force," said Col. James Hughes, SWTW commander.

The new wing headquarters and subordinate organizational structure will consist of approximately 135 personnel. The existing Battlefield Airman Training Group, which was activated in June 2016, has been renamed to the Special Warfare Training Group and will report to the new wing.

Building upon what the Battlefield Airmen Training Group has started, the previously established five pillars of marketing and recruiting, manpower and leadership, curriculum, equipment and infrastructure will serve as a starting point for the wing.

"Keeping these pillars in mind will allow us to continue focusing on building the best Airman we can from the time they step into a recruiter's office up until the end of their careers,"

Hughes said.

"Wings move the ball forward at an operational and strategic level," Hughes said. "They can provide structure, oversight, strategic vision and unity of command. But to become a leader in the special warfare community, we have to continue pushing the envelope of science and technology. It all comes down to doing everything we can to create Airmen capable of problem solving across a wide-range of national security challenges to meet the joint force's needs."

Additionally, the wing will focus on improving human performance by staying at the forefront of science and technology with the addition of the Human Performance Support Group. The Human Performance Support Group is a one of kind unit that will integrate specialists from a variety of sports and medical fields into special warfare training to optimize physical and mental performance, reduce injury and speed rehabilitation to create more capable and resilient ground operators.

"By pushing the limits of science and technology, we're going to find the most efficient and effective methods for improving human performance," Hughes said. "We're going to take what we already have learned and enhance how we produce the most physically and psychologically fit Airmen possible for the joint force."

Special Warfare Airmen, previously known as Battlefield Airmen, are the critical ground link between air assets and ground forces. They are trained to operate as a ground

Members of the Special Warfare Training Wing honor the fallen with memorial push-ups after the SWTW activation ceremony at Joint Base San Antonio-Medina Base, Texas Oct. 10, 2018. The mission of the new wing is to select, train, equip, and mentor Airmen to conduct global combat operations in contested, denied, operationally limited, and permissive environments under any environmental conditions

U.S. AIR FORCE PHOTO | ANDREW C. PATTERSON

component to solve on-ground problems with air power; often embedding with conventional and special operations forces. Their requirements have grown substantially since 2001 due to the effectiveness of and increasing demand for the precision application of air power in the joint combat environment.

Seven Air Force specialty codes currently fall into the Special Warfare category: pararescue, combat rescue officer, combat control, special tactics officer, special operations weather team, tactical air control party personnel and non-rated air liaison officer. These airmen share ground combat skill sets and a sharp focus on joint, cross-domain operations.

The first step toward more efficient and effective training is to combine the courses of initial entry for all special warfare candidates into one cohesive course.

"The various Special Warfare Air Force specialty codes are a lot more similar than they are different," said Chief Master Sgt. James Clark, SWTW command chief. "These courses of initial entry are the bedrock of lethality and readiness. By combining them, we're making the pipeline much more efficient, while also building a team mentality that focuses on our similarities, rather than our differences."

"This change is also the first step toward answering the most important question facing the SWTW: How do we create and develop the most adaptive and agile leaders possible?" Clark said. "It starts by continuing to be critical of ourselves, while searching for any way to become more efficient in everything that we do."

Air Force Leaders say increased funding is improving readiness

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

WASHINGTON (AFNS) -- Secretary of the Air Force Heather Wilson and Chief of Staff of the Air Force Gen. David L. Goldfein thanked Congress for providing the resources necessary to restore the service's readiness while testifying before the Senate Armed Services Committee's Subcommittee on Readiness and Management Support Oct. 10.

During her testimony, Wilson praised Congress for passing an appropriations bill on time for the first time in nearly a decade.

"With your help, we have made great strides in a short period of time," she said. "We are more ready today than we were two years ago."

After decades of readiness decline, the Air Force is working to accelerate its recovery, ensuring the service is prepared to combat rapidly evolving threats.

Today more than 75 percent of the Air Force's core fighting units are combat ready with their lead force packages. The service's goal is for 80 percent of those units to have the right number of properly trained and equipped Airmen by the end of 2020 - 6 years faster than projected before the Air Force developed a recovery plan.

"Restoring the readiness of the force is our top priority," Goldfein said. "And the budget Congress recently passed will have a significant impact for Airmen across our active, guard, and reserve components."

To do this the Air Force is focusing on three key areas: people, training and cost-effective maintenance and logistics.

People

For the Air Force, readiness is first and foremost about people. In fiscal year 2018, Congress provided funding to allow the Air Force to address a serious shortage of maintainers. In September 2016, the service was short 4,000 active duty maintainers, but by December 2018 that number is expected to reach zero.

"Actions by Congress over

the last few years has been tremendously helpful," Wilson said. "Now we must get these Airmen the experience needed to become craftsmen at their work."

In addition to maintainers, the Air Force has placed an emphasis on addressing the national aircrew shortage, first by addressing quality of service and quality of life issues, and also increasing financial incentives and providing more control over assignments and career paths.

The Air Force is increasing the number of pilots it trains from 1,160 a year in FY 2017 to 1,311 in FY 2019, building to 1,500 by FY 2022 and steady state, thereafter.

Training

As part of the readiness recovery, the Air Force is focused on providing relevant and realistic training to maintain an advantage over increasingly capable adversaries. To meet this need the service is investing in operational training infrastructure — ranges and airspace — and simulation.

The Air Force is also improving infrastructure, simulators, threat emulators and training ranges to enhance realism and enable Airmen to train locally for a high-end, multi-domain fight.

Cost-effective maintenance and logistics

The third element of restoring the readiness of the force is weapons system sustainment — the parts, supply and equipment — to make sure our aircraft are ready to go when needed.

"There are a thousand fingerprints on every aircraft that takes off. From air traffic control to crew chiefs to weapons loaders to avionics technicians — it is a total team effort," Goldfein said. "When the plane is twice the age of the team, it makes it harder. So we are looking at new methods across the board for how we are maintaining an older fleet with a younger workforce."

