

#### Garrison





Back row: Cara Schlehr, Emily Schlehr, Coryssa Behles, Karli Klein, Madelin Hurt, Sweet Cedar Perkins, Abba Heinzen. Front row: Harley Oster, Isabelle Rime, Mia Gehring, Kaitlyn Zook, Morgan Torr, Sadie Majeres. (Not pictured: Maia Alvarez).

## Goals of teamwork and competitiveness

#### Troopers have "a lot of familiarity"

By JAMES C. FALCON

With their first win under their belts, the Garrison Lady Troopers are off to a good start.

Their first match against the Surrey Mustangs on Nov. 30 ended 55-43.

Despite the win, head coach Matt Chase wasn't pleased with how the team communicated and rotated defensively.

"We executed well on the offensive end at times, but we have to clean things up moving forward in our half-court defense," Chase said.

With the exception of newcomer Naia Alvarez, the Lady Troopers have remained the same — something that Chase said would bring "a lot of familiarity" to the season.

"We had a good finish to last season, so our expectations this year are high," he said.

The Troopers return to the court with a 17-4 record from last year. This includes their district record of five wins and three loses, which placed them second in district.

With six juniors and two seniors, as well as one sophomore and five eighth-graders, the Garrison Troopers are a mostly older team. Chase is also a coach with experience. For eight years, he has been a part of the basketball program at Garrison High School. He coached junior high and junior varsity, as well as being an assistant varsity coach, before becoming head varsity coach two years ago.

Of the teams they will play against, Chase said that the Wilton-Wing Miners, Kenmare Honkers

and the Shiloh Christian Skyhawks are the ones they are looking forward to playing.

"Wilton lost a lot from last year's state tournament team, but Lisa Jenkins is a tremendous coach and she will have them competitive come tournament time," Chase said. "Kenmare brings almost everyone back from last year's state tournament team, so we're really excited to get them on

our schedule. And Shiloh is always good. They added Hailey Quam from Wilton, who automatically makes them the team to beat."

Chase has three goals for the team. First, for the Lady Troopers to be great teammates. To be competitive in every single game. And, if the first two goals are met, he said, "a state tournament is definitely a realistic goal for myself and my girls."



ROSTER:						
#	NAME	нт	POS	GR		
1	Sweet Cedar Perkins	12	Guard	5′8″		
3	Cara Schlehr	8	Guard/Forward	5′9″		
4	Morgan Torr	8	Guard	5′6″		
10	Sadie Majeres	8	Guard	5′1″		
12	Mia Gehring	11	Guard	5′6″		
13	Emily Schlehr	10	Forward/Guard	5′10″		
14	Coryssa Behles	11	Center/Forward	5′10″		
20	Harley Oster	11	Guard	5′1″		
21	Kaitlyn Zook	11	Guard	5′6″		
22	Madelin Hurt	12	Forward	5′9″		
23	Isabelle RIme	8	Forward/Guard	5′6″		
24	Karli Klein	11	Center/Forward	5′11″		
25	Abigail Heinzen	8	Forward	5′7″		
32	Naia Alvarez	11	Forward/Guard	5′9″		

SCHED	ULES:
Dec. 4	vs. Glen Ullin at Wilton4:30 p.m.
Dec. 7	at Hazen7:30 p.m.
Dec. 10	at Solen-Cannonball6:30 p.m.
Dec. 14	at Des Lacs-Burlington6 p.m.
Dec. 17	vs. Flasher6 p.m.
Dec. 21	vs. Glenburn7 p.m.
Jan. 4	at Standing Rock7 p.m.
Jan. 6	vs. Wilton-Wing7:30 p.m.
Jan. 11	at Central McLean7:30 p.m.
Jan. 13	vs. Kenmare6:30 p.m.
Jan. 15	at White Shield4 p.m.
Jan. 24	vs. Washburn7:30 p.m.
Jan. 29	vs. Center-Stanton5:30 p.m.
Jan. 31	vs. South Prairie-Max7:15 p.m.
Feb. 3	at Lewis & Clark-Berthold7:15 p.m.
Feb. 4	at Tioga6:30 p.m.
Feb. 8	vs. New Salem-Almont5:30 p.m.
Feb. 10	at Shiloh Christian7 p.m.
Feb. 12	at Grant County4:30 p.m.
Feb. 18-24	NDHSAA Class B, Region 5TBA
Mar. 3-5 N	IDHSAA Class B, State TournamentTBA





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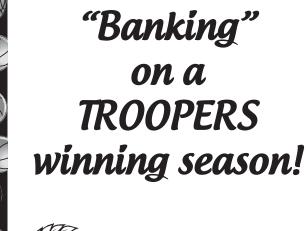
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#### South Prairie - Max





Back row: Haley Trowbridge, Alexis Hatlestad, Azjiah Trader, Camryn Knorr, MaKya Gerding, Rielee Williamson, McKynna Stenberg, Madison White Owl. Middle row: Jayla Kannianen, Peyton Eklie, Izzy Hoffman, Brenna Eberle, Serena Ciser, Dalaney Ruhland, Charlize O'Connor. Front row: Amy Mikkelson, Briar Pitner, Ashlee Williamson, Brooklyn Mosser, Summer Krebsbach, Delaney Hankel.

#### An exciting time to be a Royal

## South Prairie and Max team up for girls' basketball

BY JAMES C. FALCON

This season marks the beginning of a co-op between South Prairie and Max for girls basketball.

"I am excited about our co-op," said Justin Lauf, head coach of the South Prairie-Max Royals. "I think it will benefit both programs coming together and create solid competitive practices. We have an opportunity to compete in District 12."

The team includes four seniors — Summer Krebsbach, Rielee Williamson, Mckynna Senberg and Charlize O'Connor — and four freshmen, three sophomores and one junior.

The team, along with the Bishop Ryan Lions, Des Lacs-Burlington Lakers, Glenburn Panthers, Lewis & Clark-Berthold bombers, Mohall-Lansford-Sherwood Mavericks, Our Redeemer's Knights and Surrey Mustangs, make up District 12. (District 12, along with District 11 teams Bottineau Braves, Drake-Anamoose Raiders, Nedrose Cardinals, Rugby Panthers, Towner-Granville-Upham Titans, Velva Aggies and Westhope/Newburg Sioux, make up Region 6 in NDH-SAA Class B play.)

"I think this team can compete in the district," Lauf added. "I would love to watch this team make it to a Saturday game at the district tournament. We will have an opportunity to make a regional tournament for the first time in the history of our program at South Prairie and the first year of our new co-op!"

