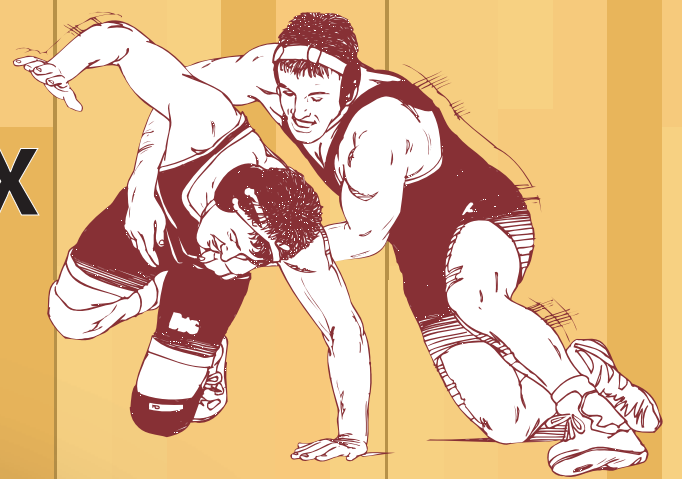


WINTER FAN GUIDE

2023-2024

GARRISON
SOUTH PRAIRIE - MAX
CENTRAL MCLEAN
WILTON - WING
WASHBURN
WHITE SHIELD

WRESTLING:
VELVA-GARRISON-MAX
WHITE SHIELD



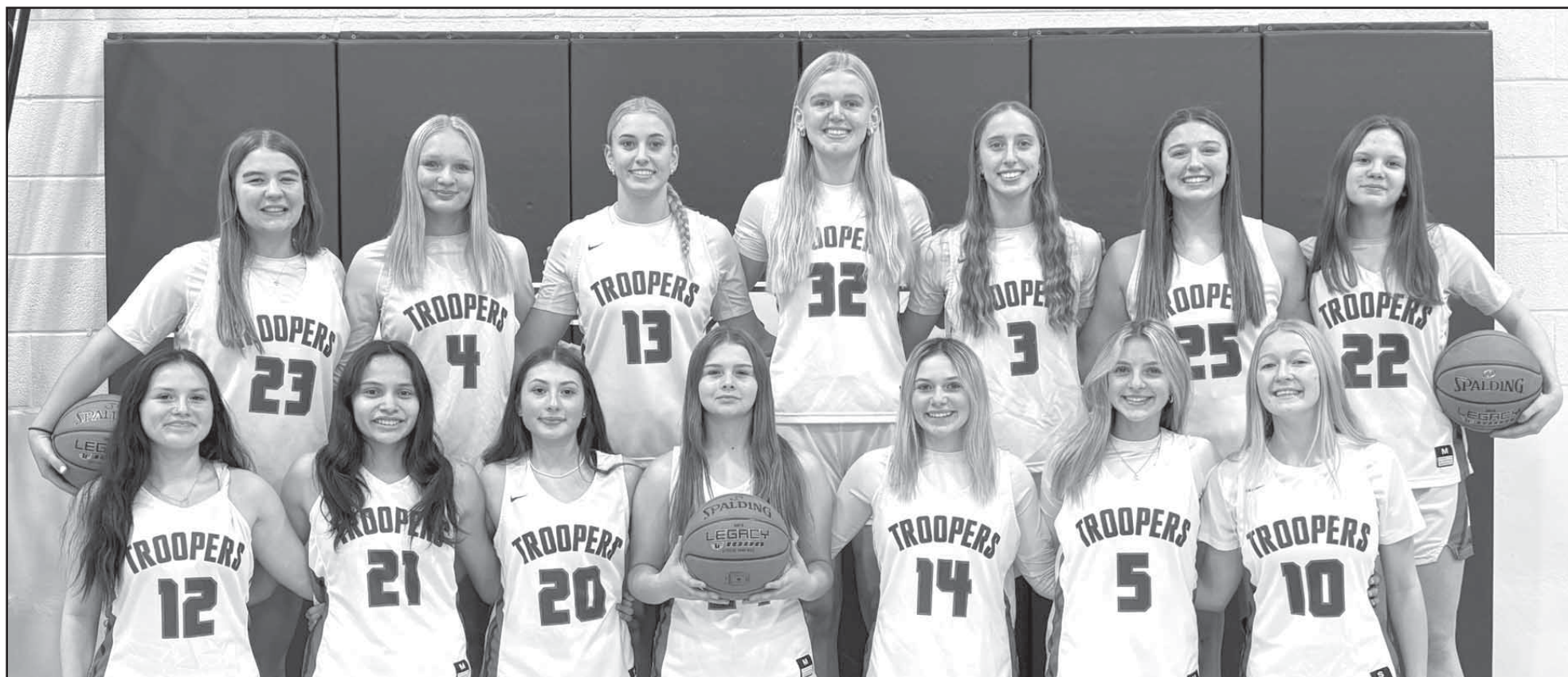
Supplement to the
McLean County Independent,
The Leader-News,
Central McLean News-Journal



TROOPERS



Garrison



Front: Khloe Jerome, Tanille Kallberg, Sophia Everett, Lexi Kastner, Brynn Iglehart, Addy Iglehart, Sadie Majeres. Back: Isabelle Rime, Laila Stein, Emily Schlehr, Camrynn Knorr, Cara Schlehr, Abigail Heinzen, Morgan Torr. (Photo by Tyson Matthews)

Troopers look to improve upon dominant past

BY ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

As the Garrison Troopers Girls Basketball team prepares for the upcoming season, under the guidance of Head Coach Matt Chase, they will face an uphill battle to defend their positions as one of the Region's best squads.

The team has experienced significant turnover, losing three All Region players - Karli Klein, Mia Gehring, and Katie Zook - to graduation.

Coach Chase views this as an opportunity for growth, stating, "With this comes an opportunity for the younger girls to fill valuable roles."

He anticipates increased varsity time for players like Sadie Majeres, Abba Heinzen, Isabelle Rime, Camrynn Knorr, Tanille Kallberg, Addy Iglehart, Sophia Everett, and Morgan Torr.

The Troopers have set their sights high.

"Going back to District Tournaments this year, that's always a goal; winning a District Championship," says Coach Chase.

Further, he aspires for the team to win a Region Championship and reach the State Tournament, signaling a strong desire for top-level performance.

Coach Chase emphasizes the importance of communication and connection, both in practice and games.

"We are going to be a young

team, but a very athletic team in my opinion," he notes.

His expectation is for the team to evolve into a more well-rounded unit by the season's end, making a successful run thanks to their athleticism and team dynamics.

Identifying key players, Coach Chase highlights Emily and Cara Schlehr as team captains, praising their leadership qualities.

He also expects significant contributions from Abba Heinzen, Sadie Majeres, Isabelle Rime, Morgan Torr, and Camrynn Knorr, indicating a blend of leadership and emerging talent within the team.

As the Garrison Troopers Girls Basketball team embarks on their season, they do so with a blend of new faces and high aspirations.

Under Coach Chase's guidance, the team aims to overcome their roster changes and achieve success in both district and regional tournaments, with a hopeful eye on the state championship.

SCHEDULE:

Dec 5	at Hazen.....	7:30 PM
Dec 21	Flasher.....	4:30 PM
Dec 27	Divide County.....	2:00 PM
Jan 2	Mandaree.....	12:00 AM
Jan 6	Grant County/Mott-Regen.....	3:00 PM
Jan 11	at New Salem-Almont.....	5:30 PM
Jan 16	Center-Stanton.....	6:00 PM
Jan 19	Wilton-Wing.....	7:15 PM
Jan 20	at Solen.....	3:00 PM
Jan 26	Westhope/Newburg.....	5:45 PM
Jan 29	at Central McLean.....	7:30 PM
Feb 9	Class B District 6 Tourney at Garrison.....	1:00 PM
Feb 12	Class B District 6 Tourney at Garrison.....	10:00 PM
Feb 29	State Tourney at Jamestown.....	1:00 PM
Mar 2	State Tourney at Jamestown.....	10:00 PM

ROSTER:

#	NAME	GR	#	NAME	GR
1	Cara Schlehr	10	20	Sophia Everett	9
4	Laila Stein	9	21	Tanille Kallberg	9
5	Addyson Iglehart	8	22	Morgan Torr	10
10	Sadie Majeres	10	23	Isabelle Rime	10
12	Khloe Jerome	8	24	Alexis Kastner	9
13	Emily Schlehr	12	25	Abigail Heinzen	10
14	Brynn Iglehart	8	32	Camrynn Knorr	11

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Royals

South Prairie - Max



Front row: Myah Rau, Amy Mikkelson, Maycie Talbott, Azjiah Trader, Bree Rose, Rylee Routledge, Brooklyn Mosser. Back row: Brielle Hillestad, Mya Gunville, Hattie Heer, Skotti Beck, Abby Mikkelson, Madison Whiteowl, Brynlee Hankel, Delaney Hankel. (Photo by Tyson Matthews)

A new season of high hopes and aspirations

BY ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

South Prairie-Max — The South Prairie-Max Girls Varsity Basketball team is set to embark on a new season under the leadership of Coach Tanner Mosser, with high hopes and renewed vigor.

