

Planning your future? Deciding on a college? Wondering whether a technical school or a university is the right choice for you?

Supplement to: McLean County Independent, The Leader-News, Central McLean News-Journal, Center Republican, The Beacon and Hazen Star March 13, 2025

MAYVILLE STATE UNIVERSITY

Make it Mayville State! Whether you're just getting started or finalizing your plans, you have goals. We have options ... on-campus and online ... and we'll guide you every step of the way. Our helpful enrollment specialists make it easy!

Mayville State University offers top-quality education, legendary personal service, and much more for an outstanding value. The MSU campus is located in the heart of the Red River Valley, between Grand Forks and Fargo, N.D. At Mayville State, students have the opportunity to pursue a wide range of interesting and valuable academic offerings, and they receive the attention and direction they expect and deserve from their instructors.

Student success is the number one priority at Mayville State. On-campus and online students alike will find helpful and supportive faculty and staff who are willing and able to help. Academic and student support services are available to all students.

The cost to attend Mayville State University is very affordable. Financial aid is available, along with opportunities to earn scholarships. Check out exciting new scholarship opportunities available for new firsttime and transfer students at www.mayvillestate.edu/ scholarships!

Mayville State offers 80+ majors, minors, and program opportunities. Students may explore opportunities in nursing, agribusiness, accounting, teacher education, allied health, and more. Whether you wish to pursue a



career as an educator or a medical professional, or you are interested in a wide variety of other career paths, Mayville State has exciting degree programs for you.

Mayville State's campus is undergoing a big transformation! A renovation of the university's flagship building, Old Main, is currently underway and will provide an excellent learning environment for students of the 21st century. The project is slated for completion in the summer of 2026. The Campus Center has recently been upgraded to provide modern and comfortable spaces for all to enjoy, and a major campus corridor, Legacy Plaza, is newly landscaped to provide outdoor enjoyment.

For information about Mayville State University, call 800-437-4104 or go to www.mayvillestate.edu/MakeItMayville. Search Make it Mayville today! Your success starts here!



College Checklist

Laptop & tablet Noise-canceling headphones Phone chargers П ти Cleaning Wipes ☐ A Coffeemaker A big lamp Quarters A mini toolkit A surplus of school and office supplies A really long TV cable A cozy, colorful rug Trash can & Trash liners An umbrella Twinkle lights and other decor Command hanging strips A pile of pillows and blankets A big calendar (desk or wall) in addition to your planner A backpack A water filter & waterbottles Flipflops for the shower Shower Caddy Air Freshener Spray Towels 🗖 A Fan A flashlight and/or booklight A lapdesk Foam mattress topper Laundry sturdy hamper Laundry detergent Portable air purifier Bed risers Lock box for personal items Sitting bed pillow Hangers Refrigerator Blender or Magic Bullet Storage containers Swiffer floor cleaning kit Food-storage containers Chromecast or Fire stick Storage bins and/or an ottoman Velcro towel wrap and microfiber towel for hair Hand sanitizer Mini Vacuum Snacks Photo Grid Neon Sign Printer & Printer paper At least one big microwaveable bowl

How students can better manage their time

Many people have a lot of demands on their time. There are only so many hours in a day, which means that the sooner a person can develop strategies for managing his or her time efficiently and effectively, the more successful that person can be.

It can be especially important for students to explore ways to improve their time management skills early in their academic careers. Time management involves planning, and that includes allotting time for specific tasks. The following strategies can be useful for anyone looking to manage their time more effectively.

Establish a daily schedule

Staying the course may require a guideline detailing how you will spend your time. A good part of the day may be taken up by classes and assignments, but focusing on the other parts of the day also is key. Set up a plan for how you will treat each day. Block off specific times for exercise, meals, school, study, and any other responsibilities you have. Time blocking is a format by which you go through the moments of the day. You can block out by the hour or any amount of time you need.

Figure out where you're losing time

You need to know how you're currently spending your time before you can improve on time management strategies. Spend a few days jotting down a time log. This will help you determine if you're working efficiently or where you are losing time.

Make time for breaks

Burnout can occur when you work yourself too hard. That makes breaks an important part of time management. Breaks allow for time to call loved ones, text with friends, meditate, or engage in other activities unrelated to school. According to sleep researcher Nathaniel Kleitman, people's minds naturally crave breaks after 90 minutes of intense work. You may need breaks at different intervals. Learn to read your body's cues.