Lauf has been head coach at South Prairie for the past five years, where the basketball program — as well as other sports — have built

their programs "from the ground up" since the high school opened in 2015, he said. Prior to that, he was the head coach in Sawyer, as well as coaching with the ND Attack in the summer circuit.

"I look forward to working with these kids, working hard and watching our kids compete and learn about the game," Lauf said. "It's an exciting time to be a South Prarie-Max Royal."





#### **SCHEDULES:** Dec. 10 at Drake-Anamoose .......7:15 p.m. Divide County......6 p.m. Dec. 13 Des Lacs-Burlington .......7:15 p.m. Dec. 16\* L&C-North Shore .......7:15 p.m. Jan. 7 at Glenburn .......7:15 p.m. at Bishop Ryan.....7:15 p.m. Jan. 10 Jan. 17 Nedrose ......7:15 p.m. L&C Berthold......7:15 p.m. Jan. 18 Jan. 21 at Surrey......7:15 p.m. Our Redeemers ...... 7:15 p.m. Jan. 24 Jan. 27 at Garrison ......7:15 p.m. Jan. 31 Feb. 3 at T-G-U ......7:15 p.m. at Central McLean ......7:30 p.m. Feb. 4 Feb. 5 Washburn......3:30 p.m. Feb. 7 at Tioga ......7:15 p.m. Feb. 8 Feb. 10-12 District Tournament in Minot.....TBD

RC				
#	NAME	GR	POS	НТ
1	Summer Krebsbach	12	Guard	5′4″
3	Azjiah Trader	9	Guard	5′7″
4	Brenna Eberle	10	Guard	5′5″
12	Delaney Hankel	9	Guard	5′5″
14	Rielee Williamson	12	Forward	5′6″
20	Mckynna Senberg	12	Guard	5′7″
21	Alexis Hatlestad	11	Forward	5′6″
22	Ashlee Williamson	9	Guard	5′3″
23	Izzy Hoffman	10	Guard	5′5″
25	Charlize O'Connor	12	Forward	5′9″
40	Jayla Kannianen	10	Forward	5′9″
42	MaKya Gerding	9	Forward	5′10″

\*Home games played in Max







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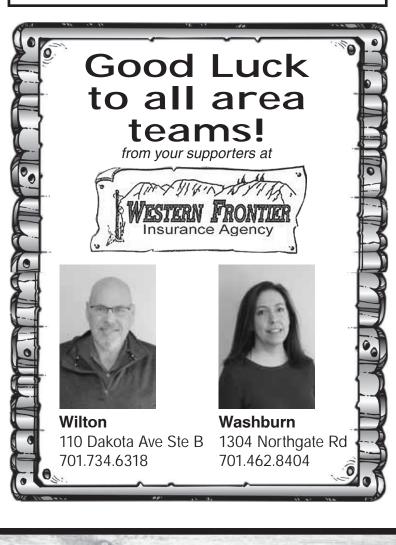
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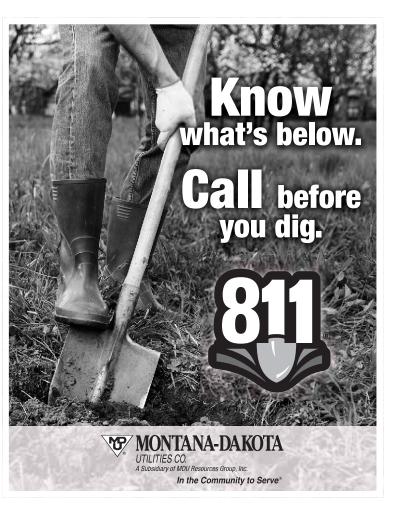


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### Central McLean



Dec 7

Dec 10 Dec 14

Dec 16

Dec 20

Jan 3

Jan 6 Jan 11

Jan 13 Jan 15

Jan 18 Jan 22

Jan 27

Jan 29

Feb 4

Feb 8

Feb 12

**SCHEDULES:** 

Dickinson Trinity High School ......7:00 p.m. Velva High School ......7:00 p.m.

Flasher......6:00 p.m. at Shiloh Christian High School ......7:00 p.m.

Nedrose High School ......7:00 p.m.

at Our Redeemer's High School ......7:00 p.m.

at Linton/HMB Lions ......6:00 p.m.

Garrison High School......7:00 p.m. at New Salem-Almont ......7:00 p.m.

Heart River.....12:00 p.m. at Washburn High School......7:00 p.m.

at Surrey Mustangs......3:00 p.m.

Wilton-Wing ......7:00 p.m. Grant County HS......7:00 p.m.

South Prairie-Max......7:00 p.m.

at Center-Stanton HS......7:00 p.m.

Solen High School......6:00 p.m.

NAME

23 Adlyn Eng

**Emry Hunt** 

Daphne Lauer

**Lily Bobbins** 

Mikya Wald

Sally Hager

12 Morgan Snyder

Irie Irwin

11

33

13

12

10

21

10

9

9

Leah Jacobson

Reagan Kjelstrup

Gracelyn Vaagene

Lindsay Abrahamson

GR

10

9

9

9



The Central McLean Cougars girls basketball team, front from left, are Leah Jacobson, Ashtyn Smith, Emry Hunt, Gracelyn Vaagene and Anna Skachenko. Back from left, Lexi Jacobson, Adyln Eng, Lily Eng, Taya Hornberger, Reagan Kjelstrup and Daisy Sparrow.

#### Cougars will pressure, frustrate, and wear down opponents

#### New coach Ethan Vaagene takes over in 2021

BY TODD M. KJELLAND

The Central McLean Cougars girls basketball team exhibited a strategy of pressure full-court defense in their opening win against in order to run an aggressive style Hazen on Nov. 30.

This year the Underwood/Turtle Lake-Mercer co-op has a young, quick and athletic roster. Lexi Jacobson is the lone senior followed by four juniors, Daisy Sparrow, Ashtyn Smith, Taya Hornberger and Lily Eng. Sophomores Leah Jacobson and Anna Skachenko and four freshmen, Reagan Kjelstrup, Adlyn Eng, Gracelyn Vaagene and Emry Hunt round out the varsity roster.

"We have a good group of returning players from last year," said Vaagene. "Taya Hornberger is a returning All-Region player who is a very-well rounded player. Daisy Sparrow is a workhorse on both ends of the floor and provides a lot of the things that don't show up in the stat book. Ashtyn Smith is a solid scorer and has begun to tune her defensive skills to round out her game. Then we have a very good group of younger players who will be looked upon to provide us quality minutes."