This season, the team is welcoming minimal changes to its roster, a factor Coach Mosser believes is crucial for their success.

“We only had one senior graduate last year,” Mosser noted, highlighting the team’s continuity.

Adding to the excitement, Mosser mentioned, “We have a sophomore coming back off an injury that kept her out all of last year and another sophomore that transferred in from Tioga,” indicating fresh talent and resilience in the team’s lineup.

The team is not just aiming to better their last season’s performance; they are setting their sights on a historic milestone.

“Go to the State Tournament for the first time in school history,” Mosser shared, outlining the team’s ambitious objective for the season.

When asked about his expectations for the team, Mosser emphasized the importance of a dynamic approach.

“My expectations for the team this year is to play fast, hard and smart,” he stated, highlighting the need for an adaptable and intelligent gameplay.

Mosser also pointed out the team’s offensive strength but believes that “our defense will be the key” later in the season.

As for leadership, Coach Mosser identified Azjiah Trader as a key figure stepping into a pivotal role.

Her leadership will be

instrumental in guiding the team towards their ambitious goals and in cultivating a strong, cohesive unit.

With a stable roster, clear objectives, a strategic approach, and emerging leadership, the

South Prairie-Max Girls Varsity Basketball team is poised for a season that could very well redefine their legacy.

As they prepare to chase history, the team’s journey will be one to watch closely.

SCHEDULE:

Dec 12	Hazen.....	7:00 PM
Dec 14	Bishop Ryan.....	7:15 PM
Jan 2	Our Redeemer’s	7:15 PM
Jan 4	Nedrose	7:15 PM
Jan 5	Glenburn	5:24 PM
Jan 8	at Stanley.....	7:15 PM
Jan 9	at Beulah.....	7:59 PM
Jan 16	New Town	7:15 PM
Jan 22	Bottineau.....	7:15 PM
Jan 25	at Dunseith.....	5:45 PM
Jan 29	at Wilton-Wing	7:15 PM
Jan 30	at Rugby	7:15 PM
Feb 2	Des Lacs-Burlington	7:15 PM
Feb 3,	at Watford City - Rough Rider Center.....	4:00 PM
Feb 5	at Nedrose.....	7:15 PM
Feb 12	Turtle Mountain Community	7:30 PM
Feb 29	State Tourney at Minot State Dome	1:00 PM
Mar 2	State Tourney at Minot State Dome	10:00 PM

ROSTER:

#	NAME	GR	POS	HT
1	Rylee Routledge	9	Guard	5'6"
2	Brooklyn Mosser	11	Guard	5'3"
2	Brooklyn Mosser	11	Guard	5'3"
3	Azjiah Trader	11	Guard/Forward	5'9"
10	Mya Gunville	9	Guard	5'8"
11	Brielle Hillestad	9	Guard	5'6"
12	Maycie Talbott	10	Guard/Forward	5'9"
13	Delaney Hankel	11	Guard/Forward	5'5"
14	Brynlee Hankel	9	Guard	5'4"
20	Myah Rau	9	Guard/Forward	5'5"
21	Skotti Beck	10	Guard/Forward	5'11"
23	Hattie Heer	10	Forward/Center	5'10"
31	Amy Mikkelson	11	Guard	5'5"
33	Abby Mikkelson	10	Forward/Center	5'10"
42	Madison Whiteowl	12	Center	5'7"

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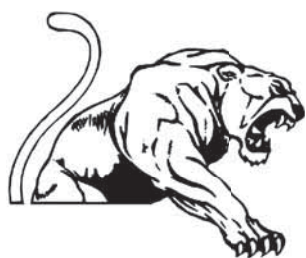
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Cougars

Central McLean



Front, from left Morgan Snyder, Anna Skachenko, Leah Jacobson, Gracelyn Vaagene. Back, Reagan Kjelstrup, Emry Hunt, Sally Heger, Adlyn Eng. (Photo by Joi Anderson)

SCHEDULE:

Dec 5	Kidder County	7:30 PM
Dec 15	Beulah	7:30 PM
Dec 19	Grant County/Mott-Regent	7:30 PM
Dec 27	at Kenmare/Bowbells.....	5:00 PM
Dec 29	at Tioga	7:00 PM
Jan 4	Washburn.....	7:30 PM
Jan 6	Surrey	7:30 PM
Jan 9	at White Shield	6:00 PM
Jan 11	at Des Lacs-Burlington	6:00 PM
Jan 13	at Bowman County.....	3:00 PM
Jan 15	Flasher	6:30 PM
Jan 18	at New Salem-Almont	6:00 PM
Jan 20	Mandaree.....	5:00 PM
Jan 23	Center-Stanton.....	6:00 PM
Jan 25	at Wilton-Wing	7:00 PM
Jan 29	Garrison	7:30 PM
Feb 2	at Our Redeemer's	7:30 PM
Feb 9	Class B District 6 Tourney at Garrison	1:00 PM
Feb 12	Class B District 6 Tourney at Garrison	10:00 PM
Feb 19	Region 3 Tourney at Killdeer	3:30 PM
Feb 22	Region 3 Tourney at Killdeer	9:00 PM
Feb 29	State Tourney at Jamestown.....	1:00 PM
Mar 2	State Tourney at Jamestown.....	10:00 PM

Cougars girls set sights on State

BY ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

With a mix of experienced players and fresh talent, the Central McLean Girls Basketball team is set to face the challenges of the new season head-on.

Despite graduating three seniors last year, the team boasts a solid core of experienced players.

Coach Vaagene expressed confidence in his squad, noting, "We have six returning varsity players who all have three to four years experience playing varsity and have been a key part to our success the last few years."

Many of these players have been starters for the past two seasons, providing a strong foundation of varsity experience.

When asked about the team's objectives, Coach Vaagene was

clear about their ambitions:

"Our goals for the year are to get to the state tournament and to win the state tournament."

This statement underscores the team's high aspirations and commitment to achieving top results.

From a coaching perspective, Vaagene's objectives extend beyond just winning games.

"My goals for the team are that each player improves as basketball players and individuals; our team is the best TEAM; we are the hardest working team; and we perform to our highest level of ability," he stated, emphasizing overall player development and team cohesion.

Several players have stepped up into leadership roles, showcasing the depth of talent within the team.

Junior Adlyn Eng has notably elevated her game, while Reagan Kjelstrup has adeptly adapted to

her new role.

Morgan Snyder has impressively taken over point guard responsibilities.

The two seniors, Anna Skachenko and Leah Jacobson, bring valuable varsity experience and off-floor leadership.

Additionally, Gracelyn Vaagene has emerged as a key player off the bench and a significant outside scoring threat.

As the season unfolds, the Central McLean Cougars Girls Basketball team, under Coach Vaagene's guidance, appears poised for a season of strong performances and significant achievements.

With a blend of seasoned veterans and emerging talents, the team's journey towards state tournament success will be a journey worth following.

ROSTER:

#	NAME	GR	POS	HT
3	Leah Jacobson	12	Forward/Guard	5'7"
4	Emma Fischer	9	Guard/Forward	5'7"
11	Gracelyn Vaagene	11	Guard/Forward	5'7"
12	Morgan Snyder	9	Guard	5'7"
15	Emry Hunt	11	Center	5'10"
20	Reagan Kjelstrup	11	Forward/Center	5'9"
21	Sally Heger	10	Forward/Center	5'9"
22	Zella Anderson	9	Forward	5'8"
23	Adlyn Eng	11	Center/Forward	5'9"
30	Anna Skachenko	12	Guard	5'5"
32	Charlie Sparrow	9	Center	5'10"
33	Vivian Schlafmann	9	Forward	5'8"