The Air Force is already seeing improvements in its depots, increasing depot production by 20 percent, completing 75 aircraft per year.

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Any ad received after this time will run the following week.



91st Missile Wing hosts family MAF tour

The 91st Missile Wing hosted a missile alert facility tour for military families at Minot Air Force Base, North Dakota, October 13. During the tour, families were briefed about security forces weapons and vehicles, the living area of a MAF and the capsule crew working below ground.

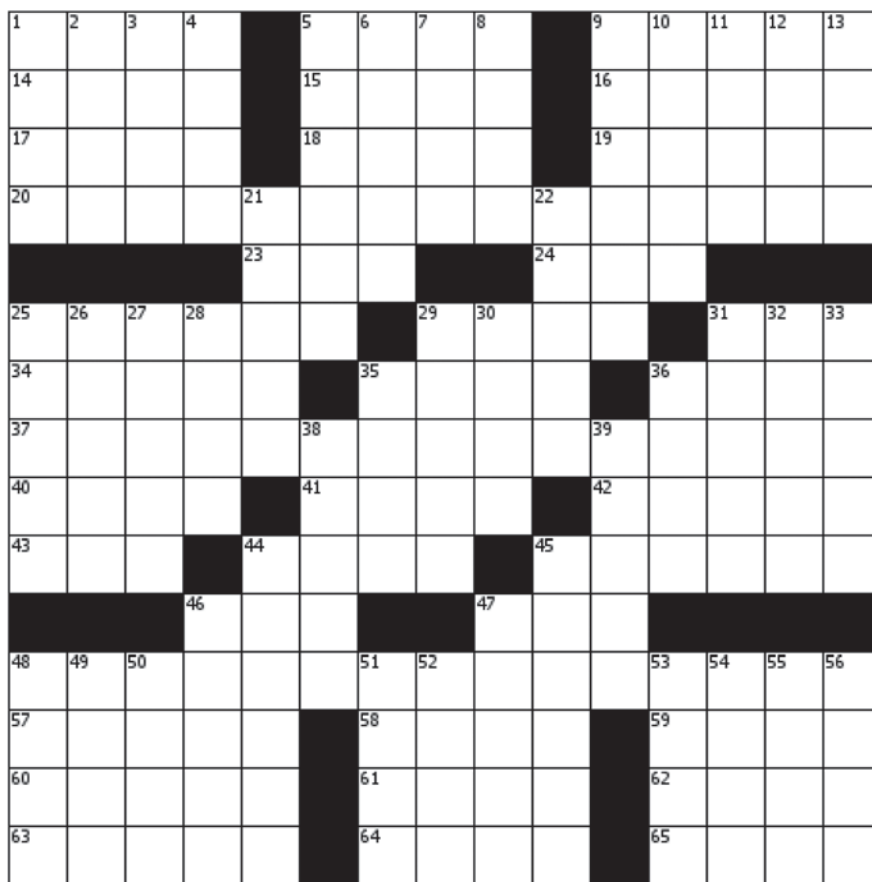
U.S. AIR FORCE PHOTOS | SENIOR AIRMAN ALYSSA M. AKERS



CROSSWORD PUZZLE

Across

- 1. Twins follower
- 5. Punxsutawney celeb
- 9. Split to be hitched
- 14. Serious flaw
- 15. City by Lake Tahoe
- 16. Copy of a trade name?
- 17. Where most of us live
- 18. Lummocks
- 19. Spiny flora
- 20. Reminisce
- 23. "That's yucky!"
- 24. Suitable
- 25. Some billiard shots
- 29. Hops kiln
- 31. Use a pari-mutuel machine
- 34. Sour or bitter in taste
- 35. Give the boot
- 36. Soprano Gluck
- 37. Erase time?
- 40. Blues singer Redding
- 41. Tramp's sweetie
- 42. Indian princess
- 43. Born, in social notes
- 44. BLT condiment
- 45. Get in the way
- 46. Weaken
- 47. Name for an unknown
- 48. Be contradictory
- 57. Stave off
- 58. Sails off course
- 59. Jack and Jill prop
- 60. Full of zest
- 61. Ultimatum word



- 62. Geometry calculation
- 63. Old-timer
- 64. It may be good or bad
- 65. Belt
- Down**
- 1. Blacken
- 2. Pastel hue
- 3. Came to roost
- 4. Steady date
- 5. Antler projections
- 6. Wasteland expanse
- 7. Data
- 8. Kind of cause
- 9. Save
- 10. Did a jete
- 11. Keiko was one
- 12. Equipment for Chik
- 13. Noteworthy hotel sign
- 21. Cuban dance
- 22. Impatience
- 25. Certain roaster
- 26. Small angle
- 27. Fix a knot
- 28. Space museum sights
- 29. Trump
- 30. Soot-covered sign
- 31. Flaxen-haired

- 32. One who rules the roast
- 33. Hardly a giver
- 35. Approve
- 36. Chairman Greenspa
- 38. Praises manually
- 39. Proclamation read of old
- 44. Joan of Arc, for example
- 45. Quartered
- 46. Suit material
- 47. Use a divining rod
- 48. Burn to the ground
- 49. Nefarious
- 50. Peddle wares
- 51. Looked over
- 52. College since 1701
- 53. Vichy and Ems
- 54. Bowling Hall-of-Famer Anthony
- 55. Stead
- 56. Run out of steam

SUDOKU Solution to puzzle on page 14

1		2		3		4		5
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4			7		8			2
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	5							3
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	7				1			
3		6		7		2		9

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Medium

Solution to last week's Crossword puzzle.