'We will be a defensive minded team and look to our defensive philosophy to help create opportunities on the offensive end," said Vaagene. "We want to run an aggressive, attacking style of basketball with

The guickness and tenacious defense is led by Skachenko, Smith, Lexi Jacobson and Hornberger. Their combined aggressive and basketball awareness will create havoc for teams bringing the ball up the court. This in turn will weigh heavily on their opponents' conditioning and ability to set up their offense. Aggressive play may create foul trouble

can keep that under control, we'll see good things out of the Cougars defensively.

"We plan to utilize a lot of girls of basketball on both ends of the floor," said Vaagene. "We have a number of younger players who already have experience competing at a higher level, so we will look to them to help provide a good balanced rotation that will offer multiple skill sets we can use on the floor at different times."

"Our goals are to improve daily as players and a team and to win the region championship and advance to state," added Vaagene. "We also strive to have a program that develops responsible and respectful young student athletes that is a positive reflection of the school and communities we live in. We will pride ourselves to have positive attitudes, a self-less team first approach, and be the hardest working team around."

Vaagene is starting his first year as a varsity coach. Although he and AAU basketball. He says keys for a successful season will revolve around three simple things. Effort, Attitude, and Teamwork. "If we keep those as our focus and drive we will achieve great things this season," Vaagene added. "Things to work on will be to develop our younger girls so they can have a positive contribution to the team as we progress during the season. We also need to develop a toughness in order to play a physical, attacking style of basketball."

"I'm very excited and grateful for the opportunity to coach our girls basketball team," Vaagene said. "We are in the second year of our co-op and it's great to be a part of building and developing a program to bring the respective towns a team they love to go support and cheer. Our team has a ton of potential and with the right mindset this group will achieve great things."

As a reminder, the Region 5 Super Region format will see the bottom six teams having to win play-in games and the top five will have a bye.

Feb 14 at Standing Rock Community High School 7:00 p.m. Feb 18 NDHSAA Class B, Region 5 Tourney.......7:00 p.m. Feb 24 NDHSAA Class B, Region 5 Tourney......10:00 p.m. Mar 3 NDHSAA Class B Girls State Tourney ...... 1:00 p.m. Mar 5 NDHSAA Class B Girls State Tourney ....10:00 p.m. **ROSTER:** NAME GR scenarios in some games, but if they brings experience in youth, travel, Lexi Jacobson 12 **Daisy Sparrow** 11 Ashtyn Smith 11 Taya Hornberger 11 Lily Eng 11 Leah Jacobson 10

	9	
	L	

Wishing all teams a safe & fun season!



30 Anna Skachenko

Adlyn Eng

15 Emry Hunt

Reagan Kjelstrup

Gracelyn Vaagene





Kaitlyn Wirtz,

Amanda Schmidt, FNP

Sue Wardner, **FNP** 

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**SRS** Commodities

Turtle Lake-McClusky Rexall Drug/Soda's and Things

**Underwood Body Shop** 

Washburn Taekwondo

Washburn/Underwood Clinic

West River Telecom

Wholesale Ag Products West

#### Wilton-Wina





### New faces in new places

BY RALPH MANCINI

Losing your starting backcourt, two additional seniors and last season's leading scorer and rebounder is enough to inject uncertainty into any basketball team, but head coach Lisa Jenkins is ready to lean on new contributors to take added Jenkins. on leadership roles.

And while some of those athletes were on last year's Class B, Region 5 girls championship team, several from that group only chipped in sparingly.

"Even though we will have six seniors on the roster, we do not have a lot of kids that have varsity experience," affirmed Jackson, who will try to replace last year's guards with a trio comprising senior Kynlee Wolff, junior Jordyn Thorson and freshman Moana Tooke.

Tooke is one of three younger players — along with sophomore Macie Filipek and freshman Callie Vollmer — who Jenkins expects to emerge by the end of the season

— if not sooner.

As for more seasoned team members who could immediately make an impact, senior Austyn Schafer, along with the Hirchert sisters (Tavi and Torie) have all been in the program long enough to know what the expectations are.

The one senior stalwart who the coach knows she can count on is 5'10" center/forward Kesley Backman.

"[She] is our lone senior who returns as a starter, and comes in with the most experience. Kesley has been a really good leader and has a really good work ethic."

Jenkins is aware of some of her squad's shortcomings, but is banking on tough defense to be Wilton-Wing's calling card.

"The last two seasons we played a lot of man-to-man defense. I always like to play man, and work on taking away strengths of our opponents. But we will lack some speed and depth at our guard play, so we may have to give some different looks on defense. No matter what we do, we will continue to give effort and get better at just basic fundamentals," she assured.

"This group has their own personality. We are still figuring things out. We have a group of girls who need to get used to playing together, but we will work hard. Our goal is to get better each game."



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RC	DSTER:			
#	Name	HT	POS	GR
3	Jordyn Thorson	5′7″	G	11
10	Makennah Fischer	5′7″	G	10
12	Moana Tooke	5′6‴	G	9
15	Macie Filipek	5′6″	G	10
20	Callie Vollmer	5′6″	G	9
21	Austyn Schafer	5′8″	F	12
22	Tori Hirchert	5′6″	F	12
23	Kynlee Wolff	5′2″	G	12
24	Tavi Hirchert	5′6″	F	12
33	Kalyssa Schock	5′9″	G/F	11
34	Kesley Backman	5′10″	C/F	12
44	Justus Boos	5′10	C/F	11
	J	lunior Varsi	ty	
5	Gretchen Racine	5′3″	G	10
21	Tayler Cleveland	5′6″	F	10
44	Ericka Bosch	5′7″	С	12
24	Skyler Podell	5′7″	F	10

Head Coach: Lisa Jenkins

Assistant Coaches: Trevor Yetterboe,

Taylor Bergquist, Roger Norris

Athletic Directors: Vicky Bender and Brandon Page

Principals: Macy Wood, Lisa Klabunde, and Cassidy Ziesch

Superintendents: Andy Jordan and Cari Kramer Band Director: Elizabeth Haugen & Ryan Barry

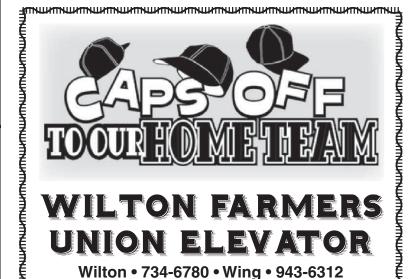


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#### Washburn





## Lady Cards anticipating a quantum leap

BY RALPH MANCINI

01: Back row (l-r): Coach Jarod Obering, Kaylin Klindtworth, Ashlyn Schmitz, Monica Goven, Zoe Oberg, Coach Amanda Obering

Middle row (I-r): Maddie Jaeger (stats), Morgan Olson (stats), Dara Beck, Lauren Braun, Brynn Hyttinen, Cassidy Sommer (stats)

Front row (l-r): Kya Kulzer, Kari Patterson, Chev Obering, Harley Ternes





Entering his second year as the head coach of Washburn's girls basketball team, Jarod Obering is kicking off the season with more certainty in recognizing the skills of his individual players and the collective potential of his squad.