Break projects down

Many students avoid projects they feel are huge tasks. Breaking down the larger job into smaller ones can help students stay focused and reward progress. For example, if you need to write a 50-page research paper, make the first task finding source material, the next citing quotes and studies, and then resolve to write a set number of pages per day.

Schedule classes wisely

Some people are night owls while others thrive in the morning. Set up schedules so you're in class when you are at your most productive; otherwise, you could lag and waste time. This may not be possible for high school students, but colleges allow for more flexibility in scheduling.

DISCOVER YOUR TOUGH

Toughness is a journey, and at Dickinson State University, it's one we take together. Toughness is more than just strength, it's about growth. Ready to discover your tough?

WHAT DOES TOUGH MEAN AT DSU?

Toughness at DSU goes beyond physical endurance. It's about rising after setbacks, pushing forward when things get tough, and excelling both academically and

personally. Whether you're solving complex problems, leading campus organizations, or innovating in your field, your version of tough belongs at DSU.

Toughness means being adaptable, collaborative, and fearless in the face of uncertainty. At DSU, we foster personal growth and academic excellence, helping you become your strongest self.

BUILDING YOUR TOUGH AT DSU

At DSU, we provide the tools, resources, and community to help you grow into the best version of yourself. Our challenging academic programs expand your knowledge and push your limits, fostering academic excellence. You'll have the opportunity to step up and lead through student government and on-campus organizations, regardless of

where you start. We also offer counseling, advising, and tutoring to support your mental, emotional, and academic growth. Additionally, our close-knit campus and city communities create an ideal environment for building meaningful relationships that support your development both inside and outside the classroom.

HOW TO GET STARTED

Ready to push your limits and discover your brand of toughness? Dickinson State University is the place for you. Take the next

step and apply today to start building your future at DSU. Want to see what makes DSU unique? Schedule a campus tour and experience it firsthand. If you have any questions, our admissions team is here to help every step of the way.



APPLY NOW

dickinsonstate.edu/apply

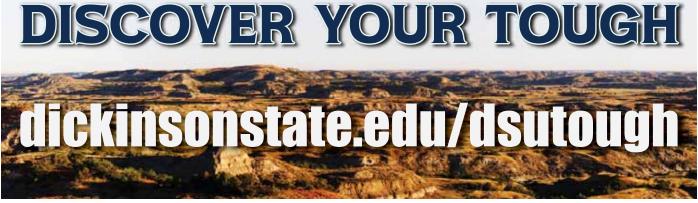
DISCOVER YOUR TOUGH AT DICKINSON STATE!

KINSON UNIVERSIT



DICKINSON® STATE UNIVERSITY





College Bound | March 13, 2025 5

NORTH DAKOTA STATE COLLEGE OF SCIENCE

North Dakota State College of Science – The Smarter Way to College

Are you ready to start your future in a place that truly invests in you? Look no further than **North Dakota State College of Science (NDSCS).** Whether looking for an academic challenge, an active student life, or the opportunity to kick-start your career, NDSCS has everything you need to thrive. Here's why NDSCS is the smartest choice for your college journey!

Diverse Academic Programs That Prepare You for Success

NDSCS offers over 100 career-focused programs that equipyou with the skills needed in today's job market. From high-demand fields like **health sciences**, **agriculture**, **construction**, **and transportation to manufacturing**, **liberal arts**, **and business**, you'll find a program that aligns with your passions and career aspirations.

What sets NDSCS apart is its hands-on approach to learning. You won't just sit in a classroom; you'll actively engage in **labs**, **workshops**, **and real-world projects** designed to build practical skills. And with **small class sizes** and dedicated faculty, you'll receive personalized support throughout your academic journey, ensuring you're always on track to reach your goals.



A Vibrant College Community

College life is about more than just academics – it's about growth, friendships, and experiences that will last a lifetime. At NDSCS, student life is as engaging as its academic programs. From **student clubs** and **athletic teams** to **leadership opportunities** and **performing arts**, there's always something to be involved in. Whether you're an athlete, artist, or aspiring leader,

RTC NETWORKS IS AWARDING UP TO \$40,000 IN COLLEGE SCHOLARSHIPS TO HIGH SCHOOL GRADUATES.