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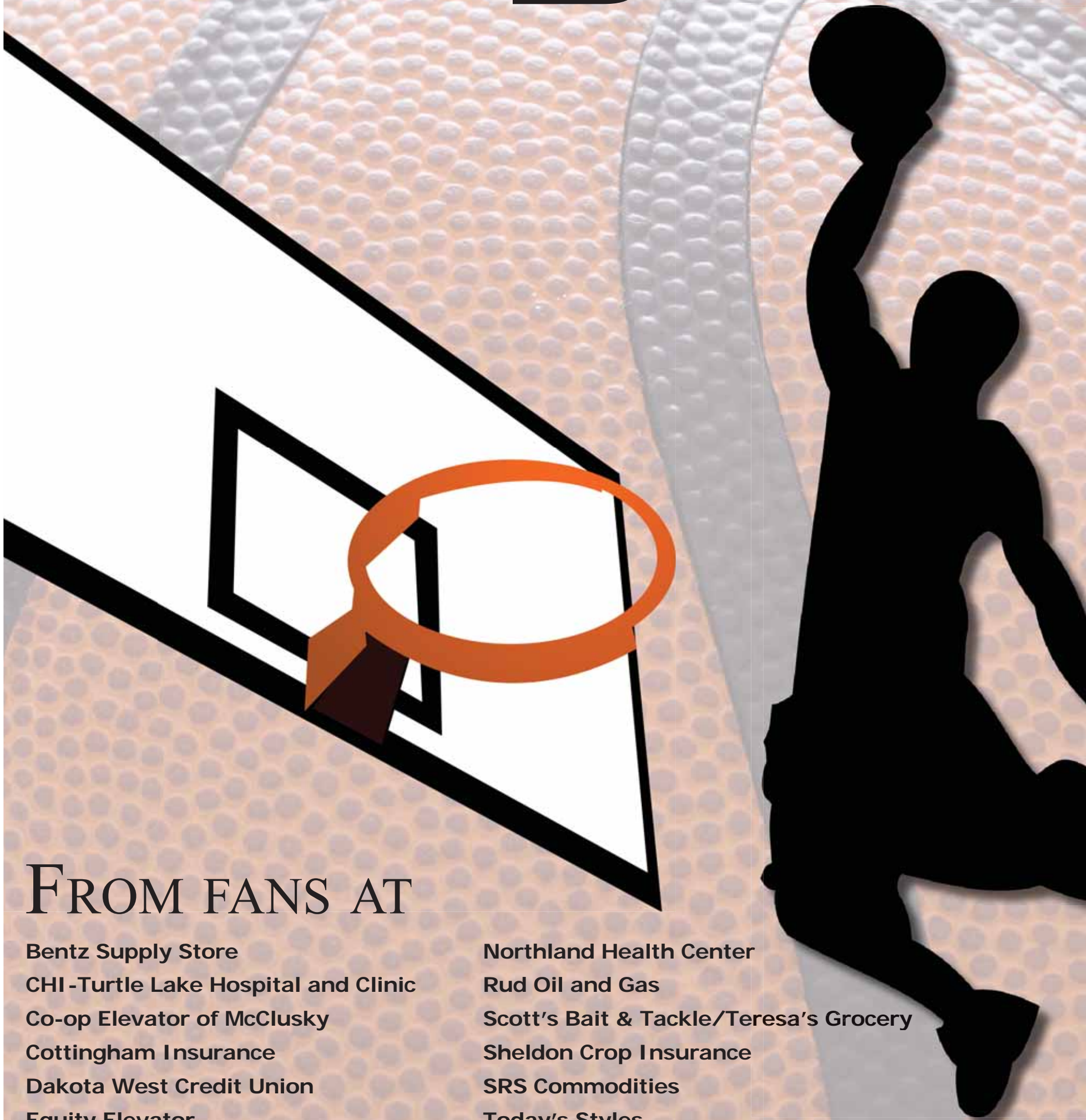
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Miners

Wilton - Wing



Back row left to right: Sophia Krush, Skylar Podoll, Macey Filipek, Makannah Fischer, Moanna Tooke, Harper Willett, Claire Leidy. Front row left to right: Savannah Fischer, Aubrey Steinert, Tessa Miller, Malia Tooke, Lydia Hutzenbiler.

Miner ladies looking forward to 3-class play

BY ALYSSA MEIER

The Wilton-Wing girls are looking forward to growing as a team and to competing once again in district play this season.

After playing in a super region for the past several years, the Miners are making the switch back to a district division as part of the statewide change to a 3-class basketball system.

“Going back into district pay makes things exciting,” Head coach Lisa Jenkins said. “It is going back to our roots for class B fans, looking forward to having the district tournaments back. I am not sure there is one or two teams we are looking forward to at this point, have not really thought about it. Just making sure we are working hard in practices, and getting kids prepared for our opener against Kidder County.”

The move to districts is a welcomed change, Jenkins said, especially after a difficult 2022-23 season.

“I think after last season in which we had a very tough schedule, we had a lot of games where we were out of the game by half-time. I think this group has the energy, and just enough stubbornness to compete in more games than we did last season, and to finish more games,” Jenkins said. “They are a coachable group. Our weakness is our inexperience. Leadership is a question mark, who is going to stand up and take that role. There are kids that are trying to be that

person, but we need that consistency night after night.”

This year’s team includes two seniors, two juniors, one sophomore, five freshmen and two eighth graders — a young group that will have a learning curve but get some good play time.

“We will have some early growing pains, our line-up could change from game to game, but no matter who starts the game, most of our kids will get quality minutes,” Jenkins said.

Jenkins said the team will be watching film and doing more strategizing during practice in order to build up the girls’ fundamentals.

“We need to take better care of the basketball, and cut down on the unforced errors,” Jenkins said. “In order for us to make any kind of run in the postseason, we have to become a better passing team, better with the basketball, and we have to attack and go to the free throw line more. We also need to find ways to get 2nd and 3rd shots at the offensive end. We need to improve on the offensive boards.”

Looking at the lineup, Jenkins said the Miners are returning a handful of varsity players from seasons prior.

“Moanna Tooke is back this season, (she) missed all of her sophomore year with a knee injury. Last time she played she was a freshman and was seeing time on the varsity,” Jenkins said. “She will need to learn to trust her body, and it will take her a little time to feel

comfortable on the floor.”

Jenkins said she is hoping to get senior Macey Filipek transition from her point guard position into a two or three, to see Makenna Fischer break out for the team and to have freshmen Claire Leidy and Harper Willett build on their work last year. The coach said she was also looking forward to watching some of the younger players grow and further contribute.

“Malia Tooke, Lydia Hutzenbiler, and Savannah all saw time on floor last season, and, again, they will be kids that will see lots of time on the floor this season. Junior Skylar Podoll and sophomore Aubrey Steinert have been right there battling for positioning in our practices,” Jenkins said. “And we brought up two eighth graders this season, who both saw time last season as 7th graders, and Tessa Miller and Sophia Krush will both be part of our rotation at the varsity level.”

Jenkins said the team is aiming to finish in the top four of districts and earn a spot in the region tournament.

“I love that we now have a region state qualifier game, it adds so much more to championship night in the region. The 3rd place game now means something,” Jenkins said. “If you can get a win in the first round, you have a couple chances to get into a state tourney. But mainly our goal is to cut down on our mistakes, and do a much better job taking care of basketball.”

SCHEDULE:

Dec. 7	at Strasburg	7:30 p.m.
Dec. 9	at Mandaree	4:30 p.m.
Dec. 11	Solen	7:15 P.M.
Dec. 15	Linton/HMB	7:15 p.m.
Dec. 16	Hazen	4:30 p.m.
Dec. 19	New Salem-Almont	7:15 p.m.
Dec. 28	at Bismarck State College v. New Town	11 a.m.
Jan. 2	at Flasher	7:30 p.m.
Jan. 4	at Grant County/Mott-Regent	8 p.m.
Jan. 11	at Center-Stanton	6:30 p.m.
Jan. 13	Glen Ullin/Hebron	4:30 p.m.
Jan. 16	at Washburn	6:30 p.m.
Jan. 19	Garrison	7:15 p.m.
Jan. 22	at White Shield	6:30 p.m.
Jan. 25	Central McLean	7:15 p.m.
Jan. 29	South Prairie-Max	7:15 p.m.
Feb. 9, 10, 12	District Tourney at Garrison	
Feb. 19, 20, 22	Region Tourney at Killdeer	
Feb. 29, March 1-2	State Tourney at Jamestown	

ROSTER:

#	NAME	GR	POS	HT
1	Macey Filipek	12	Guard	5'6"
3	Lydia Hutzenbiler	9	Guard	5'3"
10	Makannah Fischer	12	Forward/Center	5'9"
12	Moana Tooke	11	Guard	5'4"
15	Claire Leidy	9	Center/Forward	5'11"
20	Savannah Fischer	9	Guard	5'4"
21	Malia Tooke	9	Guard/Forward	5'8"
22	Aubrey Steinert	10	Guard	5'7"
24	Tessa Miller	8	Guard	5'6"
32	Harper Willett	9	Center/Forward	5'10"
33	Sophia Krush	8	Guard/Forward	5'9"
34	Skylar Podoll	11	Forward	5'8"

Head coach: Lisa Jenkins

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Cardinals

Washburn



Back row from left: Coach Amanda Obering, Ashlyn Schmitz, Monica Goven, Head Coach Jarod Obering. Middle row: Kari Patterson, Chevelle Obering, Dara Beck, Alex Seidler, Mya Nelson. Front row: Mae Jennings, Sadie Goven, Kesia Boeshans, Brooke Knutson. (Photo by Lynette Laning)

Cardinals look to fly high in 2023-24 season

BY DON WINTER

The Washburn Cardinals girls' varsity team is looking to establish itself as a team to keep an eye on as the new season kicks. The Cardinals, who have been very young and inexperienced in previous seasons now tout a battle-hardened line up that looks to be able to compete well against the competition and parody of the newly minted Class B system as it kicks off this year.

The Cards will be led by a trio of talented seniors this year, which is a novelty that head coach Jared Obering has not necessarily had in previous years. Those seniors, Dara Beck, Monica Goven, and Ashlyn Schmitz have put in the

work in the trenches the past few years, and now are looking to lead the team to heights that the program has not seen in a while.

Providing support and significant contributions will be three juniors who also have a ton of talent and experience. Mya Nelson, Kai Patterson, and Alex Seidler will all be important pieces to the puzzle once again.