"We are hoping to see significant improvement in our team's ability to score the basketball. If we can maintain our defensive intensity and focus, while improving our ability to shoot, I believe we will feel good about the results," said Obering, who knows he can count on a core of experienced athletes to lead the charge.

Among that group is senior starting point guard Brynn Hyttinen, who Obering described as "a leader among leaders." He further cited

Zoe Oberg, Ashlyn Schmitz and Kaylin Klindtworth as vocal leaders for younger contributors hoping to establish themselves.

The list of younger players expected to emerge includes: sophomore Monica Goven, along with Kari Patterson and Kya Kulzer, who'll both have opportunities for increased minutes as 9th graders. Guard Chev Obering could also provide the roster with a shot of adrenaline as an 8th grader who saw limited playing time last season.

But regardless of how minutes are ultimately distributed, Obering assures that a constant focus on fundamentals will be paramount if the Red and White are serious about taking a next step in their development.

who Obering described as "a leader among leaders." He further cited	about taking a next step in their development.
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ROSTER:			
#	Name	GR	
}	Chev Obering G	8	
	Kaylin Klindtworth G	12	
	Kari Patterson G	9	
)	Brynn Hyttinen G	12	
1	Lauren Braun F	11	
4	Sierra Rodriguez G	11	
)	Kya Kulzer F	9	
1	Monica Goven F	10	
2	Zoe Oberg C	11	
3	Dara Beck G	10	
4	Ashlyn Schmitz F	10	
2	Harley Jo Ternes G	10	
ea	ad Coach: Jarod Obering	1	
5	istant Coach: Amanda C	bering	
a	tisticians: Cassidy Somm	ner. Mac	ddie Jaeger

Statisticians: Cassidy Sommer, Maddie Jaeger Morgan Olson

SCHE	DULES:
Dec. 16	at Beulah A&B6:00/7:30
Dec. 18	Heart River at Belfield A&B
Dec. 20	at Killdeer A&B5:30/7:00
Jan. 3	Hazen at Washburn A&B6:00/7:30
Jan. 6	at New Salem A&B6:00/7:30
Jan. 10	Center Stanton at Washburn A&B6:00/7:30
Jan. 15	at Mott Regent A&B2:00/5:00
Jan. 18	Central McLean at Washburn A&B6:00/7:30
Jan. 20	Wilton Wing at Wilton A&B3:30/6:30
Jan. 22	at Solen A&B2:00
Jan. 24	at Garrison A&B6:00/7:30
Jan. 27	at Grant County A&B6:30/8:00
Feb. 4	Powers Lake at Washburn A&B6:00/7:30
Feb. 5	at South Prairie A&B2:00/3:30
Feb. 8	Shiloh at Washburn A&B6:00/7:30
10	Flasher at Washburn A&B6:00/7:30
12	Standing Rock at Washburn A&B1:00/4:00
15	Richardton Taylor at Washburn A&B 6:00/7:30



### White Shield





Back row: Chloe Bearstail-Fox, Zaylea, Kaycee Jo Heavy Gun, Aiyana Montclair, Tehya White Owl. Front row: Savannah Stranger Horse, Promise Andrade, Aubree Everett, Alysa White Owl, Jesse Bell Heavy Gun.

#### A rebuilding in White Shield

## Lady Warriors in "a start from scratch kind of season"

BY JAMES C. FALCON

With the exception of Chloe Bearstail, the Lady Warriors are a brand-new team, pointed out Shaunna Knife, the Warriors' head coach. The team had lost four seniors; along with Bearstail, they were the Warriors' starters last season, she said.

"It's a start from scratch kind of season for us," Knife said. "I've coached two of these girls. The rest of them, they're fairly brand new to me. This season, I'm getting a feel of how they play, what they like, what they don't like, just getting to know them really."

The White Shield Lady Warriors will gain their beginning of the season experience at the McLean County Shootout (Dec. 3-4) and the All-American Indian Shootout in Billings, Montana. (Dec. 9-11), as well as a game against the Ray Jays (Dec. 7), before their season really starts at the end of December, when they play Mandaree Warriors on Dec. 21.

It is those district games that the Warriors are especially looking forward to, Knife said.

"They want to see how they do against them.," she said. "Maybe it won't go in our favor, maybe it will. They're excited to learn."

The Warriors return with a 2-5 district record (fourth place).

White Shield is a District 15 school. Other teams in District 15 include the Alexander Comets, Lewis & Clark-North Shore Wild-

cats, Mandaree Warriors, New Town Eagles, Parshall Braves, Trenton Tigers and Williston Trinity Christian Crusaders.

District 15, along with District 16 teams Bowbells/Burke Central Titans, Divide County Maroons, Kenmare Honkers, Powers Lake Ranchers, Ray Jays, Stanley Bluejays and Tioga Pirates, make up Region 8.

"I don't usually focus on the wins and losses," Knife said. "I tell the girls, 'What can we do to get better?' Even if it's by one percent every single game, constantly progressing."

One of the main goals for the Warriors is to make progress — "so they can see and start believing in themselves as well," Knife said. "Hopefully, by February, district-time, we'll have everything clicking together."

Knife worked as a coach — half as an assistant coach and the other half as a head coach — in White Shield before working as an assistant coach at United Tribes Technical College in Bismarck. She returned to White Shield and has been the head coach there for two years.