INDIVIDUAL AWARDS UP TO \$2,500.

Eligible students may apply online at **myRTCNetworks.com/scholarships** Applications are due April 1, 2025.

NORTH DAKOTA STATE COLLEGE OF SCIENCE

you'll find a community where you belong.

Living on campus in Wahpeton is an experience like no other. With a range of residence hall options and opportunities to get involved, you'll quickly feel at home in the Wildcat family. Once you become part of the NDSCS community, you're not just a student – you're a Wildcat for life!

Athletic Opportunities and Wellness Resources

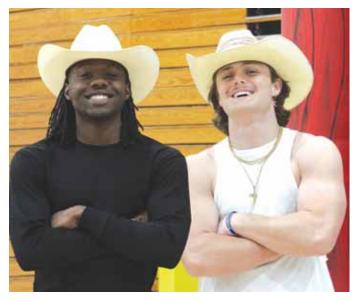
If you're passionate about staying active, NDSCS offers a variety of athletic programs and fitness resources. As a member of the **National Junior College Athletic Association (NJCAA)**, NDSCS fields seven competitive teams in basketball, football, soccer, volleyball, baseball, and softball. There are also opportunities in **competition teams** like clay target, archery, and esports. If you prefer something less competitive, there are **intramural sports** to keep you in shape and have fun with friends.

The **Wildcat Wellness Center** is a state-of-the-art facility that provides everything you need to stay fit and healthy. From the weight room to the indoor track and swimming pool, you'll have access to top-notch fitness equipment right on campus. Whether you're training for a sport or just want to stay in shape, NDSCS makes wellness a priority.

Affordable Education with High Return on Investment

One of the most attractive aspects of NDSCS is its **affordable tuition**. We believe that everyone should have access to a high-quality education without breaking the bank. With over **\$1.4 million in scholarships** and a variety of grants and sponsorships, you can significantly reduce the cost of your education. In fact, 75% of **NDSCS**





degree-seeking students attend tuition-free for two years through scholarships and other forms of financial assistance.

NDSCS graduates are in high demand, with a **96% job placement rate**. Whether you choose to jump into the workforce or continue your education, an NDSCS degree gives you the skills and credentials to succeed. With hands-on training and industry connections, you'll be ready to step into a career as soon as you graduate.

Flexibility That Works with Your Schedule

We know that life can get busy, which is why NDSCS offers flexible learning options to fit your needs. Whether you prefer taking classes on our main campus in Wahpeton, at our NDSCS-Fargo location, or online, you'll get the same high-quality education that fits your lifestyle. Balancing school with work or family commitments has never been easier!

Ready to Join the Wildcat Family?

At NDSCS, we're committed to providing a supportive and inclusive environment where every student can thrive. Whether you're a high school graduate or a working professional looking to advance your career, NDSCS offers the resources and support to help you succeed.

Join the Wildcat family and take the first step toward a brighter future. Explore the opportunities waiting for you at NDSCS and see why it's the smarter way to college.

Visit NDSCS.edu/Become-A-Wildcat to learn more and start your journey today!

Start your future career here at North Dakota State College of Science – where education meets opportunity.

THE SMARTER WAY TO COLLEGE

Explore the 100+ academic options at NDSCS and go from college to career in an affordable two years.

250+STUDENT EVENTS **& ACTIVITIES**

> **ON-CAMPUS** LIVING OPTIONS

STUDENTS LIVE ON CAMPUS **PERFORMING ARTS** Choir, Band & Theater

311

NILITCA

NJCAA TEAMS Football, Volleyball, Baseball, Women's Soccer, Softball, Men's & Women's Basketball