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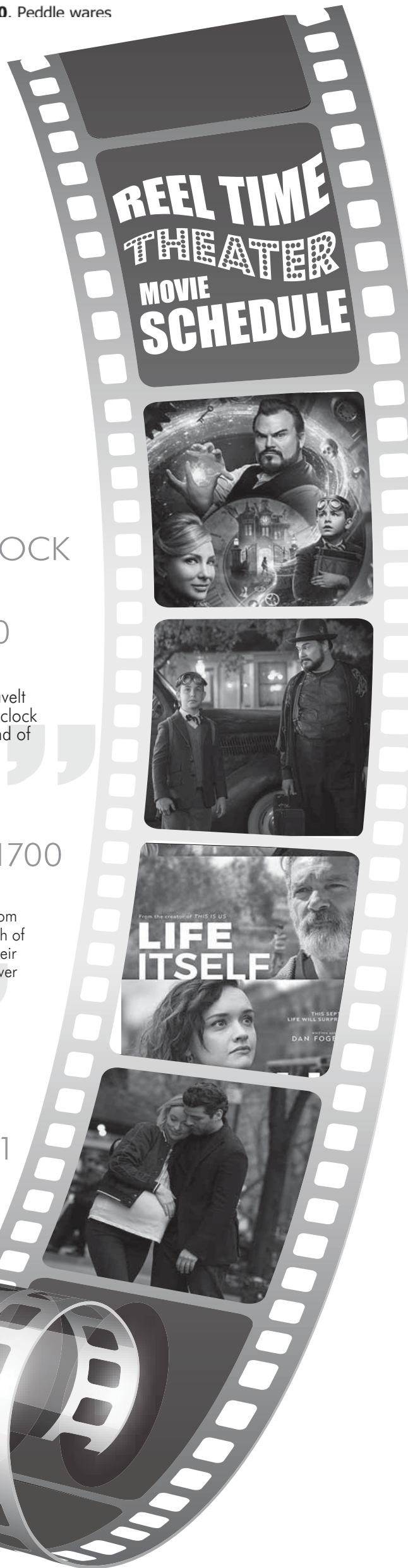
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Best Ever SHEPHERD'S PIE



INGREDIENTS:

POTATO LAYER

- 3 large russet potatoes
- 2 Tablespoons butter
- 1/2 cup milk
- 1 teaspoon garlic powder

MEAT LAYER

- 2 pounds ground beef (or lamb, turkey)
- 1 small onion, chopped
- 2 cloves garlic, minced
- 1/2 teaspoon each, salt and pepper

- 2 Tablespoons flour
- 2 Tablespoons tomato paste
- 1 cup beef broth
- 1/2 Tablespoon Worcestershire sauce
- 1/2 teaspoon dried oregano
- 1 1/2 cups frozen peas and carrots
- 1/2 cup frozen corn
- 1 cup shredded cheddar cheese

INSTRUCTIONS:

FOR POTATO LAYER: Peel potatoes and chop into small pieces. Place chopped potatoes in a large pot of water. Bring to a boil and cook until potatoes are tender. (About 15 - 20 minutes)
 Drain water from pot. Mash the potatoes. Add butter, milk and garlic powder. Continue to mash until no lumps remain. Cover potatoes and set aside.
 Preheat oven to 375° F. Grease a 9x13 inch baking dish with non-stick spray.
 FOR MEAT LAYER: In a large 12-inch skillet, over medium-high heat, add ground beef, onion, garlic, salt and pepper. Cook and crumble meat until browned. Drain grease.
 Sprinkle flour evenly over meat mixture. Stir and cook 1 minute. Stir in tomato paste, broth, Worcestershire sauce and oregano. Bring to a boil, then reduce heat to medium-low. Stir in frozen peas, carrots and corn. Cook another 5 to 10 minutes or until heated through.
 Pour meat mixture into prepared pan. Spread mashed potatoes evenly over the top. Top potatoes with cheddar cheese.
 Bake, uncovered, for 35 minutes until casserole is hot and bubbly. Remove from oven and let stand 10 minutes before serving.

UPCOMING EVENTS



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20 OCT

7:00 PM - 11:59 PM
 Location: Dakota Territory Air Museum 100 34th Ave NE, Minot.

Spend a Night at the Museum celebrating aviation history on Saturday, October 20, 2018, beginning at 7:00pm! The Night at the Museum Hangar Dance features live museum from Moments Notice plus cameos throughout the night from famous aviators of the past! Come dressed for the golden age of aviation! (1929 - 1945) Prize will be awarded for best



vintage attire! Food and drinks will be available from Buffalo Wild Wings and the Little Chicago Pub District. Admission • \$20 - Singles / \$35

Couples • Must be 21 or older For more information check out: Facebook event/ NightattheMuseum Hangar Dance

20 OCT

9:00 AM - 4:00 PM
 Location: North Dakota State Fair Center 2005 Burdick Expy E, Minot.

Join us for our 6th Annual Fall Harvest Craft & Vendor Show Shop from over 50 local Handmade Crafters and Direct Sales Companies & Boutiques All with a large variety to choose from. Admission is FREE ND State Fairgrounds Center - Main Entrance 4h hall For more information or to buy tickets: Facebook event/ Fall Harvest Craft Show



20 OCT

5:00 PM - 6:30 PM
 Location: Maysa Arena 2501 Burdick Expy W, Minot.

Taurus Trunk or Treat Tailgate is a fun event for all! Dress the kids up, dress yourself up, deck your car out to win our "ugly trophy"! Kids get to trick or treat before the game!! Be one of the first 100 kids to show up in costume and they and one adult will get into the game FREE (child must be accompanied by an adult). Free burgers and hot dogs donated by Kacey Cope at Havig Insurance Agency. For more



information check out: Facebook event/ Taurus Trunk or Treat Tailgate

23 OCT

6:00 PM - 7:30 PM
 Location: Flower Box 301 Burdick Expy W, Minot.