Sophomores Chev Obering and Hannah Klabunde will be factors, with Obering once again taking on the significant role of lead guard for the Redbirds.

Eighth grader post Kesia Boeshans will provide important size, skill and depth to the Cardinals front line, something that they have been lacking previously, as she

looks to acclimate to the rugged a physical style of play that occurs on the varsity level.

Freshman Kalyn Braasch, Aubrianna Feist, Sadie Goven, Brooke Knutson and eighth grader Mae Jennings will all have important slots, as they look to gain experience and grow into their roles as the season progresses.

"We have communicated with our group that our goal is to reach our potential by the end of the season" Coach Jared Obering stated, as the Cardinals look to put all the pieces together this year to make a strong run in the new District 6/Region 4 set up that will face them in the new look Class B.

SCHEDULE:

Dec. 8	Shootout at Jamestown.....	5:30
Dec. 9	Shootout at Jamestown: Vs. Medina PB.....	12:30
Dec. 12	at Velva A&B	6:00/7:30
Dec. 16	at Kildeer A&B.....	2:00/3:30
Dec. 19	at Beulah A&B.....	6:00/7:30
Dec. 28	at Grant County in Elgin	2:00/5:00 DH
Jan. 4	at Underwood A &B.....	6:00/7:30
Jan. 9	Center-Stanton at Washburn A&B... ..	3:30/6:30 DH
Jan. 13	New Rockford at Washburn.....	2:00/5:00 DH
Jan. 16	Wilton-Wing at Washburn A&B	3:30/6:30 DH
Jan. 19	at Richardton-Taylor A&B.....	6:00/7:30
Jan. 23	Garrison at Washburn A&B	3:30/6:30 DH
Jan. 25	New Salem-Almont at Washburn A&B... ..	6:00/7:30
Jan. 27	Hettinger @ Washburn A&B.....	2:00/5:00 DH
Jan. 30	at White Shield A&B.....	3:00/6:00 DH
Feb. 3	at Mandaree A&B.....	2:00/5:00 DH
Feb. 6	Hazen at Washburn A&B.....	6:00/7:30
Feb. 9,10,11	Distict 6 Tournament at Garrison.....	TBD
Feb. 19,20,22	Region Girls Tourney at TBA	TBD
Feb. 29, Mar. 1&2	State Class B at TBA.....	TBD

ROSTER:

#	NAME	HT	GR
24	Ashlyn Schmitz	5'8"	12
22	Monica Goven	5'9"	12
23	Dara Beck	5'7"	12
5	Kari Patterson	5'6"	11
14	Mya Nelson	5'6"	11
12	Alex Seidler	5'7"	11
3	Chevelle Obering	5'6"	10
24	Hannah Klabunde	5'9"	10
4	Brooke Knutson	5'6"	9
11	Sadie Goven	5'8"	9
21	Kesia Boeshans	6'1"	8
40	Mae Jennings	5'8"	8

Head Coach: Jarod Obering

Assistant Coach: Amanda Obering

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Warriors

White Shield



Front row: Sunni Ortega, Keira LaCroix, Aubree Everett, Rayanna Fox. Back row: Coach Shaunna Knife, Vanessa Price, Promise Andrade, Precious Rich, Chloe Bearstail, Coach Shelly Keplin. (Not pictured: Sierra Wells, Latoya Clark)

Warriors basketball is on the rise

BY: ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

As the 2023 basketball season gets underway, one team, the White Shield Warriors, are not experiencing significant roster turnover this season.

Head Coach Shaunna Knife notes, "We are returning a lot of familiar faces and gaining some new ones."

The team is young, featuring only one senior, Promise Andrade, indicating a focus on developing talent for the future.

The primary goal for the Warriors is continual improvement. Coach Knife emphasizes the importance of progress in practice, translating it into on-court performance.

"Yes, wins and losses are always sweet, but with a young team, we need to develop strong habits consistently," she states.

This approach underlines a focus

on long-term skill development over immediate results.

As a coach, Knife is keen on seeing her team progress with each practice and game.

"Gaining the confidence they'll need in the postseason," she mentions, indicating a strategic focus on building a strong foundation for the future, especially in the postseason play.

Two players have notably stepped up as leaders: Aubree Everett and Vanessa Price.

Coach Knife praises their contribution, saying, "These two are setting the tone for every practice, showing positive attitudes and encouraging the young players."

Their roles are crucial in bringing effort and energy to practices, qualities that are even inspiring the younger team members according to Coach Knife.

As the season unfolds, the White

Shield Warriors, under Coach Knife's guidance, seem poised to harness their youthful energy and develop their skills progressively.

With a stable roster and emerging leaders, the team is set to face the challenges of the season with optimism and a focus on consistent improvement.

SCHEDULE:

Jan 8	Parshall.....	7:30 PM
Jan 9	Central McLean	6:00 PM
Jan 11	Mandaree	12:00 PM
Jan 15	New Salem-Almont	5:00 PM
Jan 18	at Center-Stanton.....	7:30 PM
Jan 22	Wilton-Wing	6:30 PM
Feb 9	District 6 Tourney at Garrison	1:00 PM -
Feb 12	District 6 Tourney at Garrison	10:00 PM
Feb 29	State Tourney at Jamestown	1:00 PM -
Mar 2	State Tourney at Jamestown	10:00 PM

ROSTER:

#	NAME
2	Rayanna Fox
30	Aubree Everett
35	Keira LaCroix
3	Sunni Ortega
34	Vanessa Price
10	Promise Andrade
4	Precious Rich
23	Chloe Bearstail

(Not pictured Sierra Wells and LaToya Clark)

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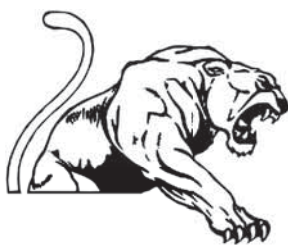
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Cougars

Central McLean



(Photo by Ethan Vaagene)

Cougars boys enter season with high hopes

BY: ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

The Central McLean Cougars boys basketball team is gearing up for what promises to be an exciting season.

Addressing the team's roster turnover, Coach Anderson acknowledged the loss of key senior players from the last season.

"We lost senior guard Cade Kjelstrup and senior forward Tripp Olson to graduation last year," Anderson stated.

However, Anderson remains optimistic, noting, "We will bring back four experienced varsity players along with a talented freshman group."

Coach Anderson expressed high expectations for the season, emphasizing a steady improvement.

"We are returning some young talent from last year and we have some returning starters with solid leadership," they explained.

The team's primary aim is to excel in the district tournament, with aspirations of advancing to the Region Tournament and ultimately reaching the State championship.

A focal point for Coach Anderson is enhancing the team's defense and full court pressure.

"We need more of a range with our defensive strategies," Anderson emphasized.

Achieving these goals requires players to develop their skills cohesively.

"Playing hard together, and of-

ten, is one of the biggest keys to accomplishing that goal," Anderson added, stressing the importance of teamwork and understanding each player's roles and responsibilities.

Looking at the team composition, Anderson highlighted two sophomores who are expected to play pivotal roles.

"Aiden Hanson, returning sophomore starter and last year's MVP, and Jacob Wolf, returning sophomore starter and last year's hardest worker as well as free throw shooting percentage leader, are players to watch," Anderson mentioned.

These players are set to provide the veteran presence and leadership necessary for the team's success.

As the season progresses, the Central McLean Cougars, under Coach Joi Anderson's guidance, look poised to tackle challenges and aim for success, fueled by a blend of experienced players and promising new talent.

SCHEDULE:

Dec. 21	Tourney at Our Redeemer's	6:00
Dec. 15	Tourney at Our Redeemer's	TBA
Dec. 16	Tourney at Our Redeemer's	TBA
Dec. 18	Solen/Cannonball @ TLM	6:00
Dec. 28	at Glenburn	7:30
Jan. 9	at White Shield	7:30
Jan. 13	Jamboree/Newtown at Dickinson Trinity	TBA
Jan. 16	at Parshall	7:15
Jan. 19	at New Salem/Almont	7:30
Jan. 20	Mandaree @ TLM	6:30
Jan. 23	Center-Stanton @ UW High	7:30
Jan. 26	at Wilton-Wing	7:30
Jan. 30	at Kidder Co./Steele	7:30
Feb. 1	Grant Co. Mott-Regent @ Underwood	7:30
Feb. 3	Surrey at TLM	7:30
Feb. 6	Garrison at Underwood	7:30
Feb. 13	at Linton HMB	7:30
Feb. 23, 26, 27	District Tourn at White Shield	TBA
Mar. 4, 5, 6	Regional Tournament at TBA	TBA
Mar. 14, 15, 16	State Tournament at Minot	TBA

ROSTER:

Cole Makeeff	V	Braxxtgen Wanner	V
Jacob Wolf	V	River Kjelstrup	JV
Aiden Hanson	V	Jase Utley	V
Ethan Hanson	V	Kannon Hunt	V
Kutler Rust	JV	Karson Rust	V
Case Christensen	JV	Owen Anderson	V
Ty Makeeff	V	Aiden Thorton	JV
Jonas Christensen	V	Von Irwin	V
Bridger Rittenbach	V	Mason Skachenko	V
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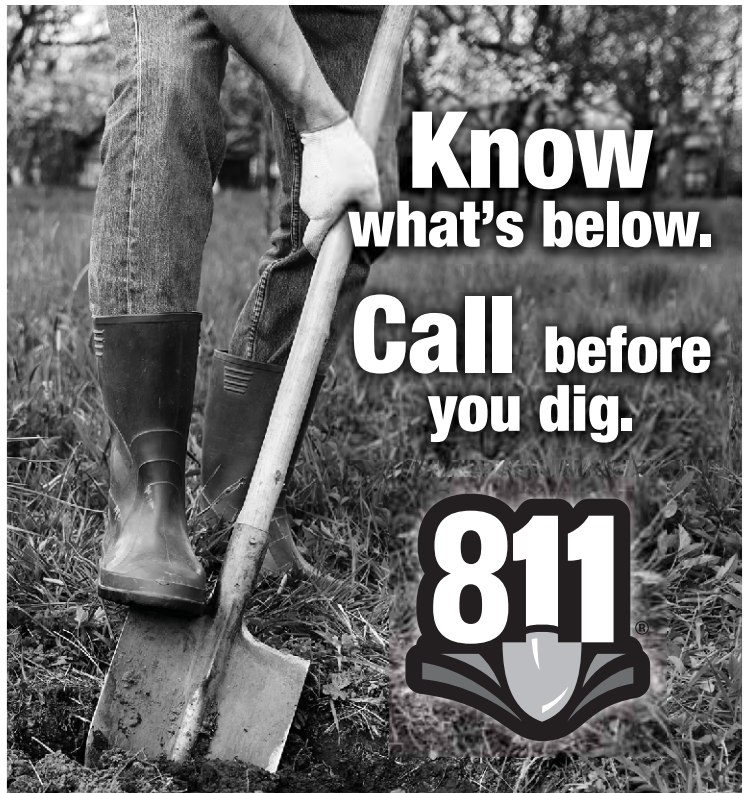


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TROOPERS

Garrison



Front row: Finnigan Smedstad, Anthony Belzer, Grady Kallberg, Gavin Ruud, Cooper Coble, Trevor Mautz, Matt Jochim, Brody Seidler. Back row: Tay'vlyn Martinez, Gavin Kallberg, Avery Klein, Little Hail Perkins, Treyson Iglehart, Braxton Iglehart, Aidan Ermer. (Photo by Tyson Matthews)

Embracing change and growth in the new season

BY: ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

Garrison, ND — As the Garrison varsity boys basketball team embarks on a new season, they face significant roster changes and new challenges under the leadership of Coach Justin Folk.

This season, the team is experiencing a considerable change in its lineup.

Coach Folk elaborated on the situation, saying, "We had seven seniors graduate off last year's squad, it will be a big roster

turnover."

In response to these departures, the team has brought in fresh talent, with Coach Folk noting, "We've brought in a few freshmen to replace those players this season."

This infusion of new players signifies a period of transition and potential growth for the team.

When asked about the team's aspirations for the season, Coach Folk expressed a realistic yet optimistic outlook.

"We hope to be as competitive as possible and grow throughout

the season," he stated. This goal reflects a focus on both immediate performance and long-term development.

Coach Folk's expectations for the group are clear and centered around dedication and teamwork.

He emphasized, "To come in each day and work as hard as we possibly can, to come together as a team and play to the best of our abilities." This philosophy underscores the importance of effort and cohesion in achieving success.

The graduation of key player Tj Syvertson has left a significant gap in leadership, which the team is actively working to fill.

Coach Folk acknowledged this challenge, stating, "We have a big leadership role to fill with the graduation of Tj Syvertson, but guys have to take a more active role in being the vocal guy now."

This transition phase is crucial for the team as they seek to identify and nurture new leaders.

With a major roster overhaul, the Garrison varsity boys basketball team faces a season of adaptation and growth.

Under Coach Justin Folk's guidance, the team is focusing on competitiveness, hard work, and fostering new leadership.

As they navigate these changes, their journey promises to be one of resilience and discovery.

SCHEDULE:

Dec 14	Linton/HMB at Garrison	7:00 PM
Dec 16	Velva at Garrison	3:30 PM
Dec 21	Flasher at Garrison	7:30 PM
Dec 22	at Standing Rock Community	7:30 PM
Dec 29	at Napoleon/G-S at Mandan	8:00 PM
Jan 2	at Grant County/Mott-Regent	5:00 PM
Jan 5	Mandaree at Garrison	7:00 PM
Jan 6	South Heart at Garrison	1:30 PM
Jan 8	Hazen at Garrison	7:30 PM
Jan 12	at New Salem-Almont	6:30 PM
Jan 13	Hettinger/Scranton at Garrison	5:30 PM
Jan 16	Center-Stanton at Garrison	8:00 PM
Jan 18	at Wilton-Wing	7:00 PM
Jan 20	at Solen	4:30 PM
Jan 23	at Washburn	8:00 PM
Jan 27	White Shield at Garrison	5:30 PM
Feb 6	at Central McLean	7:30 PM
Feb 15	at Westhope/Newburg	7:15 PM
Feb 23	District 6 Tourney at White Shield	12:00 PM
Feb 27	District 6 Tourney at White Shield	9:00 PM
Mar 14	State Tourney at Minot State Dome	1:00 PM
Mar 16	State Tourney at Minot State Dome	10:00 PM

ROSTER:

#	NAME	GR	POS
0	Braxton Iglehart	12	Guard
2	Matt Jochim	11	Guard
4	Gavin Kallberg	11	Forward
5	Avery Klein	12	Center
12	Treyson Iglehart	11	Guard/Forward
13	Gavin Ruud	12	Guard
14	Brody Seidler	10	Guard/Forward
20	Grady Crawford	10	Guard
23	Tay'vlyn Martinez	10	Forward/Center
24	Little Hail Perkins	11	Forward/Center

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Miners

Wilton - Wing



Back: Bradon Wallace, Garrett Bergquist, Will Bergquist, Desmond Pflieger, Jonah Miller, DonTaye Fetzer. Front: Hudson Wolff, Kole Kirchmeier, Bryce Mehlhoff, Kaleb Benning, Hunter Wolff, Teigen Earsley.

Miner boys braced for tough competition

BY ALYSSA MEIER

Wilton-Wing boys are looking to use speed and skill to make up for what they lack in height.

Head Miner coach Scott Wolff said this year's varsity team will feature a large number of underclassmen tapped as starters.

"Looking at our roster right now, we will be playing a lot of underclassmen, possibly starting four juniors, one sophomore and there will be a couple freshmen that are going to see some time as well," Wolff said. "We do have a couple seniors that are starting to look pretty solid for us as well."

Wolff said there are three seniors on the team, leaving room for younger players to step up and play big roles.

"We are going to be lacking leadership. The seniors that are on this roster never played last year at all, the majority weren't even on the varsity, so I am hoping to see us grow as a team playing together and kids stepping up and showing some leadership," Wolff said.

The team will need to work extra hard to make up for a lack of height, Wolff said.

"We are going to be undersized like we have the past couple years but this will probably be the smallest team I have had," Wolff said. "So we are going to have to get up and down the floor and make the games fast paced. We will be a very good shooting team so we will be looking to spread the floor attack and find the shooters."

Wolff said the team will be focusing heavily on rebounding and on having as many players as possible contributing baskets.

"Every night we will have a different kid leading us in scoring.

We will probably have 4 to 5 kids averaging double figures," Wolff said.

Wolff said there are a few players on the team who will play big roles this season.

"Dontaye Fetzer is a returning all region player he is very explosive and seems to score when we need him to," Wolff said. "Hunter Wolff is our returning scorer he has added more things to his game such as being able to drive to the basket becoming a better passer and has developed a very nice jump shot versus just a three point threat."

Wolff said he's also counting on a pair of players who started on varsity in ninth grade.

"Teigen Earsley was one of the first guys off the bench as a freshman he has been playing very well for us, very good shooter passer and probably the smartest kid on the floor," Wolff said. "Bradon Wallace, another guy that came off the bench last year and

I also added a lot of things to his game as well. He is an extremely good shooter, has a very nice jumpshot and gives us some length on the defensive end as well."

Wolff said the change to a 3-class system will provide a tough schedule for the team and that the district is wide open for the taking.

"We've got four teams that are in the top 10 in the state, one of them is a class A — Beulah," Wolff said. "It will be fun to play these top teams to see where we are early on."

Wolff said the team was looking forward to facing some solid local teams and fighting through the season all the way to tournament time.

"Our goal this year is to win a lot of games during the regular season, get the number one seed in the district, win the district, get to regionals and hopefully get in the top three and play in that game to get to the state tournament," Wolff said.