COMPETITION TEAMS

Clay Target, Archery & Esports

10



SCHEDULE A VISIT Plan an in-person or virtual visit at NDSCS.edu/Visit

OVER MILLION **AVAILABLE IN SCHOLARSHIPS**

> **DEGREE-SEEKING STUDENTS ATTEND TUITION-FREE**

OF SPONSORSHIP **OPPORTUNITIES**



APPLY TODAY at NDSCS.edu/Apply

Information based on 2023 NDSCS data

NDSCS HAS OVER **100 CAREER PATHWAYS** IN HIGH-DEMAND FIELDS

- Agriculture
- Architectural Modeling & Design Technology
- Auto Body Repair & Refinishing Technology
- Automotive Technology
- Aviation Maintenance Technology
- Building Construction Technology
- Business Management
- Caterpillar Dealer Service Technician
- Construction Management Technology
- Culinary Arts
- Dental Assisting & Dental Hygiene
- Diesel Technology (General, Case IH, Komatsu)
- Electrical Technology
- Emergency Medical Services (EMS)
- Fire Science
- Health Information
- Heating, Ventilating, Air Conditioning & Refrigeration Technology (HVAC/R)
- Information & Communications Technology
- John Deere Tech
- Land Surveying & Civil Engineering Technology
- Liberal Arts Transfer
- Mechanical Systems
- Nursing
- Occupational Therapy Assistant
- Pharmacy Technician
- Plumbing
- Powersports Technology
- Precision Agriculture Technician
- Precision Agronomy
- Precision Machining Technology
- Robotics, Automation & Mechatronics Technology
- Unmanned Aircraft Systems (UAS)
- Welding Technology

LEARN MORE at NDSCS.edu/Academics













BISMARCK STATE COLLEGE

Discover the Next Version of You

As a polytechnic institution, Bismarck State College (BSC) offers a college experience with hands-on learning at its core. Now, thanks to the BSC's Great Plains Promise, students have access to free tuition, eliminating financial barriers to their educational goals. Through practical education and financial accessibility, Bismarck State College strives to position itself as a place of inclusive learning and academic opportunity.

Polytechnic programs

-Agriculture: Cultivate your future in agriculture at BSC! Whether you're passionate about working in the field, managing resources, or advancing agricultural technology, our programs prepare you for success in one of the world's most vital industries. From soil to sustainability, BSC offers hands-on training and expert instruction to grow your knowledge and help you thrive in this ever-evolving field.

-Energy: Plenty of Energy programs to choose from.

-Health Sciences: Step into a rewarding future with Bismarck State College's Health Sciences programs. Whether you're passionate about patient care, health technology, or supporting medical teams, BSC offers hands-on, industry-aligned education to prepare you for a career in high-demand healthcare fields. With flexible learning options, state-of-the-art labs, and personalized guidance from experienced faculty, you'll gain the skills and knowledge to thrive in roles like nursing, paramedic technology, and more. Explore your path to making a difference in healthcare today!

-Cybersecurity: Plenty of programs to pick from. Cybersecurity & Computer networks, Cybersecurity and Information Technology and so much more.

-Manufacting/Automation: Power up your career with BSC's Manufacturing & Automation programs! From mastering the art of precision machining to designing and maintaining automated systems, our programs are designed to meet the needs of today's advanced industries. With immersive, hands-on training and instruction from industry experts, you'll gain the technical skills and problem-solving expertise to thrive in the fast-paced world of manufacturing and automation.

Representing a commitment to building North Dakota's workforce, the Great Plains Promise provides free tuition to eligible individuals during the 2024-25 academic year. For first-time freshman and transfer students with a combined household adjusted gross income (AGI) of \$80,000 or less, this program ensures that their first step to higher education begins on a foundation of financial security.

Families who may not qualify for the Great Plains

Promise due to income are still encouraged to apply to BSC, fill out the FAFSA (Free Application for Federal Student Aid) and apply for BSC Scholarships. While families may not qualify for the Great Plains Promise tuition waiver, BSC offers many scholarships, waivers and funding options that are not income-based.

The Great Plains Promise tuition waiver program, available for the Fall 2024 and Spring 2025 semesters, is an example of BSC's dedication to fostering educational equity and opportunity. By covering any remaining tuition after all other eligible aid has been applied, the Great Plains Promise ensures that financial constraints do not stand in the way of academic success.

The benefits of attending BSC extend far beyond free tuition. As North Dakota's Polytechnic Institution, BSC is known for its hands-on learning experiences and cutting-edge programs tailored to meet the demands of an evolving workforce. With over 100 career pathways, including certificates, associate and bachelor's degrees, students can explore different fields and take steps toward their career goals.