Create a beautiful centerpiece for your Thanksgiving table. One of the talented Flower Box designers will walk you through the step-by-step process for a festive table centerpiece. Flower Box will provide all supplies, snack, drinks, and FUN! Also each participant will receive a free glass of wine (must be 21 years of age) and a guided tour through our newly remodeled and designed beer & wine space. This

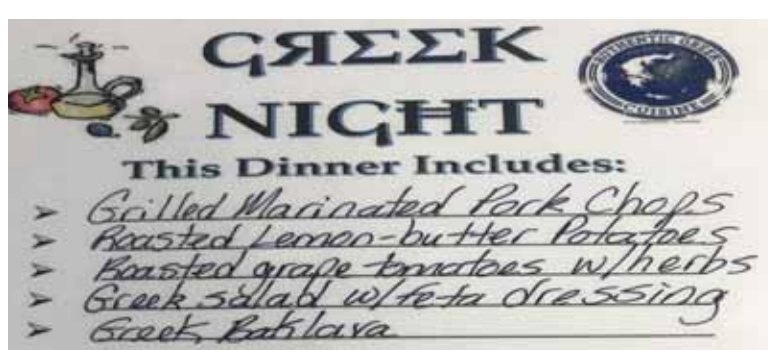


class is open to all ages (must be 21 years of age or older to consume beer or wine). For More information: Facebook/ DIY Thanksgiving Centerpiece

24 OCT

6:00 PM - 8:00 PM
 Location: Wildwood Country Club 8401 County Road 15 W, Minot.

Come on out for Melina's fully authentic and incredible Greek Dinner! You get a full meal and dessert. We are always open to the public, so anyone can come out for the experience! Call now to reserve! Amanda @ (701)500-7866 or the clubhouse @ (701)725-4653



For more information check out: Facebook event/Greek Night! Melina's Authentic Greek Dinner is Back! OPA!

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COMMENTARY



Lessons from failure

STAFF SGT. JUSTIN R. NORTON | 302ND AIRLIFT WING PUBLIC AFFAIRS

PETERSON AIR FORCE BASE, Colo. (AFNS) -- Thirty-two. Thirty-three. Thirty-four. Thirty-five -- time's up. Somewhere in Texas a senior airman failed his fitness test. He couldn't complete the minimum requirement for abdominal crunches.

Dragging himself back to his car, ashamed and furious with himself, he realized that he was now one of those Airmen he looked down on for failing their fitness test. Worse yet, he was deploying in two weeks and his gut sank as he thought of delivering news of his failure to his supervision.

That senior airman was me in 2014.

I also found out I wouldn't be promoting to staff sergeant

earlier that day either, making this the second year in row I missed the mark for a promotion. At this point, I was certain my leadership would tell me I'd blown my opportunity to deploy. I'll never forget the half hour sitting in the parking lot, full of shame, staring out at the flight line before facing my supervisors.

I did end up going on that deployment and would need to pass a fitness re-assessment while I was there.

Until failing that fitness test, I never felt like a failure. I'd felt mediocre at times. In fact, I often felt mediocre. I knew there was plenty of room for me to improve, but never acted on it. I never studied for

Continued on page 12

Welcome Renee Harju, FNP-C



Renee Harju, FNP-C

Trinity Health is pleased to announce that Renee Harju, FNP-C, has returned to our Family Medicine team, joining a growing group of providers at our newly opened Trinity Health East Ridge.

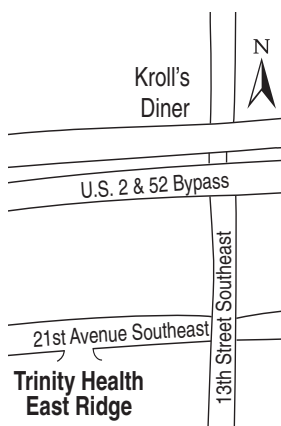
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Renee has spent the past two decades caring for the primary healthcare needs of individuals and families in the Minot area. She provides comprehensive care throughout the lifespan with an emphasis on health promotion, diagnosis and treatment of illnesses and injuries, and management of chronic conditions. A 1981 graduate of the Trinity School of Nursing, Renee earned her Bachelor of Science in Nursing from Minot State University and her Master of Science in Family Nurse Practice from the University of Mary, Bismarck.

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Dates to Know:

- **Oct. 20:** Sakakawea Pheasants Forever banquet, Garrison City Auditorium, 6 p.m.
- **Oct. 21:** Pronghorn season ends.
- **Oct. 27:** Mink, muskrat, and weasel trapping seasons open.



NUMBERS TO KNOW:

- **N.D. GAME AND FISH DEPT., MAIN BISMARCK OFFICE:** (701) 328-6300, WEBSITE: (HTTP://GF.ND.GOV)
- **N.D. GAME AND FISH DEPT., RIVERDALE OFFICE:** (701) 654-7475
- **REPORT ALL POACHERS:** (800) 472-2121 OR (701) 328-9921
- **FRIENDS OF LAKE SAKAKAWEA, THE REGION'S ONLY ORGANIZATION WORKING FOR QUALITY LAKE ACCESS, WEED CONTROL AND EFFECTIVE PARTNERSHIPS,** (WWW.LAKESAKAKAWEA.COM)
- **DAKOTA RECREATION REPORT & N.D BIG GAME RECORDS BOOK:** (WWW.DANCINGPRAIRIEARTS.COM)

OUTDOOR NOTES:

Avoid damaging roads and trails when hunting, especially being careful in fields when waterfowl hunting.

*No baiting allowed on Fish & Wildlife Nat'l. Wildlife Refuges & Waterfowl Production Areas & Game & Fish Dept. Wildlife Mgmt. Areas.

Fishing:

Lake Sakakawea elevation, Oct. 16: 1,842.71 feet above mean sea level (MSL); 29,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.35 feet above mean sea level (MSL).

Stump Lake elevation: 1,448.34 MSL.

*N.D. Game & Fish Dept. game wardens: No new reports from north-central area lakes or Devils Lake. No new reports from the east end of Lake Sakakawea. Weather permitting, anglers finding fair walleye success in the Van Hook Arm.

*Devils Lake, Ed's Bait Shop, Devils Lake: Not much activity but look for some larger walleye along the bridges with warmer, calmer weather.