SCHEDULE:

Dec. 8	at Linton/HMB	
Dec. 12	at Kidder County	7:30 p.m.
Dec. 14	Flasher	7:15 p.m.
Dec. 18	Beulah	7:30 p.m.
Dec. 22	Grant County/Mott-Regent	7:30 p.m.
Dec. 28	at Bismarck State College v. Trenton	5 p.m.
Jan. 2	Hazen.....	7:15 p.m.
Jan. 5	at Jamestown v. Edgeley/Kulm/Montpelier ...	TBD
Jan. 9	New Salem-Almont	7:15 p.m.
Jan. 11	at Center-Stanton.....	8 p.m.
Jan. 16	at Washburn	8 p.m.
Jan. 18	Garrison	7:15 p.m.
Jan. 23	at White Shield	6:30 p.m.
Jan. 26	at Central McLean	7 p.m.
Jan. 30	at Richardton-Taylor	7 p.m.
Feb. 2	at Mandaree	6:30 p.m.
Feb. 3	South Prairie-Max.....	6 p.m.
Feb. 13	Strasburg-Zeeland	7:15 p.m.
Feb. 17	at New Rockford	3 p.m.
Feb. 23, 26, 27District Tourney at White Shield	
March 4, 5, 7Regional Tourney at Bismarck St. Mary's	
March 14, 15, 16 State Class Tourney at Minot State	

ROSTER:

#	NAME	POS	GR
2	Hudson Wolff	Guard	9
3	Hunter Wolff	Guard	11
4	Bradon Wallace	Guard	11
5	Kole Kirchmeier	Guard	12
10	DonTaye Fetzer	Guard	11
14	Kaleb Benning	Forward	9
15	Will Bergquist	Forward	10
20	Bryce Mehlhoff	Guard	11
22	Garrett Bergquist	Forward	12
23	Teigen Earsley	Guard	10
33	Jonah Miller	Forward	11
45	Desmond Pflieger	Center	12



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Cardinals

Washburn



Back row from left: Jack Retterath, Carter Knutson, Justin Scheresky, Alex Retterath, Nick Selensky. Middle row: Head Coach Josh Sharp, Beckett Kadrmaz, Ethan Retterath, Parker Jacobson, Oscar Wood, Coach Landon Schatz. Front row: Brady Vollmuth, Tanner Fiedler, Brady Nelson, Joshua Laning, Dylon Fischer. (Photo by Lynette Laning)

Washburn boys coach excited about upcoming season

BY KELLI AMELING
Associate Publisher

Looking forward to the 2023-24, the Washburn boys' basketball Coach Joshua Sharp said he is excited about his team and their playing ability.

"I am really excited to see how we have grown from last year," Sharp said, noting the team did lose three seniors last year. "We are fortunate to bring back a lot of talent."

When it comes to the younger players, Sharp said he likes what he is seeing so far in practice.

"They are really buying in and are quick learners," he said. "I am also looking forward to the parody in B now. There are still a couple of really good teams that seem to be a little ahead of the others but unlike years past, that does not mean you have no chance to get to state."

Because of this, Sharp said he feels like it will make the games "more competitive" now that the teams are more even.

"It will really come down to who is play the best come tournament time," he expressed.

Going into the season, which kicked off Dec. 9 against Parshall/NSP, the boys basketball team will have 14 games prior to Districts beginning Feb. 23.

Sharp said he believes the team's biggest strength will be being able to score with any team they play.

"We are extremely talented offensively," Sharp said. "I also think we will be a very good defensive team. We should be able to get up and guard people on the perimeter. The kids have put in a lot of work this offseason to improve their footspeed and it has shown. By the end of the year

last season, we were a really good defensive team."

However, a challenge he sees his team facing is size. Sharp explained almost all the teams have at least one player that is 6'5", with most having two to three that height.

"We will really need to rely on our toughness and effort to counter the size," Sharp said. "I also think our schedule is a huge challenge. We play multiple teams that are ranked in the top 10 in the various pre-season polls and rankings."

Overall, Sharp says the Washburn boys' basketball team most will not want to miss.

"We will be fun to watch because we bring a lot of intensity, and our kids get after it," Sharp said. "We will look to push the ball more this year as we will be a little deeper."

SCHEDULE:

Dec. 9	Parshall at Washburn A&B.....	2:00/3:30
Dec. 12	Strasburg at Washburn A&B.....	6:00/7:30
Dec. 18	at Kidder county in Steele A&B.....	6:00/7:30
Dec. 28	at Grant County MR in Elgin A&B.....	3:30/6:30 DH
Jan. 5	Shootout at Jamestown vs. Medina PB A.....	4:30
Jan. 6	Shootout at Jamestown vs. Ellendale A.....	4:30
Jan. 9	Center-Stanton at Washburn A&B ...	5:00/8:00 DH
Jan. 11	at Central McLean in UnderwoodA& B...	6:00/7:30
Jan. 13	New Rockford at Washburn A&B.....	2:30/6:30 DH
Jan. 16	Wilton Wing at Washburn A&B.....	5:00/8:00 DH
Jan. 20	Edgeley-Kulm at Washburn.....	4:00/5:30
Jan. 23	Garrison at Washburn A.....	5:00/8:30 DH
Jan. 27	Hettinger at Washburn A&B.....	3:30/6:30 DH
Jan. 30	at White Shield A&B.....	4:30/7:30 DH
Feb. 1	at Flasher A&B.....	6:00/7:30
Feb. 3	at Mandaree A&B.....	3:30/6:30 DH
Feb. 8	New Salem at Washburn A&B.....	6:00/7:30
Feb. 13	at Richardton-Taylor A&B.....	6:00/7:30
Feb. 17	at Kildeer A&B.....	2:00/3:30
Feb. 23, 26, 27	District 6 Tourney at White Shield	
Mar. 4,5,7	Region Boys Tourney at TBD	
March 14,15,16	State Class B Tourney at Minot	

ROSTER:

#	NAME	HT	GR
2	Alex Retterath	6'0"	12
22	Justin Scheresky	6'1"	12
50	Carter Knutson	5'11"	12
3	Jack Retterath	5'9"	11
5	Nick Selensky	5'8"	11
4	Oscar Wood	6'0"	10
21	Beckett Kadrmaz	6'0"	10
1	Parker Jacobson	6'2"	10
0	Ethan Retterath	6'1"	9
12	Brady Nelson	5'9"	9
10	Brady Vollmuth	5'8"	9
23	Dylon Fischer	5'7"	9
11	Josh Laning	5'11"	9
20	Tanner Fiedler	5'11"	9



Wishing all teams a safe & fun season!



Kaitlyn Wirtz,
PAC



Amanda Schmidt,
FNP



Sue Wardner,
FNP



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Attorney at Law - CPA
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--	--

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Royals

South Prairie - Max



Seated in from: McKynlie Woitte, Kylee Heer. Front row: Braden Francis. Hayden Bohl, Dominic Westman, Ethan Dobson, Josh Groninger, Jayden Huesers, Kingston Kizima, Wiatt Ness, Luke Anderson. Back row: Coach Konnor Keyser, Jarret Elkie, Cameron Sys, Kerzy Sorenson, Jaxin Anderson, Joshias Bagwell, Connor Johnson, Coach Nick Thompson, Coach Jade Larson. (Photo by Tyson Matthews)

A new chapter begins with a new co-op

BY: ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

South Prairie-Max, ND — As the South Prairie-Max Boys Basketball team gears up for a new season, they are embarking on a fresh journey with the first year of the boys' co-op with South Prairie.

Coach Jade Larson shares insights on the team's composition, goals, and expectations for this pivotal season.

The co-op between South Prairie and Max brings together players from both schools, marking a significant transition.

Coach Larson detailed the roster changes: "Max lost a group of seniors from last season: Erick Talbott, Cole Huesers, Trey Bennett-Boedicker, and Brytin Hauf. South Prairie lost Carter Korslein, Carson Anderson, and Gage Olson."

Despite these losses, the team is bolstered by a strong senior presence.

"We will have eight seniors,

seven from SP and one from Max: Josh Groninger, Cameron Sys, Connor Johnson, Kerzy Sorenson, Josiah Bagwell, Ethan Dobson, Drew Klein, and Dominic Westman," Larson added.

As for the team's objectives, Coach Larson is focused on cohesion and timing.

"Our goal as a co-op is to come together as a team and play our best basketball at the end of the season," he stated.

He also noted the advantage of having a core group of seniors who have played together for a long time.

Coach Larson has set high expectations for the co-op's inaugural season.

"We have high expectations for our team this year to do well in the region," he mentioned, emphasizing the importance of senior leadership and positive energy.

Larson also highlighted the need for continued hard work and team synergy throughout the season.

Leadership is already taking shape, with seniors actively engaging in off-season activities.

"We have had our seniors, especially the running starters, showing up to many things throughout the off-season," Larson shared.

He also observed the involvement of juniors and sophomores in leadership roles.

"I am excited to start the season and see how they improve each day," he concluded.

With the formation of the co-op team, the South Prairie-Max Boys Basketball team is set to start a new chapter.

Under Coach Larson's guidance, the team is aiming to build unity and peak at the right time, backed by strong senior leadership and a collective work ethic.

As they navigate this season of firsts, their journey will be closely watched and cheered on by the community.