At the heart of BSC's educational model is its emphasis on practical, real-world learning. Through state-of-theart facilities, industry partnerships and immersive learning opportunities, students gain the skills and expertise needed to thrive in today's competitive job market. Whether it's through internships, coop programs, or research projects, BSC ensures that students will graduate with theoretical knowledge and real-world experience that sets them apart.

BSC's vibrant campus community offers a variety of extracurricular opportunities, from over 20 clubs and organizations to 12 plus intercollegiate athletic teams, including eSports and rodeo, Beyond the classroom, students can take part in the rich cultural and recreational offerings of the Bismarck-Mandan communities, from outdoor adventures to cultural events.

For prospective students and families, navigating the application process BSC and the Great Plains Promise is straightforward. By meeting eligibility criteria and completing the necessary applications, students can take advantage of the opportunity to pursue their educational goals without the burden of tuition fees. BSC's dedicated admissions team is on hand to provide guidance and support every step of the way, ensuring that no question goes unanswered.

Graduating with less debt doesn't mean sacrificing quality or opportunity. By providing free tuition through the Great Plains Promise and offering handson learning experiences, BSC is committed to growing North Dakota, the community and their graduates.

Learn more about the Great Plains Promise and find out if you qualify: bismarckstate.edu/GreatPlainsPromise

BISMARCK STATE COLLEGE

OO+ CAREER PATHWAYS

Bachelor's, associate and stackable certificate options

SAVE THOUSANDS

Tuition at about \$5k per year and over \$1.3 million in scholarships

APPLY TODAY

Submit your application at **bismarckstate.edu/Apply**



Welcome to

BISMARCK | North Dakota's STATE COLLEGE | Polytechnic Institution

Call: 701-224-5429 | Email: BSC.Admissions@bismarckstate.edu | bismarckstate.edu

JAMESTOWN

The BEST of the BEST LEARN HERE.

UJ.edu/explore

Constant of Second

STUDENT ACTIVITIES

TOP 3 CLUBS & ORGANIZATIONS

Student Engagement Team (SET) International Student Organization Wildlife Society

TOP 3 CAMPUS EVENTS

Casino Night Block Party Homecoming Hypnotist

TOP 10 REASONS TO BECOME A JIMMIE

- 1. LEARN TO COMMUNICATE, think, and lead like no one else.
- 2. SMALL CLASSES where professors take time to hear you.
- 3. BEAUTIFUL CAMPUS (with short walks in the winter).
- 4. STATE-OF-THE-ART CLASSROOMS and labs.
- 5. GUARANTEED SCHOLARSHIPS for full-time students.
- 6. 40+ MAJORS TO CHOOSE FROM
- 7. SUPPORT SERVICES campus wide and throughout the community.
- 8. GREAT CAREER AND GRAD SCHOOL PLACEMENT SERVICES.
- 9. UPDATED (AND ROOMY) RESIDENCE HALLS.
- 10. THE JIMMIE FAMILY.

IF YOU DO IT, WE HAVE A SCHOLARSHIP FOR IT

FRESHMAN ACADEMIC SCHOLARSHIPS

Presidential: 3.9-4.0 GPA Deans: 3.5-3.8 GPA Honors: 3.1-3.4 GPA Trustee: 2.5-3.0 GPA Knight: 2.5 GPA

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Performing	\$10,000
eSports	\$9,000
Shooting S	\$8,000
Legacy	\$7,000
Alumni Re	\$6.000

OTHER SCHOLARSHIPS

Performing Arts	Varies
eSports	Varies
Shooting Sports	Varies
Legacy	\$1,000
Alumni Referral	\$50C
Athletic	Varies
Journey	Varies

*Scholarship amounts are per year, so multiply by 4 for your whole package!

Learn more about what it means to be a Jimmie and apply for free at UJ.edu.



BRYN

Class of 2024, Dazey, ND Biology and Exercise Science

⁴⁴ I chose UJ because of my passion for music and for my major. This year I graduated with honors and as part of my final project I was able to write a book that combines both! Music in Motion: Exploring the Biomechanics of Piano Playing for the Enhanced Recovery from Playing Related Injury. I encourage future students to choose UJ as it supports students to pursue and achieve their dreams. ⁹⁷

DAKOTA COLLEGE AT BOTTINEAU

Dakota College at Bottineau has been around almost as long as North Dakota itself. The state constitution, ratified in 1889, provided for a forestry school to help promote the growth of trees on the prairies. We opened our doors in 1906 as the North Dakota School of Forestry.