#### ROSTER:

NAME	NAME
Angel Montclair	Jesse Bell Heavy Gun
Zaylea White Owl	Aubree Everett
Tehya White Owl	Kaycee Jo Heavy Gun
Alyssa White Owl	Chloe Bearstail
Promise Andrade	Savannah Stranger Horse

#### Best of luck from:

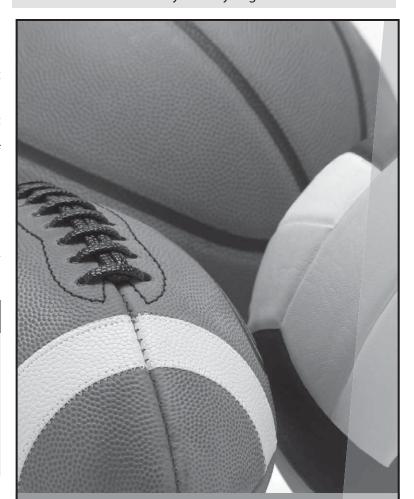


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#### **SCHEDULES:**

Dec. 9 Browning at All American Indian Shootout. 7:30 p.m.				
Dec. 11 B	ox Elder at All American Indian Shootout6:00 p.m.			
Dec. 21	at Mandaree7:00 p.m.			
Jan. 4	at Trenton5:30 p.m.			
Jan. 7	Parshall7:30 p.m.			
Jan. 10	at Williston TrinityTBA			
Jan. 11	at Solen6:00 p.m.			
Jan. 15	vs. Garrison2:30 p.m.			
Jan. 24	vs. Mandaree7:00 p.m.			
Jan. 25	North Shore-Plaza5:30 p.m.			
Jan. 29	at New Town7:00 p.m.			
Feb. 7 at Warwick				
Feb. 21-24 Region 8 Tourney at New Town Event CenterTE				
March 3-5 Class B Tourney at Betty Engelstad ArenaTBD				



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### Central McLean





The 2021-22 Central McLean Cougars boys basketball team are, front from left, Wyatt Wagner, Sam Heger, Brayden Lauer, Maddox Snyder, Marc Averion, Zaki Mota, and Ethan Halstead. Second row, Jayce Lauer, Julius Anderson, Gryphon Mulkey, Cade Kjelstrup, Tripp Olson, Kevin Brunelle, and Owen Anderson. Back row, Cole Makeef, Easton Frey, Jarrett Troyna, Matt Wahl, Andrew Eichorst, Devon Ketterling, and Keaton Rust. Not Pictured: Von Irwin.

### **Central McLean look** to be fast and physical

#### Joi Anderson returns as head coach

BY TODD M. KJELLAND

The Central McLean Cougars boys basketball team will return for the 2021-22 season with a new, not so new head coach. Joi Anderson has returned to the court after a year off during the co-op transition. Central McLean is in the second year of the Underwood-Turtle Lake-Mercer Co-op. Anderson brings 18 years of varsity level coaching and seven years of junior varsity experience, all previously with the Turtle Lake-Mercer school.

Coach Anderson, with his experience adjusts his coaching style to the players he has available.

"I basically watch the kids and see what they can do," Anderson said. "If we have kids we can run area the Cougars need to improve with, we will run. If we don't, we'll slow things down and use the 35-second clock."

"I like to put pressure on teams, so we'll utilize eight-to-ten players to see what they can do, then as the season progresses, we'll play to our strengths depending on the individual players and game situations," added Anderson.

Anderson only being away from the court for a year is familiar with the talent level.

The Cougars roster brings back experience with eight seniors; Jayce Lauer, Jarrett Tronya, Gryphon Mulkey, Devon Ketterling, Easton Frey, Julius Anderson, Marc Averion and Matt Wahl. Juniors are Cade Kjelstrup, Kevin Brunelle, Tripp Olson and Keaton Rust. The lone sophomore is Owen

"One thing I'm impressed with right off the bat is the team's attitude," Anderson said. "It's a battle when they go up and down the court. You usually don't have that in a small school. You sometimes have to say 'hey take it easy, remember you're teammates' but so far these guys haven't pushed each other that far."

According to Anderson, one is their shooting.

'We don't shoot the ball real fast break," said Anderson, "I think our young kids shoot the ball more consistently, so we need capitalize off transitions and make our short range shots and free throws. I hope we can run because we will need those layups."

"These days a team has to score 60-70 points a game to win, so if we can turn 50 points into 60 by

making layups, we need to do that," said Anderson. "We won't shoot a lot of threes, but I do have about five kids that can hit them."

As far as an offensive strategy, Anderson likes to mix it up depending on the opponent.

"If we have to open up the lane I might pull our big guy out to screen and hopefully that pulls their big guy out with him," Anderson gave as an example.

Defensively the Cougars have some athletes with bulk and guickness and will be able to use their physical ability in the lane and under the basket.

Anderson looks for Shilo Christian to be the team to beat this year. He expects everyone else to be fairly equal.

The key to success this season will be the ability to score points.

We need to take the open shots well, so we will need points off the and not put the ball on the floor to drive every time. I tell the kids take that 10-12 footer, or the 4-5 footer and don't turn the ball over," Anderson said. "We are better off shooting the ball, and if we miss, we have very physical rebounders who can pull down a lot of offensive rebounds and put them back in. Our team will do well with physical play."

#### **SCHEDULES:**

Dec. 13	Central McLean vs. Surrey7:30 p.m.
Dec. 17-1	8 Central McLean vs. Multiple Schools Velva TBA
Dec. 21	at Hazen7:30 p.m.
Dec. 30	Minot High School7:30 p.m.
Jan. 3	Flasher7:30p.m.
Jan. 4	vs Washburn7:30p.m.
Jan. 7	Shootout vs Warwick6: 00 p.m.
Jan. 8	Shootout vs Trenton3:00 p.m.
Jan. 13	vs Garrison7:30p.m.
Jan. 15	Dickinson1:30 p.m.
Jan. 20	vs Kidder County at Steele7:30p.m.
Jan. 25	vs Standing Rock7:30p.m.
Jan. 28	vs Wilton-Wing7:30p.m.
Jan. 29	vs Velva7:30p.m.
Feb. 1	vs Shiloh Christian7:30p.m.
Feb. 3	at Hazelton-Moffit-Braddoc7:30p.m.
Feb. 8	at Center-Stanton High School6:30 p.m.
Feb. 12	vs Solen-Cannonball7:00 p.m.
Feb. 15	at Max7:15 p.m.
Feb. 17	Grant County7:30 p.m.
Feb. 19	at New Salem-Almont6:30 p.m.
March. 8	RegionalsTBD

#### **ROSTER:**

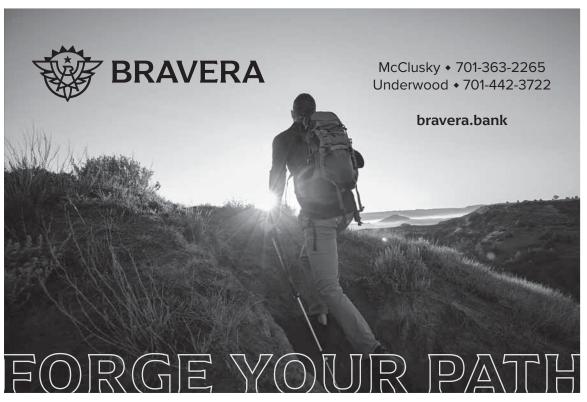
	NAME	GR	NAME	GR
	Jayce Lauer	2	Matt Wahl	12
	Jarrett Troyna	12	Cade Kjelstrup	11
	Gryphon Mulkey	12	Kevin Brunelle	<u>1</u> 1
	Devon Ketterling	12	Keaton Rust	<u>1</u> 1
	Easton Frey	12	Tripp Olson	<u>1</u> 1
	Julius Anderson	12	Owen Anderson	10
	Marc Averion	12		

Wishing you a GREAT season,





## Good Luck This Season!















#### Garrison





The Garrison Troopers are, in the back row, Ty Igelhart, Connor Kerzmann, Brady Norenberg, Jamison Rime and TJ Syvertson. In the front row are Braxton Iglehart, Tyler Huesers, Bennett Kamp, Gavin Ruud and Sebe

## 'Great men' in a super region

#### Young team returns after district lead

BY JAMES C. FALCON

Out of the 23 players for the Garrison Troopers — varsity, junior varsity and junior high — the team is quite young.