*Devils Lake, Woodland Resort, Devils Lake: Limited reports with last week's bad weather with more activity with better weather. Try jigging along the bridges.

*Lake Darling, Karma C-store, Ruthville: Limited activity with wind and cold weather but look for some perch around Grano and Lake Darling.

*Lake Metigoshe, Four Seasons, Bottineau: Look for walleye and pike activity with better weather allowing more anglers to get on the water.

*Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Look for more activity with warmer, calmer weather. Little to no activity over the past week on Lake Sakakawea and Lake Audubon due to weather.

*Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison: Wind and weather limited activity on the east end

of Lake Sakakawea but look for some success with stable weather.

*Lake Sakakawea, Scott's Bait & Tackle, Pick City: Missouri River continues producing walleye during the day with best success in the chutes. Try 3-swivels or crankbaits. Look for a mix of species. Weather permitting, look for some walleye success casting crankbaits from the rocks from shore at night. Some other species mixed in. Weather limiting activity on Lake Sakakawea.

*Lake Sakakawea, Scenic 23, New Town: Limited activity in the Van Hook Arm with poor weather.

*Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Weather permitting, anglers finding nice walleye success on the Missouri River with some success on the west end of Lake Sakakawea.

*Lonetree WMA area lakes, Harvey: No reports from area lakes.

*North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Little to no activity on area lakes.

Hunting:

*Pheasants: Limited success around the midsection of Lake Sakakawea with some pockets in the northwest. Hunters finding some pockets of birds around the east side of Lake Sakakawea but having to work more for birds.

*Waterfowl: More birds starting to move into the eastern side of Lake Sakakawea and along the northern tier of McLean County, southern Ward and Mountrail counties, including a few snow geese, lesser, and ducks. Nice numbers moving into the Lonetree WMA region of central N.D., including cranes, ducks, and a variety of goose species. Snow geese and ducks starting to move into the Devils Lake region, north-central N.D., along the Canadian border in better numbers. Fair local duck numbers in some areas around Williston. Not much bird movement around Upper Souris NWR.



Free Learning Series, "Little Kids, Big World," Featured at North Dakota Heritage Center & State Museum

STATE HISTORICAL SOCIETY OF NORTH DAKOTA

BISMARCK, N.D. - Toddlers and preschoolers are invited to the free interactive learning series, "Little Kids, Big World," at 10:30 a.m. on Oct. 22 and 29 at the North Dakota Heritage Center & State Museum. These fun, hands-on 30-minute programs introduce children to North Dakota's fascinating history. All children must be accompanied by a parent or guardian.

The Oct. 22 program, "Bull Boat Up Close," will offer children the opportunity to explore a bull boat through sight and touch, and even climb inside one. On Oct. 29, children can get an idea what life may have been like at work and at play for a homesteading family and imagine their own family living in our 1915 homesteader cabin in "Life

on the Homestead."

The programs will be led by Stephanie Schick, a gallery guide at the North Dakota Heritage Center & State Museum. Schick is a graduate of Northern Arizona University who previously worked as an educator at the National Mississippi River Museum & Aquarium in Dubuque, Iowa. Schick, who has a passion for history, science, and education, loves to travel and has taught in schools in Kenya and Egypt.

Participants are asked to meet at the east entrance information desk at the ND Heritage Center & State Museum. For more information, contact Erik Holland, curator of education, 701.328.2792. For more programs sponsored by the State Historical Society of North Dakota, go to history.nd.gov/events.

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Special Tactics Air men open Tyndal I AFB air field for operations

24TH SPECIAL OPERATIONS WING PUBLIC AFFAIRS

HURLBURT FIELD, Fla. (AFNS) -- Air Force Special Tactics Airmen with the 23rd Special Tactics Squadron assessed, opened and controlled air traffic at Tyndall Air Force Base, Florida, Oct. 11. The Special Tactics Airmen cleared and established a runway at Oct. 11, at 7 p.m., and received the first aircraft at 7:06 p.m. Special Tactics Airmen have the ability to assess, open and control major airfields to clandestine dirt strips in any environment,

including those that have been impacted by a natural disaster. Special Tactics Airmen are in control of the airfield and are prepared to support airfield operations until further notice, which will allow support to facilitate humanitarian assistance to Tyndall AFB. Tyndall AFB received extensive damage in the wake of Hurricane Michael. For any questions regarding Special Tactics Airmen, contact Jackie Pienkowski at 850-884-3902 or 413-237-4466, or jaclyn.pienkowski@us.af.mil.

Special Tactics Airmen with the 23rd Special Tactics Squadron load water onto a CV-22 Osprey assigned to the 8th Special Operations Squadron at Hurlburt Field, Fla., Oct. 11, 2018. Special Tactics are prepared to assess, open and control major airfields to provide support during humanitarian operations.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN JOSEPH PICK



'Bricks in the Loop' provides cyber Air men an innovative, low-cost training option

TECH. SGT. R.J. BIERMANN | AIR FORCES CYBER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) -- As the cyber realm evolves, effects from cyberattacks are moving from the digital world to the physical one. Just three years ago, nearly 225,000 energy customers in Ukraine woke to a powerless city after regional electrical companies were hacked and shut down by malicious Russian cyber actors. Earlier this year, the city of Atlanta had to suspend many of its services while ransomware ran rampant through government computers. To ready the Air Force's Cyber Protection Teams, which defend priority Department of Defense networks and systems against such malicious cyber-physical acts, the 90th Cyberspace Operations Squadron has developed an innovative new training tool. "Bricks in the Loop" helps cyber Airmen conceptualize and understand the relationship between the network and physical domains in operational technology infrastructures," said Christopher De La Rosa, 90th COS cyber modeling and simulation environments lead. "Significant differences exist between information technology and OT networks, necessitating different approaches to training our Airmen in IT and OT cyber defense."