SCHEDULE:

Dec 9	Kenmare/Bowbells	2:30 PM
Dec 18	at Our Redeemer's	7:15 PM
Dec 21	at Bishop Ryan	7:15 PM
Jan 5	Glenburn	7:15 PM
Jan 9	Nedrose	7:15 PM
Jan 15	at Hazen	7:30 PM
Jan 22	at Parshall/NSP	7:15 PM
Jan 23	at Dunseith	4:30 PM
Jan 26	Bottineau	7:15 PM
Jan 27	Mohall-Lansford-Sherwood	5:00 PM
Jan 29	at Rugby	7:15 PM
Feb 1	New Town	7:15 PM
Feb 3	at Wilton-Wing	6:00 PM
Feb 6	Turtle Mountain Community	7:15 PM
Feb 9	at Des Lacs-Burlington	7:15 PM
Feb 13	Stanley	7:00 PM
Feb 16	at Nedrose	7:15 PM
Feb 17	Watford City	4:00 PM
Mar 14	State Tourney at Fargodome	1:00 PM
Mar 16	State Tourney at Fargodome	10:00 PM

ROSTER:

#	NAME	GR	#	NAME	GR
1	Josh Groninger	12	23	Luke Anderson	10
2	Jarret Eklie	10	24	Hayden Bohl	11
3	Ryder Magandy	10	25	Dominic Westman	12
4	Jayden Huesers	10	31	Dalen Ruhland	11
5	Jaxin Anderson	10	32	Lake Korgel	11
10	Wiatt Ness	10	33	Kersey Sorenson	12
11	Ethan Dobson	11	34	Cameron Sys	12
13	Kingston Kizima	11	5	Noah Mahlum	10
14	Landen Jansen	10	40	Gabe Magellan	9
15	Joshias Bagwell	11	42	Zach Korgel	10
20	Brayden Francis	11	44	Ace Grey	9
21	Kayden Tallman	11	53	Danny Kersten	9
22	Connor Johnson	11	55	Junior Nicholas	11



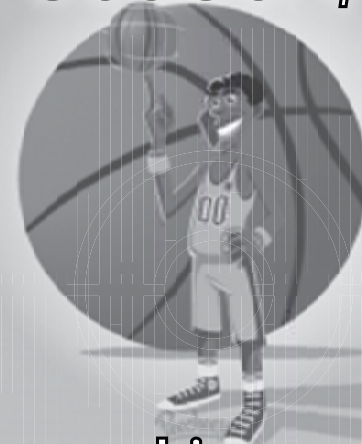
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Warriors

White Shield



From row: Jayden Garcia, Sabastian Blacksmith, Connon Blacksmith, Madden Everett. Back Row: Weston Bird, Darius Jackson, Landen Felix, Oscar Felix, Bryant Wells, Keevin Deegan, Wambdi LaCroix, Koda Deegan.

White Shield Warriors set sights on new heights

BY ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

White Shield, ND — As the White Shield Boys Basketball season fast approaches, Head Coach Shaun Knife is optimistic about the team's prospects, despite facing significant roster changes.

"We lost 3 seniors from last year, but still a good core from last year," Knife states.

The team will also see an influx of fresh talent, with Knife noting, "This year we have quite a few freshmen compared to my previous years."

The Warriors have their eyes set

on lofty goals this season.

Coach Knife outlines the team's aspirations: "District Championship, Regional Championship, and to make state."

These goals reflect a confident and ambitious mindset for the team.

Knife's expectations for the group are also clear and focused.

"I expect us to compete and challenge for an opportunity to win every game," he asserts.

This competitive spirit seems to be a driving force behind the team's preparation and strategy for the upcoming season.

Leadership within the team is

emerging strongly, with two players stepping up to the challenge.

"Bryant Wells and Oscar Felix both share the load equally well," Knife remarks.

He emphasizes the significance of their experience and leadership qualities, "These are both 4-year varsity guys so they understand what that Captain role means on the court and in the classroom."

With a blend of experienced leaders and promising newcomers, the White Shield Warriors, under the guidance of Coach Knife, are gearing up for a season filled with potential and high aspirations.

SCHEDULE:

Dec 27	Divide County.....	7:00 PM
Jan 11	at Mandaree.....	12:00 PM
Jan 27	at Garrison.....	5:30 PM
Feb 6	at Center-Stanton.....	7:00 PM
Feb 23	District 6 Tourney at White Shield.....	12:00 PM
Feb 27	District 6 Tourney at White Shield.....	9:00 PM
Mar 14	State Tourney at Minot State Dome.....	1:00 PM
Mar 16	State Tourney at Minot State Dome.....	10:00 PM

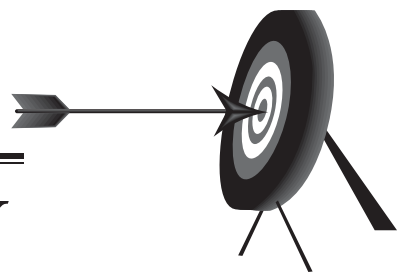
ROSTER:

#	NAME	#	NAME
20	Weston Bird	134	Darius Jackson
33	Keevin Deegan	23	Oscar Felix
1	Wambdi LaCroix	35	Landen Felix
15	Koda Deegan	2	Bryant Wells
14	Madden Everett		



TROOPERS

Garrison NASP Archery



Front row: Hayden Skraba, Gabel Radke, Cameron James, John Tesch, Archer Klinker, Zoe Baker, Anna Welton, Lincoln Kolden, Shaelynn Iglehart, Kendall Melby, Jocelyn Alexander, Leeland Voth, Freye Mathias, Jace Lee. Middle row: Brock Skraba, Austin Thelan, McKesdan Steele, Keegan Wimer, Ethan Franklin, Jordie Keller, Isabella Baker, Leignie Leidholm, Paisley Beyers, Averie Zietz, Avery Spranger, Kendall Janz, Ava Welton, Zaiden Robinson. Back row: Eugene Paulson, Bentley Coombes, Shawn Mautz, Troyal Franklin, Jayden Diffely, Cole Franklin, Bella Wimer, Brayden Smith, Brooklyn Smith, Molly Jochim, Kaylee Magandy, Presea Jungling, Trinita Klinker, Teagan Rensch. (Photo by Tyson Matthews)



Warriors

White Shield



Cannon Blacksmith, Delancy Wilkinson, Peace Weber, Brendon Peltier.

BOYS SCHEDULE:

Dec 8	Rapid City Invitational at Rapid.....	12:00 PM
Dec 9	Rapid City Invitational at Rapid.....	5:00 PM
Dec 16	Grafton Tourney at Grafton	9:00 AM - 6:00 PM
Dec 22	at Berthold.....	10:00 AM - 5:00 PM
Jan 12	Rugby Booster Tourney at Rugby.....	4:00 PM
Jan 13	Rugby Booster Tourney at Rugby.....	4:00 PM
Jan 20	Killdeer Tourney at Killdeer.....	9:30 AM - 6:00 PM
Jan 26	East-West Tourney at New Salem	2:00 PM
Jan 27	East-West Tourney at New Salem	8:00 PM
Feb 10	Wrestling Tourney at Killdeer ...	9:00 AM - 8:00 PM

GIRLS SCHEDULE:

Dec 8	at Rapid City Civic Center	10:00 AM
Dec 9	at Rapid City Civic Center	6:00 PM
Dec 15	at Valley City High School	1:00 PM - 10:00 PM
Dec 16	Border Brawl at Ashley	10:00 AM - 7:00 PM
Dec 28	Rumble on the Red at Fargodome.....	9:00 AM
Dec 29	Rumble on the Red at Fargodome.....	5:00 PM
Jan 5	Bismarck Rotary Tourney at Bismarck....	10:30 AM
Jan 6	Bismarck Rotary Tourney at Bismarck.....	6:00 PM
Jan 13	at Minot Invitational.....	10:00 AM - 10:00 PM
Jan 20	Tourney at Rugby	12:00 PM - 7:00 PM
Jan 27	Belle of the Brawl at Central Cass	10:00 - 10:00 PM
Feb 9	Tourney at Minot State Dome	12:00 PM - 8:00 PM

BOYS ROSTER:

NAME	GR	POS
Brendon Peltier	7	285
Mark Young Bird-Basurto	9	172
Delancy Wilkinson	11	133
Peace Weber	10	145
Cannon Blacksmith	9	

GIRLS ROSTER:

NAME	GR	POS
Love Hopkins	8	190/250

Wishing all area teams a safe and successful season!