There are two seniors and two sophomores; the rest are juniors or freshman, said head coach Justin Folk.

But, while the team does not have much varsity experience, he said, they do include "extremely coachable guys.'

"They are a fun group to be around and are becoming great men," he added.

The Troopers return this season on the heels of taking first in district region this year, so that will bring

last season was against the Wilton-Wing Miners in a close 49-45 loss. The team went on to the Region 5 Tournament in Bismarck, but fell to New Salem-Almont in the first round.

"I am looking forward to coaching these men this year," Folk said. "We have a chance to become a really good team. We have had a bit of a roller coaster to start off, but have been off to a good start with the first couple days of practice."

Folk said he is looking forward to playing every team following the COVID-19 scare last year.

"We have moved to a super

with a 5-1 record; their only loss about different challenges we haven't faced," he said.

> The Troopers are part of Region 5, which includes District 9 teams Flasher Bulldogs, New Salem-Almont Holsteins, Shiloh Christian Skyhawks, Solen Sioux and Standing Rock Warriors and District 10 teams Center-Stanton Wildcats, Central McLean Cougars, Max Cossacks, Washburn Cardinals and Wilton-Wing Miners.

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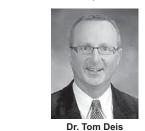
3983 Hwy 37 NW Garrison, ND 337-5500

<b>SCHE</b>	DULES:
Dec. 11	Surrey4:00 p.m.
Dec. 14	Hazen7:30 p.m.
Dec. 17	Flasher7:30 p.m.
Dec. 20	Parshall7:00 p.m.
Dec. 30	at Nedrose6:00 p.m.
Jan. 4	Wilton-Wing7:30 p.m.
Jan. 7-8	ShootoutTBD
Jan. 13	at Turtle Lake-Mercer7:30 p.m.
Jan. 15	at White Shield5:30 p.m.
Jan. 22	Shiloh Christian4:00 p.m.
Jan. 25	Washburn7:30 p.m.
Jan. 27	at Max7:15 p.m.
Jan. 29	Center-Stanton3:30 p.m.
Jan. 31	at New Salem-Almont7:00 p.m.
Feb. 3	Standing Rock7:00 p.m.
Feb .8	at Lewis & Clark-Berthold7:15 p.m.
Feb. 10	at Solen-Cannonball7:30 p.m.
Feb. 17	at Des Lacs -Burlington Lakers7:15 p.m.
Feb. 19	New Town6:30 p.m.
Feb. 26	at Grant County4:30 p.m.

#### **ROSTER: NAME NAME** Ty Iglehart Tyler Huesers Bennett Kamp Sebe Hernandez TJ Syertson Gavin Ruud Connor Kerzmann Braxton Iglehart **Brady Norenberg** Jamison Rime Head Coach: Justin Folk Assistant Coaches: Andrew Haugen, Jason Mattheis Athletic Director: Jason Ermer Principal: Steve Dangel

Superintendent: Nick Klemisch

## Good Luck This Season! Good Luck Troopers!



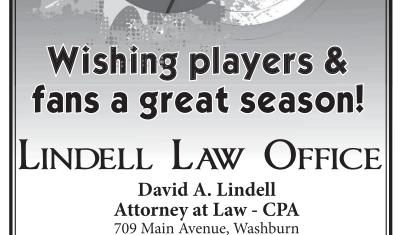
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#### Max





Back row, from left: Jayden Whanger, Erick Talbott, Wyatt Kersten, Trey Boedicker, Ashton Yellowbird, Matthew Talbott and Cole Huesers. Front row, from left: Dawson Bostow, Mason Smith, Brytin Hauf, Ben Scheresky, Dalen Ruhland, Jayden Huesers and Dominic Westman.

### Better today than yesterday

## Max Cossacks looks forward, one game at a time

BY JAMES C. FALCON

As far as the Max Cossacks are concerned, the only thing in their future is the next game.

"We want to be better today than we were yesterday," said head coach Jade Larson. "At this point, we are only looking at our first game, which is against Tioga (on Dec. 11)."

Improving every day is one of the goals for the Region 5 team.

"We played a lot of close games last year, but couldn't guite put

four quarters together," Larson said. "We want to be playing well enough at the end of the season to make a good run during the tournament, which is another goal."

While the Cossacks lost four seniors, who graduated this past school year, the team has most of their varsity experience and leaders back, Larson said.

"I am looking forward to seeing how our upperclassmen work together," Larson said. "We've got a lot of guys that have varsity experience and they have improved

及

and gotten stronger during the off-season."

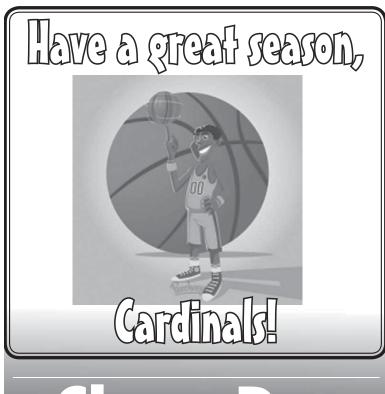
He noted, though, that the team still needs players "to fill the gaps we lost from our last year seniors and parts of our game that were weak."

"Everyone seems more excited about this season and what we can accomplish as a group," said Larson, who has been a varsity coach at Max for the past 11 years. Before that, he coached Junior High boys and girls basketball in Bismarck and Grand Forks.