The build cost less than \$4,000 and took only four months. The "loop" serves as a simulated Air Force installation with assets such as a fire station, police station, airport, airport passenger terminal, jets, tanker trucks and other vehicles. Many of these elements can purposefully be hacked and made to light up, move forward or backward, spin, alarm or stop working all together, all to alert the trainee a cyber action has taken place. The toy bricks are built on 15x15 inch tiles so they can be easily transported and re-built to support on-demand training or to model service-level exercises. "The look and functionality of the environment allows the trainee to easily translate the model to critical missions on most bases, and the potential damage that could occur from a malicious cyber-physical attack on those missions," De La Rosa said. "There are many more scenarios relevant to Air Force bases that, if disrupted, may have a critical impact on assigned missions." In the future, the team hopes to include additional assets that will lead to more training scenarios, including fuel operations, security, water filtration, and fire alarm and suppression systems. The team is also seeking to incorporate a remote access and control feature providing trainees the opportunity to connect from anywhere.

In other words, BIL links cyber (IT) and physical (OT) resources to afford Airmen the opportunity to see how a cyber action can effect a physical asset. Unfortunately, any cyber-physical training option using life-size training assets would be too costly to create, so current options are predominantly virtual-based, according to De La Rosa. To remedy this, his team created a scaled, physical training environment made of toy, plastic bricks purchased off-the-shelf. They combined this with an IT network built from open source or low-cost, and easy-to-use software

Training cyber Airmen isn't new to the 90th COS. In the last two years alone, the squadron has developed 110 cyber capabilities comprising real-time operations and innovation efforts, CMF support efforts, and additional supporting capabilities and enabling efforts, including BIL. As AFCYBER Airmen continue to deliver full-spectrum global cyberspace capabilities and outcomes to the Air Force, joint force and nation, so will the 90th COS in its endeavor to keep them proficiently trained and ready.

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SLATE demo highlights live, virtual, constructive environment for pilot training

GINA MARIE GIARDINA | AIR FORCE RESEARCH LABORATORY

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) --

The Secure Live Virtual Constructive, Advanced Training Environment, program in the Air Force Research Laboratory's 711th Human Performance Wing, concluded a 40-month effort with a Phase III capstone demonstration in September at Nellis Air Force Base, Nevada.

This final phase, just one of three two-week demonstrations that began in June, showcased live United States Air Force F-15E and U.S. Navy F/A-18/F aircraft; virtual F-16 and F/A-18 simulators; and constructive computer-generated entities within a highly secure virtual environment.

"This training capability will allow pilots to train like they fight against realistic threats in a secure, high fidelity training environment by combining synthetic and real-world air combat training," explained Dr. Winston "Wink" Bennett, AFRL's 711th HPW technical advisor. "Until the SLATE demonstrations, there were only limited and constrained LVC integrated evaluations. The three Phases of SLATE allowed us to fully demonstrate technical capabilities and alternatives to reduce risk for LVC as a future readiness concept."

Bennett lauded the successful demonstration, but also alluded to future improvements in the training, if necessary.

The team was able to record mission performance and enterprise functional data at a level of quality and quantity that has never been done before, Bennett said. "We were also able to get solid feedback on what works and needs further work in the concept if it is to move forward."

He also spoke of a specific event during the last phase of

the demonstration that was particularly exciting for the future of pilot training and LVC.

"One of the things we demonstrated was something we call 'untethered LVC.' What untethered allows us to do is conduct realistic live and constructive training anywhere we need to. This is because the modified aircraft and pods can host and distribute specific scenarios we can program into the pods with or without a range infrastructure," Bennett explained. "Moreover, we were able to demonstrate in Phase III that the untethered mode can supplement their actual live training even if the range infrastructure goes down or air to ground infrastructure slows down. One of the aircraft can serve as the host and the other aircraft as clients, but they can all see and tactically work through the same scenario in real time anywhere."

This Advanced Technology Demonstration was established in March 2015 with the specific direction to evaluate

critical enabling technologies required to field a live, virtual and constructive-capable training system architecture and structure.

"There are two major pieces of SLATE," explained Bennett. "The first is the secure piece – we want to be able to train realistically and not give away the things that make us the best in the world to the bad guys. So it has to be a secure way of transmitting information back and forth. The second major piece is the LVC – live, virtual and constructive. The live aspect is the military members actually flying in their operational airplanes, driving in their operational truck or vehicle on the ground, remotely piloted aircraft – they're using their operational equipment. But we're able to tie that to a virtual environment which is a simulation of that operational equipment. And the constructive environment which is computer generated models and entities that allow us to create realistic threats, realistic bad guys and

Donald Simones, a subject matter expert in the Air Force Research Laboratory's 711th Human Performance Wing, flies a virtual F-16 in a Deployable Tactical Trainer during the Secure Live Virtual Constructive Advanced Training Environment Phase III capstone demonstration at Nellis Air Force Base, Nevada in September. The live aircraft, such as the one shown on the screen, were able to see and interact with the virtual players like Simones during the demonstration.

U.S. AIR FORCE PHOTO | WILLIAM GRAVER

behaviors that our folks can actually go after."

Although managed from AFRL's 711HPW, SLATE is a Department of Defense program that leverages expertise in other AFRL directorates, Air Combat Command, Air Force Life Cycle Management Center, and the United States Navy, among others.

"For the last 40 months, the team really pushed hard on the 'state of the art' in terms of some key technologies that were needed to make SLATE a successful demonstration," Bennett said.

LESSONS FROM FAILURE from page 8

my promotion test or trained for fitness assessments. At work, I met the standards, nothing more, nothing less. Looking back at that time, I coasted through my professional and personal life.

I didn't know at the time that I needed to fail that test. The shame and anger born from that failure pushed me toward growth and progress like nothing I'd ever experienced before.

While deployed, I engrossed myself researching fitness plans and woke up two hours before my 13-hour shift to hit the gym. I lifted weights and did push-ups and sit-ups, then wrapped up with a run every day. On my only day off each week, I woke up early to run until my sides ached and I was covered in sweat with the sun beating down in 110-degree desert heat.