North Dakota's landscape has changed a lot since 1889, both physically and culturally. Our graduates helped bring about those changes. And Dakota College at Bottineau has changed, too --- so that we can prepare today's students to build the landscapes of the future.

While you may be attending Dakota College at Bottineau for a quality education and/or athletics, don't forget about participating in our Student Life programming. Your first years of college will be among the most memorable in your life, and we hope you have a blast while here at DCB. Our Student Life department, along with Resident Assistants, Head Residents, faculty and staff, all work together to plan lots of fun and diverse activities, events and intramurals for you to be a part of outside of class and practice.

Come cheer on the Lumberjacks and Ladyjacks at our home games! Catch a baseball or softball game in the Lumberyard, watch hockey at the Lumberdome, and root for our basketball and volleyball teams in the Woodshed! We like filling the stands with our students, and our teams love the support. Stop into the Student Center for a wide variety of games, TV, events and socials. Our Student Center has a pool table, a ping pong table, a foosball table and an air hockey table. We have big screen TV's and a 140" projection screen, all with a full cable package and internet access! Grab some friends for movie night and chill out in the Student Theater just for students. Our Student Life team hosts different events and activities throughout the year in the Student Center for students. We have a wide variety of events; Grocery Bingo, Door Decorating Contests, Socials/Dances, Movie Nights, Painting Nights, crafting days, Dorm Wars competitive activities like Dodgeball, Human Foosball, Slip n' Slide Kickball and more. Plus we offer unique presentations from local organizations.

If you need a little more competition in your life, you'll like our Intramurals program. Each month students host a different Intramural sport for all students on campus to participate in! Come play Dodgeball, Cornhole, Badminton, Blackout Volleyball and more with your peers.

We want you to enjoy your time at DCB. Our Student Life Team promotes a safe and respectful environment for all students on campus. We offer a positive and welcoming atmosphere, in and inclusive community. Start small and go far at Dakota College at Bottineau.

START YOUR CAREER IN TWO YEARS OR LESS

Visit Dakota College at Bottineau located in the beautiful foothills of the Turtle Mountains.



Personal Campus Tours available Schedule: dakotacollege.edu/visit



MINOT STATE UNIVERSITY

Be seen. Be heard. Be you.

Empower your journey. Let's get started.

Minot State University is where excellence in education, scholarship, and community engagement comes to life. Our rigorous academic experiences, hands-on learning environments, commitment to public service, and vibrant campus life make us a special place to learn and grow.

Why Choose Minot State?

- Respected Degrees: With a 96% placement rate, our degrees are highly valued by employers, ensuring you are well-prepared for your career.
- Small Class Sizes: With ND's best student-to-professor ratio of 11:1, you'll benefit from personalized attention and build strong relationships with your professors, who know you by name.
- Abundant Research Opportunities: Engage in meaningful research projects that enhance your learning and resume.
- Numerous Student Activities: With over 50 active student organizations, the perfect club is waiting for you to join!
- Diverse Academic Offerings: We offer over 55 majors, with many available online for added flexibility.

Campus Life

MSU Life

Events, prizes, and free food? Yes, please! MSU Life coordinates student events throughout the academic year to keep you engaged and entertained. From hypnotists and comedians to bingo, movie nights, and DIY craft nights, there's always something fun happening.

Residence Life

Living on campus means a short walk to class, easy access to the wellness center, and more involvement in campus life. We have great options with four residence halls and two apartments, ensuring the right on-campus living experience for you.

Dining

Head to the Beaver Creek Café where our dining services cater to all students with a variety of options. Grab a coffee, enjoy the sauté station, salad bar, main grill, pizza bar, and try many other nutritious selections.

Financial Support

To help pay for college, we are proud to provide over 4 million dollars in scholarships and aid, helping nearly half of our students graduate completely debt-free. Over 90% of students receive grants or scholarships like the Academic Excellence Scholarship worth up to \$10,000.

Visit Us

We invite you to schedule a campus tour to see where you'll live, study, and pursue your passions. Plus, you'll get to meet our wonderful students and faculty. Call Enrollment Services at 701.858.3350 to schedule your visit, or go to askmsu.com/visit.