Feb. 19

#### **SCHEDULES:** Dec. 11 Tioga ......2:30 p.m. Dec. 14 at Solen ......7:30 p.m. Dec. 17 at Westhope .......7:15 p.m. Nedrose ......7:15 p.m. Dec. 21 at L&C - North Shore ......2:30 p.m. Dec. 27 Dec. 28 at Surrey.....5 p.m. at Standing Rock ......7 p.m. Jan. 3 Jan. 7-8 Shootout at Washburn .....TBD Jan. 11 at Wilton-Wing ......7:15 p.m. New Salem-Almon...... 7:15 p.m. Jan. 13 at Richardton-Taylor...... 3:30 p.m. Jan. 15 Jan. 20 Shiloh Christian......7:15 p.m. South Prairie......7:15 p.m. Jan. 24 Jan. 27 Feb. 1 at Washburn ......7:30 p.m. at Center-Stanton.....7 p.m. Feb. 3 Feb. 15 Central McLean ......7:15 p.m. Glenburn ...... 7:15 p.m. Feb. 17





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NAME	NAME
ayden Whanger	Dawson Bostow
rick Talbott	Mason Smith
Wyatt Kersten	Brytin Hauf
Trey Boedicker	Ben Scheresky
Ashton Yellowbird	Dalen Ruhland
Matthew Talbott	Jayden Huesers
Cole Huesers	Dominic Westman
Head coach: Jade Larson	
Assistant coach:	
Athletic director: Lesli Talbott	
Superintendent: Travis Engen	

at Flasher......4:30 p.m.

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#### <u>Washburn</u>



Feb. 8

Feb. 12

Feb. 17 Feb. 19

Feb. 25



Back row (I-r): Coach Jeff Brandt, Alex Frederick, Aiden Parill, Alex Retterath, Carter Knutson, Coach Tyge Sheldon. Middle row (I-r): Owen Patterson, Dawson Beck, Dylan Eckel, Tyler Kulzer, Kolten Schmidt. Front row (I-r): Chris Mehrer (student manager), Charlie Sannes, Parker Jacobson, Jack Retterath, Nick Selensky, Aaron Blumhagen (student manager). Will Koch (not pictured). (Photo: Lynnette Laning)

## Cardinals aiming to 'attack at all times'

BY RALPH MANCINI

With an intriguing mix of veterans and newcomers on his varsity squad, Washburn head coach Jeff Brandt is stressing teamwork and a collective buy-in from his athletes as they embark into the regular season.

"Regardless of who it is, whoever is on the floor for us needs to be looking to attack at all times. We're lucky because we don't have selfish players. Each one of our guys knows that the team is above any individual player. But whoever is in the game has to be a threat to make a play," says the third-year coach.

Offensively, the Cardinals bring back sophomore Alex Retterath,

who will continue to provide a great deal of scoring with his ability to shoot from all areas of the court. Washburn will be also looking to seasoned veterans, such as Alex Frederick, Dawson Beck, Tyler Kulzer, Dylan Eckel and Aiden Parrill, to "step up" and be willing playmakers, per Brandt.

"That doesn't necessarily mean being scorers, but making the right plays at the right times to help the team."

And while the departure of big men Karter Hansen and Caden Germundson leaves the roster with a group of similarly-sized athletes who are not quite big enough to play center, Brandt is banking on his boys relying on their fundamentals to make up for any size deficiencies.

To that end, this year's Cardinals will be expected to employ proper boxouts, maintain positioning and use their intelligence to gain an edge on the opposition.

The other part of the equation in terms of achieving success will be forcing the issue on defense.

"I think our defensive approach is we're going to have to ramp up a little bit. We have guys who are competitive, fast and physical. We'll have to use that to our advantage. Making teams uncomfortable, making them do things they don't want to do or aren't good at, slowing fast teams down, speeding up slower teams, are all strategies that we'll use," promises Brandt.

#### **SCHEDULES:** Dec. 11 Parshall at Washburn A&B.....2:00/3:30 Kidder County at Steele A&B......6:00/7:30 Dec. 14 at Hazen A&B ......6:00/7:30 Dec. 17 Killdeer at Washburn A&B ......6:00/7:30 Dec. 20 Central McLean at Turtle Lake A&B......6:00/7:30 Jan. 4 New England at Washburn A .....7:30 Jan. 7 Divide County at Washburn A ......7:30 Jan. 8 Center Stanton at Washburn A&B ......6:00/7:30 Jan. 11 at Wilton Wing A&B......6:00/7:30 Jan. 13 Jan. 15 at Mott-Regent A&B ......3:30/6:30 Jan. 22 at Solen A ......3:30 at Garrison A&B......6:00/7:30 Jan. 25 at Linton HMB A&B ......6:00/7:30 Jan. 28 Max at Washburn A&B......6:00/7:30 Feb. 1 at Flasher A&B......6:00/7:30 Feb. 3 Shiloh at Bismarck A&B ......6:00/7:30 Feb. 5

at Grant County A&B......6:30/8:00

Standing Rock at Washburn A&B.....2:30/5:30

Harvey at Washburn A&B ......6:00/7:30

at Richardton Taylor A&B.....2:00/3:30

New Salem at Washburn A&B......6:00/7:30

ROSTER:							
#	Name	POS	GR				
3	Nick Slensky	F	9				
5	Dawson Beck	G	12				
10	Owen Patterson	G	11				
11	Dylan Eckel	G	11				
13	Alex Frederick	G/F	12				
15	Will Koch	G/F	12				
22	Tyler Kulzer	G	12				
23	Alex Retterath	G	10				
24	Jack Retterath	G	9				
30	Aiden Parrill	F	11				
32	Carter Knutson	F/C	10				
34	Charlie Sannes	F	9				
35	Parker Jacobson	G/F	8				
42	Kolten Schmidt	G	12				

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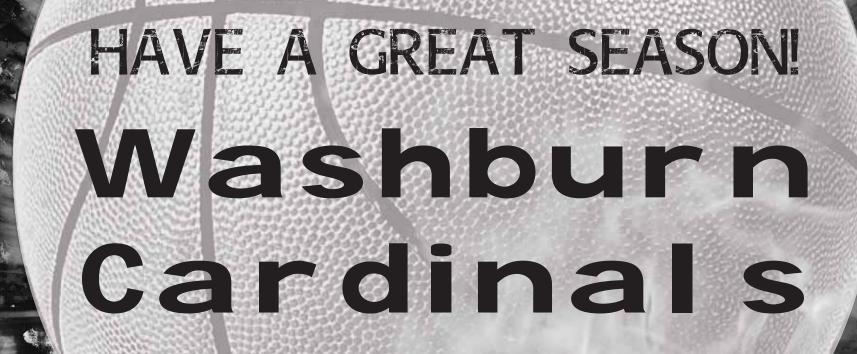
#### Wilton

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#### White Shield





#### Warriors have the potential

## Warriors ready in first season without Jesse White

BY JAMES C. FALCON

The most notable change for the White Shield Warriors this year is the absence of Jesse "Mr. Basketball" White from the courts.