I was averaging about five hours of sleep a night with a little more than that on my day off in an effort to catch up on the lost hours. I was exhausted and I hated every second of it. But I hated being a failure more so I kept at it.

When it came time for the fitness re-assessment, I earned a 93. It was the first time I ever scored over a 90. But the biggest payoff from those early mornings and intense training routines was what they taught me about failure and the value it added to my life.

Seeing that score was the turning point in my life. I began looking for other ways to improve myself and learned to use failure as a motivator. I stopped beating myself down and changed the way I approached problems in my life. Instead of focusing so extensively on the ways I thought I couldn't measure up, I learned to approach my struggles as obstacles to overcome instead of as walls I couldn't pass.

Statements like "the only way to grow is to be uncomfortable" can be found in all sorts of motivational texts and seminars, but lessons like this have to be experienced to have any significant impact on a person's perspective on life and failure. For me, it was weightlifting that gave me a better understanding of this life lesson.

I want to encourage people to not give up in the face of failure because I'm a better Airman today due to the lessons I learned from mine. We all have to face failure in some aspect of our lives and it wears a different mask for all of us, but it can teach us how to be better if we're prepared to search for those lessons rather than flee from them.



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1	8	2	6	3	9	4	7	5
5	9	7	4	1	2	8	6	3
4	6	3	7	5	8	1	9	2
6	1	8	5	9	3	7	2	4
2	5	4	1	8	7	9	3	6
7	3	9	2	4	6	5	8	1
8	2	1	9	6	4	3	5	7
9	7	5	3	2	1	6	4	8
3	4	6	8	7	5	2	1	9

Answers to puzzle from page 6

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WHAT'S GOING ON MAFB

TODAY

- Last day to register for Alpha Warrior Regional Pre-Qualifier Competitions at the Fitness Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Youth Programs Winter Paintball Camp, 1000-1200, Youth Center
- Keystone Meeting, 1600-1700, Youth Center
- Torch Club Meeting, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1700, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Zumba, 1800, Fitness Center
- Family Fun Fest, 1800-2000, Youth Center
- Wine & Paint Class, 1800-2000, Arts & Crafts
- Mixed Fun League, 1830, Rough Rider Lanes
- Karaoke Night, 2000-close, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

TUESDAY

- Pumpkin Week continues at the Youth Center
- Run 4 Fitness, 0600, Fitness Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Barre, 0915, Fitness Center
- Game Day, 1000-1930, Base Library
- Fit to Fight, 1130, Fitness Center
- Cycle, 1230, Fitness Center
- Fit to Fight, 1700, Fitness Center
- Family Fun Night, 1700-2100, Rough Riders Pizza
- Zumba, 1830, Fitness Center

WEDNESDAY

- Pumpkin Week continues at the Youth Center
- Circuit Training, 0600, Fitness Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Right Start, 0730, held at the Jimmy Doolittle Center, hosted by A&FRC
- Club Member Benefit, 0900-2000, Rough Rider Lanes
- Story Time, 1030, Base Library
- Run 4 Fitness, 1145, Fitness Center
- Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC
- 4-H Club, 1600-1700, Youth Center
- Mug Club Special, 1600-1800, Rockers Bar & Grill
- Digital Literacy Club, 1630-1730, Youth Center
- Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill
- Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill
- Squadron Extramural League, 1730, Rough Rider Lanes
- Yoga, 1830, Fitness Center

THURSDAY

- Pumpkin Week @ Youth Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Dakota Inn Exotic Eats: Asia, Europe, & Middle Eastern Lunch Special, 1030-1330, Dakota Inn Dining Facility
- Fit to Fight, 1130, Fitness Center
- Cycle, 1230, Fitness Center
- Reintegration Briefing, 1300, A&FRC
- Fitness Hour, 1600-1700, Youth Center
- Fit to Fight, 1700, Fitness Center
- Members 2 for 1 Appetizers, 1700-1900, Rockers Bar & Grill
- Single Airmen Bowl Free, 1700-2000, Rough Rider Lanes
- Olympic Weight Lifting, 1730, Fitness Center
- Fun 9 Pin No Tap League, 1800, Rough Rider Lanes
- Mixed Couples League, 1830, Rough Rider Lanes
- Zumba, 1830, Fitness Center
- NFL Thursday Night Football Frenzy, 1900, Rockers Bar & Grill

SATURDAY

- Zumba, 0900, Fitness Center
- Barre, 1000, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Alpha Warrior Regional Pre-Qualifier Competitions, 1200, Fitness Center
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Rough Rider Lanes
- Hip Hop All Nighter, 2100-0300, Rockers Bar & Grill

SUNDAY

- NFL Sunday Ticket Football Frenzy & Mystery Autographed Jersey Giveaway, 1130-1800, Rockers Bar & Grill
- Family Zumba, 1400, Fitness Center
- Yoga, 1500, Fitness Center

MONDAY

- Pumpkin Week begins at the Youth Center
- Last day for entry submissions and voting begins for the Dakota Inn Pumpkin Decorating Contest at the Dakota Inn Dining Facility
- Tactical Fit Express, 0600, Fitness Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Reintegration Briefing, 1300-1400, A&FRC
- Newbery Book Club, 1330, Base Library
- Digital Literacy Club, 1630-1730, Youth Center
- Zumba, 1730, Fitness Center
- Battle Rig Fitness, 1800, Fitness Center
- Yoga, 1830, Fitness Center



UPCOMING EVENTS:

26 October

- Pumpkin Week Judging begins today at the Youth Center
- TAP GPS Workshop, 0730-1630, held at the Education Center, hosted by A&FRC
- Keystone Meeting, 1600-1700, Youth Center
- Torch Club Meeting, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Yoga, 1700, Fitness Center
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill
- Zumba, 1800, Fitness Center
- Mixed Fun League, 1830, Rough Rider Lanes
- Karaoke Night, 2000-close, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