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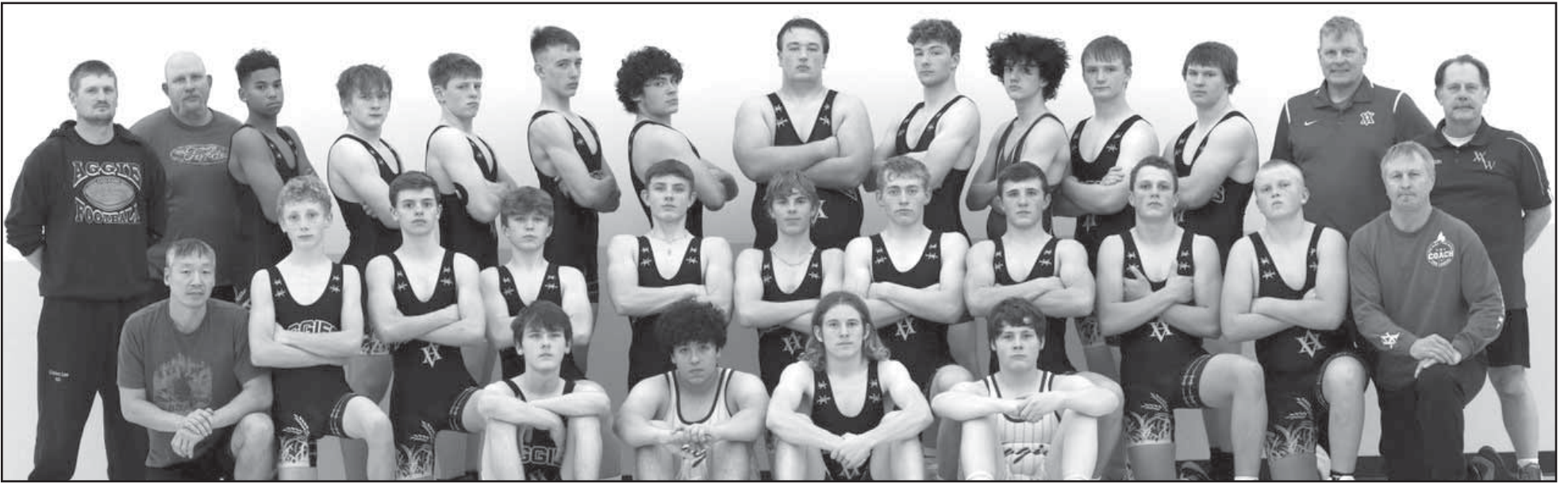


Good Luck from all of us at the
White Shield School



Aggies

Velva - Garrison - Max



Front row: Aiden Brown, Alexander Sola, Cayleb Whanger, Caleb Brown; Second row: Coach Gingles, Lane Anderson, Alex Leier, Lucas Soli, Maddox Campbell, Pitch Hager, Carson Hildre, Brextyn Yanish, Emmitt Lagge, Carter Hurt, Coach Finneseth, Back Row: Coach Lee, Coach Massine, Lexton Smith, Noah Werner, Madden Barstad, Alanzo Davis, Kelson Mascol, Jamison Rime, Lucas Siebuhr, Brady Kinden, Evan Rensch, Jayden Foss, Coach Barstad, Coach Anderson

A season of rebuilding and high hopes

BY ETHYN WILLIAMS-CALVERT
ethyn@nordaknorth.com

Velva-Max-Garrison, ND — As the Velva-Max-Garrison Aggies wrestling team prepares for the upcoming season, Coach Chad Barstad shares his insights on the team's composition, goals, and the leadership shaping up within the squad.

The Aggies are experiencing significant roster changes, having lost key members to graduation.

"We lost State Champion

Brayden Selzler and State Placers Mason Schumaier and Gabe Lakoduk due to graduation," Barstad said.

Despite these losses, there is a sense of optimism with new talents stepping up.

"We do have a couple of seventh graders that will help fill the role on the bottom side – Isiah Hackman and Raider Barstad – and we're excited for Jamison Rime to fill in our heavyweight spot this season," Barstad added.

The team has set ambitious

goals for the season, focusing on regional competitions.

"We would like to compete for a Regional Dual Title and be top three in Regional Individuals," Barstad stated.

However, he acknowledged the challenges ahead, "This year will be tough after losing three State placers from last year."

The team remains confident in their new faces and returning starters.

Coach Barstad expressed high expectations for the team's performance.

"I think we will have a competitive lineup in duals and individuals," he said.

He aims for at least six state placers on the podium and is looking forward to seeing Carson Hildre defend his State Title as well as growth from other state placers, Pitch Hager and Maddox Campbell.

"We will have a nice mix of young kids and veterans on this roster," he noted, emphasizing the need for strong leadership.

Leadership is a key focus for the Aggies this season.

"Pitch Hager has taken over the leadership role for the second straight year and is only a sophomore," Barstad shared.

He also highlighted the example set by Carson Hildre and the support from seniors Kelson Mascol, Lucas Siebuhr, and Jamison Rime.

With a mix of young talents and experienced wrestlers, the Velva-Max-Garrison Aggies wrestling team is set for a season of rebuilding and aiming high.

Under Coach Chad Barstad's guidance, the team is focused on regional success and individual growth, backed by emerging leaders who are ready to take the team forward.

SCHEDULE:

Dec 2	Velva Tournament	6:00 PM
Dec 7	at Kenmare/Bowbells/Burke Central	5:00 PM
Dec 9	Al Larson Tourney at Carrington .	10:30 AM - 8:00 PM
Dec 14	DLB Tri at Des Lacs-Burlington	5:00 - 9:00 PM
Dec 15	Linton Holiday Tourney at Linton.....	5:00 PM
Dec 16	Linton Holiday Tourney at Linton.....	7:00 PM
Dec 21	MonDak Tri at Grenora	5:00 - 9:00 PM
Dec 28	Rumble on the Red at Fargodome	9:00 AM
Dec 29	Rumble on the Red at Fargodome.....	4:00 PM
Jan 4	Stanley Tri at Stanley	5:00 - 9:00 PM
Jan 11	Rugby Multiple Duals at Rugby	5:00 - 9:30 PM
Jan 12	Rugby Booster Tourney at Rugby	4:00 PM
Jan 13	Rugby Booster Tourney at Rugby.....	4:00 PM
Jan 20	Killdeer Tourney at Killdeer.....	9:30 AM - 6:00 PM
Jan 23	Harvey Mutliple at Harvey	5:30 - 8:30 PM
Jan 26	East-West Tourney at New Salem	2:00 PM
Jan 27	East-West Tourney at New Salem	8:00 PM
Feb 3	Tourney at Des Lacs-Burlington	9:00 AM - 6:00 PM
Feb 10	Wrestling Tourney at Killdeer....	9:00 AM - 8:00 PM

ROSTER:

NAME	GR	POS	NAME	GR	POS
Brextyn Yanish	8	139	Layne Anderson	9	107
Jayden Foss	10	189	Brady Kinden	10	145
Justin Darnell	8	215	Carson Hildre	11	145
Alexander Sola	10	215	Alanzo Davis	10	152
Jameson Kalliokoski	8	189	Lexton Smith	8	145
Jamison Rime	12	285	Raider Barstad	7	127
Evan Rensch	11	189	Maddox Campbell	11	133
Kelson Mascol	12	189	Cayleb Whanger	11	133
Caleb Brown	9	172	Pitch Hager	10	121
Lucas Siebuhr	12	160	Lucas Soli	8	114
Fisher Genre	7	172	Aiden Brown	9	127
Bryson Schiele	8	172	Isaiah Hackman	7	107
Carter Hurt	9	172	Vincent Reising	8	133
Emmitt Lagge	9	160	Alexander Leier	9	114
Noah Werner	10	160	Braxton Graf	7	107
Madden Barstad	9	152			

GOOD LUCK

to all area athletes this season!

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\$13 x _____ = _____ Total

ADULT Aggie T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Cardinal T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Cardinal T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Comet T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Comet T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Cossack T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Cossack T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Cougar T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Cougar T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Dragon T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Dragon T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Miner T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Miner T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Roughrider T-Shirt - \$13

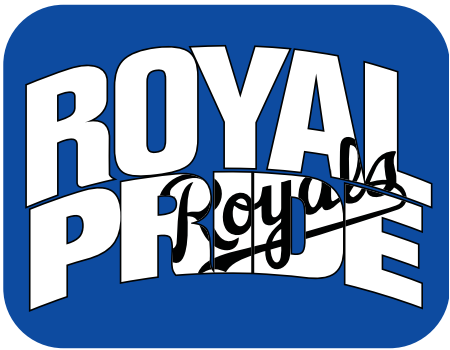
XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Roughrider T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Royal T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Royal T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Trojan T-Shirt - \$13

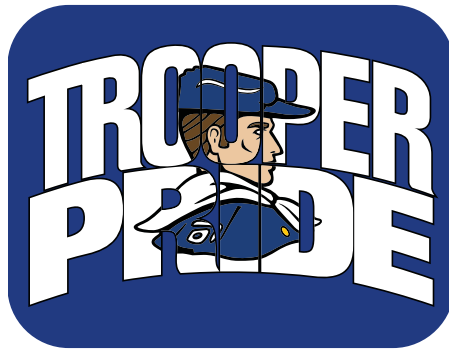
XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Trojan T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Trooper T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Trooper T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total



YOUTH Warrior T-Shirt - \$13

XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (6-8)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$13 x _____ = _____ Total

ADULT Warrior T-Shirt - \$15

S	M	L	XL	2X	3X	4X
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\$15 x _____ = _____ Total

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