White and Daryn White were the only two seniors on the team. Now, the team is "basically the same," noted Shaun Knife, the first-year head coach for the Warriors.

"I believe we can fill that in, not with one person, but as a team," Knife said.

The Warriors' first gameplay will take place at the All-American Indian Shoot-out in Billings, Montana, Dec. 10-11, where they will

play off against the Hays/Lodgepole Thunderbirds and the Rocky Boy Stars. Region and non-region play will follow.

This is Knife's fourth year coaching basketball. His previous experience involved being an assistant coach under the leadership of Darrell Bearstail in White Shield and, before that, Eric Morin with the Dunseith Dragons.

"It's not unfamiliar territory," Knife said of coaching basketball. "I've had the opportunity to learn from them and see how things go."

"The big goal is obviously state," Knife said, adding that includes going undefeated in a regional standpoint. This goal is not exactly lofty: while the Warriors had a 12-4 record

last season, they went 4-0 districtwise, taking first place in District 15.

Other teams in District 15 include the Alexander Comets, Lewis & Clark-North Shore, Mandaree Warriors, New Town Eagles, Parshall Braves, Trenton Tigers and Williston Trinity Christian Crusaders. District 15, along with District 16 teams Bowbells/Burke Central Titans, Divide County Maroons, Kenmare Honkers, Powers Lake Ranchers, Ray Jays, Stanley Bluejays and Tioga Pirates, make up Region 8.

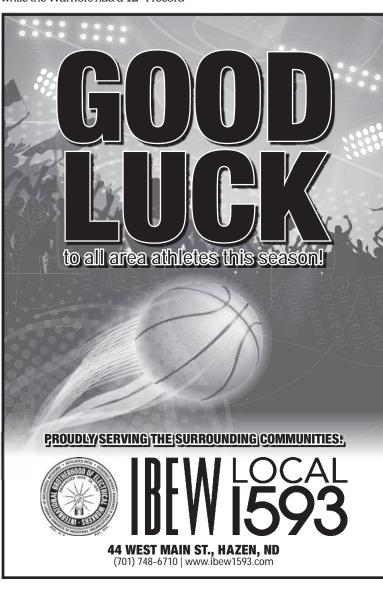
"I'm looking forward to getting to know these boys and working with them," Knife said. "I believe we have the potential and skillset to make it out of the region."

#### **SCHEDULES:**

Dec. 10	ec. 10 Hays/LP at All-American Indian Shoot-out TBA			
Dec. 11	Rocky Boy at All-American Indian Shoot-out. TBA			
Dec. 29-30 McLaughlin, SDTBA				
Jan. 3	at Powers Lake6:00 p.m.			
Jan. 4	at Trenton7:00 p.m.			
Jan. 7	Max Shootout at Washburn3:00 p.m.			
Jan. 8	Glen Ullin at McLean County Shootout 6:00 p.m.			
Jan. 15	Garrison 4:00 p.m.			
Jan. 18	New Town7:00 p.m.			
Jan. 20	at Williston Trinity6:30 p.m.			
Jan. 25	NSP7:15 p.m.			
Jan. 28	Solen6:30 p.m.			
Jan. 29	Max6:30 p.m.			
Feb. 3	Alexander7:30 p.m.			
Feb. 7	at Warwick7:30 p.m.			
Feb. 8	Parshall7:30 p.m.			
Feb. 15	at Mandare,7:00 p.m.			
TBA	Standing RockTBA			
TBA	Pine Ridge (SD)TBA			
Mar. 7-10 Class B Region Tourney at WillistonTBA				
Mar. 17-19 Class B State Tourney at MinotTBA				







#### **ROSTER: NAME** Justice Fox Jayden Garcia Sebastian Blacksmith Darius Jackson Xavier Brady Joshua Jeanotte Zane Clark Wambdi LaCroix Kota Deegan Christopher Montclair Jase Dickens Kaeden Norquay **Tommy Draper** Sincere Red Fox Riley Esquibel Shawn Stranger Horse **Anthony Felix Bryant Wells** Oscar Felix

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White Shield School

#### Wilton-Wing





#### Miners look to dial up the intensity

BY RALPH MANCINI

As a first-year head coach taking over a well-oiled group with defined roles, Scott Wolff anticipates his boys delivering a high-octane product on both ends in the new season.

"[We] will be a very up-tempo, fast-break [unit] with lots of full-court pressure defense," said Wolff who affirmed that this year's Miners will maintain an aggressive nature regardless of whether they're playing man or zone concepts.

"Offensively, we are going to be trying to get points off turnovers for easy baskets and during times where it's slow, our half-court game will be looking for mismatches and attacking those."

When it comes to generating points, the Purple and White will continue to feed the ball to last year's leading scorer Landyn Miller, as the current senior often served as the go-to guy down low during the previous campaign.

This year, however, Wolff indicates that scoring duties could be more evenly distributed since "seven to eight kids ... can easily get into double figures on any given night."

On that note, veterans Kendal Sondrol and Gage Schuh have both shown the ability to get hot from the outside Orchestrating the attack will be junior point guard Trey Koski, who Wolff recognized as the unquestioned leader of the team.

As for newcomers who could provide a major impact, the coach is high on the prospects of Dontaye Fetzer, who is coming off a promising football season that saw him showcase exceptional speed and agility on the gridiron.

"This team is very athletic," added Wolff, who has high hopes for exciting times ahead.

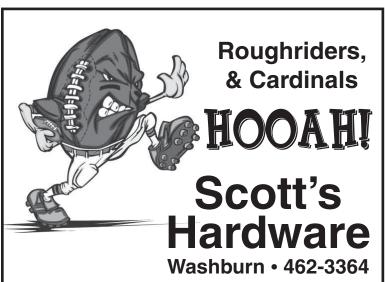
"We will be lacking size, but hopefully our depth, speed and quickness will make up the difference."

ROSTER:			
NAME	GR	NAME	GR
Bradon Wallace	9	Desmond Pfleger	10
Bryce Mehlhoff	9	John Marshall	11
Hunter Wolff	9	Trey Koski	11
Jonah Miller	9	Patrick Conoly	11
Dontaye Fetzer	9	Ryan Inglis	11
Reese Franklund	10	Kendal Sondrol	11
Marcus Toinetta	10	Brystin Rothwell	11
Kole Kirchmeier	10	Gage Schuh	12
Isaiah Johanson	10	Cael Hilzendeger	12
Gavin Willet	10	Landyn Miller	12
Garrett Bergquist	10		











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