27 October

- Just Pull It! Deadlift Competition, 0900, Fitness Center
- Halloween Spooktacular Fitness Event, 0900-1100, Fitness Center
- Youth Bowling League, 1000, Rough Rider Lanes
- Bowl the Night Away with "Lights & Strikes", 2000-2400, Rough Rider Lanes

Rough Riders Pizza Special
October Special – Gouda Porkalicious

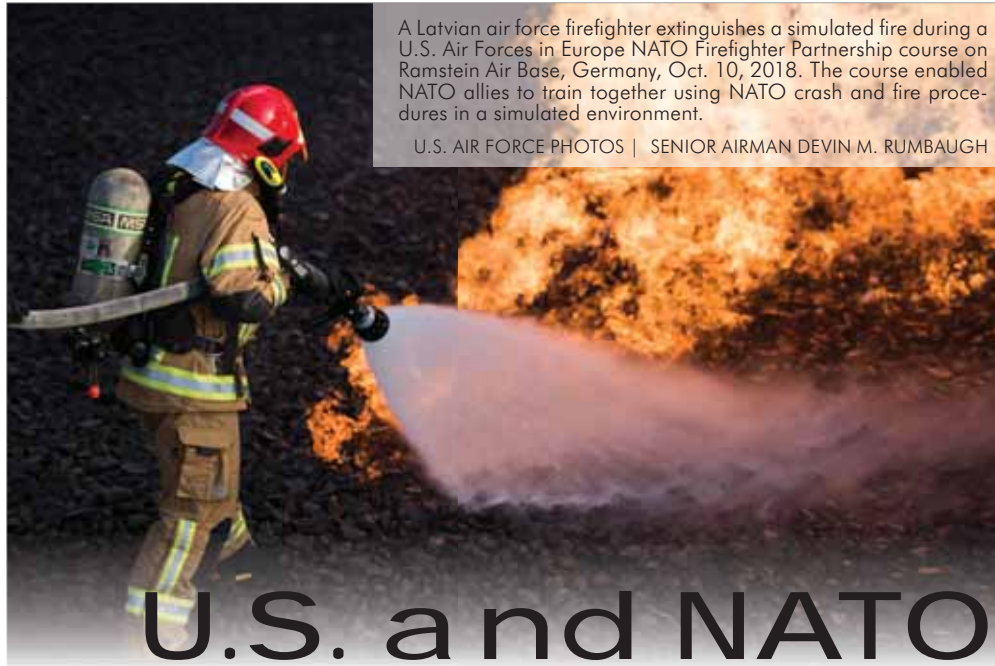
Mouth-watering basil butter crusted dough with a BBQ sauce base and topped with pulled pork. Deliciously flavored with Cajun, nutmeg, and garlic seasoning. Finished with sprinkled mozzarella cheese, sliced Gouda cheese, and a drizzle of BBQ sauce.
Small: \$11 Med: \$15 Large: \$17- Members receive \$2 off any pizza
Try it on a Panino! \$8.25 meal – includes side & drink

The B-Fifty Brew Drink Special
October Drink of the Month – Pumpkin Pie Smoothie

A delicious blend of pumpkin pie filling and whole milk over ice. Topped with a vanilla flavored whipped cream and sprinkled with cinnamon.

Auto Hobby September Specials

October 2-31 | Scan Tool Hook-Up Special! Check engine light making you nervous? Bring your vehicle to Auto Hobby and we'll give you an idea on what needs to be repaired or replaced! Regular Price: \$25 Special Price: \$15



A Latvian air force firefighter extinguishes a simulated fire during a U.S. Air Forces in Europe NATO Firefighter Partnership course on Ramstein Air Base, Germany, Oct. 10, 2018. The course enabled NATO allies to train together using NATO crash and fire procedures in a simulated environment.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN DEVIN M. RUMBAUGH



Latvian and Lithuanian air forces firefighters extinguish mock fires during a U.S. Air Forces in Europe NATO Firefighter Partnership course on Ramstein Air Base, Germany, Oct. 10, 2018. The five day course taught firefighting tactics such as nozzle operations, hose advancement, forcible entry, search and rescue operations, and confined space rescue.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN DEVIN M. RUMBAUGH

U.S. and NATO firefighters for go through the flames

SENIOR AIRMAN DEVIN M. RUMBAUGH | 86TH AIRLIFT WING PUBLIC AFFAIRS

RAMSTEIN AIR BASE, Germany (AFNS) -- U.S. Air Forces in Europe Fire Academy members, assigned to the 435th Construction and Training Squadron, hosted a burn training during a USAFE NATO Firefighter Partnership course, Oct. 5, on Ramstein Air Base, Germany.

"The participants did extremely well," said 1st Lt. Justin Domingo, 435th Contingency Response Support Squadron air advisor. "Most participants are already experienced firefighters so they generally have no issues."

This training enhances interoperability with Latvian and Lithuanian air forces firefighters and ensures all forces are qualified, trained, and knowledgeable rescue personnel.

"This is the third firefighting training course this year that we've hosted," Domingo said. "We look forward to continuing these events in order to maintain the relationships we've built while developing our goal of NATO interoperability."

Approximately 20 NATO ally firefighters participated in the five-day course focused on crash and fire procedure familiarization, enabling partner nations to work together in any situation.

"The NATO allies are always ready for a challenge and bring a lot of motivation and energy to every situation whether it's just a classroom

discussion or hands-on training," said Staff Sgt. Germane White, 435th CTS fire rescue and contingency training instructor.

Students learned firefighting tactics such

as nozzle operations, hose advancement, forcible entry, search and rescue operations, and confined space rescue.

"I feel honored to be an instructor for our NATO allies. They bring so much to

the table and its monumental being able to instruct and help them with certain tactics they may not be familiar with."

U.S. aircraft are present throughout Europe and at

any given time an emergency can arise. By conducting this training, the instructors are prepping NATO allies for contingency operations and humanitarian missions.



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* Trinity on Track in 2017 with New Medical Complex Plans, Minot Daily News, 1/1/2018